

On Top of the World NEWS

Where the News is Always Good

Bob Eubanks brings his 'Newlywed Game' to the Circle Square Cultural Center, Page 21.



Vol. 20, No. 10 • April 2007

Community News & Update

By Kenneth Colen, Publisher

I always get a kick out of the rumors and comments I hear around the community. It seems we can't turn a shovel full of dirt without it piquing interest.

The newest developments are as follows: The elevated mound of dirt at the northwest corner of Southwest 80th Avenue and State Road 200 is for another monument sign identifying the On Top of the World Community. When completed it will have lighting and landscaping. Expect to see construction of additional directional signs and landscaping further up Southwest 80th Avenue shortly thereafter.

Construction plans for an additional commercial building at Circle Square Commons are currently being reviewed by Marion County. We anticipate plan approval in late March and construction to begin in April (yes, 2007!). This space will accommodate more classroom space as well as independent retail and service tenants that should be both complementary and beneficial to our residents.

This will also have a large plaza and elevated stage for entertainment. We envision that this plaza and adjoining areas will be the site of many pre-show functions in support of the Circle Square Cultural Center. When we begin construction it will be necessary to block off the road in front of this area and extending to the Education Building. We have ample parking and easy access at the back of that building for everyone. We anticipate that construction will take approximately eight months. Once completed, you will have more parking, better accessibility, and even more entertainment opportunities.

The red-haired stepchild I'm referring to is the new, convenient on-site mini-storage project that never seems to get attention, but is finally on the front burner. We are finishing up additional slabs for more unconditioned storage space and well on the way with air-conditioned storage space as well. Completion of this project will also provide paved access to the motor home storage area. For leasing information, please go to www.OTOWinfo.com or visit the Customer Service department.

MASTER THE POSSIBILITIES: In this April World News, the new Master the Possibilities Catalog is being distributed. I'm very happy to report that the first quarter of this year we exceeded 3,000 enrollments in these interesting and challenging classes! We will continue this spring by providing more than 100 opportunities for you to learn and grow in this vital community! Further — more than half of these offerings are brand new and many are free. We appreciate your response and support. The line is open, register early and have fun! See you in class!

Watch for other opportunities that we will host at the Circle Square Cultural Center where we anticipate large crowds.

CONTROLLED BURNING AND HABITAT MANAGEMENT: Following the much-needed rains in mid-March, property owners were allowed to burn native plant habitats for several days. On Top of the World employees were able to burn only a small portion of woodlands west of the community, subject to wind speed and direction.

Controlled burning is a very important practice from several perspectives. First, a controlled burn reduces the chance of wildfire by reducing fuel provided by the dead or dry plant mass. It is not uncommon to have fires started by lightning in Florida, which brings me to my second point. Fire in the upland habitats is necessary to healthy succession of native plant communities. Much of the local plant ecology revolves around periodic fires. Seeds need the fire in order to germinate. Invasive and competitive species are also reduced allowing for less competition with more established native plants.

In the coming months, we hope to have additional opportunities for controlled burning. Steps are taken to make sure a burn stays under control. These include maintaining wide fire breaks to minimize accidental spreading, as well as the use of heavy equipment to contain the burn area. We apologize in advance for any smoke that may drift east over the community. However, it is better to have a planned, control burn than a wildfire. ☺



The Vietnam Traveling Memorial Wall will be on display near the State Road 200 entrance to On Top of the World in April.

Vietnam Traveling Memorial Wall Visits April 6 through 8

By RAY THOMPSON
PRESIDENT, VIETNAM VETERANS GATHERING

The Vietnam Veterans Gathering (VVG) will bring the Vietnam Traveling Memorial Wall to On Top of World April 6 through 8.

This year marks the 25th anniversary of the dedication of the Vietnam Veterans Memorial in Washington, D.C. With the help of On Top of the World and others in the community, the VVG will be providing a unique opportunity for the community to view the wall in a reverent and solemn environment on Easter weekend.

The Vietnam Traveling Memorial Wall is a three-fifths scale replica of the Vietnam Memorial in Washington, D.C. This traveling Memorial Wall stands six feet tall in the center and extends almost 300 feet from end to end. It was built by the Vietnam and All Veterans of Brevard County and first displayed in April of 2006.

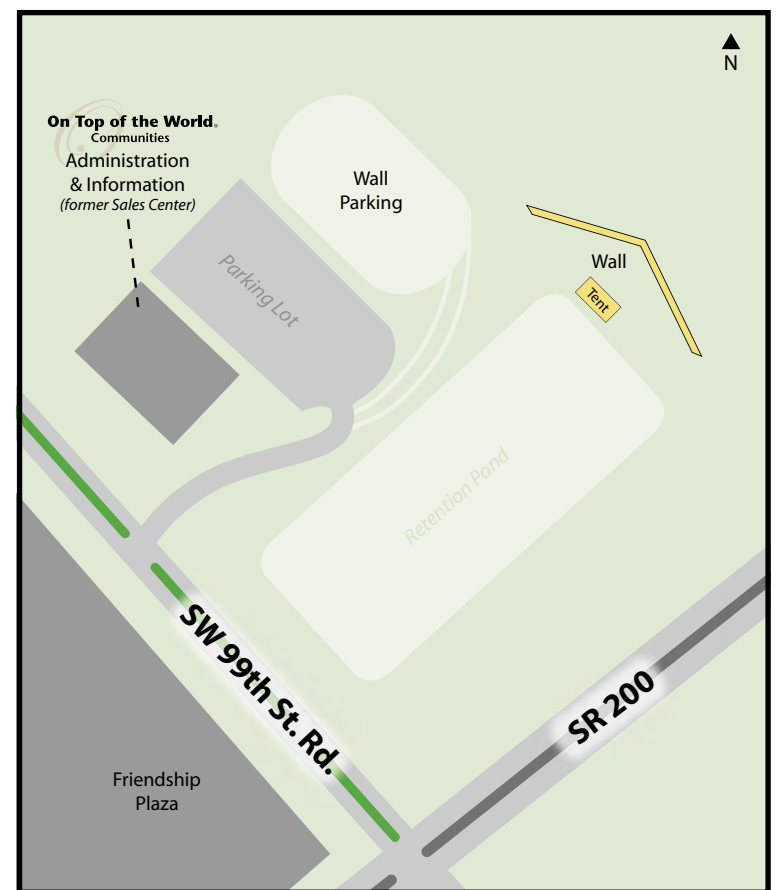
This wall is not a tribute to a lost war nor does it stand to glorify war. It is displayed to pay respect to those brave men and women who served their country. It is a tribute to those that paid the ultimate sacrifice for their country by giving their life and insuring that their memory will never fade. It honors the pain and sacrifices endured by those who were prisoners of war and for those that are still listed as missing in action.

The VVG was organized to assist veterans in their adjustment to the civilian community and to keep alive the memory of the more than 58,000 men and women who lost their lives or are still missing in Southeast Asia. There are many people that do not have the financial or physical ability to travel to Washington to see the wall. The traveling wall provides a unique opportunity for all to experience the wall within their community with the support of their friends. I can attest to the impact of this experience as I experienced it first hand, for the first time in 2000. It changed my life and helped me appreciate and take pride in what we veterans accomplished under incredible hardships and against overwhelming odds.

There will be a motorcycle escort ride on April 5 to bring the wall in to its location and it will then be set up. On April 6 it will be available for viewing by the public. On April 7 we will have the opening ceremonies and on April 8 we will have Easter services in the morning by the nationally acclaimed Vietnam veteran, Rev. John Steer.

Also on that day we will have the Freedom Ride 2007 and the Lost Patrol will perform in the afternoon.

The VVG is a recognized 501 c19 veterans' organization and ex-



ists and functions through private donations. All funds received go to pay for the wall. Any group wishing to donate may do so by contacting the below individuals. Any veterans group that would like to participate, please contact us as well. We are looking for color guards to participate in the opening ceremonies and assist in other ways.

For additional information please contact Ray Thompson at (813) 230-9750, ray@rtsurvey.com, or Jim Stepanek at (352) 489-1644, or IMcrazyjim@aol.com, or visit our Web site at www.geocities.com/VVGathering6. ☺

Schedule

April 5
• 9 a.m.: Motorcycle escort from the Wal-Mart at SR 200 and SR 484 to On Top of the World.

• 10 a.m.: Wall set up.
• 3 p.m.: Begin name readings.
April 6
• All day: The Wall open for visitors.

April 7
• 10 a.m.: Ceremonies.
April 8
• 9 a.m.: Easter church service.
• 2 p.m.: Ceremonies.



Circle Square Cultural Center Now Offers Online Ticket Sales

Circle Square Cultural Center now offers a convenient way to purchase tickets without leaving home!

Purchase your ticket online! To purchase tickets online, please visit www.CSCulturalCenter.com

The following steps will guide you through the process:

- Begin by locating the event for which you want to purchase tickets.
- Select the **Buy Now** button located under the chosen event. Once you have selected **Buy Now**, you will be linked to the Ticket Agent.
- After entering the Ticket Agent, select the number of tickets needed as well as the seating section desired. Click **Next**.

• The Coupon Code box appears. This is where residents will enter the monthly discount code to obtain the resident ticket discount. Click **Next**. **Note: The Coupon Code will change monthly and will be announced to residents through the World News, e-mail blasts and Channel 17/19.** For the month of April the code is SNOW.

• The payment screen will appear. Enter your credit card information. You may pay by VISA, MasterCard, American Express or Discover.)

• Remember to print your ticket(s) at home to avoid possibly waiting in line at the show. You may also pick up your tickets at the Will Call window the day of the show. Remember

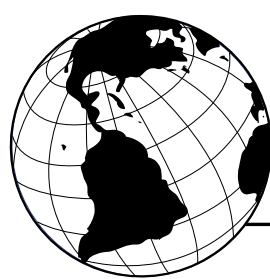
to bring your printed e-tickets with you to the show.

Ticket Office Purchasing

Tickets will continue to be available for purchase in the Circle Square Cultural Center Ticket Office Monday through Saturday, 11 a.m. to 2 p.m. and Tuesday, 11 a.m. to 7 p.m. Residents will continue to receive reduced ticket prices and advanced sales by purchasing at the Ticket Office or online*.

For more information or to purchase tickets please visit www.CSCulturalCenter.com or call 854-3670.

* Online ticket purchases subject to a convenience fee.



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Golden Oldies Humor

by Stan Goldstein



"Funny, I don't remember being absent-minded."



**Citizens Emergency
Response Team**
Caroline Scott

February was a very busy month for all of us.

At our monthly meeting we had a refresher course on triage. Triage is the art of sorting. As it applies to us, we have to be prepared to know who is "green," meaning anyone who may be injured but is able to walk under his or her own power, take directions, and answer simple questions. This type of person can be a great asset in times of emergency.

Then we have the classification of "yellow." Any victim in this category is injured and needs medical attention. Although a "yellow" can wait for attention, they have to be checked constantly to make sure their condition does not deteriorate into the next category, which is red.

The "reds" are seriously hurt and need immediate attention, and should be the first ones taken care of.

All of these victims are tagged with corresponding colored tags and separated into groups so they can be treated accordingly.

During our meeting, with different scenarios, we had to answer questions as to the color for each of eight victims. As with any group, we had a few differences of opinion and discussions as to which was which. We all realized that each circumstance must be determined separately.

Five of us attended the Shalom Park concert on Feb. 18 as a first-aid station. Although our expertise was not needed, we enjoyed a concert of Irish music on a beautiful crisp day. I would encourage anyone who can, to go to these free concerts for a lovely afternoon of entertainment. We'll be there for the next one in the same capacity.

On Feb. 24, eight of our members got into our golf carts and stationed ourselves at different intersections of the Williamsburg area for the safety of the walkers who participated in the "Hoofin' It for Hospice" walk. Ruth Goldstine, one of our members, chaired this very important event. With so many residents that ordinarily walk for their health, they could also walk for Hospice one day a year and feel even better about themselves. Try it next year.

We meet the second Tuesday of each month at 9 a.m. in Suites E, F and G at the Arbor Conference Center, and all are welcome to come and see what else we do.



Is It Legal?
Gerald Colen

Note: I will be holding three classes at the Circle Square Cultural Center, at On Top of the World in Ocala, on the following days and topics:

- Tuesday April 24 from 3 to 4 p.m. The topic will be Florida Law.
- Tuesday May 15 from 3 to 4 p.m. The topic will be Annuities.
- Tuesday June 12 from 3 to 4 p.m. The topic will be Mid-Year Check-up.

For the meeting on April 24, I will discuss a variety of issues such as homestead protection against claims of creditors, homestead exemption, different ways of having joint ownership of property in Florida, pre-nuptial and post-nuptial agreements. I will also discuss personal injury law but for that one, I will bring with me attorney Michael Uzdavines, a personal injury attorney, and he can talk to you about that.

For the meeting on May 15, I will speak to you about annuities — not the good, but the bad and the ugly.

For the meeting on June 12, I will take some time and discuss the things I think you should do in order to get your legal affairs in order.

As always, I'll stay as long as you might wish and answer any questions you have.

Q. I have been separated from my husband for the last seven years. He lives in the state of (an eastern state) and is living with a companion. The home he is living in is ours from during the time we lived together (31 years) and it's in both of our names. I rent a home but want to buy one and live with a friend who would contribute half of the purchase price and then title would be in both of our names

with joint ownership with survivorship. If my friend and I split up or if he dies, will I be able to sell the home?

A. Wow! A bunch of questions in a few short lines. OK. I'll try to answer them. You haven't really asked any question(s) about the home your now-separated-from-you husband is living in and I can't anticipate what they might be, so I'll pass on that. As for what you intend to do in the state of Florida, here are my thoughts. First, if you and your friend split up, then each of you would be entitled to one-half of the value of the home when you sell it. If you don't sell it but one of you remains in it (presumably that would be you), then you would still have to split the proceeds of any sale with him and you might have to pay all the expenses for upkeep; but if you did, you could probably claim that as a credit against what might be owed to him when the home is sold. If he dies, then you would own the property outright ... "but" and it's a rather substantial "but," if your husband is still alive, and no matter where he is living, you would more than likely need to have his signature on any deed of conveyance. So, the best thing for you is to sit down with your attorney and discuss how you want to handle all of the various issues that might arise.

Q. I haven't seen or heard from my wife for the last 22 years, but I know where she lives because my kids are in touch with her. I also know that there has never been a divorce, at least not in state of (a mid-western state) where she and I were married and where she still lives. I am seeing a very nice lady and

want to marry her but I don't see the need for a divorce since they are quite expensive. So, what's wrong with that?

A. Do you mean so what's wrong with that other than that if you are not or don't get divorced you will be committing a criminal event, to wit: Bigamy? Or do you mean so what's wrong with that other than if you are not or don't get divorced you really won't be married to your next wife and thus your "marriage" will be voidable? SIGH.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Fla. 33777; (727) 545-8114 or at On Top of the World, in Clearwater. In Ocala, Mr. Colen is available, by appointment, for legal conferences at the new On Top of the World sales office annex which is near Sid's Coffee Shop. He responds to e-mail at gcolen@tampabay.rr.com or through his Web site: www.gcolen.com.



Upcoming Publication Date
May issue: Thursday, April 26

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Circle Square Cultural Center



Entertainment Lineup

April & May Tickets On Sale Now!

Purchase online at www.CSCulturalCenter.com* or at the Cultural Center
 Resident Discount Coupon Code (good through April 30th): *Snow*



Janie Fricke

Saturday, April 7, 2007

Pre-show Entertainment Begins: 5:30pm • Doors Open: 6pm — Show Begins: 7pm
 Best Female Vocalist awarded by both the Academy of Country Music and Country Music Association.

Gold \$18 Silver \$16 Bronze \$14



BJ Thomas

Friday, April 27, 2007

Pre-show Entertainment Begins: 5:30pm • Doors Open: 6pm - Show Begins: 7pm
 "With over 70 million records sold, BJ's vocal versatility is as apparent today as it was when he recorded his first hit in 1967, 'I'm So Lonesome I Could Cry'."

Gold \$16 Silver \$14 Bronze \$12

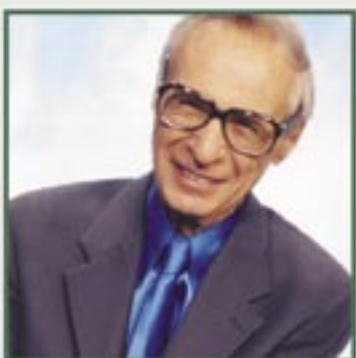


Presenting the Music of...The Drifters & The Platters

Saturday, May 5, 2007

Pre-show Entertainment Begins: 5:30pm • Doors Open: 6pm - Show Begins: 7pm
 "The history of rhythm and blues is filled with vocal groups whose names ... are held in reverence by fanatics and devotees. The Drifters are part of an even more exclusive fraternity, as a group that managed to carve out a place for themselves in the R&B firmament... only the Platters could claim as great a span of years as an active recording unit..."

Gold \$18 Silver \$16 Bronze \$14



Amazing Kreskin

Saturday, May 19, 2007

Pre-show Entertainment Begins: 5:30pm • Doors Open: 6pm - Show Begins: 7pm
 "For over four decades, The Amazing Kreskin has dramatized the unusual power of the human mind with a rare combination of wit and showmanship. His very name has become an integral part of pop culture invoked in comedy clubs, comic strips, print stories and TV shows from sitcoms to national magazines. ..."

Gold \$12 Silver \$10 Bronze \$8 *Performer requests no children, please.*

See Full Entertainment Line-up by Visiting www.CSCulturalCenter.com

Ticket Office Hours: Monday - Saturday, 11:00 am - 2:00 pm, Tuesday, 11:00 am - 7:00 pm
 8395 SW 80th Street • Ocala, FL 34481 • (352) 854-3670

Reduced ticket prices and advanced sales for Residents of On Top of the World Communities (Resident ID required at time of purchase.)

Ticket prices vary by concert and are sold on a first come, first serve basis. Ticket prices include sales tax. Refreshments available for purchase at events. Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Use resident discount coupon code for online purchasing and resident ID required for purchasing at ticket office). *Online tickets subject to a convenience fee.



From Debbie's Desk Debbie Clark

Good day to all. It is April and, to put an end to the rumors, I am back and we have quite a full schedule for the upcoming months. Getting right into it I will start with the monthly schedule for Happy Hours at the Arbor Club.

- **April 6:** no happy hour; Good Friday
- **April 13:** Barry & Nancy: Beach Party Happy Hour
- **April 20:** Ray & Kay
- **April 27:** Robert Arthur

Also in April, we will have the **Bi-Annual Rags to Riches** sale from 9 a.m. to noon on Friday, April 13, at the Arbor Conference Center, Suites A through H. There will be doughnuts and coffee sold by the S.P.C.A. in Suite D; so even if you cannot find some sort of treasure, you can always purchase a doughnut and a cup of coffee to support your local chapter of the S.P.C.A.

The second event for the month of April will be on Friday, April 20: **Volunteer 200** from 10 a.m. to 2 p.m. at the Arbor Conference Center. This is an event where local agencies come out and explain the services that they offer, so that they can find volunteers to help their cause. These agencies include the local hospice, hospitals, police departments, and many others. So if you are interested in volunteering some time, please come out to the Arbor Conference Center and see if there is an agency present that you would like to donate some time to.

In April, Theresa will be venturing to the **Hard Rock Hotel & Casino** in Tampa on Tuesday, April 10, and then on Thursday, April 26. The cost per person is \$20. The bus leaves from the H&R Parking Lot and we request that you be in the parking lot at 7:30 a.m.

Into the month of May there are quite a few items that I would like to touch upon. On Friday, May 4, we will have a **Cinco de Mayo Happy Hour** with Dunning Shaw. If you are going to attend this one, please arrive early; when Dunning Shaw performs, the Arbor Club tends to fill up very fast.

Another item for the month of May will be a true **High Tea**, which will be held at the Arbor Club from 3 to 5 p.m. This tea is open to On Top of the World, Candler and Indigo ladies and their guests. You may sign up at the H&R office Monday through Friday between 8 a.m. and 4 p.m. The cost will be \$6 per person. Also please remember to bring your own favorite teacup.

I usually do not venture into more than one month ahead but I need to make you also aware of some items for the month of June. On Friday, June 8, we will hold a **dinner theater Happy Hour** at the Cultural Center. Murder's She Wrote, Inc. is bringing "Murder on the 19th Hole." You may purchase your tickets for



Photo by Larry Resnick

Residents dance the evening away at the March 2 Arbor Club Happy Hour.

this event beginning Monday, April 16, at the Arbor Club and the cost per person is \$25.

Also, on Tuesday, June 19, we will venture to the **Sterling Casino**, which is out of Port Canaveral. You may begin signing up for this trip at the H&R office, Monday through Friday, 8 a.m. to 4 p.m. The cost per person is \$14.

Well, I believe I have given you enough to ponder and to decide what you would like to do in the months of April, May and June. There

are still more trips coming up like in July and September. We will be heading to St. Petersburg to watch the **Devil Rays** take on the New York Yankees and then the Boston Red Sox. Please watch my articles for when we will start registrations for these two trips along with Channel 17/19 and the bulletin boards.

I believe that is all for the month of April; be safe, have fun, and I will speak to all of you again in the month of May. ☺



On Top of the World Central Lynette Vermillion

Daylight savings time turned out to be a challenge for electronic calendars. It seems the software companies were not ready for daylight savings to come two weeks early. So, for the first few days, electronic calendars were out of sync with actual time of day. Over the last two weeks, all is back to normal and no more excuses for missing a meeting.

Lawn Watering

In my last column, I talked about new water restrictions. Lawns may be watered only once per week. Hand watering is allowed as previously stated, however the hose must have an automatic shut off device. Please refer to www.otoqinfo.com for more information on watering restrictions.

Roofing Schedule

The following is a list of the buildings that are scheduled to start within the next 90 days. Due to weather conditions, we are unable to provide exact dates. Buildings: 2160, 2164, 2165-1A, 2166, 2168, 2177, 2189, 2191, 2199, 2402. The schedule is posted on the www.on-top-of-the-worldinfo.com and updated as additional units are authorized for re-roofing to begin.

Gate Access Control

We are transitioning to our new gate company. Guardsmark took over the helm March 30. Residents should expect to be stopped and checked prior to entering the community if they do not have an operable decal. Those who have guests coming after 6 p.m. must advise the gate that the guest will be arriving or the guest may be turned away — Main Gate, 854-8935 and Candler Gate, 861-5378. We have updated our procedures with the new gate company and will continue to do so during the transition. The gate policy may change to tighten controls in the future. There tends to be a fine line between good service and access control. Some residents will be thrilled with what they perceive to be better service and tighter controls while others will dislike them immensely. Remember if you have an after-hours emergency, call 236-OTOW (6869) and not the gate. This number is answered by a trained representative to better direct your call.

Golf Carts

Golf carts should stay on the golf cart path provided and not travel on Southwest 90th Terrace. Curb cuts have been installed to make the transition from path through intersection more comfortable. We ask all of golf cart owners/drivers to travel golf cart paths where provided.

Restrictions on Use of Certain Words

A number of residents have asked about the rumor that they may not use On Top of the World as part of their club name. There are restrictions on the use of certain words or phrases "On Top of the World," "Colonnades," "Bay Laurel," "Indigo East," "Candler Hills," "Earl Township" or "Circle Square Ranch" or any derivative of any of the foregoing, in any printed or promotional material without prior written consent. Any new club would need to make a formal request to On Top of the World Communities, describing the club, the use of the name and provide a copy of the bylaws.

Satellite Dishes

Modifications must be requested to install a satellite dish. All applications for such approval must clearly show that the DBS installation shall not violate any of the provisions of the Declaration. Approvals will not be granted unless the installation is in full compliance with the Declaration and with the minimum standards outlined in the "Mandatory Minimum Standards for DBS Device Installation and Antennas." The purpose of these minimum standards is to assure the safety of residents and surrounding properties from installation of devices. The satellite dish may be required to be screened or landscaped so as to be hidden from view, may not be placed in any position where it can create a safety hazard or potential nuisance and must be able to withstand a 110 mph force wind.

Solicitation

On Top of the World Communities has an approved list of contractors who have furnished evidence of insurance, workers comp and license if required. If a contractor ends up at your door soliciting business, verify with Customer Service that they are an approved contractor. We have had a number of residents who have paid upfront for work that is not performed or not performed to their satisfaction. Once the money is paid and the contractor is gone, you may be faced with a much more expensive project to complete.

On Top of the World Communities, Inc. and your board do not endorse or recommend any individual contractors. We do keep a record of contractors that meet minimum criteria and that do work or have worked successfully with our residents.

Please advise Customer Service of anyone soliciting at your door. Ask for their name, company and a copy of the flyer so that we may contact the vendor to address their violation of our no solicitation rule.

We are removing signs from roadways, yards and in common areas. Solicitation is not allowed by vendors, service companies or any occupant in the community. Also, no vehicle, home or other item may be advertised for sale on the exterior of any Residential Unit or any common property, including streets, parks and along roadways. It is your community and your Board is working to keep it presentable.

Phone Solicitation & Telemarketing Fraud

Telemarketing fraud is a multi-billion dollar business in the United States. Every year, thousands of consumers lose as little as a few dollars to as much as their life savings to telephone con artists. The Federal Trade Commission (FTC) encourages you to be skeptical when you hear a phone solicitation.

Unlike most other crimes, telemarketing

fraud requires one essential element: victim participation. We're all potential targets, but, if you're age 60 or older, you may be a special target for people who sell bogus products and services by phone. Women living alone are special targets of these scam artists.

Often it's hard to know whether a sales call is legitimate. Telephone con artists are skilled at sounding believable. You may be promised free gifts, prizes or vacations — or the "investment of a lifetime" — but only if you act "right away." It may sound like a really good deal but it probably is not. Don't give away your money.

Protect yourself by not allowing the telemarketer to pressure you to make an immediate decision or give your credit card, checking account or Social Security number to unknown callers. Don't invest your money with an unknown caller who insists you make up your mind immediately. Don't send cash by messenger or overnight mail. If you use cash, you may lose your right to dispute fraudulent charges. Be wary of callers saying they are law enforcement officers who will help you get your money back "for a fee."

It's illegal for a telemarketer to call you if you've asked not to be called. In fact, the fed-

eral government has created the National Do Not Call Registry — the free, easy way to reduce the telemarketing calls you get at home. To register, or to get information, visit www.donotcall.gov, or call toll-free 1-888-382-1222 (TTY: 1-866-290-4236) from the phone you want to register.

To learn more about how to protect yourself from telemarketing fraud, just go on line and Google "Phone Solicitation Scams" or do like I do, just hang up.

Let me know of items you would like to hear more about for next month's column. ☺

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351-4020

Welcome to On Top of the World

Daniel L. and Susan H. Metzger, 9102 S.W. 102nd Circle, Avalon
 William and Shirley Day, 8519 S.W. 84th Loop, Candler Hills
 Daniel R. and Patricia Gill, 8515 S.W. 84 Loop, Candler Hills
 Jack F. and Yolanda Greer, 8511 S.W. 84th Loop, Candler Hills
 Joseph C. White, 8639 S.W. 86th Circle, Candler Hills
 Robert B. and Wilma C. Combs, 8495 S.W. 84th Loop, Candler Hills
 Cesar H. and Gloria E. Guaqueta, 8605 S.W. 88 Loop, Candler Hills
 Shawn P. Anderson, 8459 S.W. 84 Loop, Candler Hills
 Alan R. and Patricia C. Wassmer, 8455 S.W. 84 Loop, Candler Hills

S. M. and Penny Kidd, 8403 S.W. 84 Loop, Candler Hills
 William A. and Maureen A. Cromarty, 8399 S.W. 84 Loop, Candler Hills
 James E. and Carole F. Robinson, 8395 S.W. 84 Loop, Candler Hills
 Alexander R. and Linda L. Lohr, 8387 S.W. 84 Loop, Candler Hills
 Gaetan J. and Diane C. Landry, 8414 S.W. 84th Loop, Candler Hills
 Roger M. and Eileen M. Foley, 8527 S.W. 84 Loop, Candler Hills
 Joseph M. and Kathryn A. Boland, 8821 S.W. 82nd Court Road, Candler Hills
 George L. and Martha Lyons, 8609 S.W. 88 Loop, Candler Hills
 Edward M. and Christine M. Smith, 8669 S.W. 88 Loop, Candler Hills

Vince M. and Antoinette Iorio, 8419 S.W. 82nd Loop, Candler Hills
 Peter A. Dodd, 8818 S.W. 86th Court, Candler Hills
 Lynn M. Willis and Joan I. Shemansky, 8822 S.W. 86th Court, Candler Hills
 James and Maria Devine, 8590 S.W. 88th Loop, Candler Hills
 Juanita S. Ingram, 8839 S.W. 83rd Cir, Candler Hills
 Roger and Louise Laforge, 8724 S.W. 88 Place, Candler Hills
 Thomas C. Rogers, 8904 S.W. 84th Circle, Candler Hills
 Francis P. Brennan, 8906 S.W. 84th Circle, Candler Hills
 Dorothy Anne Baird, 8912 S.W. 84th Circle, Candler Hills
 Monica J. Grant, 8637 S.W. 88 Loop, Candler Hills
 Randall A. and Lodemia R. Lakosky, 8700 S.W. 88 Place, Candler Hills
 Douglas H. and Beatrice L. Dauphinais, 8507 S.W. 84 Loop, Candler Hills
 Tony G. and Diane M. Jones, 8521 S.W. 82nd Circle, Candler Hills
 Carmelo Carpita and Felice L. Boniakowski, 8438 S.W. 84 Loop, Candler Hills
 Pete and Sue Guy, 8372 S.W. 84th Loop, Candler Hills
 Albert D. and Sue A. Burrell, 8462 S.W. 86th Terrace, Candler Hills
 David U. and Nancy J. Bustamante Groves, 8531 S.W. 84 Loop, Candler Hills
 Theresa M. Sharby, 8410 S.W. 84th Loop, Candler Hills
 Richard C. Hutchins Sr. and Kay C. Hutchins, 8491 S.W. 84 Loop, Candler Hills
 Kenneth R. and Julia L. Sines, 8545 S.W. 86th Terrace, Candler Hills
 Doris A. Muto, 8368 S.W. 84 Loop, Candler Hills
 Edna F. and Henry J. Hasey, 8643 S.W. 86 Circle, Candler Hills
 Charles C. and Marguerite A. Piotrowski, 8434 S.W. 84 Loop, Candler Hills
 Sherwood and Deborah Gloth, 8430 S.W. 84 Loop, Candler Hills
 Clifton and Paula M. Miller, 8426 S.W. 84th Loop, Candler Hills
 Melvin A. and Linda Koenig, 8418 S.W. 84 Loop, Candler Hills
 Richard H. and Paula M. Lilly, 8406 S.W. 84 Loop, Candler Hills
 James A. and Suzanne M. Freitag, 8404 S.W. 84 Loop, Candler Hills
 Patsy D. and Diane P. Mastantonio, 8492 S.W. 84 Loop, Candler Hills

Cheri D. Johnston, 8548 S.W. 84th Loop, Candler Hills
 Donald F. and Barbara G. Elmore, 8535 S.W. 84 Loop, Candler Hills
 Eugene F. and Barbara A. Sofranko, 8539 S.W. 84 Loop, Candler Hills
 Frank McCray Jr. and Brenda B. McCray, 8547 S.W. 84 Loop, Candler Hills
 Frank M. and Joyce E. Rose, 8463 S.W. 84 Loop, Candler Hills
 Roger A. and Elizabeth G. Werner, 8471 S.W. 84 Loop, Candler Hills
 Michael C. Birch Sr. and Joyce F. Birch, 8453 S.W. 86 Terr, Candler Hills
 Evelyn L. Small, 8350 S.W. 84 Loop, Candler Hills
 Dale E. and Carol S. Woodland, 8534 S.W. 84th Loop, Candler Hills
 David M. and Pat E. Green, 8516 S.W. 84 Loop, Candler Hills
 Michael R. and Sandi Hirschbein, Ttee, 8508 S.W. 84 Loop, Candler Hills
 Sami M. Odeh, 8504 S.W. 84 Loop, Candler Hills
 Edgar A. and Mary H. Hord, 8442 S.W. 84 Loop, Candler Hills
 John A. and Dora Kozlowski, 8596 S.W. 86th Circle, Candler Hills
 Dennis and Connie G. Norris, 8364 S.W. 84th Loop, Candler Hills
 Gary W. and Kathleen M. Hoyt, 7923 S.W. 80th Place Road, Indigo East
 Anthony P. and Marie E. Pino, 8232 S.W. 79th Court, Indigo East
 Benjamin and Barbara E. Martyn, 8332 S.W. 79th Circle, Indigo East
 Glenn P. and Adam P. Oaks, 7929 S.W. 80th Place Road, Indigo East
 Benjamin J. and Elizabeth W. Russell, 7887 S.W. 80th Place Road, Indigo East
 William K. and Elisabeth Tupper, 7839 S.W. 80th Place Road, Indigo East
 Barbara C. Woodson, 8077 S.W. 78th Terrace Rd, Indigo East
 Cesar H. and Gloria E. Guaqueta, 7942 S.W. 80th Place Road, Indigo East
 Terrance P. and Helen V. Solan, 8046 S.W. 78th Terrace Road, Indigo East
 John M. Greenwood, 8360 S.W. 79th Circle, Indigo East

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OUR 43rd YEAR



Hospitality Division
 Susan Keogh

St. Patrick's Day at Candler Hills Restaurant featured a traditional Irish atmosphere, complete with corned beef and cabbage, lamb stew and shepherd's pie. A great time was had by all!

Join us at Candler Hills Restaurant for Wednesday Night Steak Out, where steaks are cooked outside on the grill. Petite filet, rib eye, N.Y. strip, pork ribs, mahi mahi or salmon are served 5 to 8 p.m.

Easter dinner at the restaurant will be served from 11 a.m. to 7 p.m. Braised lamb shanks, honey glazed ham, and prime rib Au Jus are among the special entrees on the menu. Call 861-9720 to make your reservation.

Among Candler Hills Restaurant's Mother's Day features are: slow roasted leg of lamb; grouper en papillote; prime rib au jus; and more. Call 861-9720 to make your reservation early for this special day. Serving time is from 11 a.m. to 7 p.m.

Friendship Catering will be hosting an Easter buffet in the Arbor Club. There will be an 11 a.m. seating and a 1 p.m. seating. The cost of \$16 per person includes tax and gratuity. Entrees include roast leg of lamb, sliced pitt ham with sweet raisin sauce and roasted chicken with rich gravy. An array of salads, vegetables, starches and desserts complete your meal. Call 861-9188 for information, or to make your reservation.

A Mother's Day Buffet will be held at the Health & Recreation Ballroom. Entrée selections are hand carved prime rib au jus, roast leg of lamb and chicken marsala. An array of salads, vegetables, starches and desserts complete your meal. There will be an 11 a.m. seating and a 1 p.m. seating. The cost of \$16 per person includes tax and gratuity. Call 861-9188 for information, or to make your reservation.

Hospitality chefs and cooks are featured in three Master the Possibilities sessions. On April 23, salads will be the feature. The May 21 session will feature appetizers. On June 18, barbecue will be the feature. All classes are held on Mondays from 3 p.m. to 4 p.m. in the Education Department's Master the Possibilities building, which is conveniently located right next to Sid's Coffee Shop. Sign up information is available in the Master the Possibilities brochure.

Sid's Coffee Shop is open from 7 a.m. to 5 p.m. Daily, and will be open later on nights when there are Education and Cultural Center functions. April's featured beverages are: hot or iced Dreamicle Latte; hot or iced Cherry Caramel Latte; hot or iced Strawberry Shorty Latte; and Citrus Iced Tea Splash. Sid's features more than 35 flavors (some sugar-free) that enable you to customize your latte, iced tea splashes and iced drinks.

The Pub is now open Monday through Friday from 7 a.m. to 6 p.m., and Saturday from 7 a.m. to 3 p.m. The Pub is closed on Sunday. Full breakfast is served from 7 a.m. to 11 a.m. It hosts Happy Hour from 3 p.m. to 5 p.m. Monday through Thursday.

Candler Hills • Indigo East • Candler Hills • Indigo East



Photo by Ray Cech

Don't miss the Arts and Crafts Exhibit at Candler Community Center on Saturday, April 28, from 10 a.m. to 2 p.m. Some of the work on display includes family photo calendars, woodcarvings, cloth dolls, award-winning watercolors, handmade cards, ceramics and more.



Candler Hills

Mary Pat Giffin

Spring is in the air and it's a lovely time to take a leisurely carriage horse ride through Ocala and enjoy lunch with your neighbors. The Women's Club of Candler Hills is sponsoring this activity on April 11. Cost is \$36 per person. For more information contact Gail Shultz at 854-9748. The group is also hosting a trip to the Butterfly Museum in Gainesville. It includes a docent tour and is scheduled for May 9. For more information contact Linda Buscher at 873-1304.

If you haven't met a lot of your neighbors, plan to attend a barbecue party on Saturday, April 21, from 1 to 6 p.m. at the Candler Community Center. The menu includes hamburg-

ers, hot dogs, chicken, beans, coleslaw, potato salad, soda, iced tea and dessert. All of this for just \$16 per person. Tickets are on sale at Sid's Coffee Shop Monday, Wednesday and Saturday from 10 a.m. to noon. No tickets will be sold at the door.

Groups of six are meeting monthly to dine at one another's homes. This is an opportunity to share a meal, become acquainted, and possibly make new friends. It is open to couples, singles and extended families. To learn more about the dining club, call Carolyn and Sherman at 873-8731.

About 70 people attended the 50s dance and by all accounts, Candler residents danced the night away and enjoyed tasty fare. It was a walk down memory lane for attendees, according to Iro Lisinski. Attendees decked out in pedal pushers, wore ponytails, saddle shoes, and the traditional dress of that decade — blue jeans and T-shirts.

The women's 18-hole golf league elected its board of directors last month. There are 20 to 25 members so far and Patty Ware, president, welcomes women golfers. She hopes to see the group grow as quickly as the men's league, which boasts around 50 members.

I have not included regular events in this column because the list is growing, from yoga and poker to mah jongg and residents' information meetings. If you want to learn more about these activities, contact John Pod at john@podspad.us or give him a call at 873-3869.

If you have any suggestions or comments on this column, please give me a call at 854-8545 or better yet, email me at marypatgiffin@yahoo.com. ☺



Indigo East

Allie Gore

Congratulations Indigo East! What a wonderful response to the annual Hoofin' It for Hospice fundraiser. Our chairperson, Betty Chadwell, took great care to be certain all neighbors, even those without computers, knew of the event. Many, many neighbors contributed and 20 neighbors joined in the walk around our community. Our own Citizen's Emergency Response Team escorted us on the walk. Fortunately there were no emergencies, only a lot of laughter and a little exercise. Our community raised more than \$1,200. These monies added to the contributions from other On Top of the World clubs and organizations should bring us close to the amount necessary to furnish another room at Legacy House in the TimberRidge area. Thanks to all who participated whether through donating, walking or both. Your generosity is appreciated. This is an annual event; mark your calendar for next year!

Another very sincere, thank you to our March blood donors. Blood supplies have been at critical lows recently; we were hoping for 25 acceptable donors and got 17. These 17 units are precious and greatly appreciated. Thank you donors! Please keep donating a priority. We had 21 willing neighbors but could only accept 17. If you were among the four who were denied the opportunity to donate please understand this is likely a one-time situation.

FYI, the brief screening process completed before donating is to protect you, the donor, and the blood supply. If a donor is turned away it is usually because it is in the best interest of the donor. It could be due to a low iron count or other quickly correctable reason. The value of the gift is so great I encourage everyone to

try again in May. Consider this.

We are a community of over 170 homes. If one person from every third home donated we could save three times more lives than we had donors. It is the nurse in me that finds it difficult to understand why we have shortages when it is such an easy process, takes very little time and does invaluable good.

Our next opportunity to give the gift of life is May 7 and 8. The blood mobile will be at the H&R parking lot on May 7 and at our community center on May 8. You can come to our community center as early as 8 a.m. and enjoy a cup of coffee, juice and a sweet roll and visit with neighbors. Hope to see you there! Either day we welcome your participation.

Mark your calendars. We have lots going on. Game Nights are the second Tuesday and fourth Thursday each month in our community center. Bring a snack, to share, and your personal beverage. Join in on the fun. Bring a game (cards, board games, dominos) and a neighbor!

The Ladies Newcomer's Luncheon is March 30, 11:30 a.m., at our community center. If you have not reserved your spot you still have a few hours and it will be a great time to meet neighbors. Marge Cowie and Joan Lanzetti are our hostesses this month. Betty Chadwell has been collecting the \$5, in advance, reservation money. However walk-ins are welcome at a cost of \$7. Be on the lookout for e-mails about the next luncheon. The luncheons are not held in the months when we have community socials. (So much to do, so little time!)

Still have your pencil out. Mark these dates on your calendar: May 20, Aug. 5, Oct. 10 and Dec. 9. These are the dates of the socials remaining in 2007. Be on the lookout for more information as the dates draw closer.

A new idea has arrived on my desk. How would you like to gather the first Friday of every month to welcome new neighbors and get to know the rest of us better? Maybe 7 to 9 p.m.? It would be a casual bring a snack to share and your personal beverage gathering. If interested, e-mail me at indigo8062@earthlink.net. If there is enough interest you will hear more via e-mail and/or neighbor passing the word to neighbor.

Are you among the folks who do not have e-mail? Would you like to be part of a group to keep neighbors without e-mail up on what is going on in the neighborhood? If so contact the same e-mail as above. If you have any ideas or news you want to see here, you got it, same e-mail as noted above or call 861-4564.

Remember, enjoy life, this is not a dress rehearsal! ☺



Candler Hills & Indigo East

Lynette Vermillion

Daylight saving time turned out to be a challenge for electronic calendars — oh no, Y2K again? It seems the software companies were not ready for day light savings to come two weeks early. So, for the first few days, electronic calendars were out of sync with actual time of day. It was not unusual to show up one hour early for a meeting. Over the last two weeks, all is back to normal and no more excuses for missing a meeting.

Lawn Watering

In my last column, I talked about new water restrictions. Lawns may be watered only once perweek. Hand watering is allowed as previously stated, however the hose must have an automatic shut off device. Please refer to www.otoqinfo.com for more information on watering restrictions.

Gate Access Control

We have transitioned to our new gate company. Guardsmark took over the helm March 30. Residents should expect to be stopped and checked prior to entering the community if they do not have an operable decal. Those who have guests coming after 6 p.m. must advise the gate that the guest will be arriving or the guest may be turned away — Main Gate at 854-8935 and Candler Gate at 861-5378. We have updated our procedures with the new gate company and will continue to do so during the transition. The gate policy may change to tighten controls in the future. There tends to be a fine line between good service and access control. Some residents will be thrilled with what they perceive to be better service and tighter controls while others will dislike them immensely. I you have an after-hours emergency, call 236-OTOW (6869) and not the gate. This number is answered by a trained representative to better direct your call.

Golf Carts

Golf carts should stay on the golf cart path provided and not travel on Southwest 90th Terrace. Curb cuts have been installed to make the transition from path through intersection more comfortable. We ask all golf cart owners/drivers to travel golf cart paths when provided.

Restrictions on Use of Certain Words

A number of residents have asked about the rumor that they may not use On Top of the World as part of their club name. There are restrictions on the use of certain words or phrases "On Top of the World," "Colonades," "Bay Laurel," "Indigo East," "Candler Hills" or "Earl Township" or any derivative of any of the foregoing, in any printed or promotional material without prior written consent. Any new club would need to make a formal request to On Top of the World Communities, describing the club, the use of the name and provide a copy of the bylaws. You can refer

to your Declaration of Covenants, Conditions and Restrictions, Article XII, Miscellaneous Covenants: Section 17. Restrictions on Use of Certain Words.

Satellite Dishes

Modifications must be requested to install a satellite dish. All applications for such approval must clearly show that the DBS installation shall not violate any of the provisions of the declaration. Approvals will not be granted unless the installation is in full compliance with the declaration and with the minimum standards outlined in the Mandatory Minimum Standards for DBS Device Installation and Antennas. The purpose of these minimum standards is to assure the safety of residents and surrounding properties from installation of devices. The satellite dish may be required to be screened or landscaped so as to be hidden from view, may not be placed in any position where it can create a safety hazard or potential nuisance and must be able to withstand a 110 mph force wind.

Solicitation

On Top of the World Communities has an approved list of contractors who have furnished evidence of insurance, workers comp and license if required. If a contractor ends up at your door soliciting business, verify with Customer Service that they are an approved contractor. We have had a number of residents who have paid upfront for work that is not performed or not performed to their satisfaction. Once the money is paid and the contractor is gone, you may be faced with a much more expensive project to complete.

On Top of the World Communities, Inc. and your board do not endorse or recommend any individual contractors. We do keep a record of contractors that meet minimum criteria and that do work or have worked successfully with our residents.

Please advise Customer Service of anyone soliciting at your door. Ask for their name, company and a copy of the flyer so that we may contact the vendor to address their violation of our no solicitation rule.

We are removing signs from roadways, yards and in common areas. Solicitation is not allowed by vendors, service companies or any occupant in the community. Also, no vehicle, home or other item may be advertised for sale on the exterior of any Residential Unit or any common property, including streets, parks and along roadways. It is your community and your Board is working to keep it presentable.

Phone Solicitation & Telemarketing Fraud

Telemarketing fraud is a multi-billion dollar business in the United States. Every year, thousands of consumers lose as little as a few dollars to as much as their life savings to telephone con artists. The Federal Trade Commission (FTC) encourages you to be skeptical when you hear a phone solicitation.

Protect yourself by not allowing the telemarketer to pressure you to make an immediate decision or give your credit card, checking account or Social Security number to unknown callers. Don't invest your money with an unknown caller who insists you make up your mind immediately. Don't send cash by messenger or overnight mail. If you use cash, you may lose your right to dispute fraudulent charges. Be wary of callers saying they are law enforcement officers who will help you get your money back "for a fee."

It's illegal for a telemarketer to call you if you've asked not to be called. In fact, the federal government has created the National Do Not Call Registry — the free, easy way to reduce the telemarketing calls you get at home. To register, or to get information, visit www.donotcall.gov, or call toll-free 1-888-382-1222 (TTY: 1-866-290-4236) from the phone you want to register. ☺

DCM Cable Update

By Kenneth Colen, Publisher

CABLE TELEVISION UPDATE: Progress on the installation of digital service and the necessary conversion of carriers from Direct TV to DISH is progressing on schedule. We experienced delay in obtaining and installing critical system components. At the present time, we are on-track for an April 22 launch of these new services.

In my February article I wrote that "If you already have Basic or Basic Plus service, the changes to the new line-up should not affect you much. Your service will continue as before with little changes." Fortunately, I didn't write "no changes." Since that time the master program provider, DISH Network, has mandated some content changes that we must comply with. For example, the Basic service that now consists of 21 channels including a mix of off-air and satellite will become exclusively off-air content together with TV Guide™. The inclusion of basic Internet service will remain a part of your Basic Cable service. The satellite channels will be moved to the Basic Plus service. Basic Plus service will be offered in an analog format so you would not need a digital converter box to receive that service.

The digital programming level offered under the digital tier format (America's Top 250) will include more choices such as music, movies, on screen Electronic Program Guide (EPG), sports packages and on demand programming. All this will be at your direct control with a single call directly to DCM Cable. This means little or no wait times for connection to the programs of your choice and soon you will be able to have programs activated on-line!

You will have a choice of a digital set-top converter with remote control and program over-ride control (keep the grand-kids out of certain channels); a digital or a High Definition (HD) signal converter if you have a high-definition television; or a HD converter plus a digital video recorder (DVR) capable of recording programs where you won't need

to worry about missing your favorite shows and the viewing of HD Programs (HD when available).

In an effort to avoid delay in providing Digital Signal Converters, a representative of DCM will be contacting all residents to help them determine their preference for the services offered and how many set top boxes you may desire.

DCM Cable will create a changeover schedule, published on DCM Cable Channel 12 and available at www.OnTopoftheWorldinfo.com. We will be going systematically through the community and will need to schedule a time to stop by and install the set-top digital converters into each home wishing to subscribe to the digital service. Digital program offerings and other features will be explained, along with the remote control operation. DCM Cable wants to make the change over an enjoyable experience and does not want this to become a "drop and run" situation. DCM Cable will endeavor to make sure each customer is comfortable with the new device and its operation. An average install will take approximately 30 minutes.

Once the digital roll-out has begun, we will start the home digital installation with our existing customers who have the expanded services currently offered and then move to those customers wishing to subscribe to the new advanced services. DCM Cable will be going section by section. Because we want our customers to be comfortable with the operation of their new digital receiver, we acknowledge this will take extra time to explain the operation. Some customers may not be hooked up until mid-May. We ask your patience as your satisfaction with the programs and installation is our highest goal.

If you are currently a DISH customer via a satellite receiver, you will find that this conversion may save you money on your bill. DCM Cable provides both satellite programming and high speed Internet access. ☺

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Arlene & Marty Pieczynski
45th Anniversary
Marty Birthday



Phil & Margaret Weenink
60th Anniversary



Bloodmobile
Don Pixley

We have been puzzled about our poor showing at our last blood donor drive. Considering the size of the On Top of the World Communities and that we had less than 40 donors registering indicates a lack of interest or some unknown reason.

Perhaps we should have started our columns with the eligibility requirements instead of outlining the uses of donated blood. With 60 percent of the nation's population eligible to donate blood and coupled with that the growth of residents of our area, surely we should do much better than we have been doing.

Requirements

- Age: 18 years and up. (17 with parent's approval)
- No upper limit if healthy.
- Frequency: Whole blood every 56 days. Our "bus" is here at those intervals.
- Platelets: Up to 24 times per year.

You will not be turned down for using many medicines if they are doing their job, i.e., blood pressure if stable, steroids, mild analgesics, and many more. You will be asked for drugs being used and told if you are free to donate. Some recent surgeries may postpone the date you can donate.

April 2 is the date of our next drive. As you read this go mark your calendar and come on down to the Big Red bus that will be parked in the Health & Recreation parking lot. It will be there from 7:30 a.m. until 2 p.m. An hour of your day will make you feel great when you give a bit of yourself for your friends and neighbors. We hope to see you there!

The Florida Blood Center is the sole supplier for Marion County hospitals. ☺



Computer Club
Sherry Surdam

Well, I hope all of you who run Windows XP found that the date and time on your computer(s) changed to daylight saving time on March 11! If you have your computer set to update automatically, it probably did.

If by chance it didn't, go to this Web site and follow the instructions on how to download the update, which will correct that problem for you: http://support.microsoft.com/gp/cp_dst. Type that address into the address bar of your browser and it will take you to a user-friendly screen. Follow the instructions and that should be that. Please note that

there is an underscore between the "cp" and the "dst" of the address. If you type a hyphen rather than an underscore you will get a message telling you there is no such address.

The education committee of the club is hard at work coming up with new programs on different software packages and on the new Windows Vista operating system. It is quite different from Windows XP and we will slowly incorporate Vista into our schedule. I've noticed at several recent meetings that questions about Vista are already being asked so it appears quite a few people have, or are going to make the switch. And we are also hoping to have a program on the Linux Ubuntu operating system fairly soon.

Our schedule of classes for April is as follows:

On Saturday, April 7, we will have no meeting, as it is Easter Saturday. April 14, there is a presentation on using Adobe's Elements IV; the 21st will be "Accessing and Surfing the Internet Safely;" and on the 28th is Don Sommer's program on "Viruses," what they are, who creates them and how to protect yourself from them! All members are welcome to attend all or any of these programs.

Be sure to check the calendar on our Web site at www.cccocala.org frequently for the dates of our presentations and for any scheduling changes that are inevitable.

Anyone who is interested in seeing what benefits there are to joining the club, please feel free to come up to a meeting and ask questions. You are always welcome!

Until next time, happy computing! ☺



USPO
Ray Utiss

I recently received a phone call from a concerned resident.

When she went to her mail center, she saw a disturbing sight. Someone had placed misdelivered mail up on the bulletin board.

Please do not do this. I repeat, please do not do this. You are compounding a mistake the carrier made.

The correct solution to this problem is for you to call our Post Office at 861-8188 and report misdelivered mail. The Post Office will arrange or an employee to retrieve the mail for correct delivery. Just think of all the important mail you receive: checks, financial statements and medicine. What would you think if any of it was misdelivered and put up on the bulletin board?

I lost track of the number of times I have asked residents to please refrain from talking to the mail carriers. Perhaps if the carriers could give their full attention to their job, we wouldn't have so much misdirected mail.

If you have a mail concern, document it and send it to me. Be sure to include your name and phone number at the bottom. I will take it from there. You can reach me by email, at grandmaandraisin@cfl.rr.com

If you do not have a computer, you can mail it to me. Ray Utiss, 9274-C S.W. 97th Lane, Ocala, Fla. 34481. ☺



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Lions Club
Dianne Lovely

On Top Of The World Lions Club would like to welcome four new members to the club: Gary Lane, Robert Bicknell, Mary Bicknell and Gwain Davis.

Congratulations to Estelle Clark for receiving a Senior Masters Pin from Lions Club International for the numerous new members she has recruited this year. It has been said that Estelle follows the moving vans in right to the houses of the new residents and that is how she gets them.

Attention shut-ins of On Top of the World: The Lions are offering to come to your home for a Visit or to read to you or to do any errands you may need done. Please contact Anthony or Rita Cacciotta at 854-1364.

On April 21, we are doing our White Cane Day. The Lions will be at Publix, Winn-Dixie and Wal-Mart. Thank you for your contributions for caring for the blind. White Cane Day and Mint Day, which will be coming up soon, have a new chairman, John Wiley. Al Hoffman has chaired this position for years. We thank you Al for all the years as well as to John for taking over.

Residents, please not throw away eyeglasses and ink cartridges in the garbage cans. Please set them in the boxes downstairs in the Health & Recreation Building. Thank you.

Congratulations go out to Bob Melnick for receiving a 15-year Lions Pin. Way to go, Bob.

We are proud to say we now have more than 50 members in the On Top Of The World Lions Club and still going strong. If you would like to be a member of the Lions Club, please contact membership chairman Estelle Clark at 861-7358. ☺

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Photo by Larry Resnick

Residents walk through the On Top of the World community to raise money for Hospice of Marion County.

Hoofin' It For Hospice Raises \$17,000 in the Community

By RUTH GOLDSTINE

Hoofin' It For Hospice on Feb. 24 was a tremendous success, weatherwise and financially.

Residents of On Top of the World raised \$6,450. Indigo East, under the guidance of Betty Chadwell and Allie Gore, brought \$1,200 from their walk. The Entertainment Group, the New Pretenders and the Variety Show each gave \$1,000. The Women of the World Fashion Show donated \$2,000.

Our grand total of \$17,000 will go toward buying another \$30,000 room at the 24-room Legacy House on 110th Street.

Special thank yous to the following:
 · Patty Griffith and Etta Schetter, efficient treasurers.

· Caroline Scott of CERT for providing eight capable volunteers to patrol our designated route with their golf carts equipped with emergency items.

· Grace and Buddy Raymond and Toni Lagatutta for giving handouts to the clubs that were visited.

· The seven Red Hatter clubs who gave \$2,000 and participated in the walk.

· Wednesday Afternoon Bridge with Fran Griswold for their generous contribution.

· The R/C Ladybirds, with Gloria Scicluna and Hedy Schamal, for their total commitment to this worthy charity.

· And finally, to all the wonderful residents who made this Hospice fundraiser so successful. ☺

Fine Arts For Ocala Presents 14th Annual Symphony Under Stars

Fine Arts For Ocala will hold the 14th Annual Symphony Under the Stars on Mother's Day, Sunday, May 13, 2007 at the Ocala Municipal Golf Course. The Central Florida Symphony Orchestra will be performing the music from the Star Wars films.

The evening is family oriented and picnic baskets are encouraged. Families spread picnic blankets or set out folding lawn chairs, children can run and play. It is an evening of music under the stars that culminates with a spectacular fireworks display (weather permitting).

Lawn chairs are available for rent. There will be vendors selling food, beer and wine or patrons may bring their own.

Tickets are \$15 per adult and \$5 per child up to the age of 12. Tickets are available at the following locations: The Veranda Gallery, Macy's, Carriage Trade, Franck's Pharmacy, Yours Truly and the Municipal Golf Course.

The event is sponsored by M&S Bank, Palm Chevrolet, Ocala.com and Ocala Style Magazine.

For more information call 622-0007 or log onto www.faf.org. ☺

SWFWMD Imposes New Watering Restrictions

Please ensure that your lawn irrigation clock is set according to the following schedule that is based on the last digit of your street address. If you require assistance, please visit Customer Service.

Addresses ending in 0 water on Mondays at 4 a.m.

Addresses ending in 1 water on Mondays at 10 p.m.

Addresses ending in 2 water on Tuesdays at 10 p.m.

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Addresses ending in 4 water on Wednesdays at 1 a.m.

Addresses ending in 5 water on Wednesdays at 4 a.m.

Addresses ending in 6 water on Thursdays at 1 a.m.

Addresses ending in 7 water on Thursdays at 4 a.m.

Addresses ending in 8 water on Fridays at 1 a.m.

Addresses ending in 9 water on Fridays at 4 a.m. ☺



Genealogical Society
Elizabeth Kyle

In the March column I promised to share what I have learned as a result of taking the course for beginners. When I started I knew very little about the Kyle branch of the family because my grandparents died when I was three or four, and my father was a quiet man. My father was raised in Northampton, Mass. Both of his parents died there, so I went to the city Web site and printed the forms to request birth and death certificates. They came within two or three days and were the gold mine promised by the instructors.

Family lore had them as Scottish, but the records show that James, my grandfather, was born in Omagh, Northern Ireland. James' father, William, and his mother, Mary Moore,

were also born in Northern Ireland.

From the historical society Web site I was able to print a map of the Bridge Street Cemetery where they are buried. This included an index, which will be very helpful in finding the headstone next time I visit. There was a virtual tour of the cemetery that was interesting, as was an event in the early 19th century that might help to explain some issues that existed between the Kyles and the Keanes. Now I want to sit in on Patrick Keane to learn more about Ireland.

On the manifest of the ship S.S. Numidian sailing from Londonderry to Boston on the 14th of May, 1909, I found my grandmother, Mary Jane, and four of my aunts and uncles. On the same manifest was the nearest relative living in the country from which the immigrants came. That was Mrs. Mary Kyle of Campsie, Omagh in Tyrone.

There is much more to tell; however, my main purpose is to illustrate how easy it is to get started using the information gleaned from the beginners' classes. Don't forget to watch for future offerings. Word is they will be held on Wednesdays from 1 to 2 p.m. beginning on May 16 and through June 19.

Now I ask all of you experts how to continue the search from this point using your own stories and experiences as examples. My e-mail address is mackie13@yahoo.com. I am looking forward to hearing your stories and using them in my next column.

Our meetings are held on the second Monday of the month at 10 a.m. in Room 3 of the Arts and Crafts Building. Many members come early or stay late to answer questions and to help folks who are stuck. Everyone with an interest in genealogy is welcome. ☺



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Ask the Trainer
Howard Williams

Hello, fitness fans. Recently I have compiled a basic exercise guide for working out in our fitness center. To see how well I did, I encourage your feedback and questions to anything that has been written here or involves fitness in any way. Also I look forward to those that try to stump me with any question. This guide should give everyone a head start and anything that's not as clear as it should be, will be changed.

Exercise Basics for

On Top of the World Fitness Center

Welcome to the Health & Recreation Fitness Center. This gives you a guide of basic concepts to make your exercise journey more productive and enjoyable.

Warm Up

By warming up, you increase the blood flow to muscles and other soft tissues, an important factor in avoiding damage to ligaments, muscles and tendons, including sprains and strains — common sports injuries. Your routine should include cardiovascular exercises to increase your heart rate gradually and prepare you for more intense exercise.

Examples of warming up include the treadmill, recumbent bikes, Airdyne bikes, and the Nu Step cross trainer. You should warm up 5 to 10 minutes before strength training or intense cardiovascular exercise.

ACSM Exercise Recommendations

for Healthy Adults

CARDIORESPIRATORY FITNESS TRAINING: Frequency: three to five days a week.

Any activity that uses large muscle groups that can be maintained continuously and is rhythmic and aerobic in nature. Activities include walking, swimming, our aerobic classes, our treadmills, bikes, and Nu Step cross trainers.

Training duration: Twenty to 60 minutes of continuous or intermittent (in sessions lasting 10 minutes or more) in aerobic activity. Low to moderate intensity activity over a longer duration is recommended for the non-athletic adult.

MUSCULAR STRENGTH AND ENDURANCE TRAINING: Frequency: Two to three days a week

Examples of resistance training for muscular strength and endurance are our Cybex circuit and the free weights. Resistance training using one set of eight to 10 exercises that condition the major muscle groups should be performed two to three days per week. For older adults and more frail people, 10 to 15 repetitions are a good range. Multiple set repetitions may provide greater benefits if time allows. Skip the next day for muscle recovery after resistance training.

Clarifications

•SET: Group of repetitions done with proper form until the muscle group worked is properly fatigued. The most important factor in improving muscular strength and endurance is not the amount of weight or number of repetitions but the intensity of the set.

You do not want to stop at a preconceived number of repetitions but rather when your body tells you to stop or you cannot perform the repetitions with proper form. If you can

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 20 Min Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
8:00 60 Min Aerobics Room	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat	Condition and Stretch Fusion Adela	Cardio Burn & Firm Mary Pat
9:00 60 Min Aerobics Room	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat	Advanced Tai-Chi* Shannon	Interval Training Mary Pat
10:15 Aerobics Room		Beginners Tai-Chi*Fitness Shannon		Beginners Tai-Chi*Fitness Shannon	
10:30 40 Min Ballroom	Power Aerobics Kitti		Power Aerobics Kitti		Power Aerobics Kitti
10:30 40 Min Aerobics Room	Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat		Beginners Aerobics Mary Pat
12:00 Gym		Cybex Orientation Howie		Cybex Orientation Howie	
12:15 20 Min. Aerobics Room	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video	Oxycise Video
4:00 2 nd & 4 th Monday	10,000 Steps Sholom Park				
Saturday					
12:15 Oxycise (20 Min.) Aerobics Room					Sunday 12:15 Oxycise (20 Min) Aerobics Room
10:00 – 11:00 a.m Yoga Class Sholom Gardens First Saturday of The month. Adela					
10,000 Steps at Sholom Park 2 nd & 4 th Mon. October to May 4:00 p.m.					

Oxycise: Deep breathing and stretches. Seated and Floor exercises. Mat required.
Cardio, Burn & Firm: Warm-up, low impact aerobics, strengthening and stretching exercises. Mat required.
Condition & Stretch Fusion: Warm-up, short conditioning segment and flexibility exercises. Mat Required
Beginner Aerobics: Warm-up, simple aerobic choreography, strength training and Stretching. No floor work.
Power Aerobics: Warm-up, cardiovascular work with fun choreography, strength training and stretching. No floor work.
Tai Chi: A Chinese exercise form that involves fluid & relaxing movements that utilize the entire body.
Cybex Gym Equip. Orientation: Learn how to use and adjust the machines correctly.
One-on-One Personal Training: Fee based instruction with certified instructor.
10,000 Steps at Sholom: Join us for a 1 1/2 - 2 mile walk and enjoy the beautiful Sholom Park.
Interval Training: This class consists of alternate bursts of Aerobic Activity (3 min.), and strength training (1.5 min.)
***Asterisk denotes a fee-based class. See instructor for information**

do 30 repetitions, then do so, it just tells you that you can use a heavier weight next time.

• Stretching: Stretching is performed after the exercise session to loosen up the muscles that have been fatigued and help release the lactic acid from the muscles, reduce muscle soreness, and decrease the chance of cramping and injury.

For those who have problems getting on the mat and stretching we have a new Precor stretcher in the Fitness Center that allows you to stretch the major muscle groups without getting up and down on the floor. We also have a nice wall chart of stretches by the mat to help you with the stretching techniques.

I hope this gives everyone a basic idea of some of the concepts of fitness and what we have available for you at the Health & Recreation Fitness Center. Free orientations are given every Tuesday and Thursday at noon to implement you to our fitness center. By reading this you will have a head start before you get here:

For further help and/or personal training contact Howie Williams M.S. at entertrainer24@yahoo.com or 854-8707.

Tricky Trivia Question

This is to test how well you read and understood the above article and tell me how I'm doing.

If someone does a set of repetitions and stops at 13 and the other guy stops at 15, which one probably did the set correctly and why? A correct answer is worth a 30-minute personal training session. ☺

Are You Off-Balance? Exercising Can Help

By MARY PAT GIFFIN
WORLD NEWS WRITER

Test your balance. Raise one foot without touching it to the support leg. Begin with your eyes open, practicing once or twice on each side. Then, with a fixed gaze look straight ahead, close your eyes and maintain balance for up to 30 seconds.

You fail the balance test if the raised foot touches the support leg; you start to hop; the foot touches the floor; or if the arms touch something for support. Give yourself two to four chances to reach peak performance. Count for as long as you can maintain balance with your eyes closed.

Balance training and exercises are important because they can help you stay independent by avoiding injuries that occur as a result of falling. Each year, U.S. hospitals admit 300,000 people for broken hips, which are often fractured by falling.

In addition to frequent falling, low back pain, neck pain, arm numbness and tingling, chronic ankle pain or instability, acute ankle sprains, chronic knee pain or instability, and osteoarthritis of the knee are health problems associated with poor balance.

Balance exercises have been successful in

remedying many of these conditions. A German neurological group found that elderly patients with Ataxia (a condition that results in frequent falls) can be treated successfully with balance training. Two weeks of training led to significant improvement nine months later, without any home maintenance program.

Two different trials of tai chi showed that a long-term program improves balance abilities of older adults and that improvement persisted after training stopped.

Many of the classes at the Health & Recreation Building and the Arbor Club help you improve your balance. Pilates, yoga, tai chi and even our aerobic classes incorporate balance exercises to enhance your stability.

Next month, I'm going to become certified in 50+ Adult Balance, Stability, Mobility and Conditioning. I will learn how to create a program for our residents, which will help you become fall-resistant by improving your strength, balance, flexibility and gait patterns.

This specialty certification workshop considers safety issues, medical and medication concerns, assessment of the participant's condition, as well as exercise progression that is based on current motor learning principles and realities of getting older. ☺

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Photo by Larry Resnick

Thursday Bowling League

Micki Lander, secretary of the On Top of the World Thursday bowling league called Western Stars, hits the lanes at AMF Galaxy West in Ocala.



Fitness Happenings Adela Anderson

Our instructors, Mary Pat Giffin and Kitti Surette, will be attending the SCW Fitness Education convention, which is held annually in Orlando. This convention offers our fitness professionals an array of workshops and seminars to enhance their knowledge. Mary Pat and Kitti, we wish you luck in your training and we look forward to see you come back with new routines and fresh energy! This convention is being held from April 24 to April 29. We will post signs to let you know of any cancellations or changes in classes during this period.

Spring is here! Let the beautiful Florida weather encourage you to a more outdoor active lifestyle. Pack your exercise routines with fun in the sun!

Yoga Patch Work

Saturday, April 7, 9 a.m., Sholom Park. Free.

You are cordially welcome to join us on the beautiful grounds of Sholom Park to practice yoga. Six local instructors will gather and will present a sampling class of Hatha Yoga. Each instructor will present a different segment of the class. Yoga will help instill a sense of peace, calmness and serenity. Mark your calendar for this very special annual event.

Monday, April 9, and Monday, April 23, 4 p.m., Sholom Park. Free.

10,000 Steps

Join us for a wonderful walk in the park. What a great time of the year to blend exercise with nature, sunshine and friendship.

Thursday, April 12, 10:30 a.m., Arbor Club Ballroom. Instructor: Kitti Surette

Come and enjoy this class, packed great routines and fun.

Basic Learning Of Yoga Poses

Monday, April 16, 3 p.m., H&R Exercise Room. Instructor: Adela Anderson. Free.

We will gently guide and correct your alignment and form to make your practice more enjoyable. Everyone is welcome.

First Steps To Aerobics

Wednesday, April 18, H&R Exercise Room, 3 to 4 p.m. Instructor: Mary Pat Giffin. Free.

Mary Pat will help you learn basic moves so you can participate in the group aerobic classes that On Top of the World offer. If you are new to aerobics or need assistance with simple choreography, this class is perfect for you.

What is the Lebed Method?

Monday, April 23, 3 p.m., Arbor Club Ballroom. Instructor: Joan Sabula. Free.

Joan will tell you all about the Lebed Method. For years her passion has been to see breast cancer survivors attain new levels of independence. She believes this form of exercise is perfect for people with Lymphedema related to breast cancer. Learn more about it by joining her in this very informative lecture.

Motivation

Are you sticking to your exercise program? If your motivation to exercise has decreased, you have reached a plateau, need an individualized program or simply need help, call Howie at 854-8707. He will help you with your needs. If you need any assistance choosing the right exercise program for you, please do not hesitate to call Adela at 854-8707.



Arbor Club Tennis Jorge Privat

Hello every one!

February is behind us and March has come quickly. The weather is warm and pleasant. With temperatures in the 80s since winter, we need to prepare our bodies for even warmer and outright hot temperatures on the courts.

On behalf of all the Arbor Club members, I would like to extend our appreciation and thanks to our friends from the Oak Run and Spruce Creek communities for their participation in our February tournament. And I wish to compliment all of you for your enthusiasm and cooperation in making the tournament a success during the three days of competition. You were excellent hosts off the courts, and on the courts, and you embodied the spirit of fair-play.

In the ladies doubles, On Top of the World was well represented by Joan Gustafson and Maria Fried and, by Rosemarie Hueber and Marilyn Beardsley who came in first and second place respectively. On the men's side, Tony Maiorino and Dan Ryan were runners-up to Ray Jask and Jack Ruffin from Oak Run.

On the last day, the competition was very close in the Mixed Doubles, but in the end the On Top of the World team of Tony Maiorino and Marilyn Beardsley edged Oak Run's Ray Jask and Pat Beltramello by the minimum margin.

I would also like to thank all of you who volunteered to help with all the food and drinks during the three days. We now can look forward to our next tournament, which will take place the last week in April.

The tennis ladder seems to be moving right along very well. The participation continues to increase and everyone has shown a good level of commitment. We are currently running two different groups at two different times, due to the number of players. But, when the snowbirds fly north, we will continue to run the ladder with those who stay. Please, continue your efforts to raise your level of play so you can enjoy the sport even more. It pleases me to see better and better competition every day! ... And don't forget, come and take a lesson or attend a clinic once in a while. You just might learn something new!

Softball Bill Leon

Unable to find another game within our league, we decided to a play game with the "Big Boys" in what we consider the major league teams with their high-powered bats and speedsters.

We headed east and met the Big Boys at their field in the Baptist Church location. We got a good start in the first inning scoring three runs with hits from Nick, JR, Bill E., Woody and Marty, but faltered for the next six innings, getting goose eggs. We had several hits during those innings, but just couldn't get the runners to score, hitting either into

Tennis Association H&R Center Courts Schedule

Saturday & Monday, 8 a.m.-noon: Mixed Doubles
Tuesday & Thursday, 8 a.m.-noon: Men's Doubles
Wednesday & Friday, 8 a.m.-noon: Ladies' Doubles

All Resident Tennis Players
Welcome.

Stan Magen asked me to remind you that Interfaith charities appreciate receiving shoes and sneakers you may not wish to wear any more.

Tennis Tip Of The Month Warm-up and Flexibility

John McEnroe, one of America's greatest champions, said in a recent interview, "Stretching allows me not to get injured and move around a little quicker." During his career, John was plagued with hamstring, groin and low back injuries. He also said, "As I've gotten older, my hamstrings have gotten really tight, so that's something I really stretch."

Regardless of their age, tennis players can benefit from stretching before and after play.

A quality conditioning program for tennis includes strength, flexibility and endurance exercises, as well as anaerobic and aerobic training. If any component in a tennis player's training program is neglected, players are unlikely to achieve their full performance potential, and are more susceptible to injury while playing. Tennis demands proper warm-up and flexibility training for all areas of the body.

Warm-up: The warm-up prepares the body tissues to respond to exercises and stretches during play in an optimal way. Athletes usually perform two kinds of warm-ups.

Passive Warm-up involves getting in a sauna or whirlpool, using heating pads or moist heat packs. These techniques increase tissue temperature, but are not always practical.

Active Warm-up involves low intensity exercise, which elevates tissue temperatures, increases heart rate and actively prepares the body for exercise.

Recommended activities include, jumping jacks, calisthenics, slow jogging in place or around the court, stationary bicycle, large arm and body circles. The proper duration and intensity is achieved when you experience a light sweat.

Stretching, can be incorporated into tennis as follows:

- General body warm-up (three to five minutes) to increase tissue temperature (slow jog, jumping jacks, etc.)
- Static stretching of tight and restricted areas
- Dynamic stretching with progressive increases in range and velocity
- Playing tennis
- Stretching cool-down to prevent soreness and gain flexibility

Wishing you, injury free tennis enjoyment!



double plays or just pop ups. While getting goose eggs for those six innings, the Big Boys were scoring runs and had us 19-3 going into the eighth inning.

Finally our bats came alive as we scored six runs, moving us a little closer. We held them to no runs in the eighth inning and came to bat in the ninth. Things started with Ken getting a hit and with consecutive hits from Don, Nick, JR, Leo and Bill E., we scored another three runs, but couldn't quite garner any more as we lost 19-12

All in all it was fun to meet the Big Boys and even better, we got out feeling good that we made it a respectable game considering their livelier bats and speedy runners. We gave it a try and left the field saying that we would definitely give it another try at playing with the Major League Big Boys.

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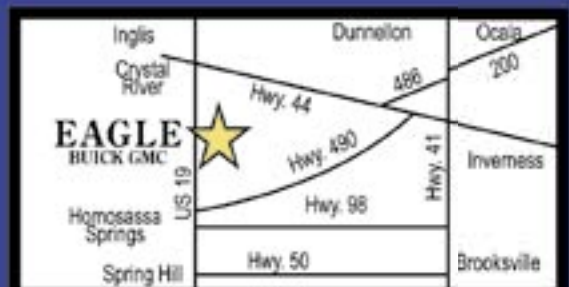


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Proper Hydration

It's springtime and again time to think about hydration. Proper hydration is helpful for achieving the best performance. Adequate fluid intake is also helpful for exercisers.

There have been recommendations about how much water or sports drinks are needed and over the years athletes were advised to drink much more water than we now know is necessary. New guidelines on nutrient recommendations were published by the Institute of Medicine of the National Academies. They state that the vast majority of healthy people adequately meet their daily hydration needs by letting thirst be their guide. They don't provide specifics, such as the number of glasses of water per day, because fluid needs can be met through a variety of sources besides drinking water alone.

The International Marathon Medical Director's Association also revised guidelines regarding hydration for athletes in May 2006. They recommend drinking a sports drink when exercising 30 minutes or more. They also state that during a marathon, it's best if runners listen to their body and drink what they feel they need to.

Are you now wondering, so what is the right amount of fluid to drink? Well, that all depends, and in fact, it may not be that important to try to figure it out. The longer and more intensely you exercise, the more important it is to replace lost fluids. A loss of two percent of body weight in fluid has been linked to a drop in blood volume. This makes the heart work harder in order to move blood through the blood stream. This decrease can result in a slight decrease in performance. Dehydration may also lead to fatigue, poor performance, decreased coordination and muscle cramping.

If you feel that you need some sort of guideline to determine how much you should be drinking, use the following as a starting point. Drink no more than one cup of water every 20 minutes. You can also weigh yourself before and after you exercise to get a sense of how much fluid you typically lost. One pound is equivalent to approximately 24 ounces of fluid.

Functions of Water in the Body

Water is essential to human life. It forms the basis for all body fluids, including blood and digestive juices; it aids in the transportation and absorption of nutrients; and it helps eliminate waste.

An average adult on a daily basis will lose more than 10 cups (close to 2.5 liters) of water simply by sweating, breathing and eliminating waste. You also lose electrolytes — minerals such as sodium, potassium and calcium that maintain the balance of fluids in your body. Normally you can replenish what you've lost through the foods and liquids you consume, even when you're active.

But when you eliminate more water and salts than you replace, dehydration results — your system literally dries out. Sometimes dehydration occurs for a simple reason: You don't drink enough because you're sick or busy, or because you lack access to portable water when you're traveling, hiking or camping. Some other dehydration causes include: diarrhea, vomiting, fever, excessive sweating (or glistening as we ladies say), increased urination, and burns. Anyone can become dehydrated if the loss of fluids outweighs fluid intake. But certain people are at a greater risk, please read on:

• **OLDER ADULTS:** As we age, we become more susceptible to dehydration for several reasons: Your body's ability to conserve water is reduced, your thirst sense becomes less acute and you're less able to respond to changes in temperature. What's more, older adults, especially people in nursing homes or living alone, tend to eat less than younger people do and sometimes may forget to eat or drink altogether. Disability or neglect also may prevent them from being well nourished. These problems are compounded by chronic illnesses such as diabetes, by hormonal changes associated with menopause and by the use of certain medications.

• **PEOPLE WITH CHRONIC ILLNESSES:** Having uncontrolled or untreated diabetes puts you at high risk of dehydration. But other chronic illnesses also make you more likely to become dehydrated. These include kidney disease, cystic fibrosis, alcoholism and adrenal gland disorders. Even having a cold or sore throat makes you more susceptible to dehydration because you're less likely to feel like eating or drinking when you're sick. A fever increases dehydration even more.

When to seek Medical Advice

If you're a healthy adult, you can usually treat mild to moderate dehydration by drinking more fluids. Get immediate medical care if you develop severe signs and symptoms such as extreme thirst, no urination for eight hours, shriveled skin, dizziness and confusion.

Mild to moderate dehydration is likely to cause the following:

- Dry, sticky mouth
- Sleepiness or tiredness
- Thirst

ARBOR CLUB FITNESS & AQUATIC SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 a.m. Arbor Club Fitness Room	Aqua & Fitness Orientation Adela Please Call for Appt. 854-8707				
9:15 a.m. Specialty Class* Indoor Pool	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela	Total Core & Body Strength* Adela	Deep Water Aquacise* Adela
10:30 a.m. 2 nd Thurs. of Month Arbor Club Ballroom				Latin Cardio* Kitti	
10:15 a.m. Specialty Class* Fitness Room	Beginner Yoga* Adela		Mat Pilates* Adela		
10:30 a.m. Specialty Class* Fitness Room Outdoor Pool		Hatha Yoga* Adela		Hatha Yoga* Adela	
11:45 a.m. Arbor Club Exercise Room	Sit & Be Fit Kitti	Arthritis* Class Adela	Sit & Be Fit Kitti	Arthritis* Class Adela	Sit & Be Fit Kitti
1:30-2:15 p.m. Specialty Class* Indoor Pool	Shallow Water Exercises* Adela		Shallow Water Exercises* Adela		Shallow Water Exercises* Adela

Saturday	Sunday
Open Swim	Open Swim

Shallow Water & Aquacise: Warm-up, cardio, strength training using equipment and stretching.

Deep Water Exercises: Warm-up, no impact aerobics, strength training using equipment and stretching.

Total Core & Body Strength: Warm-up and total body resistance training using free weights and varied equipment.

"Hatha Yoga" Consists of Yoga postures combined with breathing. This class will increase strength and flexibility. Mat required.

Pilates: Mat exercises using Joseph Pilates fundamentals. This class will train the core and back muscles.

Arthritis Class: Specialized indoor class for individuals with arthritis. Exercises help individuals increase their joint flexibility and range of motion. September - May

One-on-One Personal Training in the Water: Fee based instruction with a certified trainer.

Sit & Be Fit: Seated cardio and strength training work using resistive bands, weights & balls.

*Asterisk denotes a fee-based class. See instructor for information.

- Decreased urine output
- Few or no tears when crying
- Muscle weakness
- Headache
- Dizziness or lightheadedness

Prevention

The easiest way to avoid dehydration is to drink lots of fluids and foods high in water, such as fruits and vegetables. This is especially true on hot, dry, windy days. Drinking water does not add calories to your diet and can be great for your health. According to the Institute of Medicine, letting thirst be your guide is an adequate daily guideline for most healthy people. Fluids can be obtained not just from water but also from other beverages and foods. But, if you're exercising, don't wait for thirst to keep up with your fluids. The actual amount that people need to drink will depend on factors like how much water they're getting from their food intake, other liquids, and how much they're sweating from physical exertion.

Environment

When you're going to be outside on a warm day, dress appropriately for your activity. Wear loose-fitting clothes and a hat if you can. That will keep you cooler and cut down on sweating. If you do find yourself feeling parched or dizzy, take a break for a few minutes. Sit in the shade or someplace cool and drink water.

In cold weather you may also need to drink additional water if you sweat while wearing insulated clothing. Heated, indoor air can cause your skin to lose moisture, increasing your daily fluid requirements.

Exercise

If you're participating in sports or strenuous activities, drink some fluids before the activity begins. You should also drink at regular intervals (every 20 minutes or so) during the course of the activity and after the activity ends. Producing lots of clear, dilute urine is a good indication that you're well hydrated. The best time to train or play sports is in the early morning or late afternoon to avoid the hottest part of the day.

Important to keep in mind: drinking fluids too much can not only cause bloating and discomfort, but may lead to a potentially fatal condition in which your blood sodium becomes too low. This occurs when you drink more fluids that you lose through sweating.

Illness

If you have a stomach bug and you're spending too much time greeting with the potty, you probably don't feel like eating or drinking anything. But you still need fluids. Take lots of tiny sips of fluids. For some people, ice pops may be easier to tolerate. Try to stay away from ginger ale or other sodas because they contain too much sugar and too little sodium to replenish lost electrolytes. Staying away from caffeine in coffee, sodas, and tea can also help you avoid dehydration. Caffeine is a diuretic (it make you urinate more frequently than you usually need to).

Sports Drink or Water ...

Which One is Better?

What drink is best for getting and staying hydrated during exercise? Should you choose water? Are sports drinks best? What about juice or carbonated soft drinks? Coffee or tea? Beer?

WATER: The natural choice for hydration is water. It hydrates better than any other liquid, both before and during exercise. Water tends to be less expensive and more available than any other drink. You need to drink four to six ounces of water for every 15 to 20 minutes of exercise. That can add up to a lot of water! While some people prefer the taste of water to other drinks, most people find it relatively

bland and will stop drinking water before becoming fully hydrated. Water is the best, but it only helps you if you drink it.

SPORTS DRINKS: They don't hydrate better than water, but you are more likely to drink larger volumes, which leads to better hydration. The typical sweet-tart taste combination doesn't quench thirst, so you will keep drinking a sports drink long after water has lost its appeal. An attractive array of colors and flavors are available. You can get a carbohydrate boost from sports drinks; in addition to electrolytes, which may be lost from perspiration, but these drinks tend to offer lower calories than juice or soft drinks.

JUICE: Juice may be nutritious, but it isn't the best choice for hydration. The fructose, or fruit sugar, reduces the rate of water absorption so cells don't get hydrated very quickly. Juice is a food in its own right and it's uncommon for a person to drink sufficient quantities to keep hydrated. Juice has carbohydrates, vitamins, minerals and electrolytes, but it isn't a great thirst quencher.

CARBONATED SOFT DRINKS: When you get right down to it, soft drinks of the world are not good for the body, as they are devoid of any real nutritional content. I know they taste great and you are more likely to drink more of what you like, so if you love your soft drink then they might be a good way to hydrate. So, if you must hydrate and you like soda, that can be an option. Just remember they aren't good for you. Avoid drinks with lots of sugar or caffeine, which will lessen the speed or degree of hydration.

COFFEE AND TEA: These can sabotage hydration. Both drinks act as diuretics, meaning

they cause your kidneys to pull more water out of your bloodstream even as the digestive system is pulling water into your body. It's a two-steps-forward-one step-back scenario. If you add milk or sugar, then you reduce the rate of water absorption even further. The bottom line? Save the latte for later.

ALCOHOLIC BEVERAGES: A beer might be great after the game, as long as you are the spectator and not the player. Alcohol dehydrates your body. Alcoholic beverages are better for hydration than, say, seawater, but that's about it.

THE BOTTOM LINE: Drink water for maximum hydration, but feel free to mix things up a bit to cater to your personal taste. You will drink more of what you like. In the end, the quantity of liquid is the biggest factor for getting and staying hydrated.

This article came about due to a discussion in the Sit and Be Fit class. Thanks everyone for asking the question about hydration and water vs. sports drinks.

The Latin Cardio class on April 12 will be Latin dances. See you in class! ☺



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Photo by Doris Mauricio

Entertainment Group Presents Double Bill

Saturday, April 28, closes the Entertainment Group's Show Series for 2006-07 with another double bill.

Opening the show is vocalist Dominic, bringing his unique and interpretive stylings to the music made popular by great artists like Frank Sinatra, Engelbert Humperdinck, Tom Jones and Neil Diamond, just to name a few. He even tosses in a little Elvis.

The second half of the double-bill is one of the most sought-after comedians that appear on all the cruise ship lines. Singer/comedian Don Richards brings his hilarious routine including Crazy Guggenheim, Johnny Cash, Benny Hill, Liberace and many more of his "friends."

Tickets are on sale Mondays, Wednesdays and Fridays from 8:30 to 10 a.m. in the Health & Recreation Ballroom. Prices are \$5 general and \$7 reserved and as usual a limit of four tickets per purchase and are for residents and their houseguests.

With this being the final show for the current series, the Entertainment Group sends out a big thank you for the support.

Due to this support, in conjunction with our sponsors, contracts have been signed for the 2007-08 Show Series, which make it the most expensive series the group has ever presented. They believe you will be pleased with the variety of entertainment coming to the stage at On Top of the World. ☺

An assortment of flowers on the side of Doris' house prior to the frost.



Nature Around Us Doris Mauricio

Spring has sprung! The danger of frost is over. We suffered through a couple of damaging frosts this winter, but do not fret. You should see signs of most of your plants starting to sprout. If you have not already done so, cut your perennials back to green growth. You can fertilize your garden beds with a good quality fertilizer. A ratio of 6-6-6 with slow release minerals is good. Fertilize your palms and shrubs. You can trim your azaleas after they are through blooming.

This is a great time to plant zinnia seeds. There are many varieties. They are very easy to plant and love the Florida sunshine. They will grow with gusto. Mexican sunflowers, vincas, marigolds and cosmos also like the Florida sunshine and are easily grown from seed. Petunias and pansies will look nice until June. If you have them in a partly shady area and keep them well watered, they will last longer. Impatiens must be in the shade and like plenty of water.

Some perennials that love our Florida sum-

mer are pentas, milkweed, firebush, firespike, salvia, plumbago, blue daze and bush daisies. Most of these are also butterfly attractors. This is also a great time to put in a patio garden of herbs, tomatoes and peppers that you can enjoy throughout the summer. These plants will do best in large pots filled with potting soil.

This would be a good time to plug those bare spots in your St. Augustine lawns. Your plugs will grow faster if you enrich the area with a little potting soil before putting in the plug. Keep the ground moist until the grass starts to grow and watch for weeds. They grow faster than new grass. Atrazine is recommended for weed control in established St. Augustine lawns. You can buy this product in spray bottles at your local garden center and use as needed.

You do not need to fertilize your lawn if it is being done by On Top of World lawn service. If you fertilize your own lawn, 15 (Nitrogen)-0(Phosphorus)-15 (Potassium) is recommended twice a year — in the spring and in the fall (16-4-8 is also recommended). Remember — when you fertilize and water excessively, you are creating a great salad for Florida bugs. If you get a large yellow spot on your lawn that continues to grow in a circular fashion, you may have chinch bugs. Check with On Top of the World Customer Service regarding pesticide spraying.

Do not water more than once a week. If you are monitoring your own sprinkler system, turn it off during rainy periods. A sure sign that a lawn is being over-watered is dollar weeds. They cannot survive in dry conditions. Please try not to get upset if your lawn does not look good. You can't win this one. Grass is very difficult to grow in Florida.

The Master Gardener Spring Festival was wonderful. The array of flowers and shrubs was spectacular. I was overwhelmed. The next big sale will be the crape myrtle sale coming some time in June. The date has not been set yet. We should have the date for the May World News. I am very pleased with the crape myrtle shrubs I purchased from this sale. These shrubs come in a variety of sizes and colors and are well suited for our area.

Have you been to Devils Millhopper Geological State Park? This is a great place to bring your visitors from up north. The park is located two miles northwest of Gainesville on Millhopper Road, off State Road 232. After walking through pine forest, follow a wooden staircase down 120 feet into a sinkhole where rainforest plants such as ferns abound.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns. The On Top of the World Native Plant Club meets the second Wednesday of the month at 1:30 p.m. at the Arbor Center. Come and join them and take time to walk the nature trail located behind the Arbor Center. Happy gardening!

Doris Mauricio, On Top of the World resident and Master Gardener


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Republican Club
Tony Tortora

The club met on March 9 with 50 members present. The guest speaker was Jim Yancey, superintendent of Marion County Schools. He gave a brief overview of the improvements in education in Marion County schools and of the new construction program.

County Commissioner Charlie Stone was also present and gave a very informative presentation on the E-One company issue. George Conklin followed with a report of the Lincoln/Reagan Day dinner. A brief discussion of the state legislature bill concerning the elimination of the property tax in favor of an increase in sales tax followed.

The issues discussed and many others are of importance to all residents. The Republican Club is open to all registered Republicans and welcomes your participation. Plan on attending the following meetings and be an informed voter.

April 13: Jim Yancey pizza party; tickets required.

May 11: Florida Secretary for Seniors Affairs

June 8: Pat Gabriel, president, SR 200 Coalition.

July 13: Florida Secretary of Veterans Affairs; not confirmed.

Aug. 24: Charlie Stone picnic.

Sept. 14: TBA

Oct. 12: TBA

Nov. 9: Larry Cretul Christmas social

All meetings are held in the Arbor Conference Center starting at 7 p.m. unless otherwise noted and advertised on your community TV channel.

Watch for the replica of the Vietnam wall on April 6 through 8 in On Top of the World. Look for details in the World News. See you at the meeting. ☺



Democratic Club
Lee Wittmer

The general meeting of the Democratic Club on April 17 will be held in Suites E and F of the Arbor Conference Center and will commence at 7 p.m., with refreshments at 6:30.

Our speaker will be Eugene Poole. In 1970, Mr. Poole graduated from the University of South Florida with a Bachelor of Arts degree in Health and Physical Education. His work experience includes 24 years of service in the Florida Correctional System. At the time of his retirement in 1995 he was superintendent of the Florida Correctional Institution at Lowell, Fla.

More than 150 Democrats attended the celebration of "Our Winning Team" on March 10 at the Ocala Shrine Club. It was a wonderful evening with many awards for the folks who gave us a "winning team." We extend our thanks to Eugenie Martin, the lady who initiated this and past parties and worked long and hard to make them a success. We would be remiss if we did not thank the many folks who contributed their time and effort to this endeavor.

We welcome any one who has an interest in the club to come by and pay us a visit. Be our guest and find out what we are about. Proud to be a Democrat! ☺

Entertainment Group, New Pretenders Make Charity Donations

The Entertainment Group and The New Pretenders want to say thanks for the support the residents have given them.

On Feb. 24 at the Entertainment Group's stage show, \$1,000 checks were presented to both Hospice and The Florida Center For The Blind.

Again, the Entertainment Group and the cast of The New Pretenders extend a big thank you. You are the greatest audience both groups could perform for. ☺

Community Patrol
Joe Berger

Just a few notes for all the residents of On Top of the World. When hiring someone to do work in or around your home, have him or her go through On Top of the World Customer Service so that they can make sure that whoever is doing the work is properly licensed and insured. Keep all valuables, such as jewelry, cash and credit cards, secured and not visible. This takes temptation away from anyone.

Remember, cheap is not always a bargain and when people are licensed and insured, you have more recourse.

I would like to remind all residents again that Captain Burton, who is in charge of the State Road 200 Sheriff's office, has put together a staff of trained people to evaluate your home security needs.

Something I would strongly suggest is that residents keep their garage doors closed and locked, especially at night. Do not leave keys in your car at anytime, whether in your driveway or at any shopping area. ☺

Find World News Information at www.OnTopoftheWorldInfo.com/worldnews



Friendship Amateur Radio
Ed Brendle

Officers were installed at the March meeting of the Friendship Amateur Radio Club: Ken Simpson, W8EK, president; Doug Hawkins, W3HH, vice president; Terry Sparks, KI4HUK, secretary, with help from Woody; and Glen Lucus, W1GFX, treasurer.

Also at the March meeting, Doug Hawkins demonstrated the simplicity of digital radio utilizing a computer and a HF transceiver with the necessary hookups. The hookups are what Doug spoke of and its construction. There will be a board meeting at 9 a.m.

April 9 prior to the regular scheduled meeting at 1:30 p.m.

Members are reminded that the monthly breakfast is held the first Monday of each month at 9 a.m. at the Candler Hills Restaurant. The plans for this year are again to have a field day, a membership drive and more in-depth program presentations.

The FARC Web site continues to show the club's newsletter, treasurer's report and secretary's meeting minutes.

The FARC's club call is N4FRC. The FARC's scholarship fund, initiated by Don and Elizabeth Hatfield, KE4PMB, remains in the club's treasury awaiting disposition.

The April 9 meeting will include a demonstration of HF transmission utilizing the ARRL programs. We will meet at 1:30 p.m. at the auxiliary sheriff's station on West State Road 200. All Hams are invited and members are urged to attend and to bring a guest.

FARC is open to all Hams and their families. If you are interested, and not currently licensed, FARC has instructors who can teach theory to help you earn your license.

We have members who offer their expertise in radio and computers. The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a 2-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle, KA1INC, at 873-4354. ☺



Singles Club
Pat Wellington

Singles' Club member Sally Kohl came through again at the March 8 meeting with a spectacular St. Patrick's table complete with leprechauns and shamrocks. I asked if she has decorations for every special event and she said yes and wait until we see all her Easter stuff taking up room in her garage.

Vice-president Larry Hills led the meeting as president Diane Kirol is vacationing. He announced that the April event will be the Paso Fino horse show on April 10 at 10 a.m. (For tickets or information call Diane at 854-8152).

After refreshments, the packed room was entertained by the Golden Troupers, some of whom sang ballads made famous by crooners such as Frank Sinatra and Dean Martin. An ensemble cast performed skits, and the afternoon ended with a rousing rendition of "Elvira," belted out by Nina Ferguson who cued the energized audience about when to chime in.

On March 15 club members gathered for lunch at Candler Hills Restaurant, followed by a tour of the model houses.

The next meeting will be on April 12 at 2 p.m. in Suites G and H of the Arbor Conference Center. ☺



Diabetes Support Group
Lennie Rodoff

We are continuing to have lively discussions at our monthly meetings. Although our meetings are small, we have a dedicated group, always willing to help the other members.

At the last meeting, we talked about how to fit in the "small meals" that we are supposed to eat during the day. Several good ideas were presented, and we all started thinking about additional options.

If anyone is interested in joining our discussions, we meet on the fourth Tuesday of the month at 4 p.m. in Suite G of the Arbor Conference Center. We had a change of room, so please make note of that.

If you have any questions, please call me at 291-7508. ☺

Who in the World!
By PAT WELLINGTON



Clue
This mystery lady (age 9 1/2 here) struts her stuff at Happy Hour. See Page 31 for answer.

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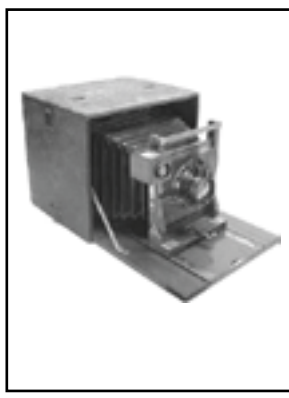
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"I now have confidence! Since coming to Town & Country Physical Therapy, I am steadier on my feet than I have been in years." M.H.



Shutterbugs Photography Marilynn Cronin

During January and February, Tom Frostig covered the organization of our photos in the Adobe Photoshop Elements program, which certainly makes it easy to label, organize and quickly find your photos.

In March, he taught on the simple editing of photos discussing exposure correction, saturation and hue adjustments, sharpening, red eye and cropping of photos.

We were rained out of our "shootout" of downtown Ocala on Feb. 13, so it was rescheduled to Feb. 27. The group split up and took many photos covering the square and neighboring streets and shot photos of the architecture, people (i.e., local colorful characters, the

hot dog lady, each other), murals, the painted horses, etc. It is such a wonderful place to take photos — we'll have to do it again along with another trip to the zoo!

On March 14, a group went to Stumpknocker's for an early dinner and a river cruise with Capt. Mike. We then went to the Double Diamond horse ranch on March 27. (We will cover these trips next month.) Some of our other upcoming "shootouts" will be black and white photos, church interiors, flowers, and the painted horses scattered around Ocala.

At the first Tuesday meeting of each month, we each share a few of our photos taken at a recent "shootout" or something we did on our own. These shootouts are a great way to learn and see how we all frame/see the same subject from different perspectives. The third Tuesday is a class on Photoshop Elements or some other member-driven topic.

ShutterBugs is not a club for digital camera users only. We also have film aficionados and hope more will join. This is a member-driven club and if classes on lighting, filters, use of your camera, etc. are wanted, we will arrange them — of course, members are more than happy to help one another at any time. Just ask! Those with scanners can also get help with scanning in their old photos and/or negatives.

The ShutterBugs meet at 3 p.m. on the first and third Tuesday of the month in Suites B and C at the Arbor Conference Center. All On Top of the World residents at all skill levels are welcome to join.

If you would like more information about ShutterBugs, please contact Gary Uhley at 854-8536 or e-mail him at guhley@cfl.rr.com.

View from the Library Peggy Greer

There is a set of books here at the library that I'm afraid you might overlook. They aren't very big; they are about 200 pages each, give or take a few. They are in the fiction section, down near the floor. It would be so easy to ignore them and I almost did.

Last year my friend, Barbara, gave me book No. 1 of the series. It sat on my table for weeks, and all the while Barbara kept pestering me to read it. Her enthusiasm was NOT infectious! I really wasn't interested in reading a fiction about some little woman in Botswana who starts a detective agency. Whoever heard of such a thing!

Fortunately, Barbara's persistence overcame my pre-judging of this little jewel. After reading the first one I made the trip up Highway 200 to Barnes & Noble to purchase the entire series, not once but twice. I wanted to give the series to my daughter for Christmas.

Alexander McCall Smith writes the series I'm talking about. I had never heard of him before but I will seek out his books from now on. Smith is a Scotsman who was born in Zimbabwe, educated in Scotland, and then returned to Africa where he taught law at the University of Botswana for many years. He and his wife now live in Scotland.

Mma Precious Ramotswa is the main character in the series. Don't be intimidated by her last name because these books are full of names you won't be able to pronounce but that won't distract from the message of the stories. Precious will capture your heart and teach you all the little lessons in life that we have either taken for granted or forgotten.

While solving cases at her "No. 1 Ladies' Detective Agency," Precious contemplates such issues as patriotism. She loves her country and sees beauty everywhere. Through her eyes, you will see a part of Africa that no travel agency can show you.

The profound way Precious considers people and relationships is both witty and touching. For a person who has not received a higher education, she is very wise and steadfast in her beliefs. She has a calming personality and is someone you would love to sit with while sipping red bush tea.

The main story is not the crimes she solves but the way she solves them. Although the books are fiction and have an element of mystery to them, I consider them to be subtle lessons in philosophy.

Smith has written seven books about Mma Precious Ramotswa and the titles are: "The No. 1 Ladies' Detective Agency," "Tears of the Giraffe," "Morality for Beautiful Girls," "The Kalahari Typing School for Men," "The Full Cupboard of Life," "In the Company of Cheerful Ladies" and "Blue Shoes and Happiness."

Book number 8 is being released in March of this year and it is titled "The Good Husband of Zebra Drive."

one of their best. The Good Spirit Foundation of Citrus County helps young people through a variety of services including summer camp, family and individual counseling, job opportunity programs and scholarships for education. Some of their young people stay with them and play the drums right on through college or they return as counselors. The Southern Club has invited the Steel Drums for the last three years. We have watched Alex progress in playing the drums and he brought the house down with his rendition of "Wipe Out." It is wonderful to see the youth of our counties playing so well. Watch for them next year at the Southern Club!

Next month we will have a slate of officers for the coming year. So bring your covered dish and join our Southern friends. Brush up on your singing of Dixie. We want to be heard all the way to Avalon and Candler Hills. We will meet in the Health & Recreation Ballroom at 5:30 p.m. on April 5 for dinner, a short meeting and entertainment.



Southern Club Charlotte Hancock

March is here and it is time to celebrate St Patrick's Day. The Southern Club decided to have corned beef and cabbage with potatoes, carrots and onions. Our own head chef, Ed Beck, cooked eight briskets; Jean Monroe, two; Charlotte Hancock, two; and Edith Owens, two. Ed Beck furnished the cabbage and carrots. They were delicious and truly straight from the garden of Ed Beck.

The other members brought side dishes that complimented the corned beef and everyone had a great meal. We thank you each and everyone for your contribution to this meal. It was so good we may do it again sometime.

Just a reminder to all our members that election time is coming. Why not jump in with both feet and become an officer or chairman and help the club move forward and have a great time. This is a way to meet the members of the club and, who knows, they may be your neighbor.

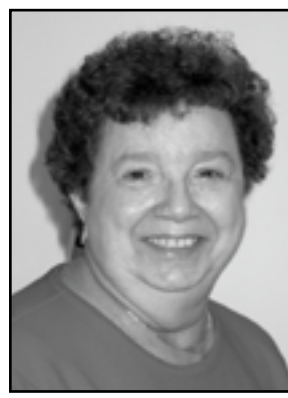
The Steel Drums are truly "Amazing." I am sorry if you missed their performance; it was

Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term — walkers, crutches, canes or wheelchairs.

If residents would like to donate equipment, it would be most helpful.

For more information, call the Health & Recreation Department at 854-8707.



Women of the World Charlotte Hancock

The Women of the World Fashion Show was fantastic. The fashions were provided by Beall's Department Store. They were trendy and flirty. The red pants suit was beautiful. The brown polka dotted skirt with brown jacket was just gorgeous. It was delightful to see someone take their hat and match it perfectly around a pink, yellow and orange top with white shorts. The lovely models were our very own Women of the World members.

Thanks to Chuck McDonald, manager of Beall's Department Store, for his kindness and patience while our models selected clothing. Everyone attending the fashion show received a coupon for 15 percent off any regular priced merchandise at the Beall's store located at 9598 S.W. 114th St., Ocala. I wonder if they have that pantsuit in my size?

A sold-out crowd of On Top of the World residents enjoyed a wonderful lunch provided by the Friendship Catering staff. We dined on a choice of chef salad or a plate of shrimp, tuna and chicken salad on a bed of lettuce with tomatoes and cucumbers. Cheesecake was the dessert.

The baskets donated by members of Wom-



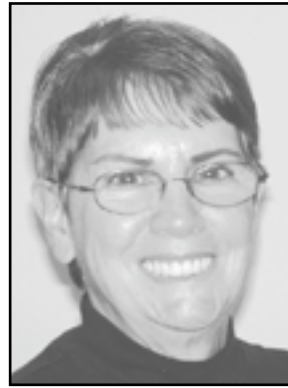
Photo by Larry Resnick

Bonnie Heinlein models a swingy outfit during the Women of the World fashion show in March.

en of the World were more beautiful than ever. We had 48 baskets on the raffle table and squeals from the winners told us they were full of goodies.

The Women of the World donated \$2,380 to Hospice from the raffle of the baskets and sale of tickets. If you missed this fashion show, watch for us next year about this time and get your tickets for a worthy charitable organization.

The next meeting of Women of the World will be April 6 at 1 p.m. in Suites F, G and H of the Arbor Conference Center. Griffin's will be our guest, giving us tips on decorating our homes. Don't forget our furry little friends and bring blankets, food, etc., for SPCA, which will be our charity for the month of April.



100 Grandparents Barbara Greenwood

Due to the FCAT testing, we missed visiting Romeo Elementary School in March. We will be back on schedule Thursday, April 12. As always, we'll meet in the parking lot of the Health & Recreation Building. The new time to be there is 9 a.m.

We are pleased and grateful to Mrs. Coy, assistant principal of the school, for setting this up with the bus depot. Doug, our school bus driver, has been very punctual; so please plan on being there on time. We do not want to leave without you.

The 100 Grandparents are very much involved in the Food-4-Kids backpack program and will continue to be throughout the school year. Each month, we ask our volunteers to buy one or two extra food items when doing their food shopping to contribute to Food-4-Kids. Our group members can be very proud of themselves for their part in this very important project.

We are especially grateful to the members

of the Stitch Witches Quilters. This generous, caring, well-organized group has adopted the Food-4-Kids program as one of their projects. They bring the much-needed food items to each of their meetings. Jane Geary and Pat Quinlan, members of Stitch Witches Quilters, and members of our 100 Grandparents collect the donations and deliver them to Elliott and Marlyn Barbour, the key people from On Top of the World who take it from there.

Food-4-Kids is a project run by five churches in Dunnellon whose members make up the backpacks and deliver them to Romeo and Dunnellon schools. These schools are part of the Marion County School District, and there are a large number of children in the system in need of this program.

Any and all contributions to help fill this need of our county's children would be greatly appreciated. You may deliver food items to the home of Elliott and Marlyn Barbour, 8680-H S.W. 94th St. You will find a tote on their front porch to drop off your donations. The Barbours deliver all food items to the site where the backpacks are made up.

Canned foods with pop-top lids, desserts or drinks in plastic containers, breakfast bars, small cereal boxes, peanut butter or cheese crackers, are just a few suggestions of what is needed.

To all of the residents who have clipped Campbell soup kids with UPC attached, General Mills, and many other product labels that say "Box Top\$ For Education" or "Labels for Education" and placed them in the "Red School House" under the stairs of the H&R Building, thank you. The "grandparents" and Romeo Elem. School truly appreciate you for taking the time to do this. Each label you donated is redeemed for cash, and that cash goes to a fund held at Romeo to benefit the students for their individual special needs.

Our next visit will be Thursday, April 12. For more information, please call Barbara, 861-2539.

On Top of the World
Communities

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www.ontopoftheworldinfo.com/stayinformed

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Coming Up in May...

Friday - May 11
Kick up your heels at the **Charity Ball & Concert featuring The Center Stage Band.**

Organized by the Ocala Chapter of USA Dance, this semi-formal event will be held at the Ocala City Auditorium, 7:30-10:00 p.m. Tickets are \$10 in advance or \$15 at the door. Call Dennis Rose at 352.425.0500 to reserve your tickets. Proceeds to benefit Hospice of Marion County.

Saturday - May 12
Third Annual Mother's Day Luncheon

Honor the special women in your life at this event catered by Decadence a la Carte, beginning at 12:00 noon at our Education Center on SW 34th Avenue. Tickets are \$20 per person or sponsorship is available. Call 352.854.5218 for more information. Proceeds benefit Hospice of Marion County's Children's Program.

Stephanie's Computer Tip for April

By STEPHANIE ROHDE

A Cautionary Note about Autoresponders

Have you ever sent an e-mail to somebody and immediately received back an automatically generated very standard message such as: "I'm out of the office or on vacation until ABC date," or something similar?

They are popularly used by many but here are some reasons why NOT to use them.

You have no control of who receives your automatic generated response. Anyone who e-mails you will receive your response — spammers, advertisers, x-rated e-mailers, goofy stuff, and anything else that slips into your inbox. By sending that auto response you instantly confirm to the immediate universe that your e-mail address is valid. As a result the amount of your junk e-mail may increase exponentially because your "valid" e-mail address is often quickly sold to other spammers at a premium price. That's the better case scenario. It can be lots worse ...

Automatic responses can in fact acknowledge something that you in fact do not want — some of which you can't cancel without actually canceling your e-mail address.

Sometimes these messages end up going to invalid e-mail addresses which then bounce around on your Internet Provider's server which is a big "NO-NO" and depending upon the circumstances can be grounds for immediate account termination. Even "valid reply" e-mail addresses may have autoresponders which can create automatic messages back and forth between your computer and theirs all day long — another big "NO-NO" and grounds for account termination.

As far as Internet safety goes it is not a good idea to let the immediate universe know you will not be at home or that your dwelling will be vacant. Many individuals have been victimized while out of town thanks to an automatic response; e-mail addresses are in many databases that have real physical address information as well.

Consider e-mailing directly those who need to know you will be out of town. And remember if you are e-mailing more than one e-mail address; e-mail the message TO you and BCC every-one else!

This tip brought to you by End The Clutter ETC
Please use any and all information at your own risk.
www.endtheclutter.com or www.lulu.com/endtheclutter



Photo by Jim Lynam

This plane, a very large (1/3 scale) Ultimate Biplane, is an example of the large planes that will be featured during the R/C Flyers Fun Fly on March 31.



R/C Flyers
Jim Lynam

No April fooling!! Don't forget that the "Big Birds" show is being scheduled for Saturday, March 31. Registration will begin at 8 a.m. with flying to start by 9 a.m.

The event is an IMAA official meet that requires the aircraft to be very large: minimum 80-inch wingspans for monoplanes and 60-inch for biplanes. Participants have been invited to attend from throughout the southeastern United States and of course Florida.

Doug Ensley, contest director, wishes to invite all On Top of the World residents to see the show, so bring your lawn chairs and a friend on March 31 and see the "Big Boys" fly!

The club would like to thank Bob Emery for his dedicated service to the club serving as president and secretary in past years, and wishes Bob the best of luck in his new endeavors. Larry Riehl will assume the duties of president, and Chuck Frederick will become the appointed vice president for the remainder of the year.

The On Top of the World R/C Flyers would like to welcome Bob Sprigg and Edwin Red-

mond, as our newest Model Residents at On Top Of The World. The club wishes the best of Lifestyle with Altitude to Bob and Edwin. Members going north for the summer are reminded to give Les Kuntar or Norm Wiley your e-mail and/or address while absent from On Top of the World so the club may keep you informed about events and important business items.

At the March meeting, several members participated in "show-n-tell." At the end of the meeting, Herb Brokhof gave a demonstration of various covering techniques used for model aircraft. Several club members showed an interest in forming a local chapter of the Society of Antique Modelers (SAM) and were pleased to show some of their old-time aircraft to the other club members.

All On Top of the World residents are always welcome to visit our R/C Model Airport. The view is beautiful and it is just plain fun to watch our members fly model aircraft. The field is located just past the Arbor Club at the end of Southwest 94th Street. A sign at the end of the pavement provides directions to the field. Each one of our members would gladly explain how these aircraft operate and discuss the possibility of new persons entering the hobby. Learning to fly radio controlled model aircraft is easier with the help of our friendly club instructors.

Club applications are available at the flying field or from any club officer. The On Top of the World R/C Flyers meetings will be held on the first Monday of each month (April 2) at 9 a.m. in the Arbor Conference Center, Suites B and C.

As a safety reminder, in compliance with liability insurance, the club asks that all spectators and visitors to the field must remain behind the fence line, and are not allowed in the pit area. Remember: Safety is No Accident!

The On Top of the World R/C Flyers extend best wishes to everyone during the celebration of Passover and Easter! ☺

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Owner - Jeff Correa

American Jewish Club

Erwin Fluss

There will be a guest speaker on Thursday, March 29, at 6:30 p.m. in Suites E and F of the Arbor Conference Center. The speaker will be Einat Dahari, who was a former member of Israeli Defense League. The topic is "Israel Today."

Members of the club will go on an exciting cruise on a 24-foot pontoon boat down the Rainbow River on April 17. The tour will be for one hour and 40 minutes, "alive with nature and music."

Call Sandy Wolf for more information at 861-5674 if you are interested.

At our regular meeting on Sunday, April 15, we will be entertained by members of the Golden Troupers from the Ocala Civic Theatre. The meeting will be at 2 p.m. in the Arbor Conference Center. There will also be discussion on seeking officers for next season.

As always, the club welcomes all members of the Jewish community and their spouses. We meet on the third Sunday of each month. Our sunshine lady, Dorothy Bresky, is available for questions after 4 p.m. at 854-0284.

Have a happy Passover and enjoy On Top of the World. ☺

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Photo by Paul Nistico

A ruby-throated hummingbird.**Birders' Beat**
Jane Callender

The Unique Birders will meet at 1:30 p.m. on Tuesday, April 17. We meet in Suite H at the Arbor Conference Center.

Our host for the meeting is Anne Wallenstein. Mr. Mendinal will speak and show a film about Crystal River waterfowl and nature background of the area. The April field trip is Thursday the 26th. Betty and Ron Broman will lead a trip to DeLeon Springs.

February's field trip was to the Eagle Snag Trail at Citrus County Landfill. Anne and Conrad Massa led this trip to a great site! Lots of eagles, gulls, vultures and songbirds. Thirty-two species were identified. This site is open to the public on a daily basis.

The March meeting about Owls-Ocala, Inc./Ocala Wild Life Sanctuary was presented by Joanne Leigh. Margitta Claterbos led the March field trip to the Lake Weir Rookery (courtesy of the environmentalist Don Browning).

The March activities will be reported on in the May World News ... and April news in June! For more information on our club's activities, please call our President, Roberta Campbell at 854-4814, or me, at 861-2983.

There have been questions about hummingbirds in this area. Unfortunately we have very few, with the ruby-throated being the most common. Most bird books show the ruby-throated being the predominant hummingbird in the East, with a few others as "accidentals."

The ruby-throated hummingbird is a tiny, iridescent green bird with a black throat that reflects bright ruby red in the sun. The female and juvenile lack the throat patch. It is the smallest bird in Florida. It is able to hover, fly up and down, and the only bird to fly backward!

The tiny nest is created with plant material and spider webs, gluing pieces of lichen on the outside for camouflage. The female builds the nest, lays two white eggs, with one to two broods per year.

The hummingbird is attracted to red tubular flowers, and we all wish they were more attracted to our part of the country! ☺



Photo by Ron Broman

So have you figured out where in On Top of the World this wax myrtle hedge is growing?**Native Plant Club**
Ron Broman

"Eureka!" he was heard to say
And streaking he did go
"I've found it!" Archimedes yelled,
But it's a pawpaw I now know!

Last month I was "not willing to say for sure which "pawpaws" we have here. Thanks to the ongoing seasons and my friend Bob Riedeman, one of our Asimina species has been identified. It's *A. angustifolia*, slimleaf pawpaw. The clincher was the pre-emergence of the leaves vs. the blossoms. Right beside the one we identified, however, is another whose

blossoms were coming out before the leaves. That one is yet to be identified. Stay tuned.

Now it's your turn to play the I.D. game. I'll provide some clues interspersed between bits of information you may find interesting, as I did, from the Internet.

Our mystery plant is a shrub or small tree "often found on sandy sites along the coast, [but also in] a wide variety of sites from swamps to upland woods. (1) Three features make it a popular ornamental: It has dense, attractive evergreen foliage; is a fast grower, and responds well to pruning.

Any ideas yet? Here are some more clues. The leaves are alternate, shaped like a lance but with the wider part at the tip (apex), and toothed toward the apex.

Many tiny flowers appear in early spring at the leaf axils (where the leaves meet the stem). The flowers give off a fresh sage-like aroma.

The fruit, also in great profusion, are small, round, waxy, bluish drupes. (2)

Did you get that part about the waxy berries? Pioneers fashioned candles from them. So did the Swiss Family Robinson. (3) The wax is a high-energy food source for the birds in the winter.

"Like legumes this plant fixes nitrogen and is able to thrive in infertile soil." (2)

Now we're getting to the "nitty gritty." "The aromatic compounds present in ____ seem to repel insects, particularly fleas. It was planted around southern homes to help keep living spaces pest free. A sprig of ____ in a closet or

drawer is reputed to keep roaches out." (1)

"The wax coating on the fruit is indigestible for most birds "except the yellow-rump warbler in North America." The energy-rich wax enables the yellow-rump to winter further north than other warblers (if there are ____ present).

By now you probably know that our mystery plant is the Bayberry, wax myrtle, southern bayberry, or southern wax myrtle. The botanical name is *Myrica cerifera*. *Myrica* in Greek means perfume. (4) Now it all makes sense, except for the cerifera. (I'll check that out later.)

(*Myrica* is also the name of the flat panel TVs produced by Fujitsu Siemens Computers which I'm sure you knew already.)

In Denmark, *Myrica* is used to spice beer and snaps. I figure you could have guessed that.

So now that you've figured out that our mystery guest is the wax myrtle and you've gotten out those bayberry candles you've been saving for just the right moment, it's time to see if you can identify just where in On Top of the World this picture was taken.

Thanks, Ken, for adding Southern Wax Myrtle to the palate of natives here in our beautiful On Top of the World!

Jim Buckner, instructor/naturalist at the Silver River Museum, shared his expertise on sandhill and scrub ecosystems, identifying not only many of the plant species found in each, but also several of the dependent critters. Once again it's up to each of us to learn as much as possible about our precious natural systems. Only then can we work adequately to preserve them.

Our April meeting will be a bit different from the norm. We will meet at the regular place, the Arbor Conference Center, on Wednesday, April 11. The time will be 1:30 p.m. There we will join carpools and drive to the Taylor Gardens Nursery. Once there, Guda and David Taylor will provide us with a hands-on workshop in plant propagation. This should be a wonderful opportunity to feel the joy of Growing Native!

(1) *Floridata Article by Jack Scheper 4/2/97 revised 1/5/03*

(2) *The Trees of Florida by Gil Nelson Pine-apple Press 1994*

(3) *Wikipedia*

(4) *Journal of Ecology, 2000 Dept of Biological Science, University of Dundee, Dundee DD1 4HN Scotland, UK*

Perfect Plants for Marion County

Good news for recent Florida residents! Mark your calendar for Wednesday, April 25, from 9 to 10:30 a.m. at the Education Center to attend a presentation "Perfect Plants for Marion County" to be given by our favorite gardening guru, Kathleen Patterson.

Then the next day, April 26, she will tell us about "Florida Botanical Gardens" from 9 to 10:30 a.m., also in the Education Center.

Kathleen is a Florida Certified Horticulture Professional, Certified in Private Pesticide Applications and has been a Marion County Master Gardener for eight years. Her knowledge of what is best for Marion County gardeners has been attained by her own experience since moving here from Michigan, her delight in all the pleasures of proper gardening and her willingness to share this knowledge with many others.

To be sure you don't miss any of her lectures, phone the Education Department at 854-3699 to reserve a space at these free lectures! For additional information, refer to the latest Master The Possibilities issue available now.

Master the Possibilities

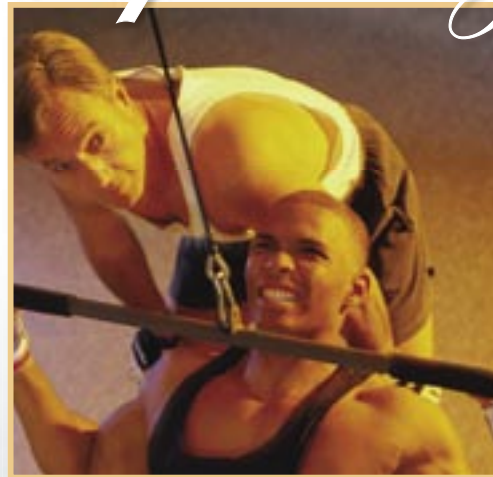
April Classes

(No Fooling!)

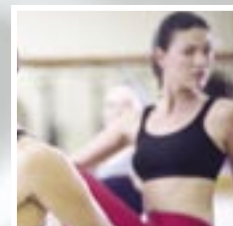
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On Top of the World Bus Schedule

PICK-UP	ROUTE	TIME
Crescent Ridge 1&2	97 th Lane - 99 th Ave. - 96 th st.	8:57 am
Americana Village	89 th Ct. Rd - 85 th Terr. Rd.	9:02 am
Friendship Village	96 th Lane - 84 th Terr.- 93 rd St.	9:05 am
Friendship Colony	83 rd Terr. - 90 th st. - 87 th Ave.- 97 th St	9:05 am
Friendship Park	97 th St. - 94 th Lane	9:07 am
Friendship Village	89 th Ct. Rd.-92 nd st. Renaissance	9:10 am
Williamsburg	90 th St.-91 st Cir. East-91 st Cir West.	9:10 am
Providence	90 th st. - SW 96 th Terr. - SW 92 nd Pl. Rd - 96 th Ct. Rd.	9:15 am
Avalon	Arbor Club	9:25 am
Exit Community		9:30 am

OCALA RUN: TUE,WED, TH, FRI.	ARRIVE	PICKUP
Lowe's	9:45 am	11:20 am
Paddock Mall	9:50 am	11:40 am
Wal-Mart superstore	10:00 am	11:40 am
Target	10:15 am	11:40 am
K-Mart	10:15 am	11:45 am
Gaitway Plaza	10:27 am	11:45 am
Paddock Mall	11:50 am	
Wal-Mart Superstore	11:55 am	1:40 pm
Target	12:00 pm	1:40 pm
K-Mart	12:00 pm	1:40 pm
Gaitway Plaza	12:00 pm	1:40 pm
Paddock Mall (Final Pickup)		1:45 pm
Publix (Final Stop of the Day)	½ hour	
Thursday Grocery Run		4:00 pm
Sam's Club 3 rd Friday of the month.	1:00 pm	2:30 pm
Down Town Square Ocala 1 st Fri. of the month	1:00 pm	2:30 pm
Beal's Dept. Store 2 nd Friday of the month	9:50 am	11:40 am



R/C LadyBirds
Ruth Kuntar

Cheers to the Hoofin' It For Hospice team. "Hoofers" Gloria Scicluna and Hedy Schamal, Rene Beck, Alice Robbins, Janet Sorensen, Nancy (and Paul) Dreimiller, Rita Mandl, Millie Mobley, Carolyn Millard, and Jean (and Stan) Jarmel raised a whopping \$581! An additional \$94 was raised as a result of the raffle of a stained glass piece donated by Rene Beck, and A. Tina Chandra, DDS, was the largest supporter. A million thanks goes to each of you and your sponsors for representing the Lady-Birds in this worthwhile cause.

Now that you have all those Rags to Riches treasures piled up to the sky, get ready to deliver them to either Rita Mandl (873-7702) or Peggy Trousil (861-1524). Watch your e-mail for the details. Thank you, Rita and Peg, Shirley Shellman, Cathy Fanelli, Tekla Krause, Marianne Boone, and Nancy Dreimiller for assisting with the Rags to Riches sale on Friday, April 13. You're a great team! And, immediately following the Rags to Riches sale, Cathy Fanelli (390-3407) has arranged for lunch at the new Chili's. Thanks, Cathy.

The slate of officers for election in April is announced as follows: Cathy Fanelli, president; Doreen Burosh, vice-president; Peggy Greer, secretary; and Ruth Kuntar, treasurer. Please feel free to contact Mary Jo Wiley (369-5548) with any questions and concerns or to enter your name on the slate.

Wonderful memories of ice skating every winter night with floodlights on the pond and a warming shed, and of watching the huge ships pass through the bay on their way to Detroit belong to this month's LadyBirds' spotlight, Mary Jo Wiley. Born in Bay City, Mich., she met her husband, Norm, on a blind date.

They married before he graduated from college and were blessed with their first son. A job offer with Alcoa led the Wileys to Tennessee where another son was born. A job transfer took them on to Davenport, Iowa, where their only daughter was born on the coldest and iciest day of the year. Mary Jo says this daughter "quickly warmed up the Wiley household with her sweet personality." Shortly after her birth, another job transfer took the family to Troy, Ohio. Here their third son was born. (Does anyone see a pattern here?) It is in Ohio where the family spent many happy years, and Mary Jo went to work there for a local camera store. She spent all of her earnings on photographic equipment and professes, "It was a good thing I didn't work for a jewelry store!"

The next move was to Pittsburgh and life in a big city. Here Mary Jo worked the temporary job circuit because it was a good fit for the busy schedules of four growing children still at home. She was assigned to a different company every few weeks. Some of her diverse employment included typing communications in French, a short spurt at Westinghouse in human resources, and an assignment in the law department at Rockwell Industries. Mary Jo eventually took a permanent position with the company responsible for constructing many of the buildings in downtown Pittsburgh.

Then, it was moving day again, this time to Sydney, Ohio. The children were beginning college, and Mary Jo began a new career as a medical transcriptionist in a surgeon's office. Five years later Mary Jo and Norm were back in Davenport. Mary Jo continued her medical transcription career from home until 2001 when both she and Norm retired. They purchased a truck and a fifth wheel trailer and "hit the road" for Indiana, Ohio and Pennsylvania locations where their children had settled.

While looking for a winter escape, they considered the Carolinas and also had visited Ocala often because it was the home of Mary Jo's parents. Now, her dad had begun a long-suffering illness and her mother needed help and support. So, in 2003, Mary Jo and Norm bought a villa here at On Top of the World. Her mom lives next door, and her dad is currently in a nursing home.

In addition to holding the office of president of LadyBirds, Mary Jo has been an avid quilter for the past 20 years. She also enjoys knitting and reading and will forever be credited for the successful undertaking of the first LadyBirds' cookbook, "LadyBirds and Friends Favorite Recipes." A job very well done, Mary Jo. Thanks for sharing this slice of your life with us. ☺

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German American Club
Ruth Felschow

At our last meeting, we welcomed Joe Reins as a new member.

Our upcoming boat ride at Stumpknocker's was discussed and a preliminary date of May 3 was picked. Final information will be announced at the April meeting.

We received some late contributions for the Marion Hospice and the total donation from our club came to \$135. We all enjoyed a potluck dinner. Thank you to all members who helped to make this a delicious meal.

For the next meeting a game night with light refreshments is planned. It will be on April 10 at 6:30 p.m. in Suite D and E at the Arbor Conference Center. Our club is open to all residents of On Top of the World. For information call Ernie Liebow at 854-5679. ☺



SPCA
Genevieve Mallardi

A donation of \$450 was given to several counties and a shelter for the care of pets affected by the tornadoes.

Leo Richards, who is on the Marion County task force, informed us of the caring and improvements of the animals at the Marion County Animal Control Center. He also stated a new shelter is on the way to us in the near future.

In April your S.P.C.A. will once again be at the Rags to Riches sale with their coffee and doughnuts and 50/50 chances. If you haven't had an opportunity to dig in to one of our doughnuts, now's your chance. You are truly missing something.

In May, Mr. Ralph Mills will speak on the topic "Guide dogs walking with the Blind."

June will be our last meeting for the summer and we will close with a short meeting and a picnic.

There will be no meetings in July and August but we will be available for anyone who needs us. ☺



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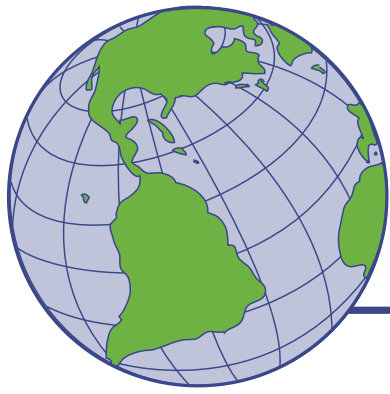


Photo by Larry Resnick

Bob Eubanks brings his 'Newlywed Game' to the Cultural Center.

On Top of the World Whoops It Up at Cultural Center

By MARY PAT GIFFIN
WORLD NEWS WRITER

"You don't stop laughing because you grow old. You grow old because you stop laughing." — Michael Pritchard

Laughter filled the Circle Square Cultural Center for the Newlywed Game Show with host Bob Eubanks recently as he shared his most outrageous game show moments and observations on relationships. Few in the audience never watched this No. 1 daytime television series, which was considered a "dirty show" during the four decades that it entertained us growing up.

"Never let the parts become bigger than the whole," he advised the audience and warned them "not to blow out my candle to make yours brighter." He told the men, "don't talk about your past girlfriends" and to the ladies he reminded them, "You're married to the biggest babies in the world. Don't criticize their mamas and don't question our

manhood." These words of wisdom were complimented by footage of couples from his popular show.

Then the real fun began when Eubanks introduced four couples as contestants to the not so newlywed game: Vivian and J.C. Brown, longtime residents of On Top of the World, married 55 years; Angie and Eddie Esch, both employed by On Top of the World, married just 16 months; Garry and Mariam Gerlach, Candler Hills residents, celebrating 30 years of marriage; Bill and Carol Horton, also Candler Hills residents, married three years.

While it's usually the "edgy" questions and responses by their spouses that makes the audience laugh, this evening the belly laughs were created by the expressions on Carol Horton's face.

"Carol does not want to be here," her husband announced, as a matter of fact, as they took their seats on stage. That was an understatement. Lips

➔ Continued on Page 38

Rewind Performs at Sholom Park Concert Series

By DAN ROBINSON

The Golden Age of Rock 'n Roll will be the April concert at Sholom Park.

The 2007 Sholom Park Concert Series will present a free concert at 1:15 p.m. Sunday, April 29, starring Ocala's own Rewind, The Band. Note the earlier starting time to allow the band to keep an evening engagement down south at The Villages.

Rewind has been a favorite in Central Florida for nearly a decade. This trio of talented musicians is not only accomplished on their instruments, but their vocal abilities both solo and in their harmonies are one of Rewind's trademarks. Versatility is another of Rewind's trademarks, so if oldies, rock & roll, classic rock, southern rock, Latin, blues or country is what you want to hear, you will definitely enjoy Rewind, The Band.

Rewind has recently shared the big stage with country music award winning stars Willie Nelson, Leann Rimes, Travis Tritt and Brenda Lee. They have also performed with big name popular music stars such as Gary Puckett, Neal McCoy, Gary Lewis and The Playboys, and The Temptations, to name a few.

The stars of Rewind, The Band, are Greg Pando on guitar and vocals, Billy Arriaga on drums, percussion

and vocals, and Rick Warsing on bass and vocals. For more information on the band you can find them at www.Rewind.cc.

At this program we will be introducing a new feature for the Concert in the Park Series, "Arts Around the Pond." Local professional artists hailing from Alachua, Marion, Lake and Sumter counties, who are active in a number of art groups in Central Florida, are looking for additional avenues to exhibit and share their work with the community. We are adding art exhibition on the day Sholom Park hosts the musical event. As these individual artists work out of home studios and have limited gallery space in the area, we are working with them to develop opportunities for exposure of their work in settings that compliment their creative and peaceful energies. Sholom Park is such a venue, and it is with great honor that we want you to come early, stay late and enjoy some of our local talent.

Visitors to the park on the day of the art show/concert could enjoy not only the park's beauty and wonderful paths but view the work of various artists from Central Florida as well. Yes, some artists will be painting en plein air or demonstrating their unique craft as well as display-

ing their finished works under their small tents. Sales of the artwork are not permitted at the park so prices will not be posted. Business cards and/or bio sheets can be offered to interested visitors if requested. Bring a folding chair or blanket

Want to Go?

Rewind at Sholom Park
1:15 p.m. Sunday, April 29
Free



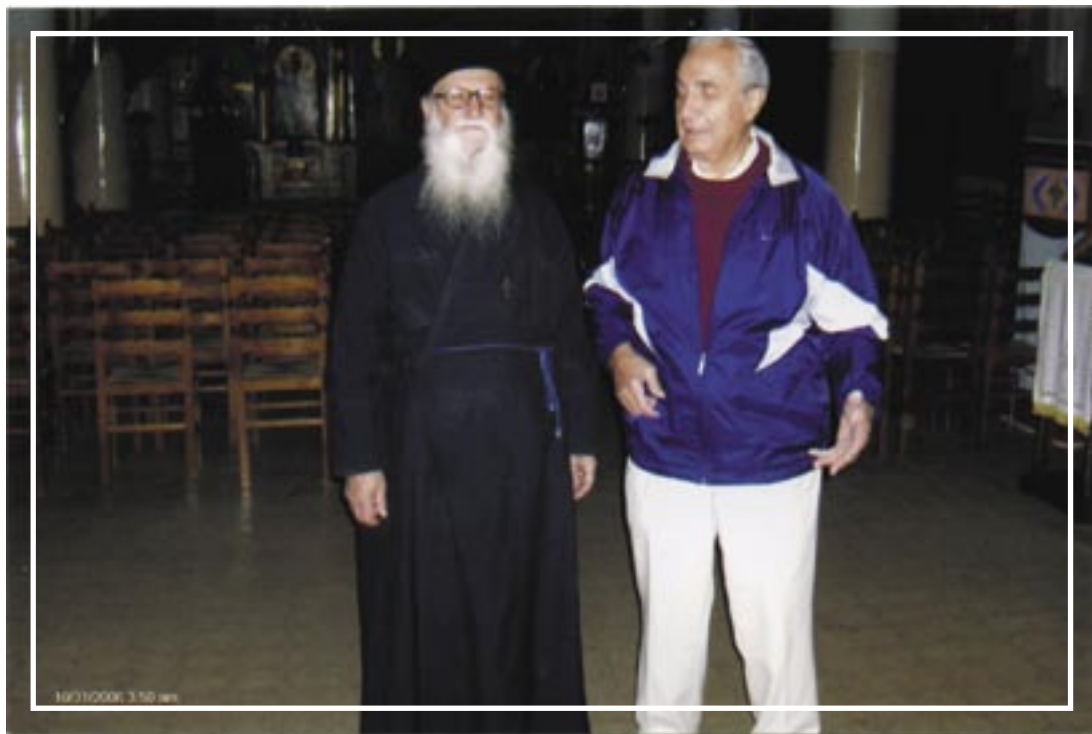
Rewind band members are Greg Pando, Billy Arriaga and Rick Warsing.

ing their finished works under their small tents. Sales of the artwork are not permitted at the park so prices will not be posted. Business cards and/or bio sheets can be offered to interested visitors if requested.

Bring a folding chair or blanket

for your comfort, but please do not bring food, drink, coolers or pets. Light refreshments will be available for purchase, and limited handicapped parking is available for those who arrive early. While the concert is free to the public, we encourage

yo donations on behalf of the Horticultural Arts & Parks Institute, Inc. (HAPI). Sholom Park is at 6840 S.W. 80th Ave. (off SR 200), near On Top of the World in Ocala. For more Sholom Park and HAPI information, go to www.hapi-info.org.



Steve Kallas enlists Priest Georgis Alex Birbas to help trace Steve's family in Greece.



Alexander Kalliakoudas' beautiful Kalavryta, Greece.

A Modern Greek Odyssey

By PAT WELLINGTON
WORLD NEWS WRITER

When he was growing up in Ohio, On Top of the World resident Steve Kallas remembers his immigrant father speaking often about his remote mountain village in Greece — Kalavryta. Sometimes he would sigh and say, "Kalavryta — fantastiko."

Then, during World War II, occupying Germans destroyed his father's village and massacred all its older boys and men. Steve, a Battle of the Bulge hero, was serving in the military at the time and didn't know about this until after the war. By then his father, Alexander Kalliakoudas, who had emerged from Ellis Island 30 years earlier as Alex Kallas, was completely out of touch with family in Greece, communication from the outside world having been difficult if not impossible.

For years after his father's death in 1964 Steve felt a gravitational pull to Kalavryta to search for surviving family and honor his father's memory. Last October his Greek odyssey finally began.

Accompanied by seasoned travelers and close friends, Merrill and Caroline Smith, Steve left JFK on Oct. 28, 2006, for a venture he hoped would illuminate the mystery of whether the Kallases in Kalavryta had survived the massacre.

But the quest would not be a straight shot. Timing and local customs would complicate the venture.

Merrill had arranged for a rental car to take them from Athens to Kalavryta. But the car, with scarcely enough space for carry-on luggage, had two flat tires and little gas. They arrived on Saturday, a Greek holiday when many gas stations were

closed. Luckily, the rental agent found one open station where they gassed up and filled the tires with air.

Their first scheduled stop was Club Med in Marathon where the Smiths had a timeshare. But their directions proved inadequate, forcing them to stop often to ask for some. (In Greece maps are sold in bookstores which close on holidays.) After backtracking and going through the same tollbooths three times, the weary travelers arrived at beautiful Club Med within sight of a sea-swept beach, a perfect place to rusticate after a long flight.

Though the plan was to leave the following day for Kalavryta, they had yet to receive their checked luggage. Though

➔ Continued on Page 38



**Director
of Golf**
Jeff McDonald

On Top of the World

I would like to thank all of you for the great support that you are showing Nick and the staff at the On Top of the World golf shop this season.

Sally, Nick and myself had a blast at the ladies luncheon with the LGA in March. Thanks for including us in the table game as well. I know that all of you will look lovely in your new team shirts!

Remember the monthly golf trips! This month we will be traveling to the Silverthorn Country Club in Brooksville on Monday, April 23. We can only take the first 38 members who sign up. You will need to meet us there and lunch will be served in the Palmer Room at 11:30 a.m. Our group will begin to tee off at 12:44 p.m. I hope that you will take advantage of this opportunity to play a good course and eat for only \$45. I look forward to spending the day with you. You will have three different choices for lunch.

Hopefully our new restroom facility on the Tortoise & Hare course at hole No. five will be ready to be used this month.

Andy and his staff will be working hard to move out the winter grass; so prepare yourselves for several weeks of transition. This means we will need to aerate the courses and other annual maintenance programs that frustrate the golfers but are extremely necessary.

Andy is also trying to secure equipment that will allow us to mow the rough on a more

timely basis this year. I will keep you informed when I know for sure.

We should also be starting the remold of hole No. 10 sometime soon. Again we will let you know as soon as we know.

Candler Hills Golf Club

I would like to thank all of you for allowing us to host the Ocala Open in March. The tournament was a huge success! For those of you who did not see the results printed in the Ocala Star-Banner, here they are:

The 2007 Ocala Open Champion

Rod Perry: Winner: 68-64-67 — 199
Rob Johnson: 65-70-66 — 201
Matt Every: 66-66-69 — 201
Joe Deraney: 71-66-67 — 204
Brad Klapprott: 69-66-69 — 204
Derek Lamely: 71-70-66 — 207
Brenden Pappas: 70-68-69-207
Ted Potter: 70-71-68 — 209
Don Donatello: 67-69-73 — 209
Charlie Delsman: 70-70-69 — 209
Matt Borchert: 67-70-73 — 210
Roger Rowland: 70-68-72 — 210
Travis Hampshire: 72-68-70 — 210
J.D. Tibbits: 72-68-71 — 211
Jason Hickman: 70-71-71 — 212
Gene Bodemer: 67-73-72 — 212
Brian Omelia: 67-70-74 — 213
Ben Bates: 70-72-71 — 213
Ted Smith: 65-77-71 — 213
Ulrich Weinhandl: 70-71-73 — 214
Emilien Chamault: 73-69-73 — 215
Kenneth Staton: 71-71-73 — 215
Hayes Farley: 74-68-73 — 215
John Balmer: 71-70-77 — 218

All of the players wanted me to thank you for allowing them to play Candler Hills.

Remember the monthly golf trips! This month we will be traveling to the Silverthorn Country Club in Brooksville on Monday, April 23. We can only take the first 38 members to sign up. You will need to meet us there and lunch will be served to us in the Palmer Room at 11:30 a.m. Our group will begin to tee off at 12:44 p.m. I hope that you will take advantage of this opportunity to play a good course and eat for only \$45. I look forward to spending the day with you. You will have three different choices to choose from for lunch.

You guys are great! ☺



**On Top of the
World Golf**
Nick Montanaro

Dear On Top of the World golf residents, I'd like to present the general golf course rules.

- The management of On Top of the World Golf Course will support the starters and ragers with full authority to enforce all rules and pace of play issues.

- All players and guests must register in the Golf Shop before beginning to play.

- All play originates from the first tee unless directed by the golf professional staff.

- A maximum of two people allowed in a cart (one cart per twosome, two carts per threesome or foursome).

- Carts should observe the 90-degree rule in the summer and stay in the fairway during

the winter. Carts should also stay on the cart paths around tees and greens.

- Please repair all ball marks promptly when reaching the green.

- All golfers must have their own clubs and bag while playing

- Please do not use the golf course as a practice range. Play one ball only.

- All golf carts must have a current cart decal showing a valid permit with ID number.

- Each player is requested to repair ball marked, fill divots with sand and rake bunkers to ensure excellent playing conditions for all golfers.

- Dress code: Men: Shirts with sleeves and collars. Slacks or mid-length shorts. Women: Blouses with a collar do not need sleeves. Blouses without a collar must have sleeves. No denim of any kind!

Thank you for your attention to this matter!

Accomplishments

- Howard Sale shot 84 — he is 87 years young!

- Linda Bervinkle eagled No. 7 at Candler Hills.

- Al Briguera had a hole in one at No. 5 on the Links.

- Lew Berry shot 88 — he is 88 years young!

- Ken Cotte hole in one No. 5 Links!

- Dick Hess shot 92 — he is 93 years young.

- Ray Hellman eagled on T&H on No. 7.

- Rich Schitler eagled on No. 18 Links.

- Frank Smith eagled on No. 3 Links.

- Tom Pzek eagled No. 12 Links.

- Tim Enos eagled No. 12 Links (grandson of Flo Emanuel and Dan Eddy). ☺



**Start with
the Basics**
Sally Collins

Starting the Forward Swing

The start of the forward swing is the area of the swing where we tend to see a large number of golfers get out of sequence. An accurate way to think of the swing is "the backswing coils from the top to the bottom of the body, while the forward swing begins from bottom to top."

In attempting to hit the ball hard and gain distance, the average golfer tries to swing fast with the arms and hands. That's where the trouble begins! More shaft speed can be generated if the golfer allows the muscles of the torso to be involved.

I find many golfers focus on trying to hit the ball rather than swing the club. The "hitting" thought tends to create more of a chopping motion to the ball rather than a swinging motion through impact.

As mentioned earlier, the lower body is what should be starting the forward swing. First, the target heel should be planted, then the knees begin to transfer the weight to the target leg. This will then trigger the hips to rotate through towards the target. An exercise I like to use with my students is to have the golfer place a golf ball in the front pocket of the rear side (right front pocket for right handers, the left pocket for lefties.) As you swing through, the ball should finish over the big toe of the target foot. This gives you a task to perform rather than thinking about too many steps. The shoulders and the arms then become involved in the forward swing motion.

If the golfer begins the forward swing with the lower body, the arms and hands will automatically drop the club into position without the golfer trying to manipulate the golf club. I like to think of the arms and club staying in front of my chest as I enter the impact zone.

Once contact is made with the ball, it is imperative the golfer continues to swing through until the belt buckle, rear knee and shoelaces are pointing to the target. Also be sure the butt end of the club is also pointed to the target.

Focusing on a solid finish position will often times create a much more fluid and complete swing rather than attempting to over think specific positions of the swing. Picture and rehearse the finish position you desire, then step up, swing and repeat! ☺



**Candler Hills
Golf Club**
Ross Kuntz

Here we are approaching spring with golf in full bloom. The number of rounds played thus far this season has drastically improved over last season. This is a good sign, in that not only are our members playing more, but the outside guests are recognizing that Can-

dlers Hills is one of the better courses to play in the greater Ocala area.

March was a busy month considering all the play we had. The golf course conditions have remained well above average, which means Andy and his crews are going above and beyond — my hats are off to you guys.

The golf shop has been receiving and displaying many of the latest fashions and styles. Stop by and check them out — you might find just the newest of fashions you are looking for.

We welcome On Top of the World residents as well as the general public to stop by the golf shop to view these latest arrivals.

Some of the events going on for April include the following:

- April 18, 19 and 20: North Florida PGA Seniors Open.

- April 24 and 25: MGA club championship.

- April 30: We will host the Rainbow Springs ladies.

With my 42 years as a PGA professional, I feel that if given the chance, I can help you with your golfing enjoyment. Sometimes a simple lesson or just a bit of advice can help improve your enjoyment. Stop by and visit us here at Candler Hills. ☺



**Handicap
Committee**
Patricia K. Del Vacchio

What a beautiful spring/summer On Top of the World day for our March Shamble. I had the opportunity to play with a very special lady, Harriet Brower, and she plays a straight, consistent game of golf. I met two new gentlemen, Mike Drabicki and Joe Rappa, and they were definitely assets to the team. We all know the nice thing about these scrambles is we all contribute somewhere. When someone can't someone else can.

There was a nice group of 84 players and 62 percent were paid. Lloyd Hoefler, Nancy Darichuk, Lee Goss and Jan Moon came in first with a net 102 ... hooray for them! Gene Sohler, Ray Hellman, Carl Arnold and Joan Rappa were a close second with a net 105 ... yeah!

Tying for a close third with a net 107 were P. Perrault, M. Driver, J. Dean, M.D. Yarski and E. Darichuck, R. Myhr, J. Johnson, J. Rice. Net 109 was the score for fifth place: C. Nicholas, B. Bervinkle, G. Huckel, E. Lang and M. Drabicki, P. Del Vacchio, J. Rappa, H. Brower.

Four teams tied for seventh place, net 110: J. Gill, R. Groomes, P. Peterson, S. Smagner; B. Ovrebø, D. Coleman, K. Hoefler, K. Reckart; M. Brooks, E. Noe, J. Kingsley, G. Perrault and R. Kingsley, N. Nicholas, G. Swank, J. Smagner. Eleventh place was a tie with net 111: T. O'Neil, M. Driver, P. Jarskey, F. Lang and I. Linsinski, P. Shirley, A. Pena, J. Hodd. Finishing in 13th place with net 112 was P. Del Vacchio, M. Lyon, D. Holman and J. Border. I hope everyone had fun whether they won or not.

On April 7, Valerie and Frank Smith will be hosting a Modified Scramble. This is the scramble where everybody hits and you pick the best drive, the person whose shot is used does not hit the next shot and this continues until you get to the green. Once on the green all 4 players putt until the ball is holed. Please note that we will rally at 8 a.m. and tee off at 8:30 a.m. See you at the flags. ☺

Candler Hills Golf Club to Host Ocala Civic Theatre Benefit Golf Tournament

The On Top of The World will again host the Ocala Civic Theatre's 6th Annual Benefit Golf Tournament on Saturday, May 19

Each year the event has been rotated among the local golf courses. This is the second year it will be played at the Candler Hills Golf Club, which will again present a challenging layout for the players under 60 years of age and a fair test of golf for the senior players.

The event will be a four-person scramble with three flights, "A" and "B" flights for players under 60 years of age and a senior flight for players 60 and older. There will be four sets of tees, black for the men under 60, blue for the senior men, white for the ladies under 60 and pink for the senior ladies.

Entry forms are available at the pro shops. Entry fee is \$85 per person, which includes morning coffee and doughnuts, green fees, cart, range balls, a goodie bag and a full course lunch of either turkey or roast beef, your choice. ☺

Ladies: Save the Date!

It's time to tee it up for the start of the "Just Us Girls" 9-Hole Scramble and Dinner for the 2007 summer season. Our first event will be held Wednesday, May 16, starting at 5 p.m.

More details will follow, but you will be able to make your own foursome! Spread the word — this event is open to any lady golfer who wants to have a fun evening of golf and camaraderie.

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Ladies 9-Hole Golf
BJ Leckbee

Officers for the upcoming season were elected at the March 6 meeting. They are: president, Jean Flynn; vice president, Helen Bailey; secretary, Virginia Blanchard; treasurer, Kathy Bologna; and assistant treasurer, Betty Tully. Thanks for agreeing to serve, ladies, and thanks to Brenda Smith and Arloa Vanderkolk for serving on the nominating committee.

Way Invitations
Millie Nucaso's team won the Cupid Classic at the Country Club of Ocala, with Carol Bell's team placing third. Marlene Floeckher and Brenda Smith didn't go home empty-handed; each player received a tote bag as a remembrance. "The scenery was amazing," Millie remembers. "The mansions were impressive, even from a distance."

Rainbow Springs hosted Helen Bailey, Mike Beyer, Jean Flynn, Dodie Phillips and Gretchen Saker at their Springtime Fling — 138 players in all. Helen's team took first place with Gretchen also finishing in the money. The host club entertained guests with their own version of "Deal or No Deal." "We all enjoyed it," Mike reports.

Rainbow's End featured a dogwood theme and, while our players didn't win the tournament, "Jean Flynn won the raffle and walked away with a gorgeous hand-woven coverlet," Gretchen Saker states. Betty Tully and Thelma Smith joined them for a fun nine holes.

Dates to remember: April 24 — Ribbon Tournament; April 25 — awards luncheon at Juliette's in Rainbow Springs

Birdie: Kathy Walters on #3 on Jan. 23.

Triple Play
Feb. 20

48—Joan Rappa, Sylvia Willoughby, Sumiko Bridges; Marlene Floeckher, Betty Tully, Fran Mencher; 50—BJ Leckbee, Dot Wagner, Alice McDaniel Ginnie Hawk; Ruth Koch, Virginia Blanchard, Carol Bell, Laura Jean Teyral; Vi Sica, Mary Carson, Cathleen Hathaway, Rolla Geiser.

Putless Golf
Feb. 27

Chip-ins: Carol Bell, Grace Bock, Darlene Clark, Virginia Keuvelaar, Bobbie Kinsey.

A Flight: 32—Darlene Clark, Marie Norwood; 33—Ruth Koch; 34—BJ Leckbee, Carol White.

B Flight: 32—Marie Palombo; 33—Lois Tatonetti; 34—Millie Nucaso; 37—Tish Dertien, Sylvia Willoughby.

C Flight: 36—Gretchen Saker; 37—Carol Bell, Judy Garrett; 38—Phyllis Smith, Sumiko Bridges, Donna Swiger.

D Flight: 33—Cathleen Hathaway; 38—Helen Degre; 43—Charmaine Hasset; 44—Therese Bell.

Scramble
March 6
Hare

38—Carol White, Millie Nucaso, Carol Bell, Helen Degraw; Jan Moon, Pauline Beloin, Phyllis Smith; Deborah Mallardi, Shirley Stolly, Virginia Keuvelaar, Linda Heenan; 39—BJ Leckbee, Arloa Vanderkolk, Gretchen Saker, Lucy Quaranta; Marlene Floeckher, Bobbie Kinsey, Catherine Becraft; Tish Dertien, Lois Tatonetti, Fran Mencher, Cathleen Hathaway.

Low Gross
March 13
Tortoise

Chip-ins: Carol Bell, Vi Sica, Sylvia Willoughby. 47—Vi Sica; 50—BJ Leckbee, Grace Bock; 51—Ruth Koch, Evelyn Stewart, Sylvia Willoughby; 52—Kathy Walters.

Hare

46—Ellie Rapacz; 47—Lois Tatonetti, Tish Dertien; 48—Darlene Clark, Joan Rappa, Jean Kendrick; 49—Millie Nucaso, Marlene Floeckher, Linda Heenan.



Men's Golf Association
Paul Del Vacchio

Club Championship ... April 11, 13 and 18. Remember there will be TEE times and you are expected to be there ONE HALF HOUR early. Sign-up fee is \$10 and you will receive a TEE gift. The winners of each flight will be attending a dinner at Bonefish Grill courtesy of the director of golf and his staff. On their behalf it's a very nice thing for them to do and we appreciate it.

Holes in One: Ken Cotte had a hole in one on No. 5 Links on Feb. 21 and Al Briguera had a hole in one on No. 5 Links on Feb. 28. They were the recipients of \$50 at our Chicken Luncheon in March courtesy of the MGA. Since an epidemic has started, let's have some more.

There has been some confusion about the Mulligans for Hospice. To clear things up, if you spent \$2 for mulligans they can be used at anytime, anywhere when playing in the scramble.

While we're talking about scrambles let me remind you there is a one-club length rule from where your ball has stopped. If you are in the rough it must stay in the rough; if you're in the sand it must stay in the sand; if you're in the woods it must stay in the woods; if you are in the fairway you must stay in the fair-

way; you can improve your lie one club length on either side of the ball.

Ground under repair: there has been some confusion how to handle the ground under repair on Links No. 12 and 13 because of the installation of the new cart paths. This area is to the right of the new cart paths. Please be aware that if you hit the ball far into the woody area to the right and not on the ground under repair area you do not get a free drop. Until the area is landscaped and smoothed out you are entitled to a free drop out of this area; your closest relief will probably be to the left of the cart path.

The way you take this relief: go to your closest relief not closer to the hole, take a stance with the club you would use for your next shot, then a club length from there, drop the ball and wherever it finishes that's where you play the ball from. If you get the right hill the ball could roll several feet into the fairway and that's where you would play from. That's how you take a free drop according to USGA rules.

Please note that a drop with a penalty is a different procedure.

While we're talking about rules, it has come to my attention, that members, while playing No. 9 on Tortoise and Hare and hitting the ball to the right into the red stake area have lifted their ball out of that area and taken a free drop. This is a lateral hazard and there is no free drop out of this area, also you are not allowed to ground your club. If you are the captain that day you are required to call a penalty on this person if that's what they do. This keeps the event fair for everyone.

I can see the tee sheet and the hole listings. Thanks to Jeff McDonald he has had installed new glass that can be seen through on both sides of our bulletin board. Now we don't have to strain our "old" eyes to see where we belong. This was done at no cost to us. Thank you, Jeff, for taking care of this problem.

The many lessons of golf: Golf teaches that even though you probably don't have a shot at being the best, you do have a good shot at being the best you can be. Rabbi Marc Gellman, PH.D. and Monsignor Tom Hartman

See you around the course. ☺



Candler Hills Men's Golf
Garry Gerlach

The President's Cup concluded on March 4 with Garry Gerlach winning 2 up with one to play. It was a great event with some terrific matches, many going to sudden death. Everyone involved had a great time, so if you missed it this year plan to enter next year.

The next big event will be the CHMGA Club Championship. It will be a two-day event on April 24 and 25. If there are sufficient entrants, the play will be flighted. There will be a dinner following play on the second day. There will be a modest entry fee similar to the President's Cup. Sign-ups will begin on April 2. If you decide not to play in the Club Championship, there will not be a league event on April 24.

We have a great golf course. If you play

other courses in the area you will get an appreciation for how great our course really is. Thanks to Andy for all he and his crew do to keep it that way. We can also help by properly filling our divots, raking traps and fixing ball marks on the greens. To properly fill a divot, put sand in the hole and step on the sand to compact it.

See you on the links.

Candler Hills Men's League Results
4-Man Teams Three Best Ball
Feb. 20

192—Paul Moltisanti, Bob Cooke, Jim McGrath, Jim Bragg; 193—Rick D'Addio, Tony Mysterly, Bob Cowie, Ken McDonald; 194—Bob Shively, Dave Masaschi, JC Van Bloom, Ed Wilson.

2-Man Teams Stableford
Feb. 27

79—Jim Hewes, Bob Starrett; 76—Dave Masaschi, Dick Masterson, Roger Whittle, John Podkorski; 74—Paul Moltisanti, Blind Draw; 73—Garry Gerlach, Fred Hobbins.

4-Man Team's One Best Ball
March 6

51—Bob Cowie, Jim Bragg, Dick Williams, Garry Gerlach; 55—Bob Shively, Tony Mysterly, Dick Masterson, Dick Pleinis; 59—John Massari, Dave Schultz, Marvin Brooks, Paul Moltisanti, Bob Starrett, Bryant Giffin, John Podkorski, Roger Whittle.

4-Man Teams Stableford
March 13

155—Paul Moltisanti, Marvin Brooks, John Podkorski, Ken McDonald; 154—Garry Gerlach, Jim McGrath, Jim Bragg; 148—Jim Hewes, Roger Whittle, Tom Racynowski, Bob Starrett.



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Golf Believe It or Not Golfer Makes a Hole-in-What Was That?

By Bob Woods

It all happened one sunny day last month and I believe this to be a first for the On Top of the World golf course.

This individual is on the tee and executes a mighty fine swing with a perfect follow-through. The ball sails high into the air, higher than normal for this player's tee shots, when it veers a little off course heading toward the side of the fairway.

This player is partaking in what I call "Cow Pasture Pool," with a group of other golfers on Hole 17, a par-four hole, and instead of the ball landing in the grassy area or some sand trap, the ball descends into the top of a tree.

The other players watched to see where this player's ball would drop when they noticed something else dropping out of the tree a few moments prior to the golf ball. Closer examination disclosed that the foreign object was indeed a gray squirrel.

Gathering around the fallen victim of this player's handy work it was noticed that the squirrel was just knocked out, and regaining consciousness, he staggered around in circles

for a few seconds before running off with other furry playmates.

It was thought that this poor squirrel, with what must have been a tremendous headache, was informing the other tree-climbers to stay out of that tree if they knew what was good for them.

Now I have heard of golfers achieving the ultimate, and that being shooting a hole in one, and I also remember a pink submarine torpedoing and sinking a truck on the beach, but I have never heard of a golf player getting a squirrel in one. This achievement was reported here on On Top of the World golf course.

Now I don't want to mention the player's name to cause him any embarrassment, but his initials are Irv Gackowski. So when you golfers see Irv on the street or the golf course, don't forget to congratulate him on achieving the honor of shooting a squirrel in one. For you animal lovers, the squirrel was reported OK.

Irv stated to me that "instead of getting a 'birdie,' all I got was a squirrelie." ☺



**Ladies 18-Hole
Golf**
Mary Lyon

The Member/Member Best Ball and Luncheon was a great success with 60 golfers taking part. The luncheon would make St. Patrick proud with the wearing of the green, the decorations and the corned beef and cabbage. Well done, committee: Ruth Border, Jean Culp, Joan D'Addio, Valerie Smith and Georgette Perrault.

The hostesses for April are Kathy Hoefler and Carol Johnson.

Low Gross/Low Net by Flight Feb. 20

A Flight Gross: 83—Linda Bervinkle; 84—Gretchen Normandin; 86—Jerry Gill.
Net: 65—Janet Juhlin; 70—Nancy Zielinski; 73—Mary Lyon.

B Flight Gross: 90—Sandy Chase; 94—Pat MacMurray; tie at 96—Ginny Huckel, Betty Gustafson, Diane Hamments.

Net: 66—Mary Driver; 70—Andrea Fratangelo; 72—Mary Jane McAtee.

C Flight Gross: 95—Marilyn Rose; 101—Jo Apperson; 103—Angelita Pena.
Net: 68—Shirley Smagner; 69—Patty Bourgault; 75—Phyllis Carty.

D Flight Gross: 99—Fran Griswold; 108—Mary Skennion; 114—Euny Moore.

Net: 69—Esther Lang; 73—Helen Bextermueller; 76—Betty Crippen.

Chip—ins: Elsie Calabrese and Nancy Zielinski

Blind Partners Low Gross/Low Net by Flight Feb. 27

Flight A Gross: 177—Jerry Gill and Betty Gustafson; tie at 179—Nancy Darichuk and Beverly Ovrebø, Iro Lisinski and Mary Lyon.

Net: 144—Linda Bervinkle and Nancy Zielinski; 145—Sandy Chase and Janet Juhlin.

B Flight Gross: 192—Diane Hamments and Mary Jane McAtee; 194—Andrea Fratangelo and Pat MacMurray.

Net: 142—Mary Driver and Jo Ann Roney; 149—Kathy Hoefler and Margie Wade.

C Flight Gross: 198—Fran Griswold and Rosemarie O'Neil; 209—Agnes Lindley and Glenna Swank.

Net: Tie at 146—Andrea Flannery and Shirley Smagner, Janet Kingsley and a blind.

D Flight Gross: 205—Dorothy Muller and Mary Skennion; 226—Helen Bextermueller and Jackie Page.

Net: 140—Esther Lang and Marie Marquis; 154—Marjorie Myhr and Jeanne Rice.

Chip—ins: Agnes Lindley and Nancy Darichuk

Low Gross/Low Net March 6

A Flight Gross: 81—Gretchen Normandin; 82—Mary Lyon; 85—Jerry Gill.

Net: 67—Janet Juhlin; tie at 69—Sandy Chase and Linda Bervinkle.

B Flight Gross: 91—Betty Gustafson; 97—Velma Rose; 98—Jean Culp.

Net: 68—Jo Ann Roney; 73—Carol Johnson; 74—Andrea Fratangelo.

C Flight Gross: Tie at 96—Marilyn Rose, Flo Emanuel, and Angelita Pena.

Net: 70—Georgette Perrault; 73—Agnes Lindley; tie at 74—Fran Griswold, Doris Holman and Serine Rossi.

D Flight Gross: 105—Mary Skennion; 109—Helen Bextermueller; 126—Margie DeJohn Yarski.

Net: Tie at 70—Esther Lang and Helen Foskett; 83—Betty Crippen.

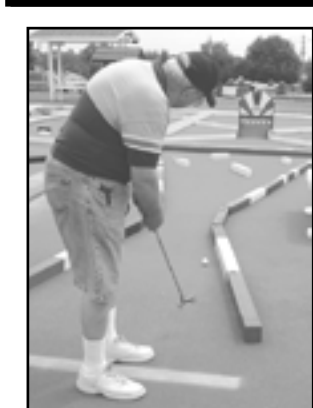
Chip—ins: Janet Juhlin (2), Diane Hamments

Member/Member Best Ball March 13

Gross: 80—Beverly Ovrebø and Margie Wade; 81—Jerry Gill and Gwen Becker; 82—Linda Bervinkle and Valerie Smith; 83—Nancy Zielinski and Connie Shirley; 84—Nancy Darichuk and Nancy Nicholas; 85—Mary Lyon and Patty Bourgault.

Net: 57—Angelita Pena and Esther Lang; Tie at 61—Betty Gustafson and Rosemarie O'Neil, Iro Lisinski and Dianne Hamments; Tie at 62—Marie Marquis and Helen Foskett, Janet Juhlin and Fran Griswold; tie at 63—Jackie Page and Margie DeJohn Yarski, Pat MacMurray and Jo Ann Roney.

Chip-ins: Helen Bextermueller, Patty Bourgault, Carolyn Cummings, Diane Hamments, Janet Juhlin, Mary McAtee, Margie Wade. ☺



Mini Golf
Jack Coyle

Providence Putters Mini-Golf Feb. 20

Ladies: 46—Inge Vogt; 49—Eva Miller; 53—Emmy Ricciardone.

Men: 38—John Ricciardone; 39—Kurt Vogt; 42—Sal Tarallo.

Feb. 27

Ladies: 52—Emmy Ricciardone; 54—Inge Vogt.

Men: 40—Kurt Vogt; 45—Sal Tarallo; 47—Bob Maxwell; 53—Oliver Aube.

March 6

Ladies: 40—Inge Vogt; 41—Emmy Ricciardone; 43—Eva Miller.

Men: 32—Kurt Vogt; 39—Bob Maxwell; 47—Sal Tarallo; 49—Oliver Aube.

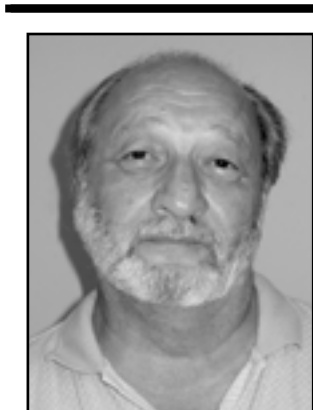
March 13

Ladies: 44—Inge Vogt; 48—Emmy Ricciardone.

Men: 35—John Ricciardone; tie at 38—Kurt Vogt and Sal Tarallo; 42—Bob Maxwell; 47—Oliver Aube.

Thursday Mini-Golf Feb. 15

Ladies: 47—Emmy Ricciardone; 49—Eleanor Krowka.



Billiards
Richard Impressa

Your regular columnist, George Tookmanian, has been under the weather lately so you have to endure my column this month.

The Billiards Club wishes to thank Debbie Clark for her support and research on our new pool tables. The club voted to purchase 12 new break sticks for the poolroom.

We now have a poolroom we can take pride in. I hope all of our residences will treat these tables well as they are lifetime investments. Please don't sit on the tables, don't drink or eat near them. Treat them as you would your own, because they are. The Billiards Club worked hard raising the money to assist management in this purchase.

I would like to thank all our members and residents who supported us by attending the various events sponsored by our club. Our dues are \$5 a year (that's less than 42 cents per month). It is our hope that all residents who enjoy billiards would join the club and do their fair share to support the On Top of the World billiards program.

Man: 42—John Ricciardone
Feb. 22

Ladies: 41—Emmy Ricciardone; 44—Florence Soens; 48—Eva Miller; 55—Marge Saxon; 57—Rene Tarallo; 62—Bernadette Jacobson.

Men: Three-way tie at 43—John Ricciardone, Dick Soens and Bob Maxwell; 45—Sal Tarallo; 46—Glenn Saxon; 57—Oliver Aube.

March 1

Ladies: 46—Eleanor Krowka; 48—Florence Soens; tie at 51—Emmy Ricciardone and Marge Saxon; 53—Maria France.

Men: 38—Oliver Aube; 42—Bob Maxwell; 43—Dick Soens; 46—John Ricciardone; 51—Glenn Saxon.

March 8

Ladies: 40—Florence Soens; 45—Emmy Ricciardone.

Men: 42—Bob Maxwell; 44—Dick Soens; 45—John Ricciardone; 49—Oliver Aube.

Sunday Mini-Golf Feb. 18

Cancelled

Feb. 25

Ladies: 44—Emmy Ricciardone; 45—Rene Tarallo.

Men: 30—Ben Resta; 39—Sal Tarallo; 45—John Ricciardone; 52—Oliver Aube.

March 4

Ladies: Tie at 47—Florence Soens and Emmy Ricciardone; 49—Eleanor Krowka; 55—Angela Berg; 56—Eva Miller.

Men: 40—John Ricciardone; 41—Bob Maxwell; 48—Oliver Aube; 53—Dick Soens.

March 11

Ladies: 44—Emmy Ricciardone; 46—Eva Miller; three-way tie at 48—Chris Resta, Maria France and Eleanor Krowka.

Men: Tie at 44—Ben Resta and Oliver Aube; 45—John Ricciardone; 52—Don Miller; 67—Tom Resta. ☺

Our men's traveling teams have met with varying success in the past month. The On Top of the World I team is on a roll, winning their last four matches. On Top of the World II has not fared as well but are steadily improving.

For those of you unfamiliar with our traveling teams we play home and away matches with five area retirement communities. The matches consist of eighteen 8-ball and eighteen 9-ball games played by two man teams. They are held on Tuesdays from 1 to 3 p.m.

Because On Top of the World has two teams there is always a match in our poolroom on Tuesday afternoons. Anyone interested in seeing some pretty decent amateur pool is welcome to come down to the poolroom. The schedule is posted on the bulletin board.

Our women's team continues to dominate in their monthly match with the ladies from Cherrywood. Speaking of our lady pool players, Kathy Lorenzo (Billiards Club vice president) has organized an open doubles 8-ball tournament. The matches are scheduled for Friday's at 1 p.m. They will be played in a rotating partner format, with the men and women in team competition. Come on down and cheer your favorites. ☺

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Bocce
Bob Woods

The bocce season is just about to end for this year with the completion of the spring session. Remember, Best of Bocce is being played on April 2 starting at 9 a.m. For those who are reading this article, let's all bring a lawn chair and come to the courts and root for your league's No. 1 team. The more the merrier and let's all try to attend to cheer the players on.

The last committee meeting for this bocce year will be held in the Arbor Club's Hibiscus Room starting at 3 p.m. on Monday, April 2. But most important of all is the club's annual banquet, which will be held on Saturday, April 7, at 5 p.m. Not only will we have a great meal with many entrees catered by Bruce, but also at this time we will be electing the club's new officers for the ensuing year. So if it is at all possible, please try to attend. The cutoff date for purchasing banquet tickets is April 1 so if you do not have tickets please call your league representative or give me a call at 854-0702. Cost is \$11 for members, \$13 for non-members.

Now for a few bocce rules: Interference oc-

curs when a player delivers the wrong color ball. The ball may not be impeded. It must be allowed to come to rest, and then the ball shall be replaced by the proper color ball.

A dead ball is removed from the playing surface and is defined as follows:

1. A ball that leaves the playing area.
2. A ball that rolls directly into the end board without first contacting another ball, the pallina or a sideboard.
3. A player steps on or over the foul line when delivering a ball.
4. A ball rolled out of turn.

I would like to report that summer bocce will commence April 9 with Marilyn and Don Cernecarl running Monday's session and my wife, Bev, and I will run the Tuesday session. Remember, only 32 players can play at that time frame so the first 32 people who sign their names to the list will be allowed to play. Playtime will be the same as last year, commencing at 8:30 a.m. I recommend those interested come early to insure yourself a spot for playing.

For those new folks who have no idea on what and how we play summer bocce, it is very simple.

Each person will draw a playing card from a special deck containing four each black and red aces, twos, threes and fours. Whoever draws, let's say a black ace, then that player will be on the black ace team playing on court one against those who drew a red ace.

It is very simple and everyone playing summer bocce really enjoys it. You could feasibly play both days and never have the same team members. That is what is so fun about this summer session and if you can't make it you don't have to get substitutes.

I am letting everyone know this month that my May column will be my last. I will report on what team was the winner of the Best of Bocce and also who was elected as the club's new officers for the ensuing year.

Until we meet on the bocce courts, let's keep those bocce balls rolling. ☺



Shuffleboard
Claude Servais

Here we are at the last month of the year for shuffleboard play.

The year ends on April 28. Seems only yesterday we said, in September, that a new year was starting. I hope everyone enjoyed this past year, and improved their game in a manner, which was enjoyable by the players against whom they competed.

President Joe Veres proposed that the winner of this tournament be presented with a \$30 gift, and the runner-up with a \$25 gift.

Elaine Schlaak is in charge of the welcoming committee. So far, Candler Hills and Indigo East are not well represented in our league. An effort should be made by the present players from these communities to recruit additional players.

There are openings on Monday a.m., Monday p.m., Tuesday a.m., Thursday a.m., Thursday p.m., Friday a.m., and Friday p.m.

Actually, there are no teams playing on Tuesday a.m. Thursday p.m. and Friday p.m.; therefore a lot of openings exist.

This committee should be recognized for its activity, as it has personally contacted 176 potential members since September 2006.

On March 8, a general membership meeting was held. The shuffleboard league will donate \$100 to Hospice.

If anyone is interested in participating in the Jack Huard Tournament, April 7, with a rain date of April 21, contact Frank Dubay and Fred Quimson. Thirty-two players are needed for this tournament.

A new slate of officers will take over at the May executive meeting: president, Joe Veres; first vice president, Peggy Trousil; second vice president, Jane Lipps; secretary, Joan Dudek; treasurer, Al Sternberger; historian and photographer, Bob Riedeman.

The following will continue in their capacity: maintenance, Vito Chicco; social event, Helen Sternberger; tournaments, Frank Dubay; 10-pin instructor, Vito Chicco; and 10-pin 6 p.m., George Hajjar.

The Summer Shuffleboard schedule is Tuesday at 10 a.m. and Thursday at 9 a.m.

The general meetings next year will be held on Sept. 13 and Nov. 8.

The winners of the 50/50 drawings held during the general meeting were Mary Adams, Violet Dubay, Vicky Lentz, Charlie Lentz and Rose Marie Coscia.

Shuffleboard League competition winners for the month of February were:

- Men
- Monday a.m.: Bob Schuck
- Monday p.m.: Al Bice
- Tuesday p.m.: Mario Migliaccho
- Wednesday p.m.: Lou Crudele
- Thursday a.m.: Greg Rasmussen
- Friday a.m.: Tony Manzo and Joe Szabo
- Women
- Monday a.m.: Helen DeGraw
- Monday p.m.: Helen Foskett
- Tuesday p.m.: Joan Dudeck
- Wednesday p.m.: Elaine Servais
- Thursday a.m.: Carol Lopez
- Friday a.m.: Eileen Kreps

As this is my last column, I want to take this opportunity to thank all who have helped me in this endeavor, and express my gratitude to the members who have shown interest in expanding the league membership.

I believe it is important that a new perspective is presented in this column, and some new person be given the opportunity to express it. ☺

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Italian-American Club

Jerome E. Cauda

We are still looking for a regular correspondent.

The club picnic will be Tuesday, June 12, at the Arbor Conference Center. The menu will consist of sausage, hamburgers, salads, coffee and tea. Tickets will go on sale at the April meeting. The price is \$6 for paid up members and \$8 for guests.

At the March meeting, the Big Sun Express presented a great entertainment program. The Big Sun Express, a barbershop quartet, sang many of the popular oldies.

The Sun Cruz Casino trip scheduled for April 27 is full and a wait list is being developed. Contact Mary Rongetti at 237-8581.

Volunteers are still needed to assist in many of the club activities, such as news reporter, activities chairman and board members.

The next monthly meeting will be held on Wednesday, April 4, at 3 p.m. with refreshments at 2:30 p.m. ☺



Northern Lights Club
Patty Bourgault

The bets were placed and the odds were given but it was still Northern Lights who shined. On Feb. 10, Northern Lights held their monthly meeting at the Arbor Club Conference Center with 45 members present. We are pleased to announce that we have 100 members with a waiting list.

The evening festivities started off with many calories, a chocolate fondue hosted by Jeanne Wells and Gigi Petta. We had everything to dip from soup to nuts.

Following our fondue we had a short business meeting. We are in the planning stages for New Year's Eve, but, without a chairperson, president Jeanne Wells announced this event will not take place. If you were not at the meeting in February or March and would like to chair this event, please see Jeanne Wells, club president.

It was then on to "Northern Lights Downs" for a night of horsing racing. The owner of the horses, John Zanazzi and his groomer, Andy Zarella and his two retired jockeys, Sue Pi-trantoni and Terry Zarella, hosted the event for the evening. There were many jockeys, too many to mention. It was a great time and many

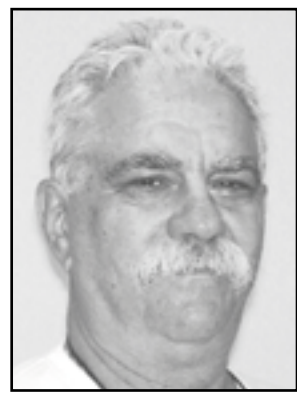
thanks to our host for the work that went into making this event a success.

The Lights were very green but they were still shinning at our March 10 meeting in celebration of St. Patrick's Day. The food was corned beef and cabbage and all of the trimmings hosted by Jeanne Wells and Patty Bourgault. No one should have gone home hungry. A big thank you to the cooks.

After a short business meeting we were entertained by the Swingin' Singin' Seniors. It is always a pleasure to hear and see the familiar faces of our neighbors performing. Thanks for a job well done.

Our next meeting will be April 10 at the Arbor Club Conference Center. The theme for the evening is "Name That Tune" with baked potatoes and all the trimmings hosted by Patty Bourgault and Jean Muncy.

Until next time, when the Northern Lights Shine. ☺



Social Club
Mort Meretsky

Our next poker/blackjack will be on April 20, from 2 to 4 p.m. at the Arbor Conference Center.

Get out your calendars. The club is sponsoring a cruise that is open to all On Top of the World residents and guests. It is on Royal Caribbean's newest ship, Liberty of the Seas. It will be from Dec. 8 through 15, and will sail from Miami. You will visit San Juan, St. Maarten and Labadee. The cost (which includes port charges, taxes and fees) are: Atrium \$798.08 per person, Balcony, from \$1037.08 per person. Private round trip bus transportation from On Top of the World is an additional \$65 per person. For further information contact either Margaret Orlando at 854-7306 or Debbie Harst at 207-8051. See y'all on the 20th. ☺

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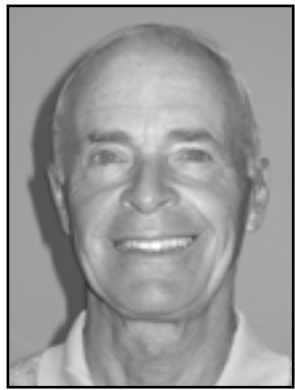
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ball comparison:
Tennis racket,
racquetball
racket, pickleball
paddle and table
tennis paddle**



Pickleball
Luke Mullen

Once again, as we begin the daylight savings time transition, we have had extremely wonderful weather on most of our afternoons for playing pickleball. Our hours of playing are on Wednesday, Thursday and Sundays at 2 p.m.

We will be switching over to evening hours next month, but for right now, we are still playing at 2 p.m. in the afternoon.

Last month we started singles play. This was a result of having two players waiting while other foursomes played. I participated in one of these games. What a workout! If you were to play to win two games out of three, you might conclude that you have had enough exercise for quite awhile. This type of game requires that you cover the entire court on your side of the net after you have served the ball. It is quite a lot of fun but it does take a great deal of movement on the part of both players to cover the whole court.

Recently I have received many inquiries about "What is pickleball?" The simple answer is to provide a verbal description of the equipment followed by an invitation to come down to the Health & Recreation Tennis Courts 3 and 4 and watch us play. This month, I have included a visual picture of the equipment

we use. This way, all community members can get an idea of the size of the pickleball paddle and balls in relation to other racket sports they may already be familiar with. The picture depicts the different sizes of rackets with the associated ball shown in the center of the racket for the various sports activity. Also, racket sizes have some correlation with the court/playing surface size. The best way to find out about the sport of pickleball is to come down and watch us play. Bill Daugherty is offering in his Pickleball Tips of The Month article an open invitation to all residents to find out first hand the fun of pickleball.

Recently Bill, as our own On Top of the World United States of America Pickleball Association ambassador, received an open invitation to play in a local tournament. The tournament is called "Geezerjock in Training 2007." Basically, without all of the technical administrative details, it is pickleball qualifier tournament of men's and women's doubles and mixed doubles. The age divisions are 50-54, 55-59 and 60+. Some of our members have expressed interest in participating. We would go to various communities to play. Since pickleball is relatively new for many of our members, and we have never played in any type of tournament, we are somewhat concerned about our abilities versus the skills of players with many years of experience. This tournament will start on March 31 and the results of our participation should be interesting. This qualifier will be played as a double elimination event. In other words, you must win two out of three games to progress to the next series. If you lose two games, your participation is over.

We are looking forward to this event and wondering what our experiences will be.

For potential new players, like most of us were in 2005, the best way to find out about pickleball is to come watch us play at the Health & Recreation Building Pickleball Courts 3 and 4 at any of our scheduled times of Wednesdays, Thursdays, or Sundays at 2 p.m.

If you have any questions about pickleball or want to know how to get started into this fun activity please call Luke at 291-8625. ☺



**Pickleball
Tip**
Bill Daugherty

Pickleball tip of the month

There will be a free Pickleball seminar for all interested On Top of the World residents on Saturday, April 14, at 2 p.m. at the Health & Recreation tennis courts 3 and 4.

If it rains that weekend, the seminar will be

held at the same time and place on the following Saturday. All questions answered.

Additionally, paddles and balls are available for all who wish to try their hand at the game. Wear loose fitting clothing and tennis shoes.

Those of us who enjoy Pickleball know how much fun it is to play. At the same time, you receive many physical benefits from playing the game, such as, more endurance, better circulation, a stronger heart, better hand and eye coordination, and you sweat the toxins out of your system. Plus, you meet some very nice people who are passionate about the game.

With this in mind, I will be holding a Pickleball clinic for all who would like more information about the game. It is open to everyone in the community and will be a great opportunity to see what the game is about and have all your questions answered.

I would also like to see if there are any ladies interested in starting a "ladies-only" league. If you are interested please contact me at the below phone number or email me your interest or questions about the league.

As ever, if you have any questions or need help, give me a call at 854-2751 or email xxhbill@earthlink.net for assistance.

Play hard, have fun and make friends. ☺



**Ocala
Clown Express**
Julia Brandt

How about that weather we're having. It appears that spring is here. What a wonderful time of year to be clowning around. Lucky for us here in Florida, we get to enjoy this time of year earlier than those north of us and our clowns have already been out and about.

For the entire month of February we continued our weekly safety program at Munroe Regional Medical Center as part of the pediatric orientation program. However, during the month of March the clowns took a break while our little friends and their teachers involved themselves with statewide testing. We look forward to getting them back again in April and continue with them until the end of the school year.

To start off the month of February a handful of our clowns got out of bed early one Saturday and scurried off to the Hospice Bereavement Camp. Needless to say, this is one activity our clowns support whole-heartedly and gladly crawl out early on a Saturday to

support.

Another "gig" our clowns are more than willing to support is a fundraiser for the Children's Miracle Network. This year's fundraiser was held by the IHop restaurant combined with "national pancake day." (Have you ever heard of that?) Now who wouldn't want to participate some way in a pancake day! Our clowns did and spent their time interacting with the others who did as well. In addition to having a great time with the participants we were pleased to hear that together with them we were able to bring in more than \$1,000 for the Children's Miracle Network.

At the end of the short month of February, the Ocala Clown Express joined in another fundraiser. This one was for the Joy Lutheran Church. The clowns were there to entertain the crowds and provide something special for the children attending the church's car show. Everyone who attended had a great time.

Well, as I said, spring appears to be here and our calendar for March was filling up. At the time of the writing, we have already had a great time at HITS. Out of consideration for the horses and riders, we leave our balloon animals at home for the day. As you might expect, our little balloon creatures have a tendency to get loose, pop or do some other unexpected startling thing. We certainly don't want to cause any shocks to the guests of honor. This, however, does not mean that our "balloon man" stays at home. He joins the other clowns in providing fun for our little customers who love having their faces painted and getting their little hands and arms tattooed with pictures of their favorite characters and icons.

That just about brings us up-to-date with the Ocala Clown Express activities.

If you would like to make a charitable contribution to our community and have a great time doing it by becoming a clown, please contact us by giving Dotsy a call. She lives with Carol White and can be reached at 873-9223. ☺

The Movie Club Presents 'Flicka' One Week Early

By MARY EHLE

The April movie will be on Sunday, April 1. Please make special note of this, as it is a week early this month. This is because of Easter being on the next Sunday, which is normally our movie date.

The movie selected for this month is "Flicka" starring Tim McGraw and Alison Lohman.

It is the story of young girl who pins her hopes and dreams on a maverick horse. It is

based on a novel by Mary O'Hara.

I hope you can find the time to join us for this movie. As always the movie will be held at 6 p.m. in the Ballroom of the Health & Recreation building.

This event is open to all residents of On Top of the World and their overnight guests.

Non-members pay \$2 at the door but a year's membership is only \$6 for the whole year. ☺

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Dish & That Recipes
Jean Breslin

The time is flying once again. Easter will be just around the corner. Most of the time we serve baked ham for the holiday.

Here are some accompaniments for your ham that will make your dinner truly delicious and special. If I happen to have a large crowd for dinner, I make two sauces.

Cherry Mustard Sauce

- 1 tablespoon Kitchen Bouquet
 - 1 tablespoon mustard
 - 1 can cherry pie filling
- Mix all the ingredients in a saucepan and heat on low till warm.
Now, how's that for easy!

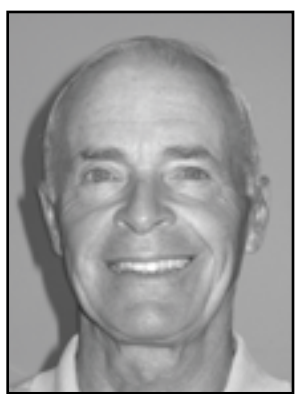
Raisin Sauce

- 1 cup light brown sugar
 - 1 tablespoon flour
 - 1 tablespoon butter
 - 1/2 teaspoon salt
 - 1 cup water
 - 2 tablespoons orange juice
 - 3/4 cup raisins
- Combine sugar and flour in a sauce pan, mix well and add the other ingredients. Cook uncovered, over low heat, 15 minutes, stirring often.
Serve warm and enjoy!

Now, here's a recipe that can be served with grilled fish, chicken, pork, ham or as a dip for tortilla chips. It was sent to me by my friend, Gitte Agarwal. It's a wonderful recipe because of its versatility.

Nectarine Salsa

- 3 ripe large nectarines (1 to 1 1/4 pounds), pitted and chopped
 - 1/2 cup chopped white onion
 - 2 tablespoons lime juice
 - 2 teaspoons finely chopped fresh serrano chile, including seeds (or Jalapeno)
 - 1 teaspoon finely chopped cilantro
 - 1/4 teaspoon salt
- Stir together all ingredients and let stand at room temperature, stirring occasionally. Let it stand one hour to allow flavors to develop.
Makes about 2 cups. ☺



Favorite Recipes Dinner Club
Luke Mullen

The month of February marked another wonderful evening of fine culinary dining coupled with fun entertaining activities for our club members. We had four dinners for 26 diners on Feb. 17.

Our first dinner was at the home of Raquel and Norman Berdichevsky. Appetizers were the first item on the menu and were prepared by Sylvia Andrews and Oliver Aube. They brought a cheddar cheese fondue that was seasoned with Colman's English mustard, Worcestershire sauce, and fresh ground pepper. The dippers for the fondue were ham cubes, broccoli florets and cubed French bread. Following the appetizers, Raquel and Norman then presented the main meal. For the entrée, they made chicken a la catalana, which is cooked with pine nuts, prunes and white wine. The sauce is thickened with a "picata" made with crushed almonds and bitter chocolate. It was

accompanied by mini (what we call new in England) boiled potatoes. Edie and Fritz de Holl made a delicious homemade cheesecake, which had a scrumptious blueberry topping. Dessert was followed by coffee and liqueurs.

Hosting the second dinner were Ann and Conrad Massa. The evening began with hors d'ouevres made by Roberta and Dave Knarich. They brought three different appetizers. They were mushrooms stuffed with bruchetta and parmesan cheese, ham roll ups made with ham stuffed with cream cheese, chopped olives and green onions and also Italian stuffed bread with pepperoni, sun dried tomatoes, mozzarella cheese along with garlic and various spices. After these marvelous appetizers, Ann and Conrad served the meal. The entrée was beef stroganoff with a Pennsylvania Dutch wild rice and spinach with sharp cheddar cheese casserole. Accompanying this main dish was a mixed salad with craisins and roasted walnuts. After the meal, Heddy and Tom Racinowski presented the dessert. Tom made the dessert, which was a great crème brûlée. It was a blueberry crème brûlée served in individual ramekins. Before serving the dessert, each ramekin was sugared and caramelized with a small butane torch, which all participants gathered in the kitchen to watch. This activity is always very entertaining to see.

Debbie and Dan Partin hosted the third club dinner at their home. The evening kicked off with hors d'oeuvres that were brought by Jean and Joe Breslin. The first of the three appetizers they made were chicken liver pate, which was made with cream sherry and topped off with pecans. The second was a dish of large pimento stuffed olives. The third was feta cheese and bacon on crackers topped off with a sliced pickled beet. They were delicious.

After the hors d'oeuvres Debbie and Dan served the main meal. The entrée was a roasted pork loin rubbed with garlic, chili pep-

per and brown sugar simmered in wine. Side dishes accompanying the entrée were boiled potatoes, and a broccoli dish. Also served were cheese bread sticks with lettuce wedges with chopped tomatoes. Following this wonderful meal was a dessert made by Jimi and Tony Bartolone. They brought a selection of ingredients for a fondue. These ingredients included pineapple, strawberries, and chocolate chunks, etc. Guests had fun making their fondue dipped dessert.

Hosting our fourth dinner were Gitte and Paul Agarwal. Valerie and Dean Bard brought the appetizers that started the evening. They prepared a salsa and cream cheese dip appetizer along with "scoops" for munching. The second appetizer was a block of Fontana cheese, which accompanied the dip. After these appetizers, Kathi and Ray Lang served the great salad. It was a twist on a traditional Waldorf salad. The ingredients consisted of chopped apples, celery, toasted walnuts and raisins along with lemon juice, seedless green grapes, vanilla yogurt and mayonnaise. These were mixed together, chilled and then served. After the salad, Gitte and Paul then served the main meal. The entrée was a Cuban pork tenderloin, marinated in orange juice, lime juice, rum, and then cooked in the oven. Accompanying vegetable side dishes were spicy broccoli rabe with chickpeas, a Moroccan recipe, cooked with jalapeno pepper, coriander, garlic, onion and tomato paste. Along with this a dish they served a potato gratin, a variation of scalloped potatoes. Rounding out this magnificent meal Kathy and Luke served dessert. It was a deep dark chocolate cheesecake. The dense cheesecake was topped with a rich chocolate frosting.

As was mentioned previously, the club is not accepting any new members at this time. If you want to be put on our waiting list, please call Luke at 291-8625 for information. ☺



D'Clowns
Paula Magen

My column last month dealing with a visual history of clowns received much favorable feedback. It was a change from my usual reporting of our activities.

However, it has been such a busy two months for D'Clowns that it is news worthy to relate our goings on.

D'Clowns continue to do our monthly appearances at Summerville assisted living and TimberRidge Nursing and Rehab Center. These are two very different experiences. At Summerville (formerly Park Place) we prepare a one-hour variety show for the Memory Support Unit. This consists of skits, magic, jokes, music and audience participation. Our newest clown, Teech, treated us to his new skits, which were hilarious. He was a hit! In February we played up Valentine's Day and in March, St. Patrick's Day. The residents joined in singing the Irish songs.

At TimberRidge, D'Clowns participate in the exercise class tossing balloons to the folks in wheel chairs. Following that we help welcome and assist the 4 and 5 year olds from Children's Development Services. They share tables with the residents and usually do a planned craft. How good it is to see the youngsters working with seniors.

In February we were invited to tour 15 primary grade classes at College Park Elementary School to impress upon them that there's "No Clowning Around" when they take the FCAT. What an unexpected surprise we were! I think they got the message.

D'Clowns will again be doing shows for two groups at New Horizon Rehab Center. A few days later we will be "working" at a huge party at the sheriff's headquarters for their families.



'Sunflower' (Paula Magen) with a child from Children's Development Center at TimberRidge Rehabilitation Center.

In April we will have our biggest event of the year ... Eggstravaganza. This is a huge Easter event sponsored by Signature Brands. We will need all of our clowns, as we will be face painting, making balloons and tattooing hundreds of children under a huge tent. In between, D'Clowns will be back at Summerville and TimberRidge. We end the month at the finish line at an arc of balloons to greet the walkers for "Walk America for Healthier Babies." Our water guns cool off the participants.

Whew! D'Clowns really work hard. To reward our group an appreciation luncheon will be held at Bella Luna restaurant mid-April. I wonder if we'll recognize each other without clown clothes and make up!

Before I forget, thanks to all the lovely thoughtful people who have donated the Mardi Gras beads we give to seniors and children.

We love what we do and know that there are many out there who would enjoy clowning and making others laugh. Join us at our meeting the first and third Monday of the month. We meet at Arbor Conference Center, Suites B and C, at 1:30 p.m. We'll teach you what you need to know about clowning and you'll be hooked! Question? Paula 873-3433. ☺

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Red Hat Society
Vivian Brown

Ladies, are you ready now, get ready now for our Mardi Gras Celebration! Sue Moody, our chairperson of this event, seems to have everything under control as we made final preparations at our Queens meeting. We had New Orleans' style food, costumes, masks, games and lots of fun, laughter and excitement on March 25. I will let you know how things went next month.

Mark your calendar for National Red Hat Day, Wednesday, April 25. This year we're all going to dress up in our Red Hat finery and descend on the Paddock Mall where we will shop, eat and fill the halls with merriment. Please check with your QM for more details. Hope to see you all there. One more thing: if you haven't been to our new Circle Square Cultural Center, you are missing out on some great entertainment. There are a variety of venues offered at prices that are reasonable and many that are free.

Try, it you'll like it! Keep smiling and God bless, Vivian

THE RAZZLE-DAZZLE RED HAT DAMES: Three of our newest members hosted this month's outing: Mary Giannukas, MaryBeth Barnes and Jean Montella. The restaurant they chose was the Horse and Hound and they did a great job; thank you, girls. Since I was unable to attend due to a cold and lost my voice, my Vice-Queen Jeanne Stanley had no trouble taking charge. She said the food was delicious and the service good. The Mardi Gras Celebration was discussed as well as ideas for our table centerpiece, and decorating of our masks. Prizes for best mask and best centerpiece will be given. I couldn't believe we had no birthdays this month, I even checked it twice, out of 22 ladies. could that be possible, it was! Love you gals, God bless ... *QM Vivian Brown.*

THE HAPPY ATTITUDES: Fran Warren was our hostess at our February get together. She made arrangements for us to go to lunch at Thai Ruby. Eight of us gathered there and thoroughly enjoyed the food and the lovely

decor. The waitresses were very attentive, and everyone enjoyed the luncheon very much. Our newest member, Marge Bellew, was able to join us. Glad you're with us, Marge. After the luncheon, Fran invited us to her lovely home for homemade cheesecake and coffee. We all had a good time. We really relaxed and enjoyed the day. It seemed that the time passed all too quickly, as it usually does when we all get together. Incidentally, Fran is a new bride. She got married again the beginning of February. All our best wishes go out to her. ... *QM June Otto by Co-Queen Mary Black.*

THE GLITZY GAL'S' February outing was at Sid's Coffee Shop. The valentine exchange is always exciting as everyone opens valentines and shares the sentiments and treats in them. After that we went to the Championship Stakes at the OBS and enjoyed an afternoon of racing. We attended the Bellamy Brothers concert at the Cultural Center with our husbands after dinner at the Bamboo Cafe. Some of us attended the Red Hat High Tea Social at the Fairfield Village Clubhouse. A variety of delicious finger foods and tea was served. We were entertained by a clown ministry group. A hat contest was held and Bea and Betty modeled the bra and lampshade hats in the comical group and QM Mary and Janet modeled in the beautiful hats. Janet's purple touring hat she made won first prize. A game was played and Bea and Betty won a prize. A number of us walked in Hoofin' for Hospice and collected \$600. A picture and article of our group from the Golf Cart Parade was published in the Red Hat Society Friday Broadcast this month. March hostesses Bea Maxwell and Aldona Sachs chose to play miniature golf and then lunch at Bea's. The winner of the golf game was Betty Tesmer. March birthday girls Dot Hinde, Joyce Mackey and Sara Riehm were honored. We looked forward to the upcoming Mardi Gras Celebration. Until next time, "Laughter is a gift everyone should open." ... *QM Mary Curry by Janet Wahl.*

DIVINE DIVAS: The February luncheon/meeting was held at Club 754, the old Hightower Restaurant. Attendance was great and food was excellent. Many valentine gifts were exchanged between secret sisters. Hostesses for the luncheon were Chris Guidas, better known as Duchess of Decor and Judy Labeledz, better known as Lady Forgetful. I'm not sure that Lady Forgetful is very fitting for Judy, but Duchess of Decor seems to fit Chris quite well. Each Diva member selected their own Royal pseudo name months back and members are still not familiar with them all. Everything takes time ladies. The table was dressed in a Valentine's Day theme with valentine centerpieces and ceramic heart-shaped boxes filled with yummy candy at each setting. A job well done by our hostesses. Another month went by without a Diva celebrating a birthday. However, a very significant anniversary was celebrated by Diva Harriet Brower and hubby. To know Harriet and Harry makes it easy to know why they made 61 happy years together. Our congratulations to both. Preceding the luncheon, QM

Gail LaRue presided over a short meeting with lots of paper work on her part. Her February newsletter, as usual, was exceptionally well done with a picture of the PJ RH Diva Roundup group inserted and distributed to members. So much time is put into the newsletter by QM each month. Congratulations to QM on an outstanding job. Divas were busy preparing for the March 25 Mardi Gras. As evident from past affairs, New Orleans will have nothing on all the Red Hats expected to attend with their outrageous masks, costumes and bright colors. The menu for the evening sounded scrumptious. We can all figure on adding a few pounds ladies. In the Diva plans is the annual Diva Hoot, another fun get-together for the month of April. Then comes May. Many of us look forward to the fun time in Daytona for a few days. Lolly Foos does a great job in handling reservations and planning our activities for the Daytona funfest. So much work for Lolly, but we all love her for her patience and expertise to make it a memorable annual event. Two new members were voted into the Divas. Welcome, Jimmi Bartollone and Farrell Van Horn. We hope your Diva experience will be as fun filled and enlightening as it is for all your Diva sisters. From one sister to another, be prepared Jimmi and Farrell, for a non-stop, fun filled year ahead. Divas looked forward to a luncheon at Van Der Valk Bistro at the Lakeside Country Club in Hernando in March, to be hosted by Gloria Connolly and Carol Campbell. A good choice for elegance, Gloria and Carol. And our sincere thanks to Vivian Brown for the never ending job of overseeing the many World News RH articles. A job always well done, Vivian. ... *QM Gail LaRue by Bev Nelson*

THE RED GEMS: We expected that February would be a busy month, but we didn't know that it would be so much fun. It was Suzi Burdan's turn to choose the restaurant and she took us to the new Carmichael's, formerly The White Swan, in Ocala Palms. We exchanged valentines and read them out loud so that all could hear the sweet sentiments and the teasing lines. Some of the girls brought chocolate treats, which made us very happy. As we were about to leave, we noticed that at another table there were three guests celebrat-

ing one of the gentleman's 94th birthday. The waitress asked if we would go to their table to congratulate him. One of our very petite ladies not only joined in singing "Happy Birthday," but actually sat on his lap and kissed his brow. Since we were well wound up, we went on to sing our oft-practiced "Clap Your Hands," which was greatly appreciated by the celebrants. The next week we enjoyed the High Tea given by the Sunshine Girls of Fairfield Village. They provided a wonderful assortment of goodies along with their various teas. There was a puppet show and clowns to highlight the entertainment. They looked for the most comical and the most beautiful red hats. Well, what do you know, my hat carrying a bird's nest and a worried bird won the prize for the most comical. At this time, Lois Frear is making plans for our next luncheon, which will be at the Hilton. ... *QM Loretta Troutman.*

AVALON RED HATS: Well, we have 11 ladies in our group, and possibly one more. You have Lorraine Erb as a contact for a new Red Hat group in Avalon. This is that same group; Lorraine did not want to be in charge! We are trying to decide on a name, but for right now, since most of us are in Avalon, you could refer to us as the Avalon Red Hats of On Top of the World. We looked forward to being a part of all the Red Hats in On Top of the World and attending the Mardi Gras on March 25. ... *QM Daryl Howard.*

Please send your Chapters activities to Vivian Brown, e-mail: vjcb@cfl.rr.com by the 9th of the month, or call 291-0246. Thank you, Vivian ☺

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Great Lakes Club
Pauline Sinsky

At the March meeting, a donation of \$50 was given to the fire station volunteers for their excellent talk on what we should do in emergency and what they will do. It was very interesting and informative.

The states of Indiana and Ohio were honored with every one agreeing that Florida is a great place to be in, especially in the wintertime.

Audrey Mangan gave a report on some of the Travel Topper activities.

We finally managed to get Esther Lang and Gwyn Champlin to be on the nominating committee. At some point we all have to take turns taking office to keep the club active or we will close. Be pleasant and helpful when you receive a call to help out.

We want to thank the men for picking up the pizzas and women who served us. It was delicious and juicy.

The Swinging Singing Seniors were really great. Between the singing and jokes we had some good laughs and lots of toe tapping and hand clapping fun. We thank them for a happy afternoon.

Members with birthdays and anniversaries were introduced and then we closed after the raffle tickets were called.

In April we will have the Sunshine Singers and our ice cream social.

Remember, if you want the club to continue, please offer to do your part and sign up for an office. ☺

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Spring Is Here

HAZEL EHLE

Looking forward to these days
For spring is now here.
How fast the snow has gone
Soon green grass will appear.

With lovely days to welcome
All of springs special glow
Warm breezes wafting by
And babbling brooks to flow.

As each day comes in view
So much to see and praise
Spring does fill our hearts
In many different ways

Always so much to admire
And no more winter blues
Lovely flowers soon to come
In those tantalizing hues.

The bare trees dressed again
With new leaves and nests.
Each day brings pleasures
To make spring always best.

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Sewing Bees
Rita Miller

March ... "in like a lion and out like a lamb." I think we're all tired of these cold frosty mornings and we're ready to get on with spring and the warm weather. But, the cooler weather hasn't slowed the Sewing Bees down a bit. The "hive" is buzzing as usual.

Last month, several members took a break from our usual charity projects to sew a couple of fun items for themselves. The first item was a small fabric "wonder wallet" which is the perfect size to hold a little mad money and a credit card or driver's license. You can put it in your pocket and leave your purse at

home. The second item was a fabric water bottle holder. Both items were made in an hour or so, with less than a half yard of fabric. In the end, it was interesting to see how the different fabrics worked out. The items were simple to make and it was decided that the club should make a few of each for the Trash and Treasure Sale on April 13.

Marcy Askenase reported that she and her husband delivered 10 comfort kits to Genesis House, which is a residential shelter for older abused children (ages 10 to 17). They were very impressed with the staff and the facility. Genesis House will be presenting a program to the Sewing Bees in the near future. Comfort kits were also donated to Ocala Regional Medical Center and Guardian Ad Litem last month. So, you can see there is a real need for what we do. It warms my heart to know that a few hours a month can bring a little happiness to a child so desperately in need of comfort and love.

Once again, my monthly plea for new members goes out to both new and old residents of all On Top of the World Communities. Come check us out and see what we do on Thursdays at 12:30 p.m. We meet in the Art Room which is to the left of the mini golf course. Also, if you have any fabric suitable for juvenile projects that you are not planning to use, we'll be glad to take it off your hands. We can always use polyester fiber-fill and quilt batting.

For further information call Marcy at 854-1181 or Rita at 237-6660. ☺



Stitch Witch Quilters
Ann Weldishofer

Thirty-four On Top of the World quilters gathered on March 6 for delicious refreshments prepared by Flo Wright and Margaret Hanrahan. Thank you both!

Pat Quinlan announced that all 48 of the stamped blocks were given to Romeo Elementary School as a student project. When they have all been decorated, Pat will sew them into quilts.

Jane Geary said that all the blocks for the Guardian raffle quilt have been distributed, and will be coming back soon for assembly.

Marcy read a thank you note from Genesis House for the comfort quilts we donated to them. Ms. Foy, the director of Genesis House, will be here on April 26 at 1 p.m. to give a presentation on their agency. Everyone is invited to this meeting.

Some of us went to Kimberly's Cottage on March 13 to become more familiar with their program. Many of our comfort quilts go to this children's agency.

It was decided that no fabric in our supply, either now or in the future, will be available for purchase by members. We need all we can get for our work here.

Our March workshop was feed sack patches, and in April we will do either strait of Georgia or the Chinese coin pattern.

We also voted to change the time of our monthly business meetings to 10 a.m., still on the first Tuesday of the month. We will have refreshments following the meeting, then have time to socialize, work on club projects or on our own quilts, or leave early and have the afternoon free. We might even have mini-sessions, problem-solving time, or just a good old-fashioned "sit and sew!"

We voted to change or eliminate several no-longer-used "rules." Three proposed changes to the bylaws were proposed, to be voted on at the April meeting ... at 10 a.m.! These three are 1.) to limit anyone holding any office for more than two years; 2.) to allow absentee voting on request for the November officer elections; and 3.) to hold regular business meetings 12 months a year instead of the nine we do now.

Our April meeting will also be our annual spring luncheon, which will be a potluck following the meeting. Flo will be in touch with everyone.

After the meeting, there was a great show and tell!

Some of the flannel quilts that Dot Hinde taught were finished and displayed, as well as many others from past workshops. There were about a dozen in all — way to go! And, of course, all beautiful!



Crafty Ladies
Dot Tripp

Our featured charity this month is Hospice of Marion County. Hospice provides special care to those patients and families who are facing difficult and challenging changes in their lives. Hospice has been doing this for more than 24 years. They are able to care for approximately 200 terminally ill patients and their families in Marion County each day, regardless of their financial status.

This care is provided in the four Hospice facilities located in Marion County, plus in the homes of the terminally ill and hospitalized patients. People who have used this service cannot say enough good things about Hospice and how they were helped through a difficult period in their lives. Another plus is that all donations, whether money or materials, are used to provide comfort, relief, support and compassion to members of our community.

On Wednesday, April 4, we are going to have a social get-together before our friends and members decide that the snow has stopped falling and it is time to head north for the summer. The arrangements being made by the committee have been kept very quiet, so you'll hear more about it in next month's column.

Crafty Ladies group meets year-round. Is your club or group closing down for the summer? Are you looking for something to do? You may want to consider Crafty Ladies. We meet every Wednesday morning from 9:30 to 11 a.m. in the Card Room in the Arts & Crafts Building (that's the building across the street from the water tower).

Have any questions? Call Dot at 854-4913. Try to keep your wits about you so that you don't get fooled on April 1!

'Til next time, do your best to keep healthy, happy, and "crafty." ☺



Artistic Crafts & Gifts
Loretta Troutman

If you like feel-good stories and who doesn't, you'll want to come up to the Health & Recreation Ballroom and get acquainted with Carole Smith.

She has a dachshund that survived Hurricane Katrina. However, when little Jordan was found she had been in an accident and suffered a broken back and legs. A good Samaritan paid for the necessary surgery and now Jordan is a happy member of the Smith family who adopted her.

Since Jordan came into their home, Carole has learned to make doggie treats. She brings an assortment to the Ballroom and sets up a display of her various goodies. They are all made from natural foods and look and smell delicious. If you have a doggie of your own, or may be visiting where a special dog resides, you will really score big if you bring one of these treats along.

Do come up to the H&R Ballroom and meet Carole and our other crafters. They display their items, which are carefully crafted, and make fine gifts for your gift giving or home decor. We are in the H&R Ballroom every Tuesday from 9 a.m. to noon. ☺



Rubber Stamping Greeting Cards
Margaret Hanrahan

Who would have thought a magazine advertisement could become a beautiful butterfly. Well, that's exactly what happened at this middle-of-the-month meeting. Lois Frear showed us how this is possible using black card stock and gold embossing powders to build the base of the butterfly, then enhancing the wings with a kaleidoscope of color found in advertisements.

We'll never look at ads the same way again.

At our next meeting Denise Shortway was our guest teacher. The theme of this meeting was "Life's too short to use an ugly pad." Denise showed us how to take an ordinary tablet of paper and turn it a thing of beauty. With the use of card stock and coordinated fancy printed papers we made two different styles of covers for our tablets. Great as a gift for a friend, family member or as a hostess gift.

This group meets to encourage, inspire and assist one another. Members range from just beginning to many years in this art form. We meet in Suite D of the Arbor Conference Center from 1 to 3 p.m. on the first and third Thursdays of the month. We have a fun and relaxing time. All are welcome.

If you have questions, please call Margaret at 732-3282 or just show up. ☺

The Happy Hookers
Carole Toye

The "Happy Hookers" or Rug and Latch Hookers are busy with various projects such as knitting hats for donating to a local school, Romeo Elementary, courtesy of Cecily Lucas, Pam Jennings and Hilda Woodcock; Pat Utiss is making a baby blanket for her second grandchild; Christmas stockings by Judy Schaefer; embroidering by Rita Kennedy and Maureen Wolfe. Jackie Palotta has made two beautiful baby sets, hats and sweaters. We do have one lady, Ruth Phaneuf, working on a latch hook rug.

As you can see, we are involved in varied projects. When one person doesn't know something, there is always another who does and is willing to share their knowledge.

We go out to lunch every other month and on April at 1 p.m. we will be going to Candler Hills. If you plan on coming, please call Carole Toye at 873-1646 to let her know.

Come and check us out, we meet every Monday at 2 p.m. in the Ceramic Room; we always welcome new members. ☺



Ceramics
Terry Zarrella

"Spring has sprung" as the saying goes ... and you too can make pretty birdhouses for your garden. I personally make them for my kitchen and put them amongst my violets under the plant lamp. It sure pretties up the kitchen. Better still ... make them for your friends as house gifts or for family members.

Many friends and acquaintances say: "Oh, you have to have a lot of patience to do ceramics." Well ... actually it works the opposite way. It relieves stress, anxiety and soothes the nerves. It is a very relaxing craft. You get so caught up in the project you are creating, that you forget your problems, worries and become elated at the results of the piece you are working on.

Ceramics is held in the Craft Building behind the softball field in the Art Room every Monday and Wednesday from 9 a.m. to 1 p.m. Wannetta Clousse has marvelous ideas and is quite helpful to residents who have never done ceramics. Even if you have done ceramics for years, as I have, I still learn a thing or two from Wannetta. Come join us, I promise you a relaxing day and maybe you will meet a new friend or enjoy the company of old friends. ☺

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Variety Show Raises \$1,000 for Hospice

By SHIRLEY SCHOPF

The Decorating Committee wants to thank all the wonderful people who helped make the Hospice Variety Show a success.

We want to especially thank all the performers. They did an outstanding job.

Thanks go to the sound and light crew and all the ticket sellers and the ushers. We want to thank Ray Utiss for the announcing of the evening events. Ray really looked sharp in his white suit with "long" pants. Great job, Ray.

Thanks to Mary Ehle for making our tickets and for Ernie La Duke for the room set up. Thanks go to all those who took the time and attended this show.

Without all their attendance we could not have given Hospice the check, which was for \$1,000. Thanks again. ☺

The Embroidery Chicks
Jan Johnson

A new club, The Embroidery Chicks, is being formed for those interested in learning and improving machine embroidery skills.

The club will meet from 9:30 a.m. to 1:30 p.m. at the Arbor Conference Center, Suites B and C, on the first and last Fridays of the month.

The kickoff meeting of the club will be on Friday, April 6, at 9:30 a.m. Only pen and paper are needed for the first meeting. All are welcome. For information, contact Theresa at 291-7570 or Jan at 854-3403. ☺

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**World
Traveler**
Bill Shampine

Last month we enjoyed parts of England and Wales. Today we need to get from London to Paris, France, which will add only 213 miles to our trip around the world.

Instead of flying, let's be creative and take the Chunnel (Channel tunnel). This train has departures from London about every hour, takes just under three hours to get to Paris, and costs about \$100 one-way (essentially the same cost as an airplane).

Before we start visiting, however, let's re-

view a little history about France. Modern-day France has about the same borders as those of ancient Gaul, which was inhabited by the Celtic Gauls. Gaul was conquered by Rome by Julius Caesar in the 1st century BC (his book describing his campaign is still read by scholars today) and the people of the area adopted Roman speech (later adapted into French) and culture.

A Germanic tribe known as the Franks captured Gaul in the 4th Century AD. The modern name "France" derives from this connection. France became a separate entity with the Treaty of Verdun in 843, and a monarchy began in 987. Most important to the United States was the help of France during the Revolutionary War. Without France's help the U.S. never would have been able to defeat the British! Napoleon Bonaparte seized control of the French Republic in 1799 and ruled until his defeat in 1815 at the Battle of Waterloo. Both world wars had a major economic effect on France, but it has recovered well. France was one of the founding members of the European Union (EU), and has been instrumental in supporting the growth of the EU.

France is a country that is slightly bigger than California and can be crossed by car from one extremity to the other in eight hours. Despite its relatively small size, France's landscapes are extremely varied. The geography ranges from major metropolitan areas such as Paris, to rural farmlands, to oceanfront resorts, to high alpine mountains. Mont Blanc,



Photos by Bill Shampine

Left: One of the many cemeteries along the Normandy coast. Above: Church at Ste. Mere Eglise. Note the paratrooper caught on the church steeple.

at 15,780 feet, is the highest point in Europe and is located in the French Alps near the border with Italy.

With more than 75 million foreign visitors in 2003, France is ranked as the No. 1 tourist destination in the world, and Paris, of course, probably is the most popular tourist spot in France. Movies and music have ensured that Paris connotes beauty and romance to all of us. Surely the Eiffel Tower is one of the most photographed vistas in the world. I have been to Paris many times and never tire of visiting the Louvre, arguably the most famous museum in the world.

Other famous places include Notre Dame, the Arc de Triomphe, Dome Church (where Napoleon is buried), Orsay Museum, Palace of Chailot, and many, many more. Try a stroll down the Avenue des Champs Elysees, along the Seine River, or down one of the little side streets resplendent with their small sidewalk restaurants and shops of all kinds. But beware when you are walking around Paris because

they do not have a pooper-scooper law!

France has something to please every one of us, and trips to France should not be limited to Paris. I recommend using the train to move around the country. Please don't judge European trains by the American train experience. Trains in Europe are clean, relatively inexpensive, and run on time!

From Paris, you should hop on a train and go about 10 miles southwest to the Palace of Versailles. The palace and grounds truly are stunning with an opulence that is hard to fathom. The many water fountains scattered around the gardens all function with natural water pressure instead of pumps, and provide wonderful backdrops to breathtaking views as you stroll down what seems like miles of garden paths.

If you prefer sun and surf, hop a train to the Mediterranean, about 450 miles to the southeast of Paris. The Mediterranean Sea beaches at Nice, St. Raphael, St. Tropez, and Marseille are world-renowned. This also would be the place to go for those of us who like to gamble.

Skiing excites you? Some of the world's finest skiing can be found in the French Alps, about 300 miles southeast of Paris. For many Americans, the 200-mile trip to the coastal area of Normandy is a must-see activity in order to visit the area where the troops landed during the great invasion of World War II. There you will find many remnants of the War effort honoring the bravery of all of the soldiers who fought and died there.

Finally, what can one say about the gastronomic delights of France that hasn't already been said? French food and wine have a world-class reputation that is well deserved. It might be fun to visit some of the finest vineyards in the world. You can do this with a 300-mile train trip from Paris to Bordeaux in the southwest part of France. There you can spend a lot of relaxing time visiting various vineyards and sampling their wares. You should spend some time there eating some incredible meals at the many small restaurants and sipping the local wines, many of which are not available anywhere in the U.S. because they are not exported.

Now what is our total mileage traveled? Our base was 5,331 and we added 213 miles to get to Paris. Let's add another 600 miles to include a trip from Paris to Bordeaux to Normandy and back to Paris. This would bring our total air and land miles to about 6,144.

Now, where should we go next month? Having been to Norway, I know that it is one of the most beautiful places in the world. Let's go there, OK? ☺



Travel Toppers
Jo Swing

April is here, one of the best months here in central Florida. There is so much coming up this month that we at Travel Toppers have been hopping as fast as the Easter bunny. We have seen many good shows, such as "Victor, Victoria" at the Show Palace Dinner Theater in Hudson, "Spamalot" at the Tampa Bay Performing Arts Center, and the Peking Acrobats at Daytona Beach. We've had the excitement of horse racing at Tampa Downs just a week ago.

The trip to see "100 Years of Broadway" at the Ruth Eckerd Hall in Clearwater was enjoyed by two busloads of Travel Toppers.

All were thrilled by the absolutely wonderful voices of the singers. Before the show, we were served an excellent box lunch. To quote Cathy Barbero, "100 Years of Broadway" recreates the biggest moments from the biggest shows of the century featuring the actual stars of such shows as "The Phantom of the Opera," "Les Miserables," "CATS," "Jesus Christ, Superstar," and "Jekyll and Hyde."

Per Cathy, "The comfortable seats, elevated in arena style, provided excellent viewing of the stage and the performers. The four-piece New York band filled the hall with electrifying sound, which was enhanced by the performances of a dazzling cast of five Broadway stars, three men and two women vocalists. Some of the songs performed were 'The Impossible Dream,' 'Old Man River,' 'Some Enchanted Evening,' 'All That Jazz,' 'Over the Rainbow,' 'Oklahoma,' 'Nothing Like a Dame,' 'Sit Down You're Rocking the Boat,' and 'Music of the Night.' The performance ended with a standing ovation."

Pre-registration will start this month for two shows at the popular Starlight Dinner Theater in Orlando.

On Father's Day, Sunday, June 17, we will be going to see the musical "Bye, Bye Birdie." The cost is \$64 and includes a great sit-down dinner with choice of four entrees, transportation and tips for meal and driver. Reservations will be taken starting April 3. The coordinator is Pat Hood (237-8533). Please call between 9 a.m. and 7 p.m. only.

The other show at the Starlight Dinner The-

ater will be the classic "Sound of Music" on Saturday, July 14. Delma Hoffer (854-7726) is the coordinator. She will be taking reservations starting April 2. Please call only between 9 a.m. and 7 p.m.

For those of you who long for faraway places, Travel Toppers has a wonderful cruise scheduled for Jan. 25 through Feb. 3, 2008. It will be on a luxurious new ship, the Norwegian Pearl. Some of the ports to be visited will be Samana, Dominican Republic, Tortola, BVI, St. John's, Antigua, Bridgetown, Barbados, and Castries, St. Lucia. The price includes round-trip motor coach to Miami where we board the ship. This promises to be a fantastic cruise. Please call Audrey Mangan at 854-7074 to book.

If you have signed up for any Travel Toppers trips and find that you are unable to attend, please call the trip's coordinator as soon as possible. We have wait lists of people who would be happy to go in your stead. Since the cost of the buses has gone up, it is important that don't have empty seats.

Just a reminder, payment for trips is now being received at the Arbor Conference Center, Suite D. There will be a new brochure out early this month. It will be a different color than the current one which is green.

The next Travel Toppers meeting will be held Wednesday, April 4, at 10:30 a.m. in Suite A at the Arbor Conference Center. Please join us then. New members are always welcome.

Until then we wish you all happy holidays and happy travels. ☺



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Carolina on My Mind

Our Tour of North Carolina's Coast Continues in Beaufort

By Bob Woods
WORLD NEWS WRITER

Departing Wilmington in the afternoon we headed up the coast again on U.S. Route 17 until we reached Route 172, which is a short-cut crossing Camp Lejeune Marine Corps Base. Route 172 will connect us to state Route 24 that hugs the coast leading us through Morehead City then onto Beaufort.

Beaufort, N.C., (pronounced Bo-fort) differs in its pronunciation from the same named town in South Carolina, which is pronounced Bu-ford.

We had previously made reservations at the Inlet Inn for a two-night stay. The inn is situated right on the water's edge overlooking moorings containing every type of pleasure craft from small ferry skiffs to large pleasure craft, one of which being owned by the North Carolina Panthers football team.

Beaufort is rich in history. Perhaps the most famous person that at one time resided here and kept his famous ship anchored in the neighboring waters was Blackbeard the Pirate. This community was settled in 1709 by the British and was incorporated in 1722. The community became an active seaport in the late 18th century being inhabited by sailors, pirates, privateers, fishermen, soldiers and planters, all relying on the sea.

The seaport of Beaufort was isolated by its location from the rest of North Carolina but was connected by sea to seaports around the world. Beaufort is North Carolina's third oldest community, which was originally inhabited by Coree Indians.

Arriving in the late afternoon and after getting a bite to eat at a local eatery we headed back, where we encountered spectacular views of the harbor area from our room, which was on the second floor of the inn. A large bal-

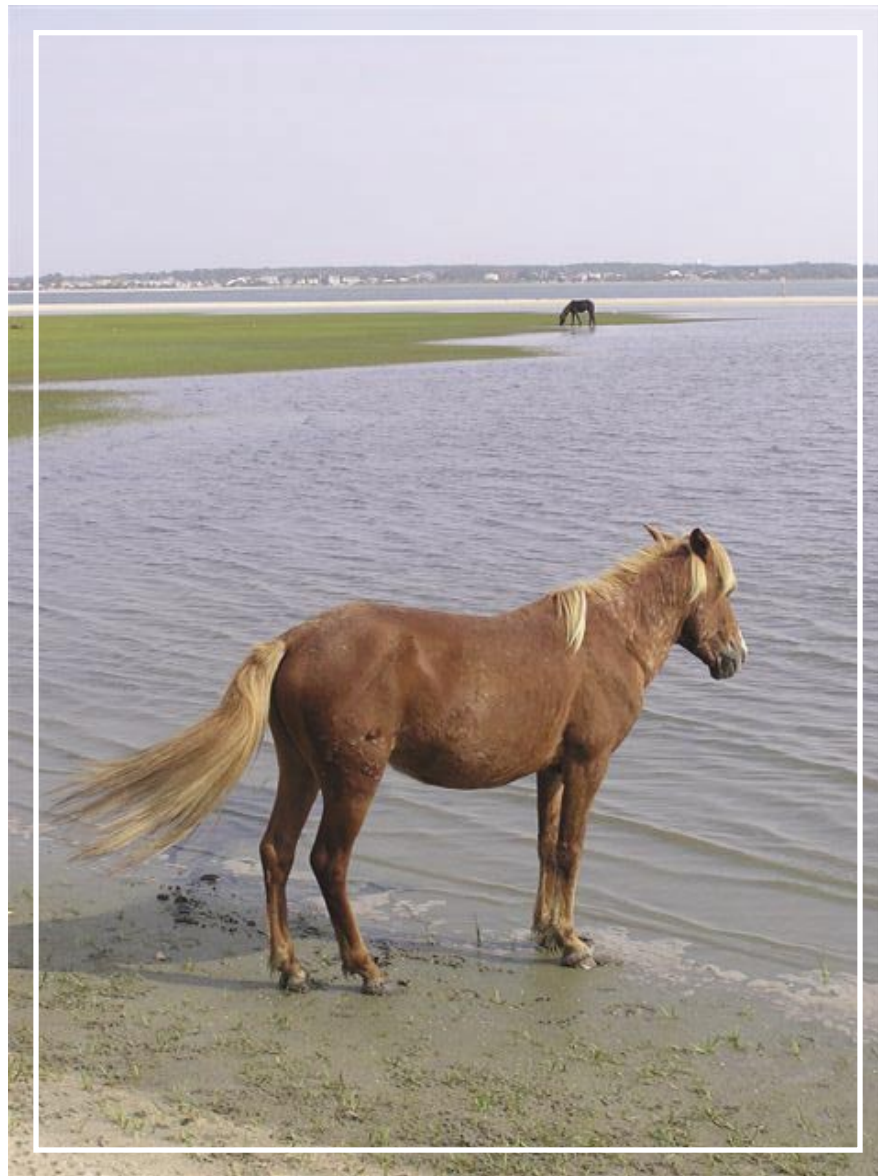


Photo by Bob Woods

Wild horses on an island near Beaufort are descendants from Spanish mustangs that swam ashore from shipwrecks some 400 to 500 years ago.

cony allowed us to see miles around and the lights from all the watercraft sparkled off the water. Little did we know that in the morning a continental breakfast is served right in our room. Pick up the phone and tell the lady on the other end what you would like from a printed menu and presto, a knock on our door and breakfast is served.

Prior to our arrival I had read that in this area wild horses roamed the beaches. After a

little questioning of hotel staff I found that a ferry situated right across the street from the inn would take us to a place called Shackleford Banks. This bank is in actuality an island that is nine miles long and a half-mile wide. It is home to around 130 horses that are believed to be direct descendants from Spanish mustangs that swam ashore from shipwrecks some 400 to 500 years ago.

The horses are small in stature averaging

10 to 13 hands. Our ferry guide told us that the size probably has something to do with the salt content consumed by the horses. These horses are wild and we were warned to that fact. Take plenty of pictures from a safe distance as there are always stallions present and they protect their little harems, which number around 25 to 30. The Bank safely has around 130 horses grazing mostly on marsh grass or Spartina. I saw many horses eating what I would call sea grass during low tide.

The ferry ride took only 15 to 20 minutes to reach the Bank and we were told where we would likely see the horses while others with our small group wanted to head to the seaward side of the Bank where shelling is fantastic. I preferred to see and photograph the wild horses. Shackleford Bank is one of three Banks (islands) comprising the Cape Lookout National Seashore. Other than the wild horses the other most frequented attraction is the Cape Lookout Lighthouse, only being reached by boat.

There are plenty of other historic places all within a few blocks of the inn, all within walking distance but in my estimation, must-see places to visit and view while in this historic seaport community. The Beaufort Historic Site is a location with many early dated buildings and has period dressed tour guides. The oldest building is the Rustell House, dating back to 1732.

The Maritime Museum is a must stop. Not only does the museum depict the community's heritage as a seafaring town but also has a lot of artifacts from the vessel Queens Anne's Revenge, believed to have been Blackbeard's flagship. Blackbeard, by the way, was beheaded not too far from Beaufort at Ocracoke where he was captured by the British and his head placed on display.

The Hammock House, built in 1709, is the oldest house in Beaufort. It is believed that this house was constructed by a group of sea captains and later used as a tavern. The house stands on a small hill and was used as a navigation point on early maps. One of its most famous guests was Blackbeard who reportedly stayed in this house when he was in Beaufort.

The Sloo House, 1768, is a Federal home built by a sea captain who had his daughter preserved in a keg of rum at sea and later buried in the town's Old Burying Ground. The Old Burying Ground was deeded to the town in 1731. It contains both Revolutionary and Civil War graves. There are many interesting head stones in this cemetery, which by the way is one of only a few cemeteries that is on the National Register of Historic Places.

Other than the girl buried in the cemetery within a barrel of rum is a British Officer who died around 1700. The Naval Officer died on a ship in the port of Beaufort and he did not want to be buried "with his boots off."

He was buried in a standing position in full uniform. His marker states "Resting 'neath a foreign ground, Here stands a sailor of Mad George's crown. Name unknown, and all alone, Standing the Rebel's Ground."

Beaufort is a wonderful place to spend a few days before heading north to Cedar Island where we boarded a ferry to Ocracoke to begin a leisurely tour of North Carolina's Outer Banks.



Wood Shop
Ray Utiss

President Cich has passed on this information for all Wood Shop members.

There will not be anyone at the Wood Shop on Monday nights on a regular basis. Members wishing to renew their membership, or who need instructions on equipment, are to call President Cich.

If you are a resident and wish to join the Wood Shop, please call President Cich. His phone number is in our phone book. There are currently 144 paid members who have received their orientation.

I have been to the shop recently and saw a few members working on their projects. There is still room for more of you to join them.



From Page 14: Lil Taub.



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Photo by Larry Resnick

Bob O'Neal leads in Irish sing-a-long at the Irish-American Club St. Patrick's Day celebration in March.



**Irish
American Club**
C.M. Casey

March 8 was a grand night for the Irish. A sell-out crowd of 284 members and guests were at the Health & Recreation Center for the annual St. Patrick's Day event. Even though we still had nine days until the real day, this group was ready to celebrate. Green was the theme of the night, from the members and friends wearing green, the decorated lights and finally to the beautiful table arrangements which were designed with the Irish in mind. Edie Dieckman and her crew outdid themselves for this event.

The festivities began with piper David Rodgers from the Marion County Sheriff's Pipe and Drum Unit, who led the march with president John Dieckman and treasurer Joe O'Brien. With the pledge of allegiance followed by an invocation given by Mary Culbertson and a toast by Pat D'Auteuil, we were ready to enjoy our meal of corned beef and cabbage. The meal was excellent and our thanks to Bruce. A big thank you to our many members who baked Irish soda bread, it was delicious.

As the dishes were cleared our emcee for the evening was Bob O'Neal who entertained us with his many jokes. If you see him ask him about Father Ryan.

Our professional entertainment began with the Spirit of Ocala Irish Dance group. These are talented young ladies who love to

step dance, do a reel, and dance the jig. One could not help but clap and toe tap through out their numbers. Our accompaniment for all the groups was Walter Koenig, who definitely added to our enthusiasm.

After the dancers, piper David Rogers returned playing "Wearing of the Green," "Wrap The Green Flag Around Me" and his own rendition of a jig called "Halfway to St. Paddy's Day."

Kate O'Neal, daughter of Bob and Mary O'Neal, was our next entertainer. She has such a beautiful, clear and vibrant voice. It was a pleasure to listen to her. Three of her songs were "The Wild Colonial Boy," "Danny Boy" and "Cockles and Mussels." You can tell she is a chip off the old block as she is a bit of a humorist as well.

Kate sang a duet, "The Briar and the Rose," with her daughter Maggie Dutton who for such a young lassie has an incredible voice. I hope we will be hearing from Maggie in the future. After the rousing applause they received, Kate came back to sing "The Field of Athenry" with her father.

We were all looking forward to hearing Bob O'Neal sing "The Black Velvet Band," "The Old Man" and "The Rose of Tralee." He didn't disappoint us.

We completed our evening with a singalong lead by Bob, featuring Irish tunes such as "Irish Eyes are Smiling," "Harrigan" and "Irish Lullaby." Naturally we would have liked for the show to go on all night but we all know all good things come to an end. But we are looking forward to our next event.

Please mark May 10 on your calendar as this is the day of our next social event. More information on this event will be in our next column.

Bob Woods has notified me we only have 13 tickets available for the trip to Ireland. It is filling up very quickly. If you are interested please contact Bob at 854-0702.

Just a gentle reminder for those who may have forgotten, the dues for your membership in the Irish American Club should be paid to Joe O'Brien.

To all our members celebrating birthdays and anniversaries this month, we wish you the very best.

Until next time "May your troubles be few and your blessings be more." ☺

net Wahl was taking pictures throughout the games. I cannot wait to see them, because I think I missed a few sights. I want to thank Betty Stock and Shirley Wilver for helping me as judges. All participants in the games were awarded prizes.

Remember, there will be no regular April meeting. On April 18, we will be going to Jai Alai. It is necessary to let me know how many will be attending, so we can all sit together at the restaurant. I will be calling for reservations around April 4, so you still have a few days to let me know if you want to accompany us. You don't have to be a member of the club to join us. So, give me a call at 861-2831.

Our May meeting will be our picnic. This picnic will be held in our regular room at the Arbor Conference Center. This way, we don't have to worry about the weather.

However, weather permitting, we will still be playing our member favorite outdoor games along with bingo. Remember, this is a covered dish dinner, so bring your favorite dish to share, along with your table service. As usual, the club will provide coffee and soft drinks.

So, we hope to see you on May 9 at 3 p.m. in Suite E of the Arbor Conference Center. ☺



Photo by Andy Zarrella

New York went up against New Jersey in a quiz show during the March New York/New Jersey club meeting.



**New York/
New Jersey**
Terry Zarrella

First I want to apologize to everyone that the picture of Tampa Downs was not published in last month's edition of the World News due to space shortage. However, I did mention the board members and everyone who attended on a what good time we all had.

At last month's meeting, we held a quiz show hosted by our wonderful member Bunny Barba. She did a great job and I want to thank her for all the time and effort she put into last month's entertainment. The quiz show pitted New York against New Jersey. New York contestants were Andy Zarrella, captain of the team, Sue Zanazzi, Mary Anne Nabet and

Frank Palotta. The New Jersey team consisted of Mary Rongetti, captain of her team, Margaret Smith, John Smith, Liz Ettell and Joe Salisbury. New York won with a total of 85 and New Jersey 30. Each winning contestant won five lottery tickets each. Andy and Mary Anne had winning tickets. The opposing team won scratch-off tickets. We all had a great time even though Bunny said the questions were geared toward sixth graders; however, Frank Palotta wanted to know if the sixth graders were Mensa students! Some of the questions were quite interesting to say the least. The point is we all had a great time and membership participation is number one for entertainment for our club.

Don't forget in May we will have our "Annual Not So Newlywed Game."

Sales for our covered dish once again exceeded our expectations this year and I will tell you all about it in next month's column. Our covered dish is one of the more popular events of the year. It's a wonderful chance to meet new neighbors, make new friends and have a great time.

Our membership continues to grow as word gets out to all our residents and all the new people from the New York and New Jersey states. We welcome you and if you have any questions, please do not hesitate to call me. My phone number is in the On Top of the World phone book.

Our meetings are held the third Tuesday of every month at 3 p.m. in the Health & Recreation Ballroom.

Until we meet next time ... stay well, laugh often, be happy! ☺

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APRIL EVENTS

- April 4, 2 p.m., Peace Park and Labyrinth Dedication
- April 5, 7:30 p.m., Maundy Thursday Tenebrae
- April 6, noon, Community Good Friday Service at Countryside Presbyterian Church
- April 8, 7 a.m., Sunrise Service and Breakfast following
- April 8, 10:30 a.m., Easter Worship
- April 10, noon, Women's Fellowship Luncheon and Style Show presented by BonWorth, \$10
- April 18, 9 a.m., Trip to Kanapaha Botanical Gardens
- April 29, 10:30 a.m., All Musical Sunday Service

ALL ARE WELCOME



**Pennsylvania
Club**
Pat Utiss

Club was our second annual spring carnival. This year, instead of individual games, the games were in a team format. From the laughter heard, especially during the old clothes game, I think everyone had a good time. Ja-

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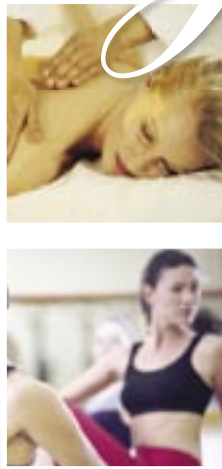
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April 2007 Group Fitness Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM	Gentle Flow Yoga <i>Ronnese</i>		Gentle Flow Yoga <i>Ronnese</i>		Gentle Flow Yoga <i>Ronnese</i>	
9:15 AM	On The Ball <i>Terry</i>	Energy Flow Yoga <i>Ronnese</i>	On The Ball <i>Terry</i>	Energy Flow Yoga <i>Ronnese</i>		Pilates <i>Terry</i>
10:30 AM	H ₂ O Fit <i>Debbie</i>	Gentle Waters <i>Joan</i>	H ₂ O Fit <i>Debbie</i>	Aqua Cut <i>Joan</i>	H ₂ O Fit <i>Debbie</i>	Aqua Cut <i>Joan</i>
3:30 PM		H.I.T. <i>Mary Pat</i>		H.I.T. <i>Mary Pat</i>		
5:30 PM	Step Fusion I <i>Kitti</i>	The Ranch B.L.T. <i>Pat</i> Hydro Blast <i>Joan</i>	Step Fusion II <i>Kitti</i>	The Ranch B.L.T. <i>Pat</i>		
6:30 PM	Tai Chi <i>Shannon</i>	Pilates <i>Terry</i>	Tai Chi <i>Shannon</i>	Pilates <i>Terry</i>		

Class Descriptions

AQUA CUT – Contour your body without feeling the heat, using all of our water toys! Have fun and look great at the same time. Swimming proficiency is not required.

ENERGY FLOW YOGA – Move energy, find balance, and transform your whole being in this unique yoga experience. In this class we integrate yogic styles and techniques to build strength, increase vitality, improve mental clarity, expand awareness and assimilate and consolidate your energy. Each class is designed so the individual student can work at a tempo and rhythm that is comfortable, personally challenging, yet balanced among the group as a collective whole. Previous yoga experience is recommended, although beginners are welcome.

GENTLE FLOW YOGA – Relax your mind, body and spirit with a yoga session. Bring your body and mind together into one harmonious experience before a long, tedious day at work! Designed for all ages and fitness levels!

GENTLE WATERS – Release stress and tension, improve your posture and balance all while increasing your range of motion with gentle movements. Swimming proficiency is not required.

H.I.T. (High Interval Training) – Burn fat with bursts of simple, high intensity aerobic moves, including kickboxing and optional Step for 3 minutes, followed by 1.5 minutes of body sculpting with weights, the band and stability ball. This High Interval Training (H.I.T.) class employs simple choreography to strengthen and tone the upper and lower body while maintaining an increased heart rate. Balance exercises with and without the ball help you improve your posture. Variety is the focus of this class, which helps alleviate exercise boredom.

H₂O FIT – A water fitness class to help you splash your way into good health. This class will strengthen your heart through water cardiovascular exercise, muscle conditioning and increased flexibility...all while improving your balance. Impact-free with great water resistance benefits! Swimming proficiency is not required.

HYDRO BLAST – A full cardio and strength workout in the pool guaranteed to burn calories with decreased stress on the joints. Carried out to music, this class will appeal to those who enjoy and appreciate the benefits of water-based activity as a recommended intensity. For the more active participant.

ON THE BALL – Unlike traditional exercise equipment, stability balls require the use of core strength, challenging your stabilizing muscles (Abs, Glutes and Lower Back) to a whole new level. This class will challenge your neuromuscular system, enhancing your strength, balance and posture. Discover how this class will help develop everyday functional movements. All fitness levels welcome.

PILATES – This “mat-based” class is a series of exercises performed mainly on the floor using gravity and your own body weight to provide resistance. It is designed to strengthen and lengthen your body using the deep core-supporting muscles to improve posture, balance and coordination. All fitness levels welcome. Sticky mats provided.

POWER FLEX MIX – A workout for all ages and abilities, combining cardio, strength and flexibility moves while using various bands, free weights, and steps plus simplistic aerobic choreography. Work at your own pace within your own capabilities to achieve improvements in all areas with this fun group exercise class. (Coming in April.)

THE RANCH B.L.T. (Body, Legs, and Torso) – This total body conditioning class will incorporate daily functional movements, including cardio intervals and strength moves, using a combination of hand weights, balls, steps and lots more. (This class is not for the novice member.)

STEP FUSION I – Enjoy this combination cardio and upper body strength training class. 30 minutes of step...15 minutes of abdominal and core training. This is sure to be fun and will contour your physique and exhilarate your mind! Designed for all ages and fitness levels.

STEP FUSION II – This is a great class to follow Step Fusion I, working your lower body! 30 minutes of step, 20 minutes of lower body strength conditioning, 5 minutes of super ab blast, finishing off with an active, yet soothing, stretch.

TAI CHI – A form of exercise practiced for centuries by the Chinese. It involves slow circular movements that are relaxing. It is gentle and beneficial to all parts and systems of the body. Breathing is deep and slow, aiding the life force known as Qi. This simplistic form of strength and balance training gives stress relief and brings peace and harmony to mind and body.

All classes are 55 minutes in length. Schedule subject to change.

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Theatre Group
Marcia Miller

April looks to be a busy month for the On Top of World Theatre Group and residents of On Top of World can take part in the activities.

First up is the 200 All Star Revue on April 13 and 14. Tickets are currently on sale in the Health & Recreation Ballroom on Monday, Wednesday, and Friday mornings at a cost of \$5 each.

The April looks show is a mix of singing and short skits. Elliot Barbour is director of the show; he also has a few lines in it. Dottie Berkowitz is musical director. Dottie is well known to On Top of World audiences for her "Dottie Shows" and piano playing. She started studying piano at age 6 and by 15 was rehearsal pianist at a training school for Radio City's Rockettes. She has been involved in community theater on stage, backstage, offstage and

orchestra pit ever since. Working closely with Dottie in this show will be Marygrace Felt, choreographer. She will be helping the cast members move on and off and around stage gracefully and maybe teach them a few steps to go along with some of the music.

The second event, which you are invited to, is an Open House on Friday, April 20, between 2:30 and 4:30 p.m.

This is a chance for those of you who might be thinking about participating in the group in some way, to find out what we are all about. There will be a chance to read some skits, participate in a little improv and even do a little singing. There will be pictures of past performances and refreshments will be served.

Not interested in being on the stage? There are other areas of theater where your talents and interests might shine. Some of these include publicity, working with props and costumes, set building and set up, to name a few. Hope to see you at this open house on April 20. Members will be on hand to answer questions.

The third chance for resident involvement in the Theatre Group will be on Monday, April 23, when Sandy Berkowitz, director, will hold open tryouts for next fall's play, "The Odd Couple, Female Version" by Neil Simon. The cast calls for two men and six women. Tryouts will be held in Arbor Conference Center, Suite D, at 2:30 p.m. on April 18. For more information call Sandy at 861-2226.

Remember the dates: The 200 All Star Revue, April 13 and 14 at 7:30 p.m.; The Open House on April 20 in suite D of the Arbor Conference Center between 2:30 and 4:30 p.m.; tryouts on Monday April 23, also suite D at 2:30 p.m. Hope to see you at some or all of the above happenings. ☺



Bandstand Showcase
Dean Gilchrist

Bandstand Showcase Finishes with a Flourish

On Sunday April 15, at 2:30 p.m., Bandstand Showcase will present The Allan Vaché Jazz Quintet in its last concert in the Health & Recreation Ballroom. Tickets are \$5 for general admission and \$7 for reserved seating and are on sale in the Ballroom Mondays, Wednesdays and Fridays from 8:30 to 10 a.m.

Allan has brought his quintet to On Top of the World almost every year since Bandstand Showcase was first organized. He is an outstanding clarinetist who travels to jazz festivals, on cruise ships and to recording dates all over the world. The quintet features four other outstanding musicians: Jeff Phillips, Charley Silva and Ed Metz Jr. provide the rhythm and other exciting things on piano, bass and drums, respectively, and Davey Jones adds innovative melodies with his trumpet. Our audience never tires of them because each show they have presented is different from the others and there are always some pleasant surprises.

The concert is sponsored by the Barbara J. Young State Farm Insurance Agency. This will be the fourth time she has sponsored a concert and the second time she has sponsored Allan Vaché. Come out and hear them! You will not be disappointed.

It is regrettable that Bandstand Showcase will not continue after this season. My efforts to find a replacement have failed, and very frankly, it just isn't viable in the present all volunteer format. Sponsors are difficult to obtain and we need a larger audience in order

to afford a greater variety of the kind of talent we have presented in the past. I have volunteered to assist the Circle Square Cultural Center with their Dixieland and jazz presentations next season, and I promise to do everything I can to see that you continue to have an opportunity to hear top quality performances at the new facility. If you haven't been there yet, plan to attend in the near future. It's a comfortable place that's large enough to accommodate the right sized audience, and has great stage lighting and sound.

I will probably write one more column after this to tell you what we did with approximately \$3,500 which has accumulated over the past eight years and about 40 performances. Which of several charities and nonprofit organizations being considered will be decided by the board of directors before we formally disband, and we will let you know the decision.

As we close the season, I would like to thank my fellow directors, Fran Bernardini, ticket manager, and Frank Palotta, treasurer, for their substantial contributions to our success. Thanks also to Dick Washburn for the innovative program designs you have enjoyed all season. Also, our hats go off to the other volunteers who helped with the chores of selling tickets and hosting the concerts; namely, (in no particular order) Shirley Coe, Betty and Tom Cullum, Jean Flynn, Shirley Gilchrist, Jan Juhlin, Rita and Tom Miller, Jackie Palotta, Jerry Bernardini, Jack Strunk, Don Rowell, Cliff Sherer, Wayne Smith, Jeannie Maire, Jerry Semorad, Doris Knight, Pat Russell, Florence Giblin and Marianne Walker. Isn't it amazing how many people it takes to make a little music?

I would like to especially recognize Jack Strunk for his extensive and reliable assistance to the ticket manager, and for his efforts to promote attendance. Also, special thanks to Jeannie Maire, who stepped into the middle of the 2004-05 season, found a couple of sponsors and breathed some new optimism into the organization when it was about to go belly-up.

Of course, no one should forget Herb Weston, the principle founder of Bandstand Showcase back in 1999. The list doesn't end here without mentioning the outstanding poster advertising prepared by Karen Mead and her staff at On Top of the World Marketing, the help of Lynn Stock at World News, the professional lighting and sound provided by Porky Schoph and his crew, and very importantly, the guy who faithfully put your chairs in place and put the ballroom back together after each concert, Ernie LaDuke. Also, thanks to you, the great audience that helped to keep Bandstand Showcase alive for the eight year run.

Dean Gilchrist is chairman of Bandstand Showcase and can be reached by e-mail at deanotow1@earthlink.net or by phone at 854-1440.



Ballet Club
Eugenie Martin

All around, there seems to be more and more dance. "Dancing with the Stars" started a new season in mid-March. The "Grease" revival audition series, featuring the search for the show's leads, Sandy and Danny, came to a conclusion. The latter series contained as much dancing as singing.

When I was younger, I performed in a lot of musical shows. The singers were almost always the leads and often regarded by the dancers as somewhat inferior beings. Singers did not move a great deal when they performed, and had dance doubles for certain scenes. Nowadays, all singers seem to be highly choreographed. Because most are fitted with amplification devices, it is easier to project vocally while moving than it was when singers had no amplification. Whatever the reason, dancing occupies a more important role in the performing arts than ever before.

Members of the Ballet Club have not yet performed as a group. Maybe we never will. And, if we ever do perform, we will do a lot of rehearsing first. New members never have to worry about being thrown in the public eye without being very well prepared.

Our dancing is really for our own enjoyment, and for our improved fitness. Ballet exercises really stretch and tone the body in a progressive, safe way.

Anyone who wants to join us may come to the Arbor Club Studio next to the indoor swimming pool any Tuesday from 1 to 2 p.m., or call me at 854-8589. ☺



Harmonichords
Betty Barney

We are still keeping busy playing for various clubs and nursing homes. It is so satisfying to see the residents' faces light up when we play the old familiar tunes.

We have been playing as a group since 1991 and are still having a whole lot of fun.

If you love music come and join us at our Tuesday morning practice session from 9 to 10 a.m. in Suite H of the Arbor Conference Center. Don't have a harmonica? Do you have a banjo, guitar or any other portable instrument? The more the variety, the better and we have room for them all.

Music can be read by some players while others are thrown for a loop. A love of music is something we all share.

Being a Harmonichord is a fun way to start. ☺



Opera
Tony Donato

At our March Opera Appreciation Class IX meeting we presented Richard Wagner's "Tannhäuser" on video. The group's attendance showed a drastic drop from February.

Hopefully, we can improve attendance significantly for our final session on April 5. The response to "Tannhäuser" was considerably less than to "Don Carlo." Four members that I spoke to stated that they prefer Italian and French to German but are willing to see German works occasionally.

In April Joe Fanelli, a class member, will be our guest speaker. Joe and Cathy (also a class member) recently moved to Avalon after 14 years in Fort Myers. The Fanellis have been married for 44 years and have two sons. They are former New Yorkers. Joe was a computer engineer and has been retired for 10 years.

Joe Fanelli's favorite opera composer is Giacomo Puccini. He recalls that he attended his first opera as a high school student and saw Puccini's "Tosca" at the Old Met. His interest in opera has grown considerably since his retirement. Recently he and Cathy and eight friends attended a performance of "Madama Butterfly" in Sarasota.

The "Madama Butterfly" video will present stars Raina Kabaivanska as the Japanese geisha girl Cio-Cio-San and Nazzareno Antinori as the U.S. Naval Officer Lt. Benjamin Franklin Pinkerton.

That live performance was filmed outdoors at the Verona arena in 1983 in color and has English subtitles. Joe rates Kabaivanska's Cio-Cio-San as the best that he has seen.

Our meeting is Thursday, April 5, in Suite C of the Arbor Conference Center, from 1 to 3:30 p.m. For more information, call Tony Donato at 861-4211. ☺



Sunshine Singers
Vivian Brown

What a fun evening we had as we entertained at the valentine party for the Lady-Birds and their guests. They were such a great and receptive audience as they sang, laughed and joked along with us. As the evening progressed one LadyBird stood up and wanted to know why we hadn't sung "You Are My Sunshine," because she loved the song and it was supposed to be our theme song.

Well our director Dick brought her up, turned his music stand toward the audience and let her sing and lead us. With all the giggling and ribbing we somehow got through it. We hope they will invite us back again sometime.

We will be entertain at the Great Lakes Club on Tuesday April 3, at 3:30 p.m. On Friday, April 20, at 3 p.m., we will sing at Hampton Manor.

Remember we practice on Monday evenings, April 2 and April 16 in the Ballroom at 7 p.m. Please try to make rehearsal. It is important.

If any club or organization would like us to perform for them, please contact our director, Dick Rohde, at 861-1104. Till next month God bless and keep on singing, Vivian. ☺

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By Appointment



Card Clubs & Games

Monday Afternoon Bridge

Gar Terheide &
Sara Anderson

Feb. 19

1: Ida Rosendahl and Carol Thompson. 2: Fran Griswold and Betty Morris. 3: Geri Cassens and Eleanor Giardina. 4: Maizie Millward and Elsie Helwig.

Feb. 26

1: Ida Rosendahl and Carol Thompson. 2: Velven and Mary Ann York. 3: Betty Morris and Fran Griswold. 4: Bill and Ann Mahoney.

March 5

1: Betty Morris and Fran Griswold. 2: Eleanor Giardina and Geri Cassens. 3: Ida Rosendahl and Carol Thompson. 4: Joan Lord and Mary Carol Beck.

March 12

1: Ida Rosendahl and Carol Thompson. 2: Geri Cassens and Eleanor Giardina. 3: Sara Anderson and Ray Dietz.

Monday Night Bridge

Shirley Johnson

Feb. 19

1: Elsie Helwig. 2: Ray Deitz. 3: Tie Eleanor Giardina and Jayne Kaske.

Feb. 26

1: Jim Mahoney. 2: Eleanor Giardina. 3: Betty Legg. 4: Jack Kyle. Cons. Gitte Agarwal.

March 5

1: Tay Wilson. 2: Jan Smith. 3: Jayne Kaske. 4: Shirley Johnson. Cons. Elsie Helwig.

March 12

1: Phyllis Bressler. 2: Ray Dietz. 3: Ron McNulty. 4: Gail Tirpak. Cons. Caryl Rosenberger.

Tuesday Afternoon Bridge

Agnes LaSala
& Shirley Johnson

Feb. 6

1: Eleanor Giarbina and Mildred Lane. 2: Betty Morris and Pat Holmes.

Feb. 13

1: Eleanor Giardina and Mildred Lane. 2: Betty Morris and Pat Holmes. 3: Shirley Johnson and Phyllis Bressler.

Feb. 20

1: Joe Zwick and Bernie Kelly. 2: Betty Barney and Myra Butler. 3: Betty Morris and Shirley Stolly. 3: Agnes LaSala and Carl Woodbury.

Tuesday Night Duplicate

Bill Raines

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 873-0073. Last month's winners are listed below.

Feb. 13

1: Ida and Bill Carlson. 2: Doug Miller and Ernie Lord. 3: Doris Keathley and Mary Carol Geck. 4: Betty and Bill Raines. 5: Ida Rosendahl and Dick Mansfield. 6: Ruth and Harry Tindall

Feb. 20

1: Caryl Rosenberger and Jayne Kaske. 2: Ida Rosendahl and Dick Mansfield. 3: Liz Milleson and Helen Eshbach. 4: Ida and Bill Carlson. 5: Ruth and Harry Tindall

Feb. 27

1: Doris Keathley and Mary Carol Geck. 2: Linda Anderton and Betty Raines. 3: Doug Miller and Ernie Lord. 4: Caryl Rosenberger and Jayne Kaske

March 6

1: Doris Keathley and Mary Carol Geck. 2: Ida and Bill Carlson. Tie at 3: Doug Miller and Ernie Lord and Ruth and Harry Tindall. Tie at 5: Marjorie and Bruce Benton and Betty and Bill Raines.

Wednesday Afternoon Bridge

Fran Griswold

We welcome Gloria Richards, Serine Rossi and Jeanette Oswald as three of our newest smiling faces. It is always a pleasure to add to our group. Valentine's Day was a special day as we all enjoyed a tea party to kickoff the walk for Hospice. According to our special walker, Ruth Goldstine, it was a monetary success. It is indeed a pleasure to participate in this event. Congratulations to Ruth who keeps us informed of this event. Our next holiday is St. Patrick's Day, the one day of the year we all claim to be Irish!

Remember we play each Wednesday at 12:30 p.m. We oldtimers all know that if you are not 15 minutes early at most activities,

you might be late! Please try to be a tad early if you can. Thanks.

Feb. 21

1: Carol Johnson. 2: Dick Mansfield. 3: Marge Starrett. 4: Bill Mahoney. Cons. Helen DeGraw.

Feb. 28

1: Shirley Stolly. 2: Bill Mahoney. 3: Ann Mahoney. 4: Jan Moon. Cons. Betty Frantz.

March 7

1: Ann Mahoney. 2: Dick Mansfield. 3: Bernie Kelly. Cons. Jeanette Oswald.

March 14

1: Shirley Stolly. 2: Betty Morris. 3: Dick Mansfield. 4: Pat Goltgart. Cons. Flo Penn.

Wednesday Evening Duplicate Bridge

Doris Keathley

Feb. 14

1: Mary Carol Geck and Joan Lord and Bill and Betty Raines. 3: Doug Miller and Linda Anderton. 4: Harry and Ruth Tindall.

Feb. 21

1: Phil and Hazel Merchant. 2: Mary Carol Geck and Joan Lord. 3: Ida Rosendahl and Doris Keathley.

Feb. 28

1: Harry and Ruth Tindall. 2: Ida Rosendahl and Doris Keathley. 3: Doug Miller and Linda Anderton. Tie at 4: Nel Bosschaart and Marjorie Benton and Bill and Betty Raines.

March 7

1: Doris Keathley and Ida Rosendahl. 2: Harry and Ruth Tindall. 3: Doug Miller and Linda Anderton. 4: Forrest and Rochelle Cleaver.

Thursday Afternoon Bridge

Arline Duggan

Feb. 1

1: Mazie Millward. 2: Cleona Redman. 3: Marcie Guerrein. 4: Betty Legg.

Feb. 8

1: Mazie Millward. 2: Marion Turbin. 3: Ginnie Barrett. 4: Agnes LaSala.

Feb. 15

1: Marcie Guerrein. 2: Elsie Hewig. 3: Marion Turbin. 4: Ginnie Barrett.

Feb. 22

1: Cleona Redman. 2: Marie Dare. 3: Marcie Guerrein. 4: Joan Lord.

March 1

1: Marge Starrett. 2: Agnes La Sala. 3: Mary Rose Janssen. 4: Shirlee Wolcott.

March 8

1: Cleona Redman. 2: Nancy Shanker. 3: Marion Wade. 4: Maizie Millward.

Thursday Night Bridge

Helen DeGraw
& Ida Rosendahl

Feb. 22

1: Mildred Lane. 2: Ray Deitz. 3: Dick Mansfield. 4: Ida Rosendahl. 5: Zane Barnett. Cons. Mickey Martin.

March 1

1: Lyn Hill. 2: Jim Mahoney. 3: Paul Agarwal. 4: Betty Legg. Cons. Jack Kyle.

March 8

1: Dick Mansfield. 2: Ida Rosendahl. 3: Helen DeGraw. 4: Mildred Lane. Cons. Lee Sheffer.

Friday Advanced Bridge

Betty & Bill Raines

Foursomes are required for this delightful evening of rubber bridge. You may bring your own or call 873-0073 for help in finding partners. Or, if you wish, you may be added to our sub list until you find partners.

Feb. 16

1: Bill Raines. 2: Phyllis Bressler. 3: Betty Raines. 4: Margie Benton. 5: Fay Rumens.

Feb. 23

1: John Buccci. 2: Eleanor Giardina. 3: Jack Martin. 4: Joan Lord. 5: Peggy Buccci.

March 2

1: Phil Merchant. 2: Nel Bosschaart. 3: Ruth Tindall. 4: Caryl Rosenberger. 5: Dick Dakin. Grand Slam: Nel Bosschaart and Phyllis Bressler.

March 9

1: Bill Hunter. 2: Nel Bosschaart 3: Peggy Buccci. 4: Geri Cassens. 5: John Buccci.

Friday Night Euchre 4 Fun

Irene Pisani & Nancy Kowsky

Beginner, intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all!

Welcome Clarence Lietzow. Our beginner's

table was headed by Larry and Trudy Bertrand, Pamela Waterman and Donald Bertrand.

Feb. 16

1: Gerry Pinter. 2: Billy Swing. 3: Hank Kolb. Tie at 4: Edith Kolb and Irene Pisani. 5: Dick Beury. 6: Joe Scervo. 7: Joann Shea. Tie at 8: Betty Scervo and Mary Bartel. Tie at 9: Dick Torzewski and Betty Legg. 10: Carol Polanowski. Tie at 11: Paul Agarwal and Bill Eberle. 12: Rita Pinter. 13: Clarence Lietzow. 14: Gitte Agarwal. Tie at 15: Jo Swing and Richard Bartel.

Feb. 23

1: Irene Pisani. 2: Jo Swing. Tie at 3: Dick Beury, Richard Bartel and Trudy Bertrand. Tie at 4: Larry Bertrand and Billy Swing. 5: Henry Hilovsky. Tie at 6: Mary Hilovsky, Joe Scervo and Jerry Pinter. 7: Paul Agarwal. Tie at 8: Betty Scervo and May Holtz. 9: Gitte Agarwal. 10: Bill Eberle. 11: Nancy Kowsky. Tie at 12: Connie Manley, Del Shinn and Pat Snable. 13: Mary Bartel. 14: Rita Pinter.

March 2
1: Mary Holt had a perfect game of 60 points. Congratulations. 2: Rita Pinter. Tie at 3: Hank Hilovsky and Billy Swing. 4: Larry Bertrand. 5: Del Shinn. 6: Trudy Bertrand. 7: Mary Hilovsky. 8: Irene Pisani. 9: Dick Beury. 10: Paul Agarwal. 11: Gitte Agarwal. Tie at 12: Jo Swing and Betty Legg. Tie at 13: Pat Snable and Jerry Pinter. 14: Dick Torzewski. 15: Nancy Kowsky. 16: Bill Eberle.

March 9

1: Hank Hilovsky. 2: Bill Eberle. 3: Joann Shea. Tie at 4: Betty Scervo, Dick Beury and Dick Torzewski. 5: Irene Pisani. Tie at 6: Bev DeBusschere and Betty Legg. Tie at 7: Rita Pinter, Edith Kolb and Mary Hilovsky. Tie at 8: Del Shinn and Paul Agarwal. Tie at 9: Billy Swing, Jo Swing and Hank Kolb. 10: Buck Chaillet. 11: Connie Manly. 12: Gitte Agarwal. 13: Joe Scervo. 14: Nancy Kowsky.



Friday Night Euchre

Joe Askenase

Feb. 16

Four-Handed Game

1: Marcy Askenase. 2: Ed Hershon. Tie at 3: Marie Fisher and Joan Sigafoos. Tie at 4: Zane Barnett and Lou Fisher. 5: Bridget Hughes. 6: tie: Genny Brenner and Rich Miles. 7: Joseph Weber. Tie at 8: Marie Marquis and David Englehardt. 9: Helen Foskett.

Six-Handed Game

1: Virgil Taylor. 2: Lee Morgan. 3: V. Horton. 4: Pat Luis. 5: Marie France.

Feb. 23

Four-Handed Game

1: Helen Foskett. 2: Lou Fisher. 3: Marcy Askenase. 4: Russ Riegler. 5: Shirley Coe. 6: Dot Weber. 7: Bridget Hughes. 8: Genny Brenner.

Five-Handed Game

Tie at 1: Diana Riegler and Ed Hershon. 2: Joe Weber. 3: Rich Miles.

Six-Handed Game

1: Vi Horton. 2: Lee Morgan. Tie at 3: Maria France and Virgil Taylor. 4: Ray Bock. 5: Marie Marquis.

March 2

Four-Handed Game

1: Ed Hershon. Tie at 2: Marcy Askenase and Rich Miles. 3: Joan Sigafoos. 4: Lou Fisher. 5: Helen Foskett. Tie at 6: Dot Weber and Joseph Weber. 7: Bridget Hughes and Clarence Lietzow.

Five-Handed Game

1: Ray Bock. 2: tie: Shirley Coe and Virgil Taylor. 3: Lee Morgan. 4: Maria France.

March 9

Four-Handed Game

1: Rich Miles. 2: Marcy Askenase. 3: Joan Sigafoos. Tie at 4: Marge Fisher and Lou Fisher. 5: Genny Brenner 6: Clarence Lietzow. 7: Dot Weber. 8: Ed Hershon. 9: Bridget Hughes. 10: Russ Riegler.

Six-Handed Game

1: Diana Riegler. 2: Ray Bock. 3: Shirley Coe. Tie at 4: Vi Horton and Marie Marquis. 5: Joe Weber.



Tuesday Night Pinochle

Viola Horton

This month we had three new players. Eleanor and Claude Griffin and Ed Hershon. Welcome. Jo Swing made delicious chocolate truffles for Valentine's Day for us. Thank you. They were sinfully good. Jim Mazzotta brought his houseguests Barbara and Bob Charamut to play with us one night. Houseguests are always welcome. Come and join us all you pinochlers out there. You don't have to have a partner. We start promptly at 6 p.m. on Tuesdays in the Art Room of the Craft Building. So come on up. You'll like it.

Feb. 6

Single Deck Winners

1: Jerry Pinter. 2: Rita Pinter. 3: Sal LeDonne

Double/Triple Deck Winners

Table 1: Alberta Sarris, Margaret and Joe Sciarino. 2: Billy Swing. 3: Elsie Helwig. Anne Pelham and Dick Beury. 4: Ray Bock and Virgil Taylor.

Feb. 13

Single Deck Winners

1: Ed Fullmer. 2: Hank Kolb. 3: Claude Griffin.

Double/Triple Deck Winners

Table 1: Margaret Sciarino, Alberta Sarris and Jim Mazzotta. 2: Jo Swing. 3: Norma Yonke. Dick Beury and Ed Hershon. 4: Virgil Taylor and Ray Bock.

Feb. 20

Single Deck Winners

1: Cherie Cunningham. 2: Jerry Pinter. 3: Carol Polanowski. Dick Beury and Bob Roy 4: Mary Lou and Frank Chamberlain.

Feb. 27

Single Deck Winners

1: Betty Legg. 2: Alice McDaniel. 3: Kay Wood. Double/Triple Deck Winners

Table 1: Alberta Sarris and Vi Horton. 2: Shirley George. Billy Swing and Joe Scervo. 3: Carol Polanowski. 4: Ray Bock and Virgil Taylor.



Saturday Night Pinochle

Elsie Helwig

Feb. 17

1: Audrey Bartolotta. 2: Betty Legg. 3: Dottie Findley.

Feb. 24

1: Viola Horton. 2: Ed Hershon. 3: Betty Legg.

March 3

1: Al Novotny. 2: Irene Pisani. 3: Ed Hershon. 4: Gene Hurbard

March 10

1: Dottie Findley. 2: Rita Pinter. 3: Millie Ferrell.



Cribbage

Dorothy Skillman

Feb. 16

1: Rich Fluet. 2: Ed Fullmer. 3: Norma Yonke. Cons: Daryl Howard.

Feb. 23

1: Ed Fullmer. 2: Frank Chamberlain. 3: Greg Skillman. Cons: Elsie Helwig.

March 2

1: Anne Jagielski. 2: Rich Fluet. 3: Greg Skillman Cons: Lois Hoepfner.

March 9

1: Glenn Saxon. 2: Marge Saxon. 3: Alberta Sarris. Cons: Ed Fullmer.



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs.

If residents would like to donate equipment, it would be most helpful.

For more information, call the Health & Recreation Department at 854-8707.



Mah Jongg
Mary Ehle

The spring tournament is over. The event was a huge success. I hope everyone enjoyed himself or herself as much as I enjoyed doing the event. I love the game and I love to see all the people having a great day of fun. I need to thank Pat Griffith for all the work she does with the decorations and getting the breakfast ready. It was super. I don't know how you always manage to get the room so nice. I would not even consider tackling this job if I didn't know that I had her help. She can always be counted on to do a super job. Thanks, Pat.

Everyone helps so willingly that it makes the day wonderful for me too. I could mention a lot more but I don't want to forget anyone so I just say thanks to all. Pat and Ray Utiss are wonderful helpers. They are willing to do what ever you need and "Mikie" is just like having a private butler. He is always busy. He keeps everything in order. They come at 7 a.m. and get the coffee going. Thanks both of you. Nancy Mudge was the first prizewinner.

She also won the first half prize for being in the lead at noon.

Second place went to a long-time player, Audrey Bartolotta. Audrey didn't get off to a good start or she would have been first as there was only five points difference. Glad to see you do so well.

Third place was to Helen Tracy and fourth place went to Fran Cimini. Both these ladies are faithful players and this is the first time Fran has won but Helen is often in the money. Fifth place went to Renee Filzer and sixth place went to Dorothy Bresky.

Seventh and eighth place were a tie with Micki Lander and Ellie Calella sharing the prizes. Ninth place went to an avid player, Marcy Askenase. Next was a four-way tie with Jimi Bartolone, Gretchen Saker, Marion McHugh and Flo Dockswell all sharing those prizes. Joanne Nyren took the last prize. Ruth Kuntar won the free tournament for October and Susan Joyce won the handmade pillow donated and made by Thelma Smith. You have to ask Sue what she won the prize for. Wendy Goldhill also won a small prize and it should help her to always have a joker with her. No one won the jackpot prize so it will be worth \$220 at the October tournament.

The October tournament will be on Oct. 6. Don't send me your reservations yet. I will let you know. I will also be looking for volunteers to be east.

I want to express my thanks to my wonderful partner for all his help. He is there for me for whatever I need. He is a willing helper and doesn't grumble to me. I guess after 50 years he can know what I need before I even ask him and he does it. He spent the whole day helping all the ladies. His support is priceless. He is a good source of encouragement and he always says, "It will be all right." Sometimes I have my doubts but he is always right. It comes out OK. Jokers to you all. ☺

Friendship Social Club
Lolly Foos

Mark your calendars: our next two meetings will be held on the first Sunday of the month (April 1 and May 6) instead of the second Sunday, due to Easter and Mother's Day.

Live from Chicago performed at the March gathering and did an outstanding job. We sang along and danced to a few songs. The presentation was wonderful. Our next meeting on Sunday, April 1, will feature "Name That Tune." Our own Peggy Campbell, who is an exceptional pianist, will test our skills.

Nominations for officers for the period July 1, 2007, through June 30, 2008, will be announced at our monthly meeting on May 6. Elections will be held during our June meeting along with the new officers installed. Our nominating committee members are John and Dottie Metcalf. Please call John or Dottie at 854-7447 by April 20 if you are interested in any officer position.

As most of you know, we always strive to keep in touch with members who need our support. If you know of any member(s) who are ill or needs support, please call Mary Carol Geck at 854-8996.

Looking forward to seeing you on April 1. If you have suggestions or comments regarding our Club, please e-mail me at lollyf@att.net or call me at 861-2165. ☺

Designs Wow at Women of the World Fashion Show

By VIVIAN BROWN
WOMEN OF THE WORLD

You know, after five years of being chairperson of the Women of the World Fashion Show, I thought some change was necessary so when Betty came to me during the summer about Charlotte Haller doing the show I was all for it.

When January came I was informed that there would be 18 models and each would show three outfits. Because of time limits on the Ballroom I had apprehension, about how it could work. Betty, Charlotte, I, her board and committee heads were determined it would work ... and work it did.

Friendship Catering did a great job. The food was delicious and they worked very hard to make everything go smoothly. Thank you so much!

Thank you to those wonderful, wonderful husbands who waited on the table and cleaned up. We ladies like to think we can do everything, but there are times when we really need you and you came shining through. We love you all and are very grateful for all your help.

To Charlotte Haller our fashion director, we thank you for your expertise and knowledge that was evident, down to the pink netting hanging across the burgundy curtain. Great job!

Beall's Department Store was selected for the fashions and the store manager, Chuck McDonald, worked very diligently with Charlotte and Betty to make it all possible. He also gave all the ladies who attended the luncheon and fashion show a 15 percent discount and it is good until May 1.

Woman of the World would like to give him our sincere thanks and gratitude.

Here is how Charlotte started the fashion show: "Have clothes stopped being fun for you? We all want to look great. So how do you create the fashion look you love? By creating a style for life that fits into your budget. We selected a variety of styles, so you can start looking and learning how to put fashions together. Eighteen of our members modeled real



Photo by Larry Resnick
A Woman of the World member models during the fashion show.

clothes for your lifestyle."

Our charming and delightful models were Bobbie Roeder, Betty Serweki, Kathy Hoefler, Betty Dean, Helen Hess, Jo Barker, Marie Kearney, Sharon Newberg, Lesley Casey, Dee Runge, Nancy Delp, Bonnie Heinlein, Ellen Richards, Donna Sayers, Billie Giles, Sandra Ensley, Theresa Sullivan and Barbara Roberts, in no particular order. They really did a great job. We also extend our thanks and gratitude.

Wanda of Cutting Edge Salon made sure our models looked their best. When presenting the fashions. She also donated a gift certificate for the door prize basket. Thank you so much and good luck in your new salon.

We want to thank The Veranda for their \$100 gift certificate, which was also in the door prize basket.

To all our terrific members who bought luncheon ticket, made the beautiful baskets, took chance tickets on the baskets, help set up and clean up and all the many little jobs that had to be done, I applaud you all as you all made this the success it was. Suzanne Reynolds and Kathy received the check for Hospice totaling \$2,380. They were thrilled and grateful for Women of the World's generosity and rightly so! ☺

Get Out Those Poodle Skirts: May Dance Will Be a Sock Hop

By MARILYN ROSE

The On Top of the World Dance Committee Sock Hop will be Saturday, May 12, from 7 to 10 p.m. in the Health & Recreation Ballroom.

The band will be Eddie Shannon & Company. The dress will be 1950s teen or casual.

There will be snacks and door prizes, and there will be a singles table.

The dance committee will donate part of the proceeds from this dance to the Center for the Blind.

Tickets are \$6 per person and \$12 per couple. They will go on sale on Monday, April 30,

from 8 to 10 a.m. at the H&R Ballroom. They will be sold Mondays, Wednesdays and Fridays at the same time and in the same place until all are gone.

There will be a representative of the Dance Committee present at the H&R at 6:15 a.m. to pass out numbers for ticket sales.

Please remember that the dance is for residents of On Top of the World Communities and their out-of-town guests. Be sure to get your tickets early and join in the fun.

For more information contact Gordy at 854-7981. ☺

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Bingo
Bunny Barba

Watch your calendar. A really great event is going to happen here at On Top of the world. You may ask what is this event. It is not a hurricane (we don't get them here); it is not a tornado, or a blizzard. Not even a flood. It is not a visit from our new governor nor is it a visit to bingo by Ken or Sid Colen. No, it is Super Bingo.

Super Bingo will be held on Wednesday April 18, in the Health & Recreation Ballroom. Cards will be sold beginning at 5 p.m. The charge is \$5 for three cards. After all players have been accommodated, if there are any cards remaining, you may then buy additional cards. We will play 17 games at \$50 each and there will be three super jackpots at \$250 each. Each player must show an ID card or Gateway Pass.

Attendance is limited to residents only. You may not invite your friends from Oak Run or

Marion Landing (heaven forbid). Do not invite your ex-spouse or current flame unless they live here. Cats dogs and goldfish are not permitted. You may save only one seat so come early. We always get a big crowd.

Our new crew of workers has taken over from Audrey Mangan. The month of March brings us Joan Woodbury as leader, with Grace Mulroy, Judy Dunn, Joan Newell, and Carol Bell (with legs), Edie Dieckman and Mary Rongetti (with smile). Thank you to all the volunteers.

I missed the first bingo in March but we had an addition to our usual 70/30 drawing. In addition to the regular prizes of \$20 each Mort drew numbers for free tickets to The Bob Eubanks show at the Cultural Center. Everyone thought this was great except for the people who had paid for their tickets. Oh, well, that's how it goes sometimes.

I never thought that bingo could cause an almost divorce between two happily married people. But it happened.

On Feb. 28, Harry and Liz Ettel attended bingo as they usually do. Harry was very unhappy with his selection of cards and Liz being the wonderful wife she is, told him he could switch one of his cards for one of her cards. Guess what happened! He won a \$75 jackpot on the card he took from Liz. Harry refused to share the money. Liz was ready to trade him for the cat that someone tried to give away, but there were no takers. After several visits to the marriage counselor the matter was settled. Harry used the money to treat Liz to a great dinner. Peace is restored and all is well in the Ettel household.

Bye now till next month.

May the wizards of bingo bring you good luck always in all ways.

If you want to reach me for any reason my e-mail is Thebunster29@aol.com. ☺

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Steve receives encouraging news.



The monastery Mega spileo, scene of a grisly Nazi reprisal.

A Modern Greek Odyssey

Continued from Page 21

they wanted to stick to the carefully worked-out itinerary, they needed their luggage. Kalavryta was put on hold.

But on Monday, Oct. 30, they reached their destination at last. After checking into Kalavryta's Dryades Hotel, a two-story hillside guesthouse, they walked to the massacre memorial and museum in the town's center. There the events of that tragic day in 1943 are well recorded in reverent detail because 13 males miraculously escaped execution. Here's a brief account: On Dec. 13 German soldiers locked women, children and the elderly in the school. Within minutes Kalavryta was burning to the ground. Boys 13 and older and all the men were taken to a field outside the town. At a signal, machine guns opened on more than a thousand males — among them priests, teachers, judges, civil servants and farmers.

Meanwhile, the school was set afire, but strong women

broke down the door and a sympathetic German guard let them escape. The manic drive for reprisal against the town, a hotbed of resistance, would include a massacre at the mountain top monastery, Mega Spileo, where from windows monks were hurled to their death. The museum forbids tourists to take photos as this place, with its holocaust memorabilia, is considered sacred.

Steve's first setback occurred here. Inside the museum commemorative glass panels listed all those massacred, but the name Kalliakoudas was not among them. It seemed inconceivable that not one member of his large family had fallen victim to the Nazi oppressors.

Puzzled but undaunted Steve went to the Metropolitan Church of the Assumption of the Virgin to meet with its priest, Georgis Alex Birbas, who promised to contact him the following day with any information he could find.

Nov. 1 was a tense day for the small party who had traveled

far with high hopes and who were running out of time. Then the phone rang. "Mr. Kallas? This is Georgis Birbas. I believe I have some promising news. Your family has relocated to Livartzi, a tiny village about 100 kilometers away from where you are now. Good luck."

The tortuous road to Livartzi, without guardrails, was steep, narrow and breathtaking. Along the way were religious tributes, many of them to those who had missed hairpin turns.

In the village Kallas felt strange knocking on doors asking in his limited Greek for families with his name but was heartened by the many who pointed to one house after another where a Kalliakoudas resided.

Steve would leave Greece secure in the knowledge that his father's kin had survived a brutal massacre, richly rewarded by the beauty of the mountain area his father had tried so hard to describe, and proud that such brave people who had endured much were part of his own heritage. ☺



Photo by Larry Resnick

Vivian and J.C. Brown get some one-on-one time with Bob Eubanks.

On Top of the World Whoops It Up at Cultural Center

Continued from Page 21

pursed, eyes rolling back and forth, glaring occasionally at Bill, Carol settled in for an hour of total humiliation.

"She made the show," said Gwen Becker, who thoroughly enjoyed the evening from start to finish. Although she and many attendees thought Carol was "petrified" and "terrified to be on stage, Carol said it was pure and simple "embarrassment."

It wouldn't be the Newlywed Game Show without a question about making whoopee. And, true to form, Eubanks asked the contestants, "Where is the strangest, most unusual

place that you've made whoopee?"

Again, the answers did not bring the house down but the look on Carol Horton's face did. When asked about the evening, Carol said, "I was never so embarrassed in my life. When they ushered us off stage, I asked if there was a back door." But Carol gutted it out because she didn't want to leave Bill "up there alone with the microphone."

Although married, the least amount of time, Angie and Eddie Esch were in synch with their answers and earned the most points, winning a 20-inch plasma television set. The consolation prizes were dinner for two at the Candler Hills Restaurant. ☺



Bob Eubanks asks Carol Horton (with microphone) a question. Listening are Mariam Garlach, Vivian Brown (behind Bob Eubanks) and Angie Esch.

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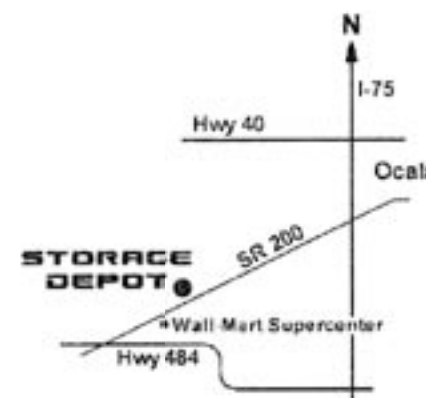
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Classified Section

The Classified Section is a service to the On Top of the World Community. There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted.

SERVICE ads will be accepted from residents and non-residents. A three-line minimum rate is \$12; four lines is \$17.50 and five lines is \$20. A six-month rate, paid in advance, is also available. Call 854-0248 or leave a message for more information. Payment must accompany each ad. Send ad and check to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

DEADLINE: On Top of the World resident ads must be in the box next to the Press-room door (in Friendship Commons next to Customer Service) no later than noon on the 13th of each month. Ads will appear once unless renewed in writing.

Dishwasher: Whirlpool, bisque/bone, 16 months old, excellent condition, \$125. 873-7062

Furniture: 48" glass tabletop, new, \$50; 60"x90" area rug, \$30; two recliners with footstools, brown, excellent condition, \$35 each. 854-6054

Garage Sale: April 20, 9 a.m.-noon. TV, golf clubs, lamps, books, glassware, etc. 9791 S.W. 97th Lane, Crescent Ridge II

Garage Sale: April 28, 8 a.m. Bookcase, mirror, bike, miscellaneous items. 8704-B S.W. 94 Lane

Household Sale: April 6-7, 8 a.m. Ladies bicycle, exerciser, golf clubs, miscellaneous. 9020-A S.W. 93rd Lane

Kiwanis Yard Sale at Friendship Center on April 28. Contributions of household items needed. Call Stan at 873-3433.

Misc. Items: Bike rack for auto, class II hitch, holds up to four bikes, excellent condition, \$75; right hand golf clubs, brand new, Cleveland TA-7, reg. hex, graphite, \$300. 873-7891

Misc. Items: Commode with armrests, never used, \$25; Bissell wet/dry vacuum and shampooer for wood and tile floors, like new, \$50. 854-7516

Misc. Items: Golf cart; ladies 3-speed Schwinn bicycle, good condition. 854-6405

Misc. Items: Pool table, never used; hot tub, never used, therapy adjustable jets, full warranty. Delivery and setup included. 861-9469

Patio Dining Table: 48"x68", black cast aluminum with glass top. 873-6358 or 615-1156

Penta purified drinking water delivered to your door. Liter case (12 pk) \$37 each; .5-liter case (24 pk) \$39 each. Minimum order 4 cases. 873-2100

Refrigerator: Whirlpool, top freezer with icemaker, 2 months new, 65"h x 30"w x 31"d, \$195. 237-7188

Rug: Brown/white Pakistani Bukara rug, \$125. 861-0753

Services

Actual relief via physics: Financial, body weight/health and relationships. Call End the Clutter ETC 873-2100 or www.endtheclutter.com

AI the Handyman: 291-7670

Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909

Amway Products come to you: Satisfaction guaranteed. Call your local Amway affiliated independent, Sandy, 528-6620

Caregiver: CNA/HHA desires part-time quality personal care, errands to doctor, etc. Call Wanda, 854-1664

Caregiver, professional: Available 24/7 for personal care. Includes homecare, housekeeping, doctor's visits and errands. 30 years of excellent reference. Home 854-3101, cell 361-3972.

Caring Home Health Aide available for doctor visits, errands. Full or part-time. On Top of the World resident. Call Anna, 873-4761

Cat Boarding & Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy, affordable and insured. Grammy Sharon, 694-4853.

Cleaning service at On Top of the World 12 years. Insured and bonded. References upon request. Free estimates. 653-8857 and ask for Connie.

Computer Instruction in your home in front of your computer(s) - customized for your needs. Call End The Clutter ETC at 873-2100 or www.endtheclutter.com

Computer Setup & Training: At home service. Senior rates, \$25 per hour! Have fun & learn! Call Kathy at 861-7719

Computer Solutions by Phillip: Repairs—upgrades—sales. PC and MAC. Data recovery. Microsoft Certified Systems Engineer and Apple Certified Technician. Licensed and insured. VISA/MC. We come to you! Mobile: 804-8713

Countertops: Refacing and repairs. Many satisfied residents, on time, clean and painless. Usually one-day job. Visa & MC. Bill, 690-2326.

Free Appraisals on musical instruments, vintage and current — guitars, banjos, mandolins, amps, etc. 40 years experience. On Top of the World resident. 237-8072

Golf Cart Sales And Service: Yamaha, Star dealer. Service all, free pickup. Call 351-CART (2278). Carts & Clubs, 1835 S.W. College Road, Ocala

Help-U-Fix-It! We do honey "do's" and odd jobs! Installations, repairs, renovations, maintenance. Keep up your properties. Call (352) 694-3366.

Home and Yard Services: Sundance Co. Lawn mowing, window/gutter cleaning, power washing, shrub trimming, misc. services. Licensed and insured. 347-7825

Home Health Aide Caregiver looking for employment to care for the sick. 361-5870 or 873-1348

House Cleaning by Evelyn Lee: I do windows, deep cleaning and move outs. Licensed & insured. 629-0855

House Cleaning by Terry: Great rates. (352) 342-6808.

Housekeeping, errands, meal prep. What are your needs? Call Susan at (352) 438-6410. References available.

Home Repairs: 24-hour service. Free estimates. No job too small. 861-2108. The Handyman. If no answer, leave message. Prompt response.

Income Tax Service: Professionally done — E-file — Fast refunds, federal and all state returns. On Top of the World resident. 291-2413. Salvatore V. Le Donne E.A.

Laminated wood flooring installation: Reasonable rates. I am a resident and have references. Call Bob at 237-7452.

Loving Christian Caregiver: 20 years experience. Will take care of you in your home or hospital. Reasonable rates. Monday-Friday days. Ask for Kim. (352) 547-9186

Mobile Notary Public: On Top of the World resident and commissioned FL notary public comes to you. Bonded and insured. Call Richard at 362-6465.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years experience and licensed. 237-5855

Painting: Free estimates. Licensed and insured. Interior/exterior. Quality work, reasonable prices. Porter and Porter Painting. Call anytime: (352) 207-7704 or (352) 209-3446.

Pet Care: For On Top of the World residents. Experienced, reliable pet lover. References available. 291-1862.

Pressure Washing: House or villa, gutters, driveways or walkways. Call On Top of the World residents Okey or Karen for a free estimate. 237-6637

Pressure Washing: "Don's." Free estimates. Make the outside look great. Remove mildew from driveways, porches, patios, roofs, walkways and clean the gutters. 20 years experience. On Top of the World resident. 873-6225

Resident of On Top of the World: Willing to clean your house, do your errands, take you shopping or to appointments. Call Elizabeth, 873-8861.

Sewing Machine Service & Repair: Reasonable, 40 years experience, On Top of the World resident. Call Ed, 854-5572

Steve's Repairs: Fans, lights, doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927

Stop gaining body weight with true food, pure water and basic physics. One-on-one private consults. 873-2100

Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: Call Kim for personalized door-to-door transportation to airports, cruise ports, any destination. Call 854-8708 or cell 207-8237.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Wanted

Finding your place in the world just got easier! For On Top of the World Communities employment opportunities, call the human resources job hotline at 291-4537, ext. 137. You can also visit us on the web at: www.ontopoftheworld.com. Click on the Information link, then Employment Opportunities. Applications can be submitted electronically, by fax, or in person by visiting the Human Resources Department at 9860 S.W. 84th Court, Suite E.

Coin collector wants to buy old coins, gold and proof sets. On Top of the World resident. Ted at 861-6964

Items for Pick-Up: Any items of some value that you care to donate. They will be sold with proceeds going to charity. 873-0303

Moving in or moving out? Grandmattic will purchase one piece or entire estate: jewelry, silver, china, glassware, collectibles, dolls, small furniture and junkie. Susan or John, 873-9796

On Top of the World resident interested in buying guns, new, old, any condition. 854-2555

Paying top dollar for quality (Martin, Gibson, Fender, Gretsch, Vega, Taylor, etc.) guitars, mandolins, banjos, ukuleles, bass guitars, amplifiers, etc. On Top of the World resident. 237-8072

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We're grateful to the community for your vote of confidence.



For the fourth year in a row, we're proud to receive the Consumer Choice Award by the National Research Corporation. It means that healthcare consumers have chosen us as having the highest quality and image in Ocala and North Central Florida. We thank everyone in the community, as well as our physicians, employees and volunteers whose passion for healing made it all possible.

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