

On Top of the World NEWS

Where the News is Always Good

Dust off your Hawaiian shirt and enjoy a Luau, see page 19.



Vol. 23, No. 1 • July 2009

Community News & Update

By Kenneth Colen, Publisher

Master the Possibilities

Included with this newspaper is your Master the Possibilities summer catalog. Covering July, August and September, this publication is your ticket to dozens of wonderful opportunities to learn (in air conditioned comfort) with your friends and neighbors. We continue to be fortunate to have abundance of outstanding teachers and, of course, your support of this enterprise.

I'm told that summer used to be a "downtime" for activities. This is not the case with Master the Possibilities. Throughout the year, they are able to craft a curriculum that is the envy of every community. Summer is a great time to discover or rediscover the benefits of Master the Possibilities (and, bring a friend!). Thank you all. See you (all) in class!

Farmer's Market

Beginning Saturday, July 25, we will be adding a market on the fourth Saturday of every month. The demand has been high for sometime now to add a day when people aren't working or have other commitments during the week.

We will keep the market each Thursday of every week (weather permitting) as always and you will still be able to enjoy cooking demonstrations by Chef Dave and others at 10 a.m. on Thursdays and the fourth Saturday of every month.

Area crafters will join in on Saturday, as well as all of the wonderful produce, baked goods, plants and so much more that you have come to expect. Summer is an especially great time of year to partake of locally grown crops.

Circle Square Cultural Center

While the summer temperatures are heating up outside, it's cool inside the Cultural Center with summer shows including Vintage - A Tribute to the Four Tops on July 18 and Gary US Bonds on Aug. 8.

The Town Square

On July 4, look for special festivities beginning at 5 p.m. with music honoring the individual branches of the armed forces; followed by a tribute act, The Swing Sisters; then a fly over of a World War II air craft performing the missing man presentation; and we'll round out the evening to dance music performed by Sounds of Time. Hamburgers will be available for purchase by a food vendor and Mr. B's will offer hot dogs in addition to wonderful icy cold treats.

Don't miss this special occasion and the opportunity to join your friends for some summer fun!

To beat the heat throughout the summer, we'll provide entertainment on The Town Square from 7 to 10 p.m.

Enjoy ice cream, smoothies and other cold delights at Mr. B's Big Scoop; open every day except Monday.

Insurance Update

Now that the Florida Legislature has completed its recent session, we begin to see just what kind of sausage got made! Some of the laws have an important affect on homeowner associations and seniors in particular.

With respect to purchasing insurance coverage as part of a pool, the legislature removed that 2007 provision from the law in the 2008 session. This year, they extended pooling by one year; pooling of interests offered some reasonable moderation into property insurance limits and costs. It allowed for a Wind Risk Study to be conducted by an association to determine an acceptable level of risk based on the probability of damage from a 250-year storm event. This brought the maximum probable loss down to a manageable number. The solution for On Top of the World was to take advantage of the provision allowing for a Wind Risk Study. This brought our probable loss down to around \$16 million dollars from a major storm event.

When your insured value is over \$300 million, coverage capacity in the market requires the Association to consider Citizen's Insurance. Florida's catastrophic loss fund continues in a terrible mess. Accordingly, your board is staying well away from Citizen's Insurance and more to traditional carriers.

The good news is that windstorm and casualty rates have stabilized somewhat over prior years. This may be in large part due to the economic pressure many carriers are feeling. This fiscal year, the board is purchasing coverage limits of \$25 million, a limit in excess of the level indicated by the 2008 Wind Risk Study.

A Wind Study will become an annual expense for the association and the board is negotiating to have the Study cost included as a part of the annual service provided by the association's insurance broker.

The exclusion from coverage in named storms amounts to 5% of the building value, with an aggregate loss retention

➔ Continued on Page 6



Photo by Roger Foley

Space Shuttle Discovery lift off on April 15.

Space Shuttle Discovery Launch

By ROGER FOLEY

It all started on April 15 of this year, when Eileen and Roger Foley, who live in Candler Hills, attended the night launch of the Space Shuttle Discovery. They were lucky enough to obtain Congressional VIP Tickets, which offered a spectacular view of the take off.

Next in their space adventure, Joe Aca-ba, one of the Discovery astronauts visited Dunnellon Middle School on May 12, where Eileen is a receptionist.

Principal Jane Ashman asked Roger

to take candid photos of the festivities. Roger is a member of the On Top of the World ShutterBugs and welcomed the opportunity. Both Eileen and Roger met with Joe who gave them autographs and posed for photos.

Joe addressed the student body in the patriotically decorated gymnasium with interesting stories and a video of his recent trip to the International Space Station. After the entire student body stood and recited the Pledge of Allegiance, the

kids eagerly asked Joe questions about his voyage. He answered each one in detail, even when he was asked if there was "cell phone service up there."

Joe was a science teacher at Dunnellon Middle School before becoming an astronaut.

It was very enjoyable watching him hug and shake hands with all of his old friends. He was very "approachable," friendly and eager to show the kids what you can accomplish when you study hard.

To Protect and Serve

By RAY CECH
WORLD NEWS WRITER

How many times have we driven past the Sheriff's station down the road on 200 (with the bronze statue of Canine Officer Brian Litz and his dog, Justice) and wondered, "What goes on in there?"

First, some background information. There are 15 Marion County district Sheriff's stations like the one on SR 200. Our station, however, is responsible for the largest population (43,000+), the most square miles (88-from York, Fla. to the Citrus County line), and handles 8-10% of all Marion County calls.

Keeping the peace are Capt. Jim Burton, Sgt. Grady Grimes and Det. Ed Mobley, second-generation law enforcement officers who work with more than 400 volunteers and a number of boots-on-the-ground deputies. Each of these officers, along with receptionist Glenda Houk, has more than 20 years' experience in law enforcement.

So now, "What do they do in there?" The station gets between 40 and 50 walk-ins every day. The first person a visitor sees is Glenda Houk. With 20 years in the Sheriff's Department, she is knowledgeable enough to either resolve problems on the spot, or determine whether they should be referred to a deputy or senior officer.

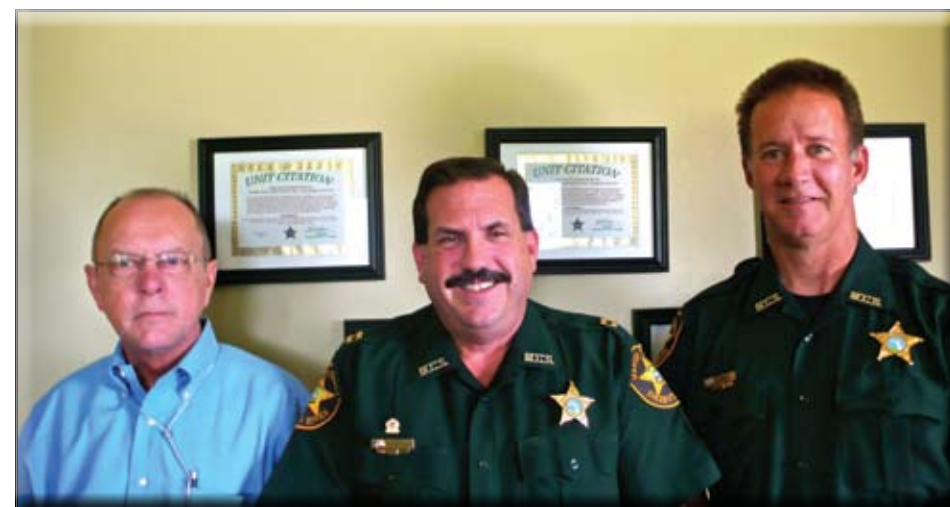


Photo by Ray Cech

Detective Ed Mobley, Captain Jim Burton, Sgt. Grady Grimes of the SR 200 Sheriff's office.

Keeping track of crime patterns and service calls enables Capt. Burton and his team to anticipate potential trouble spots and nip 'em in the bud.

Along with resolving issues within their district jurisdiction, the team stays in contact with several On Top of the World senior staff, such as Lynette Vermillion, and Ken and Robert Colen.

With the Sheriff's emphasis on community service, they regularly patrol our community and suggest ways on how we can continue to live more securely.

Capt. Burton, Sgt. Grimes and Det. Mobley are dedicated to educating us on the do's and don'ts of staying safe. And while we here in On Top of the World

see little or no crime, it's important that we do keep a few things in mind. For example: don't send money to that guy in Nigeria, or the one who wants to send you \$10,000 if only you'll give him all your banking and personal information. How about paying that contractor upfront? Don't.

"Most important," says Capt. Burton, "if anything looks suspicious, no matter how trivial, call it in. Better safe than sorry." Towards that end, Capt. Burton or one of his team will occasionally address On Top of the World residents to offer tips on how to safely enjoy our lifestyle without concern for the "bogey" man. Stay tuned for their next visit.

Adopt a Vet

By BOB WOODS
WORLD NEWS WRITER

How would you like to adopt an On Top of the World World War II veteran?

Individuals, groups, clubs or organizations could adopt a WWII veteran for the purposes of sending this veteran to Washington, D.C. to see the WWII Memorial erected in their honor.

The program is entitled "Honor Flight Marion," which would enable a WWII veteran the opportunity to visit this memorial in the nation's capital at no cost to the vet. By raising money for this program, the vet would be flown to Washington, D.C. by a chartered jet, picked up at the Washington, D.C. airport and taken to the memorial, then taken to a restaurant for lunch, and then back to the airport for the flight home. This cost is

approximately \$250 per veteran.

The idea is that if groups, clubs or individuals could come up with the necessary monies then we could send a bunch of our veteran residents on this once in a life time flight.

If you are a WWII veteran, please contact the individuals listed below so you might get adopted for the "Honor Flight Marion."

For additional information, contact Bob Woods, President, Branch 186 of the Fleet Reserve Association at 854-0702 or Jim Chandler, President, Military Officers Association of America, Kingdom of the Sun Branch at 237-3139.

Fleet Reserve Association, Branch 186 and Military Officers Association of America, Kingdom of the Sun Branch are accepting donations for "Honor Flight."

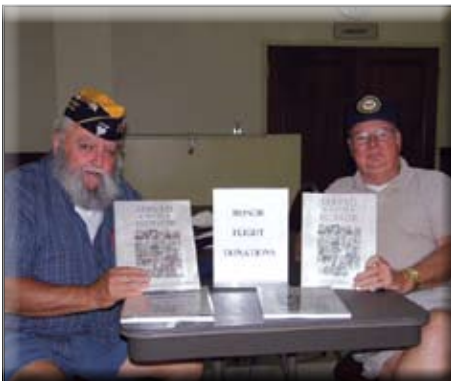


Photo by Larry Roberts

Both veterans are residents of On Top of the World.

Home Improvement Expo

By BOB WOODS
WORLD NEWS WRITER

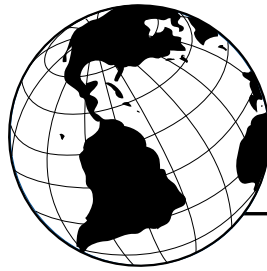
Mark your calendars for our first ever Home Improvement Expo on July 23 in the Health & Recreation Ballroom from 9 a.m. to noon.

There will be various vendors and contractors present to assist you in any type of home improvement project (solar tubes, window treatments, remodeling projects, kitchen cabinetry, landscaping, etc.) you might want to do. Show up at the Expo to get the information you need. It's free.

There will be a representative from our Customer Service Department present to assist you with modification forms.

If you have any questions, please contact the activities office in the lower section of the Health & Recreation Building.

Home Improvement Expo
Thursday, July 23
Health & Recreation Ballroom
9 a.m. to noon



On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

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Download a PDF of the *World News* at www.OnTopoftheWorld.com/newspaper



Is It Legal? Gerald Colen

Q. My mother remarried several years ago. Prior to her remarriage, she used money that she got when my father died

to buy an apartment. At the time she bought the apartment and in order to avoid probate at her death, she put the title in my and my sister's names but she has a life estate.

Now, she wants to give her husband a life estate in the property. The problem with that is that her husband is five years younger than she is and is in good condition while mom is not well.

My sister and I believe that our father wanted to make sure that mom was taken care of during her lifetime, but he also wanted to make sure that we inherit the bulk of what mom has because he was the sole breadwinner. Do you have any suggestions?

A. I think that many folks would sympathize with you and your sister's situation. The one thing I don't know, of course, is how your mother feels, since, after all, she is not asking me for advice—only you are. It would seem to me that since your mother merely has a life estate, she couldn't do anything without the

Golden Oldies Humor

By Stan Goldstein



'Take my advice...you won't let me use it anyhow!'

consent of you and your sister.

So, from a legal viewpoint, if you don't want your mother to give a life estate to her husband, then just don't sign any deed and you've prevented it.

From a practical point of view, I would sit down with your mother and her husband and openly discuss the situation to see if some compromise cannot be worked through.

Q. There are all kinds of "top 10" lists out there and I would like you to give us a "top 10" list of legal guidelines.

A. The Ten Commandments seem to provide us with substantial legal and, I might add, ethical, guidance.

Q. I just discovered that my husband of 30 years was married twice before we got married and he never got divorced from either one of them. What are my rights in the event that he dies before I do?

A. I assume you want to know what your rights are in the event you decide that you won't murder him. These are somewhat complex issues and I should really not try to answer them in this column.

I can tell you that if both of his previous "spouses" are deceased, then you are his lawfully married wife. If one or both of

them are still alive and if they never got divorced from him, then your marriage is a nullity. If he had children from either or both of those marriages, then you would need to know precisely what the law is in the states where they were born and also in the states where they might now reside. It'd be wise to see a domestic relations attorney right away.

Q. What are the requirements for making a gift to my children? I know I can give them up to \$10,000 a year. What if I want to give them more than that?

A. The gift tax exclusion has not been \$10,000 in a few years. At present, the annual exclusion, which is the amount that can be "gifted" without having to file an IRS Form 709 (the gift tax return) is \$13,000 to any person. If a gift is made that is in excess of \$13,000 to one individual, it is necessary to file the gift tax return.

Gifts to qualified religious or charitable institutions are not subject to the gift tax requirements. Gift tax returns should be filed by April 15.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World, in Clearwater, Florida. In Ocala, Florida, Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at gcolen@tampabay.rr.com or through his website: www.gcolen.com.



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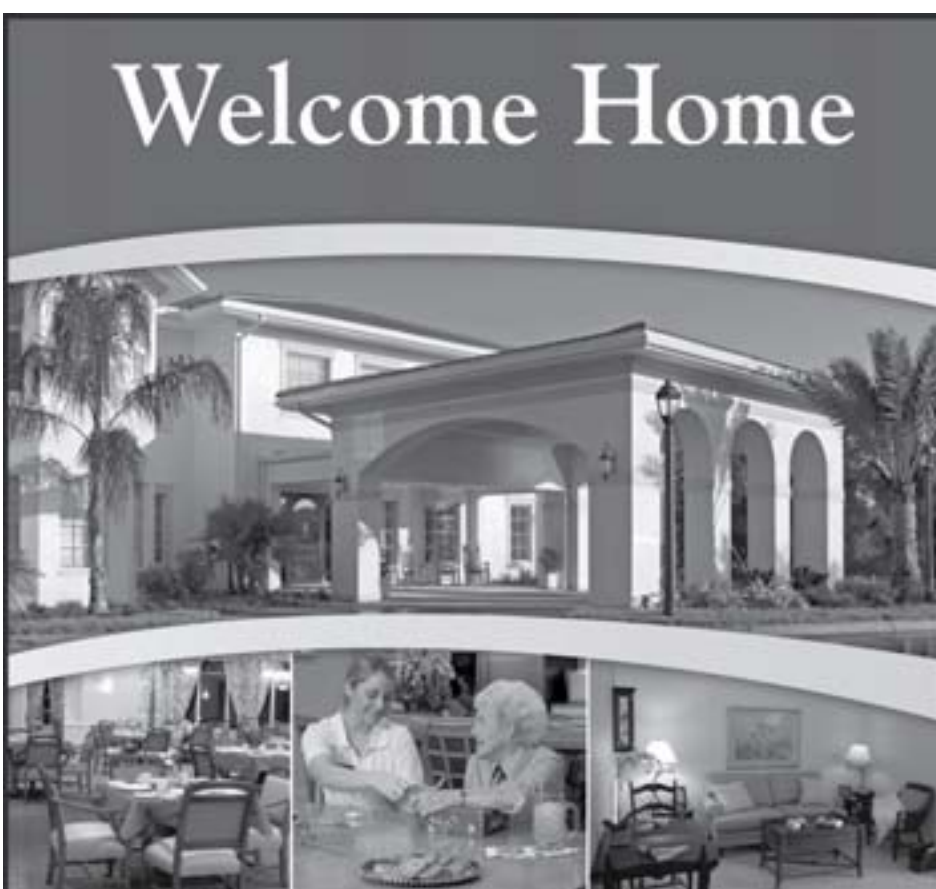
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Photo by Annette Ware

The Happy Hour theme for May was a salute to our Armed Forces.



**Activities
Therapy
Theresa Fields**

The fourth of July is one of the most celebrated holidays in America and with good reason. This is the holiday when we can enjoy the things that make America great.

This year, as we come to the fourth of July, still embroiled in a war, say thanks when you're out buying yet another bag of ice, one more case of soda, and all the wonderful party foods, if you see a member of the military or a veteran just say "thank you."

Blood Drive

Monday, July 6 at the Health & Recreation parking lot from 8 a.m. to 4 p.m. All blood types are needed, and you will receive a special recognition item.

Community Bus

Please note that the On Top of the World Community Bus will not be running on Thursday, July 2 and Monday, July 6. Please plan accordingly. Tuesday, July 16 is our Dinner Run for the month of July. The restaurant will be Sam St. John's Seafood. If you would like to have dinner with friends, please call the Health & Recreation office to reserve a seat at 854-8707 ext. 10.

Baseball Trip

Baseball is in full swing! Come on out and cheer your favorite team on at the Tropicana Field in St. Petersburg with great seating and in the beautiful stadium under air conditioning. On Tuesday, July 28 the Yankees vs. the Rays; the game starts at 7 p.m. Seats will be located in section 129 rows G, H, J and K. The cost per ticket is \$74 per person and this includes your transportation. You may purchase your tickets at the Health & Recreation office. Please sign up early, as seating is limited.

Red Sox vs. the Rays on Aug. 4 starts at 7 p.m. Seats will be located in section 125. Contact the Health & Recreation office for pricing.

Pickleball Courts

Pickleball has become a popular sport

within our community and the need for Pickleball courts has increased. Please note that court #4 at the Health & Recreation Tennis Courts has been dedicated to the Pickleball players. The new Pickleball courts are scheduled for 2009 and you should see the construction soon.

Home Improvement Expo

Mark your calendar for Thursday, July 23 from 9 a.m. to noon. This will be an event you'll want to see with over 25 exhibitors to make simple modifications to your home. Let the experts give you tips on how to create a whole new look, save energy or create space you never knew you had. The event will be held at the Health & Recreation Ballroom. Come join us and enjoy a cup of coffee and a doughnut; you'll be glad you came.

Age Related Eye Disease and Low Vision Lecture

Do you have age Macular Degeneration, Cataracts, Glaucoma or Retinitis Pigmentosa or know someone who does? These are just a few of the age related eye diseases and low vision rehabilitation conditions that this lecture will cover. Please plan on attending this free lecture and find out what can be done to help.

The lecture will be held on Wednesday, July 22 at 1 p.m. Please sign-up at the Health & Recreation office or call 854-8707 ext. 10 or 14.

Happy Hour

The Happy Hour theme for May was a salute to our Armed Forces. Everyone was asked to wear red, white and blue. We had great participation, with many guests displaying the colors. We also recognized our veterans that were present and there were representatives from all branches, including four World War II veterans.

Barry and Nancy played the theme songs for all the branches. The rest of the audience gave them a standing ovation.

The schedule for the month of July is as follows:

- July 3 - No Happy Hour
- July 10 - Danny and Johnny
- July 17 - Johnny Alston with special guest Bobby Hendricks lead singer for the "Drifters"
- July 24 - Fred Campbell (theme is Luau)
- July 31 - Tomaura

Farmer's Market

Beginning Saturday, July 25, we will have an additional Farmers Market on The Town Square at the Circle Square Commons on the fourth Saturday of every month. This will be from 8 a.m. to noon. We will have more crafters and vendors to help with all your shopping needs.

Hurricane Season

Don't forget that we are into hurricane season. Be prepared, pick up your copy of the disaster supply kit at the Health & Recreation office. Stay safe.

www.ontopoftheworldinfo.com/stayinformed

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\$800	00				
<p>PAY TO THE ORDER OF: [Valued Patient]</p>	<p>Owner/Operator</p> <p><small>* Towards the purchase of a Complete Digital hearing System, based on two instruments. Not to be combined with any other offer.</small></p>				

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Darryl Pennington, Board Certified

OCALA (EAST)
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352-694-5003

Brian Townsend, Hearing Aid Specialist

I have been licensed for 20 years. I am also Board Certified in hearing instrument sciences; being factory trained by Phonak, Siemens, Unitron, Beltone, Audibel, Starkey, Magnatone and more.

I have also had the opportunity to work inside some of these manufacturing plants, which has provided me with more experience than many of my competitors.

Ocala, thank you for the last seven years. I am looking forward to another seven years!

Brian dedicated over 20 years of his life to the United States Navy and retired in July 2007. His duty assignments throughout the world included two tours in Iraq.

Some of the positions he has held were personnel and administrative manager, healthcare coordinator and health benefits advisor.

This experience has given Brian the ability to thrive on the challenges of working in demanding environments and solving personnel issues.

He continues to bring that same drive, enthusiasm and commitment. We are proud to have him!



All Around Our World

Lynette Vermillion

Happy Independence Day! We associate Independence Day with fireworks, parades, barbecues and various other public and private events celebrating the adoption of the Declaration of Independence on July 4, 1776, and declaring independence from Great Britain.

An interesting bit of history for you... In a remarkable series of coincidences, both John Adams and Thomas Jefferson, two founding fathers of the United States and the only two men who signed the Declaration of Independence to become president, died on the same day: July 4, 1826, which was the United States' 50th anniversary.

As we observe the Fourth of July, please stay safe and have fun celebrating the independence and freedoms we

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When you call the after hour emergency number, please listen to the voice prompts in order to reach a representative. You will hear that you have reached the after hours number for On Top of the World Communities. A voice prompt will ask you to press one to reach a representative or if you hold on without pressing one, you will be able to leave a message for our office to be handled the next business day. Please make sure you press one to reach a representative for immediate service, otherwise your request will not be handled until next business day.

Home Improvement Expo

We are very excited to announce the first annual Home Improvement Expo on Thursday, July 23 from 9 a.m. to noon in the Health & Recreation Ballroom. At the event, you will find contractors for screen room additions, kitchen remodeling, cabinets, plumbing, home security, window treatments, new construction, energy efficient windows, and much more. We look forward to seeing you there.

Single Stream Recycling

We will be testing a single stream recycling bin at the 90th Street Post Office address starting in July. This simply means, recycling made easy! Many materials can be recycled and the good news is that everything goes into one bin - no sorting required! Just look for the container that states Single Stream Recycling. Please do not include glass such as light bulbs, ceramics or mirrors; no aluminum products such as foil, aerosol cans; plastic containers must be numbered 1-7 per bottom of container and no plastic bags; and all cardboard must be broken down.

Please rinse all containers and remove lids.

Please follow the guidelines on the sign, refer to www.ontopoftheworldinfo.com or pick-up information at Customer Service.

Bay Laurel Center CDD Workshop

On August 11, the Bay Laurel Center CDD will host a workshop at Circle Square Cultural Center. Topics to be included are water conservation rates, irrigation and landscaping, and public access reclaimed water systems, to name a few.

More information to follow; so, be sure to keep your eyes peeled.

Golf Cart Awareness

Drivers, as you exit the main gate, you should not yield to golf carts or pedestrians. I know everyone wants to be courteous to their neighbor; however, please keep in mind that there are two lanes of traffic, and if you are in the right lane, the car exiting the community in the left lane may not be able to see the cart or pedestrian, and therefore, may not know to yield.

For the safety of all, please drive the

speed limit through the gate and continue without yielding.

Carts and pedestrians, please be very cautious when crossing any street and follow all traffic rules of the road by stopping at each stop sign, looking both ways, and making sure it is clear to cross.

Vehicle drivers should not use the golf cart lanes as right hand turn lanes. The golf cart lanes are intended for carts, bicycles and pedestrians only.

Please obey all posted speed limits and traffic signs...this goes for regular vehicles and golf carts. The Marion County Sheriff's Office is writing tickets as can be attested by some of our residents and employees.

One last reminder, children under age 15 are not allowed to operate a golf cart.

Please make sure you have an adult on board to drive the cart.

Pool Safety

A new study by the Water Quality and Health Council found that nearly one in five adults admits to urinating in a swimming pool instead of using the toilet. It notes that health officials insist that swimming in and even swallowing urine-contaminated water isn't harmful to someone's health. (Let's be safe in On Top of the World; please get out of the pool and use the restroom.)

It goes on to state that swimmers need to be more concerned about swallowing pool or lake water because of the risk of internal parasites.

If you are sick, especially with diarrhea, you should stay away from the pool until you are symptom free.

Showering before you enter the pool will help rinse off any bacteria and get a clean body in the pool, which is best all around.

Infants and toddlers who are still in diapers must wear either a "swim diaper" or plastic pants with elastic around the waist and legs. Diapers are not permitted in the pool.

Power Outages

Thankfully, we are starting to receive afternoon showers and with these showers come the potential for power outages. I have mentioned this in my column before but I want to make sure that everyone is aware of the potential dilemma regarding power outages and irrigation clocks. Please keep in mind that when we have power outages it is a good idea to check your irrigation clock to make sure that it is still on the correct setting. Many times a power surge or outage may cause the clock to revert to its original settings. If the settings are not checked, you may be watering too much or not enough.

Mowing

With the rains we are beginning to see, the community is turning a beautiful green and we are seeing many colorful plants blooming. With this beauty comes the peak mowing season. You will hear the mowers coming by more often, and we appreciate your understanding and patience as we deal with the growing sea-

son and afternoon rains with earlier days and weekend work periodically.

Heat Exhaustion and Heat Stroke

During the summer, remember to take steps to guard against heat exhaustion and heat stroke. Think prevention and always drink plenty of non-alcoholic fluids before, during and after any activity in hot, sunny weather. If you feel overheated, go indoors or a cool shaded area. If you are a walker, jogger or gardener, it is best to avoid being outdoors at the hottest part of the day participating in these type activities.

To find out more information, on the web Google search "heat exhaustion" or "heat stroke." Heat stroke is an emergency that requires immediate recognition and prompt treatment.

And, don't forget your pets. Dogs do not tolerate high temperatures as well as humans. They depend upon rapid breathing to exchange warm air for cool air. When air temperature is close to body temperature, cooling by rapid breathing does not happen as expected per the Doctor Dog Web site.

In summer, it is especially important that you do not leave your dog in the car. The heat buildup is very rapid and intense and can be fatal for your animal.

Hurricane Preparedness

The 2009 Hurricane season officially began June 1 and runs through the end of November.

With forecasters saying there is a 70% chance of having nine to 14 named storms, now is the time to prepare.

We recommend having plenty of water and canned or prepackaged food on hand to supply several days, a portable radio with fresh batteries, candles, first-aid kit, prescriptions and a full tank of gas in your car.

It is important to know evacuation routes and shelters. West Port High School is the nearest emergency shelter, and if you have pets, you need to make other arrangements for them, as some shelters do not allow pets.

Don't forget about things like oxygen, medicines and batteries for flashlights and radios. Have a traditional phone on hand in case of power outages and also keep emergency numbers and important documents handy.

We have established a link to the Sumter Electric Co-op and Progress Energy Storm Preparedness Web sites on www.ontopoftheworldinfo.com under Hurricane Preparedness for the convenience of our residents to prepare, understand safety precautions and what to do before and after a storm.

It is very important for residents to remove any lawn furnishings or ornaments that can become missiles in a storm. Check out the link to your electric utility company to help prepare and take precautions before and after the storm.

Wishing everyone a safe and happy holiday and stay hydrated in this warm weather.

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Thursday

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Renaissance Park
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* Due to volumes, pick-up may extend into Tuesday
** Begins at 7:30 a.m.



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Thank You, Lord

By MILLIE FERRELL

Thank you, Lord, for inspiration
To use my poetic gift wisely in time
Perhaps to move my fellow man
And strengthen his faith with rhyme.

I know I can never outgive my Lord,
Who hast given His life for me,
But humbly, I'll show my gratitude
By giving my best back to thee.

I wait patiently upon the Holy Spirit
To give me words from above,
To help me reach others through my poems
That tell them of Christ's great love.

All I have comes from you, o Lord
My cup runneth over with worship and praise,
So I give this, my talent, back to you,
Knowing you have the power to save.

As I reverently run this earthly race,
Trusting in His love and grace,
My time and money I gladly give
To Him who died that I might live.

He has risen in glory from the dead
To reign with God forever and ever:
He will return again to claim his own,
Taking all his believers to heaven!

POET'S CORNER

Poetry from On Top of the World Residents

My Dear Pop

By MARY CULBERSON

I'll always remember my dear dad
He was a sweetheart of a Pop
He loved to tell funny stories
And laugh and joke a lot.

He would hold me on his lap
And kiss his only baby girl
He always told me that I was
His precious little pearl.

He used to hide a dime
In the pocket of his vest
Knowing his little girl would find it
And I could laugh in jest.

Then off to the movies I would run
On a Saturday afternoon so cold
Only Dad and I shared this secret
And I never told a soul.

When I look back on the depression years
And how hard life was back then
I realize how much Dad loved us
He was a stand-out among most men.

As Life Goes On

By HAZEL EHLE

While sitting in my easy chair
The lights turned down low
Just thinking of days gone by
And those I used to know.

I do enjoy these quiet times
How good to reminisce
Bringing back fond memories
Of times that are so missed.

Tomorrow will be a busy time
With laughter, love and cheer
The great grandchildren will visit
Such joy to have them here.

These times do take me back
When my children were small
Then their little ones came
So good to remember all.

How wonderful these memories
They make my days complete
Better yet when the children come
That's when my life is sweet.

Please Don't Call Me Now Lord

By MARY CULBERSON

Please don't call me now Lord
While South winds whisper spring
Let me wait a wee bit longer
For the songs the robins sing.

Please don't call me now Lord
While butterflies still flit
Across the summer meadows
I'd like to wait a bit.

Please don't call me now Lord
The maples are aglow
Please, patience 'til the North wind comes
Then I will meekly go.

Please don't call me now Lord
While snowflakes gently fall
How can I leave such loveliness
Must I go at all?

I know that eyes have never seen
And ears have never heard
The glory and the beauty
Of thy eternal word.

I always want to be with you
I'm sure you understand
But earth for me is heavenly
It was fashioned by your hand.

A Smile

By ANNETTE SHARPE

A smile expresses joy on the face.
It can light up a room,
Or a very small space.
It's a gift we can give
To folks on the street,
Or when neighbor to neighbor,
Two good friends should meet.

It takes fewer face muscles
To smile than to frown.
It lifts up the spirit
When folks feel so down.
We're not dressed without it,
Some songwriters say,
Also, it can chase the blues away.

The grin on a winsome, childish face,

The radiant smile of a bride in lace,
Smiles of pride graduation day,
Cling to the heart in a special way.

To smile in sunshine,
Or, smile through the rain,
In good times or bad
New strength we may gain.
With a smile on our lips
And a prayer in our soul,
A heart's broken spirit
May soon become whole.

A smile is
One of life's beautiful things,
When you think of the joy
And the warmth it brings.
We'd be better off in life by a mile,
If we could let troubles go,
And hold fast to a smile.

Wanderlust

By MARY CULBERSON

When wanderlust is in my heart
There's excitement along the way
The roads all bend and beckon
Making it impossible for me to stay.
Far in the shining distance
New places lie in wait
Gaily calling out to me
"Come, before it's too late."


When wanderlust is in my heart
In every echoed sound
There's beautiful spirited music
The roving winds have found.
And every tossing tree top
with eager branch and bough

Seem urging me to venture
With "now, go now, go now."
When wanderlust is in my heart
I gaze across the bay
The cresting waves rise up to call
With entreating voice of spray.
And in the far horizon
Strange ships that tramp the sea
With wind-swept sails and weathered
I'm sure are signaling to me.


When wanderlust is in my heart
I simply can't stay home
The compelling calls of venture
I feel in flesh and bone.
So goodbye my friends for now
I'll see you one fine day
And tell you of my travels
When I'm content to stay.

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What's Really Behind That Tempting CD Rate?

JUNE 19, 2009: The FDIC has received inquiries and complaints about certain companies advertising above-market interest rates for FDIC-insured Certificates of Deposit (CDs). Some of these ads display the FDIC logo or state "FDIC Insured." Many of these companies are not FDIC-insured banks. Rather, they are insurance or financial service companies that sell non-insured financial products. The small print in the ads may state that the company is not an FDIC-insured financial institution.

The advertised CDs generally offer above-market interest rates for only a short term, require a minimum amount, and insist that the customer visit a company office. The advertisement's goal is to attract consumers for the company's non-deposit products or services. If a customer asks to purchase the advertised CD, the company will direct the customer to a computer terminal in the company's office to purchase a CD from an FDIC-insured financial institution that accepts Internet deposits. The CD will be offered at a rate lower than advertised. The compa-

ny typically writes a separate check to the financial institution for the difference between the bank's rate and the advertised rate for the term of the CD. Both checks are mailed to the bank, and the bank then issues the CD for the increased amount, but at the bank's lower interest rate.

Things to consider:

- Consumers should carefully consider whether non-insured products are appropriate for their personal financial situation.

- Consumers should understand the terms of any CD they purchase.

- Consumers can research deposit interest rates at Web sites, such as <http://www.bankrate.com>.

- Consumers can verify whether identified financial institutions are FDIC-insured at http://www2.fdic.gov/idasp/main_bankfind.asp.

- Consumers can find information about FDIC deposit insurance coverage at <http://www.fdic.gov/deposit/deposits/index.html>.

Source: <http://www.fdic.gov/consumers/consumer/alerts/index.html>.

It was blistering hot outside when these On Top of the World residents came to the Health & Recreation Building to play badminton in the air-conditioned courts. The group meets at Health & Recreation on Tuesdays and Thursdays at 1 p.m.; new players are always welcome.



August issue:
Thursday, July 30

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Community News & Update

By Kenneth Colen, Publisher

Continued from Page 1

limit of \$250,000, per storm event. On an un-named storm event, the loss exclusion is \$100,000, retained by the association. Once a loss limit is met, the insurance coverage takes effect. As a practical matter, a loss of \$250,000 would require an assessment to all owners.

This would amount to approximately \$70/household to make up the loss. So far as I can tell, that level of possible assessment is not worth losing sleep over! By retaining more of the risk, the association is able to realize a savings in the cost of coverage.

For all other casualty loss (fire, flood, earthquake, etc.), the deductible is \$10,000 per event. This last point really underscores why each owner must keep current on their property coverage, including loss assessment coverage (HO6) of at least \$2,000.

Grounds Maintenance Update

As of this writing, the rainfall in June has trickled in. Once again, the time-released fertilizer applied in March waited for significant moisture before activating.

Drought Not Ended

Despite receiving the rains in May and June, the deficit of water continues. According to the Southwest Florida Water Management District (SWFWMD) the rainfall deficit is around 30" for the past three years.

The pronouncement by the Marion County Commission that they will adopt the St. Johns Water Management District guidelines on watering lawns has no affect on the Bay Laurel Center CDD service area and On Top of the World.

The CDD adopted the current watering schedule and frequency restriction (one day/week) as part of a rule making process. In order to change that rule, another public hearing must be noticed and held. The next such meeting will be held in August. The CDD will consider a modification to allow watering two-days per week at that time. I note with more than just a little irony that SWFWMD has published Notice of Rule Adoption on June 15, 2009 to allow watering twice per week.

Regardless of how many days watering may be allowed, the timing restrictions must remain in place for a number of reasons. The most important is that using a staggered watering schedule levels out the flow related hydraulic peaks and valleys in the distribution system. Water conservation has become a way of life in Florida, no doubt about it. Regardless of whether one-inch per week is put out over two days or one day, that is all the lawn needs. To apply more water wastes the resource and results in a needlessly higher water bill.

Community Standards

I want to remind our readers that dwelling and landscape modifications must first receive prior review and the approval of your association before proceeding. Community standards are posted on www.ontopoftheworldinfo.com website. Click on your community name and follow the links.

The standards have been kept simple and straightforward. They exist for the benefit of you as well as your neighbors and are the best way to keep your community a friendly, compatible and beautiful place to live.



Keeping It Green
Phillip B. Hisey

keeping up with Marion County, there is a fertilizer ordinance in effect. This ordinance mandates such as the amount of nitrogen you can apply to your lawn at each application and the Best Management Practices training of all "for hire" applicators and other things.

If you fertilized in March, July should be your next month for applying fertilizer. If you live in the On Top of the World Central Communities, your fertilization is done by the Parkway Maintenance and Management staff.

All of the fertilizer applicators working for Parkway have been trained in the Best Management Practices set forth in the Fertilizer Ordinance accepted by Marion County. Your fertilization should be completed somewhere around the end of July into early August.

Using a slow-release fertilizer is your best bet when working with the Fertilizer Ordinance. Slow release fertilizers containing at least 50% slow release nitrogen is strongly recommended for optimal results. If you are using a slow release blend that is less than 50%, chances are you will have yellowing nutrient deficient grass by the time you get to your next fertilizer application.

Although the winter may seem like a distant memory at the moment with the heat we are experiencing, cold temperatures this winter created some issues with homeowners and the back flow preventer for the irrigation system.

I have been doing some digging and found a product that will help with the cold temperatures we see here in Ocala. The product is made by a company called Dekorra Products. It is an insulated pouch that slides over the back flow preventer protecting it from the cold.

If you are interested in obtaining one, we will have some available to residents for \$60. To pick yours up, please stop by Customer Service in Friendship Commons.

For more information, please go to www.dekorraproducts.com.

Hope your summer is going great and have a safe one.

We are kicking off the Candler Hills West project, and it is in the beginning stages of the landscape process. From time to time, large earth moving equipment will be traveling the roadways on SW 87th Circle as well as trucks and other personnel involved with the landscape and irrigation installation.

For your safety and the safety of others, On Top of the World Communities, Inc. asks that you keep out of these areas until the roadway is opened for residents.

The roadway will follow the same theme of landscaping as seen on SW 81st Loop and SW 90th Terrace Road. There will be an abundance of grasses, trees and other plants to add color and life to the area.

If you have been following along with the newspaper articles, and you have been

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Genealogical Society
Elizabeth Kyle

Last month, I promised to report the results of entering my paternal grandfather at FindAGrave.com. Some kind soul, named "Moo," submitted two clear, crisp photos of the "Kyle" gravestone. What did I learn from this brief encounter with the website? There are untold numbers of people willing to take the time and trouble to help out researchers. A little



girl named, Margaret, was buried there in 1915, five years after her birth and six years after her mother arrived in this country. An aunt, uncle and first cousin of mine are also buried there. This gave me more clues to follow concerning my father's family.

In June, I was supposed to report on Dating Old Photographs 1840-1929, and

More Dating Old Photographs 1840-1929. Both of these are Family Chronicle Publications.

Using a tintype I found among my maternal grandmothers pictures, I tried to date the tintype - it was not easy and inconclusive. At first glance, it looks black. In bright light, it looks brown. Those printed before 1870 were black. After 1870, they were brown.

Many old photos are black or washed out. The book suggested adjusting only brightness and contrast, which I did. There is a noticeable clarity in the before and after pictures. However, with my vision, I will need a very good quality magnifying glass to study the tintype more closely.

Please note that the second monthly meetings have been cancelled. They will resume in October. In lieu of these meetings, the education committee has been preparing some excellent programs to offer through Master the Possibilities this summer. Don't miss the offerings. Go online or check the catalog, and be sure to register early because the class numbers are limited.

We meet on the second Monday at 10 a.m. in Room 3 of the Arts and Crafts Building. All are welcome.



100 Grandparents
Barbara Greenwood

On Wednesday, June 3, we the "Grandparent Volunteers" were treated to a lovely and delightful luncheon at Romeo Elementary School, provided by Chick-Fil-A. All of the volunteers, teachers, teacher assistants, school personnel and staff were present. What a warm and wonderful event it was.

The room was decorated in a Western motif with the theme being "We Are Family." That is so true, because we "grandparents" feel like family every time we visit Romeo. It is what Romeo does for us each and every time we arrive at the school. The children, the teachers, and Mrs. Hultman, principal; Mrs. Coy, assistant principal; Mrs. Thomas, dean of the school all make it a point to warmly welcome us into their space.

On behalf of the "Grandparent Volunteers," I would like to thank all of the personnel in Romeo for having our group as a part of their "family."

We will be returning in September, looking forward to another great year with Romeo.

Hospitality
Linda Tiffany

Candler Hills Restaurant

On July 8, get ready for a fun evening in a party atmosphere for our popular Wednesday Night Cookout. The buffet will include rib eye steak, fish, chicken, potato, vegetable, rolls with butter and coleslaw for \$16.95 per person, plus tax and gratuity. The Candler Cosmo will be a featured special. Seating will be available inside or outside on the patio. Join us from 5 to 8:00 p.m. Reservations are recommended.

Candler Hills Restaurant hours are: Sunday - 8 a.m. to 5 p.m.; Monday through Thursday - 11 a.m. to 6 p.m.; and Friday and Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets for \$7.95.

Early Bird Dinner Specials can be found in a display ad in this issue of the World News.

Self-serve coffee and doughnuts are available for golfers at 8 a.m. Monday through Saturday.

Don't forget the Prime Rib Special every Friday and Saturday. It includes baked potato, vegetables, salad, rolls and butter - \$12.95 and is served from 4 to 8 p.m.

Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.

The Pub

Summer hours for The Pub are: Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3 p.m.; and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Daily specials are:

Monday - BBQ ribs served with baked beans and coleslaw - \$7.95.

Wednesday - Open-faced prime rib served with an onion tower - \$8.95.

Friday - Fried Whitefish filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw - \$8.95.

Bring your grandchild to Candler Hills Restaurant or The Pub on Tuesday or Thursday, and for every adult meal purchased, one child's meal is free (until Sept. 7, 2009). Choose from peanut butter and jelly with applesauce, kid's hot dog with fries or kid's burger with potato chips.



View from the Library
Doris Knight

If any of you did not realize it, the books I review in this column are all in the On Top of the World library. So, if I pique your curiosity, you may read the entire book.

You may have seen Jack Germond on "Meet the Press," the "Today" show, and several other television programs over the years, as well as read his columns in several newspapers.

His book "Fat Man in a Middle Seat Forty Years of Covering Politics" has been described as "funny, charming and immensely literate." Published in 1999, many of his stories come out of an era when American politics were still fun and not as bitter and divisive as they are currently.

Germond started his professional life in the 1950s and he began as a general assignment reporter in Rochester, N.Y. After working there for two years to establish himself, Germond was sent off to the state capitol in Albany to cover state politics. The figures of importance at that time were Averell Harriman, Nelson Rockefeller and Mario Cuomo - so this was really the big time. He met and worked with many well-known reporters

like Warren Weaver, R.W Apple and Leo Egan.

The book moves next to a chapter about George Wallace. As Germond says, with the passage of the Voting Rights Act in 1964, most people felt the harsh days of segregation were over. But although Wallace was not impressive, his talk of segregation became the way for some people to send a message to Washington that the whole country had not yet accepted what Congress and the President had done. Wallace felt he talked for the average citizen.

A chapter on 1968 narrates the events of that year - the deaths of Martin Luther King and Robert Kennedy, the collapse of George Romney's campaign, the rise of Eugene McCarthy and the ultimate triumph of Richard Nixon to the presidency.

Nixon receives a chapter of his own - not filled with much new information but handled very effectively. We see the new Nixon with thoughtful and balanced proposals, but also the old Nixon with his grievances and dislikes, followed by a solid discussion of Watergate.

The rest of the book deals with various figures - Jimmy Carter, Ronald Reagan, George H.W. Bush and Bill Clinton with comments about the foibles and strengths of each. Many other persons who were on the stage and whom Germond covered over the years also receive notice - good or bad - or just a reference.

Ultimately, the book is light but effective - you can read it quickly but still absorb many of his excellent points. For a fascinating view of recent political history, I recommend Jack Germond's book "Fat Man in a Middle Seat Forty Years of Covering Politics."



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SPCA
Maria Devine

A resilient little Pekingese named Mike has just come into foster care. Our vet estimates this tan and white handsome boy to be about eight years young. Call his name and he'll come running with his tail wagging high. Once at your feet, he'll happily flop over for a long belly rub session, his most favorite activity. His second most favorite activity is being held and petted.

After a nice warm bath, he'll agreeably sit for a thorough brushing that will keep his coat gleaming. Completely housetrained, Mike will whine to tell you

when he's got to do his business - which he wouldn't dream of doing where he eats and sleeps. Otherwise, he's quiet, gentle and friendly to all in the household, including other four-legged family members (including cats). At nighttime, if you don't want him on your bed, put a crate with a warm blanket in your room and he'll mosey into it and sleep contentedly until morning.

Now the miracle of this sweet little guy is that he survived being left behind without food and water for many days when his family moved out of their house. Mike was rescued by neighbors just in time and warmed up quickly to his foster mom. If you love happy endings, and want to make one happen, give us a call at 362-0985 so you and Mike can live happily ever after.

Here's some good news for our pocketbooks and our convenience. The Neuter Commuter will be at Steeplechase Plaza (the old Publix) on Wednesday, July 29. If you've been meaning to spay or neuter your pet, now's the time to act. One \$25 payment includes spay/neuter surgery, microchip, rabies vaccine and license. What a great deal! You must call 307-1351 to set up an appointment and get fasting and other instructions. One restriction is that dogs must be 79 pounds or under in order to fit on the bus.

Just need a rabies shot and license? You can show up without an appointment with your dog or cat between 2 and 3 p.m. for this service.

Although the next meeting of the SPCA won't be until September, you won't find us sitting on our paws. Thanks to the generous folks who donate dog and cat food (in the SPCA bin under the bulletin board at Winn Dixie), we continue to pack food for the Pets on Wheels program. We also find lost pets and try to reunite them with their loved ones, help pets who have lost their homes find new ones through adoption and foster care, help pet owners in need with medical bills, and donate to various ethical animal charities.

If this is your cup of kibble, make a note to join us in the fall. Can't wait? Open up your home and heart for a while to foster a dog or cat that's waiting to be adopted. Please call us at 362-0985 for the tail wagging details.



Photo by Linda Lohr

A beautiful pieced quilt with a matching pillowcase.



Sewing Bees
Linda Lohr

Well, the weather is getting hotter and our sewing machines are heating up also! The group is busy creating "comfort kits"

for abused, abandoned and neglected children throughout Marion County. Unfortunately, it is difficult to keep pace with the demand, as the number of children increases every week.

We did take time out for our spring potluck on May 28. More than 20 people attended and lots of delicious meals and desserts were served. Pauline Sinsky won the quilt raffle. Ernestine Pryor and Rita Miller provided favors of small pincushions in a straw-hat design. All had a wonderful time and we are all back to "work" creating beautiful quilts, tote bags, pillowcases and stuffed animals for the children.

Donations of material, thread, embroidery thread and fiberfill are most welcome. Monetary donations are used to purchase the batting for the quilts. For information or donations, please contact Marcy at 854-1181 or LeeAnn at 854-7205. We are grateful for all your support.

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Mike



World News Deadline for August issue:

Noon, July 13, 2009

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K-9 Club
Mary Chang

About four years ago, we dog owners at On Top of the World were fortunate to have a management team willing to work with us and to open a dog park for our four-legged friends.

Since then, there have been many im-

provements made. Parking and additional gates were added in the rear, several benches were added for the comfort of the dog owners, and water was brought in at one end of the park. Because of our input and the cooperation of Theresa Fields at the Health & Recreation Building and our general manager, Lynette Vermillion, another water spigot was recently added so those at the "big dog" park no longer have to cart in their own water. We are so appreciative of their efforts to improve our park. Thank you so much!

Several members of the K-9 Social Club have been meeting to prepare for an exciting year! To start our year, we will be learning about preparing our pets for times of disaster and will be educated in agility training by an expert in the field. Coming in November, we will have our first ever Doggy Day Fair; it will be a fun day for dog owners and lovers!

Just a reminder, if you have lost a dog or have found a dog without an owner, please contact the front gate (854-8935) or one of our co-presidents, Anna Lunt at 237-9432 or Mary Chang at 861-2056. Also, let us know if you have any suggestions or questions about our meetings (which resume in September).



**Back at
The Ranch**
Cammy Dennis

Fitness Happenings

Strength - noun, the quality or state of being strong; bodily or muscular power; vigor.

As a fitness professional, I take the responsibility of helping people to get strong and stay strong very seriously. If you are not active, the aging process will rob you of your lean tissue (muscle and bone).

The average adult who does not exercise regularly loses five to seven pounds of muscle mass every decade. When muscle is lost, so is strength. The "use it or lose it" principle is true for our bodies.

Try to be active everyday and vary the physical challenge. It is important that you exercise your heart and lungs, which we refer to as cardiovascular exercise. This will improve your stamina and keep you feeling energized.

You also want to ensure that you strength train at least twice a week. There are many way to accomplish this: strength training machines, free weights, exercising against the resistance of water, and even lifestyle activities such as gardening will all help to keep you strong.

Opportunities at The Ranch to get strong and stay strong:

Boot Camp workout on Saturday, July 11 at 9 a.m. Get ready for a challenge! This special class will provide a high intensity workout that will challenge both cardiovascular and strength. This class is high energy and fast paced.

Our regularly scheduled Power Pump and Aqua classes are also a great way to build and maintain strength.

If you need a little more guidance to get started or progress your current program, you may want to schedule an appointment with one of our certified personal trainers.

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The Happy Hookers
Yvonne Bednar

On June 7, 17 women gathered for a fun time with lots of laughs and many different conversations going on at the same time; we were a buzz with chit chat and working on our items. It was so nice to see two of our former Happy Hookers return for the summer months, Emery Bjerkman and Joan Rappa. Marie Dare brought a friend Marge Anderson to join in on the fun, we never know who will appear or reappear after a long absence, but we do have 20 who faithfully attend every Monday all year long.

Anyone new to the community who wonders what goes on with us, you may stop by at the Arts/Ceramic room across from water tower on Mondays from 2 to 3 p.m. and check us out. We have ladies working on rug latch hooking, counted cross-stitch, embroidery, crewel, knitting and crochet. There are no dues, board with minutes/rules, stress or deadlines; it's "do your own thing" for whomever. For more information, call Carol Toye at 873-1646.

Just a friendly reminder to all, if you are at a loss for a project there are several places that are in need all year round for knitted/crochet items. For example, Palm Garden Rehab (lap robes, no large afghans), Guardian Ad Litem, Interfaith Emergency Services (baby blankets or small baby car seat carrier blankets, hats for all ages, along with children's mittens/scarves), and Ocala Midwives (baby blankets/hats).

You can always check with Cecily Lucas who knits children's hats for the Romeo School children in Dunnellon. Her list grows every year for those in need.

Let me know if you have any of these items and I will get them to the correct groups, but please put your name/address with the items, these groups like to send thank you notes. They are very thankful for your kindness, call me at 237-6428. These are only suggestions; you are not under any obligation.

Aug. 3 is our bi-monthly luncheon outing, as of this writing no place has been selected, so speak up with your suggestion.

Our group does take any unwanted yarn that you may no longer want, if we can't use it we will pass it along to other groups here, so please don't throw it out. Knit one, purl two.

www.OnTopoftheWorldInfo.com

Sunshine Quilters
Ann Weldishofer

We had 21 quilters attend our June 2 meeting. Many are off on various trips and visits all over the country.

Florence Wright announced that we have a December reservation at Stone Creek Grille for our holiday luncheon. We really enjoyed our spring luncheon there that we decided to repeat it for December. The service was great, the food excellent and the atmosphere nice!

Janet delivered 12 comfort quilts to Arnette House in April, and Ann and Tekla delivered 12 to the Sheriff's office in May. So far, this year, we have delivered 50 comfort quilts. This number is a bit down from 2008, but we have been spending a lot more time thinking of and making items for the Oct. 17 craft sale. We will have two tables full of wonderful things. And, most of them will have a holiday theme. You'll need to get to the Circle Square Cultural Center bright and early that day for a good selection!

And, speaking of the holiday, we are missing several yards of fabric that we intended for our projects. They were in our room in a box. If you have any information on their whereabouts, please let us know.

Tekla is in charge of our new banners now that Renee has gone back to Minnesota. Ann will be embroidering the "thread" on them, and we will be looking for people to hand quilt them. They are really colorful and represent our new "sunshine" name very well! Good job, Renee!

Jeanette Wroblewski has volunteered to act as chairperson/coordinator of the Craft Show. She will keep track of our items, and suggest others. In the meantime, we will each keep our items at home until fall when Jeanette will start gathering them up.

It was also announced that there would be no official August business meeting, so everything you want done will have to be scheduled before then.

Three members gave the program that attended the Ricky Tims seminar, which was held here in the Circle Square Cultural Center in April. Ann gave an overall review of the seminar and showed her favorite part, which was the rhapsody quilts and how they are designed and made. Pat showed the special piped binding Ricky used, and added some other tips she thought were especially interesting.

Marcy Benz gave her overall impressions of Ricky, Alex and Libby, and had made several DVDs of all the quilts that were displayed, that she shared with members who expressed an interest in them. There were numerous quilts displayed and they all illustrated the various topics that were presented. This was a once-in-a-lifetime opportunity, and well worth the cost and the two and a half days it covered!

Finally, there were 12 quilts shown for show and tell - all lovely!

Embroidery Chicks
Jan Johnson

First, a reminder to residents that the Embroidery Chicks are collecting fleece fabric to make tops and hats for the needy children at Romeo Elementary School in Dunnellon. Embroidery Chicks will sew the items as a September project so that the students will have the items for the cooler weather coming up.

Thanks to anyone who donates fleece to us and also tears of gratitude from the staff at Romeo. Contact Theresa at 291-7570 if you have fleece for the students or wish to help with this project.

We love the Dresden Plate design and spent another class continuing to put together more quilt squares with this pattern. Some of us will complete quilts using a selection of fabric pieces donated by Carole Eberly from her fabric closet cleaning efforts. Thanks, Carole! We enjoyed having a bigger variety of fabric to add to our plate patterns. Eileen Utiss and

Harriet Park will be making Dresden Plate quilts.

Theresa Randolph and Lorraine Brokhof worked on their own portable purse insert, a difficult many-pieced project. Moans and groans were heard as they struggled to understand the directions. The insert will be very handy as the ladies switch purses and only have to lift out the insert and transfer it to the next purse. No individual transferring, one by one, of the keys, the wallet, etc. All done in one easy switch of the insert!

Although Marcie Benz could not make the class, her patriotic redwork came to class with me! I put together a darling comfort quilt using red/white/blue flannel and Marcie's redwork squares. Thank you, Marcie, for your redwork.

Our next project will be an embroidered shoe bag, a very nice item that we can use for traveling and as a gift item for others.

The Chicks meet on the first and fourth Fridays of each month in the Arbor Conference Center, Suites B and C. We set up about 9:30 a.m. and work into the early afternoon. Bring your lunch, machine and supplies and join us! Contact Theresa at 291-7570 with questions.



Mac Tip of the Month
Sherry Surdam

Do you find when you start typing an e-mail address into the header of a new e-mail that a lot of strange addresses pop up? I mean addresses of people you've sent an e-mail to, one time, but that you don't care to have in your address book and will probably never e-mail again? Annoying, isn't it - to have to continue typing until the one you want finally pops up?

You can eliminate that behavior by going to the menu bar, selecting Window and when the dropdown appears, selecting Previous Recipients. A new window will open with addresses for all the e-mails you've sent. Simply highlight the ones you'll never use again (or highlight them all) and hit delete. When you go to send a new e-mail, you'll then only see the addresses in your address book that match what you've typed in the header!



Mah Jongg
Mary Ehle

There is not much going on this summer but I am taking reservations for the Oct. 3 tournament. The food choices are the same as is everything else. For more details, please call me at 873-7507.

Lee Penney is practicing to win the big jackpot for the 2009 big hand. On Tuesday, June 9, she made the hand and picked it herself, now if only she can do that at the tournament. I would expect that someone who plays that hand often could do it but it is like a good horse race and probably a dark horse will win it. I guess I will have to play and show you how to do it. I have never won that hand since it started in 2001. Jokers to you.

World News Deadline
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July 4th

The Star Spangled Banner

By MARGARET ADAMS

Little tidbits are tucked away in the dull pages of history. This seems to be one.

The Star Spangled Banner was not written as a song, but as a poem. So there are verses, which rarely see the light of day and are, indeed, little known by almost all Americans. They are no less inspiring.

We know Francis Scott Key wrote our national anthem during the attack of the British (yes, we were toe to toe with those guys again) on Fort MCHenry on Sept. 13, 1814, in the War of 1812.

Key had gone out from Baltimore to the British fleet to try to obtain the release of a friend held prisoner on a British prison ship.

He arrived on the eve of the bombardment of the city by ship's guns and was detained on his own vessel so he couldn't disclose plans of the attack.

He anxiously watched the battle all day and all night from the deck. When morning dawned and showed the stars and stripes still floating over the fort, he was deeply moved and quickly wrote his poem. The words were later set to the tune of an old English drinking song called "Anacreon in Heaven," which was popular in the country at that time.

We all know the first verse - hum it to yourself, then add the rest -

On the shore dimly seen thru the mist of the deep

Where the foe's haughty host in dread silence reposes

What is that which the breeze o'er the towering steep

As it fitfully blows, half conceals, half

discloses
Now it catches the gleam of the morning's first beam

In full glory reflected now shines on the stream

Tis the Star Spangled Banner, O long may it wave

O'er the land of the free and the home of the brave

O thus be it ever when free men shall stand

Between their loved homes and the war's desolation

Blessed with victory and peace may the heaven rescued land

Praise the power that hath made and preserved us a nation

Then conquer we must for our cause it is just

And this be our motto in God is our trust
And the Star Spangled Banner in triumph shall wave

O'er the land of the free and the home of the brave

Doesn't the background story make sense of that first verse which seems kind of unrelated to anything?

Anyway, it seems little lost gem in our long chain of history and appropriate to our Independence Day now.

If you want another familiar phrase from the poem, look to the lost verse, "In God is our Trust" is stamped on all U.S. coins.



Photo by Bob Woods

The Pirates' House in Savannah, Ga.

'Shanghaied' at The Pirates' House

By BOB WOODS
WORLD NEWS WRITER

"Shanghaied," where did this word come from and what does it mean? It's a word that goes back to the sailing days when men sailed the seven seas on wooden ships. That word and its meaning are believed to have been contrived at a tavern located in Savannah, Georgia.

At this tavern, swashbuckling sailors and those who ventured inside this establishment could and often found themselves on a sailing ship heading to vast locations throughout the world. A sailor or strong looking male would often have too much rum, pass out or be knocked out only to find himself on a ship heading for distant locations. It seems that inside this tavern a tunnel was constructed in the rum cellar leading from the drinking establishment to the river front, just about a block away.

A group of On Top of the World adventurers recently stopped at this popular destination, had a delicious meal and looked at the entrance to the cellar where the "supposed" tunnel was located. Also, on a tour of this historic city by a local tour guide, the adventurers were shown where the tunnel entrance was located along the riverbank where once the wooden sailing ships would be located.

The Pirates' House comprises of a few buildings located together. One of the buildings, still with its original walls, was erected in 1734 and is the oldest house in Georgia. It was utilized as the home for a gardener for the Trustees Garden, an experimental garden created by the original designer of Savannah, General James Edward Oglethorpe and his followers. The story concerning the Trustees Garden is a story within itself but this experimental garden failed and a tavern was established.

The Old Pirate House opened its doors in 1753 as an inn for seafarers. It didn't take long before pirates and other sailors

utilized this inn as a meeting place swapping sea stories of their adventures from around the world. It is still a meeting place for telling tales and enjoying fantastic food, along with grog.

One of the most famous pirates that frequented this inn was Captain Flint. In fact, this swashbuckler met his demise at this inn and his famous last words to his faithful mate and friend; Billy Bones, as he lay dying in bed just before breathing his last breath was, "Darby, bring aft the rum."

Now, I'm sure all reading this article have read the famous classic written by Robert Louis Stevenson entitled "Treasure Island." In his book, Stevenson mentioned that old Captain Flint, buried the famous treasure on Treasure Island, died in one of the upstairs rooms at this Savannah inn.

In the Captain's room at the tavern, there are many frames hanging on the walls containing pages from an early, rare edition of the book "Treasure Island." It is reported by many that on moonless nights the ghost of Captain Flint still haunts the Pirates' House.

The Pirates' House has that old mystique and atmosphere about the establishment. Even today, after bringing in modern conveniences, it still has that old flavor especially when you look around seeing wooden pegs holding together the hand-hewn ceiling joints. The restaurant still has the original brick walls and pine flooring used to construct the old Herb House and some of the original materials can be seen in the tavern.

The Pirates' House is a must see location to visit while touring old Savannah. The atmosphere is great, the food is great, and you can sit back daydreaming of those who frequented the tavern in the past.

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The Entertainment Group Announces 2009-10 Season

Many residents have requested the Entertainment Group to consider presenting a Sunday afternoon show. The Group will kick off the new series with a Sunday, Oct. 25 show at 2:30 p.m.

Appearing direct from the hotels and casinos in Atlantic City, Tony Bottoni brings his "Ultimate Entertainment" show.

In the business, Bottoni is called a triple treat entertainer: crooner, comedian and impressionist. Songs range from country to Sinatra and comedy that will make you laugh until you cry. Don't be surprised to see Inspector Clousseau, Red Foxx, Lt. Columbo, Johnny Mathis, Tom Jones or even Bill Clinton come out from backstage.

Opening the show is singer John Timponelli. John brings music from Broadway, classical to contemporary. In addition to singing, John impersonates famous characters.

John has been the opening act for such stars as Lou Rawls, Rosemary Clooney, Carol Channing and Shirley Jones.

Saturday, Nov. 28 at 7:30 p.m. The Entertainment Group will present the most unique show ever brought to the On Top of the World stage. The Ditchfield Family Singers will perform "A Little Bit of Christmas and a Lot More."

The Ditchfields have been referred to as the American version of the Austria's Trapp Family Singers (Sound of Music). Led by parents Stephen and Bernice, the cast spans four generations of the family. A feature of the show is the My Three Sons "quartet." The Ditchfields provide an unforgettable entertainment experience singing popular music of the 30s, 40s and 50s and showstoppers from Broad-

way. The audience will be delighted with the costumes, carols and yuletide holiday favorites in the Christmas portion of the show. The Ditchfields will create real holiday spirit.

Saturday, Jan. 30 at 7:30 p.m. promises to be a wild evening in the Health & Recreation Ballroom. "Branson Meets Quebec" with Harley Worthit and Robbie Carson.

Harley is the wildest comic you will ever see with his many crazy antics, faces and comedy routine.

For those of you that saw him perform two years ago (Branson Meets Nashville) will agree why he is acclaimed the number one comic in Branson. His most recent gig was at the Jim Stafford Theater in Branson.

For those that are fashion conscious, the price of the ticket is worth seeing his outlandish costumes.



Sharing the stage with Harley, from Quebec, is song stylist Robbie Carson. This talented vocalist offers a variety of songs from standards to jazz and doo-wop, not to mention an international touch that will charm the audience. Her performance will make you travel for a brief time and bring back good memories.

Saturday, Feb. 27 at 7:30 p.m. the Entertainment Group will bring back "Re-Creation."

Glow of Gershwin," "Swingin' Sounds of Love," "The Lovin' 60s Motown," "Family Love" (The Osmonds, The Bee Gees, The Carpenters, The Everly Brothers just to name a few) and, of course, "Chapel of Love." With great songs of the 50s and 60s. They will perform this grand finale, "American Pride," where they pay tribute to all the veterans in the audience. The cast calls them, "America's Heroes."

This show is On Top of the World's way of helping support this group of young people as they bring joy to all those in VA Medical Centers across the country.

Closing the Entertainment Group's 2009-10 season, Girl and Gurl Productions present an exhilarating evening of American music, "Over the Rainbow." Saturday, March 27 at 7:30 p.m. From Judy Garland to George Gershwin to Jimmy Buffet and more! Starring pianist and vocalist extraordinaire, Brian Gurl, entertainer, and singing sensation Judy Alexander, who is a blend of Vickie Carr, Lisa Minnelli and Judy Garland. All backed up by a very classy, jazzy four-piece combo.

"Over the Rainbow" offers a dynamic, exciting journey into Americana. This is the third appearance for a Girl and Gurl production.

Who can forget their latest show at On Top of the World "Pizzazz" with Ski, the violinist/fiddle wizard with his fantastic impersonation of Jack Benny.

What a show to close out the 2009-10 season!

Be sure and see the coming attractions showcase in the Health & Recreation lobby for the playbills of all the 2009-10 show series.

www.OnTopoftheWorldInfo.com

Volleyball

By BOB WOODS
WORLD NEWS WRITER

Want to play volleyball? Not only will you have fun, but you will get good exercise and meet new folks who have the same interest.

A group of On Top of the World residents meets every Tuesday and Thursday morning at 10 a.m. in the Health & Recreation Fitness Center located in the lower level. This is not an organized club; no dues are required.

Marjorie Bub has been playing for many years. She would like to see more men and women come play. The group plays a few games; no matter how many players show up, they all get a chance to play. The group is open to all residents.

Why not join the group for some fun and exercise? Someone that plays regularly will be there with a clipboard, just give them your name and tell them you have not played before or you are new to the game.

So, put on your "tennies," a lightweight blouse or shirt and a pair of shorts and you are just about ready to play volleyball. Who knows, you might become a volleyball "champ."

Want to take a peek first? You can watch them play from the upstairs window in the passageway leading into the Health & Recreation Ballroom.



Photo by Bob Woods

A group of residents play volleyball every Tuesday and Thursday.

World News Deadline for August issue: Noon, July 13, 2009

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ARBOR CLUB FITNESS & AQUATIC SCHEDULE

ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE JULY 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Arbor Club Ballroom		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Rebekah	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Rebekah		
9:30-10:30	Yoga* Ronnese AC Ballroom	Intermediate Yoga* Ronnese Fitness Room	Yoga* Ronnese AC Ballroom				
10:00-11:00		Arthritis Water* Pat Outdoor Pool		Arthritis Water* Pat Outdoor Pool	Yoga* 10:15am Bryony Fitness Room		
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Rebekah	Water Walking FREE!!! (outdoor pool) 2nd and 4th Tues	Shallow Water Aerobics* Therese				

*DENOTES A FEE BASED CLASS



Larry's Fit Tips Larry Robinson

Why is strength training important? Strength training increases functional fitness, which brings about independence, which ultimately provides a better quality of life.

Strength training improves bone density, diminishes arthritis, pain, improves balance and might even prevent falls. Recent research has shown that strength training increases metabolism, reduces depression, increases transit time through gastro-intestinal tract, decreases risk of diabetes and improves HDL/LDL ratios.

One word that comes up when talking about losing muscle mass is sarcopenia, which is a natural decrease of muscle in aging adults. Even though it is part of the aging process, it doesn't mean you have to be a statistic. To prevent this loss of muscle you must do some form of progressive resistance exercise (PRE); commonly called weight training or strength training. Some studies show that muscle mass peaks at about age 30 and begins to decline at the rate of about 1-2 kilograms per year.

Research shows that older adults who lifted weights were at least as strong as unfit 20-year-olds. The great news is that it is never too late. Studies have shown that people in their 80s can even increase strength. I see residents come into the fitness center who are well into their 80s whose strength and flexibility is amazing. I know that quality of life is improved when your body is strong and you feel good about yourself.

Stop by and see me at Health & Recreation to discuss how you can get started on a training program.

FIT TIP #1: Keep movements slow and under control, proper form is more important than the amount of weight lifted. Train, don't strain.

FIT TIP #2: Vary your workout to avoid boredom. Work out the major muscles of the body before working the smaller muscle groups, when possible increase intensity by only 10%. Do compound movements prior to doing isolated motions.

FIT TIP #3: Incorporate stretching daily and try to address all the major muscles and joints of the body.

Avalon Social Group Lorraine Rourke

Summer is here, which means our snowbirds have gone and the heat is moving in requiring us to take hurricane precautions and make sure we are staying hydrated. The fun still continues with various activities here at On Top of the World, as there are plenty of summer activities. Check out the pool for walking, floating or just visiting with fellow residents.

Our group is taking July and August off this year, our remaining bring-a-dish get-togethers are Sept. 19, Oct. 5 (this may be held outside in Avalon where we can do some line dancing and enjoy some cooler weather), Nov. 2 (barbecue at the picnic pavilion) and our holiday party on Dec 7. Mark your calendars so you can join the fun with your neighbors.

Also, if you'd like to take over planning or running one of our events, let me know; many hands make light work. For questions, contact Lorraine or Larry at 390-2120.



New York/ New Jersey Bunny Barba

On May 19, the club enjoyed its end of season party; this party was given by the club for club members. Too bad, many of

our members are snowbirds (I don't know why) and missed this super party.

Remember, we welcome anyone who has ever lived in New York or New Jersey as a member. In fact, if you have visited either of the two states or have relatives lucky enough to be there, you are welcome to join.

Our remarkable president, Liz Ettell, arranged for a catered luau complete with marvelous Hawaiian food and music; a wonderful dessert was also served. Many of our members dressed in bright shirts and pants. Liz Ettell is a perfect example of the familiar statement, "If you want something done well, give it to a busy person." Table decorations were extremely beautiful as arranged by Angie and Bob Hook.

The new slate of officers and directors were presented to the members. The hardworking outgoing board members were awarded golden pineapples. Some of last year's board will be back because they are gluttons for punishment.

A very brief outline of the coming season's entertainment and events was presented by our president. Next month, I will try to list plans for the 2009-2010 meetings, which will begin on the third Tuesday of September.

If you have any questions or comments, please call me at 873-8009 or e-mail thebunsters29@aol.com.

May your life be full of good luck and great joy, always in all ways.



New England Club Peg Corkum

The first colony to set up its own government was New Hampshire which became the ninth state on June 21, 1788. So, 221 years later it only seems appropriate to pay tribute to this beautiful state and our members who represent it.

The "granite state" has been named the "most livable state" several times, and residents are proud of their motto "Live Free or Die." This state has it all! There are majestic mountains, sparkling lakes, rivers, beautiful beaches, vibrant cities and small idyllic towns. There are great outdoor activities, rich history, lively arts, cultural scenes, warm hospitality and tax-free shopping.

Your travels will take you through a changing landscape of spectacular beauty. N.H. has a way of making time stand still as you wind your way through farmland and picturesque villages. This time of year, it is not unusual to arrive in some small village in time to join a church barbeque lunch.

Gone, but not forgotten, is the famous craggy rock formation, "The Old Man of the Mountain." Although he finally succumbed to the elements, you will see his image on N.H. license plates.

I think you will long remember your travels in this lovely New England state.

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Fitness Happenings
Cammy Dennis

National Senior Health and Fitness Day...A Celebration!

On Wednesday May 27, the Health & Recreation department was bursting with excitement and energy as we celebrated National Senior Health and Fitness Day. Our regular schedule of classes was transformed into a day of fun filled activities that felt more like playing than exercise! It's important to exercise our hearts, but sometimes it is just as important to fill them with happiness. We did both on NSHFD!

Aging is a natural part of life. How you feel as you age depends on several factors, including genetics and the lifestyle choices you make. Genetic factors can influence things like cholesterol, obesity and cancer; however, the lifestyle environment you create can have an even greater influence. If you take good care of your body and combat the negative stressors in your life, you can slow down and even prevent problems that often come with getting older. The central issue is that your chronological age is not as important as your biological age!

One of the most important things you can do for yourself at any age is to be physically active. Regular physical activity keeps your body strong and makes you feel better. Try to get moving everyday for a combined duration of 30 to 60 minutes, and vary your choice of physical activity. NSHFD participants got plenty of activity, from "balancing our hats," hav-

RECREATION CENTER FITNESS SCHEDULE

HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE
EFFECTIVE JULY 1ST 2009

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise
8:00-8:50	Cardio Mix	Condition & Stretch	Cardio-Kick & Tone	Condition & Stretch	Cardio Mix	12:15
Aerobics Room	Rebekah	Cammy	Susan	Cammy	Kitti	20 Min
9:00-9:50	Primary Pilates	Balanced Body	Life's A BALL	Balanced Body	Precision Pilates	Sunday
Aerobics Room	Mary Pat	Mary Pat	Mary Pat	Susan	Kitti	Oxycise
10:00-10:45	Balanced Body		Balanced Body	Strictly Strength	Balanced Body	12:15
Aerobics Room	Mary Pat		Mary Pat	Larry	Susan	20 Min.
10:30-11:15	Cardio Jam		Cardio Jam		S.O.S - "Serious on Kitti Strength"	
H&R Ballroom	Kitti		Kitti			
10:45-11:30	Light Aerobics		Light Aerobics		Light Aerobics	
Aerobics Room	Susan		Susan		Susan	
12:00		Fitness Center				
Fitness Center		Orientation				
12:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	
1:00-2:00		ZUMBA* Traci		ZUMBA* Traci		
Aerobics Room						

* Denotes a Fee Based Class

ing a "luau" and circuit training in the pool. It was a great day to reflect on the importance of health.

I encourage you to embrace wellness everyday in the choices you make. Instead of thinking about the things you can't do anymore...celebrate what you can do!

The Arbor Club

Arthritis Class: Tuesdays and Thursdays at 10 a.m.

Water Walking: free class every second and fourth Tuesday at 1:30 p.m.

Master the Possibilities

"Total Golf Conditioning" Lecture: July 14 at 9:30 a.m.

Health & Recreation

Balanced Body: Tuesdays and Thursdays now at 9 a.m.

Strictly Strength: Thursdays now at 10 a.m.



Photo by Mike Roppel

On National Senior Health and Fitness Day, Mary Pat Giffin leads her students to build strength and improve their balance.



Kitti's Corner
Kitti Surrette

The Brain and Food Cravings

The munchies lurk in the shadows of your living room. It's an ambush mission. You are an innocent victim watching TV. They hit full force during a potato chip commercial. You never saw it coming. Their main weapon is the urge. Not just a regular urge, but also a focused craving that can be maneuvered at will towards a particular brand of potato chips.

Awareness is the first defense. In martial arts, they teach you to deflect a punch rather than stop it. It takes less energy and uses the motion of the attacker against him. Deflection is a style of defense needed in battle against cravings. You cannot stop them by trying not to think of the munchies.

Like a boulder rolling down a mountain, cravings bounce and bang into other needs, stirring emotions and desires into an avalanche. A tiny craving has become a powerful urge that affects every fiber of our being. Allowing a craving to build anticipation can only lead to disaster. Deflection uses the energy of a craving to form positive thoughts. It is best done quickly before the emotions escalate.

Neurons

Your brain has adapted its neurons to your present lifestyle. For example, many people like to wake up slowly while reading the paper and drinking a coffee. Billions of neurological cells have become adapted to certain amounts of neurotransmitter stimulation, in certain sequence, at certain times.

If a visiting friend interrupts that morning schedule, even if you are not conscious of it, there will be a feeling that something is not right. You may become irritable and edgy throughout the day. The brain has not received its normal doses of neurotransmitters in the normal sequence and rhythms, and they react with stress as though something were wrong.

It has taken years to establish your present addiction to food. Your entire neurological processing is dependent on the pleasure of food for balance. Your neurotransmitters are expecting the next fix. Food is your escape; relief from wor-

ry, entertainment and comfort, and can be more intimate than your best friend.

Removing food from its powerful position by cutting down food intake causes imbalance. You feel vulnerable and sensitive, similar to the effects of drug withdrawal. The symptoms are physical and emotional: anxiety, irritation, restlessness, headaches, stress and feeling out of balance. You are forcing your brain to change its neurological process, a change that sends shocks throughout the body.

A small calf could walk through an electric cow fence, but that small shock is enough to stop a 1,000-pound bull. Like that electric cattle fence, cravings keep us in place with small shocks. If we only held tight and ignored those shocks, we would realize how powerless they are.

Freedom is only a few shocks away. Let us leave the land of Burger Kings, Dairy Queens and burger shepherds wearing clown suits. It is a land of sickness, disease and death. Green pastures and still waters await us.

See you in class,
Kitti



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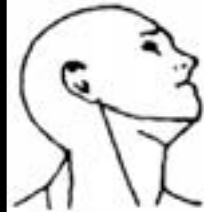
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August issue:
Thursday, July 30



Winds of Windsor
Joyce Wood

Our neighborhood is becoming even quieter as summer approaches because the snowbirds have all returned to their home states. When they return to Windsor in the fall, they will find that three new families have moved in. They are from Michigan, Indiana and southwest Florida, and Mr. Velez moved in this past month. We wish him well.

The residents of Windsor just had their second gathering over appetizers and this time it was held at the pavilion by the baseball field. Perfect weather allowed us all to share some traveling hints.

The Glorious Ladies of Windsor meet again on the second Wednesday of the month, July 15. They will enjoy snacks, cards and more conversation. On the same night, the men will enjoy guys' night out. This means dinner at a local restaurant and perhaps they will play some cards at the McCabe's. So, we are busy in many ways.

I heard that line dancing is on the agenda of many of the ladies starting in the fall.

On a personal note, we had a wonderful experience going through the Panama Canal from Ft Lauderdale to San Diego and highly recommend it. From there we rented a car, visited family, hiked some of the canyons in Utah and Arizona and took the narrow gauge railroad from Durango, Colo. to Silverton. This was quite a pleasurable experience.

A week in Denver with family was quite enjoyable, from whence we flew home. So, we used five means of transportation on our six-week adventure - ship, car, train, air and lots of walking.

We wish safe travels to all those who live at On Top of the World.



Candler Connection
John Podkomorski

Summer seems to be planning time for Candler Hills neighbors. Please look to the Candler Connection website to get up-to-date information about events coming up through the end of the year.

To keep up with clubs, activities and events in Candler Hills, please set your bookmarks for the Candler Connection website to www.candlerconnection.org.

On June 23, Robert Colen, Rich Hrac and Dennis Hisey met with Candler Hills neighbors to talk about everything and anything about maintaining your house—from air conditioning to plumbing, termite control and insulation. Many thanks for the interesting information!

The Candler Cookbook will have over 280 really yummy recipes including three by our own Chef Dave Bland. Delivery of the cookbooks will be in early October. Remember that you can pre-order your copy of the cookbook (at a discount) by calling Diane at 873-3869.

Our Candler Connection Social Committee has planned a Hawaiian Luau on Sunday, July 19. Also, our holiday party for 2009 will be on Dec. 9. Please look to the Candler Connection newsletter and website for more detailed information.

Starting in October, we'll be starting "Dine with a Neighbor." This is a great opportunity to know more Candler Hills neighbors. We'll start planning activities and scheduling our first dinners in October.

Our popular potluck dinners will be closed for the summer. Our next potluck will be on Monday, Sept. 28.

New to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directories and learn about our New Neighbor Welcome events on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center. July's welcome session will be on Tuesday, July 21.

For residents of Candler Hills, or if you'd like to see what our neighborhood is all about, you can find more information at the Candler Connection website at www.candlerconnection.org.

Events July

To be listed, call Sid at 861-8775

July 11 Show: "The Great American Trailer Park" Gainesville 681-1575	July 23 Home Improvement Expo 9 a.m./H&R 854-8707x10
July 12 Movie: "Hotel for Dogs" 6 p.m./H&R 873-7507	July 26 Show: "Peter Pan" Gainesville 854-7074
July 15 Ringling Art Museum Sarasota 237-9700	July 28 Baseball Game: Yankees vs. Rays Tampa 854-8707x10
July 16 Casino Trip Tampa 854-8707 x10	Location Codes AC Arbor Club BR Ballroom CC Arbor Conference Center CCC Candler Community Center CSCC Circle Square Cultural Center H&R Health & Rec Bldg ICC Indigo Community Center MR1 Meeting Room 1 MR3 Meeting Room 3
July 18 Show: "The Four Tops Tribute" 7 p.m./ CSCC 854-3670	
July 22 Eye Care 1 p.m./ACC E, F & G 854-8707x10	



Indigo East Insights
Allie Gore

What a difference a month makes; so much less traffic on the roads these days! Neighbors have left the area seeking cooler temperatures. Those of us who remain, in paradise, find many activities to keep us busy. Please refer to our community directory if you need to contact one of our neighbors about an activity listed here. Enjoy!

Indigo East ladies enjoy lunch together in the Indigo East Community Center every other month. These fun gatherings are a great way to meet neighbor ladies. Nancy Ludvik or Joyce Gysen will be happy to fill you in on the details and maybe talk you into helping with one of the dates. Remaining lunch dates for 2009: Friday,

www.OnTopoftheWorldInfo.com

Volunteer at Sholom Park

For more information, contact Pat Russell Volunteer Coordinator Ph: 237-9712

Aug. 28, Saturday, Oct. 31 and Saturday, Dec. 12.

The social committee is extending an invitation to "you" to volunteer to plan a social event for the community. All events are held in the Indigo East Community Center. If you volunteer, you get to plan the details. Your Resident Social Committee is there to help! A volunteer coordinator is still needed for the Oct. 11 event. It can be an Oktoberfest or you name it! Contact Anke and Bernie Linthorst for more information.

Are you aware that our community has a group of neighbors who have been trained to respond in the event of a destructive storm or other emergency? CERT, Citizens Emergency Response Team, is active and always looking for interested neighbors to join them; training is provided by the county. This group meets monthly. Contact Beverly Case or Joyce Diekmann for details.

Game nights continue on the second Tuesday and fourth Thursday monthly at 6:30 p.m. in the Indigo East Community Center. Bring your favorite game and join in! If you have any questions, please contact Jenny Stockli.

Would you like to learn to play Bunco? You are invited to learn on the first Tuesday of each month at 6:30 p.m. Contact Shirley Hamilton for details.

Mah Jongg is played Monday evenings from 7 to 9 p.m. and Wednesday afternoons from 1 to 4 p.m.

Also, check the bulletin board in the Indigo East Community Center for additional activities and exercise classes. There are quite a variety of books in the lending library, check it out in the kitchen.

Finally, in the midst of all this activity you find you have a little time to spare, consider volunteering. There are many opportunities available at the hospitals, Hospice of Marion County and nursing homes. Or, you can also be an advocate for our frail elderly through the Ombudsman Program or mentor a child. You can also donate food and clothing for the Homeless Children and Youth Program for the 1700+ homeless children in Marion County or donate blood. The needs are many. If you have "been there and done that"; simply extend an act of kindness to someone.

Don will be back next month. Enjoy!

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Ballet Club
Eugenie Martin

"Dancing With the Stars" is finished, and my favorite, Melissa - the rejected candidate from the recent ABC program, "The Bachelor" - came in third, not first. Oh well, we'll see what happens next time. Maybe my favorite will win then.

In the meantime, our ballet classes are continuing, and will do so throughout the summer. We have two daytime classes, Tuesdays and Thursdays from 1 to 2 p.m. and one evening class, Mondays from 6:45 to 7:45 p.m. All classes are held in the Arbor Club Exercise Studio adjacent to the indoor swimming pool.

The studio provides a very pleasant location and, if you are interested in joining us, you may just come to class, or sit and watch us to get an idea what the classes are like. You don't need any previous experience, nor do you need ballet shoes and a leotard to start. Exercise clothes and socks are just fine.

If you would like to talk to me about our classes, please feel free to call me at 854-8589. Happy dancing!



Line Dancing
Sherry Ashenfelter

"I know I'm not very good," one of our students said. We like students who are not very good, good, and very good. There are no competitive auditions to enter our classes or end-of-year anxiety ridden recitals to demonstrate acquired skills. Our expectation is that our students will make progress by practicing new dances with new step combinations.

In September 2008, a shocking record number of newcomers joined our Level One class.

Even in an overcrowded class, Level One dancers showed they could not only survive, but flourish. The class gained an understanding of the contra dance, the mixer dance and dance floor etiquette. They also learned 19 different dances requiring the grapevine, the rock step, the pivot turn, the kick-ball-change, the strut, the monterey turn, the triple step, the toe fan, the box, the jazz square, the jazz jump, the hip sway, the rocking chair, the diagonal walk, the weave, the back track and the heel split. We hope that each Level One student can say, "I'm a better dancer than I used to be." That's progress.

For optimal learning conditions and floor safety, all classes beginning in September 2009 will be limited in size with pre-registration required. For information about classes and the new pre-registration procedure, call 873-9440.

www.OnTopoftheWorldInfo.com



Square Dancing
Maureen Lea

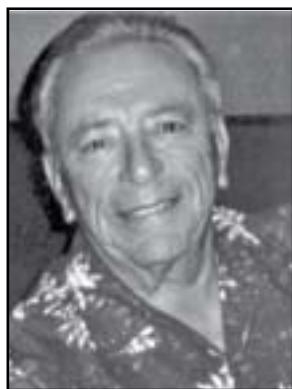
The fifth Saturday dance on May 30 had a red, white and blue theme. It was held at the Health & Recreation Ballroom and was sponsored by the Central Florida Square Dance Association. Whitt Brown and Bev Landwehr entertained a full house with refreshments provided by Circle Squares.

June's calendar was pretty unremarkable as no special events were scheduled. Many people are taking advantage of the warmer weather up north; visiting family and friends for vacations, weddings, graduations, etc.

For those of us remaining in the area, don't forget the class graduation on July 28. It will be the last event at On Top of the World this dancing year and deserves a really good turnout. Let's show the support the graduates deserve.

The club and this column will take a break during the month of August. Beginning with the September issue of the World News, this column will be written by our very own Walter Lamp. Walter will be writing the column in between duties with his wife Mary as co-vice presidents for the club. Walter will do an excellent job and I know he can count on our support.

After the August break, the club activities begin again on Sept. 1. There will be an ice cream social and time to compare our summertime stories. So, let's take advantage of the last dance of the season and dance, dance, dance!



Ballroom Dance Club
Joe Furfaro

The rumba was expertly taught to us in June and it was a very exciting and romantic dance experience.

As of this writing, and if we get enough residents attending, we will continue through the summer with dance lessons. Look for updates.

Thursday, July 2 will be the first lesson in July and we will continue for the next three Thursdays. We will be getting off the Latin beat and will be learning the ever-popular Foxtrot. Give it a try; you might just like it.

Four lessons cost \$20 and a one-time member fee of \$6 is required. You can reach our instructor, Trish Sands at 351-2423 or myself at 237-6900.

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Pattern Dance Club
Jim & Nell Entinger

Summer is in full swing and so are the Pattern Dancers. There were many pattern dancers from On Top of the World, as well as other locals, who attended the dance at the Circle Square Cultural Cen-

ter featuring Margo and Rodeo Drive. It was a beautiful sight to see as many as 20 couples all dancing the same pattern to a beautiful waltz as we moved around the floor in a circle surrounding other dancers doing their own thing. It was a fun evening.

Since The Town Square hours have changed, it is cooler and dancing is more enjoyable. If you haven't been there lately, come out between 7 and 10 p.m. and join the dancers or just listen to the music. Pattern Dance Club members are there having a great time and if you like what you see, consider joining us in October when we will start back learning new dances and practicing old patterns. Beginners are always welcome and the early classes are geared towards newcomers.

If you want to learn more about the Pattern Dance Club before that time, call us at 861-5351. We'd love to have you give it a try.

A reminder to club members that we will get together and dance on July 21 and August 18 at 6:30 p.m.

Until then, see you at The Town Square.



Computer Club
Sherry Surdam

On May 30, Francis Womack, a long-time member of the club, gave us a wonderful presentation on making movies using Pinnacle software. Unfortunately, his computer, on which Pinnacle is installed, refused to communicate with our projector so he had to make do with a handout and a couple of DVDs he had created, which we were able to show on the club's computer. In spite of the technical problems, the presentation was wonderful and we are going to install Pinnacle on the club's computer and try this again in the future!

On June 6, we had the last official presentation for the current session. Dick Belz, also a long-time member of the club, gave us an excellent talk on genealogy and how to start researching your lineage. He gave us a handout on which he included several websites and many suggestions on how to go about what could be a daunting task.

We thank them both for very informative and interesting presentations, and if any other members have subjects on

which they're knowledgeable, we would love for them to consider doing a little program for the club at some point. You don't have to be an expert in anything, all you need is some knowledge and the willingness to share it with us!

Be sure to watch the website at www.cccocala.org for information on scheduled programs and/or changes to the schedule.

Since many of our members head north for the summer months, regular programs are suspended. We continue to have our Q&A sessions during the regularly scheduled times but will not have formal programs until we resume in September. With that in mind, I will also take a break from writing this column! See you in the fall.

All meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesdays, Thursdays and Saturdays. If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and more experienced users!

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Shutterbugs Photography
Marilynn Cronin

The end of May saw the ShutterBugs caravanning to Gainesville for a trip to the Kanapaha Gardens. Doris Mauricio coordinated the trip and even set up a private tour. There is so much to see there: a wide variety of beautiful flowers and trees, sinkholes, herb garden, etc. Afterward, most of us ate lunch at McAlister's Deli, where there were lots of laughs - which seems to be the place we always go when in Gainesville.

In June, Sandy Blower of Ocala Art and Frame gave a great demonstration on the colors to be used for matting and framing of our photos. Mike Gattozzi coordinated the "show and tell" of photos of flowers and the Kanapaha Gardens trip. This is such a great learning tool.

The ShutterBugs annual club barbecue

was held the end of June. What a wonderful opportunity to socialize, meet spouses and get them interested in taking part in the field trips or even giving a try to taking their own photos. We had lots of fun and great food, all thanks to Linda Uhley and her crew.

Next month, our field trip will be to historical downtown Ocala. It was such an interesting educational experience when we visited last year, we knew we had to go back. Afterward, lunch at Harry's on the square will be another fun event.

Some of our other upcoming field trips will be to Don Garlits Museum of Drag Racing and Pat's Island in the Ocala National Forest.

PHOTO TIP: I promised you last month to continue with the challenges of flower photography. However, the article I wrote is on my computer, which happens to be residing in Orlando at the Apple store hospital. Lord help me, I'm having withdrawal pains!

However, I do want to share a great tip I read recently. Next time you are planning on going shooting, take a piece of cardboard (8-1/2" x 11" works well) and cut a 4" x 6" opening in the center. As you walk around looking for potential subjects, hold the card up at arms length and view your subject through the opening, held both vertically and horizontally. It's intriguing to see how differently the same subject looks when viewed in both formats - and it will help you to visualize how differently your prints will look later.

If you would like more information about the ShutterBugs, visit our website at www.otowspc.com or contact Gary Uhley at 854-8536 or bugs@otowspc.com.



Photo by Norbert Sachs

Bee on flower.



Photo by Mike Gattozzi

Artichokes growing in On Top of the World.



Lions Club
Dianne Lovely

On Top of the World Lions Club welcomes new Lion member, Alice Brown, to our club. We already have her hard at work.

Lion President, Bill Tooher, presented Lion Ed Michelson with the "gold shaft" award as a gag gift. As Bill said, "Lion Es-

telle wins all the awards and he should get an award as well."

Tammy Johnson with the Florida Kids Sight Program recently spoke to the On Top of the World Lions about their program that they are just starting to get underway. This is a program that screens children from birth. They are using new digital eye screen machines.

The Florida Center for the Blind and Visually Impaired recently moved into a new building on April 16. They are now located on SW 60th Avenue behind CVS.

On Wednesday May 27, The Florida Center for the Blind and Visually Impaired had an open house and ribbon cutting ceremony where Gwain Davis, director, had approximately 75 people come through to take tours of their new facility including 12 of the On Top of the World Lions.

Marion County Chamber of Commerce cut the ribbon at noon plus there were cookies and snacks for all to enjoy.

We meet every second and fourth Tuesday of the month at 8:30 a.m. at the Candler Hills Community Center. For more information, please call membership chairman, Marty Schley, at 307 - 1286.

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Photo by Roberta Rouse

On Top of the World Lions at the Florida Center for the Blind Open House on May 27.

Candler Hills Restaurant

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Bring your grandchild to Candler Hills Restaurant or The Pub every Tuesday and Thursday for one FREE kid's meal with the purchase of one adult entrée all summer long.*

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*Offer applies to children 10 and under and ends September 7th, 2009. One adult meal must be purchased for each free kid's meal.

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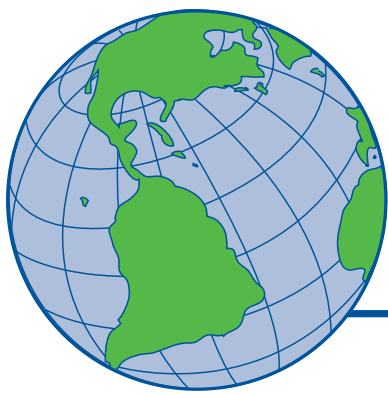
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On Top of the World NEWS

Where the News is Always Good

Can you help identify this? See page 28



Section 2

Vol. 23, No. 1 • July 2009



Photo by Bob Woods

Volunteer librarians at the On Top of the World library.

Check Out a Book

By BOB WOODS
WORLD NEWS WRITER

Have you ever wondered who takes care of all the books in the On Top of the World library? There are 22 volunteer librarians in the library and the group averages over 200 hours a month making it easier for you, the reader, to find or locate the book you are looking for.

In case you don't know, there are over 12,000 books in our library just waiting for you, the reader, to stop by and pick up interesting books. No matter what type of book you are interested in, I'm sure that book or one just like it is available in the library located in the Health & Recreation Building. And the best thing about our library is that it is free; no late charges and you don't even have to have a library card.

All you have to do is pick out the book desired, or many books and after you have read them, bring them back. There is a specials bin located just inside the library door to place returning books. Then the volunteer librarians take over and re-shelve the books in their proper place.

Our residents donate all the books and magazines in the library. Books that are no longer used are donated to the public library.

To give you a breakdown on the books sitting on the shelves there are over 3,000 hard covered fiction, mystery and sci-fi books. In soft covers, the number jumps to over 7,000, which include mystery, sci-

fi, and, of course, romance. The library has almost 2,000 books by subject and these figures do not include tall books, encyclopedias, books on Florida and those in large print.

Rita Mandl is the head librarian and she mentioned to me that besides the 22 librarians, the library has two ghosts. It seems two gentlemen entered the library early in the day and seeing that the return bin were full they took the books out of the bin and placed them neatly in a cart for re-shelving.

I found out that the library works on a budget that management supplies, mainly for secretarial supplies. When the library needs more space, our woodworking shop constructs new shelves. The library could utilize additional funds, so if there is a club or organization within On Top of the World who would like to make a donation, it would be greatly appreciated.

Rita showed me a list of work for librarians and libraries according to Nancy K. Maxwell, author of "Sacred Stacks" which are as follows: "promote community, uplift society, bestow immortality, preserve and transmit culture, organize chaos, and provide sacred space." Sound familiar? Sounds like our library to me.

Stop by and get some reading material. If you have books lying around the house that you think others might enjoy, drop them off at the library.

Babe, a Kentucky Derby Winner

By BOB WOODS
WORLD NEWS WRITER

Recently, after watching the Kentucky Derby and that fantastic ride by the jockey giving the biggest odds by zigzagging to the finish line brought to my mind a neighbor of mine. This neighbor used to be a jockey; he is a little man with a huge heart who won one of the greatest horse races before I was even born.

That great race, "The Run for the Roses" took place in May 1936 at the Kentucky Derby. This jockey with his horse was also a long shot. He also zigzagged to the finish line. His name is Ira "Babe" Hanford. He has the distinction of being the oldest living, winning jockey of the Kentucky Derby.

Babe was only 18 years old when he made his first trip as an apprentice jockey to the Kentucky Derby in 1936. He rode a horse named Bold Venture, a long shot, to victory. Babe had been a jockey for less than one year and his mount, Bold Venture, had never won a stakes race and no apprentice jockey had ever won the Kentucky Derby. Both went to the starting gate at 20-1.

Bold Venture went on to win the Preakness with a different jockey on his back. Bold Venture never got to run for the Triple Crown due to a tendon injury, which ended the horse's career.

As I sat on the Hanford's front porch talking to Babe and his wife, Ginny, I was told the couple has been married for 66 years. Both Babe and Ginny showed me some of their prize photographs when Babe was a winning jockey and when he was invited back to Churchill Downs in



Photo by Bob Woods

Ira "Babe" Hanford, an On Top of the World resident, won the Kentucky Derby in 1936.

2006 where he was honored at the annual Kentucky Oaks Party and the Honorable Order of Kentucky Colonels. Babe placed his handprints in cement. He added that he felt like a stranger there as he had never returned to the Churchill Downs since winning the Kentucky Derby but he added that he saw some old friends.

He has never missed a major race, including the Derby, as Babe stated, "it was better watching the races on TV. I could see more of the race."

I was told, but believe me I am no horse person, that Babe was a jockey for a horse trained by Carl. I also found out that Babe rode a three-year old horse in three races by the name of Seabiscuit. Seabiscuit became a champion, as the horse grew older.

I asked Babe how many races he had entered as a jockey and how many races he had won. "I never kept track of how many races I raced," Babe stated. "I did, however, win several stake races."

Babe began his jockey career in 1935 as an apprentice jockey. He won the Derby riding in races less than one year. Except for four years in 1942 when Uncle Sam needed Babe to serve in the Army. He told me "I never served any time overseas. All my time was spent at an Army Fort in Nebraska." Babe continued his career as a jockey until 1952 when he quit being a jockey. He then became a trainer until his retirement in 1974.



Photo by Ray Cech

Paul Dankwardt holding the flag that was carried to the moon by Apollo 11.

The Flag on the Moon

By RAY CECH
WORLD NEWS WRITER

Most of us remember key dates in our lives when history was being made — where we were, what we were doing, and whom we were with. And most of us will remember July 20, 1969. If not, here's a reminder. On that day at 4:17 p.m. EDT, Apollo 11 landed on the moon and Neil Armstrong was to utter his now famous, "That's one small step for man; one giant leap for mankind."

Aboard the Apollo, Armstrong and his crew had secreted several American flags that they would later give to the ground tracking teams for a job well done. Directing NASA's Canary Island tracking station was Charles Rouiller, a neighbor to Paul Dankwardt, a retired naval officer and an On Top of the World resident for the past 11 years.

The Dankwardts and the Rouillers were close friends and neighbors for many

years. A short while after Charles Rouiller passed away, his widow, Marion, in recognition of their many years of friendship, gave the flag to Paul. Since then it has proudly hung on his wall, safe-guarded in its glass enclosure with the inscription below it reading, "This Flag was carried to the moon by Apollo 11."

Paul is understandably very proud to be the owner of this memento, but feels that he should be sharing it with the next generation and, toward that end, he'll soon be shipping it off to his son Kevin, a PhD computer scientist in California.

Before bidding farewell, and in keeping with the Fourth of July celebration, the flag will be on display at Master the Possibilities from 10 a.m. to 4 p.m., Thursday, July 2 and Friday, July 3. All are welcome to view this historic piece of memorabilia.

View the flag at
Master the
Possibilities

July 2 & 3
10 a.m. to 4 p.m.

Luau at Candler Hills Restaurant

By CAROL CLARK

The Candler Hills Social Committee invites residents, family and friends to dust off their Hawaiian shirts and enjoy a Luau on July 19 from 6 to 10 p.m. at Candler Hills Restaurant and patio.

A Hawaiian-themed buffet will feature a whole roasted pig and pineapple teriyaki chicken prepared by Chef Dave. The cash bar will include Hawaiian specialties and happy hour drinks. Music will be provided by our own Candler Hills resident, Gates Landry.

Lots of fun, games and laughs will be in store for the evening. Tickets are \$25 per person and limited. Tickets go on sale at the Candler Hills Community Center starting June 22 through July 12, every Monday, Tuesday, Wednesday and Saturday, from 10 a.m. to noon.

For additional information, please contact Heddy Racinowski at 861-6120.



Photo by Mike Roppel

On May 15, Sally Collins demonstrated club use in a sand trap at the golf clinic.



Photo by Mike Roppel

Sally Collins demonstrated a golf club swing at the golf clinic on May 15.



**Director of Golf
Sally Collins**

Mother Nature has delivered her summer weather to us in normal fashion - hot, humid days with the chance of daily thunderstorms. Please don't take chances when the storms are on the horizon - head for safe cover. Also, be sure to maintain your hydration level when playing on these hot days. You should consume fluids starting the night before rather than waiting until the day of play.

The month of July, tees off with a bang as On Top of the World and Candler Hills golfers challenge the courses Saturday, July 4 in the Flag Tournament. Each golfer adds his or her handicap to par to get their total strokes - wherever the ball lands after that number of shots is where the flag gets planted. If after 18 holes someone has strokes remaining, back off to tee number one they go! The golfers who go the farthest with their number of shots wins! Look for flags all over the fairways and greens!

Ladies - check your calendars for the upcoming Just Us Girls Scramble and Dinner scheduled for early August that will be held at Candler Hills Golf Club. That's always a great night of golf and dinner with the girls! Cost is only \$25 for golf, dinner and prizes!

We need your help! Calling all missing range tokens! Please clean out your golf cart, golf bag or your favorite golf shorts and return the tokens to the golf shops or in the range ball machines. At this point in time, over 500 tokens are MIA. Please help us better service our golfers by returning the unused tokens. Thanks for your assistance!

As a golfer at either On Top of the World Golf Club or Candler Hills Golf Club, you do have input concerning hospitality, golf course maintenance or golf operations through the Golf Advisory Boards. At Candler Hills, the board meets the first Wednesday of every month at 3 p.m., while the On Top of the World board convenes the second Wednesday of each month. The league presidents from the LGA 9, LGA 18 and the MGA attend along with a member at large, representatives from hospitality, the golf course superintendents, golf course professionals and the general manager. Any issues you may have concerning one of these areas

should be directed to one of these attendees. Your matter will be discussed and the meeting minutes are always posted outside the appropriate golf shop.

On Top of the World Golf Club

Tuesdays will continue to see the LGA 18 rally at 7:30 a.m. for an 8 a.m. shotgun start while the LGA 9 gets together at 8 a.m. and tees off at 8:30 a.m. The MGA remains on the same schedule as always on Wednesdays with an 8 a.m. rally and 8:30 a.m. start.

Come out Friday, July 31 at the On Top of the World golf range for the Free Clinic at 10 a.m. The topic this month is on "The Importance of Posture and Balance in Your Golf Swing." This will surely knock a few strokes off your game!

As far as maintenance, the Tortoise and the Hare is scheduled for a deep drill aerification on Thursday, July 23. The course will be closed all day for this procedure.

Candler Hills Golf Club

Two local high school students were the recipients of a scholarship program established by the Candler Hills MGA. Each week monies from their weekly event were contributed to this worthy program.

The K2 Pro-Lady returns to the Candler Hills Golf Club on Thursday, July 9. Pros and lady golfers from all over Central Florida will challenge the Candler Hills Links in a points quota format. Teams will have tee times beginning at 7:56 a.m. and continuing throughout the day. Lady golfers from both Candler Hills and On Top of the World Golf Clubs are invited to participate.

All the leagues will continue their usual play throughout the summer months. The MGA takes to the fairways on Tuesdays in an 8:30 a.m. shotgun. Be sure to register by Sunday noon for this tournament. Thursday is Ladies Day with the LGA 18 teeing off first on both nines. The LGA 9 plays right behind them with a tee time start. Ladies may sign-up by Tuesday at 5 p.m. to participate in these games.

The Free Clinic on July 3 will feature a discussion on "Aim, Alignment and Ball Position." Golfers - I see lots of errors in these areas - plan on attending at 10 a.m. on the Candler Hills driving range.

The Game Improvement Clinic costs only \$10 per person to get professional advice on pitching. This will be conducted July 10 at 10 a.m. at Candler Hills - you need to register in advance for this clinic.

Our Candler Hills accolades go out to Phyllis Gaddy for her hole-in-one from the red tees on hole #5 with her Adams 5 wood. The eagles were flying on the seventh hole for Patty O'Hara and Nick Nimerala. Patty used a three metal to reach the green on her tee shot, while Nick celebrated his first eagle ever! Congratulations to all!

Handicap Committee

As we all know, golf is truly a game of honor. Every golfer is responsible for entering every score, high or low, 9 or 18 holes. One of the basic premises of the USGA Handicap System is that the player will post every acceptable round for peer review. If you are an 18 hole golfer posting a 9 hole score, the computer will automatically pair two 9 hole scores together to produce an 18 hole score.

The purpose of the Handicap Committee is to ensure the integrity of each Handicap Index that is issued. More discussion will be included in this paper on the Handicap System and Committee in the upcoming months

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Photo by M. Keith Nadel

Veterans looking at the War Birds.



R/C Flyers
M. Keith Nadel

On June 13, this club was honored and delighted to host our United States Veterans from the VFW home at Ft. McCoy operating under the aegis of Ocala VFW Post 12070. Member Elliott Wilkins, who fathered this event including food arrangement, served as interface with the VFW Post and coordinated all matters.

Elliott, accompanied by pilot instructor and announcer, Robert Wroblewski, and Rob Stevely, owner of Rob's Hobby Shop, a frequent sponsor as well as equipment supplier, visited the VFW retirement home beforehand. Bob and Rob informed and intrigued the residents with radio control model flying using a programmed simulator to display the aerodynamics of flight. "Robo" Wroblewski mesmerized the veterans, male and female, with his eloquence. In turn, the veterans' war stories fascinated the visitors.

The VFW post performed the flag rais-

ing at 9:30 a.m. followed by Mrs. Carol Slimm singing the National Anthem in a clear seamless voice. A short introduction of our club to the many visitors was done by president Larry Riehl. His twin son, Army Sgt. Peter Riehl, already served two tours in Iraq, is about to do another tour this December in Afghanistan.

The event opened with a live demonstration of war bird flights - P-47s, P-38s, PBVs - these miniature replicas of fighter planes used in prior wars followed by a further dynamic discussion of RC controlled flight by Dick Rose.

Wheelchair bound Veteran Don Smith, assisted by Bob Emery and Ed Beck using the "buddy box", took to the flight line and to the skies with the club trainer.

Amongst our club members are veterans from WWII (Luzon, Iwo Jima and Okinawa), the Korean Conflict, the Cuban Blockade, Bay of Pigs, the Vietnam stalemate with all the services represented and all grades and ranks, from sergeant and chief petty officer to flag rank. The bond of fellowship within the club is powerful and it is truly is a "Band of Brothers."

A box lunch was provided by the VFW post and the pizza was supplied by Pavarotti's. Ice cream was coordinated by Dan Dowd, Director of Education, On Top of the World, and provided by Blaise Bonaventure, owner of Mr. B's Big Scoop.

After this, the war bird flights continued. Club hats were provided to the veterans by the club to shield them from the sun and also as a memento.

Comments from our veteran guests indicated that they really enjoyed this social opportunity and will carry the message back to their friends that they missed a truly fun time with a great bunch of Brothers-In-Arms.



Photo by Bob Woods

Softball was in full swing at On Top of the World.



Softball
Bill Leon

Here we are again in the final games of the winter season, it was a fun filled sea-

son with much improvement on a lot of the players. We finalized the season with a cookout at the pavilion and shared the friendships we made. Now it's time for a little rest and sign-up for the summer season with the league starting in June. We continue to seek players and invite all to come on down and join the gang. There will be changes in the teams as we redistribute the players and once again look forward to hearing those moving words, "let's play ball."

Upcoming Publication Date
August issue: July 30



Gene Baumann and Lucy Davis at The Villages 2009 Senior Games.

Table Tennis
Lucy Davis

The hot days of summer in Florida took several of our table tennis members to cooler temperatures in the North. We hope they enjoyed visiting their friends and relatives up there and will come back in the fall with a lot of enthusiasm and sharpened skills to get back in the game.

We received an invitation from The Villages for their 2009 Senior Games. We were very excited to organize our teams and show our skills again. However, due

to the fact that some of our players are "snowbirds" and others were out of town or visiting friends, only Gene Baumann and Lucy Davis were able to participate in the tournament.

On Thursday, May 14, Gene and Lucy played mixed doubles and won a gold medal in their category. Congratulations Gene and Lucy for your 2009 medal!

'Super Saturday' Boot Camp Workout

Saturday, July 11, 2009 ~ 9:00 a.m

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Candler Hills Men's Golf
Joe Alfano

Someone once said, "golf can best be described as an endless series of tragedies obscured by the occasional miracle." Based on the number of rounds our members play each week, we think it's a tragedy that there aren't more days in the week than the seven that we have now. Yet, for some of us, it truly is a miracle that our bodies are allowing us to play as much golf as we do.

With that said, all our members need to be extra careful now that the warm and humid weather is upon us. Wear the appropriate headgear, use an extra dab of sunblock and consume more liquids than you think you may need.

Now that I'm off my Marcus Welby soapbox, please do take heed of that advice. Let's face it - we all enjoy playing golf with one another and we all hope the party will never end. Let us all pledge to do what needs to be done so as to continue enjoying the ride.

The Member/Guest is rounding into shape. Most questions were answered at our May meeting and we are presently wrapping up some loose ends. Please start thinking about who your guest will be as it will be necessary to commit to the tournament within the near future. The ordering of tournament gifts (wind shirts and bag tags) will need to be placed early, so, please make every attempt to commit as soon as possible.

Events for our ladies are still in the planning stages and more information will follow.

Congratulations once again to our two

scholarship winners Jessica Negron and Chris Kemp. By the time of this publication, the presentation ceremony will have passed and we will be starting to fund-raise for next year's recipients. All our members should take pride in the knowledge that in our own little way we were able to give something back to the community in which we live in. Beginning in July, be sure to be on the lookout for Martin Milner or George Maharis to secure your winning tickets.

At our May members meeting, we recognized one of our own for distinguishing himself on the golf course. Within the past year, Marc Schaffer lowered his handicap from 24 to 12 and was presented with the CHMGA Most Improved Player Award. As humble as Marc is (Marc humble?), his reply to winning the award spoke volumes for why we play this game, "isn't that what you're supposed to do, get better?" A pat on the rump and a hearty well played goes out to Marc "The Hammer" Schaffer!

Our membership now stands at 90 but we are always open to welcoming new players into our association. Anyone interested in a strictly legal fun time and is able to laugh at themselves can contact me at tjalf8371@yahoo.com for more information.

As always, may life continue to be "nothing but fairways and greens."

Four-Man Stableford
May 26

149: Steve Kupsch, Bob Shively, Nick Nimerela & Fred "Bunco" Hobbins; 148: Jack Gustafson, Bryant Giffin, Jim McGrath & Bill Horton; 147: Walt Pacuk, Gil Schofield, Bob Cowie & Ed O'Leary

Four-Man Two Best Balls
June 2

112: Steve Lennon, Ed Vilorio, Bryant Giffin & Jim McGrath; 112: Tony Misterly, Norm Giannukos, Don Huston & Charlie "Suitcase" Simpson; 116: Dan Gill, Frank McCray, Bob Cowie & Bob Cooke

Four-Man Three Best Balls
June 9

188: Bill Anger, Bob Starrett, Tom Marta & Joe Alfano; 188: Dennis Norris, Ted Welty, Stan Jarmel & Paul Moltisanti; 189: Larry Joseph, Dick Williams, Nick Nimerela & Ed Pozsony; 189: Jim Adkins, Steve Kupsch, John Diaz and Art Ditmar



Swinging at Candler Hills
Mary Pat Giffin

Let's welcome the new board for the 18-hole Candler Hills Ladies Golf Association. Andrea Fratarangelo is our new president; Iro Lisinski, vice president; Linda Buscher, treasurer and membership chair; Joan Gustafson, sunshine person; Patty Ware, tournament director; and Carol Clark, secretary. Thank you in advance for taking the time to organize our league so the rest of us can have a great time.



Men's Golf Association
Ron Cleveringa

The On Top of the World Men's Golf Association continues to grow with 207 members and with this column I extend a warm welcome to our new residents, who are joining us, making new friends and becoming active in the club, enjoying golf at one of Florida's friendliest golf communities.

There is another dimension to being active in your golf association, besides just playing golf and enjoying the events that your tournament directors have prepared and directed; and that is, becoming active in the management of your club. In just three short months, we will again be selecting leadership for our club and fellow golfers. It's time for you to start thinking about running for the board of directors. Sitting on the sidelines and letting somebody else do it, doesn't get your new ideas and your input into the management of your MGA. Your club needs new blood; it needs you!

Paul DelVacchio and your current president have served for the past seven years and your tournament directors have also served multiple years. Running for election and serving on the board can give you real satisfaction. It allows you to inject your new ideas and experience into our program adding to the enjoyment of the game of golf for all the members here at On Top of the World.

I know this call for new active members to serve the MGA is early, but hopefully it will get you to think about how you can add to your value of belonging, by seeing your ideas come to life! Isn't it about time you made a difference?

Our club has been molded over 23 years by subtle changes, changes brought about by members like you, adding your experiences from your other life, making the MGA the place for those residents that love golf to get the most out life, and their golf game here at On Top of the World.

In May, we had the privilege of hosting the Candler Men's Golf Association and it was a fun day. In the planning stages are more home and home game days between our two clubs. We expect to be invited to play with them sometime in September.

Our games in July are interesting and I

An avid tennis player, gardener and cook, Joan Gustafson was recently named the most improved player for the season. Although new to the game of golf, Joan is competitive and likes to be the best at whatever she does. Just ask her tennis and bridge opponents.

During the summer months, nine-hole ladies are welcome to join the 18-holers to determine if the big league is for them. And, based on last month's Nine Hole Invitational, most of the women are up for it.

Following the event, we gathered for appetizers and drinks at the Candler Hills Community Center. The finger food, prepared by the 18-hole ladies was scrumptious; applause to Patty Ware for organizing this fun-filled event.

Director of Golf, Sally Collins, introduced our new Assistant Pro, Ryan. She also informed us that "Just Us Gals," the summer scramble for women is back. It started last month with a buffet in the Candler Hills Restaurant following golf.

On Mondays, the women play casual golf. The first tee time is 8:28 a.m. If you're interested in participating, give Judy McGrath a call at 861-0354.

Lastly, if you haven't paid your \$40 dues, please do so. Drop off your check at our CHLGA box outside the pro shop. Checks should be made out to CHLGA.

hope to see more of you turnout to play. The schedule is as follows: July 1 - Two Man Stableford (points); July 8 - Team Three Best Balls; July 15 - Shamble (take the team best drive and all play own ball into the hole); July 22 - Individual Net and Gross by Flight; and July 29 - Blind Hole Tournament. This game is always fun, as the Peter Principal is involved in this game; your worst hole is never the blind hole, you can count on it!

Do you want to feel better about those missed short putts? When you are lining up a four-foot putt, under the metric system, it is over 1200 millimeters!

MGA 18 Links
May 13

Flight 1: Gross, 1st, Garry Gerlach, 76; 2nd, Jon Hill 78; Flight 1 Net, T1st, Gene Sohler 69; T1st, Marvin Williams, 69

Flight 2: Gross, 1st, Charles Casale, 83; 2nd, John McCoy, 86; Flight 2 Net, 1st, Tom Fragapane, 68; 2nd, Francis Caprez, 69

Flight 3: Gross, 1st, Barry Barringer, 91; 2nd, Art Frescura, 96; Flight 3 Net, 1st, Dan Bellefontaine, 70; 2nd, John O'Neil, 72

MGA 18 Tortoise & Hare
May 13

Flight 1: Gross, 1st, Dick Gray, 74; 2nd, Larry Joseph, 75; Flight 1 Net, 1st, George Blankenship, 64; 2nd, Christian H Scharar, 65

Flight 2: Gross, 1st, Jack Ashenfelter, 83; T2nd, Joseph Bologna; 85; T2nd, Richard Schiller, 85; T2nd, Rocky Grooms, 85; Flight 2 Net, 1st, David Miller, 64; T2nd, Leonard Ruble, 67; T2nd, Norm Lantz, 67

Flight 3: Gross, 1st, Douglas Coleman, 86; T2nd, Armando Pena, 94; T2nd, Jack Martin, 94; T2nd, Peter M. Peterson, 94; T2nd, Tom Marta, 94; Flight 3 Net, 1st, James Merrick, 67; T2nd, Jimmy Johnson, 71

MGA 18 Team One Best Ball
Tortoise & Hare
May 27

1st, Ray Hellman, Tom Fragapane, Joe Hayes, Ed Desmarest, 49; T2nd, Paul Del Vacchio, Ron Cleveringa, Leonard Ruble, Ross Mac Donald, 51; T2nd, Bob Cronin, Sherman Hutchings, Don Noel, Jimmy Johnson, 51; T2nd, Marvin Williams, Joseph Bologna, James Merrick, Bill Krusen, 51; T5th, Dick Gray, Guy Russell, Bill Walker, John Oneil, 52; T5th, Lee Goodman, Larry Chase, Tary Bole, Peter M. Peterson, 52

MGA Nine Low Net
Links
May 27

1st John Ricciardone, 32; 2nd, Rowland Smith, 36; 3rd Gordon Blanchard, 40; T4th Hal Stewart, 43; T4th, John Gartung, 43

GA Nine Low Net
Tortoise & Hare
June 3

1st, John Ricciardone, 31; 2nd, Rowland Smith, 35; T3rd, Gordon Blanchard, 39; T3rd, John Gartung, 39; 5th, Hal Stewart, 42

MGA 18 Chicken Day C & D
Links
June 3

1st, James Merrick - George Deignan - Jimmy Johnson - John Oneil, 69; 2nd, Hira Roy - Armando Pena - Dan Bellefontaine - John Singer, 70; T3rd, Leonard Ruble - Art Frescura - Ed Desmarest - Harry Brower, 71; T3rd, Bill Walker - Ross Mac Donald - Bill Koch - Scott Fraser, 71; T3rd, Don Noel - Raymond Shultz - Bill Hawk - Bud Borders, 71

MGA 18 Four-Man Two Best Balls
Tortoise & Hare
June 10

1st, Larry Chase - Joseph Bologna - Armando Pena - Charles Mattingly, 99; 2nd, John Langville - Paul Stone - Edward C. Wilson - Jose Cura, 101; 3rd, Dick Gray - Francis Caprez - Bob Huegli - Ralph Schmidt, 103; T4th, Larry Lucier - Richard Schiller - Steve Molnar - Ken Cotte, 104; T4th, Carl Zeiler - Guy Russell - Hira Roy - Dan Bellefontaine, 104

2009 Summer Play Card

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Summer Play Card Holder Appreciation Day:
Each Club will hold a Summer Play Card Holder Appreciation Day. Date, location and time will be posted at each club and e-mailed to card holders.

Cost per round using a Summer Play Card at the following participating clubs:

Citrus Hills (The Oaks and The Meadows courses)	\$22.00 plus tax
Plantation Inn	\$23.00 plus tax
Harbor Hills	\$25.00 plus tax
Candler Hills Golf Club	\$30.00 plus tax
Skyview	\$32.00 plus tax
Juliette Falls	\$40.00 plus tax

Summer Play begins: May 1st
(Starting times can only be made 3 days in advance as part of this program.)

Club Members:
Reciprocal program in effect for all participating clubs. Ask golf professional for details.

Drawing for FREE GOLF:
As you purchase your Summer Play Card, register for a drawing for free golf at these 6 participating clubs for use after the Summer Play season has ended.

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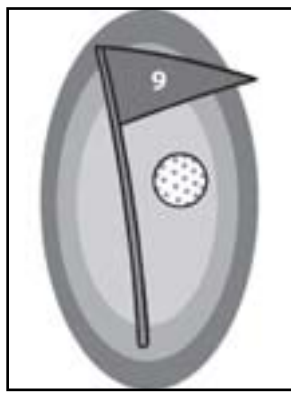
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Candler Hills Ladies 9-Hole
Dianne Masterson

Hooray for the red, white and blue! Happy Independence Day to all! A big thank you and salute from the Candler Hills LGA 9 Holers to all who have helped, past and present, to preserve this freedom for all of us lucky enough to live in the great U.S. of A!

As 9 Holers, red is the color of our team shirts and is also the color of the markers that we tee off from. Remember, that when you line up your tee shot, your tee should be behind the invisible line between the two red markers.

In June, we welcomed Ryan Claunch to Candler Hills as our new assistant pro. He now has the unenviable task of organizing and overseeing our Thursday games. This is not always an easy task. We can all help him out by signing up to play by Tuesday, and by being on time (by 8 a.m.) on Thursdays. We also congratulate Sally Collins on her promotion to Director of Golf for both On Top of the World and Candler Hills.

On Thursday, May 28, the 9 Holers played a game called "Fewest Putts." On the front nine, Susan Buckland-Mulhern and Terry Alfano were victorious. Carol Venslavsky was the putting queen on the back nine.

No one was more surprised by these results than Joe Alfano. He has spent innumerable hours working with his wife on her putting stroke. He even bought her a putter similar to the one used by Jack Nicklaus when he won the 1986 British Open. It looks more like a small croquet mallet but, obviously, it's working.

Of course, if you talk to Russ in the Pro Shop, he's taking full credit for her prowess on the greens. He insists that his tutorial putting session with Terry is what led to her success. Either way, this putting event brought out the best in Sue, Terry and Carol. Also, congratulations to Terry for her Eagle on hole #7 (aka "birdie hill") that same morning.

On June 4, the Candler Hills LGA 18 Holers invited the Candler Hills LGA 9 Holers to a joint Scramble called "Hit & Giggle." There were many giggles and the following groups had some great hits.

- (70) Iro Lisinski LGA18; Joan Gustafson LGA18; Susan Buckland-Mulhern LGA9; Marylyn Tymon LGA9
- (72) Judy McGrath LGA18; Marie Mastroianni LGA18; Betty Werner LGA9; Mary Giannukus LGA9
- (74) Patty Ware LGA18; Mary Kuntz LGA18; Ina Menzies LGA9

After golf, the 18 Holers hosted the 9 Holers at the Candler Hills Community Center. The treats are still being talked about and the socializing between the two groups was marvelous. So, 18 Holers, thank you for a wonderful day. We hope we can all do it again real soon!

On June 11, we played "2 Best Balls." The winning teams under sunny skies were:

- 1: Susan Buckland-Mulhern, Betty Werner and Donna Fey
- 2: Sandra Noe, Olive Curtain, Diane O'Brien and Marylyn Tymon

Chip ins were executed by both Carol Venslavsky and Dorie McTague. Congratulations ladies!

HOW WELL DO YOU KNOW YOUR FELLOW 9 HOLERS? I'll go back to the red, white and blue of July. We have two fashionistas that play with us. Not only do they have matching shirts and skirts - but their gloves, hats and shoes match the golf outfit of the day. If it's a red league day, expect to see them in red shirts, khaki skirts, baseball hats, khaki socks, golf gloves and of course, golf shoes. The same goes for their white, blue, yellow, brown, orange, black and green outfits too. One of these fashionistas has 27 (and counting) pairs of golf shoes! And she's only been playing 2 years! Who are these two very fashionable 9 Holers?

Until next month, I wish you sunny days, long drives and short putts!



Ladies 18-Hole Golf
Marilyn Rose

The summer progresses and it is getting quite warm. Please note that we should arrive on the course no later than 7:30 a.m.; we will tee off at 8 a.m. This should keep us out of the heat of the day, for the most part. This was approved at the general meeting last November.

It was brought to the board's attention that some of the ladies are not confident putting in their scores when they play other than Tuesday. If you need help, please ask someone working at the desk. They will be happy to assist you.

The association wants all 18 hole women golfers to come out and play. So, we are inviting you to do so. If you are new and do not have a handicap, this is the time to play and get one.

If you are new and are not sure that you want to play 18 holes, come and give our group a try. You can just play and not pay for prizes. This way you can concentrate on your game, get to know these great ladies and find out if we are the group you want to play with. Understand, if you just play, you will not participate in the prize money. So come on out and give us a try, and enjoy this great game of golf.

It was mentioned that some members don't know just what goes on at the board

meeting. Each and every member is welcome to attend and see what is happening. We ask that you don't participate actively, but come and visit. We do not meet in the summer. We will be having our first meeting of the new season in September.

One quick reminder, the Koontz Ladies Golf Tournament will be held in November. The play will be on Nov. 2 at Pine Oaks Golf Club and Nov. 5 at the Country Club of Ocala. Valerie Smith and/or Joan D'Addio will post the sign-up sheet. Put your name on it if you want to participate.

LGA Shamble
May 26

- 1: Net 106, Rosemarie O'Neil, Linda Bervinkle, Harriet Brower; 2: Net 108, Mary Lyon, Christine McIntire, Helen Fosket; 3: Net 117, Beverly Ovrebø, Carolyn Cummings, Shirley Smagner, Fran Griswold

Half Handicap ABCD - Flighted
June 2

- Flight 1: 1 (tie): 37, Janet Juhlin, Joan D'Addio
- Flight 2: 1(tie): 33, Flo Emanuel, Serine Rossi; 3: 36, Mary McAtee
- Flight 3: 1: 34, Velma Rose; 2: 35, Dea Johnson

LGA Low Gross/Low Net
June 9

- Flight 1: 1 Low Gross: 85, Iro Lisinski; 2 Low Gross: 87, Joan D'Addio
- Flight 1: 1 Low Net: 70, Harriet Hawkins; 2 Low Net (tie): 74, Rosemarie O'Neil, Valerie Smith
- Flight 2: 1 Low Gross: 96, Pat MacMurray; 2 Low Gross: 99, Mary Jane McAtee
- Flight 2: 1 Low Net: 70, Angelita Pena; 2 Low Net: 74, Carolyn Cummings
- Flight 3: 1 Low Gross (tie): 105, Harriet Brower, Marti Marta
- Flight 3: 1 Low Net (tie): 78, Dea Johnson, Mary Skennion
- Chip Ins - Dea Johnson, Iro Lisinski

Until next month, great golfing.



Ladies 9-Hole Golf
Diane Dzik

Summer play is in full swing and the weather has cooperated with only one scratch last month. With the flight of our snowbirds, our ranks have dwindled a bit and many of us are taking trips to visit family and friends. Stay safe and enjoy, everyone!

Please remember ladies that even on these hot, lazy Tuesday mornings we still play by the LPGA rules. Also, if you have any questions, please address them to Jet Messer or any other of our league officers either at our weekly rally or by telephone or e-mail. It will be discussed at the monthly advisory board meeting and you will receive a response.

For those interested in getting in more golf during the week, an informal group of us meets every Thursday morning in the clubroom at 8:30 a.m. sharp. We draw lots to determine teams and head out promptly.

POINTS TO PONDER: Flag placement on the green is signaled by the color of the flag. A red flag is at the front of the green; a yellow flag is set at the middle; and a blue flag at the back. As our grass grows longer and thicker this time of year, please refer to rule #11 on pages 17 and 18 of the handbook, particularly noting, that, if the original ball is found and is not out of bounds, the provisional is picked up and the first ball is played with no penalty.

Low Net
May 26

- Flight 1: 31--Agnes Tetti; 32--Jan Moon; 33--Darlene Clark, Andy Flannery
- Flight 2: 33--Tish Dertien; 34--Sumiko Bridges, Alice McDaniel; 36--Jean Flynn, Ann Hetzel, Betty Tully
- Flight 3: 31--Carol Bell; Evelyn Stewart; 35--Helen Degraw

Low Net
June 2

- Flight 1: 36--Agnes Tetti; 37--Mary Hart; 39--B.J. Leckbee, Vi Sica
- Flight 2: 31--Darlene Clark; 37--Pauline Beloin; 38--Marlene Floeckher, Betty Tully
- Flight 3: 35--Linda Heenan; 37--Carol Bell;

Emergency After-Hours Phone Number

236-OTOW (236-6869)

38--Alice McDaniel

Low Net
June 9

- Chip Ins: Pauline Beloin, Darlene Clark
- Birdies: Grace Bock
- Flight 1: 33--Grace Bock; 36--Agnes Tetti; 38--Andy Flannery, Mary Hart
- Flight 2: 31--Darlene Clark; 37--Marie Segovis; 38--Sumi Bridges, Esther Lang
- Flight 3: 37--Linda Heenan; 38--Carol Bell; 39--Evelyn Stewart

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Photo by Robert Riedeman

Andy Bulloch, the new Friday a.m. captain for Shuffleboard.



Shuffleboard
Robert Riedeman

Summer shuffleboard is well underway. There are two weekly playing times: Mondays and Thursdays at 9 a.m. on the courts located behind the Health & Recreation Building. Play is open to all residents, experienced or not.

Instruction is available for newcomers; just arrive a few minutes earlier. This is a great opportunity to try out shuffleboard.

Our courts are considered among the best in the state and are diligently maintained by member Vito Chieco with help from various others.

Keep in mind that residents are welcome to play at any other times the courts are available (membership in the club is not required).

Andy Bulloch will be taking over as captain of the Friday a.m. playing group during regular season play, which begins in September. Andy is from Glasgow (yes, the one in Scotland). Andy and his wife, Gina, have been here for a year and a half and reside in Candler Hills. Andy and Gina (who is from Philadelphia) met through the Internet - a thoroughly modern couple.

At a recent meeting of the club's executive board Frank DuBay was appointed to fill the vacancy of the club treasurer position. Frank is also co-captain of the Thursday a.m. playing group.

Joe Szabo is stepping down as captain of the Friday group after four years in that slot and three previous years playing Wednesday afternoons. He will continue as a member of the club, however.

Any residents, who wish to get more information about the club, may call John Mataya (237-9692), Frank DuBay (236-6638), Joe Veres (861-8005), Lois Rider (854-974) or Robert Riedeman (861-1501).

Another strategy would be to simply visit the courts during the club playing times and chat with the members who happen to be there. We have space for new members, so give it some thought!



Arbor Club
Tennis
Jorge Privat

It was not too long ago that we were enjoying nice cool weather, and now, it feels like an oven out there. The best advice I can give you is to keep yourself properly hydrated. Even before you come to the courts, it is good to have a glass of juice or water, and bring to the courts sufficient fluids, preferably in the form of a sports drink because water alone does not replenish the electrolytes you lose through perspiration.

Also, bring a good towel, sunblock with a SPF30 or higher and a power bar, pretzels, wheat crackers, or a banana.

Anytime you come to play, but particularly in hot weather, it is important to know your limitations, regardless of your competitiveness. If you feel dizziness or cold sweat, any tingling sensation in your extremities or out of breath; you need to stop. Look for a cool place to rest and cool off, and make sure you feel completely well before you start playing again.

When the air temperature is, say 90 F, it is definitely much higher on the courts because of the radiated heat from the surface. So, please, don't take any unnecessary chances. Have fun in a manner that is safe and healthy.

As you already know, we have suspended the inter-community matches until the weather is more suitable, but we will continue the ladder until the end of July, when we will break for approximately six weeks.

The folks at the Health & Recreation courts have sensibly changed the afternoon play to the evening hours when the sun is not so direct and the temperature is more tolerable.

Tennis Tip of the Month: What You Need to Know About Tennis Elbow

There's no "one size fits all" treatment for an injury that affects 50% of the players. Back in the 1970s, there was no clear treatment that would really work for anyone. Thirty years later, the same frustration continues to befuddle players with tennis elbow. Common symptoms include pain around the elbow, which can occur not just on the court, but also during everyday activities like shaking hands or holding a toothbrush.

Sufferers may also have pain in the shoulder and neck because their bodies are trying to compensate for the lack of strength in the elbow. Despite everything from Botox to blood transfusions,

no treatment has won out. Perhaps the biggest complication for the treatment of tennis elbow (lateral epicondylitis) is a misunderstanding of the nature of the injury. It isn't an "itis," or inflammation of the tendons at all, but a breakdown of the tendon itself due to overuse.

It is actually a "heart attack" of the tendon, says Dr. Nirschl, an orthopedist who has treated thousands of tennis-elbow patients. There is a loss of blood supply to the area, and that results in degeneration of the tissue. The distinction between inflammation and tissue degeneration is important because some common treatments for inflammation can be counterproductive for degeneration.

One of those treatments is a cortisone shot. Cortisone shots simply mask the pain, which can cause players to return to the sport too soon. Some specialists report having more success by numbing the painful area and then jabbing it several times with a thin needle to increase blood flow.

Whatever the treatment, most experts agree that a combination of time off from tennis and basic strengthening and stretching is crucial to recovery.

If your elbow starts to hurt during or after play, you should stop for a week and apply ice in the evening and heat in the morning for the pain. You can also try wearing a brace just below the elbow on your forearm. If the pain continues for more than two weeks, you should see your doctor.

Most important, you should address the problem that caused the injury - poor stroke mechanics, weak muscles. Seeking out a pro to help with stroke technique can help, since things like hitting the ball behind your body can overstrain the tendons. You should also examine your racquet, "not too flexible or light, not too heavy or too stiff, but in the midrange." Grip size is also important - you shouldn't have to squeeze too hard to hold it. Off court, you should strengthen not only your arm, but also the shoulder.

Finally, "buyers beware" when seeking treatment options, it also takes time and patience for this to get better.

See you around the courts.

Tennis
Association
H&R Center
Courts Schedule

Mixed Doubles

Saturday & Monday, 8 a.m.-noon

Men's Doubles

Tuesday & Thursday, 8 a.m.-noon

Ladies' Doubles

Wednesday & Friday, 8 a.m.-noon

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Billiards
Richard Impresa

In a previous column, we examined the method to find the "point of contact," or the spot on the object ball you have to hit with the cue ball to make the shot. Our ongoing discussion on shot making now continues with the emphasis on the cue ball.

What part of the cue ball has to hit the point of contact on the object ball? You line up your cue stick in the center of the cue ball, pointing at the object ball's contact point. You draw back and gently stroke the cue ball; the center of the cue ball hits the exact point of contact on the object ball, and...misses the pocket by a mile.

What happened? You did everything right. Was it the infamous "pool gods" again? Not likely. You forgot to compensate for the radius of the cue ball. I will avoid the technical details for the sake of space in this column but will be glad to explain and demonstrate them in person if you see me in the poolroom.

The bottom line is that the edge (not

the center) of the cue ball has to hit the contact point on the object ball. The easy fix to this common problem is to just aim the center of your cue stick through the center of the cue ball about one-inch behind the contact point on the object ball. This is also known as the "ghost ball" theory and will greatly improve your shot making capability. It will take time, faith and lots of practice to believe you will succeed when you are aiming at nothing but air, but it is a tried and true method.

While you're practicing that, remember to maintain a nice, smooth stroke. Continue the stroke right through the cue ball, don't try to stop the stick after the hit, just let it follow through. In other words, stroke it; don't poke it.

The final thing to remember is to keep your head down and your body perfectly still until the ball goes into the pocket. If you try to stand up too soon you will likely hit the cue ball off center causing it to miss the shot. You need to know that if you keep your head down and follow through on the shot, even if you miss, you'll look like you know what you're doing. The important thing to remember is that if you look like you know what you're doing you can always blame the "pool gods."

That's all for now, you have a lot of practicing to do. Please don't hesitate to see me if you have any questions, comments or suggestions about anything discussed in these columns. It's not that I'm that good at pool but I do know the theory behind the game. Remember the old adage "those that can, do and those that can't, teach."

Our next Billiard Club meeting will be on Monday, July 6 at 4 p.m. in the Ceramics Room of the Arts & Crafts Building; hope to see you there.

Until next time, keep stroking and keep your tip dry.



Bocce
Bob Woods

I would like to report that summer bocce is in full swing. The main objective to playing bocce here at On Top of the World is to have fun.

As I mentioned last month, there are two days that open bocce is being played, and that is Monday and Wednesday mornings starting at 8:30 a.m. or sooner. Please, let me explain. The first 32 players that sign-in get to play as that number is the maximum that can play at one time. I recommend that you get there a little before 8 a.m. to ensure a spot to play.

The magic number of 32 is for open play only. Each person will draw a playing card and that number will tell that player what team they are playing on and which lane. I explain this a little just in case some new folks are reading this article and might want to play.

Just show up at the scheduled times and let it be known that you have never

played before. You will be paired up with someone who knows the game and they will show you how it is played.

Explaining the game will only take a few minutes, practice makes perfect and I have seen new folks who never played the game before showing up many of the old timers. Please, don't say, "I can't play" or "I'm too old." Give it a chance. There is no such thing as being too old. In fact, we have had players in their 90s beat the pants off some of those younger players who think they are pros.

Another great thing about open play is that you can go home and state you won two games, even though you didn't, as there are no records kept. The main objective is to have fun and keeping score is only utilized to see where the team standing is during the game being played, then poof, the score is gone.

Now, on Friday mornings starting at the same time, a different form of bocce is played called Match Play. It is similar to open and league bocce play but there are a few different rules. If you would like to indulge in Match Play, stop by and see John Mataya at the courts and he will teach this game. Remember, only 16 players can play at any one time.

Now, if you wish, just stop by the courts located behind the Arbor Club and watch how it is played.

Or, there are bocce balls under the benches for public use. The little ball is called the pallina and that is rolled between the lines at the end of the court and the middle line. The object of the game is to get your ball closest to the pallina. What can be simpler than that? Get your neighbors up to the courts and challenge them.

See you on the bocce courts. Keep those balls rolling...



Horseshoe
Spence Corkum

Pitching horseshoes is obviously good for your health since it is entertaining exercise, but it could also be influential to your longevity as well. The On Top of the World Horseshoe Club celebrated one of our exciting pitchers at the annual Willis Griffin watermelon party that has become a tradition in recent years.

Willis, along with Bob Beale, are among our older pitchers at 89. We all joke a lot but no one takes them for granted when the shoes are flying through the air.

Now is an excellent time to introduce yourself to horseshoes. New pitchers can ease into the slower summer action. The pits are covered and essential facilities are very close by, making efforts comfort-

able. Things will pick up during the hectic tournament season in the fall, so now is a good time to check things out and meet people. An exceptionally friendly bunch, they are looking forward to new blood and welcoming new members. Being a member carries no particular requirement, either in attendance or finances.

Local horseshoe pitchers in our area are looking forward to an unprecedented array of tournaments scheduled at On Top of the World in the fall. Kicking off the coming season will be the Sept. 26 first Ocala Mike Tatonetti Memorial Tournament.

Mike was our tournament director and, recently inducted into the Florida Horseshoe Hall of Fame, he could pitch very close to 80% ringer percentages, which he did in 2002 tournaments. It was through his personal encouragement that I pressed on to win my first tournament and garner my first patch in my division.

It was also Mike Tatonetti's inspirational leadership, along with Ed Lalonde, Ralph Voight and others, who spearheaded the improvements players are enjoying now. The most exceptional feature of the On Top of the World pits is the impressive covered wood awnings that protect players, primarily from the sun. This is a sport one can play competitively at any age because of the handicap system, which provides a level playing field for everyone.

Other open tournaments scheduled for On Top of the World are Oct. 31, Nov. 28 and March 20, 2010

The Movie Club Presents 'Hotel for Dogs'

By MARY EHLE

The movie for Sunday, July 12 will be "Hotel for Dogs." This is a light and funny story about stray dogs and orphan children. It shows what a real similarity there is between the two. Although there is no major big star it is a very good job of acting and I am sure you will enjoy the show.

The movie is open to all residents of On Top of the World and their over night guests. It is shown in the Health & Recreation Ballroom and the film starts at 6 p.m. If you are not a member, you can pay \$2 at the door. We are there by 5:30 p.m. Hope to see you there too.

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World Traveler
Bill Shampine

I hope you enjoyed your visit to Cinque Terre last month. While we still are in Italy, let's take the time to visit Venice. Venice, of course, is famous for being built on tideland marshes with saltwater canals meandering throughout the city. Who does not wax romantic when visualizing yourself and a loved one slowly and quietly floating along narrow waterways through "building canyons" in a luxuriously decorated gondola, perhaps sipping a glass of wine while being serenaded softly by a young man bedecked in the traditional striped shirt? Ahhh, the romance of it all!

Oh well, back to reality. Venice is a city in northeast Italy that stretches across 118 small islands in a marshy, saltwater lagoon along the Adriatic Sea. It is believed that people began to move to these marshes in the fifth century AD as a way to help protect themselves from the barbarian invasions occurring at that time.

Its relative safety and strategic location served the Venetians well over the next several centuries as the city merchants became wealthy as primary conduits for trade between the East and the West. Venice became one of the richest and most powerful City States in the world for hundreds of years.

Much of its influence began to wane, however, as sea routes to the Far East were discovered during the 15th century and replaced the traditional overland routes. Today, the population of Venice is about 272,000 inhabitants, with about 62,000 living in the old historic part.

With 150 canals, the city is connected into a cohesive unit by 409 bridges. The



Photo by Scotty Bethune

A water taxi cruising along one of the many canals in the historical center area of Venice, Italy.

historic center essentially is a car-free zone (so don't take your rental car there). Getting around town is best accomplished by walking or by using a variety of water vehicles—water taxis, vaporettos (water buses), gondolas, and there even is a bus or two.

We all have heard that Venice is sinking, and pictures of people slogging around Venice in their galoshes ("wellies" for the British among us) are common. Venice does get two to three inches of rain a month throughout the year, but the periodic flooding that occurs is the result of very high tides instead of the rain.

While it is true that Venice is sinking, you do not need to fear slipping underwater if you go there. The rate of subsidence is very low. After identifying the cause of the subsidence, which was the pumping of fresh water out of the aquifer underlying the city, the city managers stopped the pumping! This simple solution worked, and the level of subsidence today is limited to about a quarter of an inch per year.

Looking to the future, scientists now are studying a proposal to pump water back into the aquifer, which might even

begin to raise the land surface significantly.

Venice today, still retains its historic charm and should be high on anyone's list of places to visit. The buildings and artwork in the city all are breathtaking in their beauty. The best time to visit (mini-

mum crowds and best weather) is late March, April, May, October or September.

Some of the most famous sites to see while you are there include St. Mark's Basilica, St. Mark's Square, the Bridge of Sighs and the Ducal Palace.



Photo by Bob Woods

Candler Excursion Club planned the lunch cruise aboard the Yacht StarShip II.

Lunch Cruise Aboard the Yacht StarShip II

By BOB WOODS
WORLD NEWS WRITER

It didn't take long for 45 On Top of the World residents to get their feet wet recently when the group ventured on a cruise to Tampa Bay. It wasn't a cruise on a large well-known cruise ship, but rather on a yacht, a 130-foot, 150-passenger yacht.

The Candler Excursion Club planned a lunch cruise aboard the Yacht StarShip II and a tour of Tampa Bay. After arriving by coach in the channel side district of downtown Tampa, the hearty group was ushered into the dining room where a service staff was waiting to serve a choice of

a delicious chicken dish and/or salmon. This yacht was one of the cleanest vessels I have ever sailed on and I have been on plenty.

After lunch, some members of the group settled into the pictured window lounge listening to a narrated tape of the bay and at one point some line dancing. Others ventured to the upper deck for views of Tampa's skyline.

The cruise was enjoyable as the Bay's waters were as calm as the water in your bathtub. All had a good time.

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**Candler
Excursion Club**
Sylvia Joram

May and June were busy months for our club; we had two very interesting and exciting trips.

The Holyland Experience in May was truly enlightening and a learning experience. The day was rainy and resulted in many people not joining the carpool. However, the park was prepared for the rain; most of the biblical and historical acts were performed inside the auditorium. It was most enjoyable and informative. Thank you Patricia and Al Wassmer for coordinating the trip.

The June trip to Tampa Bay brought us sunshine and no rain! We were 44 in number and sailed on Yacht StarShip II. The food was freshly prepared and excellent. The service was top notch, too. I felt honored to have Mr. and Mrs. Bob Woods join us on the trip, and wanted Bob and Bev to relax and enjoy the trip after coordinating so many trips for On Top Of The World residents.

The next trip will be on July 15 to the Ringling Museum of Art in Sarasota. There are still approximately ten seats available for the bus. The cost is \$62 and includes bus transportation, docent and museum fee. Lunch is available at the museum's two restaurants, the Banyan Café or Treviso Restaurant. Contact is Felice Boniakowski at 237-9700 or 291-1770.

There are no excursions or membership meeting in August.

Sept. 24, the trip will be to celebrate the Oktoberfest at the Schnitzel Factory in Ocala with an "oompa" band for your dancing and listening pleasure. Patricia Wassmer is the contact person; she can be reached at 237-3749 for registration. Cost of trip will be dinner and beverages; we will carpool.

Candler Excursion Club invites you to join us for an Ocala Ghost Walk and Historical Tour. We will have dinner first at Harry's Restaurant. After dinner, you will proceed on your tour with your guide, Catherine, who has seen spirits her whole life and has worked in the historic district for over 13 years. Bring cameras; we encourage you to take many pictures. This is a good tour to take even if you just love history. Carol Hobbins is the contact person at 854-6187.

On Nov. 18, Dudley Farm Historic State Park is our destination. It is a one-of-a-kind in Florida as an authentic farm complex, not a re-creation. The Dudley Farm attained a prominent place in "Dudley." The old road to Gainesville and the Dudley's general store/post office, as well as their cane syrup complex and cattle dip vat used by the neighbors, helped establish their farm as a community center. Entry is \$4 per vehicle; farmstead is a quarter-mile walk from parking lot, and is wheelchair accessible. Please contact Betty Russell at 861-1257 to register.

Candler Excursion Club meets the first Tuesday of the month at 6:30 p.m. at the Candler Hills Community Center. Next meeting will be on July 7. Our Oct. 6 meeting will have a speaker from the Metro Crime Prevention of Florida. Please mark your calendar!

Until next month, I welcome all comments or suggestions. I can be reached at 291-1770 or shantijoram@hotmail.com or check our calendar at candlerconnection.org.



Travel Toppers
Jo Swing

July is upon us, bringing high summer temperatures with picnics, pool time and vacations. And while Travel Toppers is taking a vacation from meetings, we will still be providing places to go and things to do.

On Saturday July 11, Travel Toppers will be in Gainesville at the Hippodrome State Theater to see the rowdy spoof, "The Great American Trailer Park (Musical)." The cost is only \$33 per person and includes show, transportation and tip for driver. Food will be on own. Call Janet Fragapane between 7 and 9 p.m. only for reservations.

Reservations will start July 20 for the Sept. 30 Florida Aquarium and Eco Tour trip. The cost is \$49 and the coordinator is Joan Connolly.

Reservations start July 27 for the Sept. 22 trip to see the musical, "Fiddler on the Roof" at the Show Palace Dinner Theater. The cost is \$60, which includes show, buffet, bus and tips for driver and meal. The coordinator is Audrey Mangan.

On Saturday, Aug. 15, Travel Toppers will be at the Ruth Eckerd Hall in Clearwater to see the hit show "Mamma Mia." This is a delightful musical featuring the music of ABBA. The cost is \$81, which includes show, transportation and tip for driver. Food will be on own. Call Joan Connolly for reservations.

The show "Nunsense A Men" will be on Friday, Aug. 21 at the Show Palace Dinner Theater. The cost is \$57 and covers show, buffet, transportation and tips for driver and meal. Toni Lagatutta is the coordinator.

Reservations will start Aug. 3 for the Oct. 15 trip to the Sunken Gardens in St. Petersburg. The cost is \$35 and the coordinator is Linda Hein.

Aug. 5 will be the starting date for reservations for the Sept. 17 trip to the Brandon Mall. The trip will cost \$19. Irene Plow is the coordinator.

Look for the new brochure covering these and other upcoming trips to be out at the end of July.

There are new regulations for parking in the Travel Toppers parking lot. If you have an out of community guest coming with you on one of our trips, they must travel with you in your car to the parking lot. No out of community vehicles will be allowed to park in the Travel Toppers lot.

Remember there will be no meetings in July and August. Until we see you again in September, happy travels to all.



**Williamsburg
Cruise Club**
Fred Oblenis

Welcome aboard. Well here we are into July, and coming closer to our Dec. 6 cruise on the "Freedom of the Seas."

Let me tell you a little about this ship. It was built in 2006 first in Royal Caribbean's ultra voyager class of ships; weighs 158,000 tons; measures 1,112 feet in length and beam of 184 feet; crew of

1,360; and capacity of 4,375 passengers.

The ship has a movie theater, six hot tubs, three swimming pools, 12 bars/lounges and ice skating rink.

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All cabins will receive a \$50 on-board credit. We have a bus at \$45 per person round trip which includes bus driver tips and porter upon arrival at peer in Port Canaveral.

Call me at 237-6367; we may still have room for you by the time you read this.

If you missed this one, call me to find out about our Feb. 6, 2010 cruise on the "Oasis of the Seas." Be one of the first to sail the newest and largest ship on the seas. I would like to tell you more about this ship, but do not have all of the information at this time. I can tell you that it is larger than the "Freedom of the Seas."

If anyone has a cruise idea, please let me know; maybe we can put something together that the people at On Top of the World would like.

Keep the wind at your back, and the sun in your face.



**On the
Road Again**
Bob Woods

Well, I finally have prices and flyers for the Washington, D.C. trip taking place on April 8, 2010. The six-day, five-night trip will give us a full day of city touring seeing the U.S. Capitol, White House, National Archives, Embassy Row, Georgetown, Washington Monument, Lincoln and Jefferson Memorials, war memorials and more.

After dinner, we will continue on a guided tour of the memorials and monuments. The tour features the new World War II Memorial, Korean War Memorial and Vietnam Memorial; they are beautiful at night.

On day two, we will tour Arlington Cemetery, including the Tomb of the Unknowns, the Kennedy graves as well as the Iwo Jima Memorial. A full afternoon

visit of the Smithsonian Institution is also planned. For more information and pricing, please call me at 854-0702.

A lot of folks have already signed up for the Jan. 24, 2010 sailing on the largest passenger ship in the world, "Freedom of the Seas." A deposit will ensure you a cabin of your choice and is completely refundable until final payment is made. I am giving a \$100 shipboard credit and a monogrammed beach towel per cabin. The cruise is seven days departing from Port Canaveral and going to Labadee, Haiti; Ocho Rios, Jamaica; Grand Cayman, Cayman Islands; and Cozumel, Mexico. Transportation to and from the port can be provided and most important of all, passports are required. Call me for a flyer with all the pricing for different cabin categories and itinerary.

I still have seats available for the Nov. 4 coach trip to Jacksonville, Amelia Island and St Augustine. This is a quick three-day, two-night jaunt including all tips for driver and step on guides, two dinners, hotel and coach for \$318 per person.

I also have the flyers for the New Orleans trip in May, which departs May 14, 2010. This will be a fun trip touring the famous French Quarter, a historic Louisiana plantation, the bayou, the Mississippi River on a stern-wheeler, New Orleans, the Battleship, USS Alabama in Mobile, Alabama. There will be some free time in the French Quarter to shop or sightsee.

You should be receiving information via e-mail; if you haven't, you will soon.

I want to thank those folks for their suggestions on future trips. Who knows, your recommendation may become a reality. For information, flyers or whatever, please call or e-mail me at 854-0702 or bwwoods@embarqmail.com.

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**Ocala
Clown Express**
Kathy & Charlie Petrosky

"Summertime and the living is easy." With the summer months, comes a slow down for the activities for the Ocala Clown Express. However, we do not shut down for the summer; we just slow down.

May 30 found us at the Safety Fair for Children. It was held at the Journey Fellowship Hall. What a great way to get children ready for the summer months.

We ended our hospital program for the school year. We will start up right after Labor Day. We love the responses we get from the children when we are doing this program. They have no school so we get to rest up for another year coming in the fall.

We have a training meeting in August for the hospital program. We will brush up on our puppet show. We will review our songs and dances with the children. That is a great meeting for anyone new who would be interested in doing this work. We train you first and then we work with you as you go.

We had the month of June off from the nursing home clowning. We get back to that in July. We had gone to The Bridge in the winter. They loved our routine. We had a call asking if we could please come back. So, we will return to them this month. It was so nice to get a call back.

By the way, if you are thinking of joining us, summer is a great time. We will have no formal meetings in June, July and August. You can call our president, Dot-sy, aka Carol White, at 873-9223 or Rosey Nosey, aka Marge at 291-0077.

The summertime gives the break needed to help new clowns with make-up and costumes. You can leisurely get into the swing of things and be ready for the fall.

Gum Drop and Toot



D'Clowns
Paula Magen

D'Clowns ended their busy season with a delightful luncheon at Sky Asian Fusion restaurant in May. Each of the clowns was presented with a clown picture frame for their effort and dedication. We are taking a summer break but will return with renewed energy in the fall.

In the meantime, I thought it appropriate to pay homage to one of the world's greatest clowns. Red Skelton passed away in 1997. We honor his memory and unique talent with one of his poems:

Farewell

By RED SKELTON

The time has come to say good night,
My how time does fly.
We've had a laugh, perhaps a tear,
And now we hear good-bye.

I really hate to say good night,
For times like these are few.
I wish you love and happiness,
In everything you do.

The time has come to say good night,
I hope I've made a friend.
And so we'll say "May God bless you,"
Until we meet again.

Just remember that a smile is an inexpensive way to improve your looks and you don't stop laughing because you grow old; you grow old because you stop laughing!

We are a fun group who spread laughter and joy to young and old. We welcome boy and girl clowns. Come to our meetings September through May on the first and third Mondays at 1:30 p.m. at the Arbor Conference Center, Suites B and C. For recruits and information over the summer, call Paula at 873-3433.

Happy Birthday America!

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**Cannonball or
Meteorite?**

By BOB WOODS
WORLD NEWS WRITER

Recently, I received a phone call from a resident in Friendship Colony stating that he believed he had in his possession a meteorite. This kind of intrigued me, so, I told Richard Roskosky that I would be right over.

Arriving at the Roskosky residence, I was met by Richard and directed into his garage where this so-called meteorite was located. He explained to me that a worker digging out a retention pond found what he thought was a cannonball. The previous owner of the residence left this, whatever, in the garage and moved out. Richard has kept this item for years thinking it was a cannonball, until his brother, who lives in Connecticut and is a science teacher, told him this was not a cannonball but a meteorite.

This object is shaped like a cannonball except that the outside edges are rough.



Photo by Bob Woods

Richard Roskosky holds what might be a meteorite.

The color of this object is black with brown areas and has white specks all over. It is about the size of a cantaloupe with some sharp edges weighing in at a little over 18 pounds and is 16-1/2 inches in circumference.

Richard called the University of Florida in Gainesville and told them about what he thought he had and was told by the university to cut off a small piece and send it to them. Well, Richard has tried everything. A brand new hacksaw just made a faint scratch on the surface and while I was there, Richard tried marking the surface with a brand new metal file to no avail. The file just shinned the contact area. The university never called back.

If anyone reading this article has the scientific knowledge and would like to express their opinion on what this object is, please call Richard at 854-9987.

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On Top of the World.
Communities



**Citizens Emergency
Response Team**
Caroline Scott

Another year has come and gone and here we are in the beginning of the hurricane season again. We all should know what to expect and how to prepare. If you read Ken Colen's column in last month's On Top of the World News, you will have an excellent plan of what to do. I couldn't have said it any better.

Last month, Norman and I attended the Governor's Hurricane Conference in Ft. Lauderdale. It was a very informative conference. Again, the prediction of hur-

ricanes was given as five storms, three of which could hit Florida somewhere. Since then, we have heard many different numbers, but like every year, we can only wait and see.

Norman took a tour of the actual plane that flies into the hurricanes and reports all the data back to land. He was very impressed, not only with all the technology used, but the crew itself. They are in the air for at least 10 to 12 hours at a time; reading and deciphering all the data gathered. While flying in and near the hurricane, they are bumped and jolted around by the air pressure. It takes a special person to perform their duties.

While Norman was doing that, I took several courses on volunteering, communication, volunteer retention and similar programs to help us here in On Top of the World.

While we were away, Mary Lou and Rob Caruana conducted our meetings; special thanks to them.

Hal Shecter, an instructor from the Emergency Management Office, presented a tabletop exercise to help us report damages that may occur during a storm. I know we have done this before, but it is always good to refresh ourselves.

If you have any concerns about the upcoming hurricane season, you are welcome to come to our meetings on the second Tuesday of each month in Suites E, F and G at the Arbor Conference Center at 9 a.m.



Handicap Equipment

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. If residents would IMarco to donate equipment, it would be most helpful. For more information, call the Health & Recreation Department at 854-8707.

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Photo by Ron Broman

Kidney-leaf Rosinweed (*Silphium Compositum*) on the Longleaf Pine Trail here in On Top of the World.



**Native Plant Group
Ron Broman**

It was there, I knew, because it was there last year and the year before that. You couldn't miss those nearly foot long leaves that looked like Mr. or Mrs. Gopher Tortoise had sculpted their saw-toothed edges.

Its picture I needed for this article, so to the trail with camera before it was too hot or the picture "washed out." The Longleaf Pine trail took a right bend and there it was; but how do you take a picture of a bare, meter-tall stem with multiple florets at the apex? No problem. Only one bloom was picturesque. The rest were either not yet open or past their prime.

It was still early in the season for *Silphium compositum*, our beautiful and stately kidney-leaf rosinweed. (The books say it flowers from July through September). Who came up with that name? The basal leaves might look like kidneys to

someone but not me. The rosinweed part was easy: break the stem and the sap is indeed rosin-like.

One resource states that Lesser basal-leaf rosinweed, another name, resides in flat woods and sand hills in the southern U.S. We agree as it's here on our sand hill trail.

I wondered about the name *Silphium*; and discovered a Greek origin meaning "a plant with medicinal properties." (It didn't say which properties). *Compositum* refers to the almost divided basal leaves. I also questioned why rosin and not resin, and got in almost over my head. Bottom line: the words are essentially interchangeable. One source was quite poetic. "[They] carry their rough foot-long oval leaves six to 12 inches off the ground [and] relish strong sun and average to dry soils."

Plants in the genus *Silphium* are members of the largest family of plants, the aster or asteraceae family. Our *Silphium*, kidney-leaf rosinweed, (the name is beginning to grow on me), has bright yellow ray flowers and yellow disc flowers with a hint of green underneath.

Bees, butterflies and even birds find *Silphium* as attractive to them as he/she is to us, albeit for other reasons.

Look for it, about half way through our Longleaf Pine Trail. It's still there.

Our Native Plant group is vacationing for a while, and will convene again with a "bang-up" introduction on Oct. 14. Guda and Dave Taylor of Taylor Garden's Nursery will provide the plants for recognition, learning and taking home in a raffle's luck-of-the-draw. Come join us at the Longleaf Pine (Arbor) Conference Center. Wednesday, Oct. 14 is the day; 1:45 is the time. Don't be late, ya hear! You don't want to miss anything to do with growing native!



**Nature
Around Us
Doris Mauricio**

Hurray, the rains have come and will hopefully continue. Good rains encourage growth of plants, trees and grass. Rainwater contains natural nitrogen that enhances plant growth. Thousands of gallons of water run off the roof and down the storm drains. Rain barrels under the downspouts can capture a large amount of that water. It can be used to irrigate your gardens between rains. Call the Master Gardener office, 671-8400, for information about rain barrels.

A rain garden, in areas where water rushes across the ground, can slow down runoff and acts as a mini water retention area. Information on building a rain garden can be found online by searching for "rain gardens" on the Internet. At the very least, you can check your gutters and make sure that the water is being channeled into your lawn and gardens rather than down your driveway into the storm drains.

Butterflies are everywhere in the month of July. You can encourage butterflies into your garden by planting nectar and host plants. Butterflies like large splashes of color and sunny areas. Good additions to your garden for attracting butterflies include: firebush, pentas, Mexican sunflowers, lantana and buddleja.

The monarch butterfly depends on milkweed for both nectar and host plant. Most nurseries have this plant in stock. It can also be started from seed. Once established, milkweed should reseed itself and start sprouting each spring. By the middle of May, the milkweed will be available for the monarch butterflies.

The butterfly that I find the most spectacular is the Giant Swallowtail. They use citrus trees as their host plant. Our state butterfly is the Zebra Long-Wing. Along with Gulf fritillary, they prefer passion vines - mainly the native ones called May-pop.

If you wish to encourage butterflies to come to your home, you can build a butterfly garden. A garden filled with nectar plants will have a lot of butterflies passing through. If you want them to put up residence in your garden, you will need some host plants.

A great book to help you establish a well-balanced butterfly garden is "Your Florida Guide to Butterfly Gardening" by Janet C. Daniels. It contains excellent sections on host and larval plants plus a butterfly identification guide. After you build it, be sure to place a bench nearby so you can sit and watch them play.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening concerns or e-mail me at dmauricio@cfl.rr.com. I will do my best to assist you with your gardening concerns.

Happy gardening!



Photo by Doris Mauricio

A monarch butterfly on a penta.

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Birders' Beat
Jane Callender

Have you seen any crows lately? Silly question. They seem to be everywhere. There is no need to take a class on bird identification or "birding by ear" when it comes to the American Crow.

Everyone is familiar with its appearance as well as its less than melodious voice. However, some of you might be surprised to learn that we actually have two kinds of crows here, the American Crow and the Fish Crow.

Distinguishing between them by appearance alone is very difficult, even for the most experienced birders. Fish Crows are a bit smaller, but you would almost need to see them sitting side by side to be sure. A smaller female American Crow might not be much larger than a male Fish Crow.

There are also some slight differences in the size of beak and feet, and maybe some differences in posture, but those are very difficult to observe. The Fish Crow fluffs up its neck feathers when it is calling. The one sure way to tell the dif-

ference is to listen to them.

The Fish Crow has its own unique language. Instead of the familiar squawking "caw, caw, caw" of the American Crow, the Fish Crow says "uh, uh" exactly as if it were saying, "no, no." Birders say, "if you ask a Fish Crow if it is an American Crow, it will answer, "uh, uh."

Fish Crows tend to live up and down the coastal areas of the East as far north as Rhode Island and around the Gulf Coast into Texas. They have followed rivers and streams inland to expand their range. They are adept at catching little crustaceans in the sand but being crows, they will eat whatever they can. They seem to prefer wetlands and eat many insects and rodents too.

Since the breeding season of the American Crow is about a month earlier than the Fish Crow, interbreeding is rare and the two species remain distinct.

So, when you are out walking and hear some crows calling, instead of getting annoyed, try to listen for that unique double noted "uh, uh" sound. I heard it just this morning as one flew overhead during my walk. Tuning into the sounds of nature enriches your world.

Our May field trip was a terrific cruise on the Rainbow and Withlacoochee Rivers with Singing River Tours and Capt. Jon Semmes. Norm Lantz organized this trip.

We saw lots of birds and a small shower toward the end, which cooled us off a little and made the experience even more beautiful.

Unique Birders meet on the third Tuesday at 1:30 p.m. in Suite H at the Arbor Conference Center. Field trips are usually held on last Thursday of the month.

We have no meetings or field trips from June through September. For more information, call Roberta Campbell at 854-4814.

Submitted by Carole Rao.



Dish & That Recipes
Jean Breslin

I have included two new recipes, one from my friend, Doris Rogers, who lives in Stuart. You'll have fun making her cake, and I know you'll enjoy the chicken.

Take care; I hope this month finds you having lots of summer fun.

Chicken with Glazed Grapes
Serves 2

- 2 large chicken breasts
- 1-1/2 tablespoons butter
- 2-1/2 tablespoons dry sherry or white wine
- 1/4 cup apricot jam
- 1/8 teaspoon salt & pepper to taste
- 1/2 cup seedless grapes (white or red)

Rinse chicken and pat dry. In a medium, skillet cook chicken in hot butter over medium heat 8 to 10 minutes, turning once. Transfer chicken to individual plates, cover with foil to keep warm.

Add dry sherry or white wine, apricot jam, salt and pepper to the reserved drippings in skillet.

Cook and stir until jam is melted. Cut grapes in half, place into the skillet and stir until coated. Spoon glaze over chicken and enjoy!

Five-Minute Chocolate Mug Cake
Serves 2

- 4 tablespoons flour
- 4 tablespoons sugar
- 2 1/2 tablespoons cocoa
- 1 egg
- 3 tablespoons milk
- 3 tablespoons oil
- 3 tablespoons chocolate chips (optional)
- A small splash of Vanilla extract
- 1 large coffee mug (microwave safe)

My friend mixes everything in the microwave safe mug where she cooks the cake. I prefer to mix everything in a medium bowl and then pour it into a good size microwave safe mug.

Start either way, add dry ingredients to mug (or bowl) and mix well. Add the egg and mix thoroughly. Pour in the milk and oil and mix well. Add the chocolate chips (I didn't put any in) and also the vanilla extract and mix again. Fill your mug and put it in the microwave and heat at 1000 watts. The cake will rise over the top of the mug, but don't be alarmed. Allow to cool a little and tip out onto a plate. What fun!



Original Karaoke Group
George Quaranta

Our last karaoke was at the Arbor Conference Center on June 11. We had some new singers join us. Some of our regulars have flown the coop for the summer to cooler climates.

Judy and I started things off with "But I Do" followed by Thom W. singing, "Wheel of Fortune." Norma sang her rendition of "Don't Know How To Love Him" and Tony D. was up next, singing, "Star Dust." Doty B. sang Frank Sinatra, "All The Way." Hank K. sang "Daddy Sang Base" and I sang "Hello Walls." There were duets, and we sang "Happy Birthday" to Hank and Norma. I can't list all the songs. There were too many.

Our next karaoke was at the Candler Hills Conference Center on June 23.

Karaoke is fun and very entertaining, come and try it. Or, come listen to your friends and neighbors; you may be surprised how well they sing. For any information, call George at 873-9667.



Karaoke Friends
Vivian Brown

I surely was surprised by the great turnout at our last get together and so grateful to see you all! The evening was filled with the sounds of laughter, mixed through the beautiful melodies of wonderful songs, as we sometimes hummed along.

We welcomed back Patti as she serenaded us with "Somebody Loves Me" and "Embraceable You." Ferdie and Marietta

sang, "Spanish Eyes." The Bubbettes gave us their version of "This Little Light of Mine." It was the first time Suzanne sang karaoke yet she did it like a pro.

Jimmy chose to sing, "Peace in the Valley," "My Woman, My Wife" and "Waltz Across Texas" with such emotion.

Tom serenaded us with "Oh My Papa," "If" and "Summertime;" it tugged at my heart.

Kathy sang, as only she can, "Earth Angel," "Chances Are" and "Bad, Bad LeRoy Brown." While her husband, Charlie, preferred, "The Chair." By the way, Charlie, what did you do with your song titles?

Bob crooned, "Up the Lazy River," "Bye, Bye Blackbird" and "It's Just a Matter of Time."

Norma passionately sang, "I Have a Dream" and "Fernando."

Shirley picked "I Cried for You," "Serenade in Blue" and "Blue Moon of Kentucky." Tari chose to sing, "Making Believe," "A Thousand Stars in the Sky" and my personal favorite, "Mama Mia."

Dick came a little late but managed with his flair for theatrics, "Fly Me to the Moon."

I did my part by singing, "All That Jazz" and "You Light Up My Life."

All had a good time.

Remember, we are here the first and third Monday of the month from 6:30 to 9:30 p.m. at the Arbor Conference Center, Suites E and F. We sing year round; we do not close for the summer. Come join us.

If you would like us to entertain for your club or organization or have any question, call me at 291-0246.

Until next month, keep on singing and God bless.

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Chef Dave Bland

A Seasonal Harvest

A wide array of fruits and vegetables are available all year round in this global

market, however understanding what is in season is better for the environment and promotes the local farmer. Acknowledging the natural season for eating helps to promote better health and makes the food taste better. Here are some seasonal dishes that were created especially for "Cooking for One and Two," a class offered as part of the culinary series at Master the Possibilities.

The first recipe combines smoked salmon, fresh seasonal vegetables, pasta, cream and a touch of fresh mozzarella cheese. Use only the freshest vegetables available. This dish goes just as well with diced zucchini, squash, eggplant and colorful peppers.

Fettuccine Affumicato e Primavera
Serves 2

- 10 oz cooked fettuccine pasta
- 6 oz heavy cream
- 3 oz smoked salmon torn into pieces
- 2 tablespoons chopped chives
- 3 oz fresh mozzarella cut into small

- cubes
 - 1/2 small red pepper julienne cut
 - 4 pencil asparagus bias cut
 - 10 snow peas
 - 1/2 tablespoon butter
 - Sea salt and fresh black pepper to taste
- Precook pasta in boiling water until pasta is cooked al dente (firm to the bite). Next, pour the pasta into a colander and blanch the pasta in an ice bath until cool. Set pasta aside.

Heat a large sauté pan or medium pot over medium heat. Add the butter and melt it. Then add the vegetables and cook until they are coated with the butter. Pour in the heavy cream and allow it to come to a boil. Next, add the chives and salmon turning down the heat to medium low. Then add the chives and mozzarella cheese. Finally, add the pasta and stir the dish with a wooden spoon or plastic tongues. Season to taste and serve immediately.

I added this family recipe after we picked nearly 30 pounds of blueberries; I made several cobblers and blueberry jelly. This is an easy recipe that goes great with

some fresh whipped cream or vanilla ice cream. Serve the cobbler warm for best results.

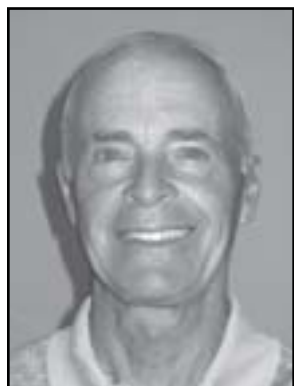
Mamma's Fruit Cobbler

- 2 cups peaches or blueberries or both
- 1-3/4 cups sugar
- 3/4 cup salted butter
- 3/4 cup flour
- 2 teaspoon baking powder
- 1 pinch of salt
- 3/4 cup whole milk

Heat oven to 350 F and melt 1/2 cup of the butter in an 8-inch glass casserole dish.

In a sauce pan combine 3/4 cup sugar, 1/4 cup butter and the fruit in a sauce pan and allow the fruit to be coated with the melted sugar and dissolved butter and set aside.

In a mixing bowl, combine the flour, baking powder and salt. Then whisk in the milk forming a batter. Pour the batter atop the melted butter in the casserole dish then pour the fruit into the casserole dish and bake for 1 hour.



Favorite Recipes
Dinner Club
Luke Mullen

This month marked our fourth year of enjoying fine food and great entertainment since our first dinner in May 2005. On May 16, 18 club members participated in three dinners.

Hosts for our first dinner were Sue and Howard Bourland. They started off their evening with appetizers of Swedish meatballs and cheddar cheese log with apricot preserves topping and crackers.

Following the appetizers, Gitte and Paul Agarwal served a spring mix salad consisting of walnut pieces, thinly sliced red onion and cranberries with a dressing of olive oil, white balsamic vinegar, anchovy paste, salt, pepper and crumbled blue cheese. With the salad, Sue and Howard served crusty bread with homemade basil dipping sauce.

The main meal followed, which was veal scaloppini, parsley noodles and green beans sautéed with butter, herbs and almonds.

Cherry and Fred Jones served the dessert. It was a pear-ginger cake with

whipped cream. All had a great time.

Joan Sigafos and Richard Miles hosted our second fun dinner of the evening. Tish and Don Dertien prepared the appetizers. The first was baked Gouda cheese wrapped in crescent rolls. The second was Mexican roll-ups. They were flour tortillas spread with ham, cream cheese, sour cream, chopped ripe olives, chopped green chilies, chopped green onion and seasoned with garlic salt.

Joan and Richard then served a Caprese salad composed of multicolored tomatoes, fresh Mozzarella and basil, dressed with olive oil. The main course was a shrimp, artichoke and vegetable marinara over fettuccine.

Kathy and Luke Mullen made dessert for the meal, which was a brownie bottom pudding pie. It was a pie with a brownie bottom covered with Jell-O pudding and topped with Cool Whip. All enjoyed a great evening.

Hosting our third dinner were Judy and Lenny Cote. Kathi and Ray Lang made two appetizers. The first was dates stuffed with a mixture of pecans and Parmesan cheese. The second was a dill dip served with assorted crackers.

Following the appetizers, Judy and Lenny served a spinach salad with fresh pears and Parmesan cheese with Balsamic vinegar. Also served was corn bread with jalapeño peppers and cheddar cheese.

The main meal was then served. It was a chicken potpie with sherry, peas and carrots with a piecrust.

A dessert provided by Edie and Fritz de Holl was a nutty pineapple pie. This simple to prepare dessert consisted of whipped topping, crushed pineapple, condensed milk, lemon juice and chopped nuts

Our club is currently looking for new members. If you are a couple who enjoys cooking and entertaining people in your home, you might consider joining our club. Call Luke at 304-8104 for more information.



Caribbean Club
Luz Leon

It has been quite a month for us in the Caribbean Club! First we enjoyed The Town Square Latin night on May 9 with delicious foods and, of course, our musical favorites, which helped us work off the extra calories we devoured.

Then we rested for a week or so and celebrated our combined Mother's/Father's day party on May 19. Once again, we indulged in our favorite foods and enjoyed tropical music, dancing, laughing and fellowship.

On May 26, we had our bowling day and now the month is over so we can start up again with some new things to do.

Our cruise in November is going well and we are still accepting cruisers who would like to join us on Nov. 12 through 20 for a nine-day/eight-night cruise to Panama, Belize and Costa Rica. For information, contact Bill or Luz at 873-0538.

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On Top of the World Communities

On Top of the World Community Cookbook

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Card Clubs & Games

Monday Afternoon Bridge

Esther Lang

May 18
1: Marjorie Benton & Caryl Rosenberger; 2: Fran Griswold & Betty Morris; 3: Ida Rosendahl & Carol Thompson; 4: Jayne Kaske & Esther Lang.

May 25
1: Betty Morris & Fran Griswold; 2: Shirley Stolly & Pat Holmes; 3: Mazie Millward & Elsie Helwig.

June 1
1: Shirley Stolly & Pat Holmes; 2: Pat Goltart & Marlene Floecker; 3: Ida Rosendahl & Carol Thompson.

June 8
1: Ida Rosendahl & Carol Thompson; 2: Phyllis Bressler & Eleanor Giardina; 3: Fran Griswold & Betty Morris.

Monday Night Bridge

Ginnie Barrett & Myra Butler

May 4
1: Fran Griswold; 2: Betty Barney; 3: Shirley Stolly; 4: Phyllis Bressler; Cons: Mildred Lane

May 11
1: Paul Agarwal; 2: Gail Tirpak; 3: Carol Johnson; 4: Phyllis Bressler; Cons: Agnes Weber

May 18
1: Betty Morris; 2: Shirley Stolly; 3: Eleanor Giardina; Cons: Ray Dietz

May 25
1: Betty Barney; 2: Marion Turbin; 3: Lee Sheffer; 4: Ray Wilson; Cons: Gail Tirpak

Tuesday Afternoon Bridge

Agnes LaSala

May 5
1: Betty Morris & Shirley Stolly; 2: Ray Dietz & Mazie Millward; 3: Elsie Helwig & Lee Sheffer

May 12
1: Betty Morris & Shirley Stolly; 2: Agnes LaSala & Carl Woodbury; 3: Ray Dietz & Lee Sheffer

May 19
1: Betty Morris & Shirley Stolly; 2: Agnes LaSala & Carl Woodbury; 3: Ray Dietz & Mazie Millward

May 26
1: Bernie Kelly & Jack Stone; 2: Mazie Millward & Ray Dietz; 3: Agnes LaSala & Carl Woodbury

Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information or to find a partner, call 861-5700.

May 5
1: Doris Keathley and Mary Carol Geck; 2: Norman Shultz and Rose O'Rourke; 3: Bruce

and Marjorie Benton; 4/5 (tie): Harry and Ruth Tindall & Bill and Betty Raines

May 12
1: Norman Shultz and Rose O'Rourke; 2: Jayne Kaske and Carol Rosenberger; 3: Bill and Betty Raines; 4: Dick Mansfield and Ida Rosendahl

May 19
1: Dick Mansfield and Ida Rosendahl; 2: Norman Shultz and Rose O'Rourke; 3: Bill and Ida Carlson

May 26
1: Doris Keathley and Mary Carol Geck; 2: Norman Shultz and Rose O'Rourke; 3: Harry and Ruth Tindall; 4: Bruce and Marjorie Benton

Wednesday Afternoon Bridge

Fran Griswold

Congratulations to Phyllis Silverman who is the newly elected Director of the Marion County Senior Alliance. This is an organization to promote the many services available to senior citizens. I am sure Phyllis and the newly elected secretary, Lynette Vermillion, will be very successful in their endeavor.

While we all know our children grow up faster than we realize, I owe an apology to Buddy and Grace Raymond as I mistakenly said their wonderful and compassionate granddaughter, Julianna Rose Franco, was 16 years old when she is only 11 years old. This great young lady has been donating to the Domestic Violence Center for several years.

Everyone keep cool! Wednesday Bridge meets weekly and play begins promptly at 12:30 p.m.

May 13
1: Nancy Dreimiller (5420); 2: May Holtz; 3: Sandi Hirschbein; 4: Shirlee Wolcott and Eleanor Giardina; Consolation - Margo Thomas.

May 20
1: Shirley Stolly (4628); 2: Betty Morris; 3: Serene Rossi; 4: May Holtz; Consolation - Marlene Floecker.

May 27
1: Liz Millison (5720); 2: Phyllis Silverman; 3: Fran Griswold; 4: Esther Lang; Consolation - Jeanette Oswald.

June 3
1: Liz Millison (4650); 2: Margo Thomas; 3: Shirley Stolly; 4: Eleanor Giardina; Consolation - Mrs. Smith.

June 10
1: Phyllis Bressler (4910); 2: Mary Culberson; 3: Eleanor Giardina; 4: Liz Millison; Consolation - Gloria Richards.

Wednesday Night Duplicate

Doris Keathley

May 13
1: Norman Shultz & Jayne Kaske; 2: Ida Rosendahl & Doris Keathley; 3: Nel Bosschaart & Marjorie Benton

May 20
1: Norman Shultz & Jayne Kaske; 2, 3, 4 (tie): Ernie & Joan Lord and Ida Rosendahl & Doris Keathley and Nancy Dreimiller & Rose O'Rourke

May 27
1: Ida Rosendahl & Doris Keathley; 2: Harry & Ruth Tindall; 3: Mary Carol Geck & Joan Lord

Thursday Afternoon Bridge

Marion Turbin & Betty Legg

May 14
1: Agnes LaSala; 2: Marge Starrett; 3: Alice McDaniel

May 21
1: Alice McDaniel; 2: Marion Turbin; 3: Marge Starrett

May 28
1: Mazie Millward; 2: Marge Starrett; 3: Marion Turbin; 4: Alice McDaniel

June 4
1: Shirlee Wolcott; 2: Joanne Jones; 3: Alice McDaniel

Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

May 14
1: Jim Mahoney; 2: Fran Griswold; 3: Jan Moon; 4: Eleanor Giardina; Cons. Dick Griswold.

May 21
1: Tom Marta; 2: Betty Barney; 3: Eleanor Giardina; 4: Dick Mansfield; Cons. Jim Mahoney.

May 28
1: Dick Mansfield; 2: May Holtz; 3: Lee Sheffer; 4: Janet Becker; Cons. John Mataya.

June 4
1: Shirley Stolly; 2: Ida Rosendahl; 3: Eleanor Giardina; Cons. John Mataya.

June 11
1: Eleanor Giardina; 2: Paul Agarwal; 3: Shirley Stolly; 4: Betty Barney; Cons. Phil Divito.

Friday Night Bridge

Jack & Mickey Martin

May 15
1: Ida Rosendahl; 2: Fay Rumens; 3: Ellie Rapacz; 4: Ernie Lord; 5: Nancy Dreimiller.

May 22
1: Jayne Kaske; 2: Betty Barney; 3: Rose O'Rourke; 4: Fay Rumens; 5: Nancy Dreimiller.

May 29
1: Edith Hunter; 2: Bernie Kelly; 3: Catherine Edwards; 4: Dick Dakin; 5: Myra Butler. Grand Slam: Edith Hunter & Catherine Edwards.

June 5
1: Bruce Benton; 2: Dick Mansfield; 3: Eleanor Giardina; 4: Serine Rossi; 5: Catherine Edwards. Grand Slam #1: Bruce & Marjorie Benton; Grand Slam #2: Eleanor Giardina & Jayne Kaske.

June 12
1: Joe Obrien; 2: Virginia Blanchard; 3: Nell Bosschaart; 4: Mildred Lane; 5: Phyllis Bressler; Grand Slam: Ellie Rapacz & Erwin Fluss.

Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Friday at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all. For more information, call Irene at 873-4173.

May 15
1 (tie): (out of 32) May Holtz & Jan Harris; 2: Jerry Pinter; 3: Richard Bartel; 4 (tie): Marie Marquis & Billy Swing; 5 (tie): Nancy Kowsky & Jo Swing.

May 22
1: (out of 28) Richard Gillette had a perfect game; congratulations! 2: Hank Kolb; 3: Jerry Dean; 4 (tie): Jerry Pinter & Bev DeBusschere; 5: Paul Agarwal.

May 29
1: (out of 33) Jerry Dean; 2: Irene Pisani; 3: Sharon Dean; 4 (tie): Phyllis Wall & Richard Bartel; 5: Joan Sigafoos.

June 5
1: (out of 27) Joan Sigafoos; 2: Richard Miles; 3 (tie): Ginny Brenner & Mary Bartel; 4: Richard Bartel; 5: Betty Legg.



Friday Night Euchre

Joe Askenase

May 15
Four Handed Game
1: Ross Riegler; 2: Clarence Lietzow; 3: Lou Fisher; 4: Marcy Askenase

May 22
Six Handed Game
1: Vi Horton; 2: Helen Foskett; 3: Diana Riegler; 4: Shirley Coe; 5: Virgil Taylor

May 29
Five Handed Game
1: Virgil Taylor; 2: Shirley Coe; 3: Clarence Lietzow; 4 (tie): Vi Horton & Helen Foskett

June 5
Four Handed Game
1: Clarence Lietzow; 2: Marcy Askenase; 3: Russ Riegler

**On Top of the World
NEWS**
Where the News is Always Good

**August issue:
Thursday, July 30**

Five Handed Game
1: Diana Riegler; 2: Helen Foskett; 3: Shirley Coe; 4: Vi Horton; 5: Maria France

June 5
Four Handed Game
1: Diana Riegler; 2 (tie): Shirley Coe & Helen Foskett; 3 (tie): Marcy Askenase & Maria France; 4: Russ Riegler; 5: Vi Horton



Tuesday Night Pinochle

Viola Horton

Come on up Tuesday nights at 5:45 p.m. to the Art Room of the Craft Building. No partners needed. All "pinochlers" are welcome.

May 5
Single Deck Winners
1: Dottie Findlay; 2: Bob Unangst; 3: Hank Kolb
Double/Triple Deck Winners
Tables 1: Viola Horton; 2: Norma Yonke & Elsie Helwig; 3: Ray Bock & Virgil Taylor

May 12
Single Deck Winners
1: Audrey Bartolotta; 2: Bob Unangst; 3: Jerry Pinter

May 19
Double/Triple Deck Winners
Tables 1: Elsie Helwig & Norma Yonke; 2: Rich Fluet & Greg Skillman

May 26
Single Deck Winners
1: Betty Legg
Double/Triple Deck Winners
Tables: 1: Margaret Sciarino, Joe Sciarino, & James Nottingham; 2: Irene Pisani, Norma Yonke, & Jo Swing; 3: Ray Bock & Virgil Taylor



Saturday Night Pinochle

Elsie Helwig

May 16
1: Norma Yonke; 2: Jerry Pinter; 3: Bob Unangst

May 23
1: Jerry Pinter; 2: Norma Yonke; 3: Bob Unangst

May 30
1: Vi Horton; 2: Audrey Bartolotta; 3: Albert Novotny

June 6
1: Anne Jagielski & Audrey Bartolotta; 2: Greg Skillman; 3: Elsie Helwig



Cribbage

Greg Skillman

May 15
1: Rich Fluet; 2: Ray Bock; 3: Norma Yonke; Cons: Mary Ehle

May 22
1: Norma Yonke; 2: Sheila Howell; 3: Craig Ehle; Cons: Elsie Helwig

May 29
1: Phyllis Vallender; 2: Greg Skillman; 3: Elsie Helwig; Cons: Herb Postin

June 5
1: Elsie Helwig; 2: Rosemarie Postin; 3: Craig Ehle; Cons: Rich Fluet

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**Friday
Night Euchre**
Joe Askenase

May 15
Four Handed Game
1: Ross Riegler; 2: Clarence Lietzow; 3: Lou Fisher; 4: Marcy Askenase

May 22
Six Handed Game
1: Vi Horton; 2: Helen Foskett; 3: Diana Riegler; 4: Shirley Coe; 5: Virgil Taylor

May 29
Five Handed Game
1: Virgil Taylor; 2: Shirley Coe; 3: Clarence Lietzow; 4 (tie): Vi Horton & Helen Foskett

June 5
Four Handed Game
1: Clarence Lietzow; 2: Marcy Askenase; 3: Russ Riegler

**On Top of the World
NEWS**
Where the News is Always Good

**August issue:
Thursday, July 30**

Model Railroaders

Jim Devine

You may be wondering, "Who still plays with trains?" The answer to that question is, "A lot of your neighbors do." Our fascination with trains can often be traced to memories of riding trains as youngsters, or remembering our dads setting up electric trains to run around the Christmas tree every year.

We do a lot more than "play with trains." To be a model railroader, you have to be part carpenter, electrician, civil planner, landscaper, historian, etc. in order to have a realistic model railroad. Our model railroad is a miniature, yet realistic, world.

Some famous people have had a fascination with trains. Walt Disney was one, for example. He was in his mid-40s before he got his first electric model train set. He was so excited about it that he wrote his sister all about it, telling her it had "a whistle and real smoke comes out of the smokestack."

He eventually built his own miniature steam train railroad in his backyard, and he gave Disney employees and the neighborhood kids rides on it. He named the locomotive the "Lilly Belle" after his wife so she would not get mad at him for

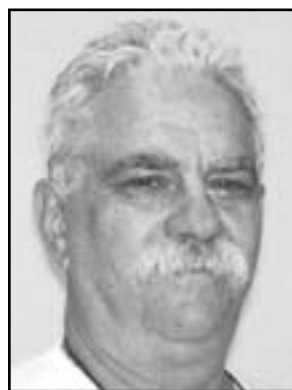
spending too much time in the backyard with the trains.

It should be no surprise that when Walt created Disneyland (and later the Magic Kingdom in Disney World), one of the first things he put in it was the Disneyland (Disney World) Railroad. He went from having an electric train, to a miniature train in his backyard, to a full size train on each coast.

Another famous person with a fascination with trains is J.K. Rowling of Harry Potter fame. She traces her love of trains to the fact that in 1964 her mother and father met on a train. Later, in 1990, she was riding on a train going from Manchester to London when she got the idea of a young boy attending a school of wizardry. Based on this, it is no surprise that each school year in the Harry Potter stories start with the Hogwart's Express leaving from King's Cross station from Platform 9 ¾.

Our monthly club meetings are held the first Wednesday of every month in Meeting Room #3 (Poker Room) of the Arts and Crafts Building at 9 a.m. You're invited to join us if you're interested in becoming a member of the On Top of the World Model Railroader's Club.

You can also stop by the club's train room on the first floor of the Health & Recreation Building, or call Hud Huddleston, the club's president, at 861-6221 or e-mail hhuddleston2@cfl.rr.com.



Social Club

Mort Meretsky

Come and join Larry and Margaret on a freestyle cruising on a Norwegian Jewel.

The port of call is a little different than just western or eastern Caribbean. It will be from Miami to Roatan, Honduras; Belize; Costa Maya, Mexico; Great Stirrup Cay; and back to Miami. This will be for Feb. 28 through March 7, 2010 (seven nights). Prices are per person, double occupancy and include port taxes and government fees: inside: \$737.27; outside: \$976.27; and balcony \$1,046.27. There will also be a free bottle of wine for every cabin plus upgrades. There will be a bus from/to On Top of the World; estimated at \$65 per person. For more information, contact either Larry at 861-0609, Margaret at 854-7306 or 1-877-553-8537.

Remember on Aug. 21 we will be having our picnic at the Arbor Conference Center from 2 to 4 p.m. Our menu hasn't been finalized yet, but I'm sure Carmine will come up with something great.

See y'all on Aug. 21.



Bloodmobile

Don Pixley

Our June 1 drive netted only 27 donors consisting of 25 regulars and two newcomers. This is an astonishing low number for a community the size of On Top of the World. Inasmuch as Florida's Blood Centers are the sole supplier of all Marion County hospitals, we must wonder if such low turnouts will fulfill this

commitment.

We have pondered for many hours seeking a means to get a far greater turnout than we now experience. If any reading this report have any criticisms or suggestions as to how we can improve our drives, please call me at 861-0321. It would be appreciated.

Those reporting for the June 1 drive are as follows: George Borgia, George Brown, Kay Chandler, Robert Combs (an ALYX donor), Don Conroy, Loretta Conroy, Art Dushary (an ALYX donor), Kathleen Dushary, Rosalie Fridell, Joy Harter, John Johnson, James Kerwick, Mel Klosterman (an ALYX donor), James Loux, Nancy Ludvik, Gretchen Luebke, Dorothy Metcalf, Rufus Morris, William Osis, Don Pixley, Patricia Russell, John Sehler, Thomas Seitz, Florence Soens, Sara Sommer and Carl Zeiler. Many thanks to all of you!

We encourage all of you plus any former donors and anyone willing to become a donor to come to the Big Red Bus on Aug. 3 in the Health & Recreation parking lot from 7:30 a.m. to 2:30p.m.

Please mark your calendars now, so you will be reminded of the date and time. We need you!



Friendship Amateur Radio

Ed Brendle

The Friendship Amateur Radio Club held its monthly meeting on June 8 with Charles Lucas (W1DOH) the club's President presiding. The presentation at this month's meeting was a video, which involved the element of "probagation."

The club's website continues to show the treasurer's and secretary's meeting

minutes.

The FARC's club call is N4FRC.

The next meeting is scheduled for July 13 at 1:30 p.m. at the Sheriff's auxiliary station on West SR 200. All hams are invited; members are urged to attend and to bring a guest.

A recent notation is that our club is now recognized as an SSC, Special Services Club, of which there are only four in the immediate area.

The FARC is open to all hams and their families. If you are interested, and not currently licensed, the FARC has instructors who can assist in teaching theory to help you earn your license.

The FARC meets at the West SR200 Sheriff's auxiliary station the second Monday of each month. We have members who offer their expertise in radio and computers.

The club newspaper and notices inform members of the club's many activities. In addition, the FARC has a two-meter net that meets on Monday at 4 p.m. on 145.170 MHz (except for Monday of the monthly meeting), and a CW net on Tuesday at 7 p.m. on 21.145 MHz.

For more information, call Ed Brendle (KA1INC) at 873-4354.



Friendship Social Club

Marilyn Nielsen

President Eileen Utiss announced that since this is our last meeting we would have it first before we have the lunch party. After we gave the Pledge of Allegiance, minutes and financial reports were read.

Eileen thanked all the volunteers and members who have helped and supported the club. She then gave thank you

cards to the board and to the members in charge of refreshments, membership, coffee and 50/50.

She next explained what the board had decided on how to disperse the club's supplies and equipment. Items will go to various On Top of the World clubs who requested things.

Next was sharing the balance of funds. Checks will be given to the library; sound and light crew; and after all bills are paid, any remains will be sent to the Senior Services Center.

Eileen will keep all records for a while in case anyone wants to restart the club. There was a 50/50 drawing and three

winners shared all money received.

Eileen was presented with a gift as outgoing president. She has worked hard and done an excellent job for the club. She said that she hoped the members had enjoyed the meetings and made some new friends.

The board helped serve a good assortment of food. There was barbecued pulled pork sandwiches, meatballs, coleslaw, potato salad, vegetables, fruit, cookies and coffee.

As a member and office holder, I have enjoyed the 13 years association and will miss the second Sunday of the month going to Friendship Club.

Republican Club

Tony Tortora

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center Meeting Rooms unless otherwise advised. Watch local TV for announcements.

On July 10 at 6:30 p.m., we will have a full cookout menu picnic in the Arbor Conference Center. Tickets are available for \$15 per person. For tickets, contact Judy Dunn at 291-0887.

The chairman of the Marion County Republican Executive Committee, Roy Abshier, will be our guest on Aug. 14 at 7 p.m. In September, we will host the Marion County Clerk of the Courts, David Ellsperman, and in October we will host the County Tax Commissioner, George Albright.

The Marion County Annual Republican Party dinner previously announced has been rescheduled to July 31 due to speaker scheduling problems. The dinner is still planned to be filet mignon/pecan crusted salmon at the Holiday Inn behind Sam's Club. Tickets will be available at the July meeting for \$100 per person. This is the only fundraiser the party has for the year. Call 854-7804 for further information and tickets.

LifeSouth Bloodmobile

By DIANA MORGAN

The LifeSouth (the non-profit) Bloodmobile will be in the Health & Recreation parking lot on July 6 from 8 a.m. to 4 p.m.; please mark your calendar. July 6 is a call to all communities of On Top of the World.

LifeSouth and the patients they serve send a special thank you to all donors for a very successful draw in May.

For any questions, please call LifeSouth at 1-888-795-2706 or visit www.lifesouth.org.

Going Out of Town?

Download a PDF of the World News at

www.ontopoftheworld.com/newspaper

On Top of the World Communities

BUS SCHEDULE

PICK-UP	ROUTE	TIME
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - 85th Ter. Rd.	9:02 am
Friendship Village	96th Lane - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community.....		9:25 am
Circle Square Cultural Ctr.	At Bus Stop Sign	Call Health & Rec. one day
Indigo Community Center	Parking Lot	in advance for pick-up

OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

1st RUN	Kohl's	1st Run Only	10:00 am.....	11:15 am
	Lowe's	1st Run Only	10:05 am	11:30 am
	Paddock Mall.....		10:10 am	11:35 am
	Wal-Mart.....		10:15 am	11:40 am
	Target.....	1st Run Only	10:20 am	11:45 am
	K-Mart		10:25 am	11:50 am
	Gateway Plaza.....		10:30 am	11:55 am
2nd RUN	Paddock Mall.....		12:00 pm.....	1:40 pm
	Wal-Mart.....		12:05 pm	1:45 pm
	K-Mart		12:10 am	1:50 pm
	Gateway Plaza.....		12:15 am	1:55 am

GROCERY STOP.....LAST STOP OF DAY.....30 MIN. SHOPPING TIME
(No Grocery Stop on SAM'S or BEALL'S Days)

Grocery Run...Every Monday....(Publix or Winn-Dixie)....Start Pick-up @ 3:45 pm....4:40 pm5:40 pm

**3rd Tuesday Supper Get-A-Way ...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm
(CALL TO MAKE YOUR RESERVATION....ONLY 21 SEATS AVAILABLE EACH TRIP)**
* Restaurant Location Posted in Bus, On TV Channel 17, 703 & 22, or Call Number Below *

Sam's Club.....2nd & 4th Wednesday of the Month.....2:10 pm....3:30 pm
Beall's & Wal-Mart.....(Hwy 200 W)....1st & 3rd Thursday of the Month.....12:30 pm....3:30 pm
(1st Run Ocala...2nd Run Walgreens (15 min), Big Lots (30 min), Beall's (1 hr) Et Wal-Mart 1 ½ hr)

*For information or reservations call Health & Rec. @ 352-854-8707 ext. 10
EFFECTIVE JUNE 2009/JF



Red Hat Society Vivian Brown

Summer is here and many of our ladies are traveling but if you are staying here you shouldn't feel bad as we live in a beautiful resort. There are so many things to keep you busy: five swimming pools, classes at Master the Possibilities and exercise equipment and classes. If you just want a quiet place to walk and renew your spirit, there is Sholom Park. For music, dancing and entertainment you have The Town Square and Circle Square Cultural Center, which comes alive especially every Friday and Saturday evenings. We also have happy hour at the Arbor Club on Fridays. There are also restaurants and ice cream shops in and outside of the com-

munity. What a great place to live!

The Glitzy Gals

Five Glitzy Gals participated in "Picnic in the Park" in Inverness held by the Nature Coast Royal Queens. Carol Cecala won a monetary prize for her entry in the banner and centerpiece category. Mary Curry received a gift certificate for her banner.

The Red Hat Swap was fun and we sold some items we no longer were using and also bought some new ones. The weather was perfect for our picnic.

QM Mary entertained us at her home so we could all visit with our Red Hat sister, Maria Breeden, who was visiting from Richmond, Va. We enjoyed hearing about her new Red Hat group and sharing what we had been doing. Maria brought a little red hat pin for each of us. QM Mary had a delicious dessert. This was a delightful evening.

For our regular June luncheon our hostesses were Joyce Mackey and Queen Mother Mary. We attended the Tailwinds Cafe at the Ocala Airport. All enjoyed the hamburgers! Aldona Sacks won the beautiful red and purple flower centerpiece and Bea Maxwell won the other prize. We then stopped at Yalaha Delights for a cup of coffee and chitchat. We live by our motto, "It's all about each other." QM Mary Curry by Janet Wahl

The Red Gems

Our visit to Russell Stover's proved to be a really enjoyable day. We had a great lunch at Golden Corral. Our hostess, Madame Purr-fect Linda Hein, gave each of

us a garden stand in our color choice; a really lovely item for this time of year. We especially enjoyed listening to Madam Boo's, Dianne Telez, very animated stories of her life with her little adorable pup named Boo. She just about had us double up with laughter! I suggested we put her on stage during the next PJ party so that all can enjoy her humor.

Incidentally, I discovered that I had dropped two five-dollar bills somewhere in the restaurant. A gentleman heard me say that I had lost that money and quickly said that he had found the bills and returned them to me.

As we headed for Russell Stover's, we welcomed the overdue rain. Not even the rain could dampen our spirits at that point.

Our membership has recently increased, so we expect there will be enough to gather for another very enjoyable day. QM Billie Gile by Loretta Troutman

The Cool Cats in Red Hats

Our outing to the Marion County Sheriff's office was very interesting. There, we meet with four officers of the K9 division. They told us about their dogs, the work and training that went into making this group a strong and reliable force in our communities.

Lt. Ruamen Delarua with his K9 Titan, have worked together for four years. Titan is eight-years old and has been on the force for six years.

Sergeant Jon Turner had his new dog Bolt, who is in training, go through his paces. Mr. Sam, donated by Wal-Mart, is an old pro and showed us his stuff. We

also watched several other officers and their dogs.

These dogs are cross-trained in every avenue of police work from patrolling, drugs, cadaver detection, tracking and searching. It was amazing to watch these teams at work. The dogs were friendly and live at home with the officers.

These dogs are from Germany and listen to commands given in German. The dogs cost between \$10,000 and \$15,000 a piece. Anyone can donate to the purchase or care of a dog for the department.

After that, the hatters drove to Stone Creek Grille for lunch. Thank you Evy Stewart for planning this informative day. QM Janet Fragapane

The Razzle-Dazzle Red Hat Dames

We had a delightful luncheon at Candler Hills Restaurant. We were warmly welcomed, our service was excellent and the food delicious. We talked about the upcoming Red Hat Gala in October. Our gals were excited and ready to party.

We also chose our hostesses for each month for the upcoming year. We also decided not to meet for the summer since many of our ladies will be traveling. However, if we have a few that want to go to lunch, we'll go.

I want to wish you all a wonderful summer, stay well and God bless. Remember to live much, love lots and laugh often. QM Vivian Brown

Please send your chapter's activities to e-mail: vivjcb@cfl.rr.com by the eighth of the month. Any questions, please call 291-0246.



Women of the World Terri Molnar

Remember the students from West Port High School's Key Club? In mid-May, Mr. Tyler Waters, their advisor, issued an invitation to Women of the World to attend a small reception.

On May 30, Sharon Wasmund, Nancy Grabowski and I went as WOW emissaries. Well, it was more than a small reception! Those terrific kids had prepared a banquet, making everything from lasagna to five types of cakes.

They greeted each of the groups who had "used them" for community service. The evening was capped off by a PowerPoint presentation on the computer highlighting the Key Club's first year. What a wonderful group of kids to hold our future in their hands!

On June 2, your officers and board members held a working lunch meeting at Stone Creek Grille. We welcomed back those who will continue on in the same capacity; namely, your officers: Marsha Vieu, Sharon Wasmund, Terri Molnar, Marie Roppel and Nancy Grabowski. Nancy Delp (WOWNancyD@aol.com) will contin-

ue to communicate through e-mails and Barbara Martyn (854-7850) will top the telephone tree. April Pollard once again accepts the director's mantle for the fashion show. Mary Curry and Bea Maxwell will be holding down the 50/50 table, eagerly awaiting your donations.

New members of the board include Kathleen Wilson (861-6720), sunshine; Helen Knecht, historian; Paula Smith, special events; and Andrea Flannery, advisor. Contact Kathleen with information when any member needs a card of some sort.

Missing from the meeting was Bonnie Salo who will spearhead the Operation Shoebox project. The raspberry containers are available all summer long for your donations and a list of reminders is on each cover. Another absentee (with an excellent reason) was Betty Serwecki, the first lady of refreshments. Betty is recovering from a fall.

Thanks to Peggy Lichtefeld who audited the books for treasurer, Marie Roppel. Everything was in apple pie order, as expected. Peggy did a fine job with the accounts and offered some valuable suggestions to streamline the process.

Our plans and program are coming together nicely, thanks to the hard work of first vice president, Marsha Vieu. We won't tip our hand but we believe we have some super ideas and surprises prepared for you!

The summer membership drive is up and running under the auspices of second vice president, Sharon Wasmund. Send your \$8 check (made payable to WOW) to Sharon at 8657-C SW 97th Lane Road, Ocala, FL 34481. All women from every neighborhood are eligible to join and encouraged to participate.

See you on Friday, Sept. 4 at the Arbor Conference Center, Suites E, F, G and H. Our social activity begins about 12:30 p.m.; the business meeting at 1 p.m. Call Nancy Grabowski (873-4315) with any questions.



Community Patrol Ann Berger

Gary Rodoff opened the meeting with the Pledge of Allegiance. Lennie Rodoff then gave the treasurer's report and advised our membership that we had access to a number of bowling pins that could be repainted and sold to raise money for the Marion County Sheriff's Foundation. She also advised that we had someone willing to teach our members how to paint these and asked for volunteers.

Sgt. Grady Grimes addressed our group and spoke about the speeding on SW 90th Street. He also requested that our members continue to patrol the commons area, as this is a deterrent to crime.

Joe Berger was introduced and spoke about his new position with the Sheriff's department. He was selected by Major Blair to supervise the ICE agents assigned to the Cold Case Unit. He spoke about the first homicide case that was solved and indicated that there are several others that are very close to being solved.

Joe introduced Major Chris Blair, who is the Bureau Chief of the Marion County Sheriff's Office Detective Bureau. Joe mentioned that Major Blair is a working leader who works long hours with his people

and leads by example. He stated that Major Blair is an instructor for firearms at Center Florida Community College.

Major Blair distributed a handout to our members, which included the Detective Bureau Organization Chart outlining the command structure, and the assigned units under his command. He explained what types of cases a Major Crime Detective investigates and that the Sheriff's Office has one of the highest clearance rates in the state.

He included bar graphs of the overall case assignments, homicides and robberies. Major Blair stated that the robbery graph showed a rise in robberies during certain months of the year, and that he was creating a special task force to combat robberies and to reduce the overall yearly average for 2009.

He told us about the new DNA Screening Lab that assists in reducing turnaround time on DNA evidence collected from crime scenes, allowing the Detectives to resolve their cases much quicker and remove the bad guys from the streets of Marion County.

He spoke about a new program called NIBIN where the Sheriff's office personnel were trained to fire all firearms that are placed into evidence to collect the casings that will be sent to FDLE Crime Lab in Jacksonville for comparison. This program will reduce turnaround time in getting results on determining if the weapon was involved in a crime.

Major Blair closed his talk with a quote "Life is great, don't let circumstances and society fool you into believing it's not." He then invited members of the Community Patrol to visit the Sheriff's Office for a tour of the facilities.

In September, we will host an ice cream social and a special performance by The New Pretenders. Proceeds from this event will be donated to the Foundation.

As always, our meetings are held on the 4th Monday of the month in ACC suites B and C. Anyone interested in the patrol may call Gary Rodoff at 291-7508 for more information.



Golf Cart Registration Customer Service

8 a.m. to 4 p.m., Mondays through Fridays
Bring your golf cart, resident ID and proof of automobile insurance.



World News Deadline for August issue:

Noon, July 13, 2009



Attention On Top of the World Communities Residents!

We have the opportunity to bring the Smothers Brothers to Circle Square Cultural Center in late '09 or early '10. In order to do so, we need to know if you would support their performance. Because they are a more expensive act, tickets would range in price from \$36 to \$40. Ticket prices cover only the cost of the act.

Respond to ticketsales@culturalcenter.com or drop this form off at the H&R Building or Customer Service.

_____ Yes, I would support this show.

_____ Sorry, I am not able to support this show.

Comment _____

_____ Please contact me should tickets become available.

(This information will not be used for any other purpose).

Name _____

Address _____

Phone _____

E-mail address _____

HAVE A PROJECT IN MIND? WE CAN HELP!



COA Superintendents at exterior of a room addition.

On Top of the World Communities, Inc. is proud to offer remodeling services for our homeowners through our construction company, COA Everywhere, Inc. While remodeling is a new offering to our residents, it is provided at the same level of superb, quality construction and service that you have received in the construction of your home. Remodeling Services by COA . . . provides you with the opportunity to improve or expand your home using a builder you can trust and who will be around for years to come.

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- Room Additions and Remodeling
- A/C Conversion of Covered Lanais

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Contact us today for a free estimate!

236-OTOW (6869) or at remodeling@otowfl.com

For Sale

Air Compressor: Husky model Y1000, hardly used. With attachments, air hose, gauges and owner's manual. Asking \$60. 861-6117

Bike Equipment: Two helmets, \$5 each; tire pump, \$5; car rack to hold 2 bikes, \$15. 854-5885

Birdcage: Large size on separate stand with wheels, in excellent condition. With cover, toys, perches and many extras. \$3 for all. 861-6508 before 6 p.m.

Camera: Nikon N75 - 35mm Single Lens Reflex with 28-90 mm lens, automatic focus. \$100. Call 304-8636.

Chair Lift (battery operated) and wheelchair (electric). 854-9046.

Computer: HP, like new. Monitor, keyboard, mouse and printer. 861-9746 evenings.

Golf Car: New batteries, full curtains, excellent condition. 873-8600

Golf Car: Club Car, 48V, large motor, new batteries, full light package, zipper enclosure, custom seats. 237-9523

Golf Clubs: Ladies Cleveland, like new. Four hybrid and set of irons 4-PW (clones of Cobra) and 5, 7, 9, 11 woods. 237-9795

Golf Shoes: Arnold Palmer, new, in boxes, 3 pair men's 9-1/2, 2 pair white/whiskey, 1 pair black/brown. \$30 each. 873-3347

Misc. Items: Dining room table, 4 chairs, large buffet, \$150; 4 swivel chairs, table, \$250; large dark green sofa, 3 years old, \$300; treadmill, \$100. 873-9024

Misc. Items: Medium oak entertainment center, 2 bookcases 30" x 6", 3 top shelves open, 2 bottom shelves door covered, 4' center section; light oak computer desk; medium blue 60" love seat. 237-5767

Misc. Items: One Kingsley Gold Stamp Machine, extra type and foil; 2 pair clogging shoes, size 7 and 7-1/2; leaf blower. All excellent condition. 237-8864

Misc. Items: Rocker/recliner; queen sofa bed; solid oak coffee table; Broyhill dining table 36" wide, 6 chairs, buffet. All like new. 861-0664

Motor Scooter: Roketa-Bali 2007, 150 series, blue, speed 60 MPH, gets 65 MPG. 1,800 miles, excellent condition. 861-6617 or 209-6440

Patio Table: 48" Martha Stewart, glass top, perfect condition, \$25. 237-6660

Pickleball Paddle: \$25. 854-2245

Recliners: Two large, nicely cushioned, \$100 for both. You haul. 854-5687

Rocking Chairs: Pair of Cracker Barrel porch rockers, natural finish. Asking \$90 pair. 237-4379

Solana Hot Tub for Two: Self contained, automatic with cover. Fill and enjoy! Call 854-1661

Statue of Handmaiden: From Italy, hand-painted, on pedestal. Best offer. 843-7516 or 216-7509

TV: White 12", ideal for kitchen, like new, \$49.99. 237-4270

Window Air Conditioner: 5000 BTU, 1 year old, \$50. Great condition. 237-0589

Services

Alterations by Betty: Alterations by appointment only. 50 years' experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. On Top of the World resident. Call 861-0259.

Alterations, Original Mumus & Custom Home Decor: Pillows - valances - draperies - fabrics, etc. Dix's 854-5572 or 209-1444. On Top of the World resident.

Appliance, A/C & Heat Repairs. Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

Classified Section

DEADLINE: noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing.

SERVICE ADS: Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

PAYMENT: Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

OTHER: Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

Carpet Cleaning: Countryside Chem-Dry, serving On Top of the World residents for nine years. Dry in hours, not days. 10 percent off first-time clients. 307-4100.

Cat and/or House Sitting Services for On Top of the World residents. Dependable, trustworthy and affordable. References provided upon request. Grammy Sharon, 694-4853.

Cat Boarding and Sitting provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

Cat Care: one glance, I'm in love! Residents only. Will love yours like mine. Experienced, reliable & offers peace-of-mind. 291-1862.

Cat sitting, shopping, appointments, etc. Give us a try; we can help. Call Marian or Betty at 873-0853; On Top of the World residents.

C.A.T. Woodworking: Crown molding, chair railing and cabinet drawer slides professionally installed. We build and repair furniture. Free estimates, LLC and insured. Call Tom, 288-6148.

Certified Health Aide: 32 yrs. exp. Will assist with medical needs, shopping, meal prep, etc. Call Henrietta at 304-8802 or (516) 650-8876.

Cleaning by Evelyn Lee: I do windows, deep cleaning, move outs. Licensed and insured. 629-0855.

Clock Repairs: Grandfather, mantel, wall & antique clocks. Call Joe at 854-1099. On Top of the World resident.

Computer Repair: Hardware/software repairs, virus/spyware removal, networking, consulting & training. Call Troy's Computer Clinic at 817-2834.

Dog Walking: experienced, dependable and loving. Will come to you. Call Mallory at 207-8040.

Experienced Licensed Massage Therapist: Swedish, deep tissue and facelift massage. On Top of the World resident. (352) 237-7042.

Flooring: wood, laminate, tile (walls & floors), carpet and vinyl. Lic. & Ins. Call 895-1544 or 625-7549. Visit our website at: someassemblyrequired.name.

G&G Cleaning Services: Housework, light yard work, gutter cleaning, shrubs trimming. Fee based on job size. Call 237-8873.

Hair care in your home: Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

Handy-Helper: Driveways painted, light yard work, wash windows, shampoo carpets; anything you don't like to do. On Top of the World resident. 291-6964.

Handyman: Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

Handyman Services by Oden Inc. Low and fair prices for any type of home repair, remodeling, landscape maintenance, pressure washing and gutter cleaning. Lic & Ins. For free estimates, call: 207-5930.

Healing Springs Massage Therapy: 812-3853. In your home. Deep tissue, Swedish, hot stones. \$50/hour; two 1-hour massages for \$90. Florida Lic. MA 49878. 17 years exp.

World News August issue: July 30

Help-U-Fix-It! We do honey "do's" and odd jobs! Installations, repairs, renovations, maintenance. Keep up your properties. Call (352) 694-3366.

HouseCall Senior Home Care offers hourly services such as housekeeping, laundry, meal preparation, transportation, family respite. Licensed, bonded & insured. (352) 873-0721.

Housecleaning: I have many customers on On Top of the World. References available. Free estimates. Connie 454-8606.

Housekeeping done right. Reasonable rates. References available. Please call 502-3919.

Laminated wood floor installation: Quality work at reasonable rates. Free estimates. I am a resident. Call Bob at 237-7452.

Landscaping: Beautify your yard and home! Trimming, weeding, edging, pressure wash driveways and gutters, wash windows and general maintenance. On Top of the World resident. Steve at 237-5338.

Need Help? Will clean your house like you would. Available for shopping, cooking meals, local errands. Resident with references, call 509-4250.

Notary Services and Signing Agent: Will come to your home. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. On Top of the World resident.

Painting by Ben Travis: \$99 per room special. One coat of any pastel color in any room. \$99 includes Sherwin Williams Best "Duration." Clean, reliable service by Lic. & ins. contractor. 30 yrs. exp. & references list. Free est. 620-5370.

Painting by Frank the Painter: Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years experience and licensed, summer specials. 237-5855

Painting by Johnson's Painting Services: Reliable, 15 years' exp. Lic & Ins. Please call for a fair and reasonable estimate: 207-6620.

Pipe leak damage your home? What next? Call us first; Right Side Claim Advisors 888-779-6895.

Pressure Washing: house or driveways. Call On Top of the World resident, Okey. Free estimate 237-6637.

Pressure Washing: Really hot water! Most driveways, \$50. Call James Marchese, On Top of the World approved service provider. 269-4249.

Red Hat Parties: your place or mine. Have all red hat items. Will furnish door prizes. Call Elaine at 261-0726.

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Transportation: Call Bonnie, On Top of the World resident, to doctors, hospitals, shopping; excluding airports. Dependable, safe driver. 854-7516

Transportation: I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, 861-1163

Window Tinting: auto and residential. Lifetime warranty offered. 17 years experience, licensed & insured. Atlas Tint & Accessories (352) 257-1862.

Wanted

Bowlers for fun, non-sanctioned On Top of the World league. Men, women or complete teams needed. League bowling on Thursdays at 3 p.m. beginning Sept. 10. Call Jim 873-1281 or Joe 854-8960.

Bowlers for On Top of the World's Monday League. Starting Sept. 14, league bowling will be Monday's at 3 p.m. at Galaxy West. Call Chris 873-8187 or Joan 237-1978.

Buying all types of items: Furniture, glassware, jewelry, gold, guns, tools, military items, fishing gear, old trains, sterling silver, automobiles, statues, figurines & golf carts. Call Marty 274-3178.

Gentleman who purchased toaster oven at the fall Rags to Riches sale. Oven has been recalled; please call 873-1775.

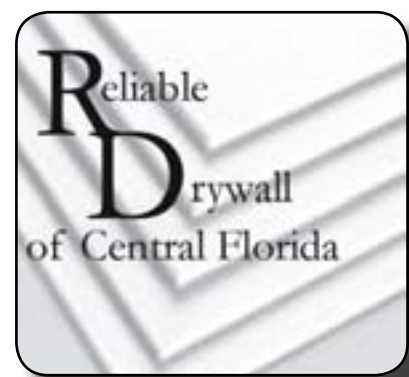
Guns: On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

Pet Sitter: in our home, days/nights. Must love pets, be patient and kind. Close to On Top of the World. 895-2112 or taylortlap-top58@aol.com.

Yarn: To make helmet liners for our servicemen. Also, lap robes for VA hospitals and Hospice. 954-0449

Zippo Lighters: will buy old or new, any condition. On Top of the World resident collector. Charles at 207-9673.

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- Top 5% in America – cardiology services, 2008-2009.
- Top 5% in America – coronary intervention procedures, 2006-2009.
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- Five-Star Rating – cardiology services, 2006-2009.
- Five-Star Rating – coronary intervention procedures, 2004-2009.
- Five-Star Rating – treatment of heart failure, 2004-2009.
- Coronary Intervention Excellence Award™, 2008-2009.



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