

Where the news is always good!

OUR WORLD

COMMUNITY NEWS & UPDATE

By Kenneth D. Colen
Publisher

It's been great to hear so many positive comments from residents about the Patriotic Celebration. This was by far the largest event to date as we estimate that over 5,000 people attended or cycled through. Once the storm passed, it was a lovely evening and things definitely cooled off a bit. The summer weather always makes for "interesting" planning as the operation team works to make sure that everyone is as comfortable as possible in the heat and safe when and if a storm rolls in.

This was our fifth year of hosting this event, and I'm proud to say that the fireworks went off on time, without a hitch and not affected by the weather. Once again, the Ocala Symphony Orchestra performed an amazing sold out concert. We appreciate hearing all of the positive comments that all of you shared with us. We are already in the planning stages for year six!

Speaking of being proud, I am very proud of our company's team that puts on this event, plus so many other events throughout the year. Everyone comes together to work as a team and make sure that you are not only entertained and wowed by the festivities, but kept safe as well. I sincerely appreciate all of them, as they make everything seem so easy.

Department of Veterans Affairs

On Top of the World Communities, Inc. was proud to have the opportunity to support a veterans' facility adjacent to this community. By now, everyone has heard that a veterans' skilled nursing center for Marion County was not funded in the new state budget. Marion County Commission and staff made a tremendous effort in the selection process.

In 2014, On Top of the World Communities obtained an entitlement for up to 240 skilled nursing beds. As you may be aware, skilled nursing beds are in high demand currently. After a lengthy selection process, On Top of the World selected Tender Loving Care, Inc. (TLC) as the successful vendor to construct and operate 120 skilled nursing beds (SNF), together with assisted living on a 35-acre tract of land abutting SW 90th Street and SW 80th Avenue.

The campus will consist of a 79,000 square foot SNF, 118,000 square foot assisted living facility with memory care and a 90,000 square foot independent living area. Construction will break ground on Monday, Aug. 3. TLC operates numerous facilities in Indiana and in Winter Haven, Fla. They are very well thought of in the industry.

I mention this because this new facility may impact some of the demand that may have been directed to a veterans' facility. In light of the widely reported problems at Veterans Affairs, no one knows if Congress will expand veterans' access to private health care as a means of addressing the needs backlog. That expansion of services may be a distinct possibility, which may well impact the demand for veteran skilled nursing beds in the future. Only time will tell.

Insurance Update

The fact that we are nearing the peak of the storm season is a strong reminder to all residents to check in with your insurance agent and make sure the insurance coverage on your home and contents is adequate. If you feel "lucky" and go without insurance or believe you can self-insure, you should reconsider because the cost of repair or reconstruction (especially from fire) may well put you into debt.

In the On Top of the World Central Owners' Association, residential structures as originally conveyed are insured under a master policy in the name of the Association. The per event deductible remains at \$10,000 per occurrence for any event including wind/hail related damage. Named storm deductible remains at three percent of the loss. Named storm events are subject to a minimum (community

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A Grand Patriotic Celebration

By Ray Cech
World News Writer

Saturday, July 4, at Circle Square Commons was an afternoon spent in celebration of America declaring its independence from England's yoke more than 229 years ago.

The party was kicked off by the very upbeat music and singing of Fast Lane. Performers Debbie and Scott with their background musicians added to the get-up-and-dance beat, and that's just what the revelers did, starting with the pulsating

sound of the Macarena. Wow! There were a lot of good moves that had probably never been seen before on The Town Square.

Even more fun was provided by Norman Lee and Second Slice, which included a variety of music from the '70s right up to current hits.

When not dancing, the crowd (which numbered more than 5,000), spent time socializing and snacking at one of the half-

dozen food vendors, with "cuisine" a-plenty to choose from: hot dogs, hamburgers, pizza, barbecue plus many more items.

There were plenty of tables, while some families chose grassy islands on which to spread out a blanket or a folding chair, giving the kids a place to play games as they waited for the big event of the evening ... fireworks!

It seems that every year fireworks on The Town Square is a bigger bang than the previous one, and this year's celebration was no disappointment. They went higher and higher, louder and louder, and were more colorful than anyone could remember. After the grand finale, folks cheered and, unlike the ending of an ordinary party, they stayed around with friends and family until the moon rose and lit up their way home. It was a grand celebration.



Photo by Ray Cech

Fireworks lit up the sky at the Patriotic Celebration at Circle Square Commons on Saturday, July 4. Additional photos may be seen on page 4.

Featured August Classes and Exciting Fall News

By Margaret Spontak

Master the Possibilities' students have been discovering Florida this summer through lectures, discussions, reading, movies and tours. Treks to Micanopy, Paynes Prairie, Ocklawaha and Silver Rivers, Shady Grove Preserve and the Matheson Museum in Gainesville have given students a unique glimpse of important natural resources and Florida history. The expanded summer catalog, featuring around 350 courses, had resulted in 5,635

registrations as of Monday, July 13.

It is not too late to get a taste of special Florida offerings. Author Lucy Beebe Tobias is here on Wednesday, Aug. 12 with two classes – a lecture on her book "Fifty Great Walks" in Florida and an interactive class related to her book "Florida Gardening Gone Wilder."

Learn about the Florida night sky the evening of Thursday, Aug. 6 with instructor Ed Tenhor. Residents can view two

special Florida films for free, "Seminole" on Thursday, Aug. 6, at 1 p.m., and "Winds Across the Everglades" on Thursday, Aug. 20, at 1 p.m.

If reading is your passion, join in the Florida book discussion featuring "Short Stories of Marjorie Kinnan Rawlings" on Tuesday, Aug. 11. Several art classes have included a Florida twist. Come paint on Florida seashells in an interactive session with Carole Drost Lopez on Thursday, Aug. 13 or paint a "Pelican Sunset" on acrylic canvas with Tina Carchia on Monday, Aug. 17.

Meet up at the Matheson Museum in Gainesville, Fla. on Thursday Aug. 20 to learn more about the Civil War Battle of Gainesville. One new addition to the summer classes is "Florida History: The Civil War Through the 1870s" presented by new instructor Joseph Cotto on Friday, Aug. 14, from 1 to 3 p.m.

Call (352) 854-3699 for details on any these.

Photographer and instructor Ray Cech has coordinated a special treat for residents with an exhibit of local Florida photography at the new Master the Possibilities Studio 10, just off The Town Square. The 70 photos themed "Discover Florida Through Your Camera Lens" include favorite works of residents and photographers from the area. For viewing times, go to masterthepossibilities.com. The exhibit will be up through Friday, Sept. 11.

Mark your calendar now for the fall term kick-off on Friday, Aug. 28, from 12:30 to 3:30 p.m. Meet the faculty and artists, see featured art projects, and hear about features in the fall line-up themed around "One World, Many Cultures". The open house is also an opportunity to tour Master the Possibilities' two new Studios on the Square, see the new Little Library where you can leave a book and take a book, and get signed up for classes.

The new fall catalog with 450 class offerings will be inserted into home delivered issues of the World News on Thursday, Aug. 27. Online registration begins on Monday, Aug. 17 with printed catalogs available around Monday, Aug. 24.

Lastly, but very important to Master the Possibilities, is student and resident feedback on our program and specific classes. Please go to MasterthePossibilities.com and fill-in the new feedback survey. One is available for overall program feedback as well as evaluations for individual courses. The same surveys are available at the Master the Possibilities' office. Your feedback helps us with continuous improvement.



Photo Courtesy of Jennifer Huber

Author Lucy Beebe Tobias.

On Top of the World NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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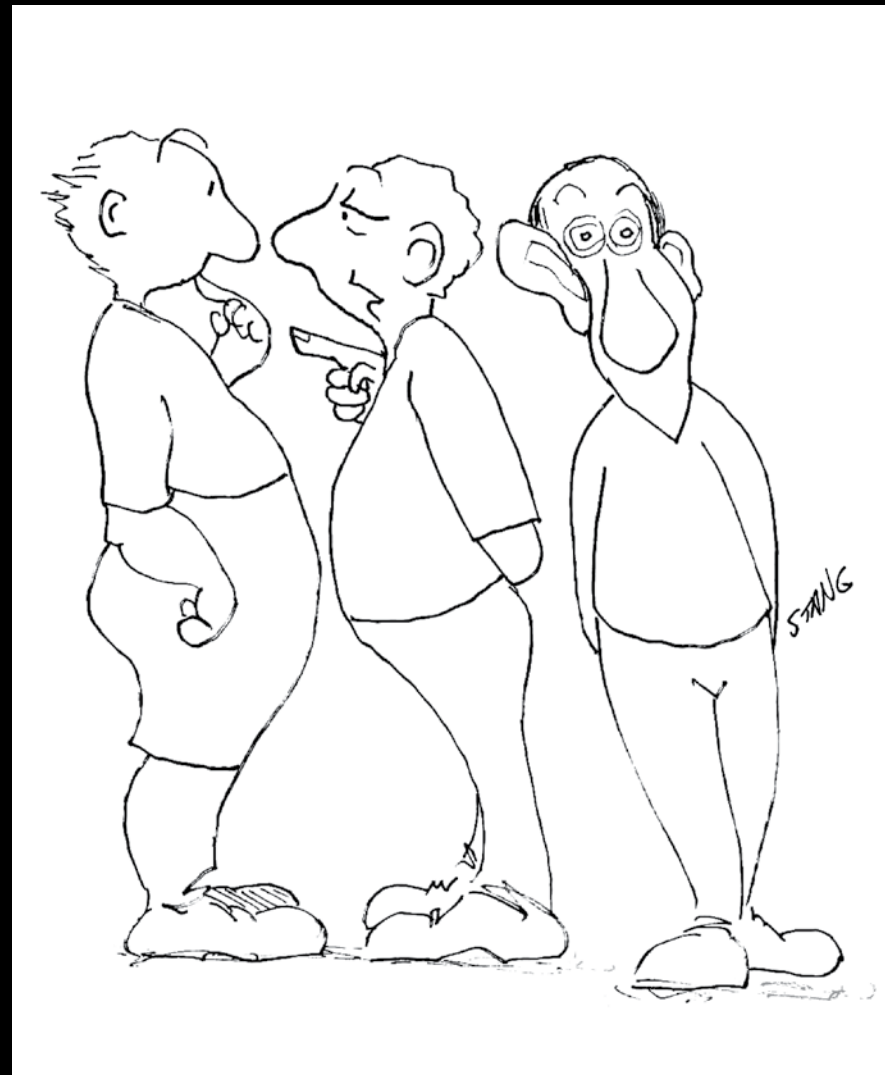
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GOLDEN OLDIES HUMOR

By Stan Goldstein



One mouthful of gossip can feed a hundred ears.



Is It Legal?

By Gerald Colen

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SCAM ALERT: The "Nigerian" scam is still out there and apparently has been hooking some folks lately. That's the scam where you get an e-mail from someone who tells you that he/she is the such and such from the recently deceased "lord" so and so and he/she's got to transfer millions of dollars into a U.S. bank account. He/she wants to put it into your account and you'll get a huge percentage if you'll just provide some "verification."

That "verification" will involve you giving out some personal information about you or your bank accounts. Some folks,

who are aware that it's a scam think they can reply with some nasty e-mail. Please don't reply at all. Just delete the e-mail.

Speaking of replying to spam, there's usually some place where you are asked if you want to unsubscribe to whatever the junk is they are sending you. Please do not unsubscribe. That just proves there's an active e-mail address. Just delete the message. If you hit unsubscribe, you will immediately let the sender know you have a live e-mail address and you will get hit with more and more of that junk.

Also, never, never, never give out any personal information including your social security number by e-mail or over the telephone.

Q. I want to avoid probate of my home and plan to convey it to my daughter now but do it in a joint tenancy or by means of a life estate. What's wrong with that?

A. I know that many, many folks think the way you do and I understand that. My own view is that you should just keep your

homestead in your name(s) alone and not put anyone on the deed with you unless that person actually resides with you on a permanent basis.

Why? The simple answer is that, in my opinion, your homestead is the single most protected asset you have in the State of Florida and when you put someone else's name on that property then you don't own it any more - now you and whomever you've added to the title own it.

If that person has legal problems, that could affect the property. If that person becomes incapacitated that could affect the property. If that person should go into bankruptcy that, too, could affect the property.

Okay, so what about doing a life estate deed where you keep a life estate for yourself but set up the deed so at your death, the person you name gets it. Well, if you then decided to sell the property you would need the signature of that person on any deed you might give. Look, there are so many variables involved with such a thing that it is best if you speak with your attorney and obtain his or her advice.

Q. Why don't you like trusts? I think that's how we avoid probate.

A. First of all, my feelings about trusts are complex and are always tied to specific facts. Second, in my opinion, if what someone wants to do is avoid probate, there are much less costlier ways to do that. Payable on death accounts work just as well as a trust if what we are talking about is avoiding probate. They are very easy to set up and you continue to control any asset held

in a payable on death account. Third, I just feel that trusts are too heavily marked to folks who would be better served by having a will, durable power of attorney and advance directive and then have accounts set up in payable on death mode.

Q. Did you say that if my son is not a Florida resident he could not be the personal representative of my estate?

A. No, I did not say that. A blood relative can qualify to be a Florida personal representative so long as he's not incapacitated in some way and so long as he's not a convicted felon. Persons who are not Florida residents and are not blood related to the person making the will cannot qualify to be a personal representative in Florida. Interestingly, however, someone who is not a blood relative, can still serve as an agent under a durable power of attorney and as a health surrogate under an advance directive and can even serve as a successor trustee under a properly drafted trust.

Q. My granddaughter said she would like to come to Florida next winter with her boyfriend and stay with me; but she said that I would need to move out because it wouldn't be legal for her and her boyfriend to stay with me in my apartment. Is she correct about that and do I have to move out?

A. Nope! I think you should tell her to find her own place to stay and she and her boyfriend can pick you up and take you to dinner now and then.

Gerald R. Colen is an attorney and member of the National Academy of Elder Law Attorneys and the Academy of Florida Elder Attorneys. He concentrates his practice of law in the areas of elder law, wills, trusts, probate, real estate and title insurance, asset protection planning, business law and simple and complex estate planning. This column is not intended to provide legal advice. You should always consult your own attorney for such advice. Mr. Colen is available for conferences; please call (727) 545-8114 or e-mail jerry@gcolen.com.

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On Top of the World NEWS

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September Issue
 Thursday, Aug. 27, 2015

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Candler Connection

By Janet Wiles

Many Candler Hills residents attended the Fourth of July Patriotic Celebration at The Town Square. Attendees enjoyed listening and dancing to the music of three bands. The Ocala Symphony Orchestra added a special touch to the patriotic event with their performance at Circle Square Cultural Center. The food prepared by a variety of vendors was wonderful. Topping off the evening was a fabulous fireworks display. We thank Ken Colen, numerous employees, and volunteers who had a part in bringing this event to us. This

was truly a wonderful way to celebrate our Independence Day.

The next Candler Connection board meeting will be held on Tuesday, Aug. 4, at 2 p.m. in the Candler Hills Community Center. All residents are welcome to come and discuss any issue pertaining to the board.

The fall picnics for the past two years were well attended and praised by all attendees. Mark your calendar for the third annual fall picnic for the afternoon of Sunday, Oct. 18, at the pavilion. Tickets, priced at just \$6 per person, will go on sale in late September or early October. Enjoy a variety of favorite picnic foods, socialize with your friends and neighbors, and join in some outdoor fun. This event is open to all residents. Specifics concerning the menu, time, and other details will be provided in future Candler Connection

columns.

The Candler speaker series will resume in the fall. On Tuesday, Oct. 6 there will be two speakers. Dennis Hisey and Phillip Hisey will talk about how to prepare your home and lawn for the winter months. On Thursday, Oct. 22, Joe Pine with Metro Crime Prevention of Florida will present an animated safety workshop. All presentations will be held at 3 p.m. in the Candler Hills Community Center.

Bob Scherff has arranged for a tour of West Port High School on Friday, Nov. 13. This school is listed among America's Best High Schools and among America's Most Rigorous High Schools. Jayne Ellsperrmann, the current principal, is the National Secondary Principal of the Year. Details for participating in this event will be published in a future column.

The Candler Connection web site, can-

dlrconnection.org, contains a neighborhood directory. If you wish to be added to this, you may now contact one of two board members. You can reach Marilyn Lube at (352) 895-3954 or marilyn@lube@yahoo.com. You can reach Sami Odeh at (352) 229-0214 or sodeh65@gmail.com. If leaving a message, please include your name, address, phone number, and e-mail address. By submitting your e-mail, you can receive "The Happenings" each month and notifications of any changes made after the submission of this column.

In the meantime, continue to enjoy your summer. Remember there are numerous activities available throughout the community. Challenge yourself to stay fit both mentally and physically by participating in the variety of classes at the Recreation Center, The Ranch, the Arbor Club, and Master the Possibilities.



Community Patrol

By Patricia A. Woodbury

Lieutenant Joiner was present at our June meeting and answered several questions. He said that automobiles with tinted windows have to have at least 18 percent light through the window or it may be a violation. He said that texting while driving is a secondary offense and the driver has to be stopped for something else. Not using seat belts, however, is a primary offense.

The next Citizens Academy and Partnership program, a free 12-week educational course about the operations of the Marion County Sheriff's Office, is scheduled for Thursdays, from 9 to 11:30 a.m., beginning Thursday, Aug. 27 through Master the Possibilities. To register for this class, call (352) 854-3699, or online at masterthepossibilities.com.

The Sheriff's Office kiosk program received an achievement award from the National Association of Counties. This award honors innovative, effective government programs that enhance services for residents in the categories of criminal justice and public safety. The kiosk program is an informational crime prevention system that displays wanted persons, missing and endangered persons, public service announcements and other messages that can be distributed to the public. Over 100 kiosks are currently in place in businesses and public places in Marion County. Business owners find that the kiosk not only acts as an informational outlet for their customers but also a deterrent to crime in their businesses.

The next meeting of the Community Patrol is Monday, Aug. 24.

Anyone interested in becoming part of our community patrol should call Gary Rodoff at (352) 291-7508. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center, at 3 p.m. Come and join us; the meeting is open to everyone.

Avalon Social Group

By Marie Roppel

Summer is moving along ever so slowly, however, this does not interfere with developing plans for the upcoming meetings. Although there is not a meeting during August, hopefully you will have collected some interesting recipes and tales of adventure to share with friends and neighbors.

Plans are being made for speakers for

the months to come and these will be announced next month. In the meantime, enjoy those lazy, hazy, crazy days of summer.

Meetings will resume on Monday, Sept. 7. Following that, meetings will be on Oct. 5, Nov. 2 and Dec. 7. The October meeting will be a cookout. By moving up the date, we will not have to deal with the time change. There are some interesting speakers planned for the fall, so mark the dates. For questions, call Ed at (352) 304-8206 or Kurt at (352) 237-5747.

On Top of the World NEWS

OFFICE CLOSED

The World News office will be closed through Friday, Aug. 7. Regular business hours (Monday through Friday, 8 a.m. to 1 p.m.) will resume on Monday, Aug. 10, 2015.



Community Emergency Response Team

By Beth McKeen

The Community Emergency Response Team (CERT) is a concept that was originally developed by the Los Angeles Fire Department. They recognized that citizens would be on their own during the early stages of a disaster. In 1994, CERT became part of the Federal Emergency Management Agency (FEMA). In January 2002, the president asked that Americans volunteer their services to improve and safeguard our country. The Citizens Corps Program was created to help Americans meet this call to service. CERT is one of the volunteer opportunities offered under the Citizens Corps umbrella.

At our July meeting, the team reviewed and organized the contents of their CERT bags. Each team member carries a CERT bag to a disaster or drill. This bag contains medical supplies with which to treat victims, personal protective equipment (reflective vest, helmet, goggles, and work gloves), as well as other necessary supplies. Review of bags was done in preparation for an upcoming drill.

There is currently a CERT training class in progress, but it is not too early to sign up for the next class beginning in October. Contact Beverly Case, Division of Emergency Management, at (352) 369-8103 or visit marionso.com, Emergency Management Bureau, and click on EM Volunteer

Program Application. Fill out and mail in the application.

We are always happy to welcome new members to our team, so please consider participating in this service organization and giving back to your community. Our next regular meeting is scheduled for Tuesday, Aug. 11.

CERT meets every second Tuesday of the month at 9 a.m. in the Arbor Conference Center, Suites E and F. Anyone interested in learning more about CERT is welcome to attend these meetings or contact Beth McKeen at (352) 237-5079.

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Photos by Ray Cech

Patriotic Celebration at Circle Square Commons.



Photo by Gary Pierre

The Veterans Club presented the patriotic portion of the Fourth of July Patriotic Celebration at The Town Square. Retired Army Colonel Aleks Brzezanski (at the podium) read the Declaration of Independence. Presenting a flag from each of the armed services are club members Richard Knecht, Dean Kaump, Joe Hilchey, Merrill Smith, Augustus Boyd, and Master of Ceremonies Fred Pulis. Also pictured in back row is Bill Richhart and Bob Toye.



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COMMUNITY NEWS & UPDATE

By Kenneth D. Colen, Publisher

► **Continued from Page 1**

wide) deductible of \$250,000 for any one occurrence such as a named storm.

With respect to flood, earthquake, and flood resulting from a named storm, all loss, damage, and/or expense arising out of any one occurrence shall be adjusted as one loss, and from an amount of each such adjusted loss there is a \$100,000 deductible.

The Association does have coverage in the event of damage to building from sinkholes. This coverage has a \$10,000 deductible. It is worth noting that sinkhole activity may occur in several storm water retention ponds. This is not remarkable given the volume of water received and the concentrated weight imposed on the ponds in a very short period of time. The repair of such damage is a common expense of the Association and is not an insurable event inasmuch as no structures were involved. Fortunately, repairs and recovery are very straightforward.

Contents coverage may vary greatly depending what it is you wish to insure. As a basic point though, you need adequate limits to cover furnishings, personal items, floor coverings, appliances, fenestration (windows and doors) and cabinetry. Direct your agent to write an HO6 rider that provides for loss assessment coverage in the event of a special assessment from the Association to cover unforeseen shortfalls in losses. It is never a bad idea to see if that "loss assessment coverage" component can be increased.

There may be a possibility that your carrier will offer a product called "extended protection" that in effect offers another

layer to loss assessment coverage. It was pointed out to me by a local insurance agent that the carrier may require a letter from the Association stating that there are "no losses, unreported losses, and ongoing repairs" currently pending. We have drafted such a generic letter and posted it to otowinfo.com (click on Insurance Info). You may print this letter and provide it to your local agent.

Circle Square Cultural Center

Wow! It's hard to believe that we are already in the last month of the summer. The dance parties have been a big hit and Mark Raisch will be on stage Saturday, Aug. 22, from 7 to 9 p.m. The dances have reserved table seating; so make sure to get your tickets soon. Shows are selling out this year - one after the other! Purchase tickets online at CSCulturalCenter.com. We will be announcing the new winter/spring line-up in September ... look for details.

The Town Square

The Farmer's Market continues on Thursdays through the summer from 9 a.m. to 1 p.m. I encourage you to support the market vendors and help us to keep them coming back. Beat the heat and come early!

There are a number of great performers in August - Dunning Shaw, The 45's, Susanne Smith Band, Crooked Counsel and Karen Hall. Check out circlesquarecommons.com for dates. Summer hours for The Town Square are 7 to 10 p.m.



Food For Thought

By Sandy Curtis

(352) 861-9720
sandy_curtis@otowfl.com

In mid-August, Candler Hills Restaurant will be closing temporarily for renovations to the building. We are excited for what is in store. During this time, we will keep you posted through e-mail blasts, the World News and postings outside the restaurant and golf areas. Not only will we have a new look, we will also reopen as The Club at Candler Hills. These are exciting times for us all.

During the renovations, The Pub will have extended hours for you to enjoy. Beginning Sunday, Aug. 9, The Pub will be open on Sundays, from 8 a.m. to 3 p.m. until further notice. Every Thursday in August, The Pub will extend its hours until 7 p.m. for our buy one entrée and get the second one for half off.

Also, on Friday, Aug. 14 and Friday,

Aug. 28, The Pub will be open until 7 p.m. for a Friday fish fry. Enjoy fried fish, hush puppies, coleslaw and your choice of cheese grits or French fries for \$12 (plus tax and gratuity).

If you are a VIP Gold World Passport member, stop in The Pub on Tuesday, Aug. 11 to receive a free beverage (beer, wine, well drink, soda, tea or coffee). Please remember one drink per member and you must present your VIP Gold World Passport.

As most of you know, we have happy hour everyday from 1 to 3 p.m. at The Pub. You can enjoy an alcoholic beverage for just \$2.50 (some items are excluded). During August, you can now take advantage of receiving a \$1 off any call or premium drink during happy hour. Now is the time to try that top shelf drink you've been wanting.

Girls Night Out will start back in November. If you have never attended, make plans now for our next event. It will be a party of a lifetime. More details to follow in my upcoming columns.

Until next month, stay cool and keep hydrated.



It's the Law

By Bob Woods

In the July issue of the World News, I explored the Florida Statutes concerning traffic control under Chapter 316 highlighting Section 130, which pertains to pedestrians' traffic regulations. This month continues on with the section.

(7b) The driver of a vehicle at any crosswalk where signage so indicates shall stop and remain stopped to allow a pedestrian to cross a roadway when the pedestrian is in the crosswalk or steps into the crosswalk and is upon the half of the roadway upon which the vehicle is traveling or when the pedestrian is approaching so closely from the opposite half of the roadway as to be in danger.

(7c) When traffic control signals are not in place or in operation and there is no signage indicating otherwise, the driver of a vehicle shall yield the right-of-way, slowing down or stopping if need be to yield, to a pedestrian crossing the roadway within a crosswalk when the pedestrian is upon the half of the roadway upon which the vehicle is traveling or when the pedestrian is approaching so closely from the opposite half of the roadway as to be in danger. Any

pedestrian crossing a roadway at a point where a pedestrian tunnel or overhead pedestrian crossing has been provided shall yield the right-of-way to all vehicles upon the roadway.

(8) No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle which is so close that it is impossible for the driver to yield.

(9) Whenever any vehicle is stopped at a marked crosswalk or at any unmarked crosswalk at an intersection to permit a pedestrian to cross the roadway, the driver of any other vehicle approaching from the rear shall not overtake and pass such a stopped vehicle.

(10) Every pedestrian crossing a roadway at any point other than within a marked crosswalk or within an unmarked crosswalk at an intersection shall yield the right-of-way to all vehicles upon the roadway.

(11) Between adjacent intersections at which traffic control signals are in operation, pedestrians shall not cross at any place except in a marked crosswalk.

(12) No pedestrian shall, except in a marked crosswalk, cross a roadway at any other place than by a route at right angles to the curb or by the shortest route to the opposite curb.

Next month, I will continue with this statute concerning pedestrians' traffic regulations.

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The VIP Gold World Passport requires a \$50 annual fee (first time members will be charged a pro-rated amount of \$25 July 1 through Dec. 31, 2015) and also allows advance reservations at special restaurant events, exclusive chef specials, drink specials and access to VIP Gold events.

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All Around Our World
By Lynette Vermillion

(352) 236-OTOW (6869)
generalmanager@otowfl.com

Welcome to August in Florida. Wow, it is hard to believe we are in the eighth month of 2015. Where does the time go? We have been lucky by receiving some much-needed rain; however, we are still running behind for this time of the year. Although we have had several severe storms, fortunately we've had very limited damage.

We have been challenged to stay on a regular mowing schedule this peak season due to the rainfall. Whether it is mowing lawns, reroofing, or painting buildings, we have worked around the rain and on Saturdays to get back to our normal schedule. We appreciate your understanding and patience as we have done so.

I hope you continue to enjoy your sum-

mer and wish you a safe and happy August. If you have family and friends visiting, take advantage of the many amenities to help entertain your guests.

Customer Service

Please note that the Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Aug. 19 this month. Customer Service may be reached Monday through Friday, 7:30 a.m. to 4:30 p.m. by phone: (352) 236-OTOW (6869); e-mail: otowservice@otowfl.com; or in person by visiting Suite 200, in Friendship Commons Monday through Friday, from 8 a.m. to 4 p.m.

Lawn and Irrigation Maintenance

Residents should monitor their irrigation systems more closely to help save water. Remember one-half to three-quarters of an inch of irrigation twice per week is all that is needed to sustain the turf. Even with normal irrigation, some stress may occur in your lawn. Monitor these areas and hand water as needed to avoid stress and death of the lawn. Heads may become clogged or misaligned creating dry

areas in your lawn. Rain sensors should be checked to see that they are operating properly and also to keep you from overwatering. With the summer rains, residents may be able to curb their water consumption by not irrigating during weeks that we see these rainfall amounts, however your irrigation should be set to water twice per week allowing the system to run on the days selected vs being turned off when needed. The rain sensor will shut the system down during adequate rain events, and once dry the sensor will allow normal operation.

Over fertilization is a driving force with fungal pests, and if you are in On Top of the World Central it should only be done after checking with the management company to avoid duplication as the Association does have a fertilization program in place for On Top of the World Central homes.

Chinch bugs are opportunistic insects that will seek out stressed or dying St. Augustine turf so it is important that the irrigation system is operating properly. Monthly irrigation checks need to be done to ensure the lawn is receiving proper coverage and that there are no broken lines or heads.

Controllers can be affected by the summer lightning storms, so we advise all residents to check their controllers after each storm. Lightning storms can surge power into the controllers affecting the program scheduling, thus causing the controller to malfunction, which may prevent the system from operating correctly. Fungus and other diseases thrive in humid, muggy conditions so keeping excess water from forming on your lawns is critical in controlling these pests.

Pets

Please remember to be courteous and clean up after your pet. We have received many complaints lately from residents advising that this is not occurring. It is the pet owner's responsibility to keep the area around his home clean. This will prevent the spread of odor and also reduce the likelihood of diseases caused by unsanitary conditions.

Owners must also keep their pet on a leash and away from neighboring houses, lawns or backyards. It is also the owner's responsibility to pick up droppings and clean any mess caused by the animal, whether it is in the owner's yard, a neighbor's yard, on the sidewalk or any other common area.

There are no locations on property where pets are allowed that do not require the owner or walker to pick up after the pet. Thank you for your cooperation. And, please do not leave your pets in the car for any length of time in the summer. Only five minutes may be too long.

Golf Cart Permit and Resident ID Cards

Permitting for the 2016-2017 golf cart decals will begin in October. Resident IDs will also be updated at this time. During the month of October, permitting and ID updates will be organized by the first letter of the resident's last name. A calendar will be published in the October edition of the World News so that residents may determine which day to attend. Permitting and ID updates will continue in November and December for those who are unable to attend on their designated day in October. All carts must be permitted by year-end. Please watch for more information in next month's edition of the World News.

After Hour Non-Medical Emergency

Remember, if you have an after hour non-medical emergency, call (352) 236-OTOW (6869) and not the gates; this number is answered by a trained representative who will direct your call. If they do not know the answer, they will have our representative call you back.

You may reach the Marion County Sheriff's Office at its non-emergency number, (352) 732-9111, to report incidents that don't need an immediate response and that do not fall under Association responsibility. If you are unsure if the problem is your responsibility or not, call the (352) 236-6869 number and they can help advise you. All emergencies, medical or non-medical, should call 911.



Keeping It Green
By Phillip B. Hisey

(352) 236-OTOW (6869)
phillip_hisey@otowfl.com
slmservicefl@gmail.com

stance to every major chemical class so by doing this you will keep them on their toes.

Chinch bug damage that is noticed early can be treated typically with little damage to the grass; a good fertilization should revive the grass and fill the area back in with time. Keep in mind even after the chinch bugs have been treated it's highly likely that the area damaged will grow in size. This is because the area treated was already damaged and the results of the damage were not visible at the time of treatment.

Healthy grass that is properly fertilized and watered will aid in the defense of the chinch bugs. With drought like conditions and water restrictions it is tough to deal with these insects so early detection and treatment is best.

Hope you continue to have a great summer!

Chinch bug control in your St. Augustine yard is probably the most important pest to focus on when trying to create a healthy yard. Chinch bugs feed on the sap of the St. Augustine grass and have piercing sucking mouthparts. Many people do not know but the chinch bug is not the actual killer, it is the saliva of the insect that kills the plant, it clogs the vascular tissue of the plant, not allowing the flow of water and nutrients to the plant.

Chinch bugs are found in the thatch layer of the grass. They are about an eighth to a fifth of an inch long or smaller. The adults have distinct white strips that cross their back and the young or nymphs are an orange-red color with a white strip across their abdomen. Chinch bugs will live in shrub beds or down in the soil area over the winter and when the weather warms up they come out.

Chinch bug damage is often mistaken for drought stress until it is too late. When looking for chinch bugs, do not look in the grass that is already dead, look toward the margins of the dead area in grass that is alive. Spread the grass apart and look for the insects that are black and have white strips across their back or the young. An easier way to detect a chinch bug infestation is to take a coffee can and remove both ends, soften the soil with a little bit of water so you can stick the coffee can into the earth about two to three inches leaving at least four inches of the coffee can above ground. Fill the coffee can up with water and wait, the chinch bugs will float to the top.

If a chinch bug infestation is present, report this to your spray company so treatment can begin as soon as possible. When treating chinch bugs, make sure that you rotate the chemical class not just the chemical. Chinch bugs have developed re-



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HURRICANE PREPAREDNESS

Florida's hurricane season officially begins June 1st and runs through November 30th. It is important to plan ahead so you are safe in an emergency. Prepare now for the risks associated with stormy weather and be prepared to act on that plan when alerted by emergency officials.

HERE ARE A FEW TIPS TO HELP YOU PREPARE IN THE EVENT OF A STORM:

- Prepare a disaster supplies kit (first aid kit, water, canned food supply, etc.)
- Bring in anything that can be picked up by the wind (bicycles, lawn ornaments, patio furniture, etc.)
- Unplug appliances
- Close windows, doors and hurricane shutters*.
- Fill your vehicles gas tank and any gas cans you may have
- Obey evacuation orders
- Pet owners should have plans to care for their animals

Visit www.nhc.noaa.gov/prepare/ready for additional information



*Please refer to the Association Rules as to when hurricane shutters may be closed.
#10205 - 8/15



Photo by Bob Woods

St. Augustine Church is believed to be on the site of the first monastery in the Derry area dating back to the sixth century.



Photo by Bob Woods

The Bogside is a neighborhood outside the city walls of Derry.

Derry or Londonderry?

By Bob Woods
World News Writer

Is this city, the fourth largest city in Ireland, called Derry or Londonderry? According to the city's Royal Charter dated April 10, 1662, the official name is Londonderry but most call it Derry.

Derry is a split city. When the English defeated the Irish chieftains in 1607, it paved the way for the British to form the Plantation of Ulster by bringing thousands of Protestant Scots and English to the area. The aim was to settle Ulster with a population supportive of the crown.

Walls built to protect those in the new city began in 1613 with completion in 1619. It was the first planned city in Ireland with a central focal point called the central diamond and only four gates. The modern city of today preserves the 17th century layout. The oldest building still standing is the Plantation's gothic cathedral of St. Columba constructed in 1633.

Derry has seen many battles over the walled city. Irish "Redshanks" (Highlanders) invaded the city. The gates were closed against the siege in which King James in April 1689 came to Derry and summoned it to surrender. The king was rebuffed and

the siege lasted until the end of July. Derry has had many ups and downs over the centuries.

During the Irish War of Independence, the northern area of Ireland was rocked by sectarian violence between the Irish Republican Army (IRA) and British Armed Forces. During the mid-1920s, there was server sectarian rioting in the city. In 1921, following the Anglo-Irish Treaty and the Partition of Ireland, Derry became a border city.

During the 1950s and 1960s, Derry was the focal point of the civil rights movement in Northern Ireland. Catholics were discriminated against under the Unionist government. The city saw many days of unrest. Bloody Sunday was where the British troops opened fire on a peaceful civil rights march in the Bogside. Unrest and fighting lasted many years between the British and members of the IRA.

The city of Derry is also nicknamed the "Maiden City" by virtue that the city walls have never been breached despite three separate attempts to conquer the city. The walls protecting the old city are the only remaining walls that are completely intact and Derry is classified as one of the finest walled cities in Europe. The walled city is approximately one mile in circumference and range in height from 12 to 35 feet. It is wide enough to form a complete walkway around the inner city; in fact, most areas of the wall's top would support a motorized vehicle. The original walled city had four gates but in later years three gates were constructed.

Derry is one of the only cities in Europe that never saw its fortifications breached; withstanding several attempts to siege the city including one in 1689 lasting 105 days giving the city its famous nickname, "Maiden City."

Derry is one of the oldest continuously inhabited places in Ireland. The earliest historical references date back to the sixth century when a monastery was founded by St. Columba or Colmcille, a famous saint from an area that is now known as County Donegal. This saint is buried near the grave of St. Patrick.

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Back at The Ranch
By David Gibas

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Interval training is one of the best ways to rev up your workout. Once thought to be a training modality of elite athletes, interval training has become a powerful tool for just about everyone.

Interval training is very simple: it alter-

nates bursts of intense activity with intervals of lighter activity. The beauty of interval training is that the energy expenditure is relative to each individual.

For example, if you are a bit de-conditioned you might incorporate short bursts of speed walking into a more leisurely pace. If you are in tip-top shape, you might incorporate short bouts of sprinting into your regular running pace. Both of these examples highlight how the intervals are very specific to the individual.

The principles of interval training are the same for everyone; however, there are so many options to suit every fitness level. You can vary the intervals by intensity (how hard you work) and the duration (how long each interval is). Whether you

are a new exerciser or have been hitting the gym for years, interval training can help to elevate your fitness level and provide more health benefits.

You'll burn more calories. When the exercise intensity increases, so do the number of calories you burn. Therefore, by incorporating short bouts of increased energy expenditure (breathing rate and heart rate go up), you will increase the total number of calories you expend for the workout.

You'll gain more health benefits. Numerous studies demonstrate that interval training is one of the best ways to improve your cardiovascular fitness level.

You'll keep your workouts exciting. Steady state training (maintaining the heart rate at the same output) can get very boring. Keep your mind engaged and your muscles pumping by incorporating interval training.

The Ranch Fitness Center is excited to hold a unique interval training class; you will literally PUSH yourself (and your team) to a new level of fitness! Our PUSH class will be held on Sunday, Aug. 9, at 9 a.m. Join The Ranch trainers for this HIIT (high intensity interval training) workout, which is a combination of cycling and strength. This is a competition as you race against the clock and an opposing team. One person is on an indoor cycle and pedals for a half mile, then they PUSH their teammates onto the next station. While the one team member is cycling, the others are working at a strength station. The first team to complete the circuit wins!

Not a member of The Ranch? Not a problem; you can participate in our classes, use the fitness center and our warm water pool with the purchase of a "Class Pass." Please call or see the front desk for details.




Democratic Club
By Dan Lack

People think that human trafficking is something that takes place in big cities or foreign countries, but it's also occurring right here in Marion County. The speaker at our meeting on Thursday, Aug. 27, will be Diane Schrier, the secretary for the Marion County Democratic Executive Committee, a former school board candidate and the director for public policy for the American Association of University Women. Diane organized a human trafficking forum at the College of Central Florida that filled the Webber Center in March of this year. Diane will review those proceedings at our meeting.

Petitions for the candidacy of Ed Emery for Congress were handed out at our last meeting in July. If you picked one up and you didn't hand it in yet, please fill it out and bring it to our August meeting. Additional blank copies of the petition will also be available at our meeting, if you missed the last one.

We continue to support the Ocala Ritz Veterans Village; so please bring toiletries, detergent and canned food and dry food to our meeting. We meet on the fourth Thursday of every month at 6 p.m. in Suites E and F at the Arbor Conference Center. Our meetings are open to registered Democrats and Independent voters, although only Democrats can be voting members of the Club. For more information, contact Dan Lack at (352) 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!



Republican Club
By Fred Pulis

The Republican Club guest speaker Danielle D'Amato Doty addressed the club members about her family background and why she is a candidate for county commissioner, district three. Doty is running for the open seat being vacated by Stan McClain.


The club recognized members Emory Jones, Richard Knecht, Alekx Brezanski, Bill Richart, and Fred Pulis for their participation in the Fourth of July Patriotic Celebration at The Town Square. They were part of the individual service flag presentation and reading of the Declaration of Independence. A crowded group

of members were in attendance including elected officials State Representative Charlie Stone, Citrus County Commissioner D'Amato and Palm Cay Republican Club President Jim Pettus.

The next meeting of the Republican Club will be on Friday, Aug. 14 and will feature Marion County Commissioner candidate Richard Hancock. He is running for Marion County commissioner, district five. The meeting will be held at the Arbor Conference Center, Suites E, F, and G, at 7 p.m. For more information about the Republican Club, please contact Fred Pulis at (352) 854-9976.

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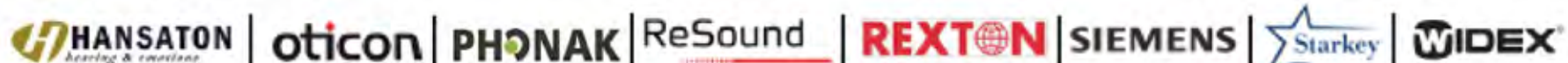
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LIFESTYLE

We Serve

By Estelle Clark

The new Lions year has just begun. We had the installation of our new officers at the Elks Club in Ocala, Fla. Our new officers are President Michael Topf, First Vice President Steven Snowman, Second Vice President Marty Schley, Secretary Luann LaPierre, Treasurer Bruce DeWitt, Membership Estelle Clark, Tail Twister Ed Michelson, Lion Tamer Ed Hobbs, Directors Carol DeYoung, Charlie Hassett and Immediate Past President Wendy Phillips. We know they are going to have a super year.

We also were able to give out eight life memberships to our Florida Lions Foundation. A donation of \$100 per person was made to the foundation. Recipients were Lions Michael Topf, Marty Schley, Bruce DeWitt, Wendy Phillips, Steve Snowman, Carol DeYoung, Charlie Hassett and Dr. Susan Phillips. The club made a \$1,000 donation to the International Lions Club Foundation and a Melvin Jones Fellow was presented to Lion Michael Topf. Lion of the year was presented to Lion Estelle Clark.

We would like to welcome our newest members PDG Jack and Helen Anderson who transferred here from Chicago.

We are bringing in new members and looking forward to a great year supporting

our community. You too can be a member.

The Lions have been very involved in helping getting supplies for Feed the Children program with non-perishable items, as well as supplying needed items for Munroe Regional Medical Center's children's ward and emergency room. We are supplying them with socks, books and stuffed animals. If you would like to donate any of these items, call Lion Estelle or drop them off at her house.

We also help those individuals who do not have insurance who need eye exams, glasses and surgeries. We are still collecting used eyeglasses, ink jet cartridges and cell phones.

Save the date for our third annual Recycled "Trashy" Fashion Show on Saturday, Oct. 31 in the Recreation Center Ballroom. If you would like to participate, please e-mail Lion Luann at luannlapierre@yahoo.com or call Lion Estelle at (352) 861-7358. All funds will be donated to charity. More information to follow.

Come join a great group of people who have fun and in the process help those less fortunate. We meet the second and fourth Tuesdays of the month at the Arbor Conference Center, Suite C, at 7 p.m. For more information, give me a call at (352) 861-7358. We serve.



New members of the Lions Club: Lora Rossi, Andrea Kamenker, Angelo DePeri with sponsor PDG Estelle Clark.



Century Plant

By Bob Woods
World News Writer

Did you get a chance to visit the latest "tourist" stop within On Top of the World? Residents stopped to view a large century plant, as it was about to bloom. Some folks even pulled to the side of the road and took pictures.

"People would stop by to chat about the plant," according to Sandy Schubert. "We got to make many new friends. People would ask us when it was going to bloom and we would reply we have no idea."

There is a myth concerning the century plant that the plant only blooms every 100 years. The plant was in the yard when the Schuberts moved to On Top of the World 12 years back. "The house is about 21 years old and we have no idea when the plant was planted," Sandra said.

Century plants have been around for years and generally live locally between 10 and 30 years. Yes, the plant does bloom just before its life cycle ends but right before it generally sends out many suckers or baby plants, which eventually become new century plants.

How high does the stem of the plant grow? It can reach heights from 10 to 40 feet in height yielding large, tubular, yellow-greenish flowers. The Schuberts have no idea of the actual height of theirs but when the flower buds stop blooming and the plant dies, it will be measured on the ground. Sandy commented that John was measuring the plant up to 18 and one half feet, but that is as high as he could measure. Looking at the plant it appears to be between 35 and 40 feet in height.

The century plant belongs to the Agave Cactus family. It has been a source of food, fiber and ornamentation. The nickname for the Agave Cactus plant has been the century plant. In many warm places the plant can bloom in 10 years while in cooler climates it could take up to 60 years.

The nectar of the century plant is used as a natural sugar replacement being four times sweeter than refined white sugar. Certain types of century plants, or Agave Cactus, are commercially grown producing tequila.

The plant's leaves also can be used as fibers suitable for making rope, matting, coarse cloth and are used for embroidering of leather. The flower stem, if cut before flowering, produces a sweet liquid which if fermented, produces a drinkable product. Sandy stated, "We first noticed the stem growing in the plant on Tuesday, April 7." Sandy also stated that the plant's stem grew so fast that they could see a difference each day.

Don't rush over to see the plant as the plant's life cycle has since ended. The Schuberts have another large century plant in their front yard and there is no telling when this plant will bloom.

Photo by Bob Woods

Sandra Schubert with her 35- to 40-foot century plant bloom in the background.

Donegal Castle

By Bob Woods
World News Writer

Donegal Castle was regarded as one of the finest Gaelic castles in Ireland. The castle was the stronghold of the O'Donnell clan, Lords of Tir Conaill and one of the most powerful Gaelic families in Ireland from the fifth to the 16th centuries. The elder Sir Hugh O'Donnell was a wealthy chief of the O'Donnell clan who built the castle in 1474. At the same time, a Franciscan monastery was constructed further down River Eske.

The castle complex was built on a bend of the River Eske near the mouth of Donegal Bay. O'Donnell's wife, Nuala, wanted the monks to start a community in the area. Donegal Castle (Caislean Dhun na nGall) is a castle situated in the center of Donegal in County Donegal in northwest Ireland. Most of the past two centuries, the majority of the buildings lay in ruins but the castle was almost fully restored in the late 1990s.

The castle served as the seat of

O'Donnell's power until 1607 when the English decided to rid the country of pesky Irish chieftains once and for all. Rory O'Donnell torched his own castle before fleeing to France in the infamous Flight of the Earls. The Flight of the Earls was the first of many departures from Ireland by native Irish over the following centuries.

The O'Donnells and O'Neills along with other chieftains were forced into exile. The defeat of the Irish chieftains paved the way for the Plantation of Ulster by thousands of Scottish and English Protestants sowing the seeds of division that still afflicts Ireland today.

Donegal Castle and its lands were given to English Captain Basil Brooks in 1611. The castle was rebuilt in 1623 by Sir Basil Brooks along with an adjacent three-story wing to be known as the manor house. Further restoration was completed in the 1990s.



Photo by Bob Woods

Residents visit Donegal Castle in Ireland.

Who Are We?

By Carol Johnson

Who are the people of On Top of the World? Northerners and mid-westerners. Folks from all over. The silent generation and the baby boomers.

We worked hard and saved our money. We sent our children to college even though we never went ourselves. We moved here so that we could spend our retirement years enjoying life and the weather. We play tennis, golf, shuffleboard and bocce. We play bridge, poker, billiards and mah jongg. We fly model airplanes and make cabinets in the wood shop. We swim at the pool. We get up early to walk

the dog and chat with other walkers.

We volunteer to read to children or serve meals to the homeless. We take classes to learn to paint or use our new computer. We go to The Town Square to listen to music or dance the night away. We sometimes even catch a show or concert at Circle Square Cultural Center. We visit friends, have backyard cookouts and go out to eat. We go to church and pray for our country. We know we are blessed and remember to be grateful.

So next time you see me ... nod and say hello! This is who we are. We are family.



Travel Toppers
By Mary Lamp

We here at Travel Toppers hope your travels so far this summer have been enjoyable and rewarding for you. Following is a brief update on the status of our club's trips.

We are looking forward to the Titanic Gala dinner event in Orlando, planned for Saturday, Sept. 26. The coordinator is Linda Hein and she can be reached at (352) 861-9880.

We have been taking reservations for our trip to Hudson for the Show Palace's "Give Our Regards to Broadway" on Thursday, Oct. 15. Beverly Moreau is our coordinator and can be reached at (352) 854-2498.

In the future, consider a shopping trip on Tuesday, Nov. 10 to the Premium Outlet Mall in Orlando. This would be a good opportunity to wrap up your holiday shopping at the more than 180 outlet stores. The trip will open for booking on Monday, Aug. 31. Contact Audrey Man-


gan at (352) 854-7074.

For Thanksgiving Day, Nov. 26, we will offer a sleuth dinner theater trip. Look for more details in our next column or on our website.

For 2016, our seven-day cruise (April 9 to 16) aboard the MSC Divina remains open for reservations. We will travel by bus to Miami, spend two days at sea, two days in Bermuda, another day at sea with a stop in Nassau, and then return to Miami. Only balcony cabins are available at a cost of \$972.33 per person (insurance and bus are extra). Inge Gaitch is the coordinator; call her at (352) 237-7428.

Another cruise for 2016 is our legendary Danube River Cruise from Monday, Oct. 10 to Thursday, Oct. 20. There will be an optional three nights in Prague. The cruise will begin in Nuremberg and end in Budapest. The coordinator is Inge Gaitch. Please call her at (352) 237-7428 for more details and to book.

To be kept up-to-date on all of our trips, please refer to our website at traveltopperstours.com, or pick up a copy of the club's most recent brochure (spring/summer 2015 in orange) at your local post office building, the Recreation Center, the Arbor Club or the community centers for Indigo East and Candler Hills.



On The Road Again
By Bob Woods

The club has some exciting trips coming up in the next two years. Please note that not all the destinations have been completely compiled as of yet, but some that have may be of interest. The club has some fantastic trips coming up.

On Saturday, April 23, 2016, join us for a eight night/nine-day motor coach trip to San Antonio, Texas. This trip will include sightseeing stops to and from Texas. We will also visit the famous Alamo and the city's second most popular tourist attraction, the famous River Walk with a boat ride included. Another destination is to President Lyndon Johnson's ranch, which was his Texas White House. For a list of all the stops, please call John Ware at (352) 873-3516 or visit our website. The price of this trip is very affordable.


The New Orleans motor coach trip departing our community Sunday, Oct. 4 is sold out. If you would like to add your name to the stand-by list, please call John Ware at (352) 873-3516.

The club also has a cruise scheduled onboard Royal Caribbean's Oasis of the Seas departing Port Canaveral for the Eastern Caribbean with stops at Nassau, Bahamas; St. Thomas, U.S. Virgin Islands; and St. Maarten. This is a seven-night voyage departing Sunday, Nov. 27, 2016. Please call Bob Woods at (352) 854-0702 for more information.

The club has two overseas trips planned and is taking names for a list to be called when all details are final. The first trip is to Switzerland departing on Friday, May 20, 2016 for 10 days with Trafalgar Tours. Most of the trip is finalized with the exception of air prices. If you think you might want to partake in this unforgettable journey, call Bob Woods at (352) 854-0702 and have your name placed on a call list. The list does not obligate you in any way but those on the list will have the "first shot" of going on the trip. Names will be called in the order of receipt.

The same holds true for another overseas trip, which is planned to depart our community in August 2017 and will head to England and Scotland. The trip includes the famous Royal Edinburgh Military Tattoo.

Details of club trips can be obtained on the club's website at bobwoodsontheroad-again.com.



Genealogical Society
By Peter Parisi

On Monday, June 15, Pat Bevis, one of our members, facilitated an educational presentation on "Building a Genealogy Research Toolbox" excerpted from the February 2015 Roots Tech Family History and Technology Conference. At this conference, Thomas MacEntee, began his presentation by asking, "Have you ever found an important genealogy website and bookmarked it, only to be unable to find it a week later?"

Do you spend more time looking for your favorite websites than you do for your ancestors? The solution is developing a toolbox in which you have separate folders for your favorite websites, census files for particular states, U.S. City Directories, Cemetery records, PDFs and e-books that we want to access in the future. Since we all work differently and have different research habits and specific research needs, pick what works for you.

If you want it on your computer, develop a Word document or an Excel spreadsheet to list alphabetically the website links with their URLs which you use the most often. You can also create a shortcut toolbox using Favorites in Internet Explorer or Bookmarks in Google Chrome. However you set it up, it will take time,

but will save you time in the long run when you want to access it.

If you want the information to be portable, you can save website links using the free program, Evernote, which is stored in the cloud and can be accessed from your laptop, tablet or smartphone. You can also set up a blog or a free website using weebly.com to keep genealogy notes and research tools. You can also save your information to Dropbox or Google Drive. Another tool that can be used is PBWorks or ZohoWiki where you can set up your own wiki encyclopedia of genealogical resources. The advantage of making it portable using cloud programs is shareability and access for you anywhere in the world, and collaboration with others on information available.

Mr. MacEntee mentioned a very interesting free website, Wolframalpha.com, a computational knowledge engine with access to over 10,000 databases that can be used to determine, among other things,

how you are related to your mother's cousin's son or all of the variations of a person's first name. It can also be used to calculate a date of birth.

To see the full presentation, go to rootstech.org/video/4050134760001 and scroll down to the presentation by Thomas MacEntee.

The Genealogical Society will hold a business meeting on Monday, Aug. 10, at 10:15 a.m., in Meeting Room #3 of the Hobby Building. At the business meeting, we discuss what members would like to have for upcoming genealogy presentations. On Monday, Aug. 17, members will be car-pooling to the West Oaks Branch Library & Genealogy Center of the Orange County Library System in Ocoee, Fla., which is the largest repository of genealogy resources in the state of Florida. Check your e-mails from Jean Monroe for further information.

Check us out on our website: otowgenealogicalsociety.shutterfly.com.



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View From The Library
By B.J. Leckbee

Have you read any of fiction writer Nicholas Sparks' books? Have you seen any of the movies? This author has been remarkably successful at having his novels adapted to full-length feature films.

It wasn't easy at first. When Nicholas Sparks graduated from Notre Dame he tried to find work in publishing but wasn't successful. He tried several careers, including real estate appraisal and selling dental products by phone. Thank goodness he eventually found a publisher for "The Notebook" or we might not be enjoying his more recent books or any of the movies made from them. One query letter that Sparks sent to a publisher was so effective; he was assigned to a publishing agent. The book became a New York Times bestseller in its first week of release, earned Sparks a \$1 million advance, and established him as a credible author.

Most novice writers have been instructed to "write what you know." Sparks began his career doing just that. "The Notebook" was inspired by the relationship between his grandparents in their later years, and another early work, "A Walk to Remember," was inspired by events that happened to one of his siblings.

His bibliography shows that 18 of his novels were published between 1996 and 2013. Most have been developed into movies, including one of my favorites, "The Lucky One." All have been commercial successes.

There's good news for our residents: All the books are in our inventory, including nine in large print. They're popular, so when you look for one you may have to settle for another, at least temporarily. They're in the paperback fiction section (or the large print section), filed alphabetically by author, then by title, by our volunteer librarians.



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SPCA

By Maria Devine

Our next meeting will be on Thursday, Aug. 20, at 1 p.m. in the upstairs meeting room at the Bank of the Ozarks. If you need to get in touch with us for any reason, please call our hotline number at (352) 362-0985.

Both cats from last month's column are still available for adoption. Please call Marilyn at (352) 465-7137 or (352) 445-2192 if you are interested in Buddy the silver/gray cat or Diane at (352) 854-8152 for Mitzi the black and white kitty.

This month, we are trying to help a couple of organizations place dogs in need. The Saving Animals for Everyone (SAFE) sanctuary in northeast Marion County is fostering two older puppies named Bert and Ernie. These nine-month-old boys are adorable Chihuahua/dachshund mixes that barely weigh 10 pounds apiece. The pups are neutered, up to date

on all shots including rabies, and are crate and house trained. We're told they are extremely friendly and lovable. SAFE would like to find separate homes for these little guys so that each can be the center of their new world. Bert or Ernie would make a terrific pet for a younger senior. Although they are still considered puppies, they are well beyond the earliest stages of puppyhood that can be daunting for many of us as we get older. The initial hard work has already been done and you can enjoy their sweet antics. Why not give SAFE a call at (352) 671-6797 to meet these fellows and find a loving companion for many years to come.

We've told you in prior columns that we partner with the Marion County Hospice Pet Peace of Mind Program. This program helps people who can no longer care for their beloved animals. Today we are asking your help to find a new home for the two beautiful German Shepherds pictured here named Madi and Trooper. Their dad would like to see them get good homes either together or separately. Although we know that many of you are looking for small to medium dogs, there are some of you who still prefer and are



Madi and Trooper.

familiar with having a large breed dog like these two. Some of you may know people outside our community with more land or a larger home who would love to take



Bert and Ernie.

them in. Please pass this information to anyone you know to give these dogs a new home. To help out, please call Beverly at (352) 873-6787.



Native Plant Group

By Ron Broman

Last month, you may remember, we regarded the monarch butterfly and its larval food source, the milkweed. Responding to two phone calls, it's been my pleasure to suggest a source for an alternate to *Asclepias curassavica*, the non-native scarlet milkweed that seems to be bothering monarchs.

Swamp milkweed may be a good alternate; but it needs to be kept healthy. The good news is that not only do we humans have built-in ways to fight disease; plants do too. I don't know the exact mechanisms used by plants to discourage and destroy pathogens; but I do know one thing: a plant's own health is the best way it has to ward off infection, as well as attacks by predators. Sounds familiar?

However it works, antibodies or whatever, the degree to which a plant is healthy determines to a large extent its ability to withstand challenges.

And how does one assist in keeping our native plants healthy? Basic to the answer is to be sure the right plant is in the right place.

1. Plants adapted to sunlight should

2. Acid-loving versus base-loving versus neutral. Blueberries, azaleas, and their relatives prefer an acid soil.
3. Plants adapted to a moist or wet habitat struggle in dry conditions. A swamp milkweed, for example,

4. Geography is important. Some plants, such as locust berry or pineland allamanda, are actually tropical. No amount of coaxing will change that.
5. Salt tolerance is an issue. Coastal

plants, like the sea lavender or beach morning glory, have the necessary equipment to deal with salt. A good native plant guidebook is the key to knowing the right plant for the right place.

St. Andrew's cross is a fine example of a shrub that can survive in a wide variety of conditions. It is found in sand hills, floodplain, woodlands, hammocks, pine flat woods, and upland woods. It does well throughout northern Florida and southward to at least Collier and Dade Counties. It is not found in the Florida Keys.

Hypericum hypericoides, its botanical name, is a freely branched evergreen shrub, reaching to about five feet. Leaves are small, about the same size as its four-petaled, inch and a half, yellow blossoms. Blooms occur both in summer and fall.

Healthy plants, like healthy people, seem to be a worthwhile goal.

Come work with us each second Wednesday on the Longleaf Pine Trail, and the fourth Wednesday at the SW 94th Street circle. On warm days we like to begin at 7:30 a.m. to be finished by 8:30 a.m. The Belleview library garden is looking healthy thanks to eager volunteers who enjoy a late afternoon of weeding. Join us. Call (352) 861-4560.

It's magnificent managing to maintain native plants!



Photo by Ron Broman

St. Andrew's cross in front of a canna leaf.

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Photo by Bob Woods

SS Natchez is a steam-powered sternwheeler in New Orleans.

Steam Sternwheeler SS Natchez

By Bob Woods
World News Writer

“Won’t you come and go with me
Down that Mississippi?
We’ll take a boat to the land of
dreams
Come along with me on down to
New Orleans ...”

Remember those famous lyrics of the Basin Street Blues sung by the famous Louis Armstrong? The Mississippi River may be the most musical river in the entire world; it is the most famous in the United States.

Bringing those magical dreams to real-

ity is to take a ride on the steam-powered sternwheeler SS Natchez. It leaves New Orleans many times during the day for a jazz inspired two-hour cruise down the “ole Mississip.”

The Natchez is the ninth sternwheeler taking on the name. The current vessel is not the original having been launched in 1975 and the hull built to Coast Guard standards and rules of steel. The first Natchez was built in 1823 and was destroyed by fire in 1835.

The present Natchez is not a replica of the original sternwheeler but a replica of the steamboats Hudson and Virginia. The Natchez steam engines were built in 1925 and today, she is only one of two steam powered sternwheelers plying the Mississippi River.

There are some unique fixtures on the vessel. The copper bell is made from 250 melted silver dollars. The ship’s bell has on top a copper acorn and also features a steam calliope that can play 32 notes and is always being played during the boarding of passengers. The sternwheel is made of white oak and steel and weighs in at 26

tons. The ship’s whistle came from a ship that sank.

The Natchez’s name became famous during a race of all times on the river with the Robert E. Lee, in which Natchez won. The Natchez is the undisputed champion of the Mississippi, never having been beaten in a race.

Steamboat races are as old as the steamboats themselves. Since 1982, there has been a steamboat race prior to the Kentucky Derby Festival held in Louisville, Kentucky.

The view of New Orleans French Quar-

ter and adjacent lands along the river plus the many ships lining the riverbanks is an eyefull. It is very relaxing especially on the return trip from down river when the city of New Orleans appears at the river’s crescent, hence the New Orleans’s nickname, “The Crescent City.”

“... Now ain’t you glad you went with me
On down that Mississippi?
We took a boat to the land of
dreams
Heaven on earth, they call it Basin Street.”



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Issue	Advertising/Column Submission Deadline	Home Delivery	Inserts	
			Master the Possibilities	Recreation & Wellness
January	Noon, Friday, Dec. 12, 2014	Wednesday, Dec. 31, 2014	X	X
February	Noon, Tuesday, Jan. 13	Thursday, Jan. 29		
March	Noon, Friday, Feb. 13	Thursday, Feb. 26		
April	Noon, Friday, March 13	Thursday, March 26		
May	Noon, Monday, April 13	Thursday, April 30		
June	Noon, Wednesday, May 13	Thursday, May 28	X	
July	Noon, Monday, June 15	Thursday, July 2		X
August	Noon, Monday, July 13	Thursday, July 30		
September	Noon, Thursday, Aug. 13	Thursday, Aug. 27	X	
October	Noon, Monday, Sept. 14	Thursday, Oct. 1		
November	Noon, Tuesday, Oct. 13	Thursday, Oct. 29		
December	Noon, Friday, Nov. 13	Friday, Nov. 27		
January '16	Noon, Friday, Dec. 11	Thursday, Dec. 31	X	X

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picked up at all postal centers, Customer Service, Sales Center, Recreation Center, Arbor Club, Candler Hills Restaurant and Community Center, Master the Possibilities, The Ranch Fitness Center & Spa and Indigo East Community Center.

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The Glitzy Gals

By Janet Wahl

Summer is the season when many of the activities we enjoy take a break. The Glitzy Gals continue to get together for luncheons and other events in the community every month. Our luncheon at Candler Hills Restaurant with hostesses Caroline Caprano and Betty Tesmer included good food, socializing and planning future outings. The table was decorated in a patriotic theme. Sara Riehm was the prizewinner.

One of the needs at Project Hope this time was for a bicycle so a resident would

have transportation to get to their job. Christ's Church has a bike ministry and a contact was made to get a bicycle for this person. A few days later John Morales delivered the bicycle to Vice Queen Carol, and Diane Clinton from Project Hope came to get it. QM Mary and Vice Queen Carol also took care of getting a lock, chain and helmet for it.

The Glitzy Gals are most appreciative of all those involved in this endeavor and thank you.

Suitcases are being packed to travel to the International Red Hat Society Convention in Indianapolis, Ind. We are looking forward to meeting new friends, sharing ideas and enjoying the food and entertainment.

Our motto, "It's all about each other." QM Mary Curry



Women of the World

By Nancy Grabowski

The time is fast approaching for our first meeting and the excitement is building, too! Your cadre of officers is attempting to keep the program under wraps to add to the draw on Friday, Sept. 4. Marcie Hummer, who has stepped up as first vice president, is creating this fantastic program.

Marcie and her husband, Gary, moved here from New Jersey. They eloped in Hawaii and have some tales to tell! Marcie enjoys cooking, time with her three grandchildren as well as at the beach, and she is an arts and crafts gal. Hopefully, she will delight you with some of her adventurous stories at our meetings.

The September meeting will be held in the Recreation Center Ballroom at 1 p.m. However, the doors open at 12:15 p.m. so we can catch up with all that's happened over the summer months. The club will provide light refreshments for all. Sign-up sheets for the October meeting will be on the tables; we do so appreciate all those ladies who willingly bring refreshments to our meetings! For those new members, your donation is never more than a single recipe's worth of your favorite sweet, sa-

vory, or healthy snack. A phone call from the committee will remind you to bring something to the meeting.

The transportation trolley will ferry women from the Recreation Center parking lot up the hill to the Ballroom. There will be a sign-up sheet for those who can add their services to this committee.

There is still time to pay your dues and avoid the long lines in September. Send a \$10 check, made payable to WOW, to Terri Molnar at 9789 SW 89 Loop, Ocala, Fla. 34481. Receipts will be tucked into your nametag, which will be set out near the stage. Anyone who plans to pay at the meeting should head back to the tables near the windows. After you complete your membership, you can step right over to the 50/50 ladies and buy your chances!

Believe it or not, plans are underway for the annual Fashion Show and Luncheon to benefit Hospice of Marion County! Last year's record-breaking donations will be hard to beat, but we look forward to that specific challenge. Watch for committee sign-up sheets in the months to come, we will need many volunteers to reach our goals.

Women of the World is open to all ladies throughout On Top of the World. If you were a past member, please consider returning to the group; if you are new to the community, please join us. We welcome back our loyal members with the reminder that we are all friends ... some who we have yet to meet!



Favorite Recipes Dinner Club

By Luke Mullen

The Favorite Recipes Dinner Club has suspended our regular monthly dinners through September. This is because many members head north or travel during the summer months. As such, I would like to provide answers about our club that residents have asked me.

The purpose of the club is for couple members to meet new people who enjoy cooking and entertaining people in their home. The club also provides the ability for members to enjoy eating dinners at different members' homes.

The club is not a gourmet dinner club. The idea is for members to prepare their favorite recipes. If a club member happens to have a favorite recipe that is gourmet type meal, they are always welcome to do so. However, those hosting another meal shouldn't feel the need to "outdo" past meals. Almost everyone has a favorite recipe!

The club's goal is for members to have fun, creating and sharing their favorite recipe to make an enjoyable evening for all dinner participants. Here is one of my favorite recipes we have made and enjoyed frequently!

Scallops with Lemon Butter Sauce

Serves 6

- 1/4 cup lemon sorbet, melted
- 1-1/2 tablespoon of distilled white vinegar
- 1 tablespoon of minced shallots
- 1 stick of cold unsalted butter, cut into half-inch pieces
- Kosher salt
- 2 tablespoons extra-virgin olive oil
- 18 large sea scallops

Pepper Snipped chives for garnish

In a small skillet, combine the sorbet, with the vinegar and scallops and bring to a boil. Cover over moderate heat, stirring occasionally, until reduced to two and a half tablespoons. Remove the skillet from the heat and swirl in the butter one piece at a time, briefly returning the skillet to the heat once or twice as necessary. Season the sauce with salt and keep over very low heat.

In a large skillet, heat the oil until shimmering. Working in batches, season the scallops with salt and pepper and cook over moderately high heat, turning once, until nearly white throughout, about five minutes. Transfer the scallops to plates, drizzle with beurre blanc (sauce from above) and garnish with snipped chives.

Our club is looking for new couple members. If interested, call Luke at (352) 304-8104 for more information.



OneBlood Bloodmobile

By Sara Sommer

The Big Red Bus will be at the Recreation Center parking lot on Monday, Aug. 3, from 8 a.m. to 3 p.m. Remember every time you share your "gift of life," you enjoy a wellness check-up of blood pressure, pulse, temperature and iron count, including a cholesterol screening. Regular moni-

toring of your biometric measures is good for your health, plus you always receive a special thank you gift! You can save up to three lives, too!

Donations are always down in the summer. People are on vacation, snowbirds are gone, and schools are out. There is a great need for all types of blood. There is no substitute for human blood. Please stop by the Big Red Bus and give a pint. See you on the bus!

www.OnTopoftheWorldInfo.com

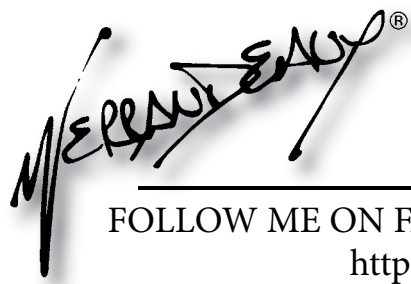
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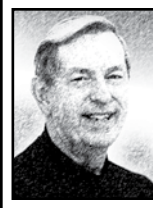
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World Traveler

By Bill Shampine

Tristan da Cunha, our subject for the day, is the most remote inhabited archipelago in the world. It is 1,200 miles from the nearest inhabited land (Saint Helena), 1,750 miles west of South Africa, and 2,088 miles east of South America. The territory consists of the main island and the smaller, uninhabited Nightingale Islands and the wildlife reserves of Inaccessible and Gough Islands.

The Portuguese sailor Tristão da Cunha who named the island after himself first discovered Tristan in 1506. The first permanent settler was an American, Jonathan Lambert, who arrived in 1810. He named himself ruler and changed the name to the Islands of Refreshment. In 1812, the name reverted back to Tristan da Cunha after Jonathan was no longer ruler.

In 1816, the United Kingdom annexed the islands and put a garrison there thinking to foil an expected attempt by the French to rescue Napoleon from his incarceration on Saint Helena. They closed the garrison within a year, but Corporal William Glass, a Scotsman who served there, loved the place. In 1817, he returned with his wife and two children, two companions, and a black lady. These seven people are generally considered the founders of the community, as it is now, population of 302. The population does not change much as outsiders are not allowed to buy land or to move there. All of the residents belong to one of only seven families living on the island.

During the early 1800s the island served as a base for whaling ships and as a resupply site for sailing ships. Opening of the Suez Canal and the advent of coal-fired ships, however, reduced the value of the island's location, and traffic slowed to a trickle. In 1867, Prince Albert, the Duke of Edinburgh, visited the islands, and the

main settlement was renamed the Edinburgh of the Seven Seas in honor of his visit.

The island of Tristan da Cunha is an active volcano. The last major eruption was in 1961 when the entire population had to be evacuated for two years. The island is round, mountainous, has an area of about 38 square miles and a volcanic peak of 6,765 feet. The weather is moderate but wet. The highest recorded temperature is 75.9 degrees and the lowest is 40.3 degrees Fahrenheit. It rains 70 percent of the time, and averages a little less than five inches of rain a month – every month. The only flat area on the island is on the northwest coast and is less than two square miles in size. This flat area is the only location used for agriculture and where everyone on the island lives.

The island's economy is unique. It is based on the principles set by William Glass in 1817 when he established a settlement based on equality. All land is communally owned. All of the families on Tristan are farmers, growing potatoes and/or raising cattle. Each family owns their own stock, but livestock numbers are strictly controlled to conserve the limited pasture and to prevent better-off families from accumulating wealth. Whereas the farming largely is used to provide food for the population, the sea provides export items for the island. Many of the men are involved in fishing for crawfish and/or Tristan rock lobster, primarily for the American and Japanese markets.

The local winds, however, are steady and often are very strong, making a sea-based economy difficult. For example, in 2013, fishing was possible on only 10 days of the normal 90-day season. The second major source of outside income is the sale of postage stamps and coins to collectors from around the world. There is some tourism to the island, but typical touristic services are limited. If you do wish to visit, the only way to get there is a seven-day trip on a fishing boat from South Africa. These boats service the islands eight or nine times a year.

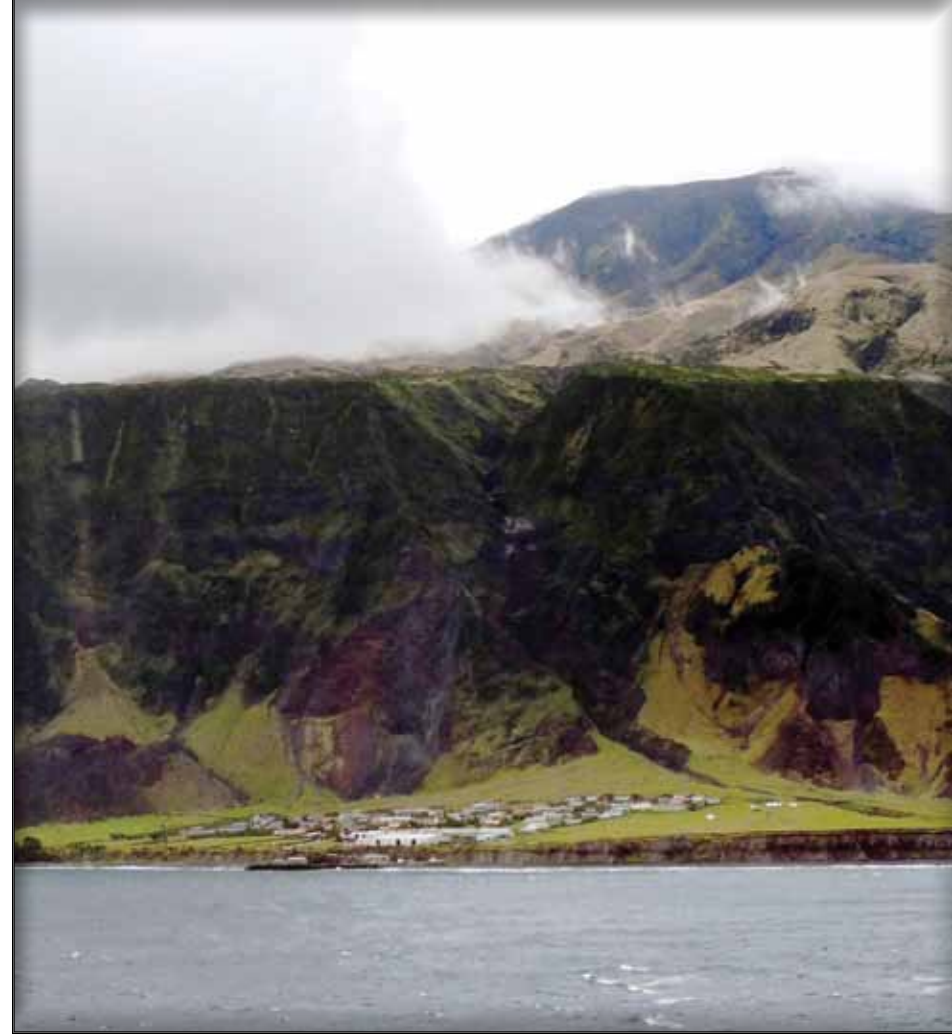


Photo by Michael Clarke

Edinburgh of the Seven Seas, Tristan da Cunha, South Atlantic Ocean.



LadyBirds

By Caren Kowalsky

I hope everyone had a very happy Fourth of July celebrating, and watching the beautiful fireworks display at The Town Square.

Our July luncheon hostess, Vikie De-

Luyck, picked Brooklyn Backyard on Tuesday, July 21. This is a casual restaurant serving burgers, sandwiches, salads, and pizza. Thank you Vikie!

Annette Krueger will host our August luncheon. Details to follow. Thank you Annette.

To all of our newer members, why not sign up, and join us at one of our summer luncheons, and get to know us?

The R/C Flyers held their meeting on Monday, July 6, and are beginning to plan for their Saturday, Oct. 10 Fly-In. As always, the LadyBirds will organize and run canteen for them. So LadyBirds, it is time to think about volunteering for the various positions which will need to be filled in order for us to produce another one of our very successful canteens. To that end, a sign-up sheet will be available at our first meeting to take place on Friday, Sept. 11. Or please feel free to contact me (Caren) at (352) 291-1235 or allensky@earthlink.net. It is always fun when the LadyBirds are together, enjoying each other's company. Hopefully, some our newer members will decide to volunteer, and join us on that day.

To any spouse or significant other of any R/C Flyer, please feel free to contact me with any questions you may have about the LadyBirds. We are always happy to welcome new members into our club. Our meetings will begin again in September and run through April 2016. If you are curious about us, please feel free to attend one of our meetings, which take place the second Friday of each month, at 9 a.m. at the Arbor Conference Center, Suites B and C. You bring your beverage of choice, and we provide the goodies.

We are looking forward to seeing you at a meeting soon. In the meantime, enjoy the summer, and please don't forget the sunscreen, and drink plenty of liquids.

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Active Living
By Theresa Fields
(352) 854-8707 ext. 7530
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It's hard to believe we are already into August! Hope everyone had a safe and enjoyable Fourth of July! Circle Square Commons was filled with a lot of patriotic spirit and as always, the dancing was endless.

Recreation & Wellness Connections Catalog

The Recreation & Wellness Catalog is now available and full of planned activities for the upcoming months. If you did not receive a catalog, please stop by the Recreation Office to pick up a copy.

Club & Event Listings

The club and event listings that appeared in the Lifestyle section of the World News are now an insert in the World News. The insert allows you to easily remove it from the newspaper and hang it on your refrigerator for the month for easy access. Please contact the Recreation Office to make any changes to club days/times.

Pool Closure

At the request of many residents, we are moving the Recreation Center pool closure out a month. In doing so, we are able to maintain this year's bid price so the official closing will begin Monday, Oct. 5. We anticipate the area will be closed for up to four weeks.

Seminole Casino Trip

Join us for an exciting day at the Seminole Hard Rock Casino in Tampa, Fla., on Thursday, Aug. 6. The cost of the trip is \$20 per person, which covers transportation. Pre-registration is required.

Ice House Theatre

Join us for the Rydell High musical "Grease." The hot-rodging Burger Palace boys and their gum-snapping Pink Ladies epitomize the 1950s in this rollicking musical. The gang sings and dances their way through summer nights on Sunday, Aug. 9, at 2 p.m. After the show, we will cruise over to Vincent's Italian Restaurant for dinner. The cost of the trip is \$43 per person, which includes transportation and the show. Dinner will be on your own. Pre-registration is required.

New Year's Eve Extravaganza

Celebrate New Year's Eve at the Arbor Club Ballroom on Thursday, Dec. 31, from 8 p.m. to 1 a.m. with dinner, entertainment, dancing and more! Solid Gold will be the entertainer for the evening.

Ticket cost (\$55 per resident or \$65 per non-resident, accompanied by a resident) includes appetizers, prime rib carving station, crab stuffed tilapia or flounder, salad, dessert, coffee, tea, party favors, champagne toast and continental breakfast. Proper dress required. Seating is limited to eight per table. Tickets (maximum of eight per person) will go on sale at the Recreation Center Office on Monday, Aug. 10. Please note resident I.D. is required to purchase tickets.

Line Dance Classes

Give yourself the gift of line dance every Monday afternoon at the newly remodeled Recreation Center Ballroom beginning Sept. 14 through June 27, 2016. Four levels of dance are offered and you may choose your class according to your ability and may switch to a different level at any time. There are two levels for beginners as the step description explains. There will be no absolute beginner class. Cost is \$10 per four-week class and the instructor is Marilyn McNeal.

Line dance tickets will go on sale for the month of September starting on Tuesday, Aug. 11 and will continue every Tuesday through Friday, from 8 a.m. to 4 p.m. in the Recreation Center Office. (Please note: line dance tickets will not be sold on Mondays). For fun and fellowship, join one of our dance classes!

- **IMPROVER PLUS** (1:15 to 2:15 p.m.): Previously at 3 p.m. Dance experience required for this class, Improver means slightly easier than intermediate. Current popular dances taught at this level.
- **BEGINNER LEVEL TWO** (2:30 to 3:30 p.m.): Previously at 4:15 p.m. This class was formerly called beginner. Class includes basic line dance steps, combinations, and easy dance patterns, with low impact movement to many different rhythms. New step patterns are taught as needed.
- **BEGINNER LEVEL ONE** (3:45 to 4:45 p.m.): Previously at 5:30 p.m. This class was formerly called absolute beginner. Dancers have some experience now. Easy dances at this level with additional step patterns added.
- **INTRODUCTION TO LINE DANCE** (5 to 6 p.m.): Previously at 1 p.m. in the exercise room;

now it will be in the Ballroom. This class is an introduction to line dance for those who want to learn to line dance at your own pace. Step patterns described, practiced and used in simple patterns. Step sheets provided in this class.

Enviro-Shred

Enviro-Shred, Inc. will be onsite for another document shredding event on Thursday, Aug. 13 in the Recreation Center parking lot from 10 a.m. to noon. All shredded paper will be recycled into reusable paper products. The cost will be \$4 per one-cubic foot (or one normal storage size box). For more information contact the Recreation Center Office.

Singing River Cruise

Join us on the Singing River Cruise on Friday, Aug. 14. The tour will offer education about the local area and its history, as well as the environment and wildlife along the beautiful waters of the crystal clear spring-fed Rainbow River and the dark, swamp-fed Withlacoochee River. You will be seated on a comfortable, covered 40-foot pontoon boat and depart from the boat ramp in Dunnellon, Fla. for a one hour and 40 minute cruise. Once we have completed the cruise, you will board back on the bus and be taken to Swampy's Bar & Grille to enjoy lunch. The cost of the trip is \$26 per person, which includes transportation and cruise (lunch will be on your own). Pre-registration is required.

Social Hour

Come join us for a relaxing evening with friends and neighbors on Thursday, Aug. 20, from 4 to 6 p.m. in the Arbor Club Ballroom. You will enjoy Miranda Madison as the entertainer for the evening. A cash bar and hors d'oeuvres will also be provided. This event is free!

Insider's Tour of Ocala's Horse Industry

On Friday, Aug. 21, you will enjoy a morning tour of Ocala horse country to include a tour of the Florida Thoroughbred Breeders' and Owners' Association Museum, Equine Veterinary Hospital, Thoroughbred Stud Farm with a third "mystery farm." The last stop will be lunch at Mojo's Grill at Ocala National Golf Club (lunch will be on your own). The cost of the trip is \$31 per person, which

includes transportation and tour. (Please note that this trip requires a lot of walking). Pre-registration is required.

Get Acquainted Coffee

Join us in welcoming new residents to the community! We will have a Get Acquainted Coffee on Thursday, Aug. 27, in the Recreation Center Ballroom, from 9 to 11 a.m. There will be coffee and doughnuts along with several representatives from various departments, clubs and organizations.

At the conclusion of this event, we will take you on a short walk to familiarize you with some of the facilities and amenities that are available to you as a resident.

World Golf Hall of Fame & Museum

Join us on Friday, Aug. 28, at the World Golf Hall of Fame in St. Augustine, Fla., which was established to preserve and honor the history of the game of golf and the legacies of those who have made it great. You will have the opportunity to hit a ball on the Challenge Hole and play on the 18-hole putting course. During your visit, you will be able to dine at the Caddy Shack or visit the snack bar (lunch will be on your own). The cost of the trip is \$43 per person, which includes transportation, admission to the museum, one round on the 18-hole, natural-grass putting course and one shot on the Hall of Fame Challenge Hole. Pre-registration is required.

Happy Hour

Our next themed Happy Hour will be on Friday, Aug. 14, as we kick off with a "Blue Jeans & Diamonds" party! So come ready to dance and use your imagination when creating your outfit for the evening. The entertainment line-up for August is as follows:

- Aug. 7: Barry & Nancy (Recreation Center)
- Aug. 14: Automatic Themed (Blue Jeans & Diamonds-theme at Arbor Club)
- Aug. 21: Solid Gold (Recreation Center)
- Aug. 28: Dunning Shaw (Arbor Club)

Please note that The Pub is no longer providing food service during Happy Hour at the Recreation Center Ballroom.

However, residents are permitted to bring snacks to Happy Hour when they are held at the Recreation Center Ballroom. All drinks and alcoholic beverages must be purchased from the bar and will not be permitted from outside sources.

Resident I.D. is required for entry into Happy Hour and guest fees will apply.

Community Bus

Please note that on Thursday, Aug. 6 there will be no community bus run. Please plan accordingly!

Community Information


Smoking: Please note that as of Friday, July 10, smoking is no longer permitted on the veranda of the Recreation Center. Smoking will be permitted in the area in front of the Golf Shop where tables, umbrellas and chairs are located.

Puzzle Cabinet: The puzzle cabinet is back at the Recreation Center. It is located downstairs in Meeting Room #2 beside the stairs. Please help in keeping this area organized and clean by placing all puzzles in the cabinet. Should you have puzzles to donate and the cabinet is full, please refrain from leaving the puzzles as we have limited space. There are plenty of local charitable organizations that will gladly take any donation of puzzles.

Upcoming September Events

- Thursday, Sept. 3: St. Johns River Cruise
 - Tuesday, Sept. 8: Seminole Hard Rock Casino
 - Friday, Sept. 11: Insiders Tour of Ocala's Horse Industry
 - Friday, Sept. 11: "Roaring 20s" Happy Hour
 - Sunday, Sept. 13: Rays vs. Red Sox Baseball Game
 - Monday, Sept. 14: Line dance classes begin
 - Thursday, Sept. 17: Club Fair
 - Thursday, Sept. 17: Trivia Night
 - Friday, Sept. 18: Florida Museum of Natural History
 - Monday, Sept. 21: Flu Shots
 - Monday, Sept. 21: Rags to Riches sign ups
 - Tuesday, Sept. 29: Clearwater Aquarium
- Have a fun, safe month!

EMERGENCY AFTER-HOUR PHONE NUMBER
(352) 236-6869



BUS SCHEDULE

Monday - Thursday

MORNING ROUTE	PICK-UP LOCATIONS	TIME
Williamsburg	91st Cir.E. – 91st Cir.W – Post Office	8:42 a.m.
Providence	90th St. – 96th Ter. – 92nd Pl. Rd. – 96th Ct. Rd.	8:45 a.m.
Avalon Post Office	Parking Lot	8:49 a.m.
Crescent Ridge 1 & 2	97th Lane – Post Office – 99th Ave. – 96th St.	8:53 a.m.
Recreation Center	At Bus Stop Sign	8:58 a.m.
Americana Village	89th Ct. Rd. – Post Office – 85th Ter. Rd.	9:02 a.m.
Friendship Village	Post Office – 84th Ter. – 93rd St.	9:06 a.m.
Friendship Colony	83rd Ter. – 90th Pl. – 87th Ave. – 97th St.	9:10 a.m.
Friendship Park	97th St. – 94th Lane	9:14 a.m.
Friendship Village	89th Ct. Rd. – 92nd St.	9:16 a.m.
Friendship Colony	90th St. - Post Office	9:20 a.m.
Candler Hills Community Center	At Bus Stop Sign	9:25 a.m.
Exit Community		9:30 a.m.

Indigo East Community Center Parking Lot Call one day in advance for pick-up

MORNING DESTINATIONS	ARRIVE	PICK-UP
Jasmine Square.....	9:45 a.m.....	12:35 p.m.
Dillard's/Kohl's.....	9:55 a.m.....	12:25 p.m.
Sam's.....	10:05 a.m.....	11:30 a.m.
Lowe's.....	10:10 a.m.....	11:40 a.m.
Paddock Mall.....	10:15 a.m.....	12:15 p.m.
Wal-mart/Stein Mart.....	10:20 a.m.....	11:50 a.m.
Target.....	10:30 a.m.....	12:00 p.m.
Hobby Lobby/Shady Oaks.....	10:40 a.m.....	12:05 p.m.
Gaitway Plaza.....	10:45 a.m.....	12:10 p.m.

Return to On Top of the World to begin drop-off/pick-up for the afternoon run.

AFTERNOON ROUTE	PICK-UP LOCATIONS AND TIMES
Candler Hills Community Center	1:00 p.m. Crescent Ridge Post Office..... 1:17 p.m.
Friendship Colony Post Office.....	1:05 p.m. Recreation Center..... 1:21 p.m.
Williamsburg Post Office.....	1:08 p.m. Americana Post Office..... 1:23 p.m.
Avalon Post Office.....	1:13 p.m. Friendship Post Office..... 1:27 p.m.

AFTERNOON DESTINATIONS	ARRIVE	PICK-UP
Publix Grocery.....	1:32 p.m.....	3:05 p.m.
Big Lots.....	1:37 p.m.....	2:57 p.m.
Beall's & Dollar Tree.....	1:47 p.m.....	2:47 p.m.
Wal-mart.....	1:49 p.m.....	2:42 p.m.

* All times are approximate

For information, call the Recreation Center at 352-854-8707 ext. 7530 or 7533.

#9801 - 09/14



Photo by Bob Woods

Sheepdog Holly driving the flock of sheep.

Glen Keen Farm

By Bob Woods
World News Writer

Traveling around the northern section of the island country of Ireland with a group of residents from On Top of the World, the views seen from the windows of our luxury motor coach were of lush green pastures enclosed with freestanding rock walls. These walls not only separate different pastures but also mark the boundaries of individual properties.

Just about everywhere one looks these pastures are home to countless sheep flocks all painted with colored spots. The colored spots identifies the owner while the rams have a different spot painted in a certain area of the animal's anatomy that will wear off a little when the ram does what rams do in mixed company leaving that particular color on the ewes.

The group of residents was on a tour of Northern Ireland. On the tour's itinerary was a stop at Glen Keen Farm in the western portion of the "Emerald Isle" to witness a sheepdog demonstration along with tea and homemade scones.

Arriving at the farm, the group was greeted by a sheepdog by the name of Holly that ushered the group towards the front door of the tearoom where the farm's owner, Jim Powers, met us. Jim explained the functions of the farm and that he was an American who married Catherine, who inherited the farm from her family.

The Glen Keen (gentle/mild) Farm is unique on the island due to its size. It is one of the largest single family-owned farms in Ireland's agri-tourism encompassing over 1,400 acres with commonage that extends to over 5,500 acres. Agri-tourism basically is defined as involving any agriculturally-based operation or activity that brings visitors to a farm or ranch.

The group was ushered into a tearoom used by groups and at night a restaurant, where two young ladies served tea, coffee and delicious, freshly baked scones. When all were served, the young ladies, Kaylin and Ciara, took turns entertaining the group by playing Irish tunes on a flute-type instrument and then singing Irish songs.

Upon filling our appetite with food and drink, the group descended out of the building heading towards a corral-type enclosure where a small flock of sheep was corralled. Holly, the sheepdog, was trailing behind the group to herd the touring members in the right direction.

Jim explained the farm to the group and pointed often to a nearby mountain used by many farmers for free ranging their flocks. He explained the pros and cons of sheep farming and further divulged that the wool derived from his flock of 600 is just about worthless; just making enough after shearing to pay the expenses of those doing the shearing. He stated that wool is not used for clothing like it once was but now the wool is used for insulation.

Jim directed Holly into the corral to gather the sheep in one area. With a few hand signals and voice commands, Holly got the flock out of the corral into the nearby pasture. With more commands, Holly demonstrated her skills by herding the animals around the pasture and then back into the corral. The sheepdog portion of the visit is what everyone wanted to see. Jim explained the training each dog must go through before being allowed to work the sheep in the fields or fenced in pastures.

A recent sheep census divulged that there are roughly 2.5 million breeding ewes in Ireland. The average flock size is approximately 100 ewes with those ewes delivering one to two lambs annually. The young lambs are what head to market when they are approximately one year old.

Over 75-percent of the sheep in Ireland are destined for export as prime lamb. Ireland exports over 40,000 tons with a worth of 180 million euro annually. France accounts for 45-percent of the lamb shipped while 25-percent is exported to the United Kingdom. The remaining percentage is shipped worldwide and consumed locally.

The visit to the farm was one of many highlights of the Northern Ireland adventure.

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- Candler Hills Community Center
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RECREATION

Getting to Know Our League President

By Judy Parisi

I asked Kay Budd, league president, if she would work with me on a column with the theme “getting to know you” to enable us to learn more about her. Our interview will be in two parts, with part two in the September column.

Q: As the new president of the On Top of the World Ladies Nine-Hole League, can you tell us how long you have been playing golf, and what made you take up this sport?

A: I was working as a buyer in the purchasing department at Celotex Corporation and several of our suppliers/vendors held golf tournaments we got invited to. I took up golf so I could go as a company representative. I golfed for, I would guess, five years. Our company was sold and I didn't golf for 10 years or so. I moved to On Top of the World about four years ago and took up golfing again. I have been golfing here about two and a half years.

Q: How did you discover On Top of the World? Did golf play a part in your and Dale's decision to move here?

A. We came to On Top Of the World from Safety Harbor (Tampa Bay Area). My husband, Dale, and I have been plan-

ning our retirement for several years. We visited many of the retirement communities all over Florida and did a couple preview stays at the ones we thought would best suit us. Yes, golf was a major part of our choice in picking the right retirement community for us. We both enjoy playing golf.

See the September issue of the World News for part two of our interview, which will address Kay's advice to newcomers, and the goals for the league.

One Best Ball June 16

29-Linda Mandala, Marianne Ingwersen, Adele Stelljes, Donna Liphardt. 30-Linda Dumeer, Carol Moravec, Joan Rappa, Marcie Hock. 31-Caroline East, Kay Baker, Jean Flynn and Ethel Miller; Eileen Gustavus, Kathy Hall and Lora Rossi.

Fewest Putts June 23

Flight 1: 15-Eileen Gustavus, 16-Mari-
anne Ingwersen, Linda Dumeer.
Flight 2: 14-Marlene Floeckher, 15-Bar-
bara Cribbs, 16-Linda Mandala.
Flight 3: 16-Sheila Ashe, 17-Kathy Hall,
Pauline Beloin.



By Judy Parisi

Kay Budd, league president and Ethel Miller, trustee and past president.

Flight 4: 15-Marcie Hock, 18-Susan Wilkes, Barbara Enos, Mary Hart.

Team Stableford with LGA 18 June 30

68-Joan Daddio, Kay Budd, Carolyn Cummings, Linda Heenan. 61-Deborah Martin, Joan Cecchini, Kay Baker, Janice Sturm. 58-Mary Lyon, Linda Bervinkle, Lydia Flinchbaugh, Sheila Ashe. NC-Christine McIntire, Linda Dumeer, Linda Mandala, Fran Griswold; Sandy Chase, Susan Rhodes, Barbara

Cribbs, Constance Deignan; Eileen Gustavus, Sharon Bartholomew, Mary Ann McCourt, Kathy Hall.

Scramble July 7

39-Eileen Gustavus, Pat Gill, Susan Wilkes. 41-Caroline East, Kathleen Dushary, Joan Rappa, Mary Hart; Linda Mandala, Myra Noel, Kathy Hall, Lora Rossi. 43-Kay Budd, Lydia Flinchbaugh, Mary Ann McCourt, Louise Lineman.

Summer Ten Pin

By Grace Rohde

Ten Pin play brought a number of shufflers together on Thursday evening, June 25. It was also good to see some newcomers playing Ten Pin, especially during the summer, as it is such a fun and relaxing time.

There are a number of instances when players, who first joined shuffleboard during the league season, mentioned that they did not play Ten Pin, because they did not think they were good enough. Yet, once they played summer Ten Pin, they just came and had a good time. Thus, when summer was over, they were all set to start playing Ten Pin in September.

Soon, we were all set to begin – ten pins were put in place, chips were drawn for placement, shufflers took their places, and everyone was ready and eager to get started.

In Ten Pin play, you first need to reach a score of 65 points. Afterwards, in the subsequent frame, you must get a good disc in the 10s place, without being knocked out, in order to win the game.

This is where the challenge comes in. It is not as easy as it looks! If you push the disc too hard, it may knock over the ten pin, which results in a minus 10 points from your score. If you do not push the disc enough, you may not even score the disc in the 10s place. Also, when you do score a good disc, you just may have it knocked out by your opponent, who will also need good skills to hit your disc out without knocking over the ten pin, which would result in a minus 10 points from his/her score.

Winner of all three games of the Ten Pin play was Armann Rohde. Winners of two games each were Bill Weir, Henry Er-



Photo by Armann Rohde

Shuffleboard players are all ready to challenge each other in summer Ten Pin.

ikson, Gary Fye, Joe Veres, Grace Rohde, and Joe Bartosh.

It will not be long and the shuffleboard league season soon will be here, and with it comes the shuffleboard tournaments. If you recall, last league year was the first time we attempted playing more than 32 players. From our learning experience and feedback from the players, we came to these conclusions:

More than 32 players can sign up to play. This means that we first will have an elimination round to get us down to 32 players, which we can accommodate on our courts at one time.

Some players said that the tournaments

were too long, yet others did not want the rounds timed for only 30 minutes each, as they felt that they maybe could have won, if they had more time to play.

With six rounds of play, when there was no timing, we found that the rounds each ran for an hour or more, and this is what resulted into a six to seven hour tournament; whereas, timing each round for 30 minutes resulted into a tournament of three and a half to four and a half hours. Thus, it was decided that a six to seven hour tournament was too long.

Therefore, our tournaments can now have more than 32 players. The elimination round and the other five rounds will

be timed for 30 minutes each. Also, limiting the rounds to 30 minutes results in more competition. In this way, a shuffler has to play more accurately and quickly in order to win before the 30 minutes are up.

When the new league season begins in September, we are going to have a shuffleboard team for ladies only, on Wednesdays at 9:30 a.m. with the first day of play on Wednesday, Sept. 2. Lois Nix is going to be the captain of the team, and if any ladies would like to join the team or have questions, you can contact Lois at (352) 854-0558. This is your chance, for a day out with the ladies, to enjoy a game of shuffleboard and have some fun together.



Photo by John Workman

Harry Lockwood's flag saucer.

Oddball Aircraft

By John Workman

The “dog days” of summer are here, but that hasn't kept the intrepid R/C Flyers from the skies. You will still find them at the field any morning that the weather hasn't ruined. Due to temperatures, you may have to look a bit earlier than other times, but we are there. In mid-June, our club day featured “oddballs” – aircraft a bit out of the ordinary.

The most popular oddball was Harry Lockwood's saucer-shaped flag schemed model. He could make it stand motionless in the slight breeze and even “wave” for us. Impressive. The next club day will probably be in September; so be sure to check with us at the flying field for the exact date.

In the May column, we welcomed four new members, but we also want to recognize others who have joined us since the first of the year. They include George Ko-

tus, Jerry Maguire, Les Milam, Phil Moberk, Bob Rowlands and Jerry Weage. At our July meeting, we also met Mike Proietti who is in the process of joining up.

Due to the earnest efforts of two of our dedicated instructors – Bob Wroblewski and Doug Nastally – Les and Phil have now completed their training and have been certified to fly on their own. We call that “having soloed” as in flying by yourself. Congratulations to both of you!

We want to remind everyone of our upcoming fall fly-in and 25th anniversary bash on Saturday, Oct. 10, from 9 a.m. to 1 p.m. While the club members will be celebrating, it will be a great opportunity to come see what a wonderful hobby we enjoy in building and flying radio-controlled model aircraft. We promise to display our best for you.

You may find it interesting enough that you want to join in. We have many experienced members who would be pleased to help you in whatever way they can. It is not difficult, but it does require a bit of dedication to get started up. Our experienced instructors can make the process as trouble-free as possible.



Pool & Spa Rules

Pool rules are for your benefit and safety. Non-compliance of pool rules will result in loss of privileges. Thank you for your cooperation.

RECREATION CENTER POOL

Hours: 8 a.m. to dusk

Swim at your own risk; no lifeguard on duty.

- No alcoholic beverages allowed on pool deck.
- Facilities are for use by residents and guest(s) only.
- Guest(s) under 15 years of age may use the pool from noon to dusk and must be accompanied by parent or resident.
- During weekends and holidays, there are no time restrictions for guest(s) under the age of 15.
- Diaper age children must wear swim diapers or Little Swimmers®.
- Remove any oils or lotions by showering before entering the pool.
- No running, jumping or horseplay in or around the pool.
- No throwing of objects or littering.
- Food, drinks, glass containers, and pets must be kept outside of fenced pool area.
- Water bottles are allowed as long as they are plastic – no coolers allowed.
- No smoking in and around pool area including pool deck.
- For your safety, please exit the pool during thunderstorms.
- Water wings and noodles are allowed, but please no tubes, rafts or inflatables.
- 911 emergency phone located on the veranda.
- Diving is prohibited.
- Bathing load capacity is 100.
- Be safe, responsible, and considerate while using the pool.
- Pool will be closed on the last Wednesday of the month for cleaning.

ARBOR CLUB POOLS & SPA

Indoor Pool Hours:

Mon. - Fri. 6 a.m. to 8:30 p.m.

Sat. 7 a.m. to 8:30 p.m.

Sun. 9 a.m. to 7 p.m.

Outdoor Pool Hours:

Mon. - Sat. 7 a.m. to 8:30 p.m.

Sun. 9 a.m. to 7 p.m.

Swim at your own risk; no lifeguard on duty.

- No alcoholic beverages allowed on pool deck.
- Pool use is for residents and adult guest(s) only.
- Guest(s) must purchase a pass – \$2.25/day or \$10.75/week per guest.
- Children under the age of 15 are not permitted in pools or on pool deck areas.
- Please refer to Arbor Club indoor pool schedule for complete listing of hourly activities.
- Remove any oils or lotions by showering before entering the pool or spa.
- No running, jumping or horseplay in or around the pool.
- No throwing of objects or littering.
- Water bottles are allowed as long as they are plastic – no coolers allowed.
- No smoking in and around pool area including pool deck.
- 911 emergency phone located outside the ladies bathroom wall.
- For your safety, please exit the pool during thunderstorms.
- Be safe, responsible, and considerate while using the pool.
- Noodles are allowed, but please no tubes, rafts or inflatables.
- Food, drinks, glass containers and pets are prohibited in pool and on pool deck.
- Diving is prohibited.
- Indoor pool bathing load is 75, the outdoor pool bathing load is 37 and the spa bathing load is 8.
- The indoor pool will be closed for cleaning every Wednesday, from 10:30 to 11:30 am.
- The outdoor pool and spa will be closed for cleaning the first Wednesday of the month.

CANDLER HILLS POOL

Hours: 9 a.m. to dusk

Swim at your own risk; no lifeguard on duty.

- No alcoholic beverages allowed on pool deck.
- Pool is open to all Candler Hills residents and their guest(s).
- Guests under the age of 15 are permitted in the pool from noon to dusk only when accompanied by a resident or parent.
- During weekends and holidays, there are no time restrictions for guest(s) under 15.
- Children in diapers must wear swim diapers or Little Swimmers®.
- Remove any oils or lotions by showering before entering the pool.
- No running, jumping or horseplay in or around the pool.
- No throwing objects or littering.
- Plastic water bottles are allowed.
- Food, drinks, smoking, glass containers, coolers and pets are prohibited in pool and on pool deck.
- For your safety, please exit the pool during thunderstorms.
- Water wings and noodles are allowed, but no tubes, rafts or inflatables.
- Diving is prohibited.
- Bathing load is 55 persons.
- The pool will be closed for cleaning the second Wednesday of the month.

CANDLER HILLS SPA

Hours: 9 a.m. to dusk

Swim at your own risk; no lifeguard on duty.

- Shower before entering.
- Food, drinks, smoking, glass containers and pets are prohibited in spa and on deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- The spa will be closed for cleaning the second Wednesday of the month.

INDIGO EAST POOL

Hours: 9 a.m. to dusk

Swim at your own risk; no lifeguard on duty.

- No alcoholic beverages allowed on pool deck.
- Pool is open to all Indigo East residents and their guest(s).
- Guest(s) under the age of 15 are permitted in the pool from noon to dusk only when accompanied by a resident or parent.
- Children in diapers must wear swim diapers or Little Swimmers®.
- During weekends and holidays, there are no time restrictions for guest(s) under 15.
- Remove any oils or lotions by showering before entering the pool.
- No running, jumping or horseplay in or around the pool.
- No throwing objects or littering.
- Plastic water bottles are allowed.
- Food, drinks, smoking, glass containers, coolers and pets are prohibited in pool and on pool deck.
- For your safety, please exit the pool during thunderstorms.
- Water wings and noodles are allowed, but no tubes, rafts or inflatables.
- Diving is prohibited.
- Bathing load is 55 persons.
- The pool will be closed for cleaning the third Wednesday of the month.

INDIGO EAST SPA

Hours: 9 a.m. to dusk

Swim at your own risk; no lifeguard on duty.

- Shower before entering.
- Food, drinks, smoking, glass containers and pets are prohibited in spa and on deck.
- Bathing load is 10 persons.
- Children under the age of 12 must have adult supervision.
- The spa will be closed for cleaning the third Wednesday of the month.

CARDS & GAMES



Bridge

Monday Afternoon

By Shirley Stolly & Carol Johnson

June 15

1: Caryl Rosenberger & Ida Rosendahl; 2: Fran Griswold & Betty Morris; 3: Linda & Don Sprague; 4: Joyce Walchak & Marge Starrett.

June 22

1: Betty Morris & Fran Griswold; 2: Ida Rosendahl & Caryl Rosenberger; 3: Marge Starrett & Joyce Walchak; 4: Carol Johnson & Shirley Stolly.

June 29

1: Fran Griswold & Betty Morris; 2: Don & Linda Sprague; 3: Joyce Walchak & Marge Starrett; 4: Caryl Rosenberger & Ida Rosendahl.

July 6

1: Marjorie Benton & Doris Keathley; 2: Shirley Stolly & Carol Johnson; 3: Betty Morris & Fran Griswold; 4: Ida Rosendahl & Caryl Rosenberger.

Monday Night

By Kathie & Art Dushary

June 1

1: Ray Wilson (4460); 2: Paul Reidinger; 3: Myra Butler; 4: Bernie Kelly; 5: Paul Agarwal.

June 8

1: Ed Bodnar (5510); 2: Nancy VanGorden; 3: Shirley Stolly; 4: Paul Agarwal; 5: Bob Durst.

June 15

1: Ray Wilson (4250); 2: Jack Martin; 3: Marion Hotz; 4: Shirley Stolly; 5: Paul Reidinger.

June 22

1: Paul Agarwal (4490); 2: Pat Poloncy; 3: Jack Martin; 4: Paul Reidinger; 5: Shirley Stolly.

June 29

1: Paul Agarwal (3790); 2: Ron McNeilly; 3: Gail Tirpak; 4: Ellie Connolly; 5: Judy Wagnitz.

Tuesday Afternoon

By Joanne Jones

June 2

1: Joanne Jones & Mazie Millard; 2: Cleona Redman & Mary Rose Jassen; 3: Shirley Stolly & Betty Morris.

June 9

1: Mazie Millard & Colleen Tobino; 2: Shirley Stolly & Betty Morris; 3: Carol Treler & Agnes LaSala.

June 16

1: Joanne Jones & Mazie Millard; 2: Shirley Stolly & Betty Morris; 3: Cleona Redman & Mary Rose Jassen.

June 23

1: Cleona Redman & Lyn Thornberry; 2: Shirley Stolly & Betty Morris; 3: Linda & Don Sprague.

June 30

1: Cleona Redman & Mary Rose Jassen; 2: Shirley Stolly & Betty Morris; 3: Carol Treler & Colleen Tobino.

Tuesday Night Dup

By Doris Keathley

June 2

1: Caryl Rosenberger & Ida Rosendahl; 2: Katie White & Kathie Dushary; 3: Doris Keathley & Marjorie Benton.

June 9

1: Marjorie Benton & Doris Keathley; 2: John & Marie Fiorillo; 3: Caryl Rosenberger & Ida Rosendahl; 4: Joan Lord & Colleen Tobino.

Wednesday Afternoon

By Pat Goltart

June 3

1: Dot Calbeck; 2: Rich Fluet; Cons: Pat Goltart.

June 10

1: Pat Goltart; 2: Carmen Anoyo; Cons: Helen O'Brien.

June 17

1: Fran Griswold; 2: Rich Fluet; Cons: Helen O'Brien.

June 24

1: Dianne Robinson; 2: Fran Griswold; Cons: Dot Calbeck.

GOT TRASH?

Please put all trash in compactor.

Thursday Afternoon

By Marge Starrett

June 4

1: Agnes LaSala; 2: Mary Walker; 3: Don Sprague; 4: Joanne Jones.

June 11

1: Joanne Jones; 2: Marge Starrett; 3: Marlene Floeckler; 4: Serine Rossi.

June 18

1: Helen O'Brien; 2: Marlene Floeckler; 3: Shirley Ebert; 4: Joanne Jones.

June 25

1: Marge Starrett; 2: Mary Rose Jassen; 3: Don Sprague; 4: Rich Fluet.

Thursday Night

By Gail Ambrose

June 4

1: Ida Rosendahl; 2: John Sigafoos; 3: Fran Griswold; 4: Tom Marta; 5: Janet Becker.

June 11

1: Ron McNeilly; 2: Donella Briggs; 3: Keith Briggs; Tie at 4: Gail Ambrose, Ida Rosendahl, and Sara Anderson.

June 18

1: Pat Paloncy; 2: Mickey Martin; 3: Ron McNeilly; 4: Joan Sigafoos.

June 24

1: Miriam McNeilly; 2: Ron McNeilly; 3: Sara Anderson; 4: Shirley Stolly; 5: John Van Gordon.



Cribbage

Friday Night

By Rose Marie Postin

June 5

1: Sheila Howell; 2: Margie Saxon; 3: Paul Genereux; Cons: Phyllis Wandrey.

June 12

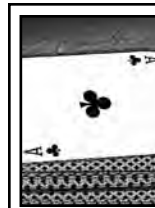
1: Sheila Howell; 2: Rose Marie Postin; 3: Margie Saxon; Cons: Herb Postin.

June 19

1: Paul Genereux; 2: Margie Saxon; 3: Norma Yonke; Cons: Rose Marie Postin.

June 26

1: Margie Saxon; 2: Rose Marie Postin; 3: Herb Postin; Cons: Phyllis Wandrey.



Pinochle

Tuesday Night/Double

By Alberta Sarris

If you have played before and need a refresher course, we will help you. Please give us a chance and come play with us. Arrive at 5:45 p.m. to start play at 6 p.m.

June 2

Table 2: Virgil Taylor & Chip Parsons.

June 9

Table 2: Norma Yonke & Jerry Dean.

June 16

Table 1: Vi Horton & Ilse Kersey; 2: Norma Yonke & Jerry Dean.

June 30

Table 1: Jim Smith & Ilse Kersey; 2: Virgil Taylor & Chip Parsons.

Tuesday Night/Single

By Whitney Frye

Come and enjoy an exciting time playing a great card game with great card players. We will all try to help you enjoy a great card game. Call Whitney at (352) 237-0388 for more information. See you on Tuesday at 6 p.m. in the Hobby Building.

June 2

1: Andy Mark; 2: Walter Hickenlooper; 3: Gayle Argano.

June 9

1: Joan Rush; 2: Cathy Buchanan; 3: Andy Mark.

June 16

1: Walter Hickenlooper; 2: Andy Mark; 3: Gayle Argano.

June 23

1: Andy Mark; 2: Edna Frye; 3: Walter Hickenlooper.

June 30

1: Walter Hickenlooper; 2: Cherie Cunningham; 3: Jim Cunningham.

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Golf
By Matt Hibbs
(352) 854-2765
matt_hibbs@otowfl.com

Oh how the seasons fly. The PGA Tour is down to its final major of the season: The PGA Championship. This year's event will be held at Whistling Straits in Kohler, Wis. Martin Kaymer last won at Whistling Straits in 2010 with a score of 11 under par. Here are the professional picks for this year's PGA Championship: Matt-Sergio Garcia, Denise-Jordan Spieth, Daniel-Justin Rose, and Russ-Dustin Johnson. Who do you think will take home the Wanamaker Trophy?

As everyone is aware, pace of play and course difficulty are two main reasons for decline in new golfers. I'm sure you have all appreciated the recent "While We're Young" commercials produced by the USGA. This public campaign was created to address slow play on the golf course and

create a more enjoyable game. Another campaign that On Top of the World golf has been promoting is the "Tee It Forward" program. The goal of this program is to enhance your golf experience by speeding up play while playing the set of tees that are best suited for your golfing ability. Most golf courses have four to five sets of tees. These tees are no longer created based on gender but playing ability. Just because the tees are red doesn't mean they are just for ladies.

Please see the chart, which recommends the yardage a player should play from based on how far you hit your driver.

By playing the correct tee you will enhance your golf experience and have a more enjoyable round of golf.

Upcoming Events

- Game Improvement Clinic: Saturday, Aug. 1, Candler Hills Driving Range at 9 a.m.
- Game Improvement Clinic: Saturday, Aug. 8, Candler Hills Driving Range at 3 p.m.
- Callaway Driver Fitting: Saturday, Aug. 15, Candler Hills, 9 a.m. to 1 p.m. (register in the Golf Shop).
- Par Three Challenge: Saturday,

Driver Distance	Recommended 18 Hole Yardages
275	6,700 - 6,900
250	6,200 - 6,400
225	5,800 - 6,000
200	5,200 - 5,400
175	4,400 - 4,600
150	3,500 - 3,700
125	2,800 - 3,000
100	2,100 - 2,300

- Aug. 15, Links, 9 a.m. shotgun.
- Aerification: Monday, Aug. 17 through Thursday, Aug. 20, Candler Hills closed.
- World Labor Day Event: Monday, Sept. 7, Candler Hills, 9 a.m. shotgun.

Golf Tip of the Month

How many of you watch the Golf Channel, read Golf Digest or listen to your fellow golfers for tips on how to improve your game? You then take these tips to the golf course expecting to immediately improve.


This unfortunately isn't the best approach to take. Most of the tips you see or read aren't always the best tips for you to apply to your game. The best way to improve your score is to take lessons from a golf professional. A golf professional can pinpoint specific ways for you to improve your game. Next, make sure you practice what your instructor is teaching. If you don't practice, then you are wasting your time and the instructor's. Take a series of lessons, remember to practice and take pride in your improvement.

World Accolades

LINKS: Tom Paszek, shot 72, one stroke under his age. Sharon Bartholomew, eagle #2.

CANDLER HILLS: David Miller, shot 69, best score ever. Ron Thompson, eagle #6. John Podkomorski, eagle #6. Jeanie Gallo, hole-in-one #13 and eagle #7. Gina Bulloch, hole-in-one #17. Dan Gill, eagle #6. Dennis McCourt, hole-in-one #5. Richie Smith, eagle #7.

Congratulations to all of you for these fine accomplishments!



Men's Golf Association
By Tom Cummings

Lots of hardy guys are braving the heat this summer. Our numbers have been good for this time of year. Remember to stay hydrated and take advantage of the free ice the club offers.

Individual Net June 17

Flight 1: Tie at 64-Dennis Brown and Pete Trgovic; 66-Vinny Jones; Tie at 67-Art LaGrange and Al Wassmer.

Flight 2: 65-Tom Martinetto; 68-Dennis McCourt; 69-Ed Conaway; 70-Mike Almon.

Flight 3: 63-Francis Caprez; 65-Paul Perrault; 66-Jerry Ashe; 67-James Merrick; Bill Miller.

Flight 4: 63-Robert Moravec; 64-Armando Pena; 65-Doug Coleman; Tie at 67-Dennis Pope and Charlie Casale. Flight 5: 67-Bob Egger; 70-Danny James; 71-William Engels; 72-Joe Rapapa.

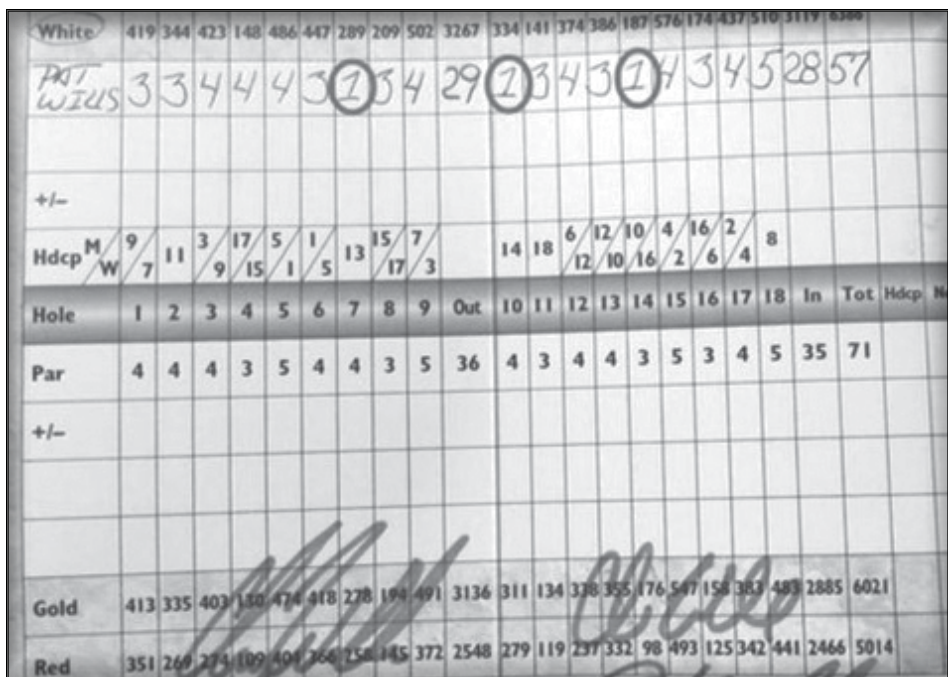
Team Quota Points June 24

Tie at +27-Tom Martinetto, Richard Freeman, Tary Bole and Bob Moravec; David Miller (CH); Jerry Ashe, Guy Russell, and James Moran. +26-Art LaGrange, Ed Klodzen, Paul Perrault and Pete Peterson. +24-Dale Budd, Tom McHaffie, Dennis Pope and Kas Kaske.

This month, the main topic of this column is a guy named Patrick Willis. He is a 59-year-old ex-Marine who shot a 57 on a 6,300-yard golf course in Virginia. The round included three hole-in-ones. That alone is amazing but two of the hole-in-ones were on par fours. The shortest of the par fours was 289 yards and the other was a mere 334. Oh boy does this story give me hope.

Willis is a four handicapper and when I use my Arkansas math, I think all of the guys with 14 handicaps should be able to shoot the occasional 67 and us guys with 24 handicaps should be able to shoot a 77. So the next time you are playing, keep that in mind.

Hole-in-one on a 334 yard hole at 59 years old? Forget it guys, guess I was dreaming all of this. Nope it really did happen on Monday, June 22.



White: 419 344 423 140 486 447 289 209 502 3267 334 141 374 386 187 576 174 437 310 3119 4306
 Pkt Willis 3 3 4 4 4 3 2 3 4 29 2 3 4 3 2 4 3 4 5 28 57
 +/-
 Hdcp M 9 7 11 3 17 5 1 5 13 15 7 14 18 6 12 10 4 16 2 8
 W 7 11 9 15 1 5 13 17 3 12 10 16 2 6 4
 Hole 1 2 3 4 5 6 7 8 9 Out 10 11 12 13 14 15 16 17 18 In Tot Hdcp M
 Par 4 4 4 3 5 4 4 3 5 36 4 3 4 4 3 5 3 4 5 35 71
 +/-
 Gold: 413 335 403 150 474 418 278 191 491 3134 311 134 328 355 176 507 158 353 489 2885 4021
 Red: 351 269 274 189 404 368 158 372 2548 279 119 237 332 98 493 125 342 441 2466 5014

Patrick Willis' scorecard.



Candler Hills Golf Club

GOLF CLINIC

GETTING OUT OF ROUGH
Saturday, August 1st, 2015 • 9:00 am


COURSE MANAGEMENT WHY IT MATTERS
Saturday, August 8th, 2015 • 9:00 am

Pre-registration is required by calling Candler Hills Golf Shop at 352-861-9712 no later than 5 pm the Friday before the clinic.

\$10 per person per clinic. Minimum of 3, maximum of 20 golfers per session. Maximum of 10 students to each golf professional.
 These clinics are structured to give the golfer advice on how to improve his or her technique.
 Pre-registration is required by calling Candler Hills Golf Shop at 352-861-9712 no later than 5 pm the Friday before the clinic.

8137 SW 90th Terrace Road
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352.861.9712
CandlerHillsGolfClub.com

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352-291-7626 • Mon. - Fri. 9am-5pm, Sat. 9am-2pm

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Ladies 18-Hole Golf

By Susan Rhodes

We've had four weeks of league play during the "rainy season" without league being cancelled due to rain. What good fortune! However, with the hot weather, we certainly anticipate the 19th hole!

Sharing the course with the nine-holers is working quite well thanks to the scheduling of Russ Smith, the careful planning of our tournament director, Mary Lyon, and the nine-hole league counterpart, and the smaller number of ladies playing.

We encourage members who are not participating in the league right now as well as social members to join us at The Pub after league play. We miss you and would love to see you. Recently, Velma Rose joined us, and it was great catching up with her.

Our league is open to all women resi-

dents, and we always welcome new members. The only requirement to join is that you must establish an official handicap. Our league plays on Tuesdays at 9 a.m. (rally at 8:30 a.m.). There is no commitment to play every week. If you are interested in joining us, you are welcome to play as a guest up to three times before joining. For further information, contact President Nancy Zielinski at (352) 861-3116 or Vice President Deborah Martin at (630) 779-0226.

Even Holes-Individual Net June 16/Links

Flight 1: Tie at 35-Linda Blewitt, Peggy Borro. 37-Gail LaGrange.
Flight 2: 35-Geri Treppa. 36-Sharon Bartholomew. 38-Mary Lyon.
Flight 3: 37-Angelita Pena. 40-Marianne Ford. Tie at 41-Shirley Smagner, Fran Griswold, Joan Cecchini.

Scotch Twosomes-Team Net June 23/Links

Flight 1: 68-Deborah Martin, Christine McIntire. Tie at 71-Peggy Borro, Iro Lisinski; Beverly Ovrebø, Joan D'Addio.
Flight 2: 68-Geri Treppa, Carolyn Cum-

mings. 72-Dawn Hagberg, Maureen Trgovic. 73-Mary Lyon, Mary McAtee.

Team Stableford Nine-Hole Net (with LGA9) June 30/Links

68-Joan D'Addio, Kay Budd, Carolyn Cummings, Linda Heenan. 61-Deborah Martin, Joan Cecchini, Kay Baker, Janice Sturm. 58-Mary Lyon, Linda Bervinkle, Lydia Flichbaugh, Sheila Ashe.

Low Gross, Low Net July 7/Links

Flight 1 Gross: 85-Gretchen Normandin. 86-Deborah Martin.
Flight 1 Net: 71-Nancy Zielinski. 73-Pam Carpenter.
Flight 2 Gross: 89-Iro Lisinski. 92-Linda Blewitt.
Flight 2 Net: 70-Joan D'Addio. Tie at 75-Christine McIntire, Janet Juhlin.
Flight 3 Gross: 90-Sandy Chase. 95-Bonnie Leclerc.
Flight 3 Net: 71-Susan Rhodes. 74-Patricia MacMurray.
Flight 4 Gross: 103-Joan Cecchini. 111-Carolyn Cummings.
Flight 3 Net: 79-Dawn Hagberg. 81-Maureen Trgovic.



Photo by Larry Lucieer

2015 18-hole league champion, Deborah Martin.



Candler Hills Men's Golf

By Joe Alfano

Who was the guy or gal who came up with the saying "dog days of summer" anyway? Let us simply call it the way it simply is folks. It's hot, will continue to be hot, followed by hot tomorrow and the tomorrow after that! Like someone I know is fond of saying, "It's August and it's Florida! What the heck were you expecting?"

Congratulations to Captain Rich Trembulak and his "Stars" team on their convincing triumph over Captain Tony Mysterly and his valiant "Stripes" team in our latest version of the association's In-

tra-Club Ryder Cup in celebration of Independence Day. Though the competitive fires ran rampant throughout, the matches were again played in a spirit of sportsmanship and camaraderie with a smattering of banter thrown in for good measure. And as is par for the course, no pun intended, the post-round festivities again included a delectable appetizer and plenty of pop, wine or grog to whet the palette.

We welcome back to our fun-loving establishment Steve Thesman, who has returned from what seemed like a long hiatus. Not much has changed Steve, as we still have a bottomless capacity for sardonic humor, spurring conversations and an endless penchant for repartee. Should anyone else be interested in playing in such an environment, just contact me at tjalf@otowhomes.com for more informa-

tion. Famed golfer Ben Hogan was fond of saying, "The secret and answers to golf are in the dirt." Not needing to spend too much time playing in the dirt this past month were Jay List and Paul Rubly (75), Walt Pacuk (76), Ron Fulton (77), Tom Racinowski and Charlie Dove (78) and Jim Andrews (79). Well done "bashin' yer mashie niblicks" lads.

As always, please allow me to continue to wish everyone "a life full of nothing but fairways and greens."

Four-Man Three Best Balls June 16

191-Ron Fulton, Paul Rubly, Steve Rice & John Podkomorski; 194-Tom Racinowski, Jim Andrews, Dave Green & Rich Freeman; 196-Dave Berryman, Larry Garvin, Rich Trembulak & Dan O'Brien; 197-Ken Zweiback, Dennis

McCourt, Tom Garrison & Bob Cowie.

Four-Man Team Quota June 23

+14-Joe Alfano, Ron Fulton, Joe Jingco & Steve Rice; +13-Larry Kettlewell, Ron Thompson, Chuck Lafferty & Don Huston; +11-Jay List, Dan Gill, Larry Garvin & Stan Jarmel; +10-Dave Miller, Craig Riber, Tim Beaty & Roger Whittle.

Four-Man Red, White & Blue Scramble June 30

60-Jay List, Chuck Lafferty, Mike Romm & Dan O'Brien; 61-Gil Brooks, Jim McGrath, Tom Garrison & Bob Cowie; 62-Walt Pacuk, Nick Nimerala, Rich Trembulak & Don Huston; 63-John Langville, Bryant Giffin, Dave Green & John Podkomorski.



Mah Jongg

By Mary Ehle

Summer is a good time to try a new way of playing two-handed mah jongg. It is called Siamese mah jongg. I didn't think I would like it but I love it! It is a fun game

and a good way to really learn the card. If you need instructions, call me.

The tournament is moving along nicely and I hope you will be joining us. The cost to play is \$25 (cash only). Everything is set to go. We will be like astronauts counting down ... three plus months and blast off.

A new mah jongg class for beginners and those who want to improve their technique will start on Thursday, Aug. 6. You must register at the Master the Possibilities. Have a great summer. Jokers to you



Bingo

By Denise Johnson

Bingo had another great month. We have a new volunteer caller, Harry Engelman. Harry joined us Wednesday night, sitting with our regular caller, Earl, to review our equipment and then called a game. He did a great job and will be a terrific asset to our caller team.

Audrey Mangan and her volunteers are

working this month. We had some of our regular players win games and our new members still have their winning streak in place.

Don't forget - bingo cards are only sold until 5:45 p.m. Then we call our 70/30 ticket winners. Be sure to be on time.

The Pub is open late on Wednesday (until 6 p.m.) so have a quick bite to eat before bingo.

We will have super bingo in November. The date is not yet official but will be by the next issue of the World News. Start saving your money for cards and be sure to join us. Hope to see ya'll on Wednesday night.

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Candler Hills Ladies 9-Hole

By Judith Parisi

We are getting close to our inaugural event when Candler Hills Ladies Nine Hole League will host the Nine Hole Ladies Golf Around (GAR) on Thursday, Sept. 24. Susy Trembulak is doing a lot of preparation to ensure this is an event that the participants will look forward to annually. Thank you to all the ladies who have volunteered to help out. As they say, many hands make for light work. We do have need for more help, so please let either Susy or me know if you can assist.

I had a recent conversation with one of the ladies from the GAR. We were talking about play at different courses and the benefit of having a person from the host course in each foursome to help with direction, the location of hazards and such. Admittedly, before this discussion, I had not realized the ramifications of providing advice in competitive play in terms of penalties as opposed to sharing a fact.

According to the Official Rules of Golf, 8.1, "Advice is any counsel or suggestion that could influence a player in determining his (her) play, the choice of club, or the method of making the stroke. Information on the Rules, distance, or matters of public information, such as the position of hazards or the flagstick on the putting green is not advice"

If we give or ask for advice there is a two-stroke penalty, or loss of the hole on match play. Questions permitted are: "What is my line of play?" for a blind tee shot; "Is there a sand bunker or grassy hollow at the side of the putting green?"



Photo by Judy Parisi

Vicki Olson, Angie Ward, and Betty Jo Dent at a recent league lunch.

and similar questions asking for "facts." Not permitted would be questions such as "Do you think this putt is dead straight?" or "What club do you think I should use?" or advice such as "If I were you, I'd declare your ball unplayable."

Information, however, on the rules is not advice. An example would be someone asking what the impact in terms of strokes would be if they declare their ball unplayable. We'll have to be conscious of these distinctions both as hosts on the

Thursday, Sept. 24 and for when we participate at other courses for GAR events.

**Scramble
June 18**

41-Kathy Hall, Kay Budd, Tina Hauer, and Jennifer Boyd and Linda Mandala, Mary Ann McCourt, Marcie Hock and Mary Giannukos. Closest to the Line #11-Eve Harvey.

**Nine Dimes
June 25**

5-Kay Budd. 4-Julie Crudele, Eileen Gustavus, Cheryl Engeman, Marcie

Hock. 3-Mary Giannukos, Olive Curtin, Janice Sturm, Kathy Hall.

**Red, White & Blue Scramble
July 2**

34-Virginia Redden, Sheila Ashe, Eleanora Buba. 34-Olive Curtin, Lydia Flinchbaugh, Mary Giannukos.

**Pink Ball
July 9**

34-Olive Curtin, Lydia Flinchbaugh, Marguerite Piotrowski. 36-Susane Trembulak and Lora Rossi, Pat Gill, Mary Ann McCourt and Julie Crudele.



Candler Hills Ladies 18-Hole

By Bev Overbo

Aah, the dog days of summer ... this month saw the beginning of our tropical weather pattern, heat, humidity and afternoon thunderstorms. Nonetheless, we were able to play each week, having fun and more than a little success. Case in point, Jeanie Gallo scored a hole-in-one on #13 on Thursday, June 18! Congratulations Jeanie, and thanks for treating us to drinks in the clubhouse afterwards!

Often during hot and humid league days, I have caught myself humming a line

from a Noel Coward song, "Mad dogs and Englishmen go out in the midday sun." What is it about golf that lures us women of a certain age to spend four to five hours out in the summer heat? But it is also a reminder that summer requires special care - so stay hydrated, use sunscreen, wear protective clothing, seek shade, and play quickly. And thanks to our head professional, Denise Mullen, for letting us play in threesomes all summer.

Mark your calendar! The first league general meeting will take place after golf on Thursday, Sept. 10. Lunch will be provided by the league.

Remember Mid-States? Our league is the reigning champion. We will receive our award at the first Mid-States event of the fall, on Tuesday, Sept. 29 at Ocala Palms. Please sign up and show your sup-

port and enthusiasm!

We welcome one new member to the league, Lane Hobby.

**Sucker in the Bucket
June 18**

57-Donna Smith, Kate Beaty, Marge Cowie. 59-Bev Overbo, Kathy Smyth, Linda Buschur. 61-Jeanie Gallo, Diane O'Brien, Diane Masterson.

**Four Clubs and a Putter
(One Best Ball)
June 25**

Tie at 57-Mia Kolar, Pam Carpenter, Linda Buschur and Deb Martin, Sue List, Betty Werner.

**Low Gross/Low Net
July 2**

A Flight Low Gross: 78-Deb Martin; A Flight Low Net: 69-Peggy Borro, 71-Pam Carpenter.

B Flight Low Gross: Tie at 90- Mary Muller and Joan D'Addio.

B Flight Low Net: 69-Sue Rhodes.

C Flight Low Gross: 89-Carol Oman.

C Flight Low Net: 72-Cathy Thompson, 73-Patty Ware.

D Flight Low Gross: 74-Piper Thomas.

D Flight Low Net: 71-Sandra Noe.

D Flight Low Net: 74-Marge Cowie; 75-Betty Werner.

**Cha Cha
July 9**

89-Joan D'Addio, Carol Oman, Kathy Smyth. Tie at 91-Pam Carpenter, Sue List, Linda Buschur and Donna Smith, Lynne Thesman, Eunhee Andrews. 94-Jeanie Gallo, Marie Anglace, Betty Werner.

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Larry's Fit Tips
By Larry Robinson
(352) 387-3571
larry_robinson@otowfl.com

Fun Facts About the Human Body

The 2015 Summer Fitness Challenge is well under way and runs through the end of August. You still have time to get in on the fun and be awarded a t-shirt! Stop by the Recreation Fitness Center any time for more information on the fitness challenge or to sign up. If you need assistance with your current workout program or if you're just getting started ... no problem, I'm here to help. New to the Recreation Center are nine StarTrac treadmills and two Concept II rowers. Come by and try out these new pieces of equipment and log your miles for the fitness challenge!

It's always fun to read interesting facts about the human body. Did you know ...

- A human body loses an average of 40 to 100 strands of hair a day.
- A sneeze can exceed the speed of 100 mph.
- An individual blood cell takes about 60 seconds to make a complete circuit of the body.
- Babies are born with 300 bones, but by adulthood we have only 206 in our bodies.
- By age 60, most people have lost half of their taste buds.
- By the time you turn 70, your heart will have beat some two and a half

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Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.

Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
7:00 - 8:00 AM	Open	Open	Open	Open	Open	Open
8:00 - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk	Open
9:00 - 10:00 AM	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Open
10:00 - 10:30 AM	Open	Open	Open	Open	Open	Open
10:30 - 11:30 AM	Open	Open	Closed for Cleaning	Open	Open	Open
11:30 - 12:30 PM	Open	Open	Open	Open	Open	Open
12:30 - 1:30 PM	Aqua Belles	Open	Aqua Belles	Open	Aqua Belles	Open

* Fitness Pass required to attend class

Rules for Lap Swimming:

1. Swimmers should swim on the line.
2. If lanes are full, share the lanes.
3. When sharing lanes, swimmers of matched speed should share lane.

Recreation Center Pool

Monday through Sunday, 8 a.m. to dusk. Closed for cleaning the last Wednesday of every month.
Children permitted Monday through Friday, noon until dusk, all day Saturday, Sunday and holidays.

billion times (figuring on an average of 70 beats per minute.)

- Fingerprints provide traction for the fingers to grasp things.
- In a lifetime, the average U.S. resident eats more than 50 tons of food and drinks more than 13,000 gallons of liquid.
- It takes 17 muscles to smile and 43 to frown.
- Laughing lowers levels of stress hormones and strengthens the immune system. Six-year-olds laugh an average of 300 times a day. Adults laugh 15 to 100 times a day.
- On average, women say 7,000 words per day. Men manage just over 2,000.
- The average human body contains enough iron to make a three-inch nail, sulfur to kill all the fleas on an

average dog, carbon to make 900 pencils, potassium to fire a toy cannon, fat to make seven bars of soap, phosphorous to make 2,200 match heads, and water to fill a ten-gallon tank.

- The feet account for one quarter of all the human bodies' bones.
- The human body has over 600 muscles, 40% of the body's weight.
- The human brain is about 85% water.
- The largest human organ is the skin, with a surface area of about 25 square feet.
- The left lung is smaller than the right lung to make room for the heart.
- There are 45 miles of nerves in the skin of a human being.
- There are 60,000 miles of blood

vessels in the human body.

- Women burn fat more slowly than men, by a rate of about 50 calories a day.
- Women's hearts beat faster than men's.


FIT TIP #1: Stay active! Physical activity keeps your body running like a well-oiled machine. Remember that a body in motion stays in motion; a body at rest gets stiff and inflexible.

FIT TIP #2: Strength train! Resistance training is especially important for older adults. Adults lose four to six pounds of muscle tissue per decade (starting at about 30 years of age), which can lead to a loss of strength and function.

FIT TIP #3: Try an exercise class! Group fitness classes are great for people who enjoy socializing and/or need accountability.



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Horseshoe Club
By Jim Russell

Our spring season concluded Tuesday, June 30 and we are now in the middle of our summer break. In regard to the final standings for the spring session, I'll give

the normal top three positions and also include the scores for all the players who helped make the Horseshoe League a fun event and something that we all look forward to doing each Tuesday morning.

Here are the cumulative results for our final three weeks of play:

June 16

- 1: Carl Buchanan (20 wins/6 losses); 2: Ed Klodzen (15.5 wins/6.5 losses); 3: Ed Lalonde (14.5 wins/10.5 losses).

June 23

- 1: Carl Buchanan (22 wins/7 losses); 2: Ed Klodzen (16.5 wins/8.5 losses); 3: Henry Vieu (15.5 wins/11.5 losses).

Final Standings

June 30

- 1: Carl Buchanan (22.5 wins/8.5 losses); 2: Henry Vieu (16.5 wins/12.5 losses); 3: Ed Klodzen (16.5 wins/8.5 losses); 4: Ed Lalonde (16 wins/ 4 losses); 5: Paul Pardee (13 wins/9 losses); 6: Carrie Beisler (13 wins/13 losses); 7: Jack Barnes (12.5 wins/ 13.5 losses); 8: Jim Russell (11 wins/ 12 losses); 9: Ed Bodnar (9 wins/ 20 losses); 10: Bob Egger (7.5 wins/6.5 losses); 11: Rick French (6 wins/12 losses); 12: Pete Swanson

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Fitness Happenings
By Cammy Dennis

(352) 854-8707 ext.7532
cammy_dennis@otowfl.com

How to Perfect Posture

POSTURE [*PasCHer*]: a position of a person's body when standing or sitting. Most of us are well aware of what proper posture is, specifically sitting or standing tall with shoulders pulled back, chest lifted and head held high.

Why then is it so hard to achieve this? There are many factors that cause the human body to deviate from proper posture. The good news is that most of these factors are within our control. It is very wise to be mindful of your posture, whether you are working to maintain good posture or working towards correcting poor posture.

Steven P. Weiniger, D.C., author of "Stand Taller, Live Longer: An Anti-Aging Strategy" describes poor posture, or bad posture as weak posture. With the exception of a congenital issue, we are born with good posture but "train" ourselves to acquire weak posture from certain lifestyle behaviors.

Sitting hunched over a computer or slouched in a lounge chair are good examples of lifestyle behaviors that train weak posture. Weak posture comes from weak muscles.

A state of weakened posture can lead to a host of health concerns: breathing difficulty, joint pain, gait dysfunction and an increased likelihood of falling to name a few. Weak posture causes a misalignment in the body, which in turn causes a misalignment in the joints. This can cause joint pain, lead to reduced physical function and impair balance.

The good news is that you can improve your posture by regaining strength and balance. Here are five tips to get you started on perfecting your posture:

1. **LOL:** This one doesn't stand for "laugh out loud." It stands for lift, open and lengthen. When it comes to correcting weak posture, it is important to counter lifestyle behaviors that promote a rounded, hunched position of the back. It is important to lift the chest and draw the shoulders back, then open up the chest by expanding the rib cage, and finally lengthen the spine by sitting or standing as tall as you can. Practice the four

FITNESS SCHEDULE

Recreation Center						Effective: August 2015
Time	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00 AM	Oxycise	Oxycise	Oxycise	Oxycise	Oxycise	
8:00-8:50	Zumba Mix <i>Madelyne</i>	Strength & Stretch <i>Barb Anne</i>	Wednesday Warrior <i>Jessica</i>	Strength & Stretch <i>Barb Anne</i>	Dance Party <i>Jessica</i>	
9:00-9:50	Tai Chi <i>Art</i>	Kick & Tone <i>Cheri</i>	Stretch For The Stars <i>Jessica</i>	Kick & Tone <i>Cheri</i>	Stretch For The Stars <i>Jessica</i>	
10:00-10:45	Balance Body <i>Madelyne</i>	(9:55) Yoga Chair <i>Ashley</i>	Balance Body <i>Jessica</i>	(9:55) Chair Yoga <i>Ashley</i>	Balance Body <i>Jessica</i>	
10:30-11:15	ZUMBA <i>Kitti</i>		ZUMBA <i>Kitti</i>		Light Aerobics <i>Cheri</i>	
10:45-11:30	S.O.S. <i>Larry</i>	Balance Body <i>Jessica</i>	S.O.S. <i>Larry</i>	Fallproof Function <i>Cammy & Mary</i>	S.O.S. <i>Larry</i>	
11:45-12:30	Get Fit While You Sit <i>Kitti</i>	Golden Oldies Groove <i>Cheri</i>	Get Fit While You Sit <i>Kitti</i>	Golden Oldies Groove <i>Cheri</i>	Get Fit While You Sit <i>Mary</i>	
1:00 PM		Fitness Orientations**		Balance Assessments**		

Recreation Center Fitness Center Hours: Monday-Friday 6:30 a.m. - 8 p.m.; Saturday 7 a.m. - 8 p.m.; Sunday 9 a.m. - 5 p.m.

**Fitness center orientations and balance assessments are FREE. Reservation required.

Arbor Club Ballroom/Studio					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:45	Deep Water Aerobics* <i>Larry</i>	Shallow Water Aerobics* <i>Barb</i>	Deep Water Aerobics* <i>Larry</i>	Shallow Water Aerobics* <i>Barb</i>	Deep Water Aerobics* <i>Larry</i>
9:15-10:15	Yoga* <i>Barb Anne</i>		Hatha Yoga* <i>Barb Anne</i>		Meditative Yoga* (Fitness Studio) <i>Stuart</i>
11:45-12:45	Adult Karate* <i>Art</i>			(11:00) Tai Chi For Joint Health* <i>Art</i>	
1:30-2:15		Water Walking			

*Denotes Fee Based Class

points of posture (1) sit or stand tall; (2) lift the chest; (3) retract the shoulder blades; (4) brace through your core muscles.

2. **Make Snow Angels:** Try some snow angel exercises on the floor to help you lift, open and lengthen the spine as described above. Every morning and night, lie down on the floor and make slow snow angels with your arms for two-three minutes. Be sure to go through these slowly and work through the biggest pain-free range of motion that you can. Stop if you experience anything beyond mild discomfort.
3. **Strengthen Core and Spine:** Although extremely integrated, the spine and the core are completely

different; one referring to muscles and the other to bones. Older adults are faced with an age-related loss of both muscle and bone. Specific strength training exercises will help you to maintain bone density in the spine and strengthen the muscles of the core that support the spine.

4. **Lift Weights:** Over time, the vertebra in the spine may suffer from compression fractures, which diminish height and result in forward head posture and a rounded upper back. This weakened posture is a hallmark of old age and could be the result of osteoporosis (porous-weakened bones). Strength training, specifically weight bearing exercises can help to prevent and

in some cases reverse this. Other weight bearing exercises that are also beneficial are stair-climbing, chair rising and walking.

5. **Eat Healthy:** Nutrient dense foods will help to build strong muscles and bones, both equally important for good posture. Nutrients such as protein will help repair and rebuild muscle tissue and calcium will help to keep bones strong.

The Recreation Fitness Center will offer free posture assessments from Aug. 31 through Sept. 4, from noon to 2 p.m. each day. A reservation is required; please stop by the fitness center to sign up or call (352) 854-8707 ext. 7534. A certified personal trainer will be on hand to assess your posture and give you some guidance on exercises for improvement.



Photo by Cheri Irwin

Kick & Tone students George, Margaret and Joe celebrate the Fourth of July in style! Instructor Cheri Irwin's philosophy is simple: "I believe that as fitness professionals, we should find the balance in teaching the mind, body and spirit. The fun factor makes the spirit smile."



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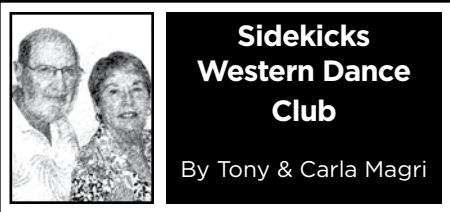
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Members of the Sidekicks have been approached several times recently by people expressing an interest in joining the club. We welcome any and all interest and consider everyone a potential member. We'd like to see everyone joining in the fun and the great physical and mental exercise our club provides.

Further information will be forthcoming, but for now we suggest all potential new members mark your calendar for Tuesday, Oct. 6, from 6 to 8 p.m. at the Recreation Center Ballroom. That will be the evening of our "basics for beginners" session. All of our current members are asked to attend the following Tuesday, Oct. 13, same time and place, for the beginning of the new dance year. Members are also welcome, as always, to lend a hand to our beginners for their "basics" class. We also plan to be in attendance at the Club Fair on Thursday, Sept. 17.

We're continuing to review and dance on our abbreviated summer schedule and at The Town Square. We are really looking forward to our new dance year. Check us out at patternancers.wix.com/side-kicks and at youtube.com by putting ro67ger in the search box. Enjoy the rest of the summer. Remember to stay hydrated. Happy trails ...

GOT TRASH?

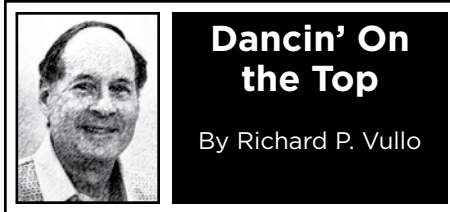
Please put all trash in compactor.



Our new introductory ballet class has been a success! As a result, we have decided to add a second class each week. The two introductory classes are held on Tuesdays from 11 a.m. to noon, and Fridays from 12:30 to 1:30 p.m. Newcomers are welcome in both classes, and we suggest that you arrive 15 minutes before the class time. To start, you do not need ballet clothes. You can always get them later. All you need are exercise clothes, socks, and a bottle of water.

Our classes are held in the Arbor Club Exercise Studio adjacent to the indoor swimming pool. In addition to the introductory classes held on Tuesdays from 11 a.m. to noon, and Fridays from 12:30 to 1:30 p.m., we have four intermediate classes. The intermediate classes are held on Mondays from 6:45 to 7:45 p.m., Tuesdays and Thursdays from 1 to 2:15 p.m., and Saturdays from 9 to 10:15 a.m.

We recommend the introductory classes for those who lack ballet experience or those who want a slower class. Of course, an experienced dancer may prefer our intermediate class. For information on both types of ballet classes, please feel free to call me. You can gain more information about what the classes offer, and help my co-teacher, Julia Sines, and me be prepared to welcome you and place you in class. You may call me at (352) 854-8589. Happy dancing!



The members of Dancin' On the Top have taken a big step in assuring the continuation of social dancing here at On Top of the World. On Saturday, April 11, some 50 members met and volunteered to join our committees hosting our five dances for the upcoming season. All of us appreciate their enthusiasm and efforts in supporting our club.

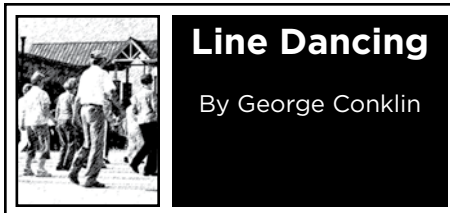
Our schedule of dances for the upcoming season is: Sept. 19, Nov. 7 and New Year's Eve, Feb. 13, 2016 and April 9, 2016. In future columns we will provide the entertainers and dance themes.

For information regarding member-

ship in the Dancin' On the Top, please call Gene Melnick at (352) 304-8293. If you're interested in volunteering your services, please contact any one of the officers: Richard Vullo, chair, (352) 854-6772; Gene Melnick, music and ticket chair, (352) 304-8293; Peggy Sayat, treasurer, (352) 509-7400; or Grace Raymond, hostess, (352) 873-4454.

There's plenty of opportunity to dance here in On Top of the World starting with Happy Hour every Friday night at the Arbor Club Ballroom or Recreation Center (on alternate weeks) and on Friday and Saturday nights outdoors at The Town Square. The list of performers each week is listed in the World News.

There are also many local venues that provide ballroom dancing opportunities throughout the year. For more information about dance lessons and dance venues, please check the website for USA Dance at usadanceocala.com.



Summer is about over and it is time to plan your activities for fall and winter. If you are thinking of an exercise program but the gym is not your thing - think line dancing. Line dancing is a low impact aerobic exercise and social event that has been shown to improve both balance and gait. Line dancing burns more calories per hour than a brisk walk.

"Dancing will reduce the risk of dementia a whopping 76 percent" (New England Journal of Medicine). The comparison is between dancing and just walking, tennis, swimming and golf. If you just want to get up and dance but can't get your partner off the couch, line dance is the thing for you.

September is the start of the new class season, which runs every Monday through June.

- Level two and easy intermediate with Janice Meade at the Arbor Club Ballroom, from 2 to 4 p.m.
- Intermediate with Nancy Carmack at the Recreation Center Ballroom, from 11:45 a.m. to 1 p.m.
- Improver plus with Marilyn McNeal at the Recreation Center Ballroom, from 1:15 to 2:15 p.m.

- Beginner level two with Marilyn McNeal at the Recreation Center Ballroom, from 2:30 to 3:30 p.m.
- Beginner level one with Marilyn McNeal at the Recreation Center Ballroom, from 3:45 to 4:45 p.m.
- Introduction to line dance with Marilyn McNeal at the Recreation Center Ballroom, from 5 to 6 p.m.

These classes are arranged in descending order of difficulty making it easy to move from class according to your ability.

Which class do I sign up for? If you have never line danced, it's easy - sign up for introduction to line dance. If you have prior experience, try the level you think is right for you. You can always move up or down if you picked the wrong one. Class sign up and information is available at the Recreation Center.

We also dance at Happy Hour every Friday night at the Arbor Club or Recreation Center Ballroom as well as Fridays and Saturdays at The Town Square. The second Thursday of each month, we have a dance in the Recreation Center Ballroom. Come join us - just stay in line and step when the drum goes thump.

For detailed information, please contact Marilyn McNeal (introduction to line dance, beginner level one/two, and improver plus) at (352) 804-1546; Nancy Carmack (intermediate) at (352) 533-8870; or Janice Meade (level two) at (352) 861-9345.

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<p>NOVEMBER 28</p> <p>Steve Solomon's "My Mother's Italian, My Father's Jewish & I'm in Therapy" Resident: \$20-24 Non-Resident: \$21-25</p>	<p>DECEMBER 19</p> <p>Walt Matzke's Four Pianos Holiday Experience Resident: \$11 Non-Resident: \$13 (GENERAL ADMISSION)</p>	<div style="border: 2px solid black; padding: 5px; transform: rotate(-15deg);"> <p>TICKET OFFICE HOURS: Monday - Saturday 11 am - 2 pm Day of Show 11 am - Showtime</p> <p>8395 SW 80th Street Ocala, FL 34481 (352) 854-3670</p> </div>		

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Tennis

By Jorge Privat

(352) 387-7539

Another month has passed! I just can't believe how fast time ticks away. We still have another couple months of heat to contend with.

Those of us who happen to follow Wimbledon could appreciate the level of tennis at the top of the professional ranks. You can always learn something by watching some specific plays and by listening to the expert commentators. It also feels good when your favorite players win and a little sad when they lose, as was the case with Rafa Nadal and Roger Federer. You could see that most of the people in the stands wanted Nadal to go on past the second round, and Federer get another "ma-

jour" title.

On the women's side, Serena Williams proved once more that she continues to be at the top of her game and to be the top female tennis player in the world. It seems the older she gets, the better she is. And there is no reason why you cannot bring your game to the top of your ability if you follow the tennis tips and apply yourself each time you get on the court. And in that regard, I would like to give you some pointers to improve some parts of your game.

Tennis Tips for the Month

1. **Go Deep:** Serena Williams is known for putting her opponents on their heels. You could see this at the Wimbledon finals. Not only her shots had tremendous pace, but equally important was how deep they were. Her shots landed just inside the baseline, and she created a large margin for error by only occasionally going for the lines. That's the epitome of "controlled aggression."

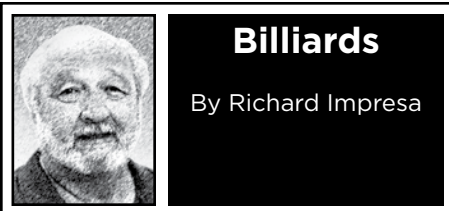
2. **Use Little Steps:** Hitting with depth also knocks your opponent off balance, particularly when you hit directly or close to his or her body. Time and again, Sharapova would almost fall over or had to lift her front leg trying to return Serena's shots. To deal with power and depth, you have to hunker down and get control over your center of gravity. That requires using little adjustment steps to get in ideal hitting position. You can use long strides in trying to cover long distances, but for very short distances, smaller positioning steps are the prescription.

3. **Sharpen Your Second Serve:** You need to use (or learn) topspin in order to make sure you don't double fault too often. When you know that your second serve is not good, it also makes you lose confidence in your first serve. It's a huge advantage when you have confidence in your second serve, and it

gives you more freedom on your first serve.

4. **Vary Your Passes:** You cannot just pound the ball indiscriminately; you also need to use guile. If you see an insecure volleyer, put your balls at his feet. If he is smothering the net, hit a lob over his head. Test his ability to control high and low volleys.
5. **Believe In Yourself:** One thing you have to credit Sharapova with is having confidence in her own game. She could be down point set against her, or even a match point, but you wouldn't know it by looking at her. In between points, she focuses on her strings to stay composed. Many players burn energy getting emotional about the score. Save that energy to think about your strategy on the next point. Don't let negative thoughts distract you. Stay cool, calm and collected and you will have better results.

See you on the courts!



Billiards

By Richard Impresa

In this month's column, I would like to discuss one of the subtleties of the game of pool: sharking.

Sharking is the art of getting inside your opponent's head with the intention of affecting his game, usually in a negative manner. I know this may come as a surprise to many of you but sharking takes place every day, right here in River City (On Top of the World). This practice is

one that I myself would never condone or participate in but if you believe that 80 percent of the game is mental then you can see why sharking can be an important part of your pool arsenal.

First off, I would not recommend this tactic during any tournament or money play but for day-to-day competition it is not only acceptable but a very important part of that mysterious ritual known as "male bonding" and as such should never be perpetrated on female players. The same behavior that would make men laugh would result in making women cry (you know, Mars vs. Venus), go figure.

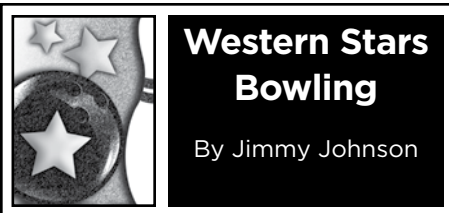
Now that we've explained the premise, let's get to the specific types of sharking. First is the old "peripheral vision move-

ment" shark. This involves your opponent making sudden movements just inside your field of vision when you are down on a shot. This movement can take many forms such as getting out of his chair, gesturing with his hands while talking, dropping his cue on the floor, etc. The solution to this shark is simple yet very hard to do, just stand up until the movement stops, then reset the shot stance.

If the action is repeated, just find a chair and wait until your opponent asks why you're sitting. Other, subtler forms of sharking include certain phrases, which are said to get you thinking instead of concentrating on the shot. Phrases like "Helen Keller gets out on this table," "lotta green on this shot," "why didn't you draw

the cue ball on the last shot," "don't worry about scratching," etc. are all meant to get into your head. Slow play is also used to break your rhythm and disrupt your concentration, especially when you are on a roll.

I hope you realize that I write this column in jest and that bonding is a very important part of billiards in our community. If any of these tactics offend or upset you, please let your opponent know in a calm, cool manner and I'm sure he will cease and desist. I believe our poolroom is the best in the county and I hope it's a place where residents can come to have fun. Until next month, keep stroking, and keep your tip dry.



Western Stars Bowling

By Jimmy Johnson

Hope you all had a great Fourth of July. We are starting the steamy, hot month of August. Perfect time for anyone to begin thinking of joining or returning to the Western Stars bowling league. We need new bowlers (singles, couples or teams of four) to add to our teams. Keep in mind, we are a handicap league which means you do not have to be a super bowler to join us.

We bowl at AMF Galaxy West Lanes at 1818 SW 17th Street in Ocala weekly on Thursdays. They have lots of time open for anyone who may want to bowl a game or two. Prices are reasonable and the air conditioning is wonderful! There is a pro shop on the premises. You can purchase balls, shoes and even some professional tips from Brian at a reasonable rate.

Our initial team meeting is on Thurs-

day, Aug. 20, at 2 p.m. at AMF Galaxy West to review team rules/policies and sort out the teams. Our bowling season begins on Thursday, Aug. 27 with practice at 2:45 p.m. and bowling at 3 p.m.

If you are interested or have any questions, please contact Jim Johnson, secretary/treasurer, at (352) 873-1281 or Pete Sanford, president, at (352) 873-7859.

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R/C Car Club

By Charlie Fisher

Work on the new R/C car course started in late June. Club volunteers worked many hours digging holes and placing the posts for the new shade canopies. The tarps were erected, foundation for the new drivers stand was dug ... things are looking great.

Management has been very supportive and great to work with. After approving the new site and the plans for the shade canopies and drivers stand, they delivered 12 truckloads of a clay and sand mixture and spread it over the 100 by 150 foot track. Once it's packed, leveled, and smoothed, work will begin on the new course. The plan includes a large oval

track on the outside perimeter and a short course inside the oval with jumps and obstacles to test the driver's skills and amuse the spectators.

This is a big project and is taking time to plan and build. Like the flying field, the R/C car course is generating lots of interest and is proving to be a great place for spectators to come and watch the action.

Every Sunday the club holds time trials and competitive races. We are still welcoming residents interested in joining the fun. Club members are happy to assist residents, children, and grandchildren to make their debut on the track. This is truly a sport for all ages. We invite you to come on out and give one of our test vehicles a try. We will explain how to operate the transmitter and then watch you get hooked.

Hope to see you soon. If you have any questions, please call Charlie Fisher at (352) 304-8730.



Photo by Charlie Fisher

R/C car track taking shape.



Stamp Club

By Joe Rosinski

The General Francis Marion Stamp Club held our auction meeting on Wednesday, June 17 and brought quite a selection of philatelic items. Members are always looking for a bargain and there are usually many to be had.

On Wednesday, July 1, the club held its monthly business meeting. Unfortunately, our presenter for the meeting had to cancel. With the excess time, the members held discussions on some interesting

subjects, which included an educational one on revenue/tax stamps. This category includes such things as taxes on beer, playing cards, wines, butter, oleo and even your deed. While some of these have been discontinued, many are still in effect on local, state or federal governments.

If you would like any information on the club or the hobby in general, I would be glad to provide what I can, or find a source who can help. My e-mail address is jrcr8850@embarqmail.com and those of some other members are available on our club website at ocalagfmstampclub.com. Besides the bargain price of \$6 for annual dues, the friendship and camaraderie of club members is an added strong point. We welcome guests at all of our meetings. Stop by and see us.

Our next business meeting will be at 1 p.m. on Wednesday, Aug. 5 at Bank of the Ozarks, an informal meeting at Freedom Library on Tuesday, Aug. 11, from 6 to 8 p.m., and 1 p.m. auction meeting on Wednesday, Aug. 19 at Bank of the Ozarks.

Club members are making preparations for their displays at the Marion County Library on Silver Springs Boulevard during the month of October. This will be in commemoration of Stamp Collecting Month, an annual national designation. The display will be set up on the left at the main entrance for the entire month. Club members will be present on Sundays from noon until 3 p.m. to answer questions. If you're out that way during October, drop in and see what our club members have prepared.

Want to brush up on your history? The Mystic Stamp Company has a new section on their website (mysticstamps.com) as of Wednesday, July 1. Each day they will select an event that occurred on that day, provide an explanation of the event and then provide a connection to a specific U.S. stamp. The information provided will possibly give you an answer to some Jeopardy questions!

Thanks for reading this column and remember to keep using real stamps on your snail mail. There are always new issues of Forever stamps. They cost the same as the usual Flag-related ones and provide a different look to your correspondence.



Model Railroaders

By Jim Lynam

The Model Railroaders would like to thank John and Barbara Hampton and Rob Vlacanich for their recent donation of HO trains, rolling stock, equipment and track to the club. It is extremely interest-

ing to go through the boxes of trains and to appreciate the history that the pieces represent.

Almost every model railroader will always remember their first train set: how old they were; where they were living; the occasion that they received it; and where they set it up for display. As we investigate the box's contents, we see the loving care that the owner displayed in packing the old steam engines and passenger cars. The railroad names on the locomotives and rolling stock also provide clues as to

the owner's favorite line, and most often reflect the area where they grew up as a child. Many model railroad enthusiasts sooner or later try to acquire the equipment of their dreams and construct their layout based upon the prototype as closely as possible.

The Model Railroaders are enjoying our hobby despite the heat and humidity of the summer. The layout room is climate-controlled and it is very enjoyable to be able to spend the afternoon watching and running the trains without the inconvenience of thunderstorms, heat and humidity. It just doesn't get much better than this! Why not come in and join us?

The Tuesday afternoon work sessions have resolved some of the minor track problems that have been a nuisance to the operators. The right-of-way mainte-

nance crews have leveled some sections of track that were causing unscheduled uncoupling of the passenger cars. Progress has also been made on the installation of operating lights on the water tower and the elevated coal chute. The electrical engineer installing the electronics has overcome several obstacles and the future of the lights looks bright!

The Model Railroaders are always looking for new members, and you are welcome to join us. The layout is located in a room with entry from the Recreation Fitness Center. The club members work on the layout on Tuesdays and Fridays, from 2 to 4 p.m.

Our monthly meetings are held at 9 a.m. on the first Wednesday of every month in Meeting Room #3 (Poker Room) of the Hobby Building.

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The Four Preps will “wow” On Top of the World on Saturday, Sept. 26.

Entertainment Group Presents The Four Preps

The Entertainment Group kicks off their 2015-2016 show series with the most

expensive show ever! The Four Preps will “wow” On Top of the World on Saturday, Sept. 26, at 7 p.m., in the Recreation Center Ballroom.

The Four Preps features original lead singer, Bruce Belland, former leader of The Diamonds, Bob Duncan, and Mike Redman and Skip Taylor formerly of The Crew Cuts. Come enjoy America’s favorite pop hits like “Sha Boom,” “Silhouettes,” “Big Man,” “Lazy Summer Night,” “Down

By the Station” and much more!

Ticket prices are \$10 general and \$12 reserved. Tickets go on sale on Monday, Aug. 31, from 8:30 to 10 a.m., in the Recreation Center Ballroom and may be purchased every Monday, Wednesday and Friday thereafter.

As always, the show is for residents only with a maximum of four tickets per purchase.

Learn a New Instrument

By B.J. Leckbee

The dulcimer group is still practicing over the summer months, although many of our members are temporarily missing because they are either snowbirds or traveling over the summer. So we’re temporarily small in number, but still learning.

The highlight of this past season was being invited by the Concert Chorus to play at their Christmas concert. Our knees may have been shaking, but as we are seated while playing, nobody probably noticed. We also had the opportunity to entertain the residents at TimberRidge Rehabilitation & Nursing Center.

A few facts about us: each of us learned to play the dulcimer after we moved to On Top of the World. The most experienced player has been strumming away for four years. The newest member bought her first dulcimer two months ago. Most of us have some musical background, but it isn’t a prerequisite for learning this instrument.

We meet in Suite H at the Arbor Conference Center each Tuesday at 1:30 p.m., and play whatever songs we feel like playing. Come listen sometime.



Dulcimer [duh-luh-suh-mer]: a modern folk instrument related to the guitar and plucked with the fingers. (Source: dictionary.com)



Photo by Linda Lohr

Cards presented by Susie Freitag and Susan Kennedy.

Make Your Own Cards

By Linda Lohr

Our presenters on Thursday, July 16 offered a variety of themed cards. Susan Kennedy offered two Christmas in July cards. Many of us make our Christmas cards; so early ideas are a great help. Susie Freitag presented friendship and birthday cards.

We thank both Susan and Susie for generously providing almost all the materials needed to complete the cards. Everyone enjoyed the cards and will replicate them at home at their leisure. New ideas are always welcome!

Anyone can be a presenter – and the cards do not have to be fancy or complicated. Our group is based on friendship and socializing, and helping each other play a big part of the club!

Our group is open to all crafters. One or two people do a presentation each month. The group usually meets the first and third Thursday of the month, unless the demonstrator requests other arrangements. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

We would like to thank Kathy Hoefler for keeping us all on schedule and for Ellie Richards who secures our room each year and presenters each month!

If you feel this might be for you, please call at Kathy at (352) 237-6439.

Swashbuckling Lady

By Bob Woods
World News Writer

This lady was known as a fierce, notorious pirate and leading as many as 200 men under her reign. She was also a famous seafarer, trader and chieftain in Ireland during the 1500s.

Grace O'Malley was born in 1530 in County Mayo, the daughter of a sea captain. She always wanted to be a sailor. She spent her young life at sea with her father and was attacked by an English vessel. It was reported that her father ordered her below deck but instead she climbed into the ship's rigging. Watching the battle, she saw a sailor sneaking up to her father from behind with a dagger. She leapt from the rigging onto the sailor's back, screaming. Her actions are what turned the tide of battle for the O'Malleys to regain control of the ship defeating the English.

Her family became wealthy mainly through fishing and trade, but later in life she took up piracy by taking on Turkish and Spanish pirate ships and even attacking English fleets.

In later years, Grace developed her reputation as a fearless leader through her efforts in battle alongside those following her. She married two times having four children. Her first husband was Donal O'Flaherty who was the son of a chieftain and next in line for his father's post. The O'Flahertys were seafaring people and it didn't take long before Grace was in charge of the O'Flaherty's fleet of ships. According to Irish law, widows are entitled to a portion of their husband's estate. She received nothing out of either marriage.

Grace mastered the sail, sword and along with her band of 200 mates, terrorized the shipping lanes off coastal Ireland into her submission. She would stop and board ships demanding the ship's captain pay a fee to continue unharmed. If the captain refused or was unable to do so, she and her band of pirates would plunder the ship removing cargo and valuables.

Over Grace's lifetime, the English had

taken over a great portion of Ireland, small pieces at a time. Lots of family clan chieftains surrendered to or took allegiance with the British but Grace was one of those who resisted.

During this period of Irish rebellion, the Spanish Armada was waging war against the English along the Irish Coastlines. Not wanting to lose what she had gained, it was not clear whether Grace assisted the British or was just protecting her own assets. Around 1588, Grace slaughtered hundreds of Spaniards on-board the ship, Don Pedro de Mendoza, near the castle on Clare Island. Grace was fierce in battle even in her late 50s.

Grace had written many letters to the Queen Elizabeth I in England demanding justice but never received any answers. She asked that her son and brother, who had been arrested and imprisoned, be released as well as regain the lands and wealth that rightly, belonged to her. Getting fed up with no replies, Grace sailed to London avoiding ships of the British fleets and did in fact have a meeting with the queen. The meeting took place in Greenwich Castle. The queen granted Grace's request.

Returning to Ireland, she took the letter signed by Queen Elizabeth to the British powers in Ireland demanding the release of her brother and son. The controlling British released the two prisoners but never did restore her rightful possessions.

In Grace's lifetime, she was a female pirate, a chieftain of the O'Malley clan and owner of many castles and a fleet of ships. Quite a life for an Irish lady in the 1500s.

Many books have been written about the episodes of Grace O'Malley's life and piracy acts. A motion picture has also been produced and a couple of songs have been written. One song that can't be substantiated is "Wild Irish Rose" and one that is recommended telling the tales of Grace is "Oro Se do Bheatha Bhaile."



Photo by Bob Woods

Grace O'Malley's War Castle, Achill Island is located in Clews Bay in western Ireland. The castle was originally constructed in the 1500s and its present owner has refurbished it.

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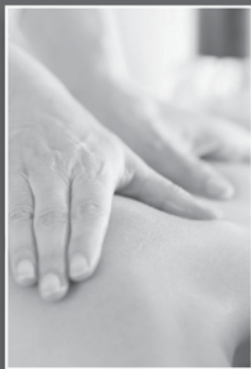
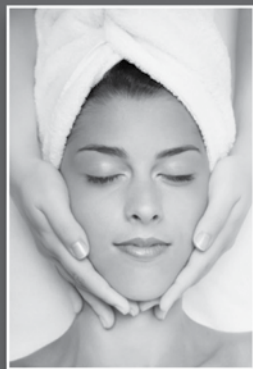
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Karaoke Friends

By Kathy & Charlie Petrosky

The early definition of karaoke means singing without a live orchestra. It is interesting to learn that the need for backing tracks came about when singers had to travel to different venues to perform. It became too costly to bring their own orchestra so backing tracks were created. Typically, today we think of karaoke as people singing popular songs with a microphone and prerecorded music. That is what we do on the first and third Monday of the month.

Lora Rossi took singing without an orchestra very seriously. She had a song she wanted to sing and could not find backing music. She sang it acapella. The definition

of that is to sing without musical accompaniment. You can do that on a karaoke night as well.

Sometimes we get a little history at karaoke. Tony Donato brought a music cover with a picture of Charlie Chaplin. He told us about the songs that Chaplin wrote. I thought he was just a funny guy.

We had prop night. That is a night when creative juices flow. The singer selects a song and then creates a prop for it. It is a night of many laughs. Next month we will have a group shot with the props. I will put you to work to see if you can guess the song that was sung. Yes, I will have the answer in the column. I would like you to guess first before you check it out. So that will be next month's task.

This month, I would like to highlight Ann and Keith Fields. Keith has always enjoyed singing in church. Until karaoke, his only solo performances were for his 12 grandchildren. He knew all of the tra-

ditional children songs. However, to the dismay of their parents "Blood on the Saddle" was the grandkids' favorite. They always asked for Pop Pop to sing "the blood song."

Ann grew up mostly singing to the radio record player. She also enjoyed singing in church and choral groups, but never solo.

Friends, Patty and Fred, invited them to karaoke. Ann came willingly, but Keith under duress. They have been enjoying karaoke for a little over a year now, singing

duets and solos.

They are part-time volunteer trainers for Patriot Service Dogs and often bring the dogs that occasionally sing along. They came to On Top of the World in 2011 as snowbirds from Atlanta, but within a year decided to make it full time.

If musical variety is what you enjoy, come see us. This month we will meet on Monday, Aug. 3 and Monday, Aug. 17. It is always a fun night. Would love to see you there.



Ann and Keith Fields.

Photo by Charlie Petrosky



Sewing Bees

By Linda Lohr

As all those living in the South agree, thank heaven for the air-conditioning! Although the heat is blazing outside, the Art Studio is very comfortable. The hive is buzzin' as many people have returned from trips up north.

In addition to the comfort kits, which include a quilt, stuffed animal or pillow, and a tote bag, our group makes ditty bags. These smaller bags are given to various agencies along with hygiene supplies in travel sizes. Most of us travel occasionally and hotels and motels offer small soaps, shampoo, etc. Our group collects them and delivers them along with the small ditty bags. Should you have any clogging your linen closets, they would find a good home with us. Stop by any Thursday, from 12:30 to 3 p.m. And many thanks!

Our mission is to provide comfort for the abused, abandoned, and neglected

children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Studio, 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. You may find our club is just what you have been looking for to round out your week.

If you no longer sew but have cotton fabric, fiberfill or batting cluttering up your closets, please consider donating the materials to the Sewing Bees. We will put it to good use! We are also in need of working sewing machines to keep us with our growing membership and the increasing needs of the community.

Please contact Louise Green (352) 629-1195 or Rita Miller (352) 237-6660 for more information. As always, the children and we thank you for all your support.



Photo by Linda Lohr

A quilt all ready for a Tampa Bay Buccaneer fan!



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New Year's Eve

Extravaganza

2016

On Top of the World

Arbor Club Ballroom

Celebrate New Year's Eve at the Arbor Club Ballroom on December 31, 2015, from 8:00 pm to 12:30 am. "Solid Gold" will perform all of the greatest hits to help bring in the new year. Ticket cost includes appetizers, dinner buffet, party favors, champagne toast in a souvenir flute and a continental breakfast. Proper dress required.

Seating is limited to eight per table. Tickets are \$55 per person for residents and \$65 per person for non-residents/ accompanied by a resident.

Tickets (max of 8 per person) may be purchased at the Recreation Center Office starting Monday, August 10, 2015, and will continue every M-F, 8 am to 4 pm. Resident I.D.'s will be required at purchase!

FREE POSTURE ASSESSMENTS

AT THE RECREATION CENTER

AUGUST 31ST – SEPTEMBER 4TH 12 PM – 2 PM

Certified Personal Trainers will be on hand in the fitness center Monday through Friday during the week of August 31st to provide free posture assessments. A trainer will evaluate your posture and provide general guidance on how to begin an exercise program to help strengthen and improve your posture, function and even prevent falls!



Sign up is required for your free posture assessment; please stop by the fitness desk in the Recreation Center or call: 352.854-8707 ext. 7534



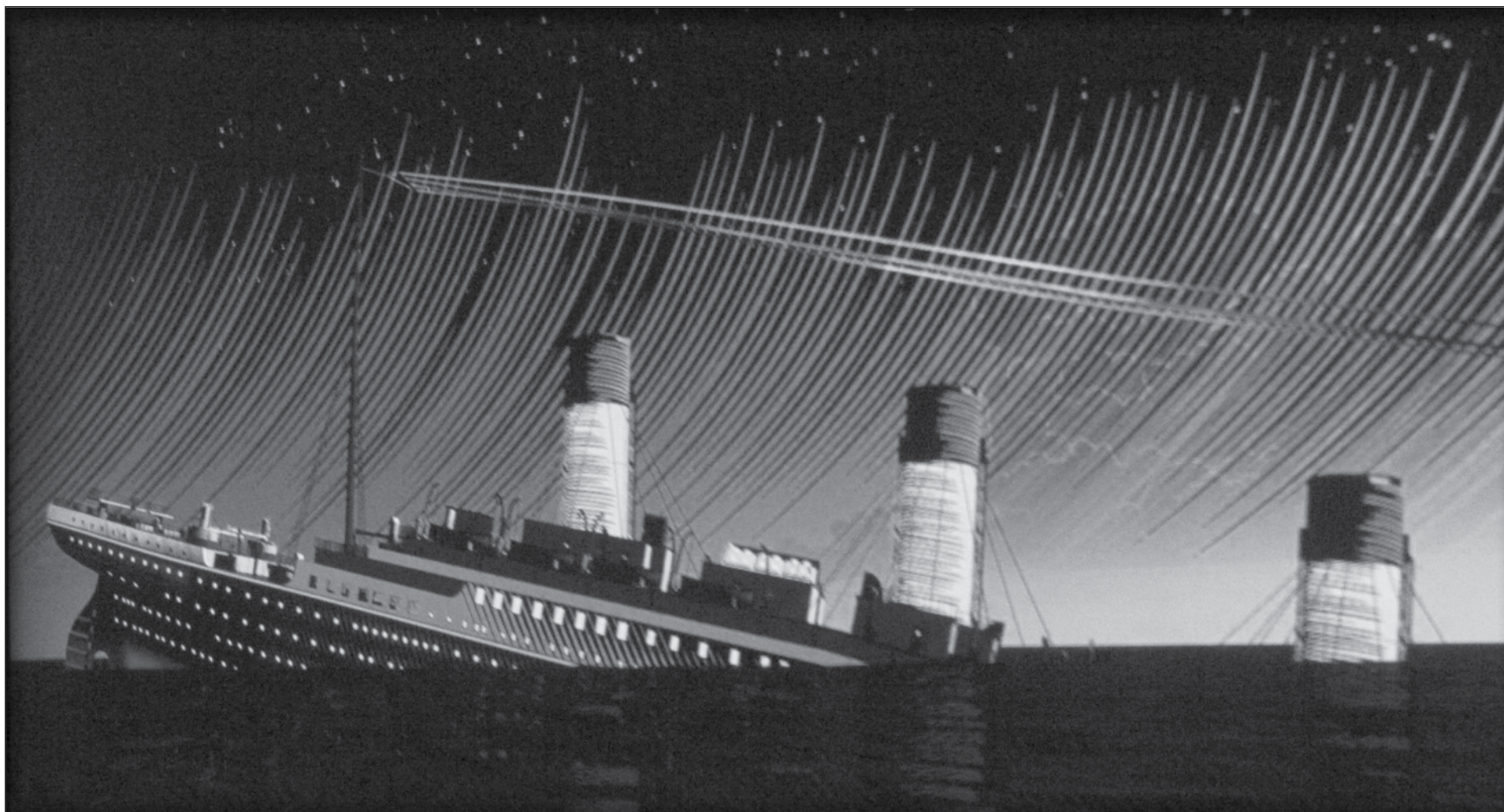


Photo by Bob Woods

A depiction of the largest cruise ship in the world as Titanic slips beneath the waves.

Titanic Belfast

By Bob Woods
World News Writer

The Titanic Belfast museum, completed in 2012 in time for the ship's 100th anniversary, is located at the exact site where the ship was originally constructed.

At the site, the shipyard buildings have since been demolished due to the decline of shipbuilding. The area is called the "Titanic Quarter." Some of what remains in

the old shipyard is the Titanic slipways and graving docks as well as two gigantic cranes called Samson and Goliath.

The museum contains over 130,000 square feet of floor space of which most is occupied by a series of galleries on five floors. On the first floor of the museum Gallery #1 lets the visitor walk through the famous shipyard gates discovering why 100 years ago Belfast was the perfect location to build the biggest ship in the world. Most of the other galleries follow Titanic's maiden voyage from Europe to America. Gallery #6 depicts the moment when the Titanic struck an iceberg, sinking the ship in the north Atlantic.

The museum's outside has four corners looking like a modern piece of art but the four corners replicate the bow of the Titanic. These four corners are the same height as the Titanic's hull from the ship's

keel to main deck. There are over 3,000 silver anodized sheets of aluminum around the building giving the illusion of waves around the ship's hull. On the Titanic's maiden voyage, the ship departed Belfast heading for South Hampton, England, then onto France and finally making her last stop at Queenstown, Southern Ireland. The port has since changed its name from Queenstown to Cobh.

The movie "Titanic" cost more to make than it did to construct the ship. The movie won 11 Oscars including best film and best direction. Most of what was depicted in the movie was fictional.

The R.M.S. Titanic was the pride and joy of the White Star Line. At the time, Titanic was the largest moving object ever. She was luxurious, the ship of dreams ...

The remains of the Titanic were located and photographed in 1985.

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August 12, 2015 • 1 pm - 3 pm

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Happy Hookers

By Marge Curran

Its summer and it's hot in Florida but the Happy Hookers continue to meet on a weekly basis in the cool accommodations of the Art Studio in the Hobby Building. This building is located across from the Recreation Center.

Every Monday at 1:30 p.m. you will find a very talented group of ladies busy

with crocheting, knitting, needlepoint, card crafting, embroidery, and just about any project you can imagine.

The years of crafting experience within the group is remarkable. You can usually find someone to help you through a difficult set of instructions or with the challenge of taking your craft to a new level.

This terrific group continues to welcome newcomers to their weekly get together. They meet year round, from 1:30 to 3 p.m. There are no dues or agenda. Attendees bring whatever they happen to be working on and sometimes come empty handed looking for a new idea or just for a chat with friends in a comfortable setting.

If every Monday won't work with your schedule, feel free to join us when your time permits. We have many participants whose schedules prevent them from coming every week.

I would like to take this opportunity to thank Joanne Roney for contributing several beautiful afghans to the Linus Project. This group then distributes the afghans to needy children. Mary Melzer coordinates these donations.

At 1 p.m. on Monday, Aug. 3, you will find the Happy Hookers taking a break from the craft routine to enjoy lunch at Brooklyn's Backyard, 2019 East Silver Springs Boulevard. The group sets aside

the first Monday of every other month for a lunch outing at various Ocala eateries. If you would like to join the group for lunch, please give Naomi Berman a call at (352) 873-4328 to be included in the reservation.

If you have yarn, pattern books, knitting needles, crochet hooks or other crafting tools that you no longer have a use for, donations are always greatly appreciated. Please call me for pick-up of these items at (630) 336-7105.

Please call Naomi Berman at (352) 873-4328 if you have any questions about the group or feel free to drop in on a Monday afternoon, we would love to meet you!



Poetry

By Kenneth "Pen-O-Ken" Hall

Keys Lost

Can anyone help me please?
Because I have lost my keys.
I have looked just everywhere.
I have even turned up the cushions on my easy chair.

Again I have to say that I have looked just everywhere.
I now have the feeling of despair.
They could not disappear in thin air.
I cannot believe that I lost my keys.

Then I thought for a moment and after looking everywhere I decided to look at the front door.
And sure enough there they were.
Why didn't I think of that before?



Theatre Group

By Steve McDonald

This month, we are spotlighting husband and wife members, Emery and Odd Bjerkman. Emery was born in Portland, Maine and Odd was born in Oslo, Norway. They moved to On Top of the World in December 2006. They had lived in St. Petersburg, Fla. beginning in July 2003, after living most of their years in New England (Maine, Massachusetts and New Hampshire) and Malta.

Emery joined the Theatre Group in the fall of 2007 as one of the "trivial pursuit girls" in Odd Couple and has performed every year since then. She has been actively involved with selling tickets for the shows since 2007 as well as obtaining ushers and, more recently, selling ads for the programs, for which she is extremely proud.

Her efforts have helped to raise additional money over and above our ticket sales for our project fund, which entails making scholarship moneys available to

deserving students in the arts at the College of Central Florida. Our fund is nearing the point where it will be self-sustaining, for which we are extremely proud. Odd joined as an usher and has also been involved with sales of both tickets and ads.

Additionally, Emery was vice president of the Theatre Group for four years during our current President Dick Phillips' previous stint as president of our group (2009-13), and has served as vice president of the Concert Chorus since 2014. Odd performed with The New Pretenders in 2014.

Emery's most pleasant memories as a performer, just to name a few, have been her performances as Jean in "So Long Sunny Pines," as Valerie in "Murder on the Run," and as an interior decorator in "Let's Murder Marsha." Odd was instrumental in our first attempts at selling ads and has worked on the stage sets as needed. Both assisted with ticket sales from 2008-2013.

Even after all their community activities, Emery has been a Guardian ad Litem (GAL) for eight years (in the state of Florida) and Odd has volunteered at Munroe Regional Medical Center weekly for eight years. Being a GAL generated enough interest that they are offering a training course as part of Master the Possibilities and there was an article about it in the

June issue of the World News. We are extremely fortunate to have both Emery and Odd as active members and continue to look forward to their valuable contributions.

We look forward to reporting great results from our auditions in the September issue of the World News. The play, "Are We On the Air Yet?" will be presented on the stage of the Recreation Center Ballroom Nov. 13, 14, and 15. Any resident who was unable to attend our auditions in July, please contact one of our members listed below. Numerous activities may still be available for your participation.

Please contact Dick Phillips at (352) 861-0779 or dick.phillips@reagan.com, Steve McDonald at (812) 344-1936 or mickeyd_812@yahoo.com or Marilyn Bettinger at (352) 390-3889.

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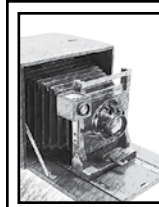
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Photo by ShutterBug Gary Uhley

Honorable mention landscape category: Promise of a new day.



ShutterBugs Photography

By Marilyn Cronin

July saw a group of ShutterBugs travel to Tampa to visit the Florida Aquarium. There were many opportunities for unique pictures. We then enjoyed lunch at the Columbia Restaurant. In August, we will be going to Sunken Gardens in St. Petersburg.

Photo tip adapted from an article by Dylan Flint, "Five Vital Things You Must Consider as a Photographer."

Photography is an art that most people have an affinity for and have been drawn towards as a hobby. Like any other art form, dexterity in capturing images doesn't happen overnight. You have to be patient and improve your skills.

Don't underestimate yourself. With enough dedication and determination, you can also capture images of professional quality. But before you venture into this world, you need to know a few things about photography that are extremely important.

1. **Exposure:** This is one of the most fundamental elements of photography. How much light you use in your photos is extremely important in ensuring how your pictures will come out. To capture stunning

images, you have to ensure that there balance and that your photos are not subjected to underexposure or overexposure.

2. **Color:** The mood of your photos greatly depends on color. Slight variation in colors can evoke different emotions, from happy to calm to gloomy. You need to understand when your pictures should be colorful and when they should be more subdued or black and white.
3. **Story:** Your photos should be able to tell a story about what the picture is all about. Like professionals, you will also have to take images in any situation that convey what you are trying to show.
4. **Composition:** Sometimes you want to highlight a certain object in the picture, so you have to make the picture in a way that when anyone else sees it, they are instantly drawn toward the highlighted object. Suppose you have taken a picture of a crowd and you need to focus on a single person—you will need good composition skills.
5. **Balance:** For capturing stunning images, you need to combine all of the above factors. If you don't coordinate all the aspects of photography, you will never be able to take professional looking images. The key is striking a balance and being able to combine all of these elements subconsciously. It should

become automatic.

It's true that you can gain much by emulating others, which is why you should also follow the work of successful photographers and try to understand their techniques. You will learn a lot by studying their pictures and applying their principles to your photography. Join us at our

meetings and learn or improve these skills.

Please enjoy our members' photos displayed at Master the Possibilities and Freedom Library. Feedback is appreciated.

The ShutterBugs meet every Tuesday at 3 p.m. in the Arbor Conference Center, Suites B and C. Annual fee is \$12. For more information, contact Gary Uhley at guhley@cfl.rr.com.



Photo by ShutterBug John Ware

Honorable mention landscape category: Starr's Mill.



Photo by ShutterBug B.P. Agarwal

Honorable mention landscape category: Up and up!

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For more information, visit www.ontopoftheworld.com/newspaper. The publisher reserves the right to reject any ad which, in his judgment, would not be in the best interest of the residents of On Top of the World Communities.

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Books: Paperback, bestseller fiction, \$.75 each. (352) 547-5995.

Exercise Equipment: Schwinn Air-dyne stationary bike. Asking \$200. (352) 237-7188.

Exercise Equipment: Weider Pro-260 weight bench, adjustable incline/decline bench includes lat pull-down bar, leg extension & leg curl attachment, preacher curl pad, 120 pounds of weights, user manual & exercise guide, \$45. (561) 921-1738.

Furniture: Cocktail table with beveled glass, tan & gold, wrought iron, \$135. (352) 460-2402.

Furniture: Solid maple leaf table with 2 matching chairs, 40" w x 25" l with leaves down; 65" l with leaves up; 85" l with leaves up and 2 table boards inserted, \$75. (352) 861-0510.

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Window Treatments: Drapes, 95"l x 54"w, 4 panels (each) of soft sage and taupe. Sheers, 6 panels of soft gold at 95"l x 60"w and 4 panels of brown at 95"l x 45"w. 100-plus curtain rings. (352) 300-3474.

Wine Cooler: Vissani, \$125. (352) 460-2402.

Services

AllThingsPowerWash.com: Pressure & soft washing. House, gutters & driveway specials. Free estimates. Vincent Davino (352) 209-4416.

Alterations by Betty: Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.

Alterations by Ernestine: Alterations, experienced. Call 861-0259 (resident).

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at (352) 873-1297.

Auto Wash-N-Wax: \$29.95 most cars, pick-ups, vans, or SUVs, inside and outside. Leave message or text (352) 445-6678.

Blinds Repaired: In your home. Repairing shades & drapery hardware. Certified & experienced installer. Call Gary or Kathy at (352) 344-3805.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. (352) 586-8459, Bob.

Caregiver: CNA-HHA, 20 years experience. Will care for your loved one. Excellent references. Christine (352) 509-4994 (CNA23849).

Carpet & Tile Cleaning: Country-side Chem-Dry, serving On Top of the World residents for 15 years. (352) 307-4100.

Cat Boarding and Sitting: Provided by loving experienced Cat Nanny. On Top of the World resident. (352) 854-8589.

Ceramic Tile: All types of installation and repair. 20+ years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.

Certified Nursing Assistant: Personal home care, personal companion, or patient sitting. Reasonable rates. Penny (352) 693-3845 (CNA300158).

Cleaning by Christine: I will make your house sparkle and shine. 26 years experience. Reasonable rates. (352) 299-6088 (resident).

Cleaning by Evelyn Lee: Windows, house cleaning, deep cleaning, move outs. Lic. #A27450 & insured. (352) 629-0855 or (352) 286-6055. www.sunshinecleaningocala.com.

Clock Doc: Clock repairs, experienced, inexpensive, house calls. Proud sponsor of On Top of the World softball. (352) 246-2438 (resident).

Computer Help: Call Arthur at (352) 875-7878. Summer rate \$40/hour for local house calls. Prompt, courteous, reliable home computer support. 30 years experience.

D&D Painting of Ocala LLC: Interior/exterior painting and handyman services. Licensed & insured. 35 years experience. 10% discount for seniors & veterans. References

available. Doug (352) 512-3852 or Donna (352) 425-3869.

Hair Care: In your home. Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, (352) 237-3347. Service homebound.

Handyman: Repairing sliding glass door rollers/tracks, sliding garage screen doors, window balances/parts, sliding shower doors/guides, doors & locksets, rotten trim/molding. One call does it all! Insured. Steve, S&T Quality Services LLC (352) 207-8682.

Jennifer's Dog Grooming: 21 years experience, reasonable prices, ultra convenient. Will groom at your home. (352) 247-2949 or (352) 873-9412.

Laminate & Tile Floor Installation: Plumbing, electrical work, general carpentry and painting. Satisfaction guaranteed. Resident for 12 years. Dan (352) 425-1046 or Bill (352) 873-1826.

Manny's Appliance Repair Service: Over 35 years experience. Licensed & insured. Manny Diaz (352) 897-7723 or (352) 470-1459.

Miles & Miles Home Healthcare: Sharing my helping hand with you. Caregiver/med tech. (352) 895-0940.

Need A Ride? Door-to-door service for all your needs. All airports, doctor appointments and errands. References available. Call Sandy at (352) 351-9407.

Painting: 25 years experience, 10% discount, excellent references. Pressure wash house for free with paint job. Call Danny at (352) 547-9588.

Painting: Add a Little Color to your Life! Free estimates, insured, references and photo gallery available at Suespainting.com. 10% off for residents. Sue's Painting (352) 237-0892.

Painting by Frank the Painter: 35 years experience, summer specials, free estimates, specializing in colors, quality service, affordable prices, references. (352) 237-5855 (resident).

Pressure Cleaning: Specializing in driveways, sidewalks, patios & pool decks. Family owned, 10 years exp., free estimates. Call Doug at (352) 873-9349.

Pressure Washing: Free estimates. Remove mildew from driveways, porches, patios, walkways and clean the gutters. Gary (352) 547-9153 (resident).

Pressure Washing: Houses, driveways, gutters, porches, wash windows & yard work. Free estimates. 12 years experience. Call Steve (352) 237-5338 (resident).

Transportation: Airports (Tampa, Orlando, Sanford, Gainesville). Safe & reliable service. Call Phil (352) 497-7670 (resident).

Transportation: Doctor appointments, shopping, errands. Call Anna (resident) at (352) 615-0174, leave message.

Transportation: Appointments, errands, shopping, or pet care. Orlando and Gainesville airports. Donna (resident) (352) 873-9300.

Transportation: Personalized door-to-door transportation to airports, cruise ports, doctor appointments, shopping. Call Betty, (352) 861-1163.

Transportation: New car, non-smoking. Great rates including tip starting at \$10 roundtrip. Appointments, personal shopping, Gainesville (\$75) too! EveRose (352) 502-5551.

Windows Replaced & Patio Enclosures: George Watkins (352) 587-2735. Certified residential contractor #1330701.

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Antiques, Collectibles, clean furniture, household, tools, costume/precious jewelry, military, & U.S. coins. We buy entire estates for cash. Next American Picker new location 8296 SW 103rd Street Road, Ocala. Larry at (352) 400-8397.

Donations: Musical instruments for local students; Ed at (352) 304-8206. Personal hygiene items for homeless shelters, pet food & blankets for animal shelters, shoes for needy & used cell phones for overseas troops; Donna at (352) 237-3062. Shoes and sneakers for the needy; drop off at Arbor Club office. Yarn for lap robes for VA hospitals and newborns; (352) 843-6519.

Guns: Buying guns (new, old, any condition), gold and silver. Estate appraisals. (352) 867-0381 (home) or (352) 266-9781 (cell).

Pianist: Concert Chorus is actively searching for a pianist. Practice is usually held every Tuesday from 9:30 to 11:30 a.m. in the Arbor Club Ballroom. (352) 873-9032.

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