

# On Top of the World NEWS

Where the News is Always Good

Free Tax Preparation, Page 3



Vol. 23, No. 8 • February 2010

## Community News & Update

By Kenneth Colen, Publisher

### Master the Possibilities

This will be the busiest month ever for our Master the Possibilities program. Every weekday and several evenings will have a variety of classes and presentations taught by an exceptional faculty. In fact, four visiting scholars from the Northeast will enhance our faculty.

I think it is fair to say that we have outstanding instruction due primarily to outstanding students. You make it clear that quality is paramount and we have been able to provide the best in lifelong learning to you.

Along with an extensive curriculum this month, Presidents' Day has a special event. Actors William and Sue Wells will recreate their first person performance of "The Presidents and their First Ladies." Come and hear from FDR and Eleanor, then Ike and Mamie. These two presentations are well documented, fascinating and have been done in several states and eight Presidential Libraries. You won't want to miss this!

All in all, Master the Possibilities is the best place to be in February. I hope to see you in many classes. This is one of the most unique centers in the country!

### Circle Square Cultural Center

February at Circle Square Cultural Center is going to be a lot of fun with a diverse offering of talent. Check out on Feb. 13, there's the popular Bowzer's Rock 'N Roll Party with Rocky & The Rollers. Be ready to get a good workout of laughter and your favorite oldies with this show as Jon "Bowzer" Bauman, famed member of Sha Na Na, has you rolling in the aisles. All shows start at 7 p.m. with doors opening at 6 p.m. unless otherwise noted.

On Monday, Feb. 15 at 1:30 p.m., Master the Possibilities takes you back in history with "The Presidents and their First Ladies." Then on Feb. 19, The Kingston Trio will be charming you with many of their hits such as "Tom Dooley, MTA and Honey" - remember their clean-cut stage appearance from the old 33 vinyl album covers!

And wrapping up the month is Jim Stafford on Feb. 27 as he performs "Critters & Snakes" and many more. Do you recall his early performances with a little known singer at the time - Dolly Parton? He helped to launch her career in those days. Who knew? He is a talent with many hits and still delights audiences with his music and entertaining personality.

We heard you when you let us know your preferences for shows and, if at all possible (taking into consideration the cost of the act and the possibility of selling tickets), we attempt to secure those acts. Where else could you live and see internationally known talent virtually every month of the year - maybe Branson, Mo.? But it gets really cold there! See you at the show.

### Fiscal 2010 Operating Budget

Not surprisingly, I have received a few letters in advance of the Feb. 11 budget meeting. Most letters share the common theme of maintaining affordability and generally question the need for the proposed increase.

As noted in my letter, the grounds maintenance budget is being held to a very slight increase, despite pressure from higher fuel costs and pressure on wages.

One item I did not discuss in my letter to residents is the impact of the newly adopted Marion County ordinance governing application of nitrogen-based fertilizers. The purpose of this ordinance is to implement changes in residential and commercial landscape practices that will:

1. Reduce potential future pollution going into water bodies;
2. Reduce surface applications that may leach nitrogen and other compounds into the groundwater, thereby polluting the groundwater aquifer.

This ordinance also affects how retail vendors may store their fertilizer for sale to individual homeowners.

There was also discussion of restricting retail sales of high-nitrogen containing fertilizers. The State of Florida is considering companion legislation in the upcoming session. Once the State adopts regulations, the County's ordinance cannot be less stringent than the State's standards. Nothing restricts Marion County from being more stringent.

The short version is that fast release fertilizers will be phased out. Although slow-release fertilizers have been in use in the community for some time, the quantity of nitrogen in the mix and the number of applications will be reduced to two applications instead of three. The management company will monitor problem areas for consideration of additional treatments.

The operational overhead component of the budget is a very low 3.2% of the total budget. Operational overhead is that

► Continued on Page 6



Photo by Bob Woods

The Model Railroad Club train layout at "night."

## Model Railroad Open House

By BOB WOODS  
WORLD NEWS WRITER

On Dec. 24, the Model Railroad Club held an open house showing off their model train layouts in the Health & Recreation Building.

Five members of the club were on hand to answer questions and run the trains around the tracks. Many of those attending the event experienced fond memories from their youth. As a child, many of us dreamed of becoming train engineers or conductors. This was a fun way to relive those dreams!

The club has two layouts: one large "HO" scale and one "N" scale. Members of the club constructed the tables, mountains, sky scenes, painted, constructed houses, town buildings and stores along with manufacturing buildings with many of them lighted. Many club members have become electricians, painters and carpenters, and you name it among other titles before becoming the actual hobby enthusiast.

The "HO" layout is the larger of the two and the constructed town even has streetlights. I had the opportunity to turn off the lights in the room with the train layouts lights turned on. Lights were lit throughout the layout. What a beautiful sight!



Photo by Bob Woods

Getting a closer look at the model railroad layout is Charlotte and Hubert Rother as they attended the open house.

Want to play train engineer or be a railroad worker? Model trains are a hobby that can entertain you at any time of the day regardless of weather conditions. If you are interested in pursuing this hobby, the club is always looking for new mem-

bers. The club meets the first Wednesday of the month at 9 a.m. in Card Room #3.

If you have any questions concerning the club or would like to see the club's layout, please call Gerry Talavera at 873-0708.



## Hoofin' It For Hospice

By RUTH GOLDSTINE

The 10th Annual Hoofin' It for Hospice will take place on Saturday, Feb. 27 at the Health & Recreation Building from 8 to 9 a.m.

On Top of the World residents are invited to join us for an easy two-mile walk, starting at the Health & Recreation Building and going through Williamsburg.

Entry forms are available at Health & Recreation Building, Arbor Club, Indigo East and Candler Hills Community Centers. A minimum donation of \$1 per person is requested.

For more information, please call Ruth Goldstine at 854-1128 or Margaret Orlando at 854-7306.

**Saturday, Feb. 27**  
**Health & Recreation Building**  
**8 to 9 a.m.**

## HOME IMPROVEMENT EXPO

By ROBERT COLEN

On Saturday, March 13 from 9 a.m. to 1 p.m., come meet over 60 contractors, vendors and home improvement specialists at the Circle Square Cultural Center. The event will feature vendors from nearly every field of interest in the home improvement industry, including remodeling, windows, flooring, home security, insurance, plumbing, home entertainment, solar power, brick pavers, landscaping, lighting, electrical and much more!

This past July, On Top of the World Communities sponsored its first Home Improvement Expo at the Health & Recreation Ballroom. We invited only 30 contractors and vendors that we believe

maintained excellent reputations inside the community. The event was a tremendous success, filled with energy and vivacity. Homeowners had the opportunity to meet and learn from specialists from

a wide variety of home improvement businesses. The Expo was a "win, win" for both customers and vendors and provided a real boost for our local economy. At the same time, On Top of the World residents met with reliable vendors to explore their needs for home improvement.

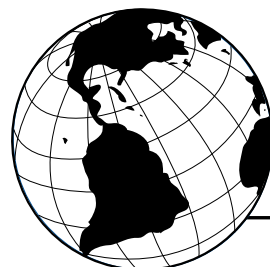
We expect to have the same enthusiasm and excitement at this year's show and we hope to see you there.

The Home Improvement Expo on March 13 will take place at the Circle Square Cultural Center, located 8395 S.W. 80th Street.

Vendors are invited by a selection committee based on reputation and reliability. The event will be open to the general public, including On Top of the World residents, neighboring communities and local businesses.

**Saturday, March 13**  
**Circle Square Cultural Center**  
**9 a.m. to 1 p.m.**





## On Top of the World NEWS

Where the News is Always Good

The *World News* is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The *World News* strives to publish only "good, informative news."

(352) 854-0248 • Fax (352) 237-5224

The World News, On Top of the World Communities, Inc.  
9850 SW 84th Ct., Suite 300, Ocala, FL 34481

**Publisher:** Ken Colen

**Editor:** Petra Schmidt

### Production Staff:

#### Photographer

Bob Woods  
Ray Cech

#### Distribution

Ray Utiss

#### Proofreaders

Margaret Adams  
Gitte Agarwal  
Margitta Claterbos  
Barbara Greenwood  
Lennie Rodoff  
Jerry Thompson

#### Typists

Linda Radcliff  
Sherry Surdam

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Download a PDF of the World News at [www.OnTopoftheWorld.com/newspaper](http://www.OnTopoftheWorld.com/newspaper)



### Is It Legal? Gerald Colen

Here is my 2010 lecture schedule:

- Feb. 2: Abraham Lincoln—Part One

- Feb. 9: Abraham Lincoln—Part Two
- Feb. 16: Annuities and You—the Whole Story
- March 2, Gunfighters of the Wild West—Part One
- March 9: Gunfighters of the Wild West—Part Two
- March 16: Scams and Senior Citizens

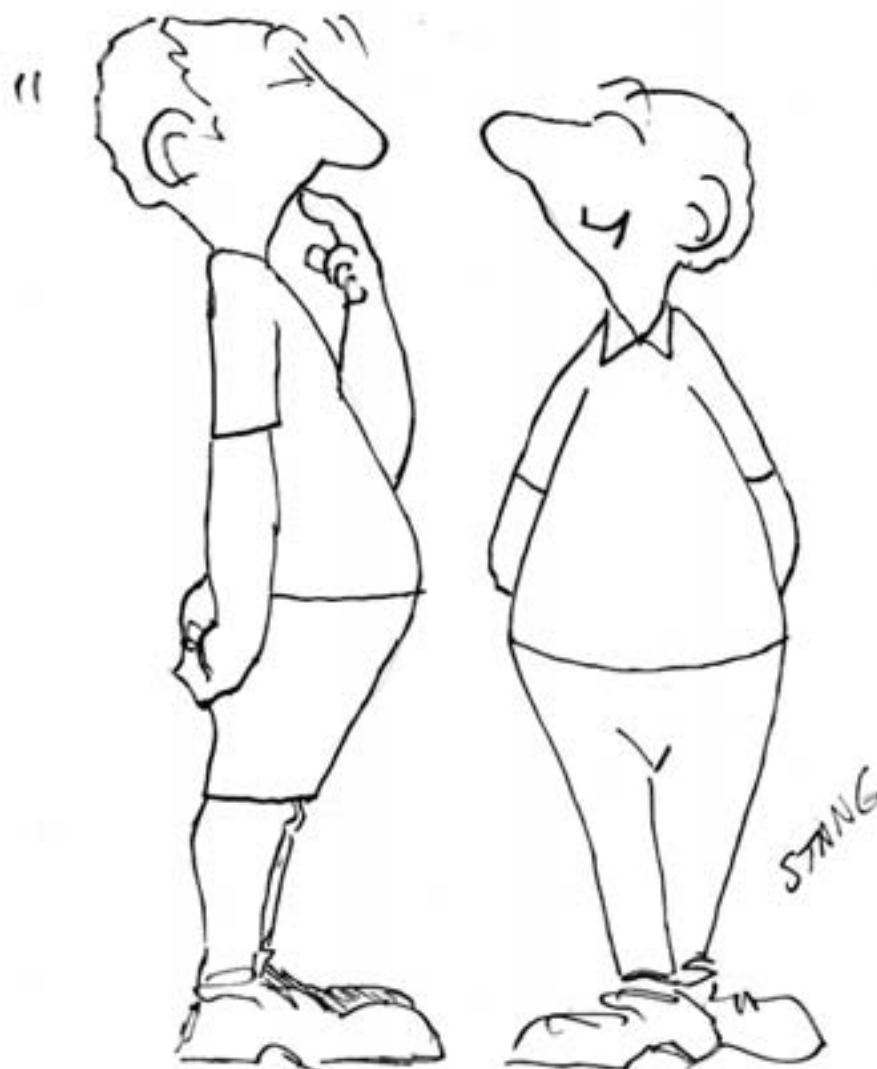
What I am trying to accomplish is to lecture on two separate series: one is my legal series and the other is my history series. All lectures will be in the Circle Square Cultural Center. Please sign up through Master the Possibilities.

**Q.** How does the homebuyer's credit work?

**A.** There are, basically, two types of credits. There's a first time homebuyer's credit and it is a credit off your income tax of up to 10% of the purchase price of the home but not to exceed \$8,000. Examples: Home purchase price is \$70,000; you get a \$7,000 credit. Home purchase

### Golden Oldies Humor

By Stan Goldstein



I almost had a psychic lady friend  
but she left me before we met.

price is \$80,000 or more but not exceeding \$800,000, you get an \$8,000 credit.

Then, there's a repeat homebuyer's credit. If you have owned a home as your residence for five consecutive years out of the last eight years, you can get a credit off your income tax of 10% of the purchase price of the new home but not to exceed \$6,500. There are income limits: \$125,000 for a single person and up to \$225,000 for a married couple. You have to close on the sale by June 30, 2010.

There are reduced credits for persons above those amounts. A credit is a dollar for dollar reduction of your income tax liability. So, if you owe, say \$10,000 in tax and you are entitled to the repeat homebuyer's credit of \$6,500, then you would only owe \$3,500. The credit can be taken on your 2009 or your 2010 I.R.S. return.

Also, if you don't pay income tax or if your income tax is less than the credit, you will get a check back from the I.R.S. You have to file a specific I.R.S. form (Form 5405) and must submit your closing statement (HUD-1) with the form and you do this at the time you file your income tax return. If you live in the home as your residence for at least three years from the date of the closing, you do not have to pay back the credit. If you live in it for less than three years, you may have to repay it. So, keep that in mind.

The credit does not apply to investment properties. There are several other issues and restrictions involved but what I've just given you is what I consider to be

the "guts" of credit.

**Q.** I was at a seminar where the financial advisor said that annuities do not have income tax liability so that if I buy one I won't have any income tax to pay. So he said I could buy one and if I never used it, there would be no income tax obligation. What do you have to say to that?

**A.** If you buy an annuity, every bit of value in the annuity that is over and above what you actually paid when you purchased it, is income and is taxable as such by the I.R.S. The payment of income tax on that income is deferred for so long as you—the person who bought the annuity—do not withdraw any income.

Please note that I said that income was deferred, not forgiven and certainly not forgotten by the I.R.S. If you withdraw money from the annuity, then you will owe income tax on that portion of what you withdraw which is interest—that is, which is not part of the original principal you put in at the time you purchased the annuity. (You will get a 1099 at the end of the year that breaks down what you withdrew into principal and into interest income.)

*Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Elder Law section of the Florida Bar Association. He concentrates his practice of law in the areas of real estate, elder law, wills, trusts, probate, business law and estate planning. This column is not intended to provide legal advice for any specific question. You should always consult your own attorney for such advice. Mr. Colen is available for conferences at his law office at 7243 Bryan Dairy Road, Largo, Florida 33777; Ph. (727) 545-8114 or at On Top of the World in Clearwater, Fla. In Ocala, Fla., Mr. Colen is available, by appointment, for legal conferences at the On Top of the World sales office annex, which is near Yalaha Delights. He responds to e-mail at [gcolen@tampabay.rr.com](mailto:gcolen@tampabay.rr.com) or through his website: [www.gcolen.com](http://www.gcolen.com).*



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### Shutterbugs Photography

Marilynn Cronin

It's that time of year again! Sign-up now and join the ShutterBugs — lots of classes and fun times ahead for an annual fee of only \$12.

The 2010 board of directors has been elected to serve January through December. They are Gary Uhley, president; Charlie Smith, first vice president; John Ware, second vice president; Mike Gattozzi, treasurer; and yours truly as secretary.

Displays at Master the Possibilities will be by Herman Houchins in February and Joan Gattozzi in March. Our director of displays, Norbert Sachs, and his sidekick, Charlie Smith, have set up a new display at Freedom Library.

After asking our members for their input, each first Tuesday, we will have photography classes - basic and beyond. In February, Ray Cech will instruct on Com-

position of Photos—rule of thirds, background, etc.

Charlie Smith led our field trip last month to Dudley Farm, an 1840s homestead where we experienced life as it was in the mid-1800s before electricity or powered farm equipment for their daily chores.

Daisy Rowell will lead us on February's field trip to the Florida State Fair in Tampa.

Webmaster, Tom Frostig, continues to update our website. Tom will continue teaching Photoshop Elements on the third Tuesday.

A few photography goals for 2010:

- Don't leave your camera home - you never know when photo ops will present themselves;
- Shoot a photo a day - you never know what only one will turn into;
- Capture memories (simple outings with friends' smiles);
- Compete (judges feedback can be very helpful);
- Challenge yourself with flash lighting;
- Join a photo club (camaraderie between photo buddies is a treasure worth investing in).

ShutterBugs, On Top of the World's Photography Club, stresses education, sharing and fun! The ShutterBugs meet the first three Tuesdays of the month at 3 p.m. in the Arbor Conference Center, Suites B and C. All residents at all skill levels are welcome to join.

For more information about the ShutterBugs, visit our website at [www.otowspc.com](http://www.otowspc.com) or contact Gary Uhley at 854-8536 or [bugs@otowspc.com](mailto:bugs@otowspc.com).



Photo by Rick Nelson

### People's Choice Award – The Mask

## United Way Offers Free Tax Preparation

United Way of Marion County is offering free income tax preparation through a variety of VITA (Volunteer Income Tax Assistance) locations. Marion County residents are encouraged to get 100 percent of their return back. Please call 732-9696 to make an appointment. The Internal Revenue Service trains all volunteers providing tax assistance.

Residents will need to bring the following information with them:

- Last year's Federal Income Tax Return (2008 income tax return)
- Social Security cards for all taxpayers and dependents
- Correct birthdates for all names that appear on the return
- All "important tax documents" (W-2s, 1099s, 1098 for mortgage interest, property taxes)
- Picture ID including spouse's, if married and filing joint returns

- For education credits, bring 1098T or 1098E and the amount paid for qualified expenses
- For dependent care credit, child care provider's name, address, SSN/EIN and amount you paid
- Voided check and saving account number for direct deposit of your refund (this is optional, but gets your cash to you fast.)

If married and filing a joint return, both spouses must come to the VITA site. Volunteers will not prepare Schedule C, Schedule D (complex), Schedule E, request for Social Security Numbers, Employee Business Expenses, Moving Expenses, Nondeductible IRA, or Minor Investment Income.

For more information, contact Faith Beard at 732-9696 ext. 200 for locations and to make an appointment.



Photo by Norbert Sachs

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**All Around Our World**  
Lynette Vermillion

February is a busy month. We celebrate Valentine's Day, Groundhog Day, President's Day and Black History Month. And for you football and NASCAR fans, Super Bowl XLIV and the 52nd running of the Daytona 500 will also occur this month. After all the record cold we experienced in January, I am hoping that the groundhog does not see his shadow to extend winter. And, who said it does not snow in Florida?

**Modification Fees**

The intent of the Architectural Review

**CIRCLE SQUARE Commons**

Join our Email list! Receive information about Circle Square Commons including the Farmer's Market, special events, entertainment, The Ranch Fitness Center & Spa, Circle Square Cultural Center, Master the Possibilities, Mr. B's Ice Cream Shop, Yalaha Delights and more!  
Sign up at: [CircleSquareCommons.com](http://CircleSquareCommons.com)

Board (ARB) is to promote and assure that all improvements are aesthetically compatible with each other; promote simple elegance in architectural character; and that dwellings are constructed to reflect the quality and permanence of a premiere residential community. In that regard, the ARB is responsible for ensuring certain improvements are done in accordance with the approved Application for Modification.

The following list of improvements will be inspected upon their completion by ARB representatives at the fee listed:

- Minor Review Inspections (\$35 fee applies)
  - Hurricane shutters
  - Fences
  - Walls
  - Chimneys
  - Appurtenances: solar panels
  - Accessory uses: screen enclosures, porch extensions, and garden buildings
  - Antennas: satellite dishes and antennas
  - Landscape: changes to original landscape design
- Major Review Inspections (\$150 fee applies)
  - Swimming pools (includes screened enclosure)
  - Wading pools

**On Top of the World (Central) Owners Meeting**

The On Top of the World (Central) Owners Association, Inc. reconvened its Dec. 16, 2009 meeting on Jan. 11, where enough proxies had been collected in order to amend the governing documents to:

- Ensure a +55 and older community by strengthening governing documents on age restriction.
- Update governing documents in compliance with Florida Statutes.
- Change member vote to 50% plus one.
- Expand board of directors to seven members.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

**Guest Passes**

We have had a number of residents ask about guest passes. You may drop by Customer Service for a guest pass for use by a guest visiting overnight within the community. We do not issue guest passes for visitors who are not residing within the community. They may enter the community by being logged in at the gate or after 6 p.m., by your calling the gate to announce them.

**Street Light Outages**

If a streetlight is out in your neighborhood, please call Progress Energy's Outage Line at 1-800-228-8485 and report it. You will need the pole number (e.g. B100540) and the nearest address to the light. If you live in Indigo East, you will need to report the outage to SECO Energy. Their outage line is 1-800-732-6141.

**Exiting the Community**

As cars are leaving the main gate, please use care when yielding to golf carts attempting to cross the boulevard.

Please keep in mind that there are two lanes of traffic, and if you are in the right lane, the car exiting the community in the left lane may not be able to see the cart and therefore may not know to yield. Cart drivers should come to a complete stop, let all traffic clear the intersection and then cross.

**After Hour Emergency**

Remember if you have an after hour emergency, call 236-OTOW (6869) and not the gate. This number is answered by a trained representative to better direct your call.

**Safeguard Your Property**

It is always a good idea to lock your car when valuables are left inside and especially overnight. I know it is easy to leave the car unlocked to run a quick errand; however, it only takes a moment for someone to grab what is in plain view. And, I always lock my car when pumping gas most especially if I leave my wallet inside. It is so easy for someone to sneak up on the passenger side, slip the door open, grab and go. It may take a moment longer to lock it, but it may be worth it.

**Golf Cart Lanes**

These lanes are multi-purpose. We encourage all users to be considerate of others and remind all that the rules of the road apply.

ers and remind all that the rules of the road apply.

**Speeding**

Please obey the speed limit signs posted throughout the community. We want all of our residents to be safety minded when out and about. The Marion County Sheriff's office regularly patrols our community and has issued a number of tickets to residents and employees. Please make sure whether in your car, golf cart or bicycle that you are observing rules of the road of the Florida Handbook.

**Rules Reminder**

We have had an increase in complaints regarding underage children, single-family use and pets. As a reminder, below, you will find excerpts from rules and regulations regarding these three areas. You may find a complete copy of the First or Second Amended and Restated Rules and Regulations of your community on the web at [www.ontopoftheworldinfo.com](http://www.ontopoftheworldinfo.com).

**55 AND OLDER COMMUNITY:** No child under the age of seventeen (17) years shall be allowed to reside in any Residential Unit in the Community. An Owner who owns and occupies his or her own Residential Unit may permit one (1) minor only to reside in the Residential Unit with him or her, but only if the minor is at least seventeen (17) years of age and a member of that Owner's family...

**SINGLE FAMILY RESIDENTIAL USE:** Each Residential Unit shall be used for the purpose of single-family residence only, and for no other purpose whatsoever.

**PETS:** While outside residential units, all animals must be kept on a leash or other restraint and must be accompanied at all times by the owner or custodian. Animal feces must be picked up immediately and disposed of properly by the owner or custodian of the animal. It is the responsibility of the owner or custodian to pick up immediately no matter the location—your own lawn, the neighbor's lawn, the common area or a vacant lot. If feces are left, it makes for very unpleasant conditions for other residents and the maintenance crews.

*Sunday Brunch*

Candler Hills, Restaurant

8:00 A.M. TO 1:00 P.M.

*Menu*

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<b>Monday*</b> Americana Village Friendship Village Friendship Park	<b>Thursday</b> Avalon Providence 1 & 2 Williamsburg
<b>Wednesday</b> Friendship Colony Candler Hills** Indigo East**	<b>Friday</b> Crescent Ridge 1 & 2 Renaissance Park Windsor

\* Due to volumes, pick-up may extend into Tuesday      \*\* Begins at 7:30 a.m.

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**Keeping It Green**  
Phillip B. Hisey

Did you remember to cut back on the frequency of watering the landscape with the onset of the cooler winter weather? Even though current restrictions allow once per week watering, depending upon the community you live in, your grass and plants may not need to be watered as frequently.

Many factors should be taken into account before reducing the run times. How long have you lived at the location? Is it a new home or has it been there for longer than one year? If your landscape is older than one year, reducing run times gradually in small increments is the best way to reduce run times. Small increments will keep you from creating a severe problem if you don't add enough water. If you do too much at once, waiting on the next run day could cost you your landscape.

Research conducted by the University of Florida indicates that during the short-

er, cooler days of winter, grass and plants are growing slowly or not at all. During this time, their need for water is greatly reduced from the long, hot days of summer. Many people never change their automatic sprinkler system to compensate for this change in water needs, and water is needlessly wasted.

Established landscape plants and grass can easily go up to two weeks without rain or supplemental watering during winter. In fact, an irrigation system automatically running weekly and additional water provided by rain may actually result in excess soil moisture in the winter, leading to poor health from rotted root systems, and other problems like fungus.

Speaking of fungus, be ready this spring for fungus to be an issue. We saw a flare up just before the cold weather came on and springtime will surely provide the adequate climatic conditions to give us a fungus problem.

The best time to prune the Crape Myrtle is late winter-early spring. This provides the new growth required for summer bloom. The plant is also dormant at this time making it easier to shape. There are many studies to suggest the proper pruning method for Crape Myrtles but the studies do not show conclusive evidence that one way is better or worse than the other. The method I propose for residents to follow is the "pencil pruning" Method. Basically, you remove all branches smaller than a pencil.

Don't forget to cover up your backflow preventers on the irrigation system when freezing temperatures are in the forecast. Using a heavy blanket should be sufficient but if you want, On Top of the World sells a back flow preventer cover at Customer Service. This bag runs about \$60 plus tax and would be a great investment for your irrigation system. Happy Valentine's Day!



**Socrates Café**  
Allie Gore

So, the first question you are probably asking is, "What is Socrates Café?" A good question!

First, we all know Socrates the philosopher. Second, let's define "philosophy." According to the American Heritage Dictionary, philosophy is the "love and pursuit of wisdom by intellectual means and moral self-discipline." Café indicates a coffeehouse atmosphere. Hence "Socrates Café."

Are you interested in sharing and discussing your views in a respectful, supportive environment? Do you have questions about life, ethical living, how and why we are here, or society in general? Socrates Café participants gather with others who wish to have open, honest, respectful, discussions. No preaching, no arguing, no trying to convince others that one belief is right. This is Socrates Café.

Participants from all walks of life, all nationalities, all political views, both genders are welcome. The goal is to learn how to think, not what to think. For meeting details, please contact Ruth at cohere51351@mypacks.net.

**Hospitality**  
Linda Tiffany

**The Pub**

The Pub hours are: Monday, Tuesday, Thursday, Friday and Saturday 8 a.m. to 3 p.m., and Wednesday 8 a.m. to 6 p.m. The Pub is closed on Sunday.

Check out the specials posted daily, and look for some new and exciting features. Every Wednesday and Friday, we continue to offer the following favorites:

Wednesday - Open-faced Prime Rib served with an onion tower - \$8.95.

Friday - Fried Whitefish Filet on a hoagie roll with lettuce, tomatoes, French fries and coleslaw or Fish & Shrimp Basket - \$8.95.

Be sure to warm up with one of Chef Greg's hearty soups. Every Friday he features either New England or Manhattan clam chowder, and there are special soups daily.

**Candler Hills Restaurant**

Join in the fun on Valentine's Day when we will feature live entertainment with Fred Campbell between noon and 3 p.m. during our special brunch. Enjoy a mimosa or bloody mary for \$2.50 each.

Brunch will include: hand carved roast beef, omelets made to order, Norwegian Salmon with cream cheese, capers, onions and chives, homemade pastries and assorted desserts, bacon and sausage, breakfast potatoes, asparagus with hollandaise sauce, scrambled eggs and fresh fruit. Brunch will be served from 11 a.m. to 4 p.m. for \$12.95 per person, plus tax and gratuity. Reservations are recommended, call 861-9712.

Don't forget our Tapas menu offering small portions at a great price, served every day. Enjoy signature Martinis from "around the world" as a tribute to On Top of the World neighborhoods with a variety to fit every taste. Come in and try the Candler Cosmo, an exciting blend of premium vodka, Gran Marnier, and a splash of cranberry with a twist of lime. Tapas are served from 4 to 6 p.m. daily and Fridays and Saturdays from 4 to 8 p.m. Martinis are always available.

Candler Hills Restaurant hours are: Sunday - 8 a.m. to 5 p.m., Monday through Thursday - 11 a.m. to 6 p.m., Friday & Saturday - 11 a.m. to 8 p.m. Brunch is served every Sunday from 8 a.m. to 1 p.m. featuring fresh fruit, scrambled eggs, bacon, home fries, assorted Danish and bagels, coffee, juice and made to order omelets and eggs - \$7.95.

Early bird dinner specials can be found in a display ad in this issue of the World News.

Self-serve coffee and doughnuts are available for golfers at 8 a.m., Monday through Saturday.

The Prime Rib special every Friday and Saturday includes baked potato, vegetables, salad, rolls and butter for \$12.95 and is served from 4 to 8 p.m. Fish Fridays will feature the fresh catch of the day from 4 to 8 p.m. Price and feature will vary.

The Pub and Candler Hills Restaurant offer a dessert shooters menu with six varieties to choose from. Residents and guests can now enjoy espresso mocha crème brûlée, key lime pie, NY cheesecake and other exciting flavors for \$2 a shot or \$10 for all six served in mini martini glasses in Candler Hills Restaurant, and small plastic cups in The Pub, so they are portable.



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## Community News & Update

By Kenneth Colen, Publisher

➔ Continued from Page 1

portion of any business operation necessary to keep the doors open (so to speak). Compared to other homeowner associations operating in Florida, this is remarkably low.

### Winter Weather and Shrubbery

December was wet and dreary, but not so much that my peach tree set flowers had actually started to fruit. Need I point out that January was one of those rip-roaring cold winter months that we see every 20 years or so. It's all part of the cycle of weather. At least the cold knocks down the pest populations.

So, what to do about shocked and droopy plants in your landscape beds? The original plantings installed in your neighborhood at the time of construction were selected for their cold and drought hardiness. Sudden and severe cold weather may cause some plants to brown and leaves to curl.

Do not rip out plants affected by the cold. They will surprise you with their recovery. Neither should they be pruned back until mid-April. There may be several more periods of cold and possible frost.

Pruning at this point will spur plant growth that is vulnerable to the cold.

Rather, wait until mid-April to consider any pruning of owner added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter so be forewarned.

### Safety Tip

If you are using a space heater, make sure it is well away from any combustible object. Avoid overloading an electrical outlet with appliances, extension cords and especially a space heater. Overloading any electrical outlet can be a sure prescription for a fire.

February is a good time to clean out your dryer vent pipe. Lint can become clogged in the vent pipe, reducing dryer efficiency (so that's why it takes an hour to dry a 20 minute load!). Even more to the point, collected lint can become a fire hazard!

Cleaning is not complicated. Moving the dryer may be the hardest part. Disconnect the vent hose from the dryer and the wall vent. Use a vacuum cleaner to suction the vent hose, or you may choose to replace it entirely. Use the vacuum to suction the wall vent as well. If you've never done this before, the vent pipe may need a top down cleaning.



Photo by John Ware

### Arbor Club New Year's Eve Party.



### Recreation News

Theresa Fields

We are starting this year with record-breaking temperatures; it's hard to believe we had snow in Ocala. I know most folks agree with me in that we are hoping the cold days are a thing of the past and we are looking forward to warmer temperatures.

Danny and Johnny provided non-stop entertainment at the New Year's Eve party at the Arbor Club. Elvis, dressed in his leathers, made an appearance singing several songs from his 68 Special. Father Time showed up about 11:45 p.m. to end 2009 and the New Year's baby arrived at midnight to ring in 2010. Everyone brought in the New Year with a balloon drop and a champagne toast.

### Telephone Directory

On Top of the World Telephone Directory will be available on Monday, Feb. 1. You may pick up your copy at the Health & Recreation information desk Monday through Friday from 8 a.m. to 4 p.m.

### Seminar

An Identity Theft Seminar will be held on Thursday, Feb. 11, at the Arbor Conference Center, Suites B and C, at 9 a.m. Deborah Drake will be speaking on some of the facts and trends, such as Internet Fraud Schemes, Account Takeover, Debit

Card Fraud and more. To register, please contact the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m. at 854-8707 ext. 10 or 14.

### H1N1 Vaccine

Many of you inquired about the H1N1 vaccine during our Flu Shot Clinics and we are happy to announce that we will be having an H1N1 Vaccine Clinic on Tuesday, Feb. 16, at the Arbor Conference Center, Suites E and F from 8 a.m. to 1 p.m. Medicare Part B is accepted along with several other healthcare insurances. For more information on the insurance or to register, please contact the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m. at 854-8707 ext. 10 or 14.

### Upcoming Events

February is the month for sweethearts and with this said we have scheduled a Sweetheart Black Tie Ball to be held on Saturday, Feb. 20 in the Health & Recreation Ballroom at 5:30 p.m. Entertainment will be provided by Paul De Ritter Quintet; this group is featured annually at the Elicottville Jazz Festival in New York and we are honored to have them play at this special event.

Formal dress attire is required. Please note that men's dress code should include a jacket and tie; a tuxedo is not required.

We will be serving a four course meal. To start, crab Boursin with Lavosh will be served followed by a tossed salad with balsamic vinaigrette, rolls and butter. The entrée for the evening will be a steak Diane with parsley potatoes and chateau vegetables concluded with a black and white mousse. You may purchase your tickets at the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m.

Reconnect with Girl Scouting on Tuesday, Feb. 23 at the Arbor Club Ballroom from 2 to 4 p.m. Join Girl Scouts of West Central Florida for afternoon tea and learn about the Alumnae Association.

As Girl Scout alumnae, you know firsthand how influential the program can be in a girl's life. You can stay connected through Girl Scouts of West Central Florida. Bring your Girl Scout photos or mementos to share at this special event. Please RSVP at Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m.

On Thursday, Feb. 25, from 4 to 6 p.m. at the Arbor Club Ballroom, enjoy an evening with friends and be entertained by singer and comedian, George Locke. His road show consists of country gold, such as Willie Nelson, Hank Williams and more along with his stand-up comedy. We will have a cash bar and light hors d'oeuvres.

On Thursday, Feb. 18, we will have our monthly Seminole casino trip. If you would like to attend this event, the cost for the trip is \$20 per person and you will receive \$25 in free play, a \$5 lunch voucher and the bus transportation.

By popular request, we have added the Breakfast Seminole casino trip for the month of March. This trip is \$20 per person; you will receive the breakfast package, \$20 in free play and bus transportation. To register for these trips, please contact Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m.

Please note that seats are assigned on the bus when the trip is paid in full and no refunds seven days prior to the trip.

On Saturday, March 13, from 9 a.m. to 1 p.m., we will have our second annual Home Improvement Expo at the Circle Square Cultural Center. Come meet over 60 vendors and home improvement specialists to help with all your modification needs. We have invited vendors based on their reputation and reliability. For more information, please contact the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m. at 854-8707 ext. 10 or 14.

### Dinner Bus Run

The On Top of the World Community Dinner Bus Run will be Tuesday, Feb. 16 to Gators Dockside. Please register at the Health & Recreation office Monday through Friday from 8 a.m. to 4 p.m. at 854-8707 ext. 10 or 14.

### Happy Hour

- Feb. 5: Barry & Nancy
- Feb. 12: Automatic
- Feb. 19: Karen Hall (Mardi Gras)
- Feb. 25: Sounds of Time

### Special Thanks

We would like to say a special thanks to Mr. and Mrs. Hank Claterbos for the donation of the 37-inch TV and CD/DVD player that will be placed at the Arbor Conference Center Suites for the residents' use during club functions.

### Posters and Cable Slides

All requests for posters and cable slides need to be turned into the Health & Recreation office at least one month prior to the information appearing on the community TV or posters. Please adhere to this time line, as this could result in the request not being approved.

Have a safe and warm month in February and remember someone special on Feb. 14.

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### Candler Connection

Don Grosner

The Candler Connection board is seeking volunteers for a number of committee openings in 2010. The social committee is seeking people to help with the planning and implementation of events. The communications committee is seeking people to be trained as facilitators at newbie sessions. Help with the website updating and maintenance is also being sought.

Paula and Dave Shira shared their experiences at the first Candler Hills speaker series event on Jan. 26. They gave a first hand account of their efforts to select, install and operate a solar energy project aimed at a net-zero energy bill. Good luck to them with their next project, "capturing the rain." Thank you and great job!

In an effort to condense the monthly newsletter to a more manageable size, the Candler Connection has instituted a "happenings" format for monthly consumption and a more ambitious standard format to be published quarterly. All information on the website will continue to be updated and available.

The next monthly potluck dinner will take place on Monday, Feb. 22 at the Candler Hills Community Center at 5:45 p.m. Please check the Candler Connection website for your culinary contribution which is also posted on the bulletin board in the Candler Hills Community Center. You must RSVP and for further information, contact Bev at 854-9416.

"What's Cooking in Candler Hills," our neighborhood cookbook, is on sale: single copies are \$8, two are \$15 and three are \$18. These are great "all purpose" gifts. Delivery can be arranged, please call Diane at 873-3869 or contact any Candler Connection board member.

The Candler Hills Excursion Club will hold a gathering at the Candler Hills Community Center on Tuesday, Feb. 2 at 7:15 p.m. The agenda is to promote excursions in a group setting. All Candler Hills residents are welcome.

The Candler Connection is planning a spring event with an Italian theme; stay tuned for further details.

This column about life in Candler Hills would not be complete without some comment on the early January weather. Suffice it to say that several brass monkeys have been sighted; they appear to be looking for something. Draw your own conclusion.

Are you new to Candler Hills? Please call John Podkomorski at 875-9890 to update our neighborhood directories and learn about our New Neighbor Welcome events on the third Tuesday of each month, at 3 p.m. at the Candler Hills Community Center.

For residents of Candler Hills, or if you'd like to see what our neighborhood experience is all about, you can find more information at the Candler Connection website at [www.candlerconnection.org](http://www.candlerconnection.org).



### Winds of Windsor

Joyce Wood

As I write this on the last day of 2009, I reflect on the many changes that have taken place up to this last day of this decade. It's time for New Year resolutions, celebrations and new discoveries.

Although you are reading this at the end of January, I want to highlight some of the activities Windsorites participated in during December.

We saw the beginning of a tradition of luminaries, which was enjoyed by all. There were several gathering of neighbors at individual homes to share the holiday time. Some also volunteered their time to collect food and shoes for those less fortunate. A large contingent of neighbors went to Orlando with the Travel Toppers and enjoyed The Singing Christmas Trees. Some went to hear the Master Choir perform; others checked out the small town atmosphere of nearby communities, some watched sports on TV and others were busy baking. Some of us went north to be with family, some went on cruises and some enjoyed visits from family and friends.

Windsor now has 32 homes. Two more homes were occupied recently with residents from Maryland and Indiana.

As the New Year begins, the Windsor book group called Glow Worms will be reading some intriguing books. An interest in learning Mah Jongg has prompted two residents to provide lessons. What a great idea.

Looking to the future, I see more friendships developing, more residents becoming conscious of what they eat and more of them out walking. Many will sign up for classes at Master the Possibilities, become a volunteer for a worthy cause and support our community at large. It's a great group in many respects.

I am very thankful to everyone in our community who has contributed to the articles for Winds of Windsor. The diversity of our neighborhood is our strength.

On behalf of all of us living in Windsor, we send good wishes to all in On Top of the World for a healthy 2010 and a happy Valentine's Day.

### Providence II

Tekla Krause

Our activities are for all residents of Providence II. Look for e-mails for more detailed information.

The steering committee planned a game night in January and a ladies lunch to Red's. Some men have shown interest in our lunches, so we are having a lunch on Tuesday, Feb. 16 at Ipanema's, which will include them. To sign up, contact Tekla Krause at 671-1929 or Jimmi Bartalone.

We have no dues. A steering committee makes our plans. Everyone is welcome. Won't you join us?



### Avalon Social Group

Lorraine Rourke

Our next potluck is scheduled for Feb. 1. This will be our Valentine's Day event. Come dressed in red and bring a dish to share (appetizer, soup, salad, vegetable, casserole, meat, fruit [no desserts], a non-alcoholic beverage and serving utensil. Set-up is 5 p.m.; start is 5:30 p.m. at the Arbor Club Ballroom. We will start eating around 5:45 p.m.

We will have a 50/50 raffle to raise funds for 2010 events. Folks from other areas are welcome - just be sure to bring a dish to share that can serve 10-12. We'll have a little something planned that will be fun, but it will be a surprise.

On March 1, we will hold our outdoor event, weather permitting. It will be held outside in the cul-de-sac on S.W. 99 Court Road (end closest to the Arbor Club). If the weather is bad, we will relocate to the Arbor Club Ballroom.

This will be a finger food gathering. Please bring your own chair. I'll be checking with folks who have folding tables to see if we can borrow them for the food line. Bring your dancing shoes in case we get set up for some line dancing.

We do need volunteers for set-up, take down, clean up, helping with nametags, and assigning food to two different food lines. It's also a great way to meet your neighbors and visit. If you have any questions or ideas, call Lorraine at 390-2120.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

### American Jewish Club

Norma Seidman

On Feb. 21, our world famous lox and bagel luncheon will be held at the Arbor Club at 12:30 p.m. Be sure to bring your appetites, and enjoy. This luncheon is for paid up members only.

We will be hearing from Pat Gabriel of the SR 200 Coalition at our March 21 meeting at 2 p.m. She always has the latest news on our area and tells it in a most interesting way. Coffee, soda and dessert follow.

On April 18, it will be the club's honor to welcome and hear from a Holocaust survivor.

As far as our lunch bunch activities are concerned, our January lunch at Latinas Y Mas left everyone saying "no mas, no mas." The food was delicious, the service great, and we found out how hard it was to push away from the table when you're so full!

A trip to Pasta Faire is scheduled for Feb. 18, and to Stone Creek Grille on March 18.

A bus trip to St. Augustine is in the works for April, with a cost of \$47. Side trips to historic buildings (with a charge) and lunch are extra.

Be sure to stay tuned for more to come before club season ends.



### Mah Jongg

Mary Ehle

The tournament is only a few weeks away and I am still waiting for your reservation. I cannot assume you are coming, please call to reserve your spot.

If you have any questions about the tournament, please call me at 873-7507. Our menu is the same as always. Let's see if we can make this spring tournament the best ever. Ask a friend to come with you and tell them how much fun you have had. Jokers to you.

### Stay Informed!

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**Everyone forgets things ...sometimes.**

**Occasional forgetfulness is common, but some symptoms could indicate a memory disorder.**

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- Poor attention and lack of concentration
- Personality change
- Changes in the ability to manage routine tasks
- Decreased interest in social activities or favorite hobbies

**Memory problems can be treated.**

Today there are treatment options available for persons with memory disorders. Proper evaluation and diagnosis by Ocala Health's Memory Care Clinic ensures that clients and their families can receive the follow up care, counseling and educational community outreach resources they need to get the most out of life.

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**D'Clowns**  
Paula Magen

D'Clowns and many other volunteers attended a terrific Volunteer Appreciation Social hosted by TimberRidge Nursing and Rehab Center. The food and entertainment were fabulous. Our group is presently there monthly for the "Kids & Cookies" program.

What a super way to start the New Year...with two new clowns! Mike Roppel (aka Joker) has resided here with his wife for four years. You can usually spot him taking pictures. He was born in Akron, Ohio. Mike has two children and several grandchildren.



Photo by Mike Roppel

**DeDe (Diane Sistrunk) and Happy (Annette Berman) are helping out at the "Kids & Cookie" program.**

Our other new clown is a petite lady who has chosen the clown name of Sprout...very fitting. Both clowns participated in our show at Emeritus, an assisted living residence. They even did a skit together.

D'Clowns plans to return to The Superior mid-January. We entertain the memory support group there with our skits, songs, magic and clowning around. They are such an attentive and appreciative audience.

Time permitting, we will do a walk around at Hawthorne Village to greet, give out beads and get smiles. On the way home, we plan to meet at McDonald's to enjoy lunch together. Maybe our cousin Ronald will be there!

We will also be at TimberRidge for "Kids & Cookies." It's a joy to see the four and five year olds working on an activity with the senior residents.

At our next meeting, we will review our schedule to visit other assisted living places we have not been to for a while.

Happily, our clown group is growing. We are a fun club. Visit us! Come to a meeting on the first and third Monday of each month at 1:30 p.m., Arbor Conference Center, Suites B and C.

For more information, please call Paula at 873-3433.

Happiness is a voyage, not a destination. There is no better time to be happy than... now!



Photo by Charlie Petrosky

**What a glove! Gum Drop (Kathy Petrosky), Jingles (Larry George) and Miss Pris (Mary Knight).**



**Ocala Clown Express**  
Kathy & Charlie Petrosky

What is 58, 856, and 6? I bet I got you on that one. You are probably saying 920. In the mathematical world, you would be correct. However, in the world of the clowns in the Ocala Clown Express that adds up to 58 gigs, 856 clown hours and six new clowns for the 2009 year.

We were grateful for some time off to enjoy the holidays. Our 2010 programs started on Jan. 12 for the nursing home clowns. The hospital clowns got back to Munroe Regional Medical Center on Jan. 14. The R/C Ladybirds asked us to help by making balloon animals for their Birthday Bash.

Bells ringing, tambourines banging, maracas shaking and magic. Where can you see all that? You see that when the nursing home clowns are in action. We just love seeing the patients smile as they make music with us.

We were at Hawthorne Village this month and had a wonderful visit. The picture above is of Miss Pris trying to take off her gloves. Gum Drop was helping her pull them off as Jingles watched. She had an unending glove and caused great laughs. Our new clown, Cuzins, did a scarf-juggling trick.

On the second Tuesday of the month, you will find us in one of the local nursing homes.

Our business meeting was on Jan. 18. At this meeting, we decided on our club officers. We also reviewed our Constitution and Amendments. We set up our training meeting agendas. I will let you know the results next month.

What do you need to do to join us? Just call Dotsy (aka Carol White) at 873-9223. You will get all the help you need in picking a name, making a costume and doing your face. We are all happy to help a new clown. We would love to have you join us!

Gum Drop and Toot

**"Can't Wear Your Hearing Aids Playing Golf?"**



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Sunday, February 14, 2010  
11:00 a.m. - 4:00 p.m.

**Buffet Menu** \$12.95 plus tax and gratuity

- Hand carved roast beef
- Omelets made to order
- Norwegian Salmon with cream cheese, capers, onions and chives
- Homemade pastries and assorted desserts
- Bacon and Sausage
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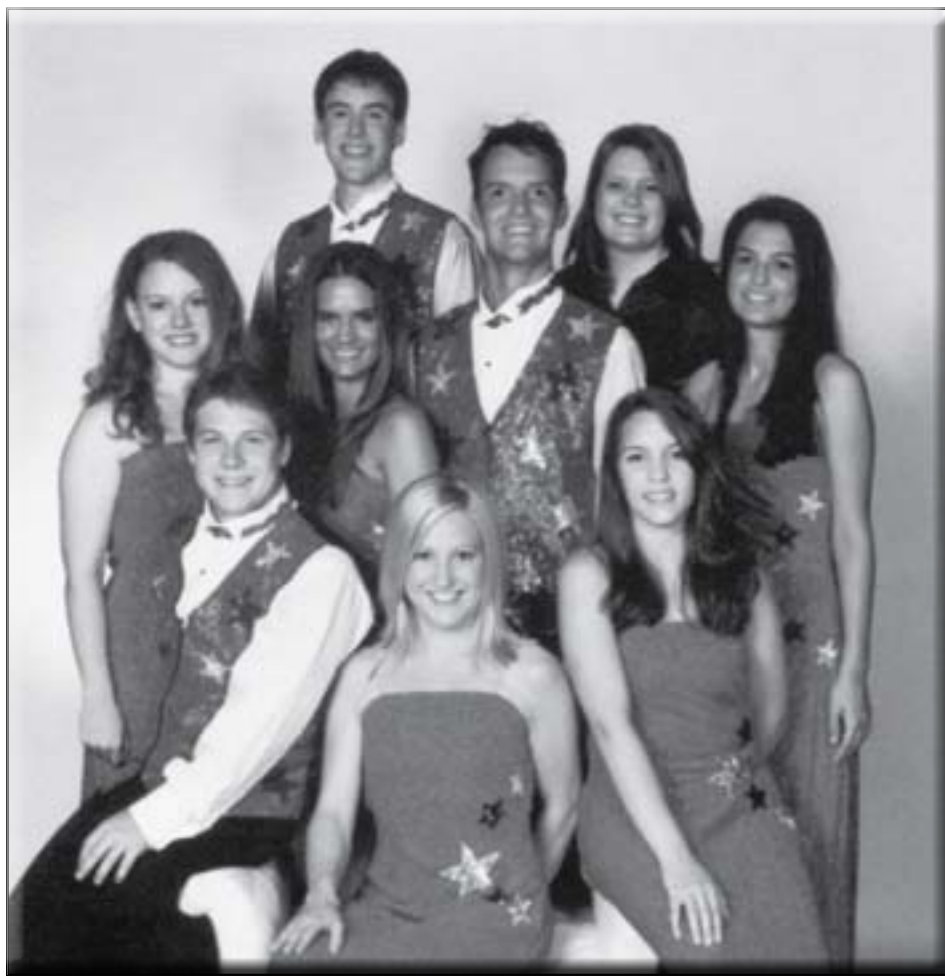
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## Re-Creation Returns

On Saturday, Feb. 27 at 7:30 p.m., the Entertainment Group is proud to bring back Re-Creation.

These young talented performers are cited as the, "American Ambassadors to Hospitalized Veterans." They provide the only national program of therapeutic entertainment to VA hospitals for more than 25 years. Last year, after performing at On Top of the World, they took their show to the VA hospitals in Gainesville and Lake City, Fla.

Their new show for the 2010 is "Love" which is the single greatest inspiration of popular music.

"Love" is a fabulous new show featuring your favorite songs presented in a flurry of dance and excitement. Great eras of music such as the glow of Gershwin, swingin' sounds of the Big Bands of

the 30s and 40s, the lovin' 60s, Motown, family love songs from the Jacksons, Osmonds, Carpenters and Everly Brothers.

Each show ends with American pride with words of thanks to America's heroes with "God Bless America," "America the Beautiful" and "God Bless the U.S.A."

The cast of nine young performers dedicates a year of their lives to performing at VA hospitals and the Entertainment Group is honored to help make their shows possible.

Tickets go on sale Feb. 1 from 8:30 to 10 a.m. in the Health & Recreation Ballroom and every Monday, Wednesday and Friday thereafter. Ticket prices are \$6 general, \$8 reserved and are for residents of On Top of the World with a limit of four per purchase.

## German American Club Inge Gaitch

At the club meeting held on Jan. 12, it was announced that Judy Dunn would be unable to continue as secretary of the club and also as our correspondent for the World News. All members appreciate the work she has done to promote the German American Club.

To fill the unexpected positions, the following members have volunteered their time: Ruth Meyerson as club secretary and Inge Gaitch as correspondent for the World News.

During our last meeting, Margaret Edmiston relayed some of her experiences she had while backpacking her way through Germany and Austria, while on a four-week trip to visit her family. Margaret produced a sample of the clothing and accessories that she took along for the trip and it was certainly a case of traveling light, something that many of us could learn to do. Thank you Margaret for helping to make the evening an interesting one.

The next club meeting will be held on Feb. 9 at which time we will celebrate German Fasching (costumes are encouraged). There will be a potluck dinner and Mary Rongetti will be contacting members for the type of dish they will be bringing along.

Also the guest speaker for this evening will be Ruth Goldstine, volunteer for Hospice of Marion County, and will talk about this organization.

## Italian American Club Jerome Cauda

The Italian American Club started the New Year on one of the coldest days of the year. The large membership that braved the cold was not disappointed; an excellent program was well received. Anne arranged a musical parade of old time favorites and Italian folk songs presented by The CherryWood Songbirds.

Entertainment is planned for the rest of the year, starting in February with a new group under the direction of Dottie Berkowitz. Dottie was one of the driving forces behind the Swinging Seniors. In March, a dance group from On Top of the World will entertain us. Horse races are planned for April. As you can see, Anne has been busy.

The pizza party plans are in the process and information should be available for the membership at the February meeting. In addition to all the activities in the mill, it looks like a picnic might be held to close out our meetings before the summer break.

The next meeting is scheduled for Feb. 2, at 3 p.m. in the Arbor Conference, Suites E and F. Refreshments will be served at 2:30 p.m.

A board meeting is scheduled for Jan. 27, at 1 p.m. in the Arbor Conference Center, Suite H.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



## Irish American Club Bob O'Neal

Is Valentine's Day celebrated in Ireland? Oh yeah! In fact, it is not widely known outside Ireland that the Carmelite Church in Whitefriar Street in Dublin claims to hold the remains of St. Valentine.

The Carmelites first arrived in Ireland in 1271 and today there is a community of 17 in the monastery attached to the Whitefriar Street Church. While there is some dispute, the story involves a famous 19th century Carmelite attached to the church, Fr. John Spratt.

Fr. Spratt visited Rome in 1835, and largely on the strength of his powers as a preacher; Pope Gregory XVI decided to make his church a gift of St. Valentine's body. The remains of Valentine were duly transferred to the church in 1836, and since that date, have been venerated there especially on All Saint's Day with a special mass.

As you might imagine, a large number of couples come to the church on St. Valentine's Day. With that let me wish you all a Beanchtai Na Fhele Vailintin (or hap-

py St. Valentine's Day). Try the pronunciation (slowly): Bah-Och-Thee Na Fai-leh Val-in-theen. Isn't Irish easy when you take it slow?

Our annual St. Patrick's social-dinner on March 11 will mark our 10th anniversary as a club. We will try to make the evening extra special and we particularly urge our original members to be there. I asked two of our original club founders, Ted and Kate Donovan, to be our guest and they accepted.

In next month's column, I'm going to highlight the rules for getting an Irish passport (and citizenship) if you have an Irish parent or an Irish grandparent and special circumstances under which a great-grandchild is eligible for Irish citizenship by descent.

The seventh most popular Irish name is Ryan -- the little kings. The meaning of the Irish name Ryan comes from the old Gaelic word "righ" and the old Irish diminutive of "an" which together form of the meaning of little kings. The name Ryan comes from the Irish name O'Riain -- a contraction of the older Irish form O'Mulriain, which is now virtually extinct. Ryan is also an extremely popular first name, especially in Britain and the U.S.

The Ryan family motto is "Malo More Quam Foedan," which translates to "I would rather die than be disgraced."

Like the warmth of the sun and the light of the day. May the luck of the Irish shine bright on your day.

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**SPCA**  
Maria Devine

The SPCA is fostering two kittens this month for all you feline aficionados out there. We told you a bit about the calico and gray kitty last month, except that then we thought she was a girl but now we know he's a little boy. Kittens are like that, you know.

About 14 weeks old, he's already litter trained and has decided his favorite food

**Pet Adoptions Available Through the SPCA of Marion County**



**Male Kitten**



**Rascal**



**Bindi**

is cheese. He's an energetic fellow who is descended from the acrobatic side of the family tree. All this scampering around will amuse you to no end. After a long, playful day, the two of you can snuggle together for a nap. If spunky is your thing, please call the SPCA at 362-0985 to meet his liveliness.

Our other kitty, Rascal, is about five months old and wants nothing more than to find his forever home. Rascal is as

handsome as they come, with golden tan markings. So you think you've got a wild cat on your hands but he's just a domesticated tabby. Rascal is smart, inquisitive and playful, with an even temperament for such a youngster. He likes to go in his carrier, so he won't be a problem on a vet trip.

He's neutered, litter trained, has all his shots and is in good health. He likes to play with toys, but is just as happy with an open paper bag he can explore. He has a little bed to sleep in, but I'm sure you can coax him onto your bed if you're so inclined. Please give the SPCA a call at 362-0985 to meet this exotic youngster.

If you've been looking for a small dog that's not too small, here's your chance to adopt a magical lass named Bindi. Bindi is only three years old, is completely house and crate trained, current on shots through March and current on rabies until

2012. She is a Corgi, weighing in at a dainty 20 lbs. There is an old Welsh legend that the Corgi was a gift bestowed upon the Welsh people by the woodland fairies. Bindi sure needs some magic in her life now. So now, she's waiting for someone new to love her.

In foster care, she's being socialized to different people, dogs, and riding in the car. She's great with women but still a little shy with men. A few choice treats, a gentle manner, and a bit of patience will go a long way in turning that around. Bindi sheds a lot, so she would not be suitable for the allergy prone. Please call Jill at 861-9309 if you're looking for a little friend to play with. She comes replete with bags of toys so you'll never be bored.

Our next monthly meeting will be held on Thursday, Feb. 18 at 1 p.m. in the Arbor Club Ballroom.


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**2010 Publication Dates**

Issue	Home Delivery	Inserts	
		Master the Possibilities	Fitness
January	Thursday, Dec. 31	X	X
February	Thursday, Jan. 28		
March	Thursday, March 4		
April	Thursday, April 1	X	
May	Thursday, April 29		
June	Thursday, May 27		
July	Thursday, July 1	X	X
August	Thursday, July 29		
September	Thursday, Aug. 26		
October	Thursday, Sept. 30	X	
November	Thursday, Oct. 28		
December	Thursday, Dec. 2		
January '11	Thursday, Dec. 30	X	X

Each household in On Top of the World should receive a complimentary copy of the World News along with the Ocala Star-Banner every month. If you are not receiving home delivery, please e-mail [otownews@otowl.com](mailto:otownews@otowl.com) or call 854-0248. Please include your house number and street address along with your community name.



Photo by John Ware

The annual Christmas party at the Arbor Club featured a special guest, Santa Claus (Bill Kreppel). Frances Kapp is seen sitting on Santa's lap telling him what she wants for Christmas.

## Thanks To Our Volunteers

By KAY CHANDLER  
FEST COORDINATOR

Putting together a great holiday fest takes the cooperation of many residents. Hours before the party began in the Health & Recreation Ballroom on Dec. 9, helpers were collecting donated cook-

ies from residents and setting up for the entertainment. Shirley Schopf, Janice Meade, Lolly Fooks, Pat Biggers, Jo Swing, Lynn Thornberry and Jim Chandler assisted me in food preparation. Thanks to the cookie crew.

Bob O'Neal was the emcee for the event. We were entertained by The On Top of the World Concert Chorus (directed by Carol Slimm); The Bubbles; Peggy Campbell's barbershop quartet group; Elaine Hersh (with a story about Hanukah); songs by Bob O'Neal and piano accompaniment by Peggy Campbell; and a great finish for the evening featuring our traditional, audience-involved 12 Days of Christmas (Southern style).

Thanks to the entertainment crew, and also to the sound and light crew for their stage assistance and to the Irish American Club, bingo and On Top of the World management for donating money for expenses.

The next day, my husband and I delivered what cookies were left to three assisted living facilities in the area, as well as to all three of our guard gates. It's a fun job.

I ask you to consider being a volunteer for next year - it really is satisfying work. Just give me a call.

## Sweetheart Dance

By ARLO JANSEN

The On Top of the World Dance Committee "Dancin' On the Top" will hold a Sweetheart Dance at the Health & Recreation Ballroom on Feb. 6. The dance will be held from 7 to 10 p.m. with music provided by the musical group "Automatic."

Each individual table will have special decorations to match the Valentine's Day theme. Bar drinks (two for one) and other drinks will be available.

Tickets are on sale every Monday and Wednesday, in the Health & Recreation Ballroom from 8 to 10 a.m.

If you have questions on the dance, please contact Jack Stone at 873-3083.



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Sample of Campbell's Labels for Education label.



**100**  
**Grandparents**  
Barbara Greenwood

At this writing, we have not made our Jan. 14 visit to Romeo Elementary School in Dunnellon. However, we are looking forward to the visit and anticipating a pleasant and fulfilling time with the students.

It is mentioned in each article how much we appreciate the labels that you cut from your Campbell's and General Mills products. These labels are redeemed by Romeo School and earn much needed supplies.

In order to redeem the value of the Campbell's product label, we must have the picture of the Campbell kid with U.P.C. attached or the wording, "Earn Points for your School, Labels for Education" with the U.P.C. attached.

On General Mills' products, all we need is the square from the product saying "Box Tops for Education."

At times, Winn-Dixie and Publix have also provided opportunities to earn extra points through promotions they are running.

In whatever form you find these labels, we thank you for being so caring and clipping them out.

Romeo School has benefited by your thoughtfulness in taking these labels from cans, packages or boxes and delivering them to the "Red School House" located under the stairs in the Health & Recreation Building.

The Food-for-Kids backpack program is another way we try to help the children. We collect the food and deliver it to a facility in Dunnellon. There, it is sorted and put into backpacks and delivered to either Romeo or other Dunnellon schools. The backpack is distributed to children in need on Friday afternoons. This provides nourishment for them over the weekend.



Sample of Box Tops for Education label.

Foods such as cereals, snack bars, pop-top canned goods, (macaroni, spaghetti, beef stew, tuna fish, etc.) crackers, peanut butter and/or jelly, may be delivered to Elliott & Marlyn Barbour's home and placed in a tote located on their front porch. Their address is: 8680-H S.W. 94th Street.

Thank you for your support, caring and understanding of the needs of children in Romeo.

We will be going to Romeo on Feb. 11. If you are interested in learning more about the time we spend reading to the children, or perhaps wish to join our group, please call 861-2539, or e-mail me, Barbara Greenwood, barbg@cfl.rr.com.



**K-9 Club**  
Mary Chang

Bringing your pet to the dog park is a great way to socialize him. But there are several things to take into consideration to make this a pleasant experience for you, your dog and the others at the park. Here are some rules Cesar Millan, the famous television "dog whisperer," follows:

- Make sure your dog is neutered, has all his shots and is in good health. Never bring a sick dog to a dog park!
- Don't substitute your time at the park for the daily walk. To drain some energy, all dogs should have a walk of at least 35 minutes. Also, never take an over-excited dog to the park.
- Be aware of your dog at all times, and be responsible for his behavior. Do not let your dog become

aggressive or spoil the fun of others there.

• Make sure you clean up after your dog (and this is an important rule to follow whether you are inside or outside of the park, during or after hours, and in general wherever you may be with your pet).

• Train your dog. A calm-submissive dog will not attract another dog's aggression but an excited dog, a weak or timid dog or an aggressive dog can lead to trouble.

• Know your dog! A dog that has poor social skills, is overly fearful or aggressive, or a dog who is not under your calm-assertive leadership, needs a more controlled way to be introduced to the company of other dogs. Try "play dates" with one or two other dog owners.

This month Mary Taaffe of Petfinders will be the featured speaker at our meeting on Sunday, Feb. 14 at 7 p.m. in Suite G of the Arbor Conference Center.

Mary is the one who brings pets for adoption to the Farmer's Market at Circle Square Commons once a month and to PetCo on Saturdays, and also has a network of people who do foster care. She will speak to our group about foster care as well as possible ways we might be able to help her organization.

All are welcome; enjoy our speaker and our camaraderie, come and discover what the club has planned for the coming year! Dues remain at a mere \$5 per family for the year. What a bargain!

Finally, remember that if you have lost a dog or found a dog without identification, please contact the front gate (854-8935) or Ralph Mills (390-3446).

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- The Candler Cosmo
- The Wisp of Windsor
- The Colonnade Colada
- The Providence Peach
- and more!

Fridays and Saturdays have extended hours, open until 8pm!





### Model Railroaders Jim Devine

The On Top of the World Model Railroader's Club held its first open house on Dec. 23. Quite a few On Top of the World residents stopped by to see the layout, many for the first time, making the open house a raving success.

One resident, Dean Kaump, came to the open house and donated five Suidam building kits to the club. The kits are "craftsman-level" kits that are about 30

years old. "Craftsman-level" is defined as any kits that are too complicated for me to make. The kits have many very small pieces of wood and metal (no plastic anywhere) and take a certain amount of experience to make.

Another visitor to the open house was seen carefully checking out the roundhouse on the layout. A roundhouse is a building where steam locomotives are kept when not in use, and where repairs and ongoing maintenance are done. He explained that he worked for railroads for 37 years, starting off as an 18 year old sweeping a roundhouse for 57 cents an hour. When he got into an apprentice program with the railroad, his pay went down to 53 cents an hour. All these years later, and he is still shaking his head about his pay going down.

Another visitor was a woman who said she had a lifetime fascination with trains, but she was told as a kid that model trains were for boys not girls. This was a typical belief years ago. As a matter of fact, Lionel trains once came out with a pink train in order to get more girls into the hobby. It should be noted that the On Top of the World Model Railroader's Club is open to all residents, so if there are any former little girls out there who want to play with trains, come and join us.

Work on our club's model railroad continues. Running trains during the open house for four hours continuously brought out every problem we had with our track work and trains. The club has work sessions every Tuesday from 1 to 4 p.m. to address the problems that were uncovered and to continue work on our HO and N scale layouts. Feel free to stop by during our work sessions to learn about model railroading and our club.

On Top of the World Model Railroader's Club meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 of the Arts and Crafts Building. You're invited to join us if you're interested in becoming a member of the club.

For additional information, visit the club's layout room on the first floor of the Health & Recreation Building.



### Grandchildren Visiting?

Cribs, strollers, booster seats, car seats and more are loaned free to On Top of the World residents. Please see the attendant on duty at the fitness desk in the Health & Recreation Building.



### Stamp Club David Groves

One of my favorite columns in the World News is the Model Railroaders. I usually clip it and send it to my brother-in-law, who has dedicated two rooms to an elaborate model railroad in his home in Alexandria, Va.

In addition to the clippings, I send him a few postage stamps featuring locomotives and trains. That's right, there are many U.S. and foreign locomotive and train stamps!

Twenty-two years after issuing its first postage stamp, featuring Ben Franklin, the U.S. issued a postage stamp featuring a locomotive, billowing clouds of smoke as it moved down its track. That was in 1869.

Skip a several decades until 1944 when our nation issued a stamp commemorating the 75th anniversary of the completion of the first Transcontinental Railroad. In 1950, the then-famous railroad engineer, "Casey" Jones, was portrayed between two trains. And only two years later, a Baltimore & Ohio Charter stamp commemorated "125 years of rail transportation."

The next pause was from 1952 to 1982

when a two-cent stamp, featuring a 19th century locomotive was issued.

In 1987 the famous locomotives: Staurbridge Lion 1829, Best Friend of Charleston 1830, John Bull 1831, Brother Jonathon 1832 and Gowan & Marx 1839 were pictured on a set of U.S. stamps. Five more famous locomotives were shown on stamps in 1994. The pictured locomotives are: "Hudson's General", "McQueen's Jupiter", "Edy's No.242", "Edy's No.10" and "Buchanan's No.999".

These stamps were followed in 1999 by "famous train" stamps featuring: "Daylight", "Congressional", "20th Century Limited", "Hiawatha" and the "Super Chief".

And these are just the U.S. railroad stamps. Without intending to collect topical railroad stamps, over the years I have accumulated at least 300 different foreign railroad commemorative stamps. And there are many, many more that I don't have.

That's where On Top of the World's General Francis Marion Stamp Club comes in. Club members have access to Scott

Catalogues that list, describe (often with colored pictures) and place a market value on every stamp ever issued by every nation or nation-state. This makes the search for stamps much easier on both brain and budget.

Our club also has a supply of free "Guide to Stamp Collecting" kits, which include a booklet, and a packet of stamps that could give you, or some other member of your family, an introduction to a hobby that can be enjoyed from childhood onward. If you would like this free kit, please call our club's treasurer, Joe Rozinski at 237-7366 or send him an e-mail at jrcr8850@embarqmail.com.

Other recently elected General Francis Marion Stamp Club officers for 2010 are president, John Renyhart, vice president, Larry Fahy and secretary, Sid Jarvis.

Our stamp club meetings are held on the first and third Wednesdays of the month at 1 p.m. in the second floor conference room of the Park Avenue Bank on the corner of SW State Road 200 and SW 90th Street.

And, don't forget, visitors are always welcome, including non-members who would like to have information on the best way to dispose of an inherited stamp collection. Annual dues are only \$6 and for additional information about the General Francis Marion Stamp Club, please call Roy Schwartz at 237-1204 or by e-mail to roy678@webtv.net.



**This two-cent stamp picturing an 1870s locomotive was issued in 1982. Today, unused copies can be purchased for 20 cents or less.**

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### February Event Schedule

**SATURDAY, FEB. 6, 4-9 P.M. ~ CHEF'S FAVORITE NIGHT**  
Featuring Sal G. "The Don of Doo Wop"  
Whole One & 1/2 lb. Live Maine Lobster with Drawn Butter, Coconut Shrimp, Black Angus Prime Rib, Porterhouse Steak, Veal Marsala, Veal Picata, Tilapia Picata, Seafood Platter and Surf & Turf...from \$14.95

**SATURDAY, FEB. 13, 2-9 P.M. ~ BAVARIAN NIGHT**  
Featuring Polka Sounds by Bob Nolte  
Bratwurst, Roast Pork, Sauerbraten, Wienerschnitzel, Sauerkraut & Spaetzle, Red Cabbage, Cabbage Soup & Fresh Baked Rolls...from \$9.95  
Apple Streudel, German Chocolate or Black Forest Cake  
German Beer and Wine Available

**SUNDAY, FEB. 14, 3-8 P.M. ~ VALENTINE'S DAY SWEETHEARTS DINNER**  
Chateaubriand for Two  
Steak & Lobster (4 oz Filet Paired with a 5 oz Lobster Tail), Surf & Turf (8 oz New York Strip with Cajun Grilled Shrimp), Angus Prime Rib, 18 oz Porterhouse, 5 oz Filet Mignon, Rack of Lamb & Chilean Sea Bass Pizaiola, Whole 1 & 1-1/2 lb Live Maine Lobster (Stuffed or Steamed)

**SATURDAY, FEB. 20, 4-9 P.M. ~ CHEF LASALA'S GRAND BUFFET**  
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### Love Your Heart: Ways to Avoid Heart Disease and Other Risk Factors February 5th - 1:00 pm

What messages do you send your heart? Come learn the right ways to love your heart by learning about coronary artery disease, risk factors, signs and symptoms, and what to do if you think you are having a heart attack. Presented by Vicky Honkus, MSN, RN Chest Pain Center Coordinator at Ocala Health.



### Improving Heart Function Through Diet and Nutrition February 12th - 1:00 p.m.

Polyunsaturated, monounsaturated and saturated fats - how do you know the good from the bad? Cholesterol levels - what do they mean? How does obesity and weight gain significantly impact your heart? Come learn the answers and how diet, nutrition, and exercise can improve your heart function. Presented by Vickie Haynes-Johnson, MA, RD, LD.



### The Latest and Greatest in Cardiac Surgery February 19th - 1:00 pm

Has your doctor told you you may need surgery? Do you have an interest in the newest cardiac treatment options? Come learn about the latest in cardiac surgery. Surgical footage will be broadcasted and discussed by one of Ocala's leading surgeons, John Brock, MD, Cardiovascular and Thoracic Surgeon.



### Heart Catheterization - Diagnosis and Interventions February 26th 1:00 pm

Cardiac Catheterization is a medical procedure used to diagnose and treat heart conditions. Come learn about the different diagnosis and interventions used in a catheterization and what the past, present and future of heart catheterization and intervention holds. Presented by Premranjan Singh, MD, Interventional Cardiologist. Dr. Singh is Board Certified in Echocardiology.



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### R/C Flyers Dick Rose

The holidays are behind us, the New Year has been rung in with much fanfare and most of us are glad that 2009 is behind us! With the economy starting to inch forward, there is at least something to hope for in 2010. One of the best things we have to look forward to is November!

You're probably thinking I was referring to the November elections - well, that's part of it. But for me personally, it is another opportunity to plan and organize a big event for the RC Flyers. My first event was on Nov. 7, 2009 and it was gratifying to see the huge number of resident spectators who enjoyed the flying.

Well, here is some great news - Doug Ensley and his minions are already in the thick of planning a big event for March 27. This will be a conclave of radio control hobbyists from the region who specialize in large airplanes, generally with wingspans of about seven feet and larger (biplanes are allowed to have five foot wings). To give you a taste, the photo above is of a 110" wingspan model of the famous aerobatic Extra 300. The pilots are Jonathan (age 9) and his dad Donnie

Bryans. They put on quite a show each year! Stay tuned for more details in next month's edition and watch for the publicity on our local cable channels and posters in our amenities buildings.

For now, keep the date open and plan on being at our RC field around 10 a.m. through lunchtime. If the weather cooperates, you should find this very entertaining and the food service promises to be better than ever.

With the onset of cooler weather, the afternoons have become the preferred time for a lot of the flyers. I want to personally invite all residents to the flying field to see firsthand what this great hobby/sport is all about. Our members are friendly (probably a couple of grouches in the crowd) and are happy to explain the functions of radio control. Who knows - you may become bitten by the urge to become a "model resident." So, in the inimitable words of some western cowboy - "y'all come."

Let you become attached to my writing style, I am merely an interim scribe for the club as we solicit a volunteer. We must bid adieu to the poetic tomes of Keith Nadel who has graced these pages for the past year. Our hearty thanks to Keith. He added much color to the landscape of the On Top of the World RC Flyers.



Photo by Tom Jellifer

Jonathan and his dad, Donnie Bryans, put on quite a show each year! Come see them again on March 27.



Photo by Bob Woods

Peggy Delfraisse, Auxiliary member; Bev Woods, Auxiliary Treasurer; Sgt Bill Padgett; Deputy Kim Bray; Sgt Grady Grimes; and James Delfraisse, FRA Treasurer.

## Stuffed Animal Donation

By BOB WOODS  
WORLD NEWS WRITER

Some of our residents representing the Fleet Reserve Association (FRA) Branch 186 and its Ladies Auxiliary donated stuffed animals to the SR 200 Mar-

ion County Sheriff's office. The animals are presented to children at the scene of trauma situations such as accidents and domestic abuse.



March issue:  
Thursday, March 4

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## Sholom Park Tree Planting

On Feb. 1 at 1:30 p.m., members of the newly formed Congregation Beth Israel of Ocala will plant a purple leaf plum tree in the labyrinth section of Sholom Park. The planting will be done in observance of Tu Bishvat, the Jewish Arbor Day.

According to President Judi Siegal, the park was chosen because of its respect for nature and serenity. It is hoped that all who visit the park will enjoy the beauty the tree has to offer.



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**Kitti's Corner**  
Kitti Surrette

**Shaping Up: There's a lot you can do in 30 days**

Yes, you can make noticeable, satisfying improvements in your physique in as little as a month. But it's important to understand what kinds of changes are possible (and which goals may not be realistic within that time frame).

Here are six guidelines for achieving results in four weeks:

1. Lose weight gradually — no more than one or two pounds a week. It may not seem like much at first, but you could be eight pounds lighter after a month.
2. Lift weights! Regular strength training plays a huge role in weight loss. It builds lean muscle mass, which increases metabolism (i.e., you burn more calories). Always lift and lower weights in a slow and controlled fashion. Avoid swinging your body and using momentum to complete repetitions. Try a counting method, such as one-two-three up and one-two-three down while lifting and lowering to help keep a safe pace. If you want to see results quickly, make sure you're doing both cardiovascular and strength training.
3. Give up the "spot reducing" myth. You cannot lose body fat primarily from your stomach, thighs or other trouble spot. Our bodies lose fat proportionately.
4. Know a "body fat" problem from a "muscle tone" problem. If you want highly defined muscles, you won't be able to see them as long as there's a layer of fat hiding them. If you're carrying excess pounds, you need to lose weight while toning your muscles through strength training.
5. Cool downs are important. A cool-down is a slow return toward a normal resting heart rate after

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# ARBOR CLUB FITNESS & AQUATIC SCHEDULE

## ARBOR CLUB GROUP FITNESS SCHEDULE

EFFECTIVE FEBRUARY 1ST 2010

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:50 Fitness Room		Tai-Qi-Po* Frank		Tai-Qi-Po* Frank		Open Swim	Open Swim
9:15-10:00 Arbor Club Indoor Pool	Deep Water Aerobics* Larry	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Cammy	Shallow Water Aerobics* Barbara	Deep Water Aerobics* Larry		
9:30-10:30 Arbor Club Ballroom	Yoga* Ronnese	Yoga* <i>Teaching Class</i> Ronnese	Yoga* Ronnese				
11:45-12:30 Arbor Club Ballroom	Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		Get Fit While You Sit Kitti		
1:30-2:15 Arbor Club Indoor Pool	Shallow Water Aerobics* Traci		Shallow Water Aerobics* Traci				

\*DENOTES A FEE BASED CLASS

exercise. Always cool down immediately following cardiovascular activity. A cool down should last between five-10 minutes and will help prevent dizziness, fainting and muscle soreness. Continue to cool down until your heart rate reaches 100 beats per minute or less.

6. It is essential to rest after a strength-training workout - to increase progress and for injury prevention. During this recovery period, muscles rebuild themselves and develop higher levels of strength. An adequate time to rest each muscle group is 48-72 hours between workouts.

Think of your life as a book, with yourself as the main character. Everyone and everything else is secondary. You, and only you, can write your life story the way you want it to play out. Start creating your award-winning novel about - you! Make this your year to create the life and body you want to see in your mirror. You can do anything you set your mind to. As Nike says, "Just do it!"

To get started, take the stairs instead of the elevator or escalator; park at the far end of the parking lot; while watching TV do push-ups and sit ups during the commercials.

The time to be your best is now! Each one of us has the strength and power to achieve our dreams through hard work and determination.

See you all in class!  
Kitti



**Larry's  
Fit Tips**  
Larry Robinson

**Fitness Center Hygiene**

When contemplating your gym visits during cold and flu season, try paraphrasing Shakespeare, "To work out or not to work out?" That is the question.

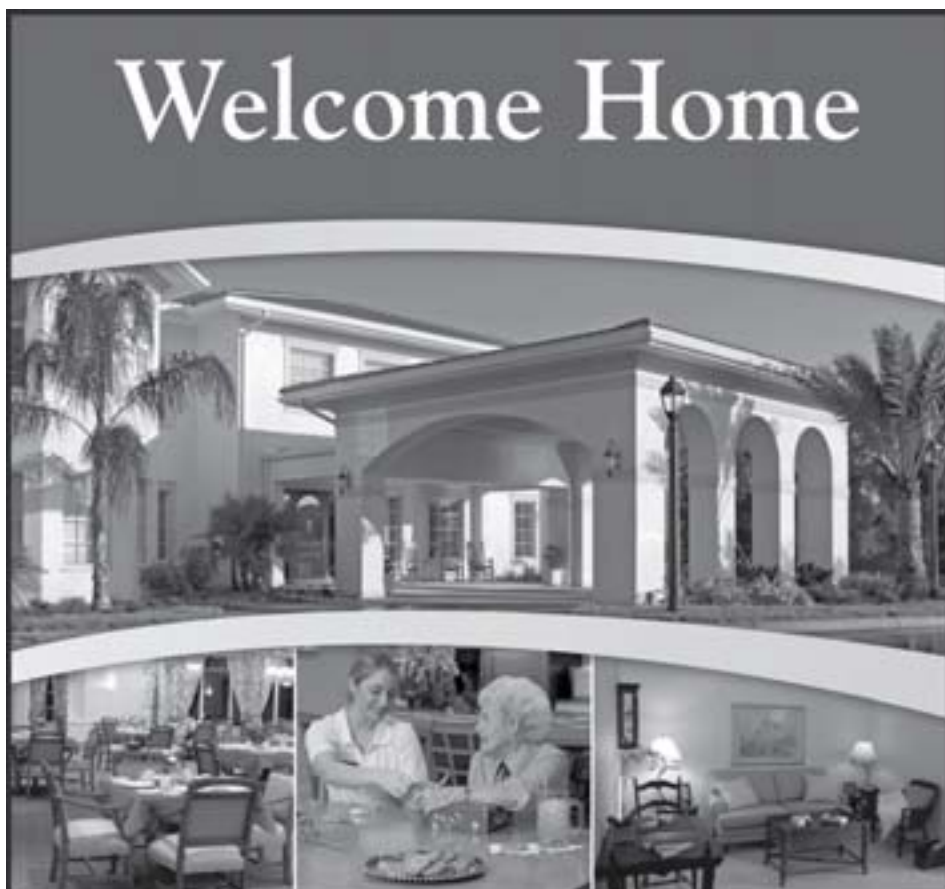
The New Year brings renewed interest in staying in shape and recommitting to old goals. With that in mind, trying to stay germ free in the fitness center can be a challenge.

The following six tips should help keep you away from the nasty germs that lurk in the recesses of any gym, from workout mats and weight machines to door handles and free weights.

Did you know that we average 160 people a day at the Health & Recreation Fitness Center? The fitness center is a closed, indoor environment where people can work up a sweat. Since germs can spread through the exchange of bodily fluids (such as sweat), you can see how this can become an environment for sharing illness.

With cold and flu season nipping at our collective sanity, we need to make sure we are observing good hygiene. We go to the fitness center in pursuit of better health, so let's all try to do our part to follow these tips:

1. If you're not feeling well, going to the fitness center is not a great idea. There is an increased risk that you could spread your germs and get others sick.
2. Personal hygiene is very important. Remember that we sometimes have over 200 residents a day come through the fitness center! At peak times, this means that there are lots of people very close together. Please keep our environment a pleasant one by wearing clean and appropriate attire.
3. Wash your hands before and after your workout. Doing so helps to prevent you from bringing any germs in, and from leaving the gym with any you may have come in contact with.
4. Avoid touching your face with your hands as much as possible. Your hands are the most likely part of your body to have been in contact with some sort of germ(s). The more you put your hands on your face, especially near your mouth and nose, the more you'll increase the germs chances of entering your body.
5. Although we have a diligent team of fitness attendants who keep our fitness center very clean, we also provide disinfecting gym wipes so that you can wipe away any lurking germs before you use the equipment.
6. Wear flip-flops in the shower and locker rooms. There are skin ailments that can be contracted by walking barefoot.



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**Fitness Happenings**  
Cammy Dennis

**The Power of Possibility**

Someone recently forwarded an article to me with this phrase in the title: "the power of possibility." I just knew this was going to be good!

For those of you have heard me speak, or have been a part of our fitness programs, it will come as no surprise that I have a firm belief in the power of self efficacy.

Self efficacy is a person's belief in oneself; to organize and execute the necessary actions to meet challenges and succeed in a particular situation. These beliefs are determinants of how people think, behave and feel. This article does a wonderful job of illustrating the "power of possibility."

It is based on a new book entitled, Counterclockwise: Mindful Health and the Power of Possibility, written by Ellen J. Langer, PhD, a Harvard psychologist. Langer conducted a study where she was able to prove that the state of your mind influences the state of your wellness.

In her study, she created an environment where everyone lived very mindfully. She was able to demonstrate that by taking charge of your health you can empower yourself to a state of heightened wellness. Langer set up a situation where she immersed a group of older men into a very specific environment. The two key

**RECREATION CENTER FITNESS SCHEDULE**

**HEALTH AND RECREATION CENTER GROUP FITNESS SCHEDULE**  
**EFFECTIVE FEBRUARY 1ST 2010**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise
8:00-8:50	Cardio Mix	Condition & Stretch	Cardio-Kick & Tone	Condition & Stretch	Cardio Mix	12:15
Aerobics Room	Jessica	Cammy	Jessica	Cammy	Kitti	20 Min.
9:00-9:50	Core and More	Mind-Body Balance	Stretch for the Stars	Mind-Body Balance	Core and More	<b>Sunday</b>
Aerobics Room	Jessica	Mary Pat	Jessica	Mary Pat	Kitti	Oxycise
10:00-10:45	Balanced Body		Balanced Body	Strictly Strength	Balanced Body	12:15
Aerobics Room	Jessica		Jessica	Larry	Mary Pat	20 Min.
10:30-11:15	Cardio Jam		Cardio Jam		Light Latin-10:45	
H&R Ballroom	Kitti		Kitti		Dunia	
10:45-11:30	Light Aerobics		Light Aerobics		S.O.S - "Serious on Strength"	
Aerobics Room	Jessica		Mary Pat		Kitti	
12:00		Fitness Center				
Fitness Center		Orientation				
12:15 Aerobics Rm.	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	Oxycise-Video	
1:00-2:00		ZUMBA*!		ZUMBA*!		
Aerobics Room		Traci		Traci		

*"FABULOUS FRIDAY" - "MIND BODY RETREAT" FEBRUARY 19TH 10:30 am H&R BALLROOM*  
\* Denotes a Fee Based Class

factors of this environment were:

1. They were immersed in a time period (late 1950s) when they were all fit and capable. She used cultural references and virtually "turned back time."
2. They were all treated as if they were healthy and capable despite the fact that many of them were physically challenged.

The results from this study were amazing, to say the least. By the end of the stay, some men were walking without their canes and some were able to engage in physical activities they hadn't done in years.

Langer goes on to explain that living "mindfully" keeps us present and aware... alive! When we are mindful, we are aware of new things, we learn, create and live

happier healthier lives (possibly even longer lives!). Unfortunately, we tend to slip into a state of "mindlessness," which is sort of like autopilot, when this happens we miss out on new experiences, and new growth.

When this article hits the press, we will be in the middle of our "Biggest Loser" weight loss program here at Health & Recreation. This has proven to be very popular and many past participants have had great success in reaching their weight loss goals.

I can already tell you that the winner of this competition will be the person who understands and embraces this concept of self-efficacy. Everyone in this program shares a goal of weigh loss. In order to meet that goal there are necessary lifestyle changes that must take place. The

participants, who believe that they can identify challenges and create an action plan to succeed, will succeed.

Whatever your personal wellness plan might be, you hold the most powerful tool to achieve success...the power of belief.

Fitness happenings:

- Fabulous Friday is Back! "Mind Body Retreat" on Feb. 19 at 10:30 a.m. in the Health & Recreation Ballroom
- "The Medical Exercise Connection" at Master the Possibilities on Feb. 23 at 9:30 a.m.
- Golf Conditioning Workshop at The Ranch Fitness Center and Spa on March 6. Sign up at The Ranch.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



**Computer Club**  
Sherry Surdam

Gene and Linda Barlow visited us in January. Long time members of the club know that the Barlow's have been yearly visitors for some time now and though the cost of travel has skyrocketed, they continue to visit us because of the great reception our members give them.

In spite of the very cold weather, attendance was terrific and we'd like to thank all of you who braved the frigid temperatures. Gene is a talented speaker and we look forward to his visits. He showed us how to partition our computers using a software package called Disk Director and also demonstrated the newest version of the Acronis backup software (Acronis 2010).

There will be no meeting on Thursday, Feb. 11, due to a conflict in scheduling.

Club president, Joe Castellucci, is trying to line-up some more outside speakers so be sure to watch the website at <http://www.cccocala.org/> for information on upcoming programs and/or other changes

to the schedule. You'll find lots of tips and helpful information on our website as well. Our webmaster, Don Sommer, is always adding to it so visit often or you might miss out on something!

Club meetings are held at 9 a.m. at the Arbor Conference Center, Suites B and C on Tuesdays, Thursdays and Saturdays.

If you aren't a member yet but want to see what we do, come on up and give us a look-see. I think you'll find we have much to offer both novice and more experienced users! And for those of you who use a Mac, we have several members who use a Mac so it might be worthwhile for you to join us as well. Admittedly, the focus is on PCs but we can answer ques-

tions relating to Mac too. Until next time...happy computing!

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**Ballroom Dance Club**  
Richard P. Vullo

We have exciting news for 2010. Starting Thursday, Feb. 11, from 6:30 to 8:30 p.m. the Ballroom Dance Club will host dance/practice sessions at the Health & Recreation Ballroom. Club members will provide CD music and we hope to have the expert services of the sound committee to utilize the excellent sound system and lighting. The sessions are open to Ballroom Dance Club members and all residents. The cost of each session will be \$1 per person for club members and \$2 per person for non-members. Attendees are encouraged to bring their own non-alcoholic beverages and snacks.



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All residents are eligible for membership in our club. The annual dues are \$6. This is a great opportunity to socialize with your neighbors and practice your dance steps. If you are interested in joining our club, please contact me (854-6772) or our treasurer, Doug Graham (502-4485).

Speaking of dance practice, starting in March, we will be sponsoring a new set of lessons at the Arbor Club Ballroom with our instructor Trish Sands. These lessons are intended for beginners only (or those who want to refresh their routines). The lesson costs \$25 per person per month for four lessons, which is a discounted fee for members.

In March, the dance lessons will be in swing. In order for the lessons to be held each month we must have a minimum of 20 people and pre-registration is required directly with Trish Sands (352-2423). Each month a new dance will be taught.

Here at On Top of the World, we have dancing most Friday nights at the Arbor Club Ballroom and on most Fridays and Saturdays at Circle Square Commons. In addition, there are numerous venues in the Ocala area for dancing during the week and on weekends. Our club members will be happy to share this information with you.

The next dance for the "Dancin' on the Top" committee will be the Sweetheart Dance on Feb. 6. The popular group "Automatic" will provide the dance music. Tickets are only \$7 per person and sales began on Monday, Jan. 18, at the Health & Recreation Ballroom and will continue each Monday and Wednesday from 8 to 10 a.m. until sold out.

In addition to great music and decorations, guests will be provided with complementary hors d'oeuvres, table snacks, decaf coffee and sweets.

Here's the schedule for the rest of 2010:

- May 8 with Tomaura
- Sept. 25 with TBA
- Nov. 20 with Automatic
- Dec. 31 - New Year's Eve with Sounds of Time

It's a great line-up, so mark your calendars and plan on attending each dance. As in the past, pre-registration for future dances will be offered at every dance. For more information, please call Jack Stone at 873-3083 or me at 854-6772.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

# Events February

To be listed, call Sid at 861-8775

**Feb. 6**  
Cruise: "Oasis of the Seas"  
Caribbean Sea 237-6367  
Show: "Seven Brides of Seven Brothers"  
Hudson 237-9124

**Feb. 7**  
Movie: "Beyond a Reasonable Doubt"  
(potluck)  
5:30 p.m./H&R 873-7507

**Feb. 12-13**  
Show: The New Pretenders  
7 p.m./H&R 873-0753

**Feb. 13**  
Show: Bowzer's Rock 'n Roll Party  
7 p.m./CSCC 854-3670  
Show: "Phantom of the Opera"  
Orlando 873-2929

**Feb. 14**  
Show: The New Pretenders  
3 p.m./H&R 873-0753

**Feb. 16**  
Dinner Run: Dockside Gators  
4:30 p.m./PL 854-8707 x10

**Feb. 18**  
Trip: Casino  
Tampa 854-8707 x10

**Feb. 20**  
Dinner/Dance: Sweetheart Black Tie Ball  
& Dinner  
5:30 p.m./H&R 854-8707 x10

**Feb. 23**  
High Tea  
2 p.m./AC 854-8707 x10

**Feb. 25**  
Show: Comedy Hour & Music  
4 p.m./AC 854-8707 x10

**Feb. 27**  
Show: Jim Stafford  
7 p.m./CSCC 854-3670

## Location Codes

AC	Arbor Club
BR	Ballroom
CC	Arbor Conference Center
CCC	Candler Community Center
CSCC	Circle Square Cultural Center
H&R	Health & Rec Bldg
ICC	Indigo Community Center
MR1	Meeting Room 1
MR3	Meeting Room 3



**Line Dancing**  
Sherry Ashenfelter

At a big dance event, we become re-energized about dancing. The Worlds Dance Championships, recently held in Nashville, sent us home with new dances, new techniques and new friends.

Attending the event for the first time were dancers from Korea. Other dancers arrived from Australia, Belgium, Canada, China, Finland, France, Germany, Hong Kong, Ireland, Japan, the Netherlands, Norway, Peru, Scotland, Spain, Taiwan, the United Kingdom and the United States.

Our favorite competitor, Brian Barakauskas, won the title of male line dance Superstar World Champion. Brian is the only five time Superstar World Champion. A few years ago, we were privileged to have Brian visit On Top of the World and perform for our classes.

Most line dancers are not competitors or champions, but we are avid dancers who enjoy our floor time, look forward to the next new dance, and believe that line dancing is good for our mental and physical health.

For optimal learning conditions and floor safety, classes are limited in size with pre-registration required. For information about classes, please call 873-9440.

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**Ballet Club**  
Eugenie Martin

On Jan. 16, the Ballet Club participated in the 2010 Health & Wellness Expo held at Circle Square Cultural Center. Each year, the Expo promotes ways to help us keep healthy and fit, and the Ballet Club participated with a few routines. Dancing tones our bodies, improves our mental faculties and feeds our souls.

Exercise programs work only if you stick to them on a regular basis. You might avoid or drop a program that is unpleasant to you. However, if you enjoy something, you will pursue it. To dancers, ballet is a challenge, yes, but it is also beautiful and fun. The music is lovely and the movements are graceful. Besides, we dance as a group, which provides a type of harmonizing as well as socializing.

In addition to classes last year, we had a couple of group outings. During the summer, a few of us made a day trip to Sarasota to take a class with my friend Gina Ballerina (she actually gets mail when it is addressed that way). During the holiday season, most of the club attended a performance of "The Nutcracker" done by the Marion Performing Ballet at the Ocala Civic Theatre.

Our dancers vary in age and experience, and newcomers are always welcome. To start, you just need exercise clothes and socks. Our classes are held three times a week in the Arbor Club Exercise Studio next to the indoor pool. Class times are Tuesdays and Thursdays from 1 to 2 p.m. and Mondays from 6:45 to 7:45 p.m.

Please call me for information at 854-8589. Happy dancing!

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**Square Dancing**  
Walter Lamp

Last year was finished off with our annual New Year's Eve Dance. All of our dancing calls were traditional New Year's songs. And dancing with friends, made it all the more fun at this time of year.

Besides dancing with all the club members, we had members from other local clubs join us. I got to meet some members, whom I shared a week with on a square dance cruise to the Caribbean in March. We visited some islands for three days, and the other three days at sea, we were square dancing. It certainly was a different experience; especially, when the waves kicked up and sometimes, we spent more time keeping our balance, than dancing.

In 2010, we kicked it off with our annual Beginner's Ball. Our new class members, along with our regular members got together. For every square of four couples, we tried to have at least one new couple and three regulars. The dances were all done, with what the new members had learned so far. It was a nice feeling helping our newcomers, relax, laugh and continue to improve their dancing skills.

Laughter is a very important qualification of square dancing. We're here to dance, but also to laugh and have fun. I can honestly say that some of my heartiest laughter down here has come on a square dance floor.

For February, we have a couple of special events. First, on Saturday, Feb. 6, a number of our members, along with some other local club members, are taking a bus trip to Orlando, to visit the club at Whirl & Twirl. The callers are Whit Brown, their regular caller, and Scotty Sherrer, from South Florida. The evening is billed as Red Hot Saturday Night.

It's a little different from other dances in that the two callers will alternate calling, but with no breaks in between. These fellows will test your quickness and endurance on the dance floor. It will be totally different from what I am used to, but I have danced to both callers in the past, though at separate times.

Second, our theme dance on Feb. 9 will be Valentine's Day. It kind of makes dancing with your mate or partner more special. Even though Valentine's Day is a day that should be enjoyed all year round, dancing with the red and white background makes it rather romantic.

**Theatre Group**  
Marilyn Bettinger

Entertainment, entertainment, entertainment! I can't say it enough! We entertain and have a good time; that's what we do. Smile and be happy is our theme and we try to show it in our performances be it musical, comedy or drama.

The brainstorming committee for future productions joined together in combining ideas and suggestions that were successful in determining what we think will be another smash hit for the November production. I can tell you, if the membership approves it, that it will be another original musical comedy.

Do you sing in the shower? So, you think you can sing and that's great so "come on down" and let us hear you at the auditions for our spring production, which will be a "cabaret" style show. It will glitter and it will glow. Final details for dates of performances, ticket sales, etc. will be advised in the next issue.

No need to be nervous, it's a very informal setting at the Arbor Conference Center, Suite D on Wednesday, Feb. 10 at 2:15 p.m. As mentioned previously, there will be a piano, the musical director and

the creator of the show. Please bring with you a song (ballad and uptempo). Be prepared with your own sheet music, boombox or do your thing a Capella. You can even sing Happy Birthday, if all else fails.

For additional info or if you are unable to attend the scheduled time, please call Dottie at 861-2226 who will accommodate you.

Please join us at one of our membership meetings which are held on the second Monday of the month.

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**Karaoke Friends**  
Vivian Brown

After the ladies and gentlemen of the Southern Club dined on there southern fare, we entertained them with songs of the south, like "Mame", "Swanee", "Battle of New Orleans" and "American Trilogy," to name a few. They were a very receptive audience and seemed to enjoy the show as much as we enjoyed doing it.

As we start a New Year, I am looking forward to our times together as the music we share brings smiles to our faces, songs in our hearts and those warm, wonderful feelings of happiness and love.

If any club or organization would like us to entertain them, please contact me at 291-0246, and there is never a charge.

Remember we meet the first and third Monday of each month at the Arbor Conference Center, Suites E and F from 6:30 to 9:30 p.m. All are welcome and there are no dues or cost.

Until next month, God bless and keep on singing.



**Pattern Dance Club**  
Jim & Nell Entinger

We hope everyone survived the polar express weather this past month and are looking forward to temperatures that are more normal in the months ahead.

The Pattern Dance Club is back in full swing for 2010 and we continue to enjoy pattern dancing we have already learned and the introduction of new dances by Carla and Tony Magri.

As a reminder to all our members, we will be meeting each Tuesday from 6 to 8 p.m. in the Health & Recreation Ballroom for dancing and Sunday from 5 to 6:30 p.m. in the Arbor Club Ballroom for practice.

We have only one schedule change for February. We will be moving our Tuesday, Feb. 16, class to Thursday, Feb. 18, at the same time, so mark your calendars.

Also, plan on joining us dancing on The Town Square each Friday and Saturday evening from 5 to 9 p.m., weather permitting. Hope to see you there!

For more information, call Nell at 861-5351 or Carla at 873-8387.

**Emergency After-Hours Phone Number**  
236-OTOW (236-6869)



**Original Karaoke Group**  
George Quaranta

I hope you all had a nice Christmas and a happy New Year. We ended singing karaoke for 2009 at the Candler Hills Community Center. Karaoke will be held every second Thursday of the month at the Arbor Club Ballroom. Karaoke at Candler Hills Community Center will be every fourth Thursday of the month.

Thank you to Cindy for helping me with the CDs.

On Dec. 22, there were a good number of singers just before the holidays. Shirley, Richie, Janet, Pat, Kathy, Rudy, Charlie, Bob, Marie, Norma, Tony, Dotty, Cindy and George sang beautifully! Thanks to all who came!

Karaoke is fun. Try it, you might like it. For information, call George at 873-9667.

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# Wickford Village

By Bob Woods  
WORLD NEWS WRITER

Traveling around Rhode Island, we decided to take a look at a historic village on the western shore of Narragansett Bay. My wife, Bev, and I were told that this little historic village contains the most early-American buildings and homes in such a small area and are all within a short walking distance. We are heading for Wickford Village.

One has to remember that the State of Rhode Island is very small, only measuring some 48 miles from north to south and 37 miles from east to west. It does not take a great period of time to reach any destination or attraction within this ocean state. There were a few places Bev and I wanted to visit before entering Wickford Village as we approached our destination from the south on Route 1A.

Our first stop was the home and birthplace of a famous American 18th century artist. I don't think there is a citizen in this country that has not had hundreds, if not thousands, of copies of one of his most famous paintings. One could say we are all art collectors. The painting was a head and shoulder portrait of George Washington and that portrait is displayed on the U.S. one-dollar bill.

The artist was Gilbert Stuart who was born in this house in 1755 located in Saunterstown, which is now a museum. His father operated the first water powered snuff mill in the colonies at this house. The museum also contains a gristmill, which contains two original granite stones, which were once used to produce the cornmeal for the famous Rhode Island Johnny Cakes. The Johnny Cakes are like a pancake only very flat and eaten with maple syrup spread on top.

Stuart gained a reputation for being an excellent portrait artist. Besides the famous Washington portrait, Stuart also painted official portraits of presidents (Adams, Jefferson, Madison and Monroe). He painted over 1,000 during his career including many war heroes and prominent people.

The Gilbert Stuart Home and Birth-

place Museum is open April through October Thursdays through Mondays from 11 a.m. to 4 p.m. There is an admission charge.

Also in the village of Saunterstown, is the Casey Farm. This farm was one of the Colonial plantations that encompassed southern Rhode Island and eastern Connecticut; this farm dates back to around 1725 and is still used as a farm today. If you like farms and farm animals then this is a nice historic site to visit.

Arriving in historic Wickford Village, the first place we headed for was a parking lot next to the harbor. The village was located originally on an island but since then, has become part of mainland Rhode Island.

Parking is a premium, as I believe, everyone touring around this state had the same idea of visiting Wickford Village on the same day. We strolled towards Main Street passing many old looking shop buildings heading for Main Street where all the old homes are located.

Every house on this street is an antique. I felt like I was back in colonial days except for the type of clothes we were wearing and the occasional modern day automobile. Every home or building had a plaque attached next to the front door stating the age of the home and who the original occupants were. With camera in hand, there was no doubt that any local could tell we were tourists.

One of the newest buildings in the village was constructed in 1845 and is the Old Narragansett Bank. During its heyday, it was part residence and part bank.

I did notice that all these buildings have been renovated at some time or other. We stopped and talked to one homeowner who explained the renovations that were needed to repair and make his home livable. Looking at his house you could see the outer walls bending and twisting in different directions. This house plaque stated it was built in 1735. It was very obvious that the walls being level and plumb were done by eye; not by a level.

Historic Wickford was the original town center of North Kingstown. Wickford was established in 1663. The oldest surviving building in the village is the Old Narragansett Church, which is a must visit while touring this area as it was one of four original churches in Rhode Island. The church was built in 1707 and moved to its present location in the village in 1800. The church has quite a few histori-



Photo by Bob Woods

**This is the home and birthplace of a famous 18th century American artist by the name of Gilbert Stuart. Stuart became famous by painting the head and shoulder portrait of George Washington, which appears on today's one-dollar bill.**

cal original fixtures within, and the building has been structurally unaltered.

The parish received, from Queen Anne in 1708, the church's altar silver. The church also has a rare English chamber organ that was built between the 1680s and 1690s; making it the oldest church organ in North America. The church is open to visitors on weekends in July and August and has special services the public may attend during the year.

Next to the church is the graveyard with some interesting inscriptions to read on the headstones. The church is located on Church Street, which runs off Main Street. Standing in front of St. Paul's Church on Main Street is a good view of the Narragansett Church looking through beautiful gardens.

Another old structure that caught our eye was the Wickford House, which was constructed in 1740 and is one of the oldest surviving dwellings in the village.

Some reports state that portions of this house date back to at least 1712. The house was originally a well-known inn and hostel but like most of the homes on Main Street, they are now private residences.

Almost all the homes and structures located on or off Main Street seemed to have been constructed between the early 1700s to the mid-1800s. Visitors will have fun reading all the plaques attached to the houses while walking the tree-shaded Main Street.

Not far to the north of Wickford Village on U.S. Route 1 was Smith Castle, which is reportedly America's oldest surviving plantation house. It is located on the original site of Roger Williams' trading post established in 1637. Williams was the founder of what we know today as Rhode Island.

Sections of this structure were rebuilt after a fire in 1678 as the result of reprisals during the time King Philip's War became a thriving 18th century slave-holding plantation. There is a mass grave near the castle where 40 colonial soldiers are interned.

Tours of Smith Castle are available with colonial dressed guides explaining the history of this old house and the times it was used. Later it became a prosperous dairy farm but declined in 1948. It was rescued by a historical society who maintains the castle today.

There is a fee to tour the inside of the house but touring the gardens and grounds is free. If a tour of the castle is of interest, I would check ahead for hours of operation as it is open different times each month. Smith Castle is listed on the National Register of Historic Buildings and is a National Historic Landmark Archaeological Site.

You will really enjoy visiting this area of Rhode Island, there is so much history to see and view. Not far from Wickford is Quonset Point. This used to be a Naval Air Station and home for many aircraft squadrons and two aircraft carriers. Next-door was the famous Davisville Naval Base, which was home to the Atlantic Fleet Construction Battalions (Seabees).

To reach the Wickford Village area, take exit 5 off Interstate 95 taking Route 102 east to Wickford Village. To reach the Stuart Home or Smith's Castle, take U.S. Route 1 from Wickford in either direction depending which one you want to visit and signs will direct you to these historic sites.

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# Activities February

To make changes, call Theresa at the Activities Office at 854-8707, Ext. 11

## Monday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Mixed Tennis D	CTS
8:30	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	Bocce League	BCTS
	Ceramics 9-2p.m.	Art
	Practice Bridge	CR
	Ladies Billiards	PLR
	Dancing Toppers	H&R
9:30	Shuffleboard	CTS
10:00	Tennis Doubles	CTS
	Ladies Billiards	PLR
10:30	Tai Chi	AC
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
	Line Dance Level 2	H&R
	Mah Jongg	CC:A
	Men's Golf Group	CR
12:15	Oxycise	H&R
12:30	Bridge	CR
	Northern Lights	
	Mah Jongg	CC:G
	Aqua Belles	AC
1:00	Bocce League	BCTS
1:15	Line Dance	
	Intermediate	HR
1:30	Shuffleboard	CTS
2:00	Happy Hookers	Art
	Rummicube	CC:E,F
2:45	Line Dance Level 2	HR
4:00	Line Dance Level 1	HR
5:30	Mah Jongg	CC:A
	Table Tennis	CC:D
6:00	Poker	MR3
6:15	Euchre II	CC:H
6:30	Bridge	CR
6:45	Ballet Club	ACF
7:00	Wood Shop	WW
	Dominoes	CC:G

### 1st Week

7:30	Marion Blood Bank	PL
	(All Even # Months Only)	
9:00	Life South Blood	PL
	(All Odd # Months Only)	
	RC Flyers Club	CC:B,C
1:30	D'Clowns	CC:B,C
2:00	Bocce	CC:AC
2:30	Readers/Theatre	CC:D
3:00	Ocala Clown Express	TR
3:30	Comp. Handicap	CC:H
5:30	Avalon Social Club	AC
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

### 2nd Week

10:00	Genealogical Society	MR3
2:30	Theatre Group	CC:D

### 3rd Week

10:00	Genealogical Workshop	CC:B,C
2:30	Readers' Theatre	CC:D
1:30	D'Clowns	CC:B,C
3:00	Ocala Clown Express	TR
4:00	Billiards Club	Art
6:30	Karaoke Friends	CC:E,F
6:30	Sunshine Singers	BR

### 4th Week

3:00	Community Patrol	CC:B,C
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## Tuesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Women's 18-Hole	GC
	Raquetball	HR CTS
	Fun Time Cloggers	BR
9:00	R.C. Flyers Club	Field
	Computer Club	CC:B,C
	Hand & Foot Canasta	CR
	Woodworking	WW
	Arts & Crafts	BR
	<b>Bus Ocala Run</b>	
	Women's 9-Hole	GC
	Horseshoe League	CTS
	Miniature Golf	MGC
9:30	Pinochle	MR3
	Sunshine Quilters	Art
10:30	Horseshoe League	CTS
11:00	Walleyball	CTS
11:30	Lap Swimming	AC
12:00	Lap Swimming	AC
	Men's Poker	MR3
	Cyber Orientation	GYM
12:15	Oxycise	H&R
12:30	Bridge	CR
	Stitch Witches Quilters	Art
1:00	Mah Jongg	CC:A
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Shuffleboard	CTS
1:30	The New Pretenders	HR
2:00	Pickleball	CTS
2:30	Chess Club	MR2
3:00	Shutterbugs	CC:B,C
4:30	Table Tennis	CC:D
5:15	Square Dance Class	AC
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
5:45	Mah Jongg	ACC:C
6:00	Pinochle	MR3/Art
6:30	Duplicate Bridge	CR
	Mah Jongg	CC:G
	Pattern Dancing	BR
7:00	Mixed Poker	CC:H

	Pattern Dancing	BR
	Circle Squares Dance	AC

### 1st Week

8:00	Men's 9 Hole Golf	P.R.
1:00	Sunshine Quilters	Art
2:00	Italian American	CC:E&F
6:30	Candler Excursion	CCC

### 2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:30	Visually Impaired	CC:H
3:30	Alpha Investment	Art
6:30	German Club	CC:G
7:00	Lions Club	CCC

### 3rd Week

8:00	<b>H1N1 (02-16-10)</b>	
	<b>(Swine Flu Vaccine)</b>	CC:E&F
1:30	Unique Birders	CC:H
2:30	New York/New Jersey	HR
3:00	NY/NJ Club	BR
4:30	<b>OTOW Community</b>	HR
	<b>*Bus Dinner Run</b>	
	<b>02-16-10 (Gators Dockside)</b>	
6:00	Caribbean Club	ICC
7:00	Democratic Club	CC:E,F

### 4th Week

8:30	Lions Club	CCC
1:00	Scan/American	CC:E,F
2:00	<b>Girl Scout Seminar</b>	
	<b>(02-23-10)</b>	AC
3:30	Alpha Investment	Art
7:00	Karaoke	CCC

## Wednesday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Men's 18 Hole	Golf
	Men's Softball	SBF
9:00	R.C. Flyers Club	Field
	Woodworking	WW
	<b>Bus Ocala Run</b>	
	Ceramics	Art
	Pickleball	CTS
9:30	Pinochle	MR3
	Crafty Ladies	CR
	Billiards 101	PL RM
10:30	Tai Chi Practice	AC
11:30	Lap Swimming	AC
12:00	Ladies Poker	MR3
12:15	Oxycise	H&R
	Mah Jongg	CC:A
12:30	Bridge	CR
	Japanese Emb	CC:C
	Aqua Belles	AC
	Mah Jongg	CC:A
	Pan Club	CC:MR3
1:00	Bocce League	BCTS
1:30	Shuffleboard	CTS
2:30	Scrabble Club	CC:H
3:00	Newcomers Line	AC
	Dance	
4:00	Softball Practice	SBF
	Newcomers Linedance	AC
5:30	Bingo	BR
6:00	Poker	MR3
6:30	Duplicate Bridge	CR
7:00	Poker	MR3

### 1st Week

9:00	Model Railroaders	MR1
10:30	Travel Toppers	CC:A
1:00	Stamp Club	Bank PAB

### 2nd Week

9:00	Citizens Emer.	CC:E,F,G
	Response Team	
1:45	Native Plant	CC:H
3:00	Pennsylvania Club	CC:E,F

### 3rd Week

1:00	Stamp Club	PAB
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### 4th Week

6:30	Tall Tale Travelers	CC:B
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(No meetings Dec., June - Sept.)

## Thursday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Men's Tennis	CTS
8:30	Racquetball	HR CTS
	Fun Time Cloggers	BR
9:00	Woodcarvers	Art:B
	Art Group	Art:A
	Wood Working	WW
	Computer Club	CC:B,C
	R.C. Flyers Club	Field
	Round Dance Classes	CC:E,F
	Hand & Foot Canasta	CR
	<b>Bus Ocala Run</b>	
	Miniature Golf	MGC
9:30	Shuffleboard	CTS
10:00	Round Dance Class	CC:E,F
10:30	Advanced Tap	HR
	OTOW Concert Chorus	HR
	Friendship Bible Study	MR3
11:00	Walleyball	CTS
	Ballroom Dance	AC
	Lap Swimming	AC
11:30	Lap Swimming	AC
12:00	Advanced Square	CC:E,F
	Dancers	
	Mah Jongg	CC:A
12:15	Oxycise	H&R
12:30	Sewing Bees	Art
	Theatre Group	BR
	Mah Jongg	CC:A
	Bridge	CR
1:00	Bocce League	BCTS
	Badminton	H&R
	(Racquetball Cts)	
	Ballet Club	ACF
	Ten Pen	CTS
	Square Dancing DBD	CC:E,F
	Table Tennis	CC:D
	Swingin' Sisters	H&R
1:30	Shuffleboard	CTS
2:00	Pickleball	CTS
4:00	<b>Bus Grocery Run</b>	
5:30	Mah Jongg	CC:A
	Card Game	CC:B
	Miniature Golf	MGC
6:00	Poker	MR3
6:30	Bridge	CR
	Chess Club	ART
7:00	Poker	MR3
	Mixed Poker	CC:H
	Game Night	CC:G

### 1st Week

10:00	NY/NJ Board Meeting	CC:H
1:00	Rubber Stamping Cards	CC:G
3:00	Opera Appreciation	CC:C
5:30	Southern Club	BR

### 2nd Week

9:00	<b>Identity Theft</b>	
	<b>Seminar (02-11-10)</b>	CC:B&C
2:00	Singles Club	CC:G,H
	NARFE Chapter 2279	CH
7:00	Karaoke Night	CC:E,F,G

### 3rd Week

8:00	<b>*Seminole Casino</b>	HR
	<b>Trip (02-18-10)</b>	
	Canasta	CR
9:00	Rubber Stamping Card	CC:G
1:00	S.P.C.A.	CC:H
1:30	Orchid Club	CC:B,C

### 4th Week

4:00	Comedy Social Hour	AC
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## Friday

6:00	Lap Swimming	AC
7:15	Oxycise	H&R
8:00	Ladies Tennis	CTS
8:30	Dancing Toppers	H&R
9:00	Woodworking	WW
	R.C. Flyers Club	Field
	Dominoes	MR3
	Bocce League	BCTS
	Pickleball	CTS
9:30	Shuffleboard	CTS
10:00	Racquetball	H&R CTS
11:00	Bocce League	BCTS
11:30	Lap Swimming	AC
	Tai Chi Practice	AC
12:00	Ladies Poker	MR3
	Mah Jongg	CC:A
	Mens Golf Group	CR
12:15	Oxycise	H&R
12:30	Aqua Belles	AC

1:00	Mah Jongg	CC:A
	Table Tennis	CC:D
	Canasta the Old	
	Fashioned Way	CR
	Square Dancing	H&R BR
2:00	Fun In the Water	AC
5:00	<b>Happy Hour</b>	AC
6:00	Cribbage	Art
6:15	Nickel Nickel	MR3
	Euchre 4 Fun	CC:A
6:30	Advanced Bridge	CR
6:45	Euchre	H&R

### 1st Week

10:00	Emb. Chicks	CC:B,C
1:00	Women of the	
	World	CC:E,F,G,H

### 2nd Week

9:00	RC Ladybirds	CC:A
2:00	New England Club	CC:E,F,G
7:00	Republican Club	CC:E,F,G

### 3rd Week

2:00	Blackjack Poker	CC:E
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### 4th Week

10:00	Emb. Chicks	CC:B,C
12:00	High 12 Club	TBA

## Saturday

8:00	Mixed Tennis	CTS
8:30	Men's Softball	SBF
	Fun Time Cloggers	HR
9:00	Computer Club	CC:B,C
	Art Group	Art
	Wood Working	WW
10:00	Mixed Tennis	CTS
10:30	Tai Chi Practice	AC
12:15	Oxycise	H&R
1:00	Table Tennis	CC:D
5:30	Open Mah Jongg	CC:A
5:30	Saturday Pinochle	CR
6:30	Bridge	CR

### 3rd Week

5:30	<b>*Sweetheart Black</b>	
	<b>Tie Ball (02-20-10)</b>	HR

## Sunday

9:00	Racquetball	HR CTS
	Miniature Golf	MGC
	Wood Working	WW
12:00	Mah Jongg	CC:A
	Scrapbooking	CC:B,C
12:15	Oxycise	H&R
1:00	Hand & Foot Canasta	CR
3:00	Pickleball	CTS
5:30	Mah Jongg	CC:A
	Miniature Golf	MGC
7:00	Mixed Poker	CC:H

### 2nd Week

6:00	Movie of the Month	BR
7:00	K-9 Club	CC:G

### 3rd Week

2:00	American/Jewish	CC:E,F,G
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*Advance registration and fee may be required. Please check in advance.*

A full list of classes can be found in the Master the Possibilities catalog, available at the Education Building at Circle Square Commons.

## Location Codes

AC	Arbor Club
AC CTS	Arbor Tennis Courts
ACIP	Arbor Indoor Pool
ACOP	Arbor Outdoor Pool
Art	Art Studio
BR	Ballroom
BCTS	Bocce Courts
CC	Arbor Conference Center
CCC	Candler Community Center
CLC	Computer Learning Center
CSCC	Circle Square Cultural Center
CR	Card Room
FF	Flying Field
GC	Golf Course
HR	H&R Exercise Room
H&R CTS	Tennis Courts
H&R	Health & Rec Bldg
HRP	H&R Pool
ICC	Indigo Community Center
MGC	Miniature Golf Course
MR1	Meeting Room 1
MR3	Meeting Room 3
PL	H&R Parking Lot
PL RM	Poolroom
SBF	Softball Field
WW	Wood Shop

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\$10



**February 27**  
Jim Stafford  
Greatest hit, "Spiders & Snakes"  
Gold \$13 Silver \$12 Bronze \$11



**March 19**  
The Smothers Brothers  
Featuring the hilarious "Yo-Yo-Man" performance  
Gold \$40 Silver \$38 Bronze \$36



**May 1**  
"The World Has Talent!" Talent Show  
Audition on March 1, 2010  
Gold \$10 Silver \$9 Bronze \$8



**February 13**  
Bowzer's Rock 'n Roll Party w/Rocky and the Rollers  
Singing "Blue Moon", "Shout" and more!  
Gold \$22 Silver \$20 Bronze \$18



**March 5**  
Dance Party with Shepherds Pie featuring Dunning Shaw  
Singing "Twist & Shout", "Pretty Woman" and more!  
\$12



**April 15**  
Ocala Storytelling Festival's Liar's Contest with Jon Spelman  
\$10



**May 22**  
Bill Allred Jazz Band  
Singing "Route 66", "Love for Sale" and more!  
\$12



**February 15**  
Presidents & Their First Ladies: Dramatically Speaking  
Showtime: 1:30 pm (doors open at noon)  
General Admission: \$10  
A Master The Possibilities Event



**March 13**  
Home Improvement Expo  
Over 50 vendors participating  
9 am - 1 pm • FREE



**April 3**  
Charlie Thomas' Drifters  
Greatest hit, "There Goes My Baby"  
Gold \$18 Silver \$16 Bronze \$14



**June 5**  
Lola and The Saints  
Doo-Wop at its Best!  
Gold \$11 Silver \$10 Bronze \$9



**February 19**  
The Kingston Trio  
Greatest hit, "Tom Dooley"  
Gold \$26 Silver \$24 Bronze \$22



**March 14**  
Rising Stars of Opera Tampa  
Celebrating 15 years of beautiful music  
2 pm (doors open at 1 pm)  
FREE  
Tickets required for FREE admission



**April 24**  
Wilson Williams & The Platters  
Greatest hit, "Only You"  
Gold \$20 Silver \$18 Bronze \$16



**June 12**  
Barbershop Quartet Extravaganza  
Barbershop Harmony at its Best!  
Showtime: 2 pm (doors open at 1 pm)  
Gold \$10 Silver \$9 Bronze \$8



**All shows begin at 7:00 pm and doors open at 6:00 pm (except as noted)**

## TICKET OFFICE HOURS:

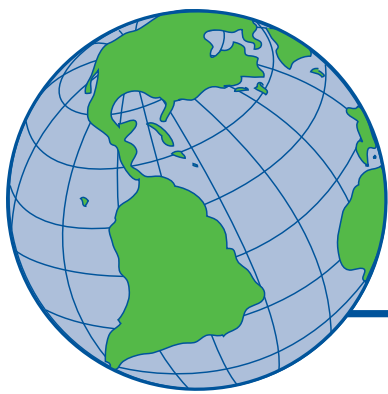
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Schedule and prices subject to change without notice. Reduced ticket prices for residents of On Top of the World Communities. (Resident ID required when purchasing at ticket office.)

Ticket prices do not include sales tax. All ticket sales final. Refreshments available for purchase at events. To arrange for handicap seats, call or visit the ticket office. \*Online tickets subject to a convenience fee.





## New Year's Eve 2009

By Bob Woods  
WORLD NEWS WRITER

Last year was ushered out with a bang and 2010 brought in with a joyous outlook as party goers at both the Health & Recreation and Arbor Club Ballrooms celebrated the clock creeping towards midnight. Both venues were filled with those wanting a New Year's Eve night out to celebrate the New Year.

Those at the Arbor Club festivities, sponsored by On Top of the World, were treated to a buffet meal and live music supplied by Danny and Johnny, Duo of Harmony.

Party goers at the Health & Recreation Ballroom celebrated the occasion, sponsored by Dancin' on the Top Committee, by dancing to the music supplied by Roger with plenty of nibbles and snacks at each table. The dance floor was filled at every musical tune.

Party hats and noisemakers were everywhere. At the stroke of midnight, champagne toasts were consumed with lots of kissing and hugging.

There were around 450 combined partygoers at both locations, which doesn't include the many private parties that took place around the community.

Regardless of how you celebrated the beginning of the New Year, may 2010 bring you health and happiness!



Photo by Bob Woods

Chuck and Lorraine Page, Beatrice Thibodeau, Jack Stone, Bev Woods, Phyllis and Warren Stines toast out 2009 and welcome in 2010 at the Health & Recreation Ballroom.



Photo by Ray Cech

Lee Ann Oliver's work with clay.

## A Lady With Talent to Spare

By Ray Cech  
WORLD NEWS WRITER

When talent, creativity and love of art triangulate, the end result often results in a product that defines the artist's freedom of expression. Lee Ann Oliver's work with clay demonstrates that expression.

Lee Ann started seriously working with clay a few years back when she was developing land and running a construction crew. Here's how she describes it, "I found that creating and painting clay sculptures to be amazingly relaxing after a stress-filled day in the field. I would come home and roll out some clay or pick up a paintbrush and instantly feel my body go tranquil."

Lee Ann passes on that "tranquility" at Master the Possibilities, teaching the art of molding clay into whatever design strikes the student's fancy. Once molded and fired, the piece is then painted, once again, to the student's imagination.

Anyone touring Lee Ann's studio at Master the Possibilities would bet that the finished pieces are the work of professional artists. But to learn that all of the works on display have been created by 55+ amateurs, the tourist is taken with

a new sense of awe. Lee Ann herself is often daunted at the amazing latent talent in our community.

Prior to moving to On Top of the World, Lee Ann Oliver started and ran the Pelican Preserve art program in Cape Coral, Fla., and before that she taught ceramic art, and eventually ran the Art Center in Hilton Head, S.C. There she also started the ceramic arts program for children ages five to eight, as well as for high school students who were looking to expand their artistic experience.

"Watching some of those children create a piece of art from scratch, with minds uninhibited by old habits was a living experience for me. It proves the old adage that a teacher truly does learn from the student."

Lee Ann's talent for creating ceramic art was self-taught, although when she started getting serious she did take a few classes. Learning technique rather than the how-to of ceramic art, gave her greater freedom of expression. She now shares that technique with her students at Master the Possibilities.

## The New Pretenders Show 'Moments to Remember'

By Kitty Wills

The New Pretenders 2010 show, "Moments to Remember" is only two weeks away. The New Pretenders have scheduled three shows this year, Friday, Feb. 12 and Saturday, Feb. 13 at 7:30 p.m. and Sunday, Feb. 14 at 3 p.m.

Months of hard work have gone into the pending performance. Songs were picked, costumes made and many, many hours of rehearsal to perfect the entertainment.

Join us for this "don't miss" evening of

fun and a night to remember.

Ticket sales began early January and will continue Monday, Wednesday and Friday from 8:30 to 10 a.m. at the Health & Recreation Building until sold out.



Illustrated by Stan Goldstein



Photo by Bob Woods

## Arctic Blast

By Bob Woods  
WORLD NEWS WRITER

Brrr—it's cold! Did I take the wrong turn? Is this the sunny, warm Florida that I know and love?

In January, we were subject to extreme cold temperatures for over a week setting or tying all kinds of records for cold temperatures. But just think, we could still be up north and have to suffer these types of thermometer readings everyday for months. At least in Florida, the temperature rises above freezing during the day.

I realize our bodies have adjusted to weather in Florida with our blood thinning but regardless of how you look at it, it is still cold. It is not only cold right here in On Top of the World, but all over the eastern seaboard and even in Europe, especially the British Isles are really suffering.

Now I understand why I went from wearing shorts to long pants and a winter jacket.





**Director of Golf**  
Sally Collins

Mother Nature has wreaked havoc with the On Top of the World and Candler Hills golfers for the first few weeks of the new decade. Let's hope she shines down on our busy golf courses as we proceed further into the new 2010 golf season. The golf staffs at both clubs have many activities planned in the upcoming days for golfers of all abilities.

The World Golf Championship will crown the golf club members' men's and women's "World Champions" for 2010 during a three round competition Feb. 15, 17 and 19.

There will be three divisions - men's 18 hole, women's 18 hole and women's 9 hole with an overall low gross and overall low net winner in each. Additionally, there will be flights in each division (based upon number of entries) with both low gross and low net places being awarded in each.

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The event will be contested over all three courses and culminate with an awards dinner at the Arbor Club on Monday, Feb. 22. Cost, including the dinner, is only \$40 per person. Register no later than Feb. 7.

The rules of golf can be extremely confusing if you attempt to read the USGA Rule Book on your own. Come on out for the "On Course Rules of Golf" seminar at Candler Hills on Wednesday, Feb. 3 from 3:30 to 5 p.m. and let the pros explain how the rules can actually save (yes, save) you strokes. Cost is only \$5 per person - please register in advance in the Candler Hills Golf Shop.

If your short game needs some assistance, you may want to add the free clinics to your schedule this month. Friday, Feb. 5 at Candler Hills will be the putting clinic; On Top of the World hosts the chipping clinic on Friday, Feb. 26. Both clinics are held at 10 a.m. and no registration is required.

Wondering why you can't score? Have you checked the set make-up in your wedges?

Can't get out of a bunker using a pitching wedge? Then you need to attend the Cleveland Wedge Day and Short Game Clinic at Candler Hills Feb. 12 from 10 a.m. to 2 p.m. Take a pitching clinic for only \$10 and if you buy a wedge, we'll put that money towards the purchase price! Sign up to guarantee a spot! Remember, 67% of the game is less than a full swing.

The deadline to spend your shop credit has been extended to Feb. 28, 2011. The credit will not expire this year, as previously had been announced, in consideration for a prior agreement.

Back by popular demand is the Cleveland Tech Van on Friday, March 5 from 10 a.m. to 2 p.m. at Candler Hills Golf Club. You can get your new custom clubs built on site to your specifications.

Be sure to check out the Golf Shop sales on outerwear for both men and women during the month of February.

**On Top of the World Golf Club**

Just a reminder, please check in the Golf Shop prior to going to the tee. Rangers will be inspecting golf carts for current year trail fee stickers and randomly asking to see current membership cards.

Tortoise and the Hare will be closed Thursday, Feb. 4 until 1 p.m. for an application of Ronstar. Please check the bulletin board routinely for updates on golf schedules.

**Candler Hills Golf Club**

Congratulations to Ken Bohn for his eagle two on hole #2. Ken slam-dunked it into the cup from 135 yards out. Ken was playing with the Duffers when he accomplished this feat.

Candler Hills Restaurant now has a new liquor license, which allows liquor, beer or wine purchased in the restaurant to be consumed solely in the restaurant or patio area.

You may no longer take these purchases outside of these locations. The beverage cart will be available for your enjoyment on the golf course areas.

In order to avoid any golf cart or pedestrian accidents, we are asking for everyone's cooperation regarding cart parking around the restaurant and patio area. Please park your cart in this area only if you will be in the restaurant for five minutes or less - stopping at the turn to pick up food or use the restroom. If you are planning on spending some time socializing or having lunch, please park your private cart in the grass area by the cart barn. This should alleviate the congested area by the restaurant and putting green area. We appreciate the help!

Please note that Candler Hills Golf Club will be closed Feb. 4 until 9 a.m. for a Ronstar application.

The Ocala Open is a definite go! Watch the bulletin boards around the golf shops for more info on this signature event that will be held March 23-27 at Candler Hills.



**Ladies 18-Hole Golf**  
Marilyn Rose

We have certainly been dealing with cold weather for about a month now. You will note by the tournaments that have been played that we are victims of low temperatures. But we do have some things that should be mentioned.

Our Black and White luncheon was successful despite the weather. No golf, but Bruce had a good lunch for us and our meeting was fruitful. Thanks go to the committee, Harriet Brower, Ellie Rapacz, Dea Johnson and Marilyn Rose.

We decided on new uniforms - white golf shirts and black pants or shorts. We will be wearing these in February when we are guests of the 9-Hole LGA. Be sure to sign-up in the back room at the Golf Shop.

We also have The World Golf Championship coming up in February. The dates are Feb. 15, 17 and 19. We will be playing at all three courses.

The Awards Dinner will be held on Monday, Feb. 22, at the Arbor Club. The cost for each player is \$40. If you want to have a guest with you for the Awards Dinner, the cost is \$20 for your guest. Cut off for sign-up is Feb. 7. For further information on this, please check either Golf Shop to get all the details. Hope to see all of you at both of these events.

We also have a slate of officers for the coming year: president, Pat MacMurray; vice president, Jan Julhin; secretary, Jo Ann Roney; treasurer, Carol Johnson; and assistant treasurer, Chris McIntire. We will be voting on this in March. If anyone else would like to run for any of these positions, please contact Connie Shirley.

Now, here are the winners:

**18-Hole Most Pairs**  
Nov. 19

Flight 1: 1-Gretchen Normandin; 2-Sandy Chase; Tie at 3-Mary Lyon, Linda Bervinkle, Judy Pasch.

Flight 2: Tie at 1-Pat MacMurray, Mary McAtee; 2-Mary Driver; Tie at 3-Lou Borders, Angelita Pena, Maggie Hudacik, Shirley Smagner.

Flight 3: Tie at 1-Carolyn Cummings, Jeanne Rice; Tie at 2-Glenna Swank, Harriet Brower, Dea Johnson, Marie Marquis.

**18-Hole Scramble**

1: 69-Beverly Ovrebø, Shirley Smagner, Marilyn Rose, Helen Foskett; 2: 73-Mary Lyon, Laurie Hall, Dot Muller, Jeanne Rice; 3: 74-Tie-Iro Lisinski, Mary Jane McAtee, Carolyn Cummings, Rose Hoovler; Pat MacMurray, Betty Gustafson, Yoshiko Young, Rose O'Neil.

**18-Hole Two Best Balls**

1: 124-Rose O'Neil, Mary Jane McAtee, Glenna Swank, Fran Griswold; 2: 125-Nancy Nicholas, Chris McIntire, Carolyn Cummings, Jo Apperson; 3: 128-Carol Johnson, Lou Borders, Yoshiko Young, Blind Draw; 4: 131-Mary Lyon, Shirley Smagner, Marti Marta, Mary Skenion.

We look forward to getting back to playing. Remember it is 8:30 a.m. show for a 9 a.m. go. See you on the Links.

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**Potluck Dinner and a Movie**

By MARY EHLE

Please mark your calendars for Feb. 7. This is one week early because The New Pretenders will be performing on our usual Sunday.

The movie will be "Beyond a Reason-

**World News Deadline**  
Noon, 13th of the month

able Doubt" starring Michael Douglas, Amber Tamblyn and Jesse Metcalfe. It is a bit of a scary story in that it could be very true in today's world. It is about a criminal lawyer who wants to be governor. He is challenged by a hotshot reporter who is trying to prove that he is dishonest. The reporter frames himself for a murder in order to prove the lawyer's dishonesty. It is very exciting and has many good twists to the story.

This month will be a potluck and the club will be providing meatballs and sau-

sage. Please bring a food dish to pass as well as your table setting and your non-alcoholic drink. Remember we want to eat promptly at 5:15 p.m. so be there by 5 p.m.

The movie and the dinner are open to all residents of On Top of the World and their overnight guests. The cost is \$6 for the year or \$2 at the door on the movie night. It is a great buy either way. Hope to see you there.

If you do not wish to join in the meal, you may just attend the movie at 6 p.m.

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# North to Alaska

Part 2 of 2

By BOB WOODS  
WORLD NEWS WRITER

Our next destination was Icy Strait Point, Alaska. Few cruise ships visit this port as only one ship is permitted at a time.

Icy Strait Point is basically an old salmon factory that has been renovated into shops and a few eateries. It is also the gathering point for the few shore excursions available. This fish factory is located near the city of Honnah, which is the largest native Tlingit Indian settlement in Alaska. All those employed at the fish factory are native Indians.

One of the most sought after excursions other than Bear and whale watching is the Zip Rider. It takes 45 minutes by bus to reach the start of this ride, and is some 1300 feet high on a mountaintop overlooking the entire area. The Rider is 5,330 feet in length taking 90 seconds to reach the end. It is a 1,300-foot drop and the rider obtains speeds up to 60 mph. I didn't participate in this ride, as I didn't bring enough underwear in case anything happened.

Our next location on the cruise was the Hubbard Glacier. As the ship approached the bay, I could barely see the giant ice flow because of fog. As we approached closer, you could see the gigantic mass as it made its way to the sea. This glacier is part of the National Park Service. Getting closer, I could make out another cruise ship at the base making this ship a tiny object against an enormous giant.

Hubbard Glacier is the largest tidewater glacier on the North American continent. It travels 76 miles from its begin-

ning and as it reaches the sea it is 6-miles wide reaching heights of 300 to 400 feet above sea level and believe it or not, the glacier is 300 feet from sea level to the bottom.

We then cruised along to the old Russian capital of Sitka, Alaska. This city sitting on an island is the largest city by square mileage of all the cities in the United States. It still has a lot of Russian influence and a large Russian church sits right in the middle of town. This is a very beautiful town and the weather is very mild due to the currents from Japan.

After six days of visiting ports and different locations, a day at sea was welcomed as the ship headed south through the inside passage towards Victoria, British Columbia. We had an excursion scheduled for a brief city tour heading for the Butterfly Museum and then on to Butchart Gardens. The gardens are rated by some as being the best in the world and I would have to agree.

The butterfly museum was great, smaller than the one at the University of Florida.

Butchart Gardens was awesome. What beautiful flowering plants and shrubs. I couldn't believe the size of some of the plants that are grown locally. They put those around here to shame.

We had another day at sea before arriving for a two-day stay in San Francisco where we would relax by gazing out over the water looking for signs of whales. We saw many whales blowing but very few actually jumping out of the water.

Reaching San Francisco, well let me put it this way, it was foggy entering the harbor and passing under the Golden Gate. The sun eventually greeted us as we ventured to Fisherman's Wharf, touring the city on a double-decker bus, visiting the local bakery made famous for its sour dough bread, and of course no stop in this California city would be complete without visiting Pier 39.

We also took a boat ride around the



Photo by Bob Woods

**A White Pass Yukon Route train makes it way from Skagway, Alaska to White Pass with passenger cars loaded with shipboard tourists.**

harbor. We went out to the Golden Gate Bridge and then to Alcatraz where we had a bird's eye view of the old federal penitentiary. Alcatraz is now a National Park and was last used as a federal prison in 1963. Its nickname is "The Rock."

We departed San Francisco to our final cruise destination of San Diego where our cruise ended and a flight back to Florida

completed our 15-day adventure to the last frontier.

### Stay Informed!

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Photo by Robert Riedeman

**Gitte Agarwal shows off her excellent skills.**



### Shuffleboard Robert Riedeman

Shuffleboard Club play continued with the usual league competition among the six regular playing groups in December (although in a somewhat diminished fashion because of the cold weather). The winners in the various groups are as follows:

**Monday a.m.**

Men: Bob Schuck; Women: Vicki Lentz.

**Monday p.m.**

Men: Willis Griffin; Women: Margot Thomas & Anita Werner.

**Tuesday p.m.**

Men: Armann Rohde; Women: Eleanor Krowka.

**Wednesday p.m.**

Men: Lou Crudele; Women: Paula Magen.

**Thursday a.m.**

Men: Vito Chieco; Women: Agnes Hickman.

**Friday a.m.**

Men: Al Kawalec; Women: Marilyn Youngman.

At a recent meeting of the club executive committee, the pros and cons of having a "varsity" team from the club to compete with outside groups such as Oak Run and Marion Landing was discussed. In the past, this competition was done by anyone who signed up. No decision was made and the matter will be brought up at a future meeting.

It was decided that there will be no increase in dues at this time and dues will be half price for those who join after Jan. 1.

The information given in last month's column regarding the date of the next general membership meeting was incorrect. The correct date is March 4, at 10:30 a.m. in the Health & Recreation Ballroom. This will be a luncheon meeting organized by social director, Helene Sternberger.

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### Men's Golf Association

George Blankenship

As we welcomed in 2010, we also somehow "welcomed" a lot of cold weather. Since December, we have had to cancel several Wednesday play days and this past month, January, had to push the start day of the President's Cup back. After the rainy summer and the cold winter so far, hopefully things will be improving going forward.

Both the Links and the Tortoise and Hare courses have been re-evaluated by the ESGA, as to the course ratings and slope. At the same time, the gold tees for both courses have been rated and will also be in the computer when the other new ratings are changed, if indeed there are changes.

At some future date, the re-evaluating of the handicap assignment to each hole will be undertaken. This is a completely separate activity from the course ratings and is done by the local club and the golf staff.

The addition of the official rating of the gold tees is especially welcomed by the MGA. At the MGA board meeting in January, we discussed the creation of a

gold flight to be added to all of the MGA events. When we are able to begin this flight, we will have on Wednesdays four flights, A, B, C, and gold (or it may still be referred to a D flight on the pairing sheets but will be made up of gold flight eligible members).

On individual events, this will give all of our members a chance to compete with other members of comparable skills and abilities to hopefully increase their golfing experience. On team events, the teams will still be made up of members of the four flights. If you have a gold member on your team, they will play from the gold tees just as in an individual event.

For an MGA member to be eligible to play in the gold flight, they must have a handicap index that will translate to a course handicap of 25 or above. No one will be required to play in the gold flight, no matter if their course handicap is 30. This will be a completely volunteer flight.

However, once you sign up for the gold flight you will be required to remain in that flight for the duration of that year. At the beginning of the next year, we will have another sign up period. In that way, new players can opt in and older players can opt out and go back to C flight.

Until next month, play well, have fun and remember we "play" golf. It's a game.

#### MGA 18 Low Gross-Net Flighted Dec. 18 / The Links

Gross Flight 1: 75-Tim O'Neil; 78-William E Young Jr; Tie at 81- John Langville and Rudy Normandin.

Net Flight 1: 68-Raymond Beloin; Tie at 69: Dan Carty and Ian McCulough.

Gross Flight 2: 81-Art Buecher; 86-Bud May; Tie at 89-Ralph Solvold and Ray Hellman.

Net Flight 2: 66-Larry Chase; Tie at 71-Clifford Jones and Jim Weaver. Gross Flight 3: 87-Norm Lallier; 89-Ron Thompson; Tie at 92-David Miller and Francis Caprez.

Net Flight 3: Tie at 67-Calvin Apperson and Kas Kaske 67; Tie at 71-Mike Driver and Norm Lantz.

Gross Flight 4: 91-Jerry Segovis; 93-Bill Walker; 94-Richard Schiller.

Net Flight 4: 64-Alfred Wells; 67-Peter M. Peterson; 70-Arnold Greene.



### Candler Hills Men's Golf

Joe Alfano

The weather outside is frightful but Candler Hills golf can still be delightful. It can be if you still own long underwear, a ski cap, woolen socks and a cart heater that works. Freezing temperatures, blustery winds and snow flurries - those are three things you want to avoid putting in a "Come Live in Florida" ad. In spite of the inclement weather, golf was still the order of the day for the Candler Hills Men's Golf Association.

Our website, chmga.com, has been recently updated with new and useful information. Members are invited to peruse the site for all pertinent information about our association including 2010 league schedule, how our numerous game formats are played and other valuable information.

The association welcomes new members, Buddy Johnson and Joe Jingco, to the fold. We hope you both enjoy the ride but a modest, reserved and diffident group we are not. Our convivial association is a smorgasbord of personalities and skill levels. We suffer no maladies unless sheer enjoyment of the game be a disease. Anyone interested in playing this most honorable of games with us can contact me at tjalf8371@yahoo.com for more information.

The association extends hearty congratulations to newly appointed Chandler Hills Assistant Golf Pro, David Russell Smith. Known affectionately simply as Russ, he has taken the first step toward achieving his lifelong goal of becoming a Class A PGA Golf Professional. Though a prodigious undertaking, the membership has no doubt in his ability to achieve such lofty status and we wish him well on his

journey. If we may be so bold as to give him just one piece of advice when playing with us, it would behoove him to hit his tee ball only 50 yards in front of ours instead of his customary 100 yards!

Someone once said that, "golf is the cruelest game, because eventually, it will drag you out in front of the whole school, take your lunch money and slap you around." Standing up to the golf bully this past month was Chris Jett (70), Paul Moltisanti (71), Tom Garrison (76), Garry Gerlach (77), Steve Kupsch and Frank McCray (78). Nice job golfing your ball gentlemen.

As always, I wish everyone a life of "nothing but fairways and greens."

#### Four-Man Team Stableford Dec. 15

163-Tom Garrison, Jack Gustafson, Bob Cooke & Bill Horton and Tom McGurk, Steve Kupsch, Phil Moherek & Ken Zweiback; 161-Frank McCray, Dave Masaschi, Norm Giannukos & Ed Vioria and Fred Spain, Bruce Venslavsky, John Diaz & Rich Trembulak.

#### Four-Man Three Best Balls Dec. 22

196-Paul Moltisanti, John McCoy, Jim McGrath & John Hadl and Bob Shively, Frank McCray, Ken Zweiback & Bill Horton; 198-Bryant Giffin, Walt Pacuk, Stan Jarmel & Keith Lincoln.

#### Four-Man Two Best Balls Dec. 29

121-Garry Gerlach, Bob Cooke, Jack Ashenfelter & Joe Buba; 124-Bob Shively, Tony Mysterly, Ken Zweiback & Don Huston; 125- Dan Gill, Roger Whittle, Jon Raupach and Paul Lowe.

#### Individual Net Jan. 5

Flight A: 72-Walt Pacuk & Joe Alfano; 73-Lon Scheibal.

Flight B: 75-Bill Anger; 80-Glenn Sauer & Phil Bucchi.

Flight C: 73-Gil Schofield; 74-Tony Mysterly.

Flight D: 68-Joe Buba; 73-Bob Starrett.

#### Four-Man Scramble Jan. 12

60-Lon Scheibal, Bruce Venslavsky, Bob Cowie & Bill Horton; 61-Paul Moltisanti, John McCoy, Dick Masterson & Joe Jingco; 62-Garry Gerlach, Fred Jankowski, Jim McGrath & Joe Buba.

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**Ladies 9-Hole Golf**  
Diane Dzik

On Feb. 9, the LGA 9 will host the On Top of the World 9-18 Invitational. Chairpersons for this event are Lucy Quaranta and Caroline East. Reservations are due by Feb. 2. There will be door prizes and mulligans. It's always a great event to mix with the 18 holers and watch their skills on the course.

We have added a new member to our ranks. If you see a face you may not recognize, step up and introduce yourself to Linda Dumeer. Welcome Linda!

New league golf shirts for the New Year can be ordered from Carol White. She will have two types of samples available to see at our Feb. 2 league meeting. The cost is \$18, which includes monogram and name. These are women's golf

shirts, designed to fit those curves and to wick moisture away from the body.

Invitationals are scheduled all through the spring. Eagle Ridge will host a Rally for the Cure on March 25. It is an 18-hole scramble with registration at 7:30 p.m. The price is \$65. Deadline for sign-up is March 11. Future invites include Citrus Hills on April 12 and Sugarmill Woods in Homosassa on April 26. Please watch the board in the league room for information as it becomes available.

Our own invitational is scheduled for March 30. Our breakfast and lunch settings will change this year as we move our registration and breakfast buffet to the Arbor Club and our luncheon to the Arbor Club Ballroom.

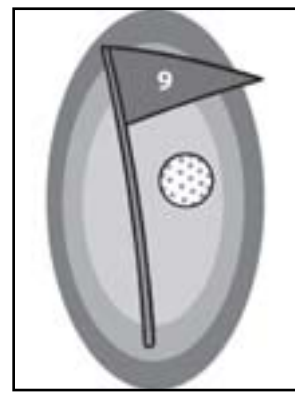
**POINTS TO PONDER:** Unplayable ball - You have these options under a one stroke penalty. You can replay the previous shot, drop within two club lengths of the spot where the ball lay, but no closer to the hole, or drop a ball anywhere along an imaginary line behind where the ball came to rest. This line is "drawn" from the hole through the point where the ball came to lay. How many of us consider the strategy of this last point?

**Holiday Jump A Hole**  
Dec. 15

Flight 1: 40-Grace Bock; 43-Lorraine Rourke; 44-Kathy Dushary, B.J. Leckbee, Carol White.

Flight 2: 45-Michaela Beyer; 47-Sumiko Bridges, Jean Flynn, Judith Kane; 49-Alice McDaniel.

Flight 3: 51-Ruth Mitchell; 53-Carol Bell, Cathleen Hathaway, Evelyn Stewart.



**Candler Hills Ladies 9-Hole**  
Dianne Masterson

Brrrrr! Baby, it's been cold outside! But the frigid temperatures, cold winds and the fact that both Christmas Eve and New Year's Eve fell on league days, were not enough to keep the 9 Hole Ladies of Candler Hills from playing the game of golf. Despite these detriments, and because of our love of the game, the majority of our golfers bundled up (looking more like skiers than golfers) and hit the links. Those golfers that met with success during these frigid times are as follows:

**Florida Scramble**  
Dec. 17

Tied at 39-Debbie Massari, Marguerite Pitrowski, and Lois Laine; Susan Buckland-Mulhern, Dianne Bowles, Julie Crudele, and Mary Giannukos.

**Three Blind Mice**  
Jan. 7

Flight 1: 19-Betty Dong; 20-Peggy Borro. Flight 2: 18-Piper Thomas; 19-Olive Curtin.

Flight 3: Tied at 21-Sandy Schaffer and Judy Parisi.

When we're on the greens, let's all remember some common courtesies. When you mark your ball, place your marker behind the ball and while doing so do not step in the line of your fellow golfers. Watch that your shadow does not interfere with another golfer's putt and that you are standing to the side and are not talking.

As a common courtesy, the person closest to the pin should pull the flag. And, the first golfer to putt out should be the golfer to return the flag once all golfers have completed their putts. All golfers should return to their carts quickly and proceed to the next hole.

Your goal is to keep up to the foursome in front of you. When they are on the green, your foursome should be ready to tee off.

Another reminder to all 9 Holers! You should be signed up with the Golf Shop on the Tuesday preceding play. And as a courtesy, please e-mail Heddy that you have done so. On regular league days you should have practiced, paid and be ready to meet with Russ at the driving range by 12:45 p.m. Don't forget that the third Thursday of the month is "red shirt day" and that a luncheon at Candler Hills Restaurant is held before going out to play.

We would like to welcome new members Angie Jingco and MaryPat Giffin to our ranks, and welcome back to Susan Pleinis.

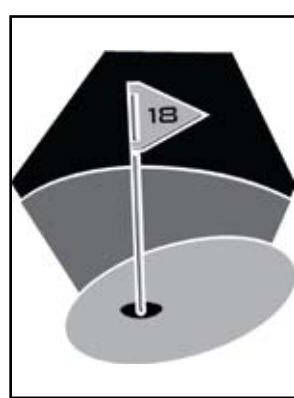
**HOW WELL DO YOU KNOW YOUR FELLOW NINE HOLERS?** This month, I would like to profile both Sandy Schaffer and Lois Laine. Both ladies give credit to Marc Schaffer for helping them to develop their love for the game of golf and for being a patient teacher.

Lois said that her brother Marc and her parents were instrumental in getting her out on the course over 40 years ago. After taking some time off, she resumed playing about 15 years ago and still marvels that no two golf shots are ever the same. She also says that she looks forward to golfing with a friendly group of women each Thursday.

Sandy, Marc's wife, started out under Marc's tutelage and then took a new golfer clinic at Candler Hills with other neighbors that were just beginning to play. She has also had private lessons. Initially, Sandy's main goal was to learn how to golf so that she could golf with Marc in retirement. Her focus has changed however. She now says, "I'm doing it for me!"

As I end this February article, in this month associated with love, I would be remiss if I did not give a shout out to our English Rose who, on a weekly basis, is often heard saying "nice shot love" or "great game love." What a lovely lady!

I'll sign off wishing you sunny days, long drives and short putts!



**Candler Hills Ladies 18-Hole**  
Carol Joseph

Okay, all right, already now, we are crying uncle! We have had enough of this cold weather. We even tried changing our tee times to the early afternoon hoping for enough warmth to play but to no avail! What else are we to do? We could all move to Arizona where the "old" people go...no, no, no that's too drastic!

We were able to play a few times in December but haven't as of this writing played in January.

The "Just Fore Fun" dates are:  
· March 8 at Golden Hills  
· April 19 at Candler Hills  
· May 3 at Harbor Hills

Unfortunately, we have not heard from Country Club of Ocala as of this writing. You should get these dates on your calendar now and I will let you know of the Country Club of Ocala, when I get it.

The shotgun starts have been a delight. We are all able to socialize after spending the morning in fierce competition on the course. We haven't actually had lunch afterwards unless you count all liquids as lunch.

The play days for February are:

· Feb. 4 - The Card Game  
· Feb. 11 - Low Gross & Net (qualification for Presidents Cup & stay

for lunch)  
· Feb. 18 - Blind Partners  
· Feb. 25 - Best 9 of 18

**Confusion**  
Dec. 17

All players received shop credit

**"T" and "F"**  
Dec. 24

1: 30-Jackie Rickloff; 2: 34-Mia Kolar; 3: 36-Judith Pasch.

**Lady Luck**  
Dec. 31

1: 71-Mia Kolar, Kathy Beaty, Carol Clark; 2: 72-Jackie Rickloff, Carol Joseph, Toni Stevenson, Linda Buschur.

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**Arbor Club  
Tennis**  
Jorge Privat

With the holidays gone, this year is already moving right along. I think that we were fortunate that during the coldest days, the sun was shining and the wind was calm, so playing was actually enjoyable.

Hopefully by now, we are back to our normal activities and most of you can participate in the club tournament. Remember that the underlying purpose in all the activities, including club tournaments and inter-club meets, is simply to have fun and to develop new and lasting relationships. It's been my experience that through tennis you always meet nice and friendly people.

Please remember that even though some of you started with tennis at a later age, you can always improve your skills with the right attitude and a little instruction. In this issue, I will give you some

simple bits of advice that can enable you to play better if you follow them.

**Tennis Tip Of The Month:  
Doubles Play**

**THE SERVE:** Concentrate on your toss. Place the ball where you can easily hit it. Practice your serve at least to where you don't give many free points away by double faulting. (This is one stroke you can practice alone).

As you progress, you can add power, direction and spins to make the return more difficult for your opponent. Change the pace of your serve. A faster or slower ball than your normal serve can throw off your opponents.

The Return of Serve: Start out by hitting your return cross-court. This is the bread-and-butter return in doubles. Usually, the ball crosses the net at its lower point, and when you hit diagonally, you have more court to work with.

Avoid the person at the net; his job is to put easy balls away. Try the lob. This is a great way to mix up your returns. You will usually lob over the net person's head. This gives you and your partner an opportunity to take over the net position.

Practice your volleys as much as you can, because taking the net position is paramount to playing doubles; chip and charge.

At the higher levels, the team at the net usually wins the point. So, trying to get to the net should be one of your objectives. If one of your opponents hits a weak second serve, focus on hitting a deep cross-court return and follow the ball to the net.

A more surprising move is if you poach when your partner hits a good return (a deep and low cross court). All

too often players think of poaching only when their partners are serving. Let your partner know of your intentions, so he can be ready to cover your side when you cross over.

Play back as a team. You might do this if you and your partner have great ground strokes but your volleys are weak. Another situation is when your opponents have great ground strokes or volleys, making you and your partner target practice when you are at the net, particularly when receiving the first serve. You may also do this as a ploy when things are not going so well in a match.

**THE PASSING SHOT:** You need steady nerves and a variety of shots to beat an opponent who has ventured to the net. When someone is at the net trying to rob you of time, it's hard not to feel rushed and flustered. Instead of focusing on the ball, you get consumed by the player in front of you. You need to prepare early, pick a target, stick with it and complete your swing.

At the beginner levels, force your opponent to volley. At lower levels of play, the panic factor is elevated. But, if you analyze the situation, you should not feel much pressure. In all likelihood, your opponent is not a proficient player, so there is little reason to fear his presence at the net.

Concentrate on watching the ball hit the strings and completing your stroke. If you make solid contact, your opponent is going to struggle with the volley.

Make use of the defensive lob. When you know you don't have a clear pass, this is where the defensive lob comes into play. It can move your opponent back off the net and give you more time to get back into the point. The lob can change the momentum of a point and put you in

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**Men's Doubles**  
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**Ladies' Doubles**  
Wednesday & Friday, 8 a.m.-noon

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a neutral or even an offensive position.

Use combinations. Try hitting your returns at your opponent's feet, which can produce a weaker shot from your opponent. Be smart with your directional choices. When your opponent comes to the net, you have a split second to make a choice.

Be decisive. This means picking up a spot to hit your passing shot, either down the line, cross-court or a lob. Go where you have more room to execute your passing shot. Keep your passing shots low. The higher your ball the easier for your opponent to create sharp angles and put the ball away.

We shall continue next time. Have a good tennis month and see you on the courts.



**Bocce**  
Bob Woods

Boy, we have had some cold snaps! So cold in fact, many teams and leagues did not play.

As I mentioned last month, the annual On Top of the World Bocce banquet will take place on Sunday, March 28 at Stone Creek. Cocktail hour (cash bar) will begin at 5 p.m. and dinner will be served at 6

p.m. There will be three entrée choices; London broil, chicken and fish. The cost is \$10 for members and \$20 for non-members. Banquet tickets can be purchased from your league representative.

Fun will be had by all and don't forget this is our annual meeting where any business, if any, plus the election of officers will take place for the ensuing year. If you would like to serve as an officer, please contact one of your three directors.

We appreciate all those that are lending a hand at the courts whether wiping down the benches, placing the balls in the courts or cleaning up the courts.

Again, a copy of the by-laws and rules are posted on the inside of the bocce shed door; please read them.

Next month, I will address the following questions: When play is completed after a frame and it is determined after measuring that there is a tie, which team receives the points? Who and where does play resume? What is the grace period allowed before a game is forfeited?

See you next month and if you have any newsworthy events or incidents happening on the courts, please let me know.

Keep those bocce balls rolling.



**Bloodmobile**  
Don Pixley

Even though our population increases, we still get the regulars but few, if any, newcomers. It is readily acknowledged that many cannot donate but the percentage of those that can is high. Please remember, we are the sole supplier of all Marion County hospitals.

If you fall into donating category, please show up at the Big Red Bus in the Health & Recreation parking lot on Monday, Feb. 1 from 7:30 a.m. to 2:30 p.m.

We look forward to seeing you!



**Republican  
Club**  
Tony Tortora

The club meets on the second Friday of each month at 7 p.m. in the Arbor Conference Center unless otherwise advised. Members with an e-mail address will be notified of changes.

John Deakins, candidate for State House of Representatives, District 22, was the guest speaker at the January meeting. His opponents were invited but did not show.

Also present were members of the Tea Party in Marion County. They are a non-partisan group, not registered as a Political Action Committee, and taken on the task of interviewing candidates of all parties. For information, log onto www.teapartysolutions.net.

Planned programs in the future include school board candidates in February, county commission candidates in March and a barbeque picnic in April. Tickets for the April barbeque will be sold at the February meeting for \$15 per person. This picnic is held in honor of our superintendent of schools, Jim Yancey.

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**Women of the World**  
Terri Molnar

The 2010 January calendar gave Women of the World the opportunity to take advantage of a meeting on the second Friday of the month rather than the usual first Friday. "What advantage?" you might ask. The date was Jan. 8 and it just hap-

pened to be Elvis' 75th birthday. As we were getting ready to begin, an excited buzz stirred the 255 women. Suddenly, Elvis was in the house! He sang, he gyrated, and he filled our hearts with memories! Then, before we knew it, Elvis left the building!

Our thanks to our own Dave Guildford for starting our year off on such a happy note...and to Dave's wife, Paula, for working the sound system for the king!

The program continued with "A New Year, A New You" presented by our fitness director, Cammy Dennis. Her Power-Point presentation re-enforced the multifaceted approach to better health and fitness. Cammy gave us some concrete reasons to attend land and water classes as well as the lecture series presented at Master the Possibilities.

The luncheon and fashion show to benefit Hospice of Marion County is slated for Saturday, March 13. It will begin at noon in the Health & Recreation Ballroom. At this writing, fewer than 50 tickets are left. If you still need a ticket, call Sharon at 854-5155 to find out what's available. The price of the ticket is \$20, which includes a buffet meal, provided by Brick City Catering, as well as a generous do-

nation to Hospice of Marion County. All funds raised by the basket raffle go to Hospice of Marion County, too.

Other committees for our March event have swung into action. Joan Connolly will chair the basket raffle; Judy Singer and Mary Curry will chair the raffle ticket sales; April Pollard will chair the decoration committee; and Marsha Vieu and Cheryl Fotia will chair the finance committee. Members have volunteered to help on these committees as well as donate the baskets for the raffles.

Models will journey to Dillard's in late February to select the clothing for the show. We can't wait to see the results! There are a few other surprises planned for our audience during the program.

We are happy to announce that the Key Club from West Port High School will once again be on hand to help at the luncheon and fashion show. Mr. Tyler Waters, the sponsor of the club, does a terrific job with some of the finest examples of our youth; they are as willing and eager to assist us as we are to have them here.

Operation Shoebox continues to be our pet project. Bonnie Salo, the chairperson, makes a trip to the Belleview office every month with the donations, you generous-

ly provide. Helmet liners are an on-going need for our service personnel since Iran and Afghanistan are very similar to New England and Canada, weather-wise.

In February, we expect to see red at our meeting not because we are angry, but because it is National Heart Month. Our members do have heart, too! Their hearts will embrace the charity of the month: Covenant Children's Home in Dunnellon; specific needs will be listed in the meeting reminders.

Our new method for collecting donations prior to the meeting seemed to work well in January. We will, therefore, try it again in February. The truck from the Covenant Home will be parked near door H so we can load directly into it. For those with mobility issues, a cart will be located at door E to accept your donations, too.

We welcome all women from On Top of the World so why not join us on Feb. 5? Come to the Arbor Conference Center, Suites E, F, G and H. We will serve light refreshments before the meeting, which begins promptly at 1 p.m. Hope to see you there!



**Red Hat Society**  
Vivian Brown

Hope all you ladies are working hard preparing for our annual PJ party on Sunday, Feb. 21 in the Health & Recreation Ballroom. The days are dwindling, so keep your eye on making a great show!

Ladies, let's look for the good in each other and smile, because when you're smiling, the whole world smiles with you. What a world that would be!

**The Razzle Dazzle Red Hat Dames**

We had a wonderful Christmas luncheon at Mimi's Cafe. The service was great and the food delicious. The atmosphere, fellowship and holiday spirit was a perfect combination for merriment and fun. I surprised my ladies by giving each of them a gift. It was my way of thanking them for their friendship, kindness and the joy they bring to my life.

Remember, ladies, to live well, laugh often and love much. You are the greatest and God bless! *QM Vivian Brown*

**The Glitzy Gals**

We started the New Year with our luncheon at Sky Asian Fusion Restaurant celebrating our fifth anniversary. The food was delicious and the service good. Carol Cecala and Aldona Sachs were our hostesses. Favors included sweets and a compact folding shopping bag. Janet Wahl won the prize for this month. An evening meeting at QM Mary's home, a trip to Tampa Bay Downs, a High Tea at Seven Rivers Country Club, walking for Hoofin' It For Hospice and the PJ Party are some of the activities we will be doing this coming month.

Plans for the PJ party are progressing and we are looking forward to another en-

tertaining and delightful evening.

May health and happiness surround you in every season. *QM Mary Curry by Janet Wahl*

**Happy Attitudes**

We look forward to 2010 and hope for another good year in our Red Hat group. In December, we had a wonderful Christmas celebration. Our tradition is to go to Harry's restaurant, so that we get to see the downtown square all beautifully lit up. We love to watch as the lights are all turned on.

After dinner, we went to Queen June's house for our annual Christmas celebration. We all enjoyed seeing June's lovely Christmas tree and decorations. Delicious dessert was served by Queen June, and we had our gift exchange, using our fun game to exchange gifts. It's a funny, mixed up game, but one we all enjoy and in the end we each have a lovely gift. We wish a happy, healthy 2010 to all, and happy Red Hatting. *QM June by Mary Black*

**The Red Hat Dollies**

On Dec. 18, we had a wonderful Christmas party luncheon at Juliette Falls. Shirley Lathrop and Maria Hayward were our hostesses. They made sure we had treats and surprises. After our excellent meal, we had a gift exchange. Everyone went home full and happy.

In October, the Red Hat Dollies had a wonderful luncheon at Mimi's Cafe. Marge Mens was our hostess and she gifted everyone with a white dishtowel, which had a red hat embroidered on it. Our very own Dolly, Peggy Trousil, did the embroidery.

We had two guests this month. Marge brought her daughter, Helen, and Cele Pettit brought her sister, Jeanne Tobin, who was visiting from Vermont. *QM Connie Cameron by Peggy Greer*

Please send your chapter's activities to e-mail: vivjcb@cfl.rr.com by the eighth of the month. Any questions, call 291-0246.



**Social Club**  
Mort Meretsky

Our club has been in existence for over nine years, but we're still looking for new members. If you're new to On Top of the World or you've never heard of us, let me point out just what we do.

On the third Friday of the month from 2 to 4 p.m., at the Arbor Conference Center, we play poker and blackjack. There are no boring speeches to sit through; we just play cards with "funny money."

At the end of the day whoever has the most money at each table wins \$5, second place wins \$3 and third place wins \$2. We have a 50/50 raffle and everyone has a fun time.

Our dues are \$10 per year. We also sponsor trips and cruises.

Our next play date is on Feb. 19, so come on down and check us out.

See y'all on the 19th.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

**Singles Club**  
Lorraine Serwan

February will be a busy month for the Singles Club. We will be going to Central Florida Community College for lunch and to see the British farce, "Move Over Mrs. Markham" on Feb. 6.

Our next meeting is on Feb. 11 featuring Lt. Joe Wright who is in command at the Marion County courthouse. He is a very interesting and informative speaker. Also, we will have a visit from Ruth Goldstine of Hospice of Marion County.

On Feb. 12, we will be participating in "Solos Across the Highway" with the other singles clubs in southwestern Ocala at Ocala Palms. This is a potluck lunch.

Hopefully, all the cold weather is gone by now and you will be able to join us for our monthly meeting on Feb. 11 at the Arbor Conference Center in Suites G and H. Bring a friend.



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Photo by Linda Lohr

**Filled Christmas stockings donated by the Sewing Bees.**



**Sewing Bees**  
Linda Lohr

Well, the Bees are off to a running start again this year! With the present

economy, the need for comfort kits for homeless and disadvantaged children of Marion County is unfortunately growing. Our comfort kits include a beautiful quilt, matching pillowcase with pillow, or a stuffed animal. And all the items are delivered in a handmade tote bag so the child will have something of "their own."

Last year, we delivered over 1,200 items to the various agencies in Marion County. In addition, we provided 50 handmade Christmas stockings full of goodies for the children.

Donations of cotton material, fiberfill and batting are most welcome. You may contact LeeAnn Oliver at 854-7205 or Linda Lohr at 873-9872 with any questions or donations.

We meet 1 to 3 p.m. every Thursday in the Art Room behind the Health & Recreation Building. Perhaps our group is just what you are looking for! Our "hive" is buzzing with activity!



**Lions Club**  
Dianne Lovely

The On Top of the World Lions Club would like to thank each and everyone of you who took a tag off the Christmas tree for underprivileged kids to have a better holiday.

We received a letter from the Fire Chief from Station 21 Volunteer Fire Department on State Road 200 that reads,

"Please express my thanks to all the members of the Lions Club for the super load of toys and money that they donated to the Friendship Volunteer Fire Department children toy drive. This year we had a 48 percent increase in the number of families requesting help. All your members helped us to meet their requested needs."

Don't forget our dinner dance on Friday, Feb. 26, at the Holiday Inn and Suites behind Cracker Barrel from 6 to 11 p.m. Dance to the music of Sugarbear. Tickets are \$30 per person. Dinner choices are either Chicken Marsala or Sliced Beef. For tickets, please call 489-1051.

Don't forget we install Emergency Light Switches. We also have Rocker Switches for the newer homes. If you would like a switch, just call John Johnson at 854-8629. It could save your life if the EMTs need to find your house quickly.

You still can drop off your used eye glasses, inkjet cartridges, and cell phones downstairs in the Health & Recreation Building under the stairway plus at Publix, Winn-Dixie and Walmart.

Become a Lion today, call Marty Schley at 307-1286 for more information

## Past and Present Car Show

The Emergency Vehicles Past and Present Car Show is planned for 9 a.m., Saturday, March 27 at the Marion County Sheriff's Office Operations Center, 692 N.W. 30th Avenue, Ocala. This show is to benefit the Marion County Sheriff's Office Foundation, Inc., a non-profit charity.

Organizers say well over 300 people took part in the show last year. People who enjoy cars came from as far away as Ft. Lauderdale, Tallahassee and Largo, Florida. This year, plans will include 50 "best of" trophies, a "cruise" (a convoy) through Marion County and a barbecue

dinner to follow the show. Highlights of the event are the past and present emergency vehicles, but this show is open to all vehicles. The Marion County Sheriff's Office Foundation, Inc., provides funds for community services such as the Neighborhood Watch program, Funeral Escorts and fill-ins for Judicial Center Court Bailiffs. These services are free to taxpayers.

Along with fundraisers, such as the car show, the foundation is funded by individual contributions, business donations and community partnerships. This allows the foundation to provide additional services to Marion County residents. Those services are free without the use of tax dollars and include: Homeland Security Patrol, Internal Support Volunteers, Deputy Cadet Program and Volunteer Marine Patrol. Your donation to the foundation supports more than 1,500 volunteers who make it possible for the Marion County Sheriff's Office to maintain a commitment to service in Marion County.

To help support this event, pre-register by March 19 and pay only \$15. Or pay \$20 when registering after March 19. Also, to cruise, the cost is \$10 per person and you must register by March 19. The cruise will start at the Sheriff's Office and end at the inmate work farm at the intersection of CR-35 and CR-464, Ocala. All checks payable to: Marion County Sheriff's Office Foundation, Inc. Mailing address: Attention Car Show, P.O. Box 1987, Ocala, FL, 34478. To get a registration form, log onto <http://www.marionso.com/pdfs/2010%20car%20show.pdf>.

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**R/C Ladybirds**  
Barbara  
Toeppen-Sprigg

January continued to be an active month for the Ladybirds. That month has traditionally been the month of the Birthday Bash, a day on which all the members are celebrated with the assistance of appetizers, cake and ice cream. This event was followed later in the week by lunch at Romeo's in Juliette Falls in Dunnellon. Their chef, Rick Alabaugh, won the 2009 Culinary Challenge in Ocala, and his food at the lunch upheld his reputation. Held in a lovely setting overlooking the golf course, the event was enjoyed by all.

Coming up in February will be the Feb. 12 meeting, during which Ruth Goldstine will speak about Hospice of Marion County and the upcoming "Hoofin' It For Hospice", which is a two mile walk within On Top of the World on Feb. 27 to raise funds for the non-profit organization. Ladybird member Gloria Scicluna has offered to arrange a tour of the local hospice residence facility, Legacy House, during March.

Another social event in February will be the Valentine potluck party in the Arbor Conference Center on Feb. 13.

Our featured member this month, Marilyn Buss, is a native of Dayton, Ohio. She arrived earlier to Florida than many Ladybirds, however, because she moved to the state when she first married. Except for a brief 15-year hiatus in Hot Springs, Ark., Florida has been her home.

She had two children in her first marriage, but when she married her second husband Bill, her children increased to six. Now she has 14 grandchildren and 18 great grandchildren! This might be the Ladybird record!

Despite her busy family life, Marilyn also had a varied career, always involving office work.

Marilyn and Bill retired to On Top of the World two years ago to be close to family and enjoy the community very much. Besides their activities in the RC Flyers and the Ladybirds, they enjoy traveling in their recreational vehicle. Hubby Bill still keeps active with his clock repair business and Marilyn enjoys clowning with D'Clowns, Bible Study Fellowship and her recent membership in Women of the World.

And Marilyn reports, "Our home wouldn't be our home without our dog, Rusty, since he runs our lives!"



**Community Patrol**  
Patricia A. Woodbury

Did you know that the Community Patrol or Crime Watch is designed to bring citizens into action to protect their own property, and cooperate with their local law enforcement officials in crime prevention programs?

The Patrol is not intended to replace routine activities of the Sheriff, but to supplement them by providing additional eyes and ears to report suspicious persons, noises or activities when they occur. This enables the Sheriff's office to respond and investigate the reported activity.

No matter how well organized, equipped and energetic the law enforcement agencies may be, they cannot function effectively without the cooperation of its citizens who provide additional observation capabilities to reduce crime.

Members of the On Top of the World Community Patrol are duly trained and authorized volunteers under the direction and control of the Sheriff and meet the standards established by the Sheriff. Upon completion of the training requirements, all volunteers receive a training certificate from the Marion County Sheriff's Office.

The On Top of the World Community Patrol has regularly scheduled meetings each month usually on the fourth Monday in the Arbor Conference Center at 3 p.m. A representative from the Sheriff's office is always present to provide information and answer questions. Those interested in becoming more acquainted with the Patrol are welcome to come to these meetings.

If you have any questions or would like further information, please call Gary Rodoff at 291-7508.

www.OnTopoftheWorldInfo.com

**Embroidery Chicks**

Jan Johnson

The Chicks are back! The long holiday break was much appreciated. Now our brains, fingers and sewing machines are ready for new horizons!

What's up? Perhaps an eco-tote, with an embroidery design; a jewelry keeper with a design and some bling; learning how to emboss on a towel or shirt; or perhaps learning how to embroider on lace to create a sachet bag. So many possibilities.

The Chicks welcome curious visitors to their get-togethers on the first and fourth Fridays of each month. Meetings are held in the Arbor Conference Center, Suites B and C, at approximately 10 a.m. Members arrive a bit earlier to set up their equipment and catch up on events. Come take a peek or call Theresa at 291-7570.



**Artistic Crafts & Gifts**  
Loretta Troutman

As I am writing this article early in the month, I am hoping that by the time it is in print we will be enjoying Florida seasonal weather again.

We were not in the Health & Recreation ballroom on the first Tuesday of January as scheduled due to the inclement weather. If you were out and stopped in to see us, we are sorry you were disappointed.

If you have not visited us as yet, do come up, we know you will be pleased with the variety of items we display for your selection. We are in the Health & Recreation Ballroom every Tuesday from 9 a.m. to noon.

If you are a crafter and would like to join us, please contact Rene Beck for details.

Submit Articles by E-mail to  
otownews@otowfl.com



**Rubber Stamping Greeting Cards**  
Bev Taylor

We started the New Year by going "green." Linda Lohr brought many examples of cards she had made by using parts of cards she has received. She has had friends and family save cards they had received so she has a big supply of recyclables.

We made our cards by using pieces we cut from cards each of us had received and brought with us. It was fun to see the creativity flow. Linda also shared her supply of embellishments. What a great thing to reuse cards that were sent to us.

Call me at 854-3079 if you'd like to check out our group.

**Sunshine Quilters**

Tekla Krause

Lots of ideas and enthusiasm were evident as we heard reports from the various chairmen at our January meeting.

At show and tell there were several comfort quilts made by many members and a wonderful "New York Beauty" full-sized quilt done by Shirley Shellman.

In the past year, we have donated over 95 quilts to children's advocacy centers in the Marion County area as well as the pediatric/preemie unit at Munroe Regional Medical Center. The local Veterans home has also been added to our list of quilt donations.

We will have a pillowcase workshop. These will be donated to cancer victims. In addition to our charitable projects, our goal is to encourage quilting, improve our skills and have fun.

We will have a certified speaker in the "Eleanor Burns" method in February and a paper-piecing workshop in March led by Renee Aden.

We meet every Tuesday in the Art Room located in the Arts and Crafts Building where we work on our own projects and participate in workshops.

Our business meeting is held the first Tuesday of each month at 1 p.m. Come join us any Tuesday. We'd love to meet you.

**Handicap Equipment**

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. For more information, call the Health & Recreation Department at 854-8707.

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# Go Fly a Kite

By MIKE ROPPEL

The warmer but still cool 50 degree air brought Bob Wroblewski and a friend out Tuesday, Jan. 12 to fly their kites. The men said today's weather with the wind made for perfect kite flying weather.

Both of them fly RC planes but due to the cold weather they decided to go fly a kite instead.

Bob said he has been flying kites for years and loves every minute of it. He brought two kinds today. The blue, white, and black kite is a Revolution kite. It can be flown at several angles and still remain airborne while his other kite can't do tricks.

They are flying in an undeveloped area at On Top of the World near Bob's home in Williamsburg.



Photo by Mike Roppel

Bob Wroblewski is shown with one of his kites.

# Gold & Silver Mines

By BOB WOODS  
WORLD NEWS WRITER

I can just imagine what it was like in the old days mining for gold and silver in the heights of the San Juan Mountains located in the Southwestern section of Colorado. These old prospectors were not panning for the earth's riches but rather they were digging into the mountains hoping to find their fortunes.

It all started back in the late 1800s when prospectors discovered wealth on Red Mountain, a mountain that is located between Ouray and Silverton, Colo. Ouray is named after a famous Ute Indian chief.

It was in the 1880s when mining for silver exploded on Red Mountain when rich mines were established such as Yankee Girl, Robinson, Guston and National Belle Mines.

In 1882, a toll road was constructed along the same route as the Million Dollar Highway (Route 550). In 1888, the Silverton Railroad from Silverton appeared over the Red Mountain Pass and for several years, this railroad was the most profitable railroad, mile for mile in the United States. It was servicing many, many mines taking the mine's ore to Silverton where it was later transferred to Durango and the Rio Grande Railroad.

When the silver-rich ore at the Yankee Girl and other mines on Red Mountain, a town established on the mountain, but after some devastating fires and the decline of the wealth coming from the mines in later years,

the town vanished. All that remains of the town today are a few outbuildings and a grassy area where it was once situated.

The Silverton/Durango Railroad, which is still used today, was completed in 1882 hauling passengers and freight. From the railroad's beginning, it was promoted as a scenic route for passenger service. It was primarily constructed to haul mine ores, both gold and silver, from the San Juan Mountains. It is estimated that over \$300 million in metals were transported on this route.

All goods, and I mean everything, for the towns and the mines had to be hauled in. The elevation of Silverton is over 9,300 feet and the growing season here in the San Juan Mountains is approximately 14 days. Consequently, there is not one acre in San Juan County that is suitable for agriculture. Silverton is the county seat.

Silverton is a fantastic place to visit. The miners would visit this community only to lose or spend their hard earnings in local saloons or brothels. Some of the mines are clearly visible today for the travelers traveling Route 550 (Million Dollar Highway) with all its twists and turns. There is a turnout to park and gaze at Red Mountain. There standing in front of you is the Yankee Girl Mine and the remnants of other mines that made their riches on Red Mountain's slopes.



Photo by Bob Woods

A view of the famous Yankee Girl Mine located on Red Mountain as seen from Route 550, better known as the Million Dollar Highway.

At the horse-shoe curve before entering the turnout is the Idarado mine complex, which ceased operations in November 1978.

This mine employed 500 employees and was a major producer of lead, copper, zinc, gold and silver. The tunnels from this mine extend some five-miles under 13,000-foot mountains appearing near Telluride. Driving from the mine to this ski resort is approximately 60 miles by road.

This Red Mountain area is a photographer's paradise. At every turn in the road are fantastic vistas waiting for the shutterbug to click the shutter capturing that awesome image.

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- ✔ Pain, non-specific or poorly localized
- ✔ Throat symptoms
- ✔ Nausea
- ✔ Cough
- ✔ Dizziness or vertigo

\* Source: CDC National Hospital Ambulatory Medical Care Survey 2006

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**Favorite Recipes**  
**Dinner Club**  
**Luke Mullen**

A wonderful evening of fine food, entertaining fun, good times and camaraderie finished off another year at our most recent club function! Thanks to the initiative and gracious volunteering of Debbie and Dan Partin, our group celebrated the end of a great year with a Christmas party at their home on Saturday, Dec. 19. Joining together in this event were 27 participants who came for the celebration of fine food and fun.

This was our third all-member function this year. This time, as well as other all-member functions, the menu was hors d'oeuvres and desserts. As in the past, there was some concern about whether there would be enough food to fulfill a meal. And just like other times that ques-

tion was immediately answered after viewing and tasting the many different types of foods brought by club participants. This effect came about by Debbie and Dan coordinating, in advance, for each couple attending whether to bring either two hors d'oeuvres or two dessert dishes.

The result was that the selection of items proved to be more than sufficient to satisfy the need for a full sit-down meal.

Typical hors d'oeuvres included turkey sausage in raspberry chipotle sauce, salami topped with cheese and grapes, ham and cheese rollups, spinach balls, egg salad and shrimp salad on endive, smoked salmon with cheese and olive dip on crackers as well as many others.

Desserts were chocolate nut baklava, pumpkin pecan cake, coconut macaroons, cherry chocolate cake, little pecan pies, fruit salad and lemon cake with blueberry sauce along with many others.

There were even some leftovers that were taken home to serve as part of another meal.

After the "dinner dining" was completed, all guest couples participated in a grab bag/gift swap. Each couple was asked to bring a wrapped \$10 hospitality type gift to the party. Our master of ceremonies for this event was club member Luke Mullen. At the outset, Luke outlined the rules of how the swap was to be conducted and it was a great success. This activity brought a lot of fun to participants and ended when all had swapped and exchanged gifts.

Everyone attending the event had an enjoyable food experience and a wonder-



Photo by Luke Mullen

**Christmas party hosts Dan and Debbie Partin welcome club members to their home in anticipation of the fine food and fun experiences awaiting them.**

ful fun filled evening. The club periodically sponsors all-member type evenings throughout the year. These events are the result of fellow members volunteering to undertake hosting these functions to ac-

complish this entertaining evening.

The club is looking for new member couples. For information about our club, please call Luke at 304-8104.



**Anything But Bland**  
**Chef Dave Bland**

**Bruschetta Quattro Stagioni or Four Ways**

When you think of bruschetta what comes to mind? Probably a facsimile of this: a dish prepared with grilled bread then topped with ripe juicy plum tomatoes that are diced evenly, then laced with garlic, fresh basil and finished with a fruity extra virgin olive oil, salt and pepper. Occasionally you will have it with some mozzarella or Parmesan cheese on top, perhaps melted. This has become almost the brand of bruschetta but is it really bruschetta?

Traditionally in Italy, bruschetta is very simply grilled bread, olive oil and garlic. It is prepared by removing the garlic bulb from the exterior skin and placing the skin in a container with extra virgin olive oil. When you are interested in making bruschetta, just brush some of the garlic infused olive oil onto the bread then lightly grill it. I like to use French baguettes, but any bread will work. Just slice the bread

and brush or soak the bread and grill each side on low heat so as not to burn it but to toast it. There you have it: bruschetta.

This is perfect on its own but if you must, you can shave some Reggiano Parmigiano or Pecorino Romano cheese on top and serve it as a starter with some dry red wine, like Chianti, a Tuscan red table wine, a dry cabernet sauvignon or a tempranillo would also be perfect.

If you need to add other toppings, here are some suggestions. Since tomatoes have suffered from the recent freeze, there will be some quality issues and prices should skyrocket.

Here are some alternatives to top grilled bread: roasted red peppers with garlic and olive oil. Char the skin of the red pepper on the burner of the stove on high and turn it as the skin turns black. Then place the pepper in a bowl and cover with plastic wrap. Peel off the skin and break it up roughly then add some sliced garlic and olive oil season with kosher salt and black pepper.

Also, I like to make a wild mushroom mix: shitake, crimini, oyster, porcini (if you can get them) and many more varieties of mushrooms that create an earthy flavor to this bruschetta. You can slice them or just keep them whole. Roast them in the oven at 350 F until tender with some olive oil, or sauté them in butter and finish them with some thyme. If you want to go wild, you can add some soft goat cheese to make a bruschetta that is to die for.

Another way is to take any combination of fresh baby spinach, arugula, broccoli raab and rough chop it, then sauté it in chopped garlic and olive oil and maybe a squeeze of lemon juice and then some salt and pepper. You can add a little grated Parmesan cheese for extra flavor. It's so simple but very good.

Now if you want to have fun, you can make a quattro stagione or four seasons of bruschettas and have a wine party.

Enjoy!



**Back at The Ranch**  
**David Gibas**

February may bring us cooler weather outside, but The Ranch continues to "fire up the fitness" and keep everyone on track with their personal wellness goals!

The Ranch is currently offering cost-effective introductory personal training sessions for its members.

"Boot Camp" is now being offered every Friday night. This class will be taught

by a rotation of seasoned instructors; all equipped to challenge, motivate and push you to improve your fitness level. Aqua Zumba is now scheduled every Saturday morning with Traci; shake and splash with one Ocala's best Zumba instructors.

Our weight loss program, "Who Shed That?!" wraps up on Feb. 22. We have several determined members in our program; the person who claims, "I shed that" (and loses the greatest percentage of body weight) will win a free personal training session.

"Dancing with the Stars" is our special fitness event for this month. This special class will be on Thursday, Feb. 18 at 6:30 p.m. Our very own Dunia, a master of Latin rhythms and movement, will instruct this class! There will be some partner dancing, so bring the guest of your choice for free to join in the fitness and fun!

Don't miss out on the wellness lecture this month at Master the Possibilities: "The Medical Exercise Connection" on Feb. 23 at 9:30 a.m. Discover how nutrition and exercise play an important role in warding off many life threatening diseases and disorders.

Our Chocolate & Roses Spa Event will be Thursday, Feb. 11 and will be a pampering experience for all who attend. R.S.V.P. at the front desk as space is limited.

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**Upcoming Publication Date**

March issue:  
Thursday, March 4

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"US Foreign Policy in the Asian Century" NEW CLASS  
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"Resisting Dictatorship" NEW CLASS  
Friday, February 19 • 11 am – 12 pm

"The Colin Powell Center for Policy Studies: Director's Report"  
Friday, February 19 • 7 – 8:30 pm

**Dr. Kris Boudreau –**  
**Dean of Arts & Social Sciences,**  
**Worcester Polytechnic Institute**

"The Life and Times of Tom Watson and Links to Ocala"  
NEW CLASS - Thursday, February 18 • 1 – 2 pm

**Suzy Allman – Professional Sports and Features**  
**Photographer for the New York Times**

"Sports Photography Overview"  
Friday, February 19 • 1:30 – 2:30 pm

**Dr. Patrick Keane – Professor Emeritus of English,**  
**LeMoyne College**

"John Keats, part 1 of 2" NEW CLASS  
Monday, February 22 • 2 – 3 pm

"Bright Start" (film released in 2009) NEW CLASS  
Tuesday, February 23 • 1 pm

"John Keats, part 2 of 2"  
Wednesday, February 24 • 2 – 4 pm

What attracts these scholars to Master the Possibilities? **YOU DO!**

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**Pennsylvania Club**  
Pat Utiss

The first meeting of 2010 for the Pennsylvania Club was held Jan. 13. Seeing our fellow members after the holidays was a definite pleasure.

Our speaker was Betty Vandellen from

the Southeast Guide Dogs. She told us puppies are born at the facility especially for the purpose of training to be guide and service dogs. They spend several weeks at the facility and then go to live with people such as herself who are puppy raisers. During this 18-month period, they are socialized, before they begin the extensive training needed to be guide or mobility dogs.

In addition to the guide and mobility dogs, they also provide dogs for veterans returning from Iraq and Afghanistan. This is called Paws for Patriots. Tours are available at their facility in Palmetto, Fla.

Our next meeting will be Wednesday, Feb. 10 at 3 p.m. in Suite E of the Arbor Conference Center. We will be playing "how we met." Come and learn some interesting facts about your fellow members. As usual, the refreshments will be ready by 2:30 p.m., so come early.

Our April trip to Jai Alai must be cancelled, as they are having Jai Alai now and not in April, as they usually do. Instead, we will have a regular meeting on April 14. The entertainment for this meeting will be announced later.



**New York/  
New Jersey**  
Bunny Barba

Dec. 15 was a momentous day for the club. Our annual Christmas party was

held at the Arbor Club. Angie Hook, Bob Hook and Danny Collora did a great job with the decorations. A wonderful dinner of roast beef, chicken franchise, baked ziti and much more was served to approximately 90 hungry celebrants. Kay and Ray provided the music. Highlight of the day was our own personal beautiful elf, Terry Zarella, giving out candy and grab bag gifts to all.

Thank you to all those members who worked hard to make this party so successful, especially to our president Liz Ettell. This party was only open to members, so get out and join the club for the rest of the year so that you can attend our fantastic upcoming parties.

On Friday, Feb. 12, the New York/New Jersey club will go on our annual trip to Tampa Bay Downs for a super day of racing and a great luncheon. Tickets are being sold at our January meeting but you may contact me at 873-8009 before Feb. 3 in the event we have any remaining spaces available. Ticket prices are \$41 for members and \$42 for non-members, which include the bus, lunch, programs and clubhouse admission including reserved seating.

Please contact me if you have any questions, comments or criticisms.

Good luck and good health always in all ways.



**Handicap Equipment**

Handicap equipment is loaned free to On Top of the World residents during their convalescent term—walkers, crutches, canes or wheelchairs. For more information, call the Health & Recreation Department at 854-8707.

**Going Out of Town?**

Download a PDF of the World News at [www.ontopoftheworld.com/newspaper](http://www.ontopoftheworld.com/newspaper)



**Genealogical Society**  
Elizabeth Kyle

Important news! The only genealogical courses to be offered by Master the Possibilities will be in late February and early March. Family Tree Maker is a great way to keep your discoveries organized, and with access to [www.ancestry.com](http://www.ancestry.com), is probably the easiest way to get started without having to organize all of the "stuff" you collect during your genealogical adventures.

In this article, I thought it would prove useful to discuss [www.familysearch.org](http://www.familysearch.org) as the best free site, especially for United States information. This website is maintained by the Mormon Church. Here you can search their extensive genealogical databases, be linked to the website for volunteering to digitize from the Church's Granite Mountain Records Vault, find research helps, search the Family History Library catalog, and find the location of the Ocala Family History Center where they will order materials from the main library for a small fee.

Volunteering to digitize records will make you aware of the time, effort and funds required to complete this work. For the LDS, this is a work of faith and love. You will also come to understand why such sites as [www.ancestry.com](http://www.ancestry.com) have to charge for access to many of their databases.

Our business meetings are held on the second Monday at 10 a.m. in Room 3 of the Arts and Crafts Building. All are invited to come, see and peruse our library before the meeting.

Our February educational meeting will feature members who belong to the Daughters of the American Revolution sharing their experiences. This meeting is held on the third Monday in the Arbor Conference Center at 10 a.m. in Suites A and B.

**Women's Cancer Support Group**  
Patricia A. Woodbury

Vicky Honkus, RN, MSN, Chest Pain Coordinator, Ocala Health, Ocala Regional Medical Center, presented, in January, a discussion on heart disease—causes, treatment and prevention. Ms. Honkus has been a cardiac nurse for 34 years, an educator for 20 years and has her graduate degree in Cardiovascular Clinical Nursing.

For the meeting on Feb. 18, we will have a representative from Visiting Angels speak on non-medical home care services. The Visiting Angels provides a safe and reasonably priced living assistance alternative for seniors who want to remain at home rather than move to an assisted living facility.

This group meets on the third Thursday of each month in the Health & Recreation Building, Room #2 at 1:30 p.m. Women who are cancer survivors or may be a caretaker for someone with cancer or are interested in learning about cancer and other related issues are welcome to attend. For further information, contact Diane Kiroi at 854-8152.

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)



**Southern Club**  
Charlotte Hancock

Thanks to all our club members who braved the cold weather and came for dinner and entertainment.

Our buffet had several pots of collard greens, bean soup, salads and bread pudding along with many other great Southern side dishes.

We acknowledged our birthday and anniversary members with a song. We also sang our favorite song, "Dixie," loud and clear.

There were several guests at our meeting, Bob Goetz and Jerry White. Mr. White won one of our 50/50 drawings and contributed it back to the club. Thanks, Mr. White.

Our entertainment for the night was the Karaoke Friends with Vivian Brown directing. They were very good with their individual songs from "Amazing Grace" to "All My Exes Live in Texas."

Southern Club meets again Feb. 4, in the Health & Recreation Ballroom. We would like for everyone to be there early to start our dinner at 5:15 p.m. instead of 5:30 p.m. Southern belles check your cookbooks and prepare your favorite southern entree.

Entertainment will be forthcoming.



**New England Club**  
Peg Corkum

We New Englanders really relish soups and chowdahs on cold wintery days, especially after a couple hours of shoveling snow! So, even though we have no snow in Ocala, our January potluck soup and bread luncheon was really enjoyed.

Our extra special treat was that the popular Star Banner columnist, Emory Schley and his dearly beloved joined us for lunch. Emory's column reflects his talents not only as a writer but also as a warm and loving people-person. We were honored to have had them visit with us.

We are back on schedule for our next meeting, Feb. 12, at 2 p.m., Suites E, F and G of the Arbor Conference Center. A light lunch will be served with surprise entertainment thereafter.

If you (or one of a couple) are a resident of On Top of the World, currently and/or previously lived in a New England State, membership is still open (\$10 per person). You are welcome to come and sign up on Feb. 12.

Time flies when you are having fun, and we are having fun with new events this year. So watch for announcements of coming attractions and mark your calendar so you don't miss out.

Best wishes for a healthy and happy 2010!

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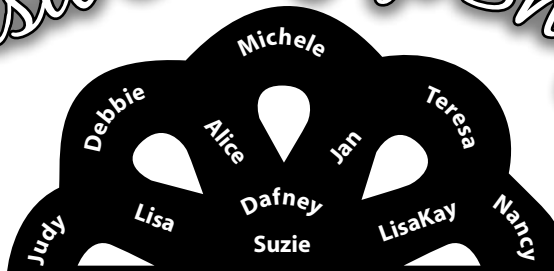
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**Birders' Beat**  
Jane Callender

The Unique Birders will meet Tuesday, Feb. 16, at 1:30 p.m. in Suite H of the Arbor Conference Center. This will be our yearly planning meeting. Please come with ideas for future meetings and field trips. For further information, please call Roberta Campbell at 854-4814, or me, at 861-2983.

The outrageous length of the red-to-pink legs of the black-necked stilts make this shorebird hard to confuse with any other. The stilt lays about four buff, brown spotted eggs in a depression lined with grass and debris on open ground. Intruders near the site may be mobbed by up to 40 noisy, excitable birds. Groups of the birds make an interesting sight running down the beach on their "stilts!"



Photo by Sid Jarvis

**Black-necked stilts on Daytona Beach.**

**Citizens Emergency Response Team**  
Patricia A. Woodbury

Recently when asked by a resident, "What is CERT?" I thought it would be an appropriate time for me, in my new leadership capacity, to consider the answer to this question and share the information with all the residents.

In 1985, the Community Emergency Response Team (CERT) concept was developed and implemented by the City of Los Angeles Fire Department (LAFD). They recognized that citizens would very likely be on their own during the early stages of a catastrophic disaster.

In 1994, The Federal Emergency Management Agency (FEMA) decided that this concept should be available to all communities nationwide. In cooperation with the LAFD, they expanded the CERT materials to make them applicable to all hazards.

CERT training is designed to prepare the volunteers to help themselves, their family and their neighbors in the event of a disaster.

Studies of behavior following disasters have shown that teams working together perform more effectively if there has been prior planning for disaster response.

The On Top of the World CERT was

started in 2001 through the efforts of Norman Scott, a long time volunteer of the Division of Emergency Management and a resident. He also participates in the training programs.

The first few classes, in the early years, had only a few volunteers. In fact, Norman and his wife Caroline were one of the first volunteers and went on to provide the leadership for On Top of the World CERT.

Currently, we have over 40 certified volunteers in CERT who are prepared to be the first responders in our community whenever there is a disaster.

The eight-week training covers basic skills including disaster preparedness, fire safety, assessment and treating of life-threatening conditions, light search and rescue, disaster psychology and terrorism. Upon completion of the training, the Marion County Sheriff's Office, Division of Emergency Management, certifies volunteers.

Training in disaster response is not a one-time event. CERT volunteers meet every month during the year for educational programs and additional training. During the year, disaster drills are conducted to maintain the basic skills necessary for effective response in the face of a disaster.

Persons interested in learning more about CERT should plan to attend one of the monthly meetings or contact me at 854-8718. The next CERT meeting is on Tuesday, Feb. 9 at 9 a.m. in the Arbor Conference Center.



**Orchid Club**  
Linda Rose

This has been an exceptionally cold winter in Florida; those of us with orchids are having difficulty keeping them happy and healthy this winter! Typically they are remarkably sturdy plants, but even those with enclosed lanais are being challenged by the constant cold, as most species can handle weather at 50 degrees for several hours at a time, but it's been below freezing so much of the month of January, we have to wonder how this will all turn out.

Speaking for myself, with an enclosed lanai, which is mostly all glass, I've opted to put my favorites in our insulated garage rather than attempting running an electric space heater constantly. The lanai

tends to stay about 10 degrees warmer than the outside temperature; the garage hasn't gone below 50 degrees without added heat.

Fortunately, our garage has space for a golf cart with a double window; I believe our golf cart could qualify for an Easter parade right now; the roof is loaded with blooming Vandas in baskets as well as others hanging from it! Cattleyas are on the workbench; some orchids are perched on wings of my husband's airplanes! For additional light, we leave the fluorescent lights on during the day; which I've found works well for regular plant life.

I have left several Dendrobiums in the lanai, covering them at night with sheets. Phalaenopsis do well indoors year round, so mine are in the bathtub for now!

We want to thank Pete Wood for his impressive presentation on the Art of Bonsai; it's culture versus the culture of orchids for our January meeting. After all the cold weather, we had much to discuss!

As of this writing, we don't always know which topic we'll cover for the coming month, those of you with e-mail will be kept informed, hopefully you can give those without e-mail updates.

Our February meeting will be held Thursday, Feb. 18, at 1:30 p.m. in the Arbor Center Conference Center, Suites B and C. Hope to see you then!

[www.OnTopoftheWorldInfo.com](http://www.OnTopoftheWorldInfo.com)

**Questers**

Suzette Paquin

Questers is an international study organization of collectors of antiques, collectables and history, that has grown to more than 900 chapters since its founding in 1944.

Since I had so much fun with my Quester group in Bonita Springs, I am interested in starting a chapter in On Top of the World. Come share your passion and interests.

If you would like to join and help start a new Questers chapter, come join Suzette Paquin and Sheila Perry for lunch at Candler Hills Restaurant on Feb. 19, at 12:30 p.m. If interested, call Suzette at 861-8447 by Feb. 16 for a reservation.



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Master the Possibilities

Presidents and their First Ladies

Monday, February 15, 2010

Celebrate President's Day with the veteran acting and writing team of husband and wife, William and Sue Wills, who will bring to life the stories of President Franklin Delano Roosevelt, General Dwight D. Eisenhower and their wives. They are not "impersonators", but their costumes, dialects, and demeanors will help recreate these historical characters. Mr. and Mrs. Wills have performed at eight of the nation's Presidential Museum and Historic Sites, — the Clinton, Bush, and Ford Presidential sites to name a few.

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### World Traveler

Bill Shampine

Many On Top of the World residents have enjoyed a cruise to the Panama Canal. The canal is one of the world's greatest engineering feats, particularly considering that it was completed in 1914. In researching for this article, I discovered that the origin of the canal had a checked past, so I thought I would (to paraphrase Paul Harvey) tell you "The rest of the story about the politics behind cre-

ation of the Panama Canal."

Construction of a canal was first suggested to Charles V, the King of Spain, in 1524 as a mechanism to get the riches of South America back to Spain more quickly. A survey of the isthmus was ordered and a working plan prepared in 1529! Subsequent political unrest throughout Europe, however, caused the plan to languish until it finally was abandoned.

Although a railway was built across the isthmus in 1855, an all-water route between the oceans was considered the best way to go, particularly in 1869 after completion of the Suez Canal. The French formed a Canal Syndicate, purchased huge tracks of land in Panama, and hired Ferdinand de Lesseps to begin construction in January 1880 on a sea-level canal (one without locks) through what was then Columbia's province of Panama. Poor engineering practices, inadequate construction equipment, and unrelenting health issues (primarily malaria and yellow fever) caused the project to collapse by 1893.

Aware of the interest of the United States in building a canal, Philippe Bunau-Varilla, Chief of the French Canal Syndicate (whose land had no value without a canal) hired William Cromwell, a U.S. lawyer, in 1898 to lobby the U.S. Congress to build a canal across Panama and not

considered. In 1902, Nicaragua issued a 10-cent stamp erroneously depicting a fuming volcano known as Momotombo. In fact, however, this volcano was dormant and located more than 100 miles from the proposed Nicaraguan canal path. Nevertheless, Mr. Cromwell planted a story in the newspapers reporting that the volcano had erupted and caused a series of massive seismic shocks—all untrue. He then sent copies of the article and a leaflet with the 10-cent stamp on it to all U.S. Senators as witness to the volcanic activity in Nicaragua making it an undesirable location for a canal. Three days later, the senators voted to build a canal through Panama, and Mr. Cromwell received \$800,000 for his efforts (a lot of money in 1902).

On Jan. 22, 1903, a treaty was signed by the U.S. and Columbia granting a 99-year lease from Columbia for the land proposed for the canal. The U.S. ratified the treaty, but the Columbian government did not.

Then Philippe Bunau-Varilla told President Theodore Roosevelt of a potential revolt for independence by the Panamanians and suggested that the U.S. should provide them with support. President Roosevelt agreed and sent warships to block the sea-lanes, thus preventing Co-

lumbian troops from getting to Panama to put down the revolt.

Not willing to go to war with the United States, Columbia finally gave up, and Panama achieved its independence in November 1903. Philippe Bunau-Varilla subsequently was appointed Panama's ambassador to the United States. He was able to develop and sign another treaty with the U.S. granting rights to the United States to build and indefinitely administer the Panama Canal.

Unfortunately, Ambassador Bunau-Varilla was still a French citizen and not authorized to sign treaties on behalf of Panama without Panamanian review, which never happened. Since it never was approved by Panama officially, this treaty became a very contentious diplomatic issue between the two countries for decades. The issue finally was resolved with the signing of the Torrijos-Carter treaties in 1977, which returned the former Canal Zone territories to Panama.

I think it also is interesting to note that under President Warren Harding, the United States paid Columbia \$25,000,000 in 1921, seven years after completion of the canal, for redress of President Roosevelt's role in the creation of Panama.

Next month, I will tell you about the canal and its construction. It truly is a masterful engineering feat.



### Opera

Bernie Kelly

The Opera Appreciation Class met for its second session on Jan. 7 to study Don Pasquale by Gaetano Donizetti. It was performed by a very young cast with the exception of Claudio Desderi who sang Don Pasquale. All enjoyed the performance. We had several new members attend who had been unable to make it for our opening performance of Turandot.

Verdi's The Masked Ball (Un Ballo in Maschera) is the subject of our third class on Feb. 4. Giuseppe Verdi was born in Le Roncale, Italy on Oct. 10, 1813. He had some musical training in the town of Busseto where the citizens collected a fund to send him to study at the Milano Conservatory. However, he was considered too old for the Conservatory and he studied privately with Vincenzo Farigna. In 1836, he completed his first opera, Oberto, which was staged very successfully the next year at La Scala.

After a failure with a comedy, Verdi's next opera, Nabucco, was a major success in 1842. In the next nine years, he composed 12 operas including Ernani, Macbeth and Luisa Miller. After these successful operas, Verdi composed Rigoletto, La Traviata, Il Trovatore and Aida, which are some of the mainstays of the repertory today.

Aida, which is one of the five most performed operas at the Met today was commissioned by the Khedive of Egypt to celebrate the opening of the Suez Canal in 1871. Our opera, The Masked Ball, was also composed during this peak period of Verdi's creativity.

After 15 years of semi-retirement, Verdi composed the opera Otello, after being fascinated by the libretto of Boito that was based on Shakespeare's play. The opera premiered in 1877 when Verdi was 73 years of age. Some time later Boito got him activated again when he showed him a libretto based on another play by Shakespeare. Falstaff is the opera, and it

was produced at La Scala in 1893 when Verdi was just short of 80.

The plot of The Masked Ball involves the conspiracy against the life of Gustavus III of Sweden who in 1792 was assassinated. Our cast is led by the late and great Luciano Pavarotti as the king. Aprile Milo sings the role of Amelia who is the wife of Renato and in love with the king. Leo Nucci is Renato the one time friend of Gustavus who joins the conspirators because he mistakenly thinks his wife and the king are having an affair. Florence Quivar sings the role of Ulrica who is the fortune-teller who predicts the death of Gustavus by the next man to shake his hand. It happens that Renato comes on the scene and shakes hands with Gustavus who thinks it is very unlikely that his friend will do him harm.

I look forward to seeing a full turnout of opera lovers for the presentation and discussion of The Masked Ball on Feb. 4. We will meet at the Arbor Conference Center, Suites B and C at 1 p.m.

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### Concert Chorus

Anne Merrick

Rehearsals for our spring concert have begun. The program is bright, fun and entertaining with a variety of music, you should all enjoy. Mark your calendars for April 10.

Our aim in putting on these concerts is to uplift as well as entertain, both you and us.

We work hard to be as good as we can be with challenging pieces that are beautiful to sing, creating wonderful harmonies.

Sometimes we wish we were in the audience so we could hear ourselves as you do. The sound you hear is very different from what we hear as we sing.

We are still in need of singers, especially bass, so if you can sing, follow your line in four part harmony and would like to be a part of this fun group call Anne at 732-0706 for more information and an appointment for a brief audition.

Remember singing is good for your health.

**Driver Safety Program**  
Save money on your car insurance; classes monthly. For information, call Joe Briggs at 237-2971.



### Mac /PC Tip of the Month

Sherry Surdam

How many of you leave your Macs on 24 hours a day? If you're like me, you don't. But did you realize that your Mac performs several maintenance tasks, such as deleting caches, for you automatically? Apple designed their software to perform these tasks when your Mac is on but idle. Of course, if you turn it off the tasks never get done!

Enter a piece of software called Onyx. Onyx is a multifunction utility by Titanium Software for Mac OS X (both PowerPC and Intel). With it, you can run the various maintenance tasks, which would normally run at night or other time during which your Mac is idle. Apple knows not everyone leaves their computers on 24 hours a day and provides this utility program, free, on the Apple website at [http://www.apple.com/downloads/macosx/system\\_disk\\_utilities/onyx.html](http://www.apple.com/downloads/macosx/system_disk_utilities/onyx.html). If you are running a version of OS X other than Snow Leopard, prior versions of Onyx are available at the Titanium website, <http://www.titanium.free.fr/pgs/english/apps.html>.

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**Travel Toppers**  
Jo Swing

Due to a conflict with the trip to Clearwater, the Jan. 6 meeting was cancelled. Feb. 3 will be our first meeting of the year. Travel Toppers apologizes for the inconvenience the cancellation might have caused.

We will start reservations this month for three trips. On Feb. 1, reservations start for the Georgia Aquarium/Stone Mountain two-night trip from Thursday, June 3, to Saturday, June 5. The cost is \$350 per person, which includes bus,

lodging and tip for driver. Some meals will be on your own. For information and reservations, call Allan Rickards.

Reservations start Monday, Feb. 15, for the fishing trip on the Thunder. The cost is \$81 and includes boat, bait, rod, reel, bucket, ice and driver tip. There is a limit of 30 for this trip. For reservations, call Jo Swing.

Monday, Feb. 22, is the start for reservations for the musical, "Dirty Rotten Scoundrels" at the Show Palace Dinner Theater. The cost of \$60 includes bus, show, buffet and tip for driver and meal. Coordinator is Marilyn Vernier.

The ever-popular musical, "Phantom of the Opera" will be at the Bob Carr Performing Arts Center on Saturday, Feb. 13. The cost is \$75 and includes show, transportation and tip for driver. Meal is on your own. Please call coordinator, Kathy Peterson.

Travel Toppers is still taking reservations for four trips in March. The first is the Ocala Horse Farm Tour on Friday, March 5. This will cost \$51, which includes a buffet in a private room at Champions restaurant. This is something different, as we will watch the two-year olds train and then tour an elite farm where we will see the newborns. Please contact Audrey Mangan.

On Friday, March 12, we will be going

to Tampa Bay Downs, one of our most popular events. The cost is \$38 and includes admission, program, meal, bus, tip for driver and meal. Joan Connolly is the coordinator.

Another biggie in March is Bill Cosby live at Ruth Eckerd Hall in Clearwater on Saturday, March 27. Bill Cosby is always entertaining and thought provoking. The cost is \$61, which includes bus, show and tip for driver. Meal will be on your own.

On March 30, we will head to Daytona Beach to see, "Church Basement Ladies, Musical Comedy." The cost of \$52 covers bus, show and tip for driver. Meal is on your own. Linda Hein is the coordinator.

We are currently taking reservations for "In the Mood" at Ruth Eckerd Hall in Clearwater on April 1. This is one of their Seniors at Leisure series that have proved to be so popular. The cost is \$41, which includes bus, show, box lunch and tips. Call Pam Giddings to reserve your space.

There is still space open on the New England Carnival Glory cruise, Saturday, Oct. 2, through Saturday, Oct. 9. Prices range from \$1,289 to \$1,689 and include airfare to New York. Call Allan Rickards for details and reservations.

Please join Travel Toppers at our Feb. 3 meeting at 10:30 a.m. in Suite A of the Arbor Conference Center. Until then, happy travels to all.



**Williamsburg**  
**Cruise Club**  
Fred O'blenis

Welcome aboard! All 94 people that went with us on the Freedom of the Seas on Dec. 6 made it back safe. The weather was at its best most of the trip with a little rain off and on in St. Thomas. Most of the time, it was in the 80s with sunshine; however, our trip had a cold start at the bus stop at On Top of the World with 39 degrees.

We are getting ready for our next cruise in February on the Oasis of the Seas, for seven more days of fun and sun.

We hope that you will come with us on Nov. 27 on the Carnival Dream. Please sign up early so that you don't miss this one and your place on the bus. We have a few rooms left, so check with us as soon as possible. We have balconies at \$966.68 per person, inside cabins at \$666.68 per person or we can get ocean view, if you like. All prices include port charges, taxes and fees. Deposit at sign-up is \$250 per person, and is totally refundable up to final payment, which is due on Sept. 13. You will have a \$50 on board credit per cabin, and we will have a bus at \$45 per person round trip (includes driver and porter tips on arrival at port). You must have a passport to cruise.

When you finish reading this, give us a call Fred at 237-6367 or Debbie at 207-8051 so you don't miss out on this trip.

Until next time, fair winds and following seas.

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**On the**  
**Road Again**  
Bob Woods

Now that the holidays are behind us, it is time to think of coach trips and cruises for the rest of the year.

Let's start off with a coach trip to Memphis/Tunica taking place early September. We will be staying at a casino hotel in Tunica with day trips to Memphis for a city tour, Beale Street, Graceland and more. Seats are still available.

On Sept. 22, we begin a trip to San Diego for a two-night stay and then cruise

on the Radiance of the Seas. This is a 15-night cruise down the Mexican Riviera, Puerto Arenas, Costa Rica, daylight transit for the entire Panama Canal, a brief stop in Colon, Panama before heading to Cartagena, Columbia, Georgetown, Grand Cayman and finally arriving in Tampa. This is a 17-night/18-day trip of a fantastic adventure. Cabins are still available.

In early November, a coach trip to the Smoky Mountains is planned. The date was chosen hopefully to see the Christmas lights along with some fall foliage. This is a show trip with a visit to Gatlinburg and a tour of the Smoky Mountains. Seats are still available.

A deposit on any of these trips would be advised to insure yourself a seat on the coach trips or a cabin on the fantastic September cruise. If for any reason after paying your deposit you are unable to go, your deposit is refundable up to certain dates prior to departure. Call me for details and flyers.

We are still planning a coach trip to Key West in January 2011. This will be similar to the last trip taken to the Conch Republic, but hopefully a little less expensive. This trip is still in the planning stages.

Also in the planning stages are coach trips to Charleston, S.C. and Chattanooga, Tenn.

I mentioned in past articles about coach trips to Cape Cod and Boston in 2011.

The Cape Cod trip will more than likely take place in early June. We will visit the entire Cape from the Canal to Provincetown with a day trip to Martha's Vineyard. There will be many great sightseeing trips on this adventure. In October, the trip to Boston will include many historical places such as the Old North Church, Old Ironsides and much more plus side trips to Lexington, Concord, Gloucester, Salem, Rockport and more. The fall was chosen to hopefully see the colorful foliage.

I have no prices or flyers for these two New England trips, which will be nine days in length with visiting places along the way breaking up the travel to and from Massachusetts. Believe it or not, I have started lists for both of these trips with folks already interested.

I will keep you all posted as trip information becomes available. Until then, if you have any questions or need any flyers, please call me, Bob Woods at 854-0702.

See you on the road again.



**View from**  
**the Library**  
Doris Knight

In The Jury, by Steve Martini, two lawyers from San Diego, Calif., have just gotten a new client, a research physicist named David Crone, who just has been charged with murder. We have already been introduced to the victim Kalista Jordan, whom we spent the first few pages of the book with.

We learned that David Crone is her superior in the science laboratory at the university. She herself has a PhD in the exotic area of molecular electronics. We also discover that someone who does not have her best interest in mind is watching her. By the end of the prolog, Kalista Jordan has been murdered in a very nasty way and the stage is set for the trial.

The attorneys, Harry Hines and the narrator, Paul Madriani, find the case against David Crone to be fairly weak. The sexual assault case, which Kalista Jordan had set up against Crone before her death will lead the police to arrest him very quickly. But his attorneys soon realize that he will not be very helpful in providing them with information to counter the charges. He claims that information about many patients is involved in his research and that all that knowledge is subject to privacy laws.

He seems to have no fear that a case can be made against him. He did not murder the young woman; the truth will come out. But Madriani and his partner can find no reason for Crone's optimism and wonder how they will build their case.

Various complications present themselves. Kalista Jordan's mother has issues with David Crone. How will they affect the case? A young couple who are friends of Madriani also merit a position in the case, but why?

Madriani and his partner track down the various leads and stories until in the end the truth is known and the partners triumph.

But why is the book entitled The Jury?

I had assumed jurors would play an important role in the plot, but there are no trial scenes. However, we are constantly reminded throughout the book about the pressures, which the eventual presence of a jury places on any attorney.

Two questions are constantly on the attorney's mind:

1. How will that statement by the defendant be accepted by the jury?
2. How can we seat a jury that will be sympathetic to the evidence we must present?

The legal understanding and the skill required to present a case makes The Jury a fascinating read.

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# Card Clubs & Games

## Monday Afternoon Bridge

Joe Zwick

**Dec. 14**  
1: Marge Starrett & Joyce Walcott; 2: Ester Lange & Jayne Kaske; 3: Pat Holmes & Shirley Stolly.

**Dec. 21**  
1: Carol Thompson & Ida Rosendahl; 2: Shirley Stolly & Helene Sternberger; 3: Fran Griswold & Paula Bevel.

**Dec. 28**  
1: Ida Rosendahl & Carol Thompson; 2: Joyce Walchek & Marge Starrett.

**Jan. 4**  
1: Ida Rosendahl & Carol Thompson; 2: Marjorie Benton & Caryl Rosenberger; 3: Shirley Stolly & Pat Holmes.

**Jan. 11**  
1: Marjorie Benton & Caryl Rosenberger; 2: Fran Griswold & Betty Morris; 3: Shirley Stolly & Irv Lisinski.

## Monday Night Bridge

Ginnie Barrett & Myra Butler

**Dec. 14**  
1: Janet Becker; 2: Eleanor Giardina; 3: Myra Butler; 4: Betty Barney; 5: Joan Sigafoos; Cons: Luke Mullen.

**Dec. 21**  
1: Jan Smith; 2: May Holtz; 3: Walter Hicken Looper; 4: Miriam McNeilly; 5: Ron McNeilly Cons: Jim Mahoney.

**Dec. 28**  
1: Helen DeGraw; 2: Phyllis Bressler; 3: Ginnie Barrett; 4: Mary Culberson; 5: Joan Sigafoos; Cons: Walter Hicken Looper.

## Tuesday Afternoon Bridge

Agnes LaSala

**Dec. 1**  
1: Ray Dietz & Mazie Millward; 2: Shirley Stolly & Pat Holmes; 3: Agnes LaSala & Carl Woodbury.

**Dec. 8**  
1: Ray Dietz & Mazie Millward and Joe Zwick & Bernie Kelly; 2: Agnes LaSala & Carl Woodbury.

**Dec. 15**  
1: Ray Dietz & Mazie Millward; 2: Marie Dare & Phyllis Zwick; 3: Norbert & Florence Heckler.

**Dec. 22**  
1: Joe Zwick & Bernie Kelly; 2: Marie Dare & Phyllis Zwick; 3: Richard Fluet & Kay Wood.

**Dec. 29**  
Bernie Kelly & Doris Keathley; 2: Richard Fluet & Eileen Brown; 3: Jack Stone & Betty Larsen.

## Tuesday Night Duplicate

Marjorie Benton

We welcome new duplicate bridge players to our game. For more information, or to find a partner, call 861-5700.

**Dec. 1**  
1: Doris Keathley and Mary Carol Geck; 2: Harry and Ruth Tindall; 3: Bruce and Marjorie Benton.

**Dec. 8**  
1: Dick Mansfield and Ida Rosendahl; 2: Bruce and Marjorie Benton; 3: Doris Keathley and Mary Carol Geck; 4: Ed Wilson and Steve Becker.

**Dec. 15**  
1: Bill and Betty Raines; 2: Bruce and Marjorie Benton; 3: Norman Shultz and Rose O'Rourke; 4: Dick Mansfield and Ida Rosendahl.

**Dec. 22**  
1: Bill and Betty Raines; 2: Dick Mansfield and Ida Rosendahl; 3: Norman Shultz and Rose O'Rourke; 4: Bill and Ida Carlson.

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**Dec. 29**  
1: Bill and Betty Raines; 2/3 (tie): Caryl Rosenberger and Ed Horner; 2/3 (tie): Rose O'Rourke and Norman Shultz; 4: Ernie and Joan Lord; 5: Harry and Ruth Tindall.

## Wednesday Afternoon Bridge

Fran Griswold

Many of us made resolutions for the New Year and bravo to all who are keeping theirs. To those of you who did not make any, please join me in the adoption of one we all know: the golden rule. This has been around forever but if practiced can be a blessing for many people.

Our group continues to be very generous in the contributions to the Domestic Violence Center. It seems they always have a need for baby food and diapers.

**Dec. 16**  
1: Joyce Walchak (6270); 2: Paula Bevel; 3: Gloria Richards; 4: May Holtz; 5: Liz Milleson.

**Dec. 23**  
1: Bernie Kelly (5540); 2: Alice McDaniel; 3: Rita Goldstine; 4: Phyllis Silverman; Consolation: Joyce Walchak.

**Dec. 30**  
1: Keith Briggs (4980); 2: May Holtz; 3: Phyllis Silverman; 4: Ida Rosendahl; Consolation: Mary Culberson.

**Jan. 6**  
1: Ida Rosendahl (4830); 2: Eleanor Giardina; 3: Keith Briggs; 4: Shirley Stolly; 5: Bernie Kelly; Consolation: Evelyn Martin.

## Wednesday Night Duplicate

Doris Keathley

**Dec. 9**  
1: Ida Rosendahl & Doris Keathley; 2: Nel Bosschaart & Marjorie Benton; 3: Harry & Ruth Tindall.

**Dec. 16**  
1: Harry & Ruth Tindall; 2: Bill & Betty Raines; 3: Mary Carol Geck & Caryl Rosenberger.

**Dec. 30**  
1: Joan Lord & Marjorie Benton; 2: Harry & Ruth Tindall; 3: Mary Carol Geck & Caryl Rosenberger.

## Thursday Afternoon Bridge

Marion Turbin & Betty Legg

**Dec. 10**  
1: Alice McDaniel; 2: Marge Starrett; 3: Florence Heckler; 4: Helen Eshbach.

**Dec. 17**  
1: Florence Heckler; 2: Marge Starrett; 3: Helen Eshbach.

**Dec. 31**  
1: Phyllis Silverman; 2: Alice McDaniel.

**Jan. 7**  
1: Shirlee Wolcott; 2: Mazie Millward; 3: Marion Turbin; 4: Marge Starrett.

## Thursday Night Bridge

Helen DeGraw & Ida Rosendahl

**Dec. 10**  
1: Paul Agarwal; 2: Janet Becker; 3: Ed Horner; 4: Myra Butler; Cons: Ginnie Barrett.

**Dec. 17**  
1: Norbert Heckler; 2: Mildred Lane; 3: Shirley Stolly; 4: Fran Griswold; 5: Myra Butler; Cons: John Mataya.

**Dec. 31**  
1: Jim Mahoney; 2: Nancy V; 3: Keith Briggs; Cons: Ginny Barrett.

**Jan. 7**  
1: Paul Agarwal; 2: Hazel Merchant; 3: Dick Mansfield; 4: Ida Rosendahl; Cons: John Mataya.

## Friday Night Bridge

Elly Rapacz & Serine Rossi

**Dec. 11**  
1: Ernie Lord; 2: Bill Hunter; 3: Caryl Rosenberger; 4: Mary Carol Beck; 5: Betty Kaufman.

**Dec. 18**  
1: Nancy Van Gordon; 2: Phyllis Bressler; 3: Ida Rosendahl; 4: Dick Mansfield; 5: Mary Culberson. Grand Slam: Nancy Dreimiller & Ruth Tyndall.

**Jan. 8**  
1: Natalie Fluss; 2: Phyllis Bressler; 3: Serine Rossi; 4: Betty Barney; 5: Bill Raines.

## Friday Euchre 4 Fun

Irene Pisani

Intermediate and advanced players are all welcome, so come and join us on Fridays at 6:15 p.m. at the Arbor Conference Center, Suite A. Come one, come all.

For more information, call Irene at 873-4173.

**Dec. 18**  
1: Out of 35, Betty Scriver; 2 (tie): Irene Pisani & Karin Dearnas; 3: Rich Miles; 4: Jerry Dean; 5 (tie): Sam LoBianco & Edith Kolb.

**Jan. 8**  
1: Out of 35, Esther Lang; 2: Joe Scriver; 3: Phyllis Wall; 4: Hank Kolb; 5 (tie): Sharon Dean & Gale Argano.



## Friday Night Euchre

Joe Askenase

**Dec. 11**  
**Six Handed Game**  
1: Virgil Taylor; 2: Bridget Hughes; 3 (tie): Helen Foskett & Lou Fisher; 4: Maria France.

**Dec. 18**  
**Four Handed Game**  
1: Lou Fisher; 2: Russ Riegler; 3: Bridget Hughes.

**Six Handed Game**  
1: Virgil Taylor; 2 (tie): Diana Riegler & Helen Foskett; 3: Maria France; 4 (tie): Shirley Coe & Viola Horton.



## Tuesday Night Pinochle

Viola Horton

We had a newcomer in December, Ed Horner. We also had a guest, Mary Wade and her friend, who were staying in the guesthouse.

Come up all pinochle players, no partners needed. We start at 6 p.m. on Tuesdays in the Art Room of the Crafts Build-

ing. Thank you, Greg Skillman, for filling in for me during my son's visit.

**Dec. 1**  
**Single Deck Winners**  
1: George Dertinger; 2: Carol Locklear; 3: Karen Unangst.

**Double/Triple Deck Winners**  
Tables 1: Joe Scriver, Jim Mazzotta, & Vi Horton; 2: Charles Distler & Rick Fluet.

**Dec. 8**  
**Single Deck Winners**  
1: Millie Ferrell; 2: Karen Unangst; 3: Eva Mazzotta.

**Double/Triple Deck Winners**  
Tables 1: Jim Keller, Jim Mazzotta, & Greg Skillman; 2: Charles Distler & Ray Bock.

**Dec. 15**  
**Single Deck Winners**  
1: Eva Mazzotta; 2: Audrey Bartolotta; 3: Edith Kolb.

**Double/Triple Deck Winners**  
Tables 1: Jim Keller, Virgil Taylor, & Greg Skillman.

**Dec. 22**  
**Single Deck Winners**  
1: George Dertinger; 2: Albert Novotny; 3: Karen Unangst.

**Double/Triple Deck Winners**  
Tables 1: Joe Sciarino & Vi Horton; 2: Charles Distler & Virgil Taylor.

**Dec. 29**  
**Single Deck Winners**  
1: George Dertinger; 2: Mary Wade; 3: Albert Novotny.

**Double/Triple Deck Winners**  
Table 1: Margaret Sciarino; 2: Rich Fluet & Jim Keller; 3: Ray Bock & Joe Scriver.



## Saturday Night Pinochle

Elsie Helwig

**Dec. 12**  
1: Audrey Bartolotta; 2: Greg Skillman; 3: Karen Unangst.

**Dec. 19**  
1: Audrey Bartolotta; 2: Dottie Findlay; 3: Viola Horton

**Dec. 26**  
1: Ilse Kersey; 2: Ann Davis; 3: Bob Unangst.

**Jan. 2**  
1: Gene Hubbard; 2: Millie Ferrell; 3: Al Novotny.

**Jan. 9**  
1: Bob Unangst; 2: Ann Davis; 3: Elsie Helwig.



## Cribbage

Greg Skillman

**Dec. 11**  
1: Mary Lou Chamberlain; 2: Greg Skillman; 3: Luke Mullen; Cons: Frank Chamberlain.

**Dec. 18**  
1: Mary Lou Chamberlain; 2: Mary Ehle; 3: Frank Chamberlain; Cons: Craig Ehle.

**Jan. 8**  
1: Mary Lou Chamberlain & Greg Skillman; 2: Norma Yonke; 3: Mary Ehle; Cons: Craig Ehle.

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## Anniversary

By ROBERT BENSON

Anniversary comes but once each year  
A special day for loved ones dear.  
A day that's filled with loving thought  
Of all the joy that love has wrought.

The children we together created  
Have enriched our lives, unabated.  
These precious gifts by love we shared  
Prove forever how much we cared.

It's evening now, the sun has set  
But our love is not through yet.  
Grandsons lovely as can be,  
Like gifts 'round our Christmas tree.

And each other waxing old and wise  
Seeing the world thru gentler eyes  
Come more often to realize  
The precious gifts that we now prize.

A home of comfort, pets to adore  
Health and wealth, nothing to deplore  
And with a sometimes backward glance,  
Wouldn't change a thing, not a chance.

The gift of life forevermore,  
Dear loving spouse and so much more,  
Loving hearts, fonder growing  
Seeds of joy, forever sowing.



## January Ruse

By HAZEL EHLE

So beautiful the sky today  
The sun is shining bright.  
It's like the first day of spring  
Something's not quite right.

Icicles now starting to melt  
Hear them drip from the eaves.  
This day is very strange  
Some warmth in the breeze.

The temperature is mounting  
Could be 60° or more.  
A sound like birds chirping  
Too nice to be indoor.

How can this be January  
That brings snow and cold?  
As this day is like magic  
Really something to behold.

Knowing it has happened before  
So much like a flaw.  
At least a change from winter  
And is called "January thaw."

Winter has six more weeks  
Before the birds take wing.  
More blizzards and bitter cold  
Then some signs of spring.



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# POET'S CORNER

Poetry from On Top of the World Residents

## When I Was Young

By MARY CULBERSON

It's fun to think back when I was young  
Of course, I thought I was invincible  
I accepted almost any dare  
Strictly as a matter of principle.

I skied down a snowy mountain  
And roasted my toes by the fire  
I parasailed over Mexican waters  
Fulfilling a wish of my heart's desire.

How about sailing a 42 ft. ketch  
In Bermudian waters so blue  
How could you feel any greater thrill  
Oh I wish you could have been there too.

Have you ever done any cave spelunking  
Crawling along on all fours  
It's really kinda scary  
And it probably will freeze your pores.

Ice skating at midnight on a moonlit lake  
Is also a fun thing to do  
Can you remember when you were young  
And you did these things too.



## My Wish For You

By ANNETTE SHARPE

May your days be bright and sunny  
As you travel on life's way,  
And any trials of the past  
Be gone with yesterday.  
May your heart, with hope, be bright,  
As you enjoy pleasant hours.  
May contentment bloom for you  
Like a garden filled with flowers.  
May your life be blest forever  
By each seed of friendship sown,  
For the fabric of each life  
Is made rich by those we've known.

## Winter Wonderland

By ANNETTE SHARPE

When dormant trees and barren earth,  
Become a dreary sight.  
God opens up the heavens,  
And covers everything in white.

One can't tell where a pathway ends,  
Or where a road commences.  
Snow decorates each evergreen,  
Drifts lean on poles and fences.

Shyly, a mailbox peers,  
Through a drift of snow.  
As though witnessing the awesome sight,  
Of a wonderland made overnight.

Pastoral fields sleep soundly,  
Beneath counterpanes so fair.  
While pristine snow, like silver dust,  
Still lingers in the air.

Peace reigns, when silent and deep,  
Snow falls, while the weary sleep.  
And awaken, with great delight,  
For, the tranquil scene is a glorious sight.



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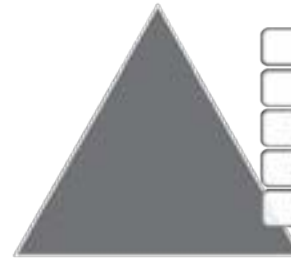


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### 'Dancing With the Stars'

Thursday, February 18th  
6:30 pm

An evening to dance yourself fit! Dunia will lead you in all types of dance movements, both single and partner; you won't even know you're exercising! For this special class we are extending a special offer...bring a non-member for free as our special guest and your dance partner!

### Golf Conditioning is Back

Saturday, March 6, 2010  
10 am - 1 pm

A certified Personal Trainer will guide you through a comprehensive, sport specific conditioning program that promotes power and strength to improve your golf game. All fitness levels welcome.

Ranch Members, \$50 Guests of members, \$65  
Space is limited to 10, reserve your spot today!

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On Top of the World  
Communities

## BUS SCHEDULE

PICK-UP	ROUTE	TIME
1st Pickup	90th St. - Post Office	8:42 am
Williamsburg	90th St. - 91st Cir.E. - 91st Cir.W. - Post Office	8:45 am
Providence	90th St. - 96th Ter. - 92nd Pl. Rd. - 96th Ct. Rd.	8:49 am
Arbor Club	Parking Lot	8:53 am
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	8:58 am
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:02 am
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:06 am
Friendship Colony	83rd Ter. - 90th St. - 87th Ave. - 97th St.	9:10 am
Friendship Park	97th St. - 94th Lane	9:14 am
Friendship Village	89th Ct. Rd. - 92nd St.	9:16 am
Health & Rec. Center	At Bus Stop Sign	9:20 am
Exit Community		9:25 am

Circle Square Cultural Ctr. At Bus Stop Sign Call Health & Rec. one day in advance for pick-up  
Indigo Community Center Parking Lot

OCALA RUN: MON., TUE., WED. & THUR. ARRIVE PICK-UP

1st RUN	ARRIVE	PICK-UP
Jasmine Square (1st & 3rd Thurs)	9:50 am	12:10 pm
Dillard's or Kohl's	10:00 am	11:40 am
Lowe's	10:05 am	11:35 am
Paddock Mall	10:10 am	11:40 am
Wal-Mart	10:15 am	11:45 am
Target	10:20 am	11:50 am
K-Mart	10:25 am	11:55 am
Gateway Plaza	10:30 am	12:00 pm

2nd RUN	ARRIVE	PICK-UP
Wal-Mart	12:05 pm	1:45 pm
K-Mart	12:10 am	1:50 pm
Gateway Plaza	12:15 am	1:55 am
Paddock Mall	12:20 pm	2:00 pm

GROCERY STOP LAST STOP OF DAY 30 MIN. SHOPPING TIME  
(No Grocery Stop on SAM'S or BEALL'S Days)

Grocery Run...Every Monday...Publix...Start Pick-Up Run @ 3:42 pm...Return @ 5:30 pm  
Sam's Club...2nd & 4th Wednesday of the Month...2:10 pm...3:30 pm  
Beall's & Wal-Mart...1st Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.  
[1st Run Ocala (Porter's & Target)...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]  
Beall's & Wal-Mart...3rd Thursday of the Month...1st Run Ocala...2nd Run Hwy 200 W.  
[1st Run Ocala...2nd Run (Big Lots - Beall's - Dollar Tree - Wal-Mart)]

3rd Tuesday Supper Get-A-Way...Pick-Up & Drop Off At Rec. Center...Depart @ 4:30 pm  
(CALL TO MAKE YOUR RESERVATION...ONLY 21 SEATS AVAILABLE EACH MONTH)  
\* Restaurant Location Posted in Bus, On TV Channel 17, 703 & 22, or Call Number Below \*

\*For information or reservations call Health & Rec. @ 352-854-8707 ext. 10





### Native Plant Group Ron Broman

I'm still alive, at the time of this writing that is. I'm not only alive but blooming. Perhaps that doesn't seem strange, but considering we've just had a long spell of the coldest weather since the '70s it's at least worthy of note.

My blooms are bright blue-violet, with five petals. Rough, dark green, deeply serrated, triangular leaves should help identify who I am. Another clue is that one of my names is the same as a large city in Florida.

I belong to a large family of about 75 genera and more than 3,000 species mostly shrubs. However, the teak, a tree prized for the beauty of its wood, is perhaps the family's most famous and valuable tree species.

My preferred habitat is coastal, but

will do well in pine flatwoods or hammocks and disturbed sites in central to south Florida. But I'm in trouble. Due to what I would call runaway development, I can be found very rarely and only in a few remaining wild communities. I am considered an endangered species. It's only because some folks really care enough to collect my seeds and raise my progeny in native plant nurseries or at home that I am here at all.

Now the clincher should be that another family member, lemon verbena, (*Lippia citriodora*), is cultivated as a source of oils used in perfumes.

So have you guessed my identity? I'm not surprised if you haven't. Many of the source books seem to have left out most references to me, which makes me feel rather woebegone (and not of the lake variety).

I do actually exist, however. If you would like to see one of my appearances, perhaps still in living color after all of this cold weather, just visit the On Top of the World Native Plant Garden, next to the sign, to the right of the Arbor Conference Center.

Ok, I'll tell you my name, or rather my names: Tampa Verbena or Tampa Vervain are probably the most common. Some sources use Tampa Mock Vervain. In more scientific language, I'm known as *Glandularia tampensis*.

Now you know, and I hope you'll visit me in the garden and perhaps plant me in yours. You can combine your visit with attendance of our Feb. 10 meeting in Suite H starting at 1 p.m. "Proper tree planting and pruning" is the topic along with the Plant of the Month.



Photo by Doris Mauricio

### Gloriosa Lily in Kanapaha Gardens in Gainesville.



Photo by Ron Broman

Can you guess the identity of this blooming beauty?

**Chocolate & Roses  
Spa Event**

Thursday, February 11, 2010  
6:30 pm – 8:30 pm

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### Nature Around Us Doris Mauricio

As I am writing, we are completing the worst hard freezes that I have experienced in my 15 years in North Central Florida. The lawns in many open areas have turned brown and our plants have turned into withered messes. When the temperature dips into the 20s, tropical plants, including citrus trees, will perish if not adequately protected. The longer the freeze lasts, the worse the damage.

Semi-tropical plants that freeze to the ground will start to re-grow in a couple of months. Keep your plants watered during these cold spells so they do not become dehydrated. Deep watering prior to a freeze will help prevent dehydration and damage.

It is very important that you resist the temptation to prune, as this will trigger new tender growth. We can still freeze right into the middle of March. You will be wise to wait until March to clean up the mess that Jack Frost left.

Some chores to take your mind off pruning:

- Weed. There are always plenty of weeds to pull.
- Clean your birdbath, bird feeders

and water features. Clean your pots and containers. Use a scrub brush with a mild bleach solution and let them dry in the sun.

- Amend your soil with leaves and compost.
- Clean and sharpen your tools.

Think about what new stuff you will be growing in your nice, clean pots. Think about growing vertical gardens: maybe a trellis in a pot, maybe a flowering vine by your entry way, and most of all, dream, dream, dream. It is good for us.

Mark your calendar for March 13 and 14. Those are the dates for the Spring Festival. This is an annual event sponsored by Marion County Master Gardeners presenting perennials, annuals, trees, roses, etc., from surrounding Florida nurseries, Marion County Rose Society, Marion Bonsai Society, etc. Food will be available and youth groups to help carry your purchases to your cars. This will be a great opportunity for you to replace some of the plants you lost in this year's great freeze.

The following programs will be presented by Master Gardeners at the libraries in February (2 p.m.):

- Central (Saturday, Feb. 6) - Anne Lambert - Preparing Spring Garden
- Freedom (Tuesday, Feb. 9) - Jo Lyte-Vidal and Bill Miranda - Vegetable Gardening
- Dunnellon (Tuesday, Feb. 16) - Norma Samuel - The Good, The Bad, and The Ugly, Insects in our Gardens.

Kathleen Patterson has upcoming two presentations at Live Oak Hall: Florida Friendly Landscaping on Feb. 17 at 9:30 a.m. and Lawns & Fertilizer on the same day at 1:30 p.m.

The Marion County Extension Office has Master Gardeners on duty on weekdays from 9 a.m. to 4 p.m. to answer your gardening questions. You can call them at 671-8400. You can reach me at 237-3479 or dmauricio@cfl.r.com. I will do my best to assist you with your gardening concerns. Happy gardening!

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**Aquarium** (25 gallon) with all supplies plus many extras on a custom wooden cabinet. \$35 for all. Please call before 6 p.m. 861-6508.

**Bicycle:** Trek 1500 Bontrager equipped road bike, 60 CM frame, new condition, excess tire mold rubber still on tread, will trade. 861-9359.

**Birdcage** (18"x18"x22") on rolling stand with loads of extras. Excellent condition. Ideal for small birds to medium/large birds. \$30 for all. Please call before 6 p.m. 861-6508.

**Blanket Chest:** teak wood, 4 ft x 18" x 15" high. \$175. Can deliver in community, 547-1469.

**China Closet:** Rosewood with decorative carvings and glass doors on top. Two piece. Sacrifice at \$500 Can deliver in community. 547-1469

**Coins:** State quarter collection, books of 50 and 100 coins, uncirculated and circulated rolls, mix rolls and half rolls. 237-7255.

**Complete Computer System:** Includes Compaq tower, with Windows XP, 16" monitor, keyboard, mouse, speakers, HP5400 printer. Set up & working; excellent condition, will demonstrate. All for \$85. Call Paul 873-6982.

**Desk:** oak, large modern with mail hutch, \$195. Can deliver in community, 547-1469.

**Electric Kitchen Range:** White, self-cleaning oven, good condition. 873-0668.

**Estate Sale by S&M:** Friday, Feb. 19, 9 a.m. to 1 p.m. Saturday, Feb. 20, 9 a.m. 8871-A SW 88th Terrace (Americana Village).

**George Foreman Grill** (large) \$35. Stan 873-3433.

**Golf Cart:** 1996, Club Car Power Drive, 48 volt, deluxe weather protector, white with blue custom seat. 861-0671.

**Golf Cart:** 2003, Club Car, 48 volt, red, like new. 237-9523.

**Golf Cart:** 2005, Club Car, 48 volt, lights, signals, high speed, curtains, rebuilt 2008, like new. 873-6217.

**Mexican Clay Pots:** Large size. 873-1745.

**Pool Sticks:** one piece \$20; two pieces \$25. Stan 873-3433.

**Refrigerator:** GE Profile, almond, 21.5 cu.ft., top freezer, ice in door. Keeps everything cold. Asking \$75/ OBO. Great condition and very clean. Contact by e-mail: packmail@cfl.rr.com. New resident, do not have a local telephone number.

**Tag Sale:** Feb. 6, 8 a.m. to noon. 9491-A SW 85th Terrace (Friendship Village). Furniture, dishes, linens and much more. Several families.

**Tag Sale:** Feb. 6, 8 a.m. to 2 p.m. 8581-A SW 90th Place. 861-0496. 5' cubic chest freezer, golf clubs and much more.

**Toaster Oven:** Sunbeam, \$5. Stan 873-3433.

**Tools:** Milwaukee 14.4 V drill/driver and flashlight with charger and batteries, \$35. Sears 18 V drill/driver, curcular saw, and flashlight, charger and 2 batteries, \$35. 497-9723.

**TV:** Toshiba, 20-inch. Good condition, \$99. Stan 873-3433.

**Washer & Dryer:** Kenmore. Good condition (1996). Washer \$149, dryer \$ 99 or both \$199. Stan 873-3433.

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**Affordable custom draperies,** valances, pillows, fabrics, etc. Professional design & fabrication at workroom direct prices since 1983. Free estimates. Dix's: Jackie 209-1444 or Connie 854-5572 (residents).

**Alterations by Betty:** Alterations by appointment only. 50 years' experience. A Pine Run resident. Call Betty at 237-9909.

**Alterations by Ernestine:** Alterations, experienced. On Top of the World resident. Call 861-0259 (on vacation Feb. 7-14).

## Classified Section

**DEADLINE:** noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before.

**FOR SALE, WANTED AND LOST/FOUND ADS:** There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, home, timeshare and real estate ads WILL NOT be accepted. Ads will appear once unless renewed in writing.

**SERVICE ADS:** Will be accepted from residents and non-residents. A three-line minimum (21 words) rate is \$20; four lines (28 words) is \$25 and five lines (35 words) is \$30. A six-month rate is also available; call 854-0248 or e-mail otownews@otowfl.com for more information.

**PAYMENT:** Prepayment is required and checks should be made payable to *Palm Acre Real Estate/The World News*. Send ad and payment to The World News, 9850 S.W. 84th Court, Suite 300, Ocala, FL 34481.

**OTHER:** Ads can be e-mailed to otownews@otowfl.com or left in the mailbox next to the Pressroom door (in Friendship Commons next to Customer Service).

**Appliance, A/C & Heat Repairs.** Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at 873-1297.

**Custom Draperies and Curtains:** Bi-weekly pick-up and delivery to On Top of the World. Call Diana at 401-0076.

**Bob's Screening Service:** Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. 352-586-8459, Bob.

**Caretaker:** Looking for someone with a heart? Look no further! Call Debby (352) 447-5551. CNA68800.

**Carpet Cleaning:** Countryside Chem-Dry, serving On Top of the World residents for 10 years. Dry in hours, not days. 10 percent off first-time clients. 307-4100.

**Cat Boarding and Sitting** provided by loving experienced Cat Nanny. On Top of the World resident. Call 854-8589.

**Ceramic Tile:** all types of installation and repair. 20+ years experience. Lic. & ins. Call Bob Adkins 352-274-8678.

**Cleaning by Evelyn Lee:** I do windows, deep cleaning, move outs. Lic. #A27450 & insured. 629-0855. www.sunshinecleaningoccala.com.

**Computer help** is just around the corner! Call Doorstep Techs at 351-TECH (8324) or visit us on the web at www.doorsteptech.com.

**Computer Setup and Training:** At home service. Senior rates, \$25 per hour! Have fun and learn! Call Kathy at 861-7719.

**Experienced Licensed Massage Therapist:** Swedish, deep tissue and facelift massage. Gift certificates available. On Top of the World resident, #MA50201. 237-7042.

**General Maintenance:** Trimming, weed-ing, edging, pressure wash driveways and gutters, wash windows. On Top of the World resident. Steve at 237-5338.

**Gutters:** seamless 6" gutters, downspouts and gutter screens. Quality products at reasonable prices. Free estimates. R & R Seamless Gutters, 207-9612.

**Hair care in your home:** Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, 237-3347. Service homebound.

**Handy-Helper:** pressure washing, painting driveways & garage floors, etc., shampoo carpets, wash windows. Need it done, I'll do it! Resident. 291-6964.

**Handyman Services** by Oden Inc. Low and fair prices for any type of home repair, remodeling, landscape maintenance, pressure washing and gutter cleaning. Lic & Ins. For free estimates, call: 207-5930.

**Handyman:** Kruman Services, Inc. Licensed and insured. Remodeling, repairs, replacements and preventive maintenance. Call Daniel at 361-4055.

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**Income Tax Service:** Professionally done, e-file - fast refunds, federal and all state returns. On Top of the World resident, Salvatore V. Le Donne E.A. Call 291-2413.

**Lawn Service / Yard Clean-Up:** planting new flowers, bushes, mulch & rock. Trimming & removal of plants, bushes, small trees. Lawn cutting, trimming, edging & blowing off. Licensed & insured. Call Lisa & David at 425-0109.

**Notary Services and Signing Agent:** Will come to your home. Bonded, insured. Reasonable rates. Call Kathylee at 861-6965. On Top of the World resident.

**Painting by Allstar:** 25 yrs. exp., free estimates, licensed & insured. Drywall repair, pressure cleaning, stucco, painting and driveways cleaned. Int. & Ext. 237-8588.

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**Painting by Frank the Painter:** Free estimates, interior painting, specializing in colors, quality service, affordable prices, 30 years' experience and licensed, winter specials. 237-5855.

**Pressure Washing:** "Don's" Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. On Top of the World resident. 873-6225.

**Remodeling, Carpentry & Painting:** Big or small we do it all! Lic & Ins, CGC#1509476. Call MVON Builders, LLC at 209-2118.

**Steve's Handyman Service:** Doors, shelving, general carpentry. On Top of the World resident. Call Steve at 854-4927.

**Transportation:** affordable, dependable and safe driver. Will drive you to doctors, hospitals, shopping (no airports). Excellent references. Call Bonnie, resident at 854-7516 or 216-7509.

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**Transportation:** Diane is back! Helpful Hand. Sit back relax while I do the driving. Call Diane 873-8388.

**Transportation:** I will drive you to run errands, grocery store, pharmacy, doctor's appointments and more. Safe driving record. Call 622-8964.

**Transportation:** I'll drive you to local appointments, grocery shopping, errands and more. Joan at 237-8240.

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**Buy Estates/Moving:** 15580 Hwy 441, Summerfield (1 mi. N Hwy 42). Martin's Fine Used Furniture, 352-209-4945.

**Buying:** Antiques, jewelry, coins, collectibles and many unwanted items. Sue Turnely is back! E-mail suetumely@cfl.rr.com or call 873-9796.

**Buying Estates:** Golf carts, furniture, vintage artwork, military items, guns, old swords & knives, tools, fishing gear, jewelry, old watches, ivory, old bronze statues, coins, gold & silver. Call Marty 274-3178.

**Guns:** On Top of the World resident interested in buying guns, new, old, any condition. 854-2555.

**Part-time Baker:** retired baker/pastry chef needed for a new fine foods market on Hwy 27 in Ocala. Call 622-9977 or e-mail chef@theculinarium.com.

**Part-time Clerk:** The UPS Store, 11100 SW 93rd Court Rd. next to IHOP. Computer experience requested. Seniors welcome, please send resume to: Stores5520@theupsstore.com or call 352-402-0099. Please come in after 5 p.m. Monday-Friday, if in person.

**Shoes and sneakers** for homeless through Interfaith Emergency Services. Please drop off at Health & Recreation or Arbor Club offices.

**Singers** (residents only) to audition for the Theatre Group's next show. Auditions to be held on Feb. 10 in the Arbor Conference Center, Suite D at 2:15 p.m. Call Dottie at 861-2226 with any questions.

**Volunteers:** The Department of Children and Families is looking for committed volunteers with the following qualities to help our food stamp customers navigate through the online application process: a "can do" attitude, computer savvy, a patient and caring demeanor. Call 352-330-2162 x5518.

**Washed oak dining room table** and chairs. New resident; do not have local telephone number yet. Contact by e-mail: packmail@cfl.rr.com.

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