

Community News

Kenneth D. Colen
Publisher

Opportunity for a Free Home

The HomeFreePrize raffle got great press after the initial ground breaking on Friday, July 14. We are all very excited about the prospect of being able to assist Hospice of Marion County in raising \$3.5 million for their endowment.

All of the suppliers, contractors and subcontractors are donating the materials and services for this good cause. One hundred percent of monies raised from raffle ticket sales are being donated to Hospice of Marion County.

Hospice is an organization with deep roots in the local community. They have assisted many families in On Top of the World through difficult times and continue to do so. Purchasing a raffle ticket is a great way to give back and help an important and well-run organization. Who knows, with a one in 35,000 chance, you may just be the lucky owner of a new home!

Please go online to HomeFreePrize.com to purchase your raffle entries. For your convenience, you may also purchase raffle entries at Candler Hills Golf Shop, The Ranch Fitness Center & Spa and the On Top of the World administration office across from Sid's Coffee Shop & Deli.

Summer Is Winding Down

Just because summer is winding down, doesn't mean we aren't winding up. There is so much happening in the community. September seemed to get here very fast. Yes, it's still warm, but later this month the mornings will begin to be cooler. From the property management perspective, thoughts turn to catching up the last of any rain-delayed work in the community and getting lawns and landscaping ready for what little winter we enjoy around here.

Renovation of the Arbor Club began in mid-August. The entire building will be closing and out of service while work is proceeding. This includes the outdoor pool, which will be undergoing deck work. Besides updating the main assembly area of the building into a new and very state-of-the-art fitness center, the men's and women's locker rooms will be updated with new tile, lights, and fixtures. The indoor pool will also be taken out of service, drained, acid washed, and refinished in Diamondbrite™.

While the indoor pool is out of service, the translucent roof panels will be removed and replaced as well. The manufacturer explained that the yellowing on the interior face of the panels was due to a chemical reaction with the chlorine used in the pool. The manufacturer is confident that the new product will not have this discoloration problem. Nonetheless, we are going the extra mile and installing a vapor adduction system at pool deck level to better enhance removal of residual vapors.

We expect all this work can be accomplished by mid-December. In the interim period, please use the Recreation Center pool. The Ranch Fitness Center & Spa indoor pool will also be available on a daily fee basis.

As if this isn't quite enough, an additional structure will be added adjacent the Arbor Conference Center. This new addition will be nearly a twin of the existing building, but with certain modifications to better meet the demand for space. Several small card rooms will be added that offer expansion opportunity. A larger space for billiards is being made to accommodate 12 full size tables. A new electronic gaming area will be added, as well as poker area.

Crescent Ridge III is going full

Continued on Page 4 ▶

Wild & Wonderful Florida

By Margaret Spontak

The fall term at Master the Possibilities features all things to love and learn about Florida. With over 550 classes, you are sure to find some that meet your interests and fuel your passion.

University of Florida Press connected us with many great authors. Three Florida culinary experts and a craft beer aficionado with recently written books come to the newly renovated Studio 10. Two travel experts join me for the Discover Florida series. Delve into Florida soul music with author John Capouya (Thursday, Nov. 9). A meteorologist and researcher share the science behind "Florida Weather and Climate: More Than Just Sunshine" (Friday, Oct. 6).

University of Florida manatee expert Bob Bonde is back to talk about these gentle giants (Thursday, Oct. 12) and Barbara Toeppen-Sprigg shares tips on where to spot them (Tuesday, Dec. 5). Florida Wildlife Commission explains how to live with wildlife (Wednesday, Nov. 29) including Florida black bears (Monday, Oct. 30). The Birds of Florida Series features everything from hummingbirds to how to spot birds

by sound.

Explore the world of famous naturalist William Bartram with talks, hikes, paddling adventures and pontoon boat rides. Take your art outdoors with the Nature's Outdoor Classroom Series including painting, drawing and photographing with nature.

Sit back and enjoy Florida storytellers and classic Florida films. Billy Bass and Dick Belz tell Florida history like never before. Judge Jim McCune and former Assistant State Attorney Jim Phillips share two wild Florida legal cases that will keep you on the edge of your seat (Thursdays, Oct. 26 and Dec. 7).

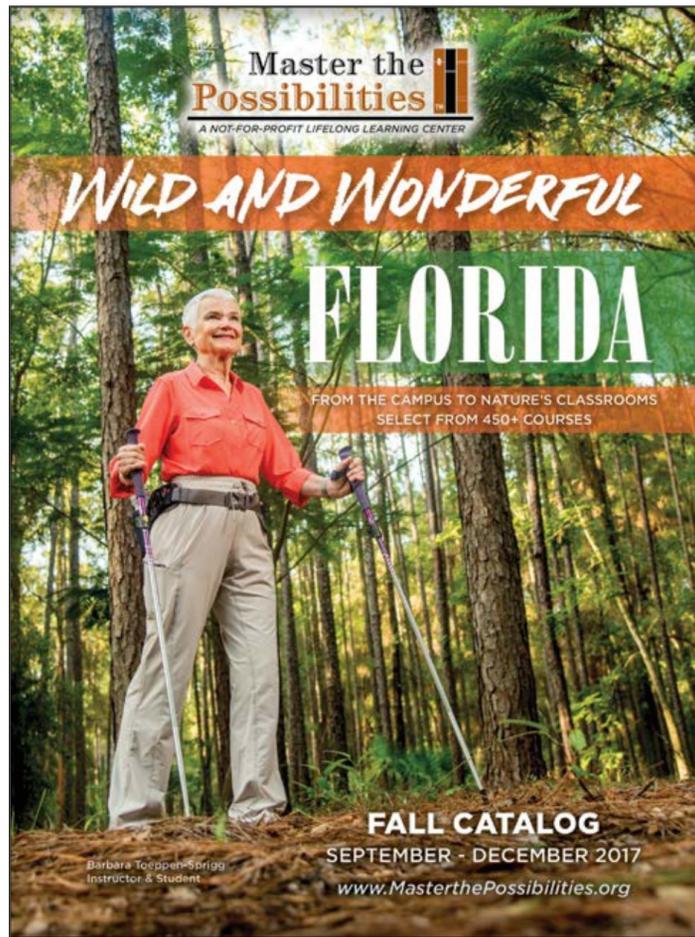
Want to try some special Florida southern-style restaurants? Dining around Florida features four restaurants from Crystal River, Palatka, Astor, and Cross Creek. Trying to discover some good Florida reads? The Marion County Public Library team shares "Florida Good Reads" (Tuesday, Dec. 5) or sit in on four lectures featuring famous Florida authors.

Beyond the Florida-themed classes, we have plenty of other featured speakers and programs. Marion County Superintendent Dr. Heidi Maier shares her "boots on the ground" changes in education (Wednesday, Oct. 18).

If you love new technology, Don Wright features a new course, "Introduction to 3D Printing" (Tuesday, Oct. 17). Ed Tehnor provides an opportunity to fly a flight simulator (Thursday, Nov. 2). Astrophysicist Jerry Heines is back with talks on space (Monday, Oct. 9) and radar systems (Monday, Nov. 6).

Dr. Scott Olsen, retired professor from College of Central Florida, brings an intriguing series of three lectures and three performances beginning Tuesday, Sept. 12 on "Exploring Transformative Experiences." Peruvian painter/performers and musicians demonstrate how they create vivid images from the Peruvian rain forest. Look for their art display in Studio 9 beginning Monday, Oct. 2.

Want help planning your course line-up? Come to the fall term kickoff on Friday, Sept. 8 from 1:30 to 3:30 p.m. and sample free courses from 10:30 a.m. to 12:30 p.m. For details, contact us at MTP@MasterthePossibilities.org, (352) 854-3699, or look under Special Events at MasterthePossibilities.org.



Master the Possibilities' fall catalog is now available.

Enter For a Chance to Win a New Home!

On Friday, July 14, On Top of the World Communities held a groundbreaking event to kick off the construction of HomeFreePrize, a brand new home in their Indigo East neighborhood located in Central Florida. This new home will be raffled off with all proceeds benefiting Hospice of Marion County, the only not-for-profit hospice in the county, which has been providing exceptional and compassionate care since 1983.

Six weeks have now passed since the groundbreaking and HomeFreePrize is moving along quickly. The interior drywall has been hung and beginning this week, the cabinets and flooring will be installed. You can check out a time-lapsed video of the weekly construction progress at HomeFreePrize.com and our weekly videos inside the home on our official Facebook page Facebook.com/HomeFreePrize, our Instagram @HomeFreePrize and our Twitter @HomeFreePrize.

The HomeFreePrize raffle will come to a close on Tuesday, Oct. 31, at 11:59 p.m. Each raffle entry costs \$100 and can be purchased on our secure website, HomeFreePrize.com. There is no limit to the amount of raffle entries you can purchase so buy as many as you like, to increase your chances of winning! But hurry, only 35,000 entries will be sold and they are going quickly so visit HomeFreePrize.com

today to purchase your entries! Entrants must be 18 years of age or older to participate.

HomeFreePrize is a 1,746 square foot under air home valued at approximately \$220,000. The floor plan is the popular Ginger model, which features two bedrooms, two baths, a great room, flex room, laundry suite and two-car garage and is located in one of On Top of the World's most popular gated

communities. Check out HomeFreePrize.com to view the floorplan of the home.

On Top of the World and Hospice of Marion County would like to thank all the sponsors and donors involved with HomeFreePrize; in particular Premier sponsor Ford of Ocala and My Village Ford.

Visit HomeFreePrize.com today to purchase your raffle entries for a chance to win a new home!

The drawing will take place on Thursday, Nov. 2, at 6 p.m.; entrants need not be present to win. See HomeFreePrize.com for a complete list of rules and regulations.



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On Top of the World NEWS

The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news."

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2017 PUBLICATION SCHEDULE



On Top of the World NEWS

Issue	Ad/Payment/Column Deadline*	Insert Deadline**	Home Delivery
January	12/13/16	12/22/16	12/29/16
February	01/13/17	01/19/17	01/26/17
March	02/13/17	02/23/17	03/02/17
April	03/13/17	03/23/17	03/30/17
May	04/13/17	04/20/17	04/27/17
June	05/15/17	05/25/17	06/01/17
July	06/13/17	06/22/17	06/29/17
August	07/13/17	07/20/17	07/27/17
September	08/14/17	08/24/17	08/31/17
October	09/13/17	09/21/17	09/28/17
November	10/13/17	10/19/17	10/26/17
December	11/13/17	11/22/17	11/30/17
January '18	12/13/17	12/21/17	12/28/17

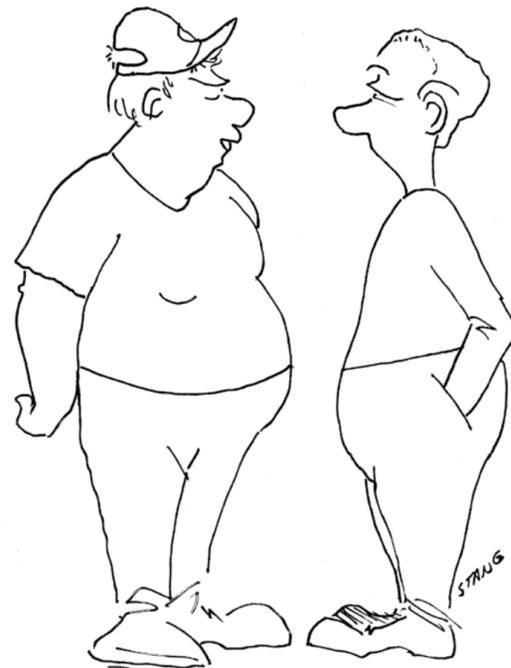
* Deadline at noon

** Printed inserts deadline by 3:30 p.m. at Heart of Florida

Note: Recreation & Wellness Connections catalog will be inserted in January and July home delivered issues

GOLDEN OLDIES HUMOR

By Stan Goldstein



The loser in an argument is the one who starts calling names.

Is It Legal?

Gerald Colen & Rachel Wagoner
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DO spot imposters by realizing that they frequently pretend to be someone or some agency that you trust. They contact you by text, e-mail, fax and telephone. They could claim to be a government official, or a family member (sometimes they try to convince you they are

a grandchild or other family member). Maybe they pretend to be from a charity or a company with whom you've done business in the past. Do not send money or give out personal information in response to an unexpected request, whether it comes from a text, e-mail, fax or phone call.

DON'T believe your caller I.D. Today, it's just too easy to fake the name on a caller I.D. so that the name and the number you see appears to come from a government agency, such as the IRS. If someone

calls and asks you for money or tries demanding it from you, just hang up the phone.

DO online searches. Type a company's name or type a product's name into your search engine such as Google or Bing, etc., and add words such as "review" or "complaint" or "scam." You could also type in something such as "IRS call" or "loan offers." You can even type in a phone number and see if other folks have reported that number as a scam.

DON'T pay upfront for a promise to clear up your debts or a loan that might help you with your mortgage payments or to clear up some outstanding bills. The scammers might even tell you that you've won a prize but you have to pay taxes or other fees, like shipping fees. It's a scam, folks.

A client asked me about the necessity of having a durable power of attorney. She wanted to know why she should have to give so much authority to someone she would name as her agent (it used to be called attorney in fact).

A durable power of attorney is needed for many, many perfectly good reasons. A couple of those reasons are that you might be incapacitated and need someone to handle your affairs such as paying your bills, making sure you are well-treated in any nursing home where you might have to be while you recover from an illness. If you don't have a durable power of attorney (and I mean a durable power of attorney that complies with Florida law) then it might be necessary to have a guardianship created through the court system.

A durable power of attorney is an effective way to prevent the need for a guardianship. Look! I don't need to say this but I am saying it anyway. You have to name someone that you trust to be your agent under a durable power of attorney. If you don't trust someone to deal honestly with your affairs then you should not name that person. Speak with your attorney about this.

Another issue that's come up

GOING OUT OF TOWN?

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lately has to do with a couple who are planning to marry in the near future. Both have children or other close family members from prior marriages or prior relationships. The question is how does this couple get married but still see to it that upon one or the other's death the children or family members from the deceased's family will receive the inheritance that they should get and so that it's free from interference from the surviving spouse or his or her family members.

The best way to protect family members is to have a pre-nuptial agreement (also called an antenuptial agreement). This is an agreement that is entered into before the marriage. In this kind of agreement the parties can incorporate just about everything that they want so that upon the death or dissolution of the marriage there will be no claim by the other spouse or by the other spouse's family on the assets of each other.

Here's what is also important about a pre-nuptial agreement: Each party must disclose the extent of his or her assets to the other. The reason for this is that in a pre-nuptial agreement the parties to it are surrendering rights that they might be able to receive in the property of the other party. In order to do that, it's necessary to know what you are giving up. That's why it's very important that each party give the other a true and accurate financial statement.

Equally important, the parties should not be represented by the same attorney. The reason for that is simple enough. Each party needs the advice of an independent attorney who is acting solely for his/her client's interest.

Gerald R. Colen and Rachel M. Wagoner, Law Offices of Colen and Wagoner, P.A., are attorneys and members of the National Academy of Elder Law Attorneys and the Academy of Florida Elder Law Attorneys. This column is only intended to present fact situations that may be of interest; and it does not, nor is it intended to provide legal advice. You should always consult your own attorney for legal advice. Mr. Colen may be reached via e-mail at jerry@colenwagoner.com or Ms. Wagoner at rachel@colenwagoner.com. In Ocala, the law office is located in Suite 11 at Circle Square Commons.

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Finding Zen

Sholom Park

Summer Best
(352) 873-0848, ext. 7371
info@sholompark.org

On any given day, if you take a stroll through Sholom Park, there's almost a guarantee that you'll enjoy smiles from many visitors walking the trails and enjoying all aspects of its natural beauty. It's common to hear kind greetings and wishes for a good day. Complete strangers become fast friends just by visiting the koi pond, meditating near the butterfly garden, or spending time at any of the park's features.

The years have brought together many. Sholom Park encourages all to visit and find your own rhythm within its sphere. As founder Sidney Colen wrote many years ago and then etched in a sign in Sholom Park's labyrinth, "Can you rest a moment, be still, listen, and absorb something beyond words?"

LEAF Series

One of Sholom Park's primary missions is to promote education through programs and events, via staff and guest presenters. Beginning this month, Sholom Park's education focus continues with an educational component, which has been named the LEAF series.

LEAF, an acronym for "Learn, Explore, Appreciate, Focus," is aimed to enlighten visitors about more features in nature that affect our daily lives. Held on designated Fridays at 10:30 a.m. at the Park, LEAF topics range from butterfly talks to alfresco table scapes, olive trees and more. Admission is compli-

mentary; visitors are encouraged to bring a lightweight lawn chair and water for hydration. All should wear shoes and clothing suitable for walking short distances. Cameras are welcomed. Please meet at the park's main pavilion.

September's LEAF topic will center around olive trees in Florida, with a focus on the 36 olive trees that line the olive tree promenade in Sholom Park. Guest presenter Maxine Hunter, from the University of Florida/Institute of Food and Agricultural Sciences, will be ready to field questions on this topic following her presentation Friday, Sept. 15.

Fun at the Park

In October 2016, Sholom Park launched its inaugural Fun at the Park event, which provided enjoyment and a melting pot of live music, games and education. Thanks to the hard work and volunteerism of many, Fun at the Park was an instant success, attracting thousands of visitors for an afternoon of family-friendly fun.

If you enjoyed Sholom Park's events in the past, or you wish you had been in town, then hold your hats and save the date! Sholom Park's next Fun at the Park will be on Sunday, Oct. 15, from 1 to 4 p.m. Admission is free. As of this writing, bands, other entertainment and food trucks are being confirmed to ensure a full afternoon of fun.

If you are interested in receiving consistent updates from Sholom Park, please e-mail info@sholom-park.org and request to be added to our e-news list. We look forward to seeing you soon at the park!

Leadership Courses

By Ray Cech
World News Writer

The talent array here at On Top of the World is abundant and deep. From writers, craftsmen, pilots, engineers and techies, the list of experience that abounds is endless. Margaret Spontak, director of education for Master the Possibilities, is tapping into that talent to help make Ocala and Marion County a better place.

The fall semester at Master the Possibilities will include a series of presentations and classroom interactive modules, directed at improving and building on participants' leadership skills. Eight volunteers from On Top of the World will bring their leadership experiences to each of the sessions. They will facilitate discussions, guide individual and team problem-solving groups, and identify specific leadership situations that are endemic to private and public businesses, and non-profits. The course is directed at those currently in a leadership role, and those who see themselves in that position at some future date.

"It is a way for us to give back to the community," says Marga-

ret Spontak. "By tapping into the amazing talent that we have here, I feel we can make a significant contribution to local businesses, volunteer organizations and individuals looking to enhance their leadership skills."

John Podkomorski, one of the classroom facilitators with more than 25 years of leadership experience, points out that improving critical leadership skills in any non-profit organization, for example, will help it be more effective and achieve its goals more quickly and with fewer diversions.

Bryant Shaw, another facilitator, quoted Margaret Mead, "Never doubt that a small group of thoughtful, concerned citizens can change the world."

The leadership courses will begin this October. Persons who wish to register or would like further information, are encouraged to visit masterthepossibilities.org.

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Community News

Kenneth D. Colen
Publisher

► **Continued from Page 1**

bore on earthwork. We will be producing 115 lots for the Cottage Series of homes. This newest neighborhood will have an outdoor pavilion and park area.

Sales in both Providence and Avalon are strong. At the same time Windsor is nearing the sell-out point on home and lots. Sales in the Sanctuary neighborhood of Candler Hills are also very good. Plans of a community park in that neighborhood are nearing finalization.

Whatever happened to the cart crossing on SW 80th Avenue? The Marion County engineer has recently requested a set of standard detail for three types of roadway crossings: at grade, below grade, and above grade. The likelihood of doing below-grade crossings is nil given that the roadway exists. Above grade is unlikely because of the price tag north of \$3 million per structure. So at grade it is and

plans and specifications are functionally completed and ready for the County's final review.

Now, I know it is shocking news that many residents are taking their carts to Aldi, Lowe's, and Walgreens. Fact of the matter is just that people will do what is most convenient for them. Hopefully, we can make the argument to County staff and work on improving the safety of the at-grade crossing.

Bridgewater Park

The overall Bridgewater Park construction project is progressing well. The furniture for Bridgewater Park Health and Rehabilitation Center was installed in July and the furniture for Bridgewater Park Assisted Living was installed in mid-August. The installation of the landscape is bringing the project to life and the exterior is scheduled to be complete by the end of August. The project is now 98 percent complete.

The engineers from the Agency of Health Care will conduct a walk-through inspection of the rehabilitation facility on Aug. 17. After this final structural approval, Bridgewater Park anticipates obtaining its rehabilitation facility license and begin admitting a small amount of patients in mid to late September. The Centers for Medicare Services will conduct another inspection in late September or early October to credential the facility for Medicare and allow for more patients to be admitted.

The assisted living facility is truly spectacular. The final certificate of occupancy from Marion County should be granted by the end of August. Following additional in-

spection by the Agency for Health Care Administration, Bridgewater Park anticipates approval to begin admitting residents to the assisted living facility in late September.

There is equal excitement for the great team of professionals being assembled to complement On Top of the World. Look for the announcement of the formal open house events.

The Town Square

This is a great time of year to get outside, walk around and enjoy the Farmer's Market. The market is open every Thursday, from 9 a.m. to 1 p.m. There's a wide selection of seasonal produce, orchids and exotic plants, baked goods, seafood and crafts. Come hang out and meet with friends for a nice morning out. Then head over to Sid's Coffee Shop & Deli for lunch. Choose from daily specials of soups, fresh, crispy salads, deli-style sandwiches and daily baked quiches.

Fridays and Saturdays, from 6 to 9 p.m., are a great time to enjoy the evening out on The Town Square listening to the music of live bands or recorded favorites. The bands in September include Power Play Band, Music Mix, Bubba Can't Dance, Groove 41 and Smith Brothers Band.

The Lions Club is holding an ice cream social on Sunday, Sept. 10 in cooperation with Mr. B's Big Scoop. Read the monthly Lions Club column in section B in this issue of the World News for more information.

Circle Square Cultural Center

The new entertainment line-up for the rest of 2017 and through April 2018 is available for your review at CSulturalCenter.com. As always, the team at Circle Square Cultural Center is doing a great job at bringing top name entertainment. They are also bringing in high quality performers who take you back in time with the music of legends - Bob Seger, Fleetwood Mac, Bee Gees and so much more. By the way, the Bee Gees show has been sold out for some time now. Big names that are coming include Frankie Avalon, The Kingston Trio, Bill Haley, Jr. & The Comets and The Atlantic City Boys.

As the community grows, shows are selling out more quickly than ever before! So don't wait, because the tickets you want may be gone. Make sure to register to attend

one of Master the Possibilities' backstage tours on Tuesday, Sept. 19, from noon to 1:30 p.m. You may register online at masterthepossibilities.org.

Water Conservation

July and August brought much needed rains providing the opportunity for many residents to decrease their landscape irrigation run times. If you haven't already done so, don't forget to check and dial back your irrigation clocks if you have a manual clock. If you have the newest ET technology, it adjusts the water times and volumes automatically.

Hurricane Season

September is the time we turn our attention to the tropical Atlantic and keep one eye on the weather map. Generally, the management company is able to persevere in its grounds maintenance responsibilities, despite the month of July and August posing challenges with rain. It seems that every time the mowing crews got caught up, a long cycle of showers pushed them further behind. Granted we need the rain to replenish the groundwater, but it does come with a price.

As we move deeper into storm season, focus may be shifting to storm preparations. This means acting fast on sometimes less than 24 hours notice to secure buildings and equipment from possible wind and rain damage, as well as making sure everyone is clear on their post storm responsibilities for recovery and cleanup.

Residents are encouraged to be alert and also ready to clean up personal items outside the house that may become missiles in high winds. What can't be put in the garage or secured in a closed room needs to be tied down.

I will also remind residents that any addition to the exterior of the home requires prior Association approval. One of the largest factors we consider is the wind rating on the addition. Many awning products have no wind rating. Naturally these will not be approved. There are quality products that do have a wind rating and have been approved by the Association. Check with Customer Service for details. Finally, don't forget to update your insurance to ensure any additions to the original structure are included in your policy.

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All Around Our World

Lynette Vermillion
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generalmanager@otowfl.com

It is hard to believe that we are officially heading into fall on Friday, Sept. 22. I hope everyone has enjoyed their summer and is looking forward to all the fun things that fall brings... football, festivals, and cooler weather. Please have a safe and enjoyable Labor Day as we celebrate our last summer holiday.

Customer Service

Customer Service will be closed Monday, Sept. 4, in observance of Labor Day. We will reopen for normal business hours on Tuesday.

The Customer Service office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Wednesday, Sept. 20, this month. Customer Service may be reached at (352) 236-OTOW (6869) or otowservice@otowfl.com Monday through Friday, 7:30 a.m. to 4:30 p.m., or in person by visiting Suite 200, in Friendship Commons, Monday through Friday, 8 a.m. to 4 p.m. If you reach our voicemail during normal business hours, please know that we are helping others and will get back to you as quickly as possible.

Golf Cart Permit

If you have not already received your 2017-2018 golf cart decal, permitting will begin in October.

During the month of October, permitting will be organized by the first letter of the resident's last name. A calendar has been published on page 22 and will also be in the October edition as well so that residents may determine which day to attend. Permitting will continue in November and December for those who are unable to attend on their designated day in October. All carts must be permitted with the 2017-2018 decal by year-end. Please watch for more information in next month's edition.

Golf Courses

During our golf advisory meeting, I was asked to remind our residents that the golf courses are not meant to be used for practice play after hours, it is not a walking/fitness trail, nor is it meant for dog walking or bicycling. These types of activities are prohibited on the golf course. On Top of the World offers 16 miles of walking trails and bike paths for your convenience. Each community also offers a dog park for its residents.

Re-roofing Schedule

The following buildings are scheduled to be re-roofed within the next 90 days (September through November) in On Top of the World (Central). Buildings: 1940 A-G, 1958 A-D, 1967 A-G, 1981 A-F, 1982 A-F, 1996 A-D, 1999 A-E, 2034 A-F, 2026 A-G. Single family: 0825, 0301, 0402, 0403, E03, and E04.

Schedules are based upon several factors: return of all authorization forms for the building, street location of working proximity, and roofs which are showing the most wear will take priority. Due to unforeseen weather conditions, we cannot provide specific start dates.

Hospitality

We are delighted to welcome Restaurant Partners, Inc. as our food and beverage manager. They have spent the first month assessing and evaluating our business. Please stop in at The Club at Candler Hills,

The Pub, Sid's Coffee Shop & Deli or Friendship Catering and meet the new team and welcome them to On Top of the World.

You will see the following changes introduced:

- Tuesday, Sept. 5: New hours at The Pub begin (Monday through Sunday, 8 a.m. to 6 p.m.).
- Sunday, Sept. 10: The Club at Candler Hills will be closed for staff training.
- Monday, Sept. 11: The Club at Candler Hills will be closed for staff training.
- Tuesday, Sept. 12: New menu launches at The Club at Candler Hills.
- Sunday, Sept. 17: New Sunday brunch menu launches and new extended Sunday hours begin (9 a.m. to 8 p.m.) at The Club at Candler Hills.

Animals

I have received several complaints lately regarding animal feces not being picked up. We ask that everyone pick up after your animal, whether it is in your yard, the common area or in the roadway.

Please be properly prepared to pick up after your animal at all times when outside.

Animals should be on a leash when outside of the residential unit. Refer to your Association's Rules and Regulations regarding animals.

Golf Cart Lanes/Roadways

As a reminder to all, please share the golf cart lanes and roadways. Golf cart lanes are multi-purpose lanes for carts, bicycles and pedestrians. We encourage all users to be considerate of others and remind all that the rules of the road apply. The Florida Handbook on who has the right-of-way and safety rules for pedestrians is quoted below:

- Right-of-way: Who has the right-of-way in Florida? The answer is no one! The law only says who must yield (give up) the right-of-way. Every driver, motorcyclist, moped rider, bicyclist and pedestrian must do everything possible to avoid a crash.
- Safety Rules for Pedestrians: While walking along a highway, always walk on the shoulder on the left side,

facing traffic. Wear light colored, reflective clothing or use a flashlight to make you more visible to drivers at night.

We ask golf cart drivers to please use caution driving through the community and be courteous of fellow walkers and bicyclists.

Service Mark for Clubs

A reminder to all clubs that use the On Top of the World name, please make sure that you have requested to use our service mark within the last three years. If you have requested to do so in the past, please make sure that the request is current and not expired. Your request may be directed to On Top of the World Communities at 8445 SW 80th Street, Ocala, Florida 34481.

Trash Disposal Areas

I know I touched on this topic last month but after receiving several more complaints, I thought it might be a good time to discuss this matter again. Please make sure you are properly disposing of your trash and household goods. Regular household trash goes into the compactor, not furniture or plywood or cardboard. Cardboard goes to the cardboard recycling area, items that can be recycled go to the single stream recycling area and white goods go to the white goods disposal area at SW 90th Street.

If a compactor is full or not in service, please take your trash to the next nearest trash disposal area. Garbage piled on the ground looks unsightly.

Crimes Against Seniors

We would like to remind ev-

eryone that each year billions of dollars are lost due to scams and fraud against seniors. Here are a few of the most frequently used scams according to the Aging Wisely website: Sweepstakes and lottery scams, phishing, charity scams, health insurance/Medicare fraud, home repair fraud, investment scams and reverse mortgage fraud, funeral/cemetery scams, imposter fraud, durable power of attorney misuse and Internet fraud.

Recently a resident had a call from someone claiming to be with Duke Energy. In the past we have had a resident report that someone claiming to be with the IRS called and said they owed money. The IRS will never call you; they will mail you. Scammers can call and pretend to be a relative in trouble and will ask for money. Scammers can also call or mail and claim that a person has won money, but the catch is that the winner must pay fees or taxes up front.

Several steps you can take to protect yourself against these types of crimes are to opt out of commercial mail solicitations, have someone you trust help you pay bills, sign up for the National Do Not Call Registry at (888) 382-1222, and make sure any contractor you use is licensed (if needed) and insured.

Remember, never give out personal information over the phone.

National Grandparents Day is Saturday, Sept. 9. We have the opportunity to celebrate many holidays during the year and this recognized day is one that is sometimes forgotten. So, to all our grandparents, let me wish you a very special and happy day.

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Photo by Bob Woods

Lone Pine Koala Sanctuary in Brisbane, Australia.

Down Under: Brisbane

By Bob Woods
World News Writer

Brisbane, Australia was not a great tourist destination until an animal zoo and sanctuary were publicly brought to the forefront and the attention of animal lovers all over the world. Brisbane is the third largest city in Australia and is home to the Lone Pine Koala Sanctuary and the Brisbane Zoo, known today as Australia Zoo, made famous by the television show, "Crocodile Hunter" and hosted by the late Steve Irwin.

Today, Terri Irwin, the widow of Steve Irwin, owns the zoo.

Filming of the "Crocodile Hunter" generated extra funds for the zoo to help promote conservation and build new exhibits. The zoo has won many Australian tourism awards.

The Lone Pine Koala Sanctuary

was established in 1927 with just two koalas: Jack and Jill. Today, it houses over 130 koalas on the property along with other native Australian animals. Wildlife at the sanctuary also includes kangaroos, Tasmanian devils, wombats, echidnas and various species of reptiles along with a platypus.

Lone Pine Koala Sanctuary is officially recognized by the Guinness Book of World Records as the world's first and largest koala sanctuary.

Visitors are allowed to hold koalas for free but strict regulations only allow a maximum duration of 30 minutes per day. A small fee is charged to have your picture taken with a koala, which goes towards funding new enclosures, research projects along with eucalyptus plantations. Visitors to the sanctuary can also feed and pet free-roaming kangaroos in their reserve which number more than 130.

Koalas are often referred to as being known as a koala bear but this is far from the truth as they are in no way related to any bear family. Instead the koala is a marsupial giving birth to underdeveloped young, which complete their development in a pouch just like a kangaroo. The closest living relative to the koala is the wombat, which resembles a rodent.

The kangaroo babies grow in a pouch the same as the koala and the wombat. The main difference is the kangaroo's pouch opens at the top while the koala and wombat's pouch opens at the bottom. The koala climbs trees and the wombat tunnels into the ground preventing tree bark for the koala and dirt for the wombat from entering the pouch. The koala has a special muscle keeping the pouch closed preventing the little developing "joey" from falling out.

Koalas are typically found in the eastern and southeastern portion of Australia in open eucalypt woodlands. The leaves from the eucalyptus tree are the koala's main diet and since the leaves have limited nutritional and caloric content, koalas have to conserve energy and sleep up to 20 hours a day. Although the animal is nocturnal it is often seen during daylight hours.

Years back, the koala was hunted for its fur. Public outcry initiated the government to protect the koalas. Sanctuaries were established. The biggest threat of the koala's existence today is habitat destruction caused by agriculture along with urban building. Some estimate the number of koalas is around 80,000 but other sources say the number is around the 40,000 mark.

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A Little Bit of Bavaria

By Bob Woods
World News Writer

There is a small community in the northeast section of Georgia nestled in the Blue Ridge Mountains on the banks of the Chattahoochee River which has been famous since the early 1900s. This community is rich in history that is linked to the Cherokee Indians as well as early settlers from the early 1900s to mine gold and harvest virgin timber for a thriving lumber industry.

The community is still thriving today and hosts over two million visitors yearly, particularly from September through November. Visitors not only come to see the fall foliage but also attend the annual Oktoberfest celebration. Oktoberfest is so popular in this community that it lasts almost three months.

This little Bavarian community is a replica of a Bavarian alpine town located in the Appalachians instead of in the German Alps. It all started back in 1968 when the town was on a downward swing with the decline of the logging industry in the local area. One merchant stated, "The town was getting frustrated with all the traffic traveling through town heading for the mountains and not stopping."

What to do? Local business people along with the town fathers got together and decided to ask a local artist who was stationed in Germany while in the military to come up with ideas on how to improve the town. The town is known as Helen, Ga.

The drawings that were provided by the artist were to change

the town into an Alpine village by changing the faces of all the store fronts with facades of a southern German village. In 1969, the transformation of Helen began, spending over \$1 million to transform the appearance of Helen.

The first Oktoberfest was in 1970 with a slight success, but within five years the event for party enthusiasts was mushrooming with party revelers coming from all over the world and country to attend what is today the world's longest Oktoberfest. Most Oktoberfests run from 10 days to two weeks in length.

Tourism is the largest industry in Helen. There is some type of event happening all the time, in most cases at least one or two events in a week with some weeks having as many as five events. The events take place even during Oktoberfest, which fills all the hotels in the area (there are over 1,100 rooms available in Helen) and neighboring communities.

Some of these events include a Winter Wine Carnival, Annual Fire-side Arts & Crafts Show, Magical Easter Eggstravaganza, trout tournament, Atlantic Hot Air Balloon Race, Oktoberfest parade and the "Tapping of the Keg," annual lighting of the village along with a live nativity, Christmas parades, and the annual Christkindlmarkt where visitors can enjoy the holiday atmosphere.

The population of Helen in 2016 was 510, the same number of residents in the 2000 Census. There are more than 200 specialty and import shops and restaurants. Helen and the neighboring area have all types of activities for the visitor such as river tubing, horseback riding, golf, canoeing, fishing, mountain biking or hiking and many waterfalls in the local area to visit. There are more activities in Helen than time will allow for most visitors.

Helen's biggest draw attracting tourists is Oktoberfest. Many residents within On Top of the World have visited this location during the celebration of Oktoberfest, which is an annual celebration of the royal wedding of King Ludwig I in 1810. Many clubs, travel agencies and individuals descend on Helen to enjoy great food, awesome drinks and traditional German music. It really is a beautiful place to visit, particularly at a leisurely pace.



Photo by Bob Woods

Helen, Ga.

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It's Show Time

By Bob Woods
World News Writer

Now that the renovations have been completed and the summer months are behind us, the stage at Circle Square Cultural Center will be the scene for some fantastic entertainment in the months ahead. September brings two popular musical groups that will certainly entertain you!



The Return! Peace of Woodstock
Saturday, Sept. 16

This group performed here in 2016 and returns to take you on a Woodstock musical journey. The group's music will consist of songs made famous by legendary performers such as Jimi Hendrix, The Who, Janis Joplin, Santana, and Jefferson Airplane along with a longer list of other notable artists.



TUSK
The Ultimate Fleetwood Mac Tribute
Saturday, Sept. 30

This group will perform all the fantastic musical hits by Fleetwood Mac that span more than 30 years. Fleetwood Mac was a British-American rock band started back in 1967. The band has sold over 100 million records, making them one of the world's best-selling bands. Some of the popular tunes sung include "Go Your Own Way," "Dreams," "Tusk," "Big Love," "Hold Me," "Second Hand News" and much more. To purchase tickets, stop by the Circle Square Cultural Center ticket office at 8395 SW 80th Street or go online to csculturalcenter.com.

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If you are following along with our homeowner maintenance tab, under Resources, at otowinfo.com, you will know that September is the month you will apply fertilizer. Following the Marion County Fertilizer Ordinance, you can apply no more than one pound of nitrogen per 1,000 square feet if you are using a slow release fertilizer. Water soluble or quick release sources are only applied at 0.7 pounds per 1,000 square feet.

Use a complete acid forming fertilizer with a higher percentage of sulfur to help with soil pH issues. The sulfur content will help lower the pH. This needs to be a continued effort throughout the year to keep the pH at optimal levels in the soil. I like to use John Deere - LESCO 9-0-24 this time of year. This product has a higher percentage of iron to get a green surge but also a higher percentage of potassium to help with root stimulation and growth just before it goes dormant for the winter. This fertilizer will cover roughly 11,000 square feet of turf. Maybe you can split a bag with the neighbor?

Those of you who have contrac-

tors fertilizing your lawn, make sure they have the Green Industries Best Management Practices for the Protection of Water Resources certification. This is a county requirement and is mandatory that all contractors and all employees have this certification to fertilize lawns in Marion County. Many other counties have adopted similar ordinances so there is no excuse why the contractors should not obtain this certification. Ask to see the license if you have not done so already, they are required to carry it.

September is the time you should be applying pesticide for masked chafer grubs, if present. The insects feed on St. Augustine grass roots and many other turf varieties. Inspect your lawn to see if grubs are present. The grass can be kicked around and will roll up like hay if they are. Treating your lawn may kill the pests but some damage may require sod replacement.

Also, keep in mind as we begin to go into the fall, you should be concerned with fungus starting to pop up. Fungus is most prevalent when temperatures are between 65 to 75 degrees. These past few months have been too hot for fungal activity. Fungus is preventable; your contractors should be aware of climatic conditions and should be treating for this pest in a preventative manner.

Keep your crape myrtles blooming; trimming the crape myrtle seed heads after they are done blooming will help regenerate new blooms.

Mushrooms inundated the lawns across On Top of the World with all the rain we had in June, July and early August. There were many calls and inquiries fielded during this time as to what could be done. Basically, these are nothing to be worried about in a residential landscape. While they are unsightly they serve a vital role in the soil biology for decomposing organic matter.

Mushrooms are commonly caused by organic matter in the soil such as an old tree stump, wood or other debris beneath the surface. Pet waste can also be a cause for mushrooms to pop up. Because mushrooms produce via spores they may have been windblown in from a neighbor's yard, common area or unknown source. So why are they popping up now? The top few reasons why we are seeing the mushrooms are: buried organic matter, high moisture and low light. Couple these identifying traits with a few rainy days consecutively and you have ... mushrooms.

Be careful when handling mushrooms, they can be toxic. Use gloves, a shovel or other means for pulling out or removing and discard them in the garbage. If you have pets or curious grandchildren visiting, make certain you pick all parts of the mushroom up to avoid potential poisoning. Wash your hands after handling mushrooms in the lawn.

With plenty of rain comes lightning. Check your irrigation controllers after thunderstorms to make

sure they are still working correctly and have not been scrambled. We have seen lightning strikes cause some unusual programming and scramble controllers.

Lastly, with rains typically come mosquitos. Mosquitoes prefer breeding habitats in less than three feet of water and that is stagnant for seven days or more. We inspect storm drains regularly to ensure they are draining properly and have the drainage retention areas inspected annually to ensure the flows are unimpeded entering the retention areas. With the evaporation rates during summer months at around .25 inches, the pooling water is minimal and will typically be flushed from curbs and storm drains by the next rainfall.

Rainfall and irrigation runoff should create excess to flush out any larvae that may have been hatched into these pools. Retention areas typically absorb the water in much less than seven days. Residents with birdbaths, pots with saucers or other items that may hold water should be diligent in draining these items after rainfall events or routinely to avoid harboring mosquitos.

Bottom line, it is impossible to prevent mosquitos in Florida and in the community. If you are going outside during sunrise or sunset expect to swat mosquitos or carry repellent.

Hope you have had a great summer and good luck this fall!

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Community Patrol

Patricia Woodbury

The Community Patrol did not have a meeting in July and this writing is too early to report on the August meeting. However, the Community Patrol would like to encourage residents to take advantage of the Sheriff's Citizens Acad-

emy starting Thursday, Sept. 14 and continuing through Thursday, Dec. 14, through Master the Possibilities.

This is a free 13-week course to learn about the Marion County Sheriff's Office (MCSO). The MCSO staff will highlight all units within the sheriff's office, giving citizens an in-depth understanding of what the agency is doing for the community. Each week, the class will focus on a different aspect of the agency, personnel, equipment, policies, procedures and overall function.

There are several field trips during these weeks for participants to visit the actual facilities. This program has been offered several times during the years and has been well received.

Another suggestion from the Community Patrol is for residents to watch for the next "Driver Safety" class offered through Master the Possibilities. This is a full day or two-day classroom-based refresher designed especially for drivers age 50 and older. Tuition includes the driver safety workbook and a recorded certificate. It is important to note that successful completion of this class may result in your automobile insurance rate reduction.

And of course, if you are interested in learning more about the Community Patrol stop by our table at the Club Fair on Thursday, Sept. 14, from 10 a.m. to 1 p.m. in the Recreation Center Ballroom. Members will be there to answer all your questions and even how to join this service organization.

The next regular meeting of the patrol will be Monday, Sept. 25.

Anyone interested in becoming part of the Community Patrol should call president, Gary Rodoff, at (352) 291-7508. Our meetings are usually held on the fourth Monday of the month in Suites B and C of the Arbor Conference Center, at 3 p.m. Come and join us, the meeting is open to everyone.

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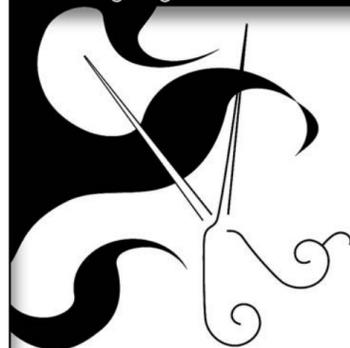
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Bingo

Denise Johnson

Bingo has had some wonderful attendance this past month. Of course this has led to many winners, some at the same table. Pat S., Pat H. and Gerene are just a few examples. Connie B., Joanne D., and Jimmy J. are also winners from the same table.

This past week the jackpot was won by Chris. Nice job! Spend your windfall wisely!

We had one player do something never done at our bingo. Pauline won three games in a row. Our bingo has been on going for over

19 years and we never had a player win consecutive games. It is not unusual to win multiple games during the night but not in a row. Amazing!

Super bingo is coming up again on Wednesday, Nov. 1. Remember no guests, only residents and you must show your resident ID. More to come on super bingo.

Cards go on sale at 5 p.m. through 5:45 p.m. Bingo starts no later than 6 p.m. and could be a few minutes earlier. No alcohol is permitted at bingo. Keep in mind The Pub is open until 6 p.m. if you need a snack before bingo.

If you wish to join our wonderful volunteers, contact Denise Johnson or Nancy Grabowski. See you all on Wednesday!



Bunco Babes Social Group

Micki Malsch

The Bunco Babes Social Group plays bunco in the Arbor Conference Center, Suite E. Registration is at 6:45 p.m.; games begin at 7 p.m. Although we are bunco babes, bunco dudes are invited too! Husbands do accompany their wives and play too!

The next scheduled game will be held on Tuesday, Sept. 26.

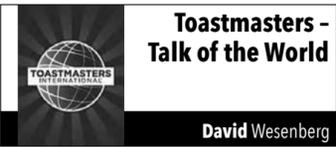
If you have never played before, come see what fun we have rolling the dice in this game of luck (no

skill required)! The game is easy and only requires rolling three dice and moving to the next table at the end of game play. We have had many new people show up who had never played the game before.

In March, there were 30 players, most of whom had never played before. By the end of the night, they were pros!

The cost is \$3 per person and all monies collected are returned at the end of the game to the category winners. You may bring a small snack for sharing and your own beverage.

Come join in the fun and make new friends! For more information, please call Micki Malsch at (352) 861-8790. See you there!



Toastmasters - Talk of the World

David Wesenberg

This month, Toastmasters meets at 8:30 a.m. on Wednesdays, Sept. 13 and 27, in Cypress Hall. We will also meet at Freedom Library at 4:30 p.m. Wednesday, Sept. 20 for a special meeting.

This will be an exciting month with nine speeches and three table topics sessions.

Our club is growing with three ice breaker speeches last month. We are looking forward to several more this month.

Toastmasters is an organization dedicated to effective speech and leadership. It begins with 10 speech assignments starting with an ice-breaker speech to introduce yourself. Completion of the 10 speeches results in a competent toastmaster award, the first step.

The ultimate leadership training is functioning in the offices of the club such as president, vice president of education, vice president of membership, vice president of public relations, sergeant of arms, treasurer and secretary.

Come join us and improve your communication, listening and leadership skills while having a lot fun. Contact Dave Wesenberg at dpw@mastersoftwareinc.com or (217) 280-4454.



Group Mexican Train Chicken Foot

Barbara & David Lee

Happy September! We will be playing on Labor Day, Sept. 4; so please come join us for a fun evening of socialization and train conducting with your small domino train and see if you can be the first person to run out of dominos. We play with numbers and dots - your choice. We will teach you how to play on either and have boards to hold your dominos. You don't need to bring a set of dominos from 12 to zero number games; we have both sets available for playing.

We play in the Art Studio of the Hobby Building, 7 to 9:30 p.m. Residents must bring your ID (first night only). The cost of the evening is a quarter and if you have a rack, please bring it as that helps play and keeps the table train tracks clearer to be seen by all playing at your table.

We start with number 12 and play to zero, if we have time. Each game is different and lots of fun.

We have racks to sell - \$5 for small and \$8 for large. They are made by one of the woodshop members.

We want to thank all who have come to play this game with us and hope you will come back whenever you can for a Monday evening of fun. We started in May and have grown each week due to your wonderful support. If you have any questions, feel free to call me at (770) 394-7533. Hope to see you at our next play date for chicken foot.

OTOWInfo.com



Mah Jongg

Mary Ehle

Wow, summer is almost over and it is only about six weeks until we launch our new mah jongg junkies festival. I am getting calls every day and people are anxious to give it a try.

Remember the rules are few and only for your benefit. Players are to bring their own set. If you can't do this just let me know and we will take care of it for you. You are also expected to bring enough money to play all day. There will be no playing on grace. It certainly should not cost you a whole lot.

You may come whenever you can get there but try for about 9 a.m. We want to play from 9 a.m. to 4 p.m. There will be no food allowed in the room. You bring whatever you want and eat whenever you are hungry but you must eat outside.

If several of you want to go to The Pub or another restaurant just go and come back when you are done. We are trying really hard to make this a no stress day. Please bring your own drink. That you can have in the room. I have a lot of new people who are excited about trying this. I am sure we can easily make a junkie out of them.

Remember, keep it fun. That is what it is all about. Jokers to you.

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Democratic Club

Dan Lack

There are two Democratic candidates for Florida's Congressional District 2 to replace Republican Neal Dunn, who was asked to appear at last month's meeting during the Congressional recess and obviously didn't. Franklin Schuler Jr. and Roberto Cepeda have filed papers declaring their candidacies with Florida's Secretary of State, and both gentlemen have been invited to speak to us at our meeting on Thursday, Sept. 28. This will likely be one of their first opportunities to address a group of our size so they can practice their stump speech and we can critique their delivery and offer constructive suggestions.

All of Marion County's Democratic Clubs are getting together on Wednesday, Sept. 13, at 5 p.m. at the Silver Springs Shores Community Center (590 Silver Road, Ocala, Florida 34472). This will give us an opportunity to meet and socialize with Democrats from Marion Oaks, Silver Springs Shores, Oak Run, Spruce Creek and the College of

Central Florida. The Democratic Club will participate in the Club Fair in the Recreation Center Ballroom on Thursday, Sept. 14. Stop by our table and say "hi."

Our next semi-annual club luncheon will take place at noon on Thursday, Oct. 12 at Stone Creek Grille. There will be a sign-up sheet at our next meeting.

We continue to support the Ocala Ritz Veterans Village with donations of towels, washcloths, twin/full bed sheets, dry/canned food, toiletries, dish/laundry detergent and paper towels so that we can show our appreciation to these men and women who sacrificed so much for us.

We meet on the fourth Thursday of every month at 6 p.m. in Suites E and F of the Arbor Conference Center. Our meetings are open to registered Democrats and Independent voters although only Democrats can be voting members of the club. Videos of our speakers may be viewed at youtube.com (otowdemclub).

For more information, contact Dan Lack at (352) 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!



LifeSouth Bloodmobile

Sue & Dick Copeland

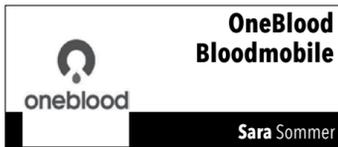
I would like to thank all of our first responders who took the time to donate the gift of life. We had 22 donors. Great job! Each donor received a free movie ticket from Fandango.

The Club Fair is coming up on Thursday, Sept. 14 from 10 a.m. to 1 p.m. in the Recreation Center Ballroom. I hope you will stop by our OneBlood table to say hello. If you

have any questions about donating, we can either answer the question or tell you where to get the answer.

The Big Red Bus® will be here again on Monday, Oct. 2. It will be parked at the Recreation Center parking lot from 8 a.m. to 1 p.m. Be sure to eat a good breakfast and drink lots of water before and after donating. Please bring a picture ID, also. A donation can save three lives and calm the fears of the related family.

See you at the Club Fair and on the bus.



OneBlood Bloodmobile

Sara Sommer

On Labor Day, Monday, Sept. 4, we all celebrate the gifts of our labors, our contributions to our families, the economy, and all our other personal struggles directed toward helping perpetuate the American Dream! It seems that every year is more difficult than the last, but we still find ways to contribute to the dream! Donating a pint of your blood to help save the lives of three other human beings is another way to contribute! Why not spend an hour or so this Labor Day to personally help save three lives?

The LifeSouth bloodmobile will

be stationed in the front of the Recreation Center parking lot, from 8 a.m. to 4 p.m. on Labor Day. Will you donate your pint of blood?

A friendly face will check your I.D. and ask a few questions to be sure the process will not be a problem for you. Then one of our very professional staff members will help you get comfortable (you can choose which arm to use) and begin the simple helpful process. Select a drink of your choice, lie back, and let the process begin!

In a short time, your donation will be complete. And you will leave with a small gift of appreciation and an amazing feeling of knowing that you are a real hero!

You can do this every eight weeks. It's a really good habit to get into!



Photo by Janis Holt-Pavlatos

"Disco Night" Happy Hour winners on Friday, July 21.



Veterans Club

Bill Richhart

The next meeting for the Veterans Club will be on Thursday, Oct. 19, at 2 p.m. We will have a table at the Club Fair, which is on Thursday, Sept. 14, from 10 a.m. to 1 p.m. at the Recreation Center Ballroom. Please come and visit us.

The Veterans Club also participates in Operation Shoebox. This organization sends shoeboxes filled with small tubes of sham-

poo, toothpaste, toothbrushes, other toiletries (things you may have collected from a hotel stay), small books, novels, car magazines, decks of cards, etc. to troops overseas. These items are so very much appreciated by our troops, who put their lives on the line everyday defending our country. Bring your items to the Club Fair.

I would like to publicly thank the couple who brought me the U.S. flag, which belonged to her brother, a Vietnam veteran. I was very moved by this experience. Please contact me at (352) 304-8425 if you have any questions about the Veterans Club.

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Back at The Ranch

Rus Adams
(352) 861-8180
rus_adams@otowfl.com

Yoga Nidra

Yoga Nidra, known as yogic sleep, is a systematic form of guided relaxation that is done for 40 minutes lying down. This special type of yoga induces total physical, mental, and emotional relaxation. Studies show that this practice can ease insomnia, decrease anxiety, alleviate stress, reduce chronic pain and foster feelings of peace, calm, and clarity.

Yoga Nidra evokes a state in

which the body is completely relaxed, yet also provides a heightened awareness of inner consciousness. This is accomplished by following a set of verbal instructions. It takes a very skilled instructor to lead this highly specialized form of yoga. The Ranch Fitness Center & Spa is extremely fortunate to have Tracy Ryzan Ross, a special guest instructor, come and lead a Yoga Nidra class for us on Monday, Sept. 18, at 11 a.m.

Yoga Nidra is a great way to:

1. Become aware of your breath. Today's fast-paced lifestyles take us away from connecting mindfully with our bodies and our breath. Yoga Nidra helps you to breath with

intention, taking in oxygen to restore and revitalize the body.

2. Find your inner resource. Your inner resource is a safe haven within your body where you experience feelings of security, well being and calm.
3. Experience joy. In the relaxed state that Yoga Nidra provides you are likely to experience sensations of joy and peaceful well being. With every exhalation you will be guided to find these sensations emanating from your center (heart or belly) and then feel them spread throughout your body.

Whether you want to deepen your yoga practice or just find a way to effectively manage stress Yoga Nidra is a wonderful way to accomplish both. Don't miss this opportunity to practice with special guest instructor Tracy Ryzan Ross, a master of Yoga Nidra. Participants should bring a pillow and arrive early to ensure your spot in the class.

Not a Ranch member? Not a problem! Residents can purchase a guest pass at a reduced rate or a Class Pass, which entitles the user up to 15 visits at an even greater savings! For more details, please call The Ranch Fitness Center & Spa at (352) 861-8180.



Citizens Emergency Response Team

Beth McKeen

We hope to see you at the Club Fair on Thursday, Sept. 14, from 10 a.m. to 1 p.m.

Our team members will be happy to talk with you about the services we provide to this community, how we train to respond in the event of a disaster, and the critical support we can provide residents.

We will distribute information on disaster preparedness, care of your animals, the location of shelters and how disabled residents can receive help from Marion County during a disaster.

Learn about the Alert Marion Emergency Notification system. This system provides critical information on weather, road closures, evacuations and missing persons. You can sign-up to receive alerts by phone, text or e-mail at alertmarion.com.

CERT relies heavily on the Marion County Emergency Radio Team, MERT, to help us communicate with the Emergency Opera-

tion Center, teams in the field and between teams. During a disaster, MERT members assist with radio integration for hospitals, shelters, and CERT teams, as well as from the Marion County Sheriff's Mobile Command Center.

Help us to help you! If you would like to become a member of our CERT and/or MERT teams, please contact Beverly Case at the Emergency Operation Center at (352)

369-8103 to receive an application. Several classes are held throughout the year.

Please feel free to attend one of our CERT meetings, which are held the second Tuesday of the month in Suites E and F of the Arbor Conference Center. Our next meeting will be held on Tuesday, Sept. 12, at 9 a.m. For more information, contact Beth McKeen at (352) 237-5079.



Republican Club

Bill Richhart

At our last meeting, James Petrus gave the invocation and President Bill Richhart led the Pledge of Allegiance. Elected officials and six new members were introduced.

President Bill also spoke of a meeting he attended where the speaker was E.S. Bennett, an author, who spoke on the civil rights movement and how it has affected the country over the years.

President Bill referred to an article in the Ocala Star Banner regarding the Marion County Commissioners vote against the proposed development on West SR 200. He also suggested members attend the SR 200 Coalition meetings, led by Pat Gabriel, held the second Monday of the month at TimberRidge.

County Commissioner Michelle Stone, District 5 kindly filled in for County Commissioner Kathy Bryant who was not able to attend. Michelle introduced new County Commissioner Jeff Gold. Together, they gave out detailed information on two issues currently in the headlines: medical marijuana and the opioid epidemic.

The meeting ended with a 50/50 drawing, refreshments and fellowship.

If you would like to learn more about our club, please stop by our table at the Club Fair on Thursday, Sept. 14 at the Recreation Center Ballroom, from 10 a.m. to 1 p.m.

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National Train Show

By Jim Lynam

What has taken 37 years to return to our area of Florida? A person could make hundreds of guesses and still not arrive with

the expected answer: the National Train Show!

The show is held in conjunction with the National Model Railroad

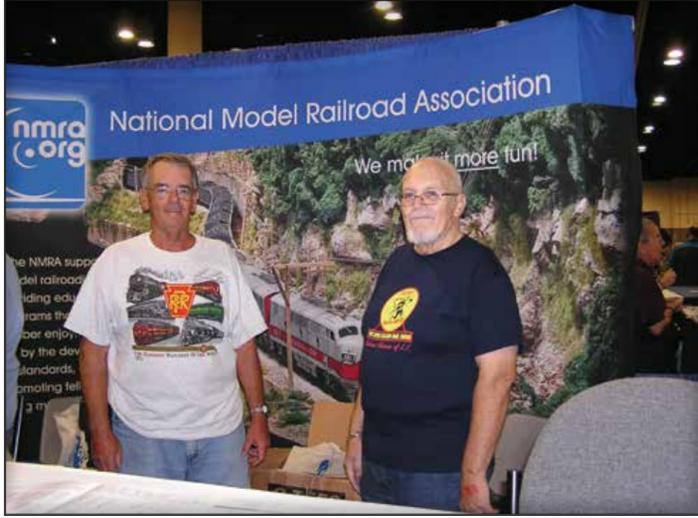


Photo by Deborah Lynam

Jim Lynam and Charles Vogel at the National Train Show.

Association's annual convention. The last time the show was in Orlando was 1980 and anywhere in Florida was 2002. The venue for the show was the Orange County Convention Center West Concourse and is that place ever huge with over 180,000 square feet of available space for exhibits. The show dates were Aug. 4 through Aug. 6.

There were over 300 booths of model railroad manufacturers and retailers. Almost all of the prominent national vendors were present promoting their newest items for purchase. Famous manufacturers such as Bachmann, Athearn, Lionel, MTH, Kato, Piko, Atlas, Ka-dee, Digitrax and Walthers were all represented. The experts were also available to answer any questions regarding their products and were very helpful to explain the operational "how and whys" of their merchandise.

The Woodland Scenics representative conducted a hands-on continuous landscaping workshop for making trees and shrubbery. Other workshops included the topics of electronics, layout design, working with adhesives, layout photography, and detailing using an airbrush.

There were many operating mod-

el railroads throughout the room representing all of the gauges. The smallest was the new NANO scale, where the locomotive is less than an inch in length and the entire layout was housed inside a glass coffee table. The Ocala Model Railroad Club offered operating layouts in both N scale and HO scale and represented the Ocala area very well. There were several Lionel operating layouts featuring the trains that most of us grew up with, and remember from around the Christmas tree.

One of the largest operating layouts, over 2,500 square feet, was the Lego MiniLand operating railroad and city made entirely from millions of Lego pieces. Every youngster who viewed the layout then dreamed of constructing their own layout in their bedroom.

The Model Railroaders always welcome visitors. The layout is located in a room with entry from the Recreation Center Fitness Center. Club members work and run trains on the layout on Tuesdays and Fridays, from 2 to 4 p.m.

Our next monthly meeting will be held at 9 a.m. on Wednesday, Sept. 6 at the Arbor Conference Center, Suite A.

Happy Labor Day to all.

Beauty and the Feast

By Ron Broman

Forty-five minutes we waited - still as a stone - glancing surreptitiously as the "king" did his thing. Back and around and back again; aware of my presence, not sure, eager and wary. It seemed he was focused on tasting her nectar.

Preparing a place for native butterflies, birds and other critters takes some planning. Plants native to this part of Florida are not always easy to find. The so-called box stores still seldom carry them. It's a disappointment, but it's true.

Adding *Echinacea purpurea* to our Garden of Weedin' has been a goal for some time. Purple coneflower, the common name, is not included in most of the sources on native plants of Florida. Wondering why, we went to the Florida Butterfly Gardening book by Marc and Maria Minno. Here's what we found.

"Although some plants recommended in other gardening books are not very attractive to butterflies in Florida, they still have value by enriching and diversifying the

garden, making it a more pleasing place. Flowers such as purple coneflower (*Echinacea purpurea*) help add color and diversity to the garden."

So now we waited 45 minutes, maybe more, for daddy monarch to settle on the coneflower. Perhaps he wasn't supposed to, but he did! Maybe he was just doing me a favor. Or maybe - but we won't go there. The experts aren't always right.

Let's just say Marc and Maria were right. The addition of *Echinacea purpurea* to our garden has added beauty to our garden; and Mr. Monarch (we know it's mister by the pheromone spots on his lower wings - those black dots) has just doubled the beauty!

Our Native Plant Group continues to maintain the SW 94th Street circle, the Longleaf Pine native garden and trail and the Belleview Library native garden. If you would like to join us, please call (352) 861-4560. Grow native!



Photo by Ron Broman

Monarch settling on a coneflower.

Come See the Clowns

By Sherry Whitmer-Hall

The Lions Club and Mr. B's Big Scoop Ice Cream Shop are sponsoring an ice cream and hot dog social on Sunday, Sept. 10, from 2 to 6 p.m. at The Town Square. Tickets are \$2.25 for a scoop of ice cream and \$4.99 for a hot dog, chips and a drink. There will be a live band, line dancers, Sidekicks Western Dance Club dancers and clowns. Tickets are now on sale at the Recreation Center Ballroom, Mondays, Wednesdays and Fridays, from 8 to 10 a.m. If non-residents would like to buy tickets, call Lion Charles Parrish at (352) 425-6316 or Estelle Michelson (352) 861-7358. Sept. 10 is also Grandparents Day - a great day to bring the grandchildren for a visit and an afternoon of fun!

The Lions Club has been very

busy delivering health information forms to residents requesting either the printed form and bag, or the e-mailed form (fill in) and then giving them the bag at a convenient time for the resident. The team has met some really nice people and had a chance to answer questions. They will begin calling clubs/organizations offering a short explanation of the community service project and filling requests at that time. Residents will be able to receive either the printed version and bag, or request the e-mailed form (fill in) and can take the bag home with them. E-mail requests are answered and forms sent within hours of receiving the request. To request information please contact Sherry Whitmer Hall at (913) 638-9256 or

otowlionsinfo@gmail.com.

The Lions Club is already preparing for Veterans Day. The ceremony will be held on Saturday, Nov. 11, at 11 a.m. in the Recreation Center Ballroom. The club is planning a slide show with music to celebrate the service of our many veterans here in On Top of the World. Photos of our veterans in their uniforms at time of service are requested. The photos can be put in the Lions used glasses donation box at the Tennis Shop at the Arbor Club. Please put their name/rank/branch and years of service on a sticky note on the back of the photo or on the envelope the photo is in. After scanning the photos for the slideshow, we will have the photos on display at the Veterans Day ceremony for pick up by the families. This should be a wonderful addition to our ceremony. If more information is needed, please contact Sherry Whitmer-Hall at (913) 638-9256 or otowlionsinfo@gmail.com. Let's make this a special ceremony for our veterans this year by attending the Veterans Day ceremony honoring and thanking them for their service!

The Lions Club is doing a lot of fun projects as well as our new Lions Club resident emergency health form community service project and our military appreciation ceremonies on Veterans Day and Memorial Day. Visitors are always welcome to attend our meetings on the second and fourth Tuesday of the month at the Arbor Conference Center, Suite B. For more information, please contact Estelle Michelson at (352) 861-7358.



Bunco Charity Event

By Melanie Vittitow

Calling all bunco aficionados. The SPCA of Marion County charity bunco that you have been waiting for is coming this fall and you can start buying tickets now!

The event will be a fun afternoon at the Arbor Conference Center on Saturday, Nov. 4, from 1 to 4:30 p.m. We will have multiple prize-winners, door prizes, and a 50/50 drawing. There will be refreshments during intermission.

The cost to play will be \$20 per person. We will be playing at card tables, so there will be four persons per table. You can buy one ticket or you can buy for a group. Call your friends and let them know; you may want to plan to sit together at a table.

For tickets, call (352) 237-1322. So call now and let's make this an enjoyable way to help the animals of Marion County.





Women of the World

Betty Thayer

We hope that everyone has had a happy summer visiting family or taking trips. Our board of directors has been very busy getting ready for the Friday, Sept. 8 meeting in the Recreation Center Ballroom beginning with social time at 12:30

p.m. Don't miss out on the plans for the rest of the year; be a part of a community of women who help people who are less fortunate. It's a wonderful feeling to give back to others in need.

In September, we have our two standing charities: Operation Shoebox (a veterans' charity with a need for such items as hygiene supplies, playing cards, and hard candy) and Marion County Senior Services (in need of canned goods). Our month-

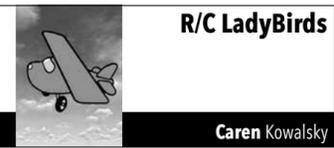
ly charity is the Ocala Domestic Violence/Sexual Assault Center. Their needs are suitcases, diapers (sizes four and five), baby wipes, paper towels, fruit cups, soup and juice boxes.

You are in for a special treat; our entertainment will be the Performing Arts Conservatory.

There have been some changes to our board of directors. Marcie Hummer, president, had to resign. Kathy Doyle has moved to president from first vice president. The

board has appointed Bobby Roeder to fill the vacant position of first vice president. Additionally, Nancy Grabowski will be serving as co-chair in the second vice president position. We are also pleased to welcome Leslie Casey as our food chairperson and Barbara Seton as our hospitality chairperson.

Even though there have been changes, we are ready and excited to welcome new and returning members to Women of the World. See you on Sept. 8!



R/C LadyBirds

Caren Kowalsky

It is difficult to believe, but the summer is almost over. The children have returned to school. It is time to begin thinking about making plans for the coming fall and

winter seasons. Thanks to our LadyBird lunch hostess Pat Ballenger, our August luncheon took place at the Salted Brick on Wednesday, Aug. 16, at noon. All who attended had a good time.

Be on the lookout for information regarding our September LadyBird luncheon from Caren Kowalsky.

Don't forget, Friday, Oct. 13, at

the Arbor Conference Center is Rags to Riches. Time to collect all those unwanted items and contact Ruth at (352) 873-9982 or ruth.kuntar@gmail.com to arrange a drop-off time at her house from now until the sale date. Also, sign up to help move items to the booth on the sale date, and stay and work at the booth.

To all wives or significant others of any R/C Flyer, please come join

us any second Monday from September to April at the Arbor Conference Center, Suites B and C, at 9 a.m. Bring your beverage, and we will provide the delicious goodies courtesy of our excellent LadyBird bakers. We're sure you will want to join our happy group of LadyBirds.

If you have any questions or just want to chat, please contact me - Caren at (352) 291-1235 or alensky@earthlink.net. Looking forward to hearing from you.



The Glitzy Gals

Janet Wahl

Summer doesn't stop The Glitzy Gals from sharing time together with those who are available for each planned activity.

Our luncheon at Eaton's Beach Sandbar and Grill with hostess Ellen Brecheen was a fun time. The food and service were very good. QM Mary Curry was the prizewinner. QM Mary had a game of things you had done and Caroline had a very adventuresome life while Dottie's life was less adventuresome.

Mimi's Cafe was the location of a recent luncheon with hostesses QM Mary Curry and Vice Queen Carol

Cecala. A variety of delicious foods were chosen and great service made for an enjoyable outing.

Caroline had the winning card and received the prize. QM Mary's game had a list of items and each one had to begin with the first letter of your name. Betty was finished first and won a prize. Hedy also received a prize. After lunch, some of us enjoyed shopping at the nearby stores.

The Suncoast Queen Bees Halloween event, a Fall Fling and our Christmas Party are some of our upcoming events. The Florida State Convention in September 2018 is in Clearwater Beach and plans are being made to attend. The International Red Hat Society Convention will be in New Orleans in August 2018.

Project Hope is adding some new families and we continue our collections for them with items they need and gift cards. "If you find it in your heart to care for someone else, you will have succeeded." QM Mary Curry



American Jewish Club

Sandra Wolf

Last month at the board's monthly meeting, the schedule of programs for the 2017-2018 season was solidified.

The monthly lunch and dinner bunch are now on different days. This should allow more members to join us. Our first dinner bunch was on Friday, Aug. 18, at 5 p.m. at Craft Cuisine. This was a first visit for the club and was very successful.

The next lunch bunch will be held on Tuesday, Sept. 26, due to the holidays. We will be going to the Chefs of Napoli at noon.

The first meeting is on Sunday, Sept. 17, at 1 p.m. It is a welcome meeting to returning members and a greeting to new ones. Dues will be collected at this time. There has been no increase in membership

dues. We have booked Pat Gabriel for an early meeting. This year, the information will be especially valuable as there is so much going on in the area. Gary Helfin will be back and so will Too-Jays. Some of the new programs include a cookout, ice cream social, games and Jewish trivia. This is going to be an exciting year.

The Club Fair is Thursday, Sept. 14, from 10 a.m. to 1 p.m. We hope that new residents will take this opportunity to say hello and speak to one of our board members about the club. Returning members are invited to stop by as well.

Wishing all of you a happy Rosh Hashanah and a good fast on Yom Kippur.

The Genesis Project

David Wesenberg

Genesis Project meets on Fridays from 1 to 3 p.m. in Arbor Conference Center, Suite B. Our goal is a discussion of the stories of the Bible to experience the stories themselves, and people of all faiths are welcome.

The class is well into the Book of Exodus and has crossed the Red Sea with the nation of Israel. This book is seminal throughout the Bible telling the story of God's redemption of his people from slavery in Egypt.

Class members and the general public can follow along on the website at bible.lolopop.org.

Join us every Friday at 1 p.m. in Arbor Conference Center, Suite B, and start a journey of discovery. For more information, contact David Wesenberg at dpw@mastersoftwareinc.com or (217) 280-4454.

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Genealogy Society

Peter Parisi

On March 13, at an educational presentation, "A Story in Every Chair," eight of our members presented stories about their family

members who had immigrated to the United States. Four of our members' stories were included in our May column and one was included in our August column. The following stories are from three other members on their ancestors.

Joanne Leigh told us about her grandfather, born in 1880 in the Russian section of Poland, and came to Delaware in 1902. He mar-

ried a Polish woman and moved to Alabama because of work, either mining or the railroad, and had five children. He moved back to Delaware after 10 years and had three more children. Joanne is still looking for records in Alabama for that 10 year time period in Alabama.

Peter Parisi talked about his great-grandfather, though he was a schoolteacher in the National School System of Ireland, was also a tenant farmer. He and Peter's great-grandmother had seven children in Ireland and decided to come to the United States in 1884 to make a better life for their family. They had three more children in Rhode Island. Because he was unable to get a job as a schoolteacher since those positions were patronage jobs, he worked first as a vegetable peddler and then as a teamster loading horse-drawn wagons in order to support his wife and his 10 children. He must have worked very hard because, according to the 1900 U.S. Census, he owned the house in which they were living.

Kay Johnston told us about her fifth great-grandfather, John White, who enlisted in the Continental Army in 1780 and was one of the soldiers who guarded the British spy, Major John Andre, after he was captured during the Revolutionary War. Another ancestor, Gilbert Devol, Kay's sixth great-grandfather, was appointed a Superior Court Justice in Rhode Island in 1786. He

married and had nine children, including Priscilla Devol, Kay's fifth great-grandmother.

In 1789, John White, Gilbert Devol, Devol's family and others moved to Ohio and settled in Waterford, now Beverly, Ohio. In 1789, John White and Priscilla Devol married and soon had their first daughter, Sophia White, Kay's fourth great-grandmother. In 1815, John and Priscilla moved with their nine children to Athens, Ohio where John served as sheriff.

The Genealogical Society will hold a board meeting at 9:30 a.m. on Monday, Sept. 11, in the Hobby Building, followed by an organizational meeting at 10:15 a.m., at which we discuss what members would like to have for upcoming genealogy presentations. In addition, we answer questions from members on genealogical problems. On Monday, Sept. 18, at 10 a.m., we will hold an educational presentation in Suites B and C in the Arbor Conference Center. Matt Reilly will give a presentation on "Using Google for Genealogy Research."

Our annual dues are \$10 per person or \$15 per couple. Benefits of membership include a large library of genealogical books and CDs available to members to be signed out and used at home for their genealogical research. Check us out at otowgenealogicalsociety.shutterfly.com.



100 Grandparents

Janet Fragapane

Are you ready for a new school year? You will be receiving your call soon. Our next date to read to the children is Tuesday, Sept. 12.

Since many of the 100 Grandparents are carpooling to Romeo Elementary, do we want to pay and keep riding the bus? Or form carpool partners? Call Evelyn at (352) 237-0304 to let her know how you wish to travel to the school.

If any regular readers know they will not be available for whatever reason this season, please call Evelyn as soon as possible. For the substitutes, we look forward to using you this season. However, if your situation has changed and you are no longer available to be a substitute reader, please call Evelyn.

School has been in session for a month now. Hopefully, all the bugs have been sorted out. There will be new teachers and some of the returning teachers will be moved to new grades and classrooms. Evelyn will have the information and will call the individual readers who will be affected by any changes.

The Club Fair will be Thursday, Sept. 14, from 10 a.m. to 1 p.m., in the Recreation Center Ballroom. The 100 Grandparents will have a table there. Volunteers are needed to help at the table. Please call Evelyn if you can help out. If you can't, we hope you will stop by and enjoy seeing all the wonderful opportunities available to residents.

If you have a bicycle you no longer use, please consider donating it to a student. Call Janet Fragapane at (352)-861-1575. My husband, Tom, will pick up the bike and get it ready for a child to enjoy. We thank Jim Weaver, James Smith, and Linda Bervinkle for the bikes they donated. Thank you to Steve and Tom of Brick City Bicycles for their help.

New season, same needs. These needs do not change. As always, school age children's clothing, shoes, and socks are needed. These items can be new or gently used. Underwear must be new and still



Illinois Social Club

Marlene Kaiser

If you have lived in Illinois, join us. We have a fun group. We are on summer break as many of you are away.

We will resume in October. Watch next month for details. Call Marlene Kaiser at (352) 843-4133 with any questions.

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in the bag. Leave your donations on Evelyn Holiday's porch at 8880-C SW 94th Street (Friendship Park), or Janet Fragapane's porch at 9791 SW 97th Place (Crescent Ridge II). If needed, we can come to you. Thank you to Joan D'Addio for the socks.

We are still collecting Box Tops for Education and pull-tabs. These items buy sports equipment, and classroom supplies that are not given out by the school. This money helps offset what the teachers pay for out of their own pocket to meet the needs of the students.

Please consider sending a check in any amount to Dunnellon Food-4-Kids, P.O. Box 262, Dunnellon, Florida 34430 (on the memo line write for backpack program). This is always a great need, as sometimes the food the children receive from this program is the only food they have. Even here in Ocala there are hungry children. Thank you for all you do for the children.

Be our guest this year for the High Holy Days!
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9-20-17 7:30 PM EREV Rosh Hashanah
 9-21-17 9:30 AM Rosh Hashanah first day, Tashlich to follow afterward
 9-22-17 9:30 AM Rosh Hashanah second day
 9-24-17 1:00 PM Cemetery Service
 9-29-17 7:00 PM Kol Nidre
 9-30-17 9:30 AM Yom Kippur
 9-30-17 4:00 PM Yom Kippur afternoon and Yizkor

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SPCA

Maria Devine

Our next meeting after our summer break is on Thursday, Sept. 21, at 1 p.m. in the upstairs meeting room at the Bank of the Ozarks. If you need to get in touch with us, please call our hotline number at



Jingles

(352) 362-0985.

We still bring any dogs and cats that are available to the Farmer's Market on Thursday mornings at The Town Square. We will also be in front of Circle Square Cultural Center when there is a special event, usually Saturday mornings.

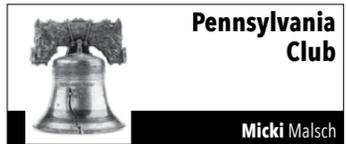
Please call us if you wish to foster or have food for Pets on Wheels.

We are happy to report that Lady, the mini Schnauzer, and Spitfire, the Morkie, featured in last month's column have been adopted into their forever homes. Congratulations to these wonderful dogs and their new loving families. Zak the Bengal cat has an adoption pending.

Lovely Jingles is still up for adoption. She is a lively 11-year-old senior dog in excellent health. She's a Boston terrier/Jack Russell mix known as Bojack. You can be the first person on your block with one and she will be happy if you show her off to your neighbors. At 19 pounds, she's a just right size for many households. This good-natured girl loves to run and play with her squeak toys. She'll also gobble up any treats you're kind enough to give her. Her ideal en-

vironment would be a fenced yard and a doggie door, but this is not essential if you promise to give her enough exercise every day. She gets along with cats and dogs and goes to her own spot on the recliner in foster care when it's time for bed. She's come a long way in foster care in such a short time. You'd never know that she was either tethered or crated her whole life. Are you the one to make her remaining years happy and carefree? Then you're just what she's been dreaming about. Please call our hotline number at (352) 362-0985 to meet Jingles and see just how special she is.

The SPCA will be holding a bun-



Pennsylvania Club

Micki Malsch

The Pennsylvania Club meeting will be held on Wednesday, Sept. 13, at 3 p.m. in the Arbor Conference Center, Suites E and F. This is the first meeting following the summer break.

The club will provide sandwiches, dessert and beverages for this meeting. The activity for this meeting is prize bingo.



Southern Club

Melanie Vittitow

Well, here it is September and the clubs that took a hiatus during the summer are starting up again. Southern Club is one of them. Our scheduled meeting day is the first Thursday of the month. Our next meeting falls on Thursday, Sept. 7 in the Arbor Conference Center, Suites E and F. These suites have become very popular and are sometimes booked back-to-back. We have the room from 4 to 7 p.m., and now there will be another group coming in at 7 p.m. so we have to be finished and the room cleaned by then.

To accommodate this, our meeting times have been moved back one-half hour. Social time, which

co fundraiser on Saturday afternoon, Nov. 4. Many of our snowbirds should return by then. It will be held at the Arbor Conference Center. Doors open at 1 p.m. and play will begin at 1:30 p.m. Tickets are \$20 per person and you can buy a table of four for you and your friends if you like. In addition to bunco winnings, there will be a 50/50 drawing and door prizes. We will let you know when tickets are available and the telephone number to call. You can look for this information in next month's column and in the South Marion Citizen community calendar. So please save this date on your calendar and look for updates in future columns.

Oktoberfest dinner tickets will be sold. Details will be given at the meeting since they have not yet been finalized with the caterer at this early date.

We are still in need of activity volunteers for Nov. 8 and Dec. 14. Please contact President John Dieckman at (352) 861-9516 if you would like to volunteer to coordinate activities for any of these meetings.

You don't have to be a member to join in the fun. Guests are always welcome in search of good fun, food and people!

Until we meet again.

used to start at 5 p.m., will now start at 4:30 p.m. and the meal will begin at 5 p.m. with the meeting at 5:45 p.m. so that we are finished by 6:30 p.m. and have time to do cleanup.

Let me make that clear. We ask everyone to come at 4:30 p.m. so you have time to choose your table and chat with friends since dinner will start promptly at 5 p.m. So have an early lunch on the first Thursday, and you will be hungry for all the great dishes that our excellent southern cooks have prepared. If you want to help with the set-up of the room, be there at 4 p.m. And we are asking everyone to chip in with cleanup at the end of the evening since we only have a half hour to get it done.

Annual dues are due at this meeting. All clubs have been notified that only residents are allowed to join clubs. It doesn't matter which neighborhood you live in, you just need to bring your resident ID to the first meeting when you pay your dues so we can be very sure that we are in compliance with regulations. Once you have paid, you will not need to bring your card again. Our dues have not gone up. They are still \$10 per person for the year. These dues are used for supplies, occasional stipends to entertainment, and most of all, to offset the cost of the few meals that we have that the club furnishes and members don't have to cook!

As stated at the end of last year, we have amended our by-laws so recent arrivals could join in the fun. As a show of true southern hospitality, if someone who now lives in the south would like to share in our fun, food, and fellowship, we are ready to welcome you into our group. You may come the first time as a guest and once you meet us and see how nice we are, you will be hooked. A small musical group called "The Bandanas" will entertain us; it should be fun.

If you have any questions or concerns, you can call me at (352) 873-8690. If not, I'll see you on Sept. 7 at 4:30 p.m., Suites E and F at the Arbor Conference Center.

Scandinavian American Club

Ginny Nardone

September is here and that means the Scandinavian American Club resumes its regular meeting schedule. The first meeting of the season will take place on Tuesday, Sept. 26, at 1 p.m. in the Arbor Conference Center, Suites E and F. Residents of Scandinavian decent are invited to visit our opening gathering (spouses welcome).

The club will also be represented at the Thursday, Sept. 14, Club Fair. Please stop by our table to say hello and enjoy a Scandinavian sweet treat!

For more information about the club, please contact Grace Hansen at (352) 237-7780 or Ginny Nardone at (352) 304-8619.

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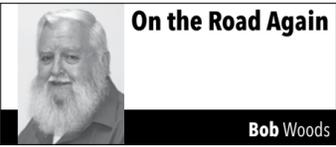
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On the Road Again

Bob Woods

This is an exciting month for the club. First, there is a group of residents departing on Friday, Sept. 1 to attend the Sky High Hot Air Balloon Festival at Callaway Gardens. Second, the club will have a table at the Club Fair in the Recreation Center Ballroom on Thursday, Sept. 14; if attending, please stop by and say "Hello." Finally, on Saturday, Sept. 16 in the Arbor Conference

Center, the club is having a presentation on the England/Scotland trip in August 2018. If you would like to attend this presentation, please call Bob at (352) 854-0702, as seating is limited.

The club has a stand-by list for the two remaining trips in 2017. First is the Pigeon Forge and Smoky Mountains Show trip which is departing our community on Sunday, Nov. 12. The attendees will be treated to six stage shows along with a visit to the Titanic, the world's largest museum attraction. The group will also have some free time in historic downtown Gatlinburg. Call Bob and have your name placed on

the stand-by list with no obligation. The next trip is a cruise on Royal Caribbean's Harmony of the Seas departing Saturday, Dec. 2, heading for St. Maarten; San Juan, Puerto Rico; and Labadee, Haiti. The club still has a few available cabins remaining but the motor coach is full.

On March 12, 2018, the club is departing Tampa heading for Key West and Cozumel, Mexico for a short five-night cruise on board Royal Caribbean's Brilliance of the Seas. The club still has cabins available and if you have never cruised in the past, this is an ideal cruise length to get your feet wet. Call Bob for additional details. A \$50 ship-

board credit per cabin will be provided.

The biggest trip planned for 2018 is a 12-day excursion to England/Scotland taking in many sites and historic destinations including Stonehenge, the Military Tattoo at Edinburgh Castle and the list continues. Get the complete itinerary on the club's website at bobwoodsontheroadagain.com or call Bob for a flyer and additional information. At time of writing, the club has room for three couples before starting a stand-by list. If this trip is of interest, don't procrastinate; call Bob at (352) 854-0702.



Travel Toppers

Anne Parker

As summer is ending, Travel Toppers invites you to look at our trips planned this fall. If you see a trip that interests you, please call the contact right away. We don't want you to miss out. Trips are open to all residents and their guests.

On Monday, Oct. 30, we will travel to St. Augustine and visit the Lightner Museum for an exclusive behind-the-scenes tour called "Upstairs/Downstairs at the Alcazar." This will highlight the many parallels to the time period and lives of

the characters of the popular television series "Downton Abbey."

You will not want to miss visiting this exclusive tour including the final stop on the tour, "Dressing Downton: Changing Fashions for Changing Times." This will be held in the museum's Grand Ballroom Gallery. This display is composed of original and historically inspired costumes reflecting the Gilded Age, and Otto Lightner's original collection of fine and decorative arts from the same time period.

The cost of the trip is \$46, which includes transportation, driver tip, and admission to the museum. Lunch will be on your own. Call Linda Hein at (352) 861-9880 (Monday through Friday, 9 a.m. to 1 p.m.) to reserve your spot.

Time is running out to join us on our 14-night cruise featuring Cape Horn and Strait of Magellan on the Emerald Princess which departs Feb. 28, 2018 and returns March 13, 2018. Balcony staterooms start at \$2,884 per person and ocean view staterooms at \$2,383. We also have interior staterooms available. For more information, please call Inge Gaitch at (352) 237-7428.

Often cruise lines come up with special rates. We will make sure to get the best rate available at time of booking. This is a small ship and rooms are selling fast.

On Tuesday, Nov. 14, we will travel to the Premium Outlet Mall where there is a selection of 180 stores and lots of options for lunch. The bus will leave our com-

munity at 8 a.m. and arrive back at approximately 5 p.m. The cost is \$23 per person and includes transportation and driver tip. Call Edith Loeffler at (352) 237-8066 (Monday through Friday, 9 a.m. to 1 p.m.) to reserve your space.

The trip to the Gaylord Palms Resort on Wednesday, Dec. 6 is sure to put you in the Christmas spirit with all of the different ice sculptures on display. Lunch is on your own. The cost is \$45 per person and includes transportation and driver tip. Call Gail Ambrose at (352) 671-8280 beginning Monday, Sept. 25 to book this

Our last trip of 2017 will be to the Show Palace on Christmas Day, and registration for that will begin Monday, Oct. 2.



SWANS

Lois Nix

Founded by a small group of women about 10 years ago to provide opportunities for social interaction among single women, the Single Women Networking System (SWANS) membership now stands

at 85-plus. Our once-a-year meeting will be held on Saturday, Sept. 30 at 10 a.m. in the Recreation Center Ballroom.

At this meeting we will set the direction for the upcoming year and form appetizer and dinner-in groups. In addition to these intimate gatherings in members' homes, SWANS members take turns organizing monthly breakfasts,

lunches and dinners at local restaurants. Members are encouraged to participate in as many activities as they wish.

Two or three times a year, we also have special events, such as a Christmas party, a barbecue at the pavilion, or a mini vacation in Daytona Beach. Members are notified by e-mail, or by phone if they don't have access to e-mail, of all activi-

ties.

If you are a single woman and would like to get together occasionally with other single women, our group might be just what you're looking for. Please join us on Sept. 30 to learn more about the SWANS and meet other members. For more information, call the SWANS coordinator, Lois Nix, at (352) 854-0558. New members are always welcome.



Computer Club

David Wesenberg

The Computer Club meets in Arbor Conference Center, Suites B and C, at 9 a.m. on Thursdays and Saturdays.

We continue to discuss Windows 10, how to adapt old XP programs to Windows 10 and new apps available for Windows 10. There has also been continued discussion of how to activate automatic Windows 10 features and apps. We provide advice for customizing your desktop or laptop. We also assist with tablets.

One final great benefit of mem-

bership is our club webpage at <http://otow.lolipop.org/sites/otow%20Computer%20Club>. This contains links to validated free software, a question and answer section and people to call when you are in computer trouble.

Do you have a problem with your desktop, laptop or tablet? Do you want to see the latest computer technology? Do you want access to

experts in every area of computer use? Come join us in Arbor Conference Center, Suites B and C on Thursdays or Saturdays, at 9 a.m. Dues are \$10 per person or \$15 per couple a year. For information, contact Dave Wesenberg at (217) 280-4454 or dpw@mastersoftwareinc.com.

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View from the Library

Linda Barilli

"Unlocked" by Karen Kingsbury is a story about Holden, an 18-year-old boy who has been autistic since the age of three.

His diagnosis has had a profound impact on those around him. Holden's behavior is bewildering; he is bullied at school. He is locked into his own world; unable to communicate verbally.

Holden's dad left, preferring to battle the storms on an Alaskan

fishing boat rather than face the challenges at home. His mom finds hope in prayer. They were looking for a miracle and found it in a song.

This story is loosely based on a real boy with autism and the advancements he was able to achieve through music. This book can be found in hardcover fiction.

Meet deputy U.S. Marshal Raylan Givens, a native of Harlan County, Ky. and a former U.S. Marine in the book "Riding the Rap" by Elmore Leonard (sequel to "Pronto").

Givens has a reputation as a fast draw, having shot Tommy Bucks in a restaurant down in Miami. Now Raylan is up against Chip Ganz and his crew who are running a few

scams in West Palm.

Once Raylan Givens was introduced in Leonard's books, he soon became the main character in "Justified," a TV drama series. He's known for his easy going cowboy persona and his hat, the Stetson "Open Road."

Leonard's writing is witty and fast paced. This book can be found in softcover mysteries.

My son was six months old the first time I read a book by Erma Bombeck. He is now 48. I never forgot her. So you can imagine how happy I was to see "A Marriage Made in Heaven or Too Tired For an Affair" by Erma Bombeck on our shelves.

Once her youngest son got on the school bus, Erma knew "it was the end or the beginning" of a new era, depending on how she looked at it. So she went out and got a job writing a newspaper column about funny things that happened in her family.

Erma was born in 1927, an era when most women were housewives. Many of us can relate to her humorous stories about what it was like getting married and having children in those days. She goes on to describe embracing the women's movement, finding her niche and reversing roles with her mother.

This book can be found in the center aisle labeled 818 BOM.



Favorite Recipes Dinner Club

Luke Mullen

Last month, I provided an overview of our club's goals. The idea is for member couples to take turns entertaining a group of club diners in their homes. When you decide to become a member of our club, you will be included in the development of the monthly schedule of how many dinners will be held. When we know that you are available to attend a dinner, you will be matched with one of the month's

hosts.

As a new member, you'd be a guest and not a host for your first dinner. Normally, activities get underway around 6 p.m. Cocktail hour starts with appetizers brought by one of the guests.

The whole idea of the club is that no one-member couple will have to prepare the whole meal. Following this, a salad prepared by another guest or the host is served. The host will then serve the main meal, with an accompanying side dish. Following the main meal is the dessert, prepared by another guest couple. This always ends up with everyone having a great meal without anyone needing to prepare

the entire undertaking.

Every now and then I like to try different recipes that I have never heard of before and are very simple to make with basic ingredients that are readily available. This recipe fits that description. Try it with your favorite rice dish and you will have a tasty, easy to fix dinner.

Honey-Garlic Slow Cooker Chicken

Serves 4

- 8 skinless, bones-in chicken thighs (actual recipe called for boneless thighs; I prefer bone-in thighs)
- 1/2 cup soy sauce
- 1/2 cup ketchup
- 1/2 cup honey
- 3 cloves garlic, minced

1 teaspoon dried basil

Lay chicken thighs into the bottom of a four-quart slow cooker.

Whisk soy sauce, ketchup, honey, garlic and basil together in a bowl; pour over chicken. Cook on low heat six hours.

Our club is looking for new member couples. Call Luke at (352) 304-8104 for more information or stop by our table at the Club Fair on Thursday, Sept. 14 at the Recreation Center Ballroom. I plan on being there to answer any questions!



What's Cookin'

Marge Curran

It's hard to believe that it's Labor Day weekend already! Where did the summer go? Hopefully the extreme temperatures are behind us and you feel that turning on the oven is a good idea again!

This is a recipe I've had for a long time, given to me by a friend who grew up on a farm. The arrival of fall on the farm meant a bounty of zucchini and this recipe makes a tasty treat for baking day and it freezes great for the months ahead. This recipe makes three regular size loaves, but you can make mini-loaves or muffins as well. Just adjust your baking time accordingly.

Zucchini Bread

- 3 eggs
- 2 cups sugar
- 1 cup cooking oil
- 2 teaspoons vanilla
- 1 teaspoon cinnamon
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 3 cups flour
- 1 teaspoon salt
- 3 cups grated unpeeled zucchini
- 1-1/2 cups coconut
- 1-1/2 cups chopped walnuts
- 1 cup raisins

Preheat oven to 350°. Grease and flour three loaf pans.

Beat sugar and eggs together until creamy. Add oil and vanilla. Add all dry ingredients; mix well. Add zucchini and stir. Add raisins, coconut and nuts.

Bake for one hour until the tops are golden brown. If making small loaves or muffins, reduce baking time. Enjoy!

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Active Living

Theresa Fields
(352) 854-8707 ext. 7530
theresa_fields@otowfl.com

September has arrived marking the beginning of a new school year. Please be extra vigilant in school zones and residential neighborhoods. The first Monday in September is Labor Day (Sept. 4) and this holiday will be celebrated by many of our nation's workforce. September also marks the beginning of football season and the peak of hurricane season. As our snowbirds are planning their trips back home to On Top of the World, we have been busy planning our activity schedule to keep everyone active during the upcoming months.

Holiday Hours

The Recreation Center office will be closed in observance of Labor Day on Monday, Sept. 4. The Arbor Club and the Recreation Center Fitness Center will be open from 9 a.m. to 5 p.m. (all classes are cancelled). Please plan accordingly.

Line Dance Classes*

For fun and fellowship, join one of our dance classes! It is medically proven that the best activity combining physical and mental effort at the same time is dancing! Classes start on Monday, Sept. 11 and progress each month.

Choose your class according to your ability. You may switch to a different level if necessary. The cost of the class is \$10 per four week class each month. (Your monthly pass includes practice sessions on Wednesdays). Classes are held in the Recreation Center Ballroom and you may register for these classes Monday through Friday at the Recreation Center office.

- Improver Plus (1:15 to 2:15 p.m.): Dance experience required for this class. Improver Plus means slightly easier than Intermediate. Current popular dances are taught at this level.
- Beginner Level Two (2:30 to 3:30 p.m.): Class includes basic line dance steps, combinations and easy dance patterns, with low impact movement to many different rhythms. New step patterns are taught as needed. Prior dance experience is required at this level.
- Beginner Level One (3:45 to 4:45 p.m.): Class participants have completed the Absolute Beginner Line Dance Class. Dancers have some experience now, and know many step patterns. Easy dances are taught at this level with additional step patterns added.
- Absolute Beginners (5 to 6 p.m.): This class introduces you to line dance steps, patterns and easy dances. Step patterns are described, practiced and used in easy dances. Step sheets are provided only in this class.

Tropic Trivia Night*

Do you like trivia? Come challenge your neighbors and friends for a fun afternoon of mind boggling, brain taxing questions on Thursday, Sept. 7, at the Recreation Center Ballroom. We will have groups of eight per team! Select a team name and prepare to have a fun time. Each team's scores will be calculated and the team with the

most points will win. There will be first, second and third place winners. A cash bar will be provided and you are welcome to bring snacks for your table. Please note beverages will not be permitted at trivia. A water station will be provided at all trivia nights. The cost is \$3 per person for residents and \$5 per person for guests attending with the resident.

Horse Farm Tour*

Join us for a morning tour of Ocala horse country that will include a tour of the Florida Thoroughbred Breeders' and Owners' Association Museum on Friday, Sept. 8. You will go behind the scenes at two of Ocala's top horse farms. Meet retired champions and learn about the areas rich equine history with local horsewoman, Karen Grimes, as your guide. Karen has "behind the gates" access to Ocala's farms so expect a surprise or two. You will be taken on a beautiful drive with a narration of our area's rich history, and points of interest between the stops. We will complete the trip with a stop at Las Margaritas restaurant for lunch on your own.

\$32 per person includes transportation and tours. Please note that this trip requires a lot of walking! Farm stops and lunch location subject to change.

Whispering Oaks Winery, Yalaha Bakery and Russell Stover Tour*

Join us on a tour of Whispering Oaks Winery, Yalaha Bakery and Russell Stover Outlet on Tuesday, Sept. 12. The cost of the trip is \$47 per person, which includes transportation, tours and wine samples along with appetizers, and stops at Russell Stover Outlet and Yalaha Bakery. The trip will begin with a visit to the famous Yalaha Bakery, which offers wonderful German cuisine, made with traditional German recipes. We will then head over to the Whispering Oaks Winery, which has 40,000 blueberry bushes on the farm and specializes in blueberry wines. You will get a tour of the wine-making operation and you will also receive a pasta salad and a dessert along with a Whispering Oaks Winery souvenir. We will end the trip with a visit to the Russell Stover Outlet.

Club Fair

Join us at the bi-annual Club Fair on Thursday, Sept. 14, at the Recreation Center Ballroom. If you are looking for new activities or want to meet new people, our resident clubs are a great choice. Come learn about the many exciting and activity-based clubs available. The S.P.C.A. will be hosting a pet adoption event that day along with selling doughnuts and coffee. All proceeds will go to the S.P.C.A. of Marion County.

Baseball Game*

Join us in the afternoon on Sunday, Sept. 17 as the Rays play the Red Sox at Tropicana Field in St. Petersburg, Fla. All seats are press level in section 213. This is a covered and air-conditioned stadium. The cost of the trip is \$92 per person and game time is 1:10 p.m. Fee includes bus transportation and game tickets.

Quadrivalent Vaccine Clinic*

It's that time of year again for your annual flu vaccine. Maxim Health Systems will be administering quadrivalent vaccines on Monday, Sept. 18, at the Arbor Conference Center, Suites E and F, from 8 a.m. to 1 p.m. The cost for the

vaccine is \$32 per person. Medicare Part B will be accepted with proper documentation (Medicare card and driver's license).

Rags to Riches

It's that time of year again to clean out your closets and garages. Our Rags to Riches sale is scheduled for Friday, Oct. 13, at the Arbor Conference Center, from 9 a.m. to noon. Sign-ups begin on Monday, Sept. 18 at the Recreation Center office. The cost per table is \$10 (limit two per resident).

Singing River Cruise*

Join us for an educational tour on the Rainbow River on Friday, Sept. 22 in Dunnellon, Fla. The captain will share his knowledge of Florida's ecology and history through story and song as you tour the crystal clear spring-fed Rainbow River and the dark, swamp-fed Withlacoochee River. You will see amazing wildlife and gain knowledge of Florida's ecology and history. The tour is about an hour and forty minutes on the water. Once the tour is completed we will dock at the boat ramp where you will board the bus and take a short ride over to Swampy's for lunch. The cost of the trip is \$26 per person, which includes transportation and the river cruise. Lunch will be on your own.

Get Acquainted Coffee

Join us on Thursday, Sept. 28, for Get Acquainted Coffee in the Recreation Center Ballroom, from 9 to 11 a.m. This free event allows you to meet your neighbors and get better acquainted with them. Get Acquainted Coffee will also provide you with information on fitness and recreational activities within our community. We will have light refreshments with representatives present from C.E.R.T., fitness and more. Each representative will speak on the services and programs their department or club has to offer. After the presentation, those who would like to see firsthand some of the facilities that are available will be taken on a short walking tour.

Social Hour

Join us Thursday, Sept. 28 to enjoy an evening of easy listening music played by Long White Cloud. Bring your neighbors and enjoy hors d'oeuvres (while they last) along with a cash bar. This event is a free event at the Recreation Center Ballroom, from 4 to 6 p.m.

Happy Hour

Join us for Happy Hour every Friday night at the Recreation Center Ballroom. On Friday, Aug. 25, residents enjoyed a "Phantom Masquerade" themed Happy Hour with some very unique masks. A "Havana Night" themed Happy Hour will be on Friday, Sept. 15. Grab your sundresses, sandals, Guayabera shirt, and fedora to celebrate the summer with color - Cuban style! The entertainer for the night

will be Automatic.

The entertainment line-up for September is as follows:

- Sept. 1: Sounds of Time
- Sept. 8: 3 for the Road plus 1
- Sept. 15: "Havana Night" with Automatic
- Sept. 22: Dino
- Sept. 29: Solid Gold

Individual resident I.D.s will be required for entry into Happy Hour; anyone not producing a resident I.D. will be considered a guest and guest fees are \$5 per person. Children under the age of 15 are not permitted to attend! Please note that no beverages of any kind will be allowed into Happy Hour.

Community Information

Smoking is not permitted on the veranda, around the pools and The Pub at the Recreation Center. There is a smoking area in front of the On Top of the World Golf shop with signs posted.

Guest Fees

Fees will apply to all guests using the following facilities: Arbor Club pools, Recreation Center Fitness Center, racquetball courts, pickleball courts and Happy Hour. Please stop by the Arbor Club office or Recreation Center office to purchase guest passes.

All clubs should be requesting resident I.D.s for anyone attending events or meetings. Outside guests, and Indigo East residents without a Gateway of Services pass, will not be permitted to attend without prior approval from the Recreation Center office or The Lodge.

Upcoming October Events

- Thursday, Oct. 5: Tropic Trivia*
- Friday, Oct. 6: Insiders Tour of Horse Country*
- Sunday, Oct. 8: "Mama Won't Fly" Early Bird Theatre*
- Wednesday, Oct. 11: St. Johns River Cruise*
- Thursday, Oct. 12: Southern Women's Show*
- Friday, Oct. 13: Rags to Riches
- Saturday, Oct. 14: Craft Fair
- Tuesday, Oct. 17: Kennedy Space Center*
- Thursday, Oct. 19: Enviro-Shred
- Friday, Oct. 20: Singing River Cruise*
- Monday, Oct. 23: Quadrivalent Vaccine Clinic*
- Tuesday, Oct. 24: Whispering Oaks Winery Tour*
- Thursday, Oct. 26: Mt. Dora Premier Narrated Boat Tour*
- Friday, Oct. 27: "Heroes & Villians" Happy Hour
- Sunday, Oct. 29: Tampa Bay Buccaneers vs. Carolina Panthers football game*

Have a great month and a big welcome back to all our snowbirds!
* To register, call (352) 854-8707 x7530 or x7533. Payment is required at time of registration. No refunds will be issued 14 days or fewer prior to any event or trip.

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BUS SCHEDULE

MONDAY - THURSDAY

MORNING ROUTE	PICK-UP LOCATIONS	TIME
Williamsburg	91st Cir.E. - 91st Cir.W - Post Office	8:42 a.m.
Providence	90th St. - 92nd Pl. Rd. - 96th Ct. Rd. - 97th Cir	8:47 a.m.
Avalon Post Office	Parking Lot	8:51 a.m.
Windsor East	94th Pl. - 94th Lp.	8:55 a.m.
Windsor West	95th St. - 95th Lp.	8:58 a.m.
Crescent Ridge 1 & 2	97th Lane - Post Office - 99th Ave. - 96th St.	9:01 a.m.
Recreation Center	At Bus Stop Sign	9:04 a.m.
Americana Village	89th Ct. Rd. - Post Office - 85th Ter. Rd.	9:08 a.m.
Friendship Village	Post Office - 84th Ter. - 93rd St.	9:12 a.m.
Friendship Colony	83rd Ter. - 90th Pl. - 87th Ave. - 97th St.	9:16 a.m.
Friendship Park	97th St. - 94th Lane	9:20 a.m.
Friendship Village	89th Ct. Rd. - 92nd St.	9:22 a.m.
Friendship Colony	90th St. - Post Office	9:26 a.m.
Candler Hills Community Center	At Bus Stop Sign	9:31 a.m.
Exit Community		9:36 a.m.

Indigo East Community Center Parking Lot Call one day in advance for pick-up

MORNING DESTINATIONS	ARRIVE	PICK-UP
Freedom Library	9:42 a.m.	12:47 p.m.
Jasmine Square	9:50 a.m.	12:42 p.m.
Dillard's/Kohl's	10:00 a.m.	12:32 p.m.
Sam's Club	10:10 a.m.	11:32 a.m.
Home Depot	10:15 a.m.	11:42 a.m.
Ollie's	10:18 a.m.	11:45 a.m.
Paddock Mall	10:22 a.m.	12:22 p.m.
Walmart/Stein Mart	10:27 a.m.	11:57 a.m.
Target	10:37 a.m.	12:05 p.m.
Hobby Lobby/Shady Oaks Shopping Center	10:47 a.m.	12:12 p.m.
Gaitway Plaza	10:52 a.m.	12:17 p.m.

Return to On Top of the World to begin drop-off/pick-up for the afternoon run.

AFTERNOON ROUTE	PICK-UP LOCATIONS AND TIMES
Candler Hills Community Center	1:00 p.m. Crescent Ridge Post Office 1:17 p.m.
Friendship Colony Post Office	1:05 p.m. Recreation Center 1:21 p.m.
Williamsburg Post Office	1:08 p.m. Americana Post Office 1:23 p.m.
Avalon Post Office	1:13 p.m. Friendship Post Office 1:27 p.m.

AFTERNOON DESTINATIONS	ARRIVE	PICK-UP
Winn Dixie	1:30 p.m.	3:28 p.m.
Publix	1:35 p.m.	3:33 p.m.
Walmart Neighborhood Market	1:43 p.m.	3:39 p.m.
Aldi/Lowe's	1:49 p.m.	3:45 p.m.
Save A Lot	1:56 p.m.	3:23 p.m.
Big Lots	1:59 p.m.	3:20 p.m.
Beall's & Dollar Tree	2:07 p.m.	3:07 p.m.
Walmart	2:09 p.m.	3:02 p.m.

* All times are approximate
For information, call the Recreation Center at 352-854-8707 ext. 7530 or 7533

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Bible Study

Lynne Roder

Our yearly women's Bible study will begin Friday, Oct. 20, in the Arbor Conference Center, Suite A. We will meet weekly from 10 to 11:30 a.m. We will be continuing our study of the Gospel of Luke.

We welcome all ladies who have a desire to study and discuss this gospel. Our ladies come from many different church backgrounds, but we all share a heartfelt desire to read and study the word of God.

For additional information, please contact Lynn Roder-LeDonna at (352) 873-2668.

OTOWInfo.com

Active Singles



Ed Galizia, Jr.

We're just a few weeks away from our inaugural meeting at the Indigo East Community Center on Wednesday, Sept. 20, at 6 p.m. where we will lay out our vision and ask for your input along with your signing up to be a member. There will be an annual membership fee of \$15 cash.

You will be able to get a preview of things to come and meet the folks behind the Active Singles group. We will be at the Club Fair in the Recreation Center Ballroom on Thursday, Sept. 14, from 10 a.m. to

1 p.m.

Visit our new website at activesinglesotow.com. Although it is still in the developmental stage, you will be able to see additional information including our by-laws and the membership application, which you can fill out online. Payment will be due at your first monthly meeting. All of your information will be kept in the strictest confidence and will not be shared with other members and/or clubs. Also, you can reach out to us and request information via e-mail at activesinglesotow@gmail.com.

Ideas we are exploring include - night golf, zip lining and monthly happy hour mixers and ethnic dinners, as well as on-going activities like cornhole, hiking, bicycling, movies, etc.

We are planning to join the Golf Cart Parade in early December. We are anxious to hear your ideas - this club will be active and vibrant based upon the participation and involvement of many. The possibilities are endless!

So, tap into your creativity and bring your suggestions on Wednesday, Sept. 20 at 6 p.m. at the Indigo East Community Center - see you then!

Singles Club

Lorraine Serwan

Welcome to a new season of the Singles Club. President Nancy Grant and the executive board have been meeting to plan our meeting activities and the mid-month excursions.

Our annual club birthday luncheon will be in October and our holiday luncheon in December. Entertainment or informational speakers will be at the monthly meetings. Some different activities and lunches at new restaurants are being arranged. If you have any ideas for trips, entertainment and/or speakers, call Nancy at (352) 854-9185.

Come to our meeting on Thursday, Sept. 14, at 2 p.m. in the Arbor Conference Center, Suites G and H and sign up for any outings that interest you. Remember you must be a member of the club to participate. Dues are \$10 per year and due at the Sept. 14 meeting. Please bring a check or exact cash.

In order to have your name included in our member booklet, dues must be paid in September.

The first outing is to the Florida Museum in Gainesville, Fla. to visit the Butterfly Rainforest on Thursday, Sept. 21. The butterfly release will be at 2 p.m. Admission is \$11 per person. We will meet at the Recreation Center parking lot at 11 a.m. and carpool to the museum. We will stop for lunch along the way. Call Cel at (352) 840-3969 for more information.

Visit our table at the Club Fair on Thursday, Sept. 14 in the Recreation Center Ballroom. Volunteers are needed to man the table. Call Nancy at (352) 854-9185 to offer your help.

Please join us on Sept. 14 and bring a friend.

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* Canadian Audiologist, VOL. 3, ISSUE 5, 2016, "A Canadian Evaluation of Real-Life Satisfaction of Hearing Aids in Challenging Environments", By Ryan Kalef, BSc, MSc, AUD(C), RAUD Carol A. Lau, MA (Aud), BA (Sp & H Th) Rachel Liu, AuD, AUD(C), Reg. CASLPO Melissa McFadden, MSc, Reg. CASLPO Andrew Sharpe, HIS

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The VIP Gold World Passport requires a \$50 annual fee (first time members will be charged a pro-rated amount of \$25 July 1 through Dec. 31, 2017) and also allows advance reservations at special restaurant events, exclusive chef specials, drink specials and access to VIP Gold events (additional restrictions may apply).

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Lace Up Your Sneakers

By Bob Woods
World News Writer

Are you interested in getting fit? Or exercising with a group of residents? There is a brand new club that is open to all residents. It is simply called the Running Club.

The group of runners meets every Thursday at 7 a.m. at the Candler Hills Community Center parking lot. Their morning trek consists of a three and a half mile jog. Rich Furlong stated that the group departs the parking lot and heads out the Candler Hills gate to SW 80th Avenue where they utilize the multi-modal paved path to SW 90th Street and then head back into the community and continue on to the dog park and then back to where they started.

The group averages somewhere around a 10 to 12 minute pace. Rich commented, "It is a slow pace; we are out to have fun. There is no pressure as we are not having a race or to see who finishes first." Some joggers stop along the route and it is very seldom that they all finish at the same time.

Running's main purpose is to increase physical fitness along with

less stress to the body. It is effective in increasing your lifespan while at the same time decreasing the effects of aging while fighting obesity, according to studies performed by a leading university school of medicine.

The National Cancer Institute has performed studies that suggest, "Running and other types of aerobic exercise can reduce the risk of lung, colon, breast and prostate cancers, among others."

Running outdoors is a lot better at improving your energy levels than using a treadmill. Running also prevents muscle and bone damage. It also improves the heart's performance, blood circulation and maintaining a balanced weight.

"The club has no formal meetings and there are no dues," Rich stated. As he stated before, "We are just out to have fun." If anyone would like to join this group of runners all they have to do is call Rich at (352) 237-8734 or show up at the Candler Hills Community Center parking lot a little before 7 a.m. on Thursdays.



Photo by Bob Woods

Running Club members, Dave Cunningham, Tom Presnick, Sandy Hoskins, and Rich Furlong, at the beginning of their three and a half mile trek.

New Hunting & Fishing Club

By Roger Bonifield

If you are a resident or a Gateway of Services pass holder interested in hunting or fishing and would like to learn more about what Florida has to offer, you've got to answer the Call of the Wild, our newly formed club. We are brand new,

only about one month old. We just had our first semi-official meeting on Wednesday, Aug. 2 with a great group of fellow residents eager to get things rolling. So far, we have mostly men showing interest, but we already have two women signed up, and welcome more.

Our purpose is much more than getting together and sharing stories, although I'm sure that will happen. We want to help each other learn more about the hunting and fishing opportunities here in Florida by sharing techniques, ideas, and information. You may even find that secret honey hole.

We will be planning guest speakers from the Florida Fish and Wildlife Conservation Commission, hunting and tackle manufacturers, charter captains and much more. So, if you want to find out where you can bag a big gobbler or hog, hook into a 10 pound largemouth, or catch your first snook on a fly rod, this is the club for you.

Currently, we plan to have monthly meetings on the first Wednesday of every month at the Arbor Conference Center, Suite C, from noon to 2 p.m. Get in on the ground floor by joining us at our next meeting on Wednesday, Sept. 6.

You may contact Roger Bonifield, at (352) 300-3601 or rogerb4949@gmail.com or Jerry Benedict at (860) 309-1348 or grldbndct@gmail.com for additional information.



Photo by Steve McDonald

Call of the Wild members.

Annual Stamp Show

By Joe Rosinski

Another month is on the books and the General Francis Marion Stamp Club has been rather busy with a variety of activities, either in progress or on the calendar for the not too distant future.

I hope you got a chance to see our display at the Freedom Library during the month of July. It showed quite a variety of items that interest members of the club. Upcoming events include our annual stamp show, which will take place on Saturday Sept. 9, from 10 a.m. to 5 p.m. at the Munroe Regional Medical Center Auxiliary Conference Center (1452 SW 1st Avenue, Ocala).

On Thursday, Sept. 14, we will have a table at the Club Fair, from 10 a.m. to 1 p.m. in the Recreation Center Ballroom.

During the month of October, our annual display at the main branch of the Marion County Library on Silver Springs Boulevard will take place. Each Sunday during the month, from noon to 3 p.m., there will be a club member(s) available

to answer any questions about the club or the hobby.

To complete our busy schedule, we hope to become part of the curriculum in the upcoming semester of Master the Possibilities with a class entitled "Stamp Collecting 101 Plus." This will hopefully be an ongoing course with two two-hour sessions per semester, at no cost to any attendee.

Our regular meeting schedule will continue on the first and third Wednesday of each month at the Bank of the Ozarks on SR200 at the entrance to On Top of the World. Meetings start at 1 p.m. in the second floor conference room. Visitors are always welcome, but please park on the side of the building or in the Winn Dixie parking lot. Our Freedom Library meetings are on a summer hiatus.

A stamp recently issued by the India Post includes the aroma of coffee in its chemical makeup. There are numerous countries which have used various aromas on stamps in the past. I have a set of

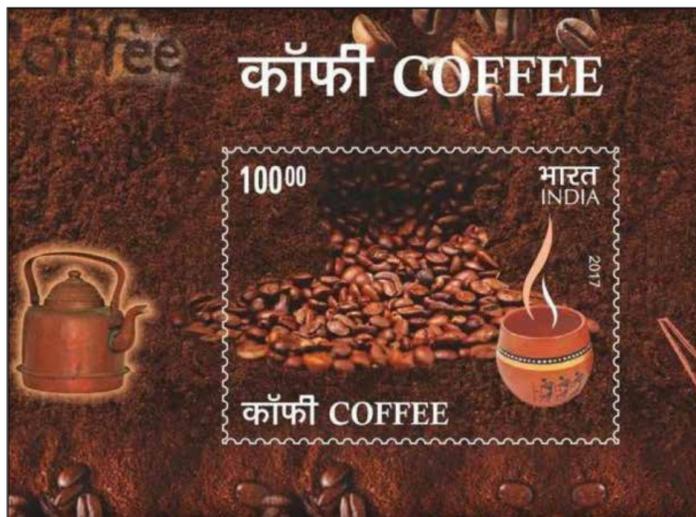


Photo by Joe Rosinski

India Post stamp smells like coffee.

stamps from France issued several years ago that smell like chocolate. The pictures on the stamps are all chocolate bars.

We would like to invite you to attend any of our meetings or activities and perhaps consider joining our club. If you have any

questions just contact me at rosinskijoe@gmail.com or (352) 237-7366. Thanks for reading this column and I look forward to keeping you up to date on our activities next month. Remember to use real stamps on all your snail mail.

CARDS & GAMES

Monday Afternoon Bridge

Shirley Stolly & Carol Johnson

July 10
1: Fran Griswold & Betty Morris;
2: Mary Walker & Joanne Jones;
3: Shirley Stolly & Carol Johnson;
4: Cindy Brown & Elsa Groe.

July 17
1: Joe & Helen O'Brien; 2: Pat Palomy & Rad D; 3: Mary Rose Janssen & Mary Walker; 4: Pat Goltgart & Shirley Stolly.

July 24
1: Mary Walker & Marge Starrett;
2: Diane Robinson & Fran Griswold; 3: Helen & Joe O'Brien;
4: Nancy Clarkson & Rad D.

July 31
1: Joyce Walchak & Marge Starrett; 2: Betty Morris & Fran Griswold; 3: Joe & Helen O'Brien; 4: Carol Johnson & Shirley Stolly; 5: Mary Rose Janssen & Diane Robinson.

Wednesday Afternoon Bridge

Pat Goltgart

July 5
1: Mary Klinzing; 2: Dianne Robinson; 3: Betty Morris; Cons: Pat Goltgart.

July 12
1: Fran Griswold; 2: Helen O'Brien; 3: Donna Brombacher; Cons: Marian Hotz.

July 19
1: Dianne Robinson; 2: Fran Griswold; 3: Helen O'Brien; Cons: Betty Morris.

July 26
1: Betty Morris; 2: Helen O'Brien; 3: Fran Griswold; Cons: Linda Sprague.

Thursday Afternoon Bridge

Marge Starrett

July 6
1: Marlene Floeckher; 2: Carmen Arroyo.

July 13

ontopoftheworldnews.com/ocala

1: Don Sprague; 2: Mary Walker.
July 20

1: Linda Sprague; 2: Don Sprague.

July 27
1: Don Sprague; 2: Rad.

Thursday Night Bridge

Keith Briggs

July 20
1: Bob Dirst; 2: Pat Palency 3: Beverly Ketchum 4: Paul Pinter.

July 27
1: Fran Griswold; 2: Margie Pinter; 3: Keith Briggs; 4: Beverly Ketchum.

Aug. 3
1: Paul Pinter; 2: Betty Legg.

Aug. 10
1: Paul Pinter; 2: Fran Griswold; 3: Pat Palency; 4: Keith Briggs.

Friday 4 Fun Euchre

Chip Parsons

July 7
1: Irene Pisani; Tie at 2: Richard Bartel, Jerry Harris, Eileen Hines, Doug Hines, & John Wall; 3: Paul Agarwal.

July 14
1: Mike Kurlakowsky; 2: Jerry Harris; Tie at 3: Paul Pinter & Joan Sigafos.

July 21
1: Edith Kolb; 2: Verna Harsh; 3: Debbie Weaver.

July 28
1: Arlene Luehre; 2: Mike Kurlakowsky; 3: Sharon Coldiron & Debbie Weaver.

Tuesday Night Pinochle

Whitney Frye

July 11
1: Walter Hickenlooper; 2: Verna Harsh; 3: Edith Kolb.

July 18
1: Gayle Argano; 2: Walter Hickenlooper; 3: Joe Eisgruber.

July 25
1: Jim Mazzotta; 2: Andy Mark; 3: Edith Kolb.



September is here and fall is right around the corner! This happens to be my favorite time of the year, not only because the temperatures begin to fall but football seasons swings into full effect. Now I say this every year but I'm picking Urban Meyer's Ohio State Buckeyes to be this year's National Champion. Go Bucks!

Attention all golf members: Please be sure to read the Golf Membership Handbook to stay abreast of all the rules and regulations of your golfing membership.

We would like to put an emphasis on the Membership Medical Suspension Request Procedure. As stated in the membership handbook, "Should a current annual golf member of one of the On Top of the World golf courses become incapacitated during that year, there are several conditions that must be met before receiving consideration to obtain credit for this time period towards the following year's membership fees:

1. Within two weeks of sustaining an accident or a medical condition, the member must submit paperwork describing the condition, which prohibits golf activity to the director of golf.
2. The severity of the accident or medical condition must prohibit play for a minimum period of 90 days.
3. A physician's statement must be submitted stating the nature of the accident or medical condition including when treatment began and when the patient was released.
4. The director of golf will notify the member if the condition warrants a credit of membership fees towards next year's membership dues.
5. No golf may be played during the time of membership suspension.
6. The golf membership director must be notified before the member returns to any golf participation.

All requests for credit will be reviewed by the golf department

and must be approved by this department before any credit for the following year will be issued. No refunds will be issued for a membership suspension, except in the event of death for a current golf member. If there is a couple membership, the remaining member will receive a credit towards the following year's membership fees."

Just like knowing the USGA rules, it can pay to know the policies and procedures in your Golf Membership Handbook.

We would like to congratulate resident, Don Huston, for winning Division D of the 34th Annual National Retired Military Golf Classic held in Myrtle Beach, S.C. More than 700 retired military personnel and their spouses participated in this year's four-day event. Well-done Don!

Upcoming Events

- Monday, Sept. 4: World Labor Day Event at Candler Hills Golf Club with 9 a.m. shotgun.
- Monday, Sept. 11: The Links closed for aeration through Thursday, Sept. 14.
- Saturday, Sept. 23: On Top of the World Monthly Event at The Links with 9 a.m. shotgun.

World Accolades

CANDLER HILLS: Chris Piotrowski, 8 birdies and 1 eagle in one round. John Redden, shot 74, one under his age.

TORTOISE & THE HARE: John Bauer, hole-in-one #13 and shot 80, two under his age. Rose O'Neil, eagle #10.

THE LINKS: Gretchen Norman, eagle #17.

Golf Tip of the Month

Eating healthy before, during and after your round may not only benefit your health but also your handicap.

Before your round you'll need to eat healthy foods that don't contain extra fat or empty calories. Eating plenty of fruits and vegetables will keep your energy level up for that four-hour round of golf. Also, be sure to stay hydrated by drinking plenty of water.

In order to keep your energy high throughout the round you will want to snack on something every four to five holes. Something that is high in protein like nuts or beef jerky. Stay away from beer and soda and drink plenty of water/sports drinks to keep fully hydrated.

After your round you will need to reenergize and recover. Eat a meal that again is high in protein and carbs. Eating steak or chicken with a salad and bake potato is an option. Grilled chicken salad is my favorite choice. If you're going to have an after round alcoholic beverage pair it with water.

Follow these healthy habits to improve your overall health and lower your scores.



The start of another bowling season is nearly here - the date is Monday, Sept. 11, at 2 p.m. for an organizational meeting with the first week of bowling to follow the meeting.

At the present time, we have 22 teams of four bowlers each ready to have fun and friendly competition. If you are not on our league and wish to join, contact George at gp62263@gmail.com.

Hope to see everyone on Sept. 11.



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joyocala@embarqmail.com
(352) 854-4509

Get a head start on Private Golf Cart Permitting



October 2nd - 30th, 2017 • 8 am - 4 pm
Customer Service in Friendship Commons



The permitting and ID process is organized by the first letter of the resident's last name. Refer to the calendar below to determine which day to attend. Permitting will continue in November and December for those who are unable to attend on their designated day in October. All carts must be permitted with a 2018-2019 decal by year end.

Cart rules will be provided to each cart owner when the cart is permitted and a decal is applied to the cart.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	A	B	C	D	E	
8	9	10	11	12	13	14
	F	G	H	I	J	
15	16	17	18	19	20	21
	K	L	M	N-O	P-Q	
22	23	24	25	26	27	28
	R	S	T	U-V	W-X	
29	30	31				
	Y-Z					

PLEASE BRING THE FOLLOWING:

- Proof of Insurance with \$100,000/\$300,000 Bodily Injury
- Golf Cart
- Resident ID
- All residents in the household must be present at the time of permitting in order to receive the decal to operate the cart within the community
- Residents requiring a handicap sticker for the cart, please refer to Section 320.848, Florida Statutes for requirements or visit <http://www.hsmv.state.fl.us/forms/handiform.html> for information

For more information on golf cart permitting, please visit:
Customer Service in Friendship Commons (9850 SW 84th Court | Suite 200)
or call 352-236-OTOW (6869).



R/C Flyers

Gary Bayless

Keep Saturday, Oct. 7 open on your calendar for the next R/C Flyers Fly-In.

This month's featured member is among the newest of the new. Mike Livshits and his wife, Galina, moved to On Top of the World in February and, as with so many, the R/C flying field was a reason for choosing our community. After seeing ads in the AMA magazine and a visit to the On Top of the World booth at the WRAM model show (the largest on the East Coast) they were soon the owners of a new home in Renaissance.

Mike, an ethnic Russian, emigrated to the U.S. with his family in 1991. He felt compelled to seek a better future for his daughter after seeing the contrast between East and West Berlin while there on a business trip and watching American television shows received from a Polish station with the help of a concealed antenna at his home in Lithuania. Though it meant his immediate firing from his job and remarks about being a traitor he took the first opportunity to emigrate after the breakup of the Soviet Union.

A mechanical engineer by trade Mike and his family arrived in New York City with \$900 (all they were allowed to take out of the country) and speaking no English. Mike was 41 (can you say guts). He worked first as a janitor at night and real-

izing he had to learn English to get ahead, he took lessons, read newspapers and watched TV "until his eyes hurt." Though admitting the first few years were rough with adjusting to the language and culture Mike makes it plain he wanted to be an American. When asked what he misses about Russia he replies "nothing."

After several years of classes and home study Mike went on to be employed as an engineer by companies all over the East Coast before retiring from TRUMPF Inc. a laser cutting machine manufacturer in Farmington, Conn. One of his more interesting work assignments over the years was developing a method for gluing leather rather than stitching it, which was used successfully in the 1995 Buick Roadmaster.

A relative newcomer to the R/C flying (about five years), Mike got into the hobby with the help of instructors at his first R/C club, The Central Connecticut Radio Control Club, and has been flying mostly 60 inch size electrics including a Corsair warbird and an 81 inch Cessna 182 but wants to move up to gas power and is putting together a Pau Extra 300 with a 55cc engine and



Photo by Gary Bayless

Mike Livshits and his Sbach.

88 inch wingspan.

Mike is also a table tennis player and works out in the gym on occasion. When harassed by his fellow flyers Mike likes to joke that they

should be careful as he still has friends in the K.G.B. but it's no joke that he has already made many friends in On Top of the World and the R/C Flyers.



Dancin' On the Top

Arlo Janssen

The summer months just fly by when you are dancing. Our first dance this fall is set for Saturday, Sept. 23, and will feature the Starburst band with a theme of "Come Fly With Me/Up, Up and Away." We expect to see some model airplanes as part of the decorations in the Recreation Center Ballroom.

Our next dance will be held on Saturday, Nov. 18 with a theme of "Fall Fantasy" and will feature the music from Solid Gold. Our big New Year's Eve party is set for Sunday, Dec. 31, and will feature the band Retro Express. Dancin' On the Top is working on future dance dates for 2018.

For club membership, ticket information, or if you want to help with our dances, please contact Gene Melnick at (352) 304-8293 or Peggy Sayat at (352) 509-7400.

There are other opportunities to dance here at On Top of the World. There is Happy Hour every Friday evening in the Recreation Center Ballroom. Guest fees apply to anyone not having a resident I.D. There is also dancing outdoors at The Town Square on Friday and Saturday nights.

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Club Fair

THURSDAY, SEPTEMBER 14, 2017 • 10AM - 1PM
 Recreation Center Ballroom

If you are looking for new activities or want to meet new people, our resident clubs are a great choice. Come and learn about the many exciting and activity based clubs available to join.

Donuts and coffee will be available for sale by the S.P.C.A.

THIS IS A FREE EVENT OPEN TO ALL RESIDENTS.

For more information, please contact the Recreation Center Office at 352.854.8707 ext. 7533 or 7530.



Ladies 9-Hole Golf

Judith Parisi

The humble ball! It's amazing the number of brands and variations in golf balls. Technology has enhanced golf ball performance, and manufacturers produce balls to meet the needs of players at varying skill levels. The variables that impact our choice include swing speed and how much focus we want on maximizing distance, or control and spin, as well as visibility.

Modern balls are either two piece design or multilayer. More layers are for golfers desiring added backspin, while two layers reduce the effects of spin on the balls and equal greater distance. The composition of the cover is either Surlyn or urethane, with urethane being softer and providing a higher spin

rate on iron and wedge shots. For the beginning or high handicap golfer, the two-piece design with Surlyn may produce more distance. Compression is another variable - with compression ratings between 80 and 90 appropriate for the slower swing speeds, and compression over 100 for those with higher swing speed.

Against current technology we see early golf balls produced in the 14th century as being made of beech wood. After, balls started to be made out of horse or cowhide stuffed with bird feathers - the featherie ball.

Later a molded ball was made with the rubbery sap from a tropical tree being heated, then molded, etched and carved. This was the gutta-percha ball or Guttie.

In 1898, Cobum Haskell introduced a ball with a solid rubber core, with rubber thread wrapped around and encased in the gutta percha. Balata, a gum like sap, was used to cover the rubber beginning

about 1900. This was replaced with Surlyn, and urethane.

So as we head into the Golf Shop to replenish our supply of balls, you might want to take a moment to speak with one of the professionals for their advice on which ball is best for your game.

Visit otowladies9holeleague.shutterfly.com for more news and pictures of various events.

Individual Net 3s and 5s July 18

Flight 1: 14-Susane Trembulak, 17-Virginia Bayless, Marilyn Davsko. Flight 2: 16-Linda Mandala. 18-Joan Cecchini. 19-Pat Gill, Carla Kimball

Flight 3: 18-Mary Ann Mc Court, Mary Vliek. 22-Connie Deignan, Cathleen Hathaway.

Flight 4: 18-Sheila Ashe, 19-Donna McCombs. 20-Lorraine Bill, 22-Eve Harvey.

Bingo Bango Bongo July 25

7-Eileen Gustavus. 8-Susane Trembulak. 12-Lydia Flinchbaugh. 11-

Donna McCombs. 10-Susan Wilkes. 6-Cathleen Hathway. 14-Lorraine Bill-14. 7-Sheila Ashe. 6-Kathy Hall. 10-Joan Rappa. 9-Kathleen Dushary. 8-Marcie Hock. 14-Barbara Enos. 7-Joan Cecchini. 6-Connie Deignan. 11-Kathy Zunica. 9-Linda Mandala. 7-Pat Gill. 11-Marilyn Davsko, Carla Kimball. 5-Kay Budd.

Modified Scramble Aug. 1

40-Connie Deignan, Marilyn Davsko, Sheila Ashe; 41-Eileen Gustavus, Blind Draw, Susan Wilkes; 43-Susane Trembulak, Mervyn Paz, Donna McComb; 44-Virginia Bayless, Marlene Floeckher, Ann Flynn

Low Gross Silver Tees Aug. 8

Flight 1: 39-Susane Trembulak, 37-Kay Budd.

Flight 2: 40-Joan Cecchini, 42-Linda Mandala, 43-Marlene Floeckher.

Flight 3: 45-Jean Flynn, 47-Ethel Miller, 49-Marcie Hock. Flight 4: 42-Donna McCombs, 46-Kathy Hall, 48-Mary Vliek



Candler Hills Men's Golf

Dave Miller

On Tuesday, July 25, we enjoyed the company of many members of the On Top of the World Men's Golf Association as they joined us for a Modified Scramble event. It's always fun when we can have joint events combining the two men's golf groups.

Individuals scoring extremely well during regular league play in-

cluded four gentlemen who shot 71 - one under par! They were Jon Hill, Jay List, Bob Miles and Joseph Schuberth (whose score was also under his age). Congratulations to all four! Others scoring well include: Everett Kimball (74), Walt Pacuk & Larry Kettlewell (75), Larry Rackstraw & Julian Hobby (76), Joe Jingco, Paul Rubly & Joe Damiata (77), Robert Hutson (78) and Bill Anger & Bryant Giffin (79). Well done!

Two-Man Best Ball July 18

AD Flight: 59-Joseph Schuberth & Randy Ford. 60-Paul Rubly & John

Workman. 62-Jay List & Stan Jarmel. 64(tie)-Joe Damiata & Gilbert Green and Everett Kimball & Tom Neville.

BC Flight: Tie at 61-Chuck Lafferty & Dennis McCourt and Dale Budd & Ken Zweiback. 62-Larry Rackstraw & Paul Silliman. 63-Bill White & John Podkomorski.

Modified Scramble July 25

279-Joseph Schuberth, Gary Lyman, Danny Newby & Edward Rossi. 280-Walt Pacuk, Rusty Rhodes, Bill Engels & blind draw. 282-Bryant Giffin, Mike Wathen, John Workman & John Bauer. 285-Dave Miller, Bob Flynn, Gil Green & John Toner. 286-Tom Presnick, Dennis McCourt, Chris Lyndrup & Ed Vloria. 287-Larry Rackstraw, Brian Wilder, Jerry Ashe & Howard Hudgens.

Individual Stableford Aug. 1

Flight 1: 41-Jon Hill. Tie at 39-Everett Kimball & Julian Hobby. Tie at 38-Larry Kettlewell, Jay List & Walt Pacuk.

Flight 2: 43-Robert Hutson. 41-Joe Damiata. Tie at 40-Paul Rubly & Larry Rackstraw.

Flight 3: 44-Joe Jingco. 40-Gil Brooks. 36-Dale Budd. 35-Ken Zweiback.

Flight 4: 42-John Podkomorski. 37-Tim Beaty. 36-Richard Freeman. Tie at 34-David Green & Rick Lilly.

Four-Man Team Quota Points Aug. 8

36-Larry Smallwood, Bob Miles, Joe Jingco & Edwin Vloria. 24-Chuck Lafferty, Jon Hill, Jim McGrath & Tom Racinowski. 17-Paul Rubly, Bill Anger, Ken Zweiback & John Podkomorski. Tie at 16-Larry Rackstraw, Joe Damiata, Richard Freeman & blind draw and Dave Miller, Larry Kettlewell, Randy Ford & Bill Horton.

We welcomed Bob Miles and Dick Ross as new members this month. If you are interested in playing with our group, check out our website (chmga.com), send me an e-mail (millrace1@aol.com), or talk to one of the golf professionals in the Candler Hills Golf Shop.

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Ladies 18-Hole Golf

Susan Rhodes

We had two opportunities to host other community golf leagues this month. On Tuesday, Aug. 22, the Candler Hills LGA-18 league joined us on the Tortoise & The Hare. The following week, on Tuesday, Aug. 29, we hosted the On Top of the World LGA-9 league on the Links.

The latter event marks the beginning of a new way of handling league play when one of our courses is closed for maintenance. Each league will host the other league twice a year. Hopefully, this will improve pace of play on days that we

are sharing the same course.

Our league is open to all women residents, and we always welcome new members. It is not necessary to be a member of the golf course. We have league play starting at 9 a.m. with rally at 8:30 a.m. on Tuesdays. There is no commitment to play every week; you can sign up as late as Monday afternoon. If you are interested in joining us, you are welcome to play as a guest before paying membership dues. For further information, stop by the Golf Shop or contact Deb Martin, president (dmartin662@hotmail.com).

Silver Tees (3 Best Balls, Net) July 18/Tortoise & The Hare

190-Su Freeman, Sherrie Damiatia, Connie Loviska. 191-Susan Rhodes, Beverly Ovrebo, Donna Brunell. 192-Johanna Forceno, Valerie Smith,

Mary Lyon. 193-Joan D'Addio, Sandy Chase, Dee Howie.

Best Nine (2 Best Scores Net) July 28/Links

68-VaDonna Hall, Peggy Wiechmann, Paula Hammonds. 69-Linda Bervinkle, Sandy Chase, Beverly Ovrebo. 71-Johanna Forceno, Yuhlan Cho, Geri Treppa. Tie at 73-Joan D'Addio, Carolyn Cummings; Valerie Smith, Virginia Madura, Mary Lyon; Linda Blewitt, MJ Strelec, Faye Barbee; Iro Lisinski, Lynn Barber, Connie Loviska.

Shamble (2 Best Ball Net) Aug. 1/Tortoise & The Hare

119-VaDonna Hall, Patricia Lindstrom, Piper Thomas. 120-Gail LaGrange, Yuhlan Cho, Mary Lyon. 121-MJ Strelec, Virginia Madura, Paula Hammonds. 124-Susan Rhodes, Beverly Ovrebo, Donna

Brunell. 127-Joan D'Addio, Rosemarie O'Neil, Geri Treppa.

Low Gross, Low Net (Individual) Aug. 8/Links

Flight 1 Gross: 80-Deborah Martin. 87-Gretchen Normandin. Flight 1 Net: 70-VaDonna Hall. 74-Gail LaGrange. Flight 2 Gross: 87-MJ Strelec. 92-Iro Lisinski. Flight 2 Net: 68-Debby Wilson. Tie at 74-Linda Blewitt, Susan Rhodes. Flight 3 Gross: 92-Angie Jingco. 95-Yuhlan Cho. Flight 3 Net: 70-Connie Loviska. 74-Dee Howie. Flight 4 Gross: 96-Geri Treppa. 104-Faye Barbee. Flight 4 Net: 68-Donna Brunell. 80-Yoshiko Young.



Candler Hills Ladies 18-Hole Golf

Joan Gustafson

The summer heat is still on at Candler Hills Golf Course. The late afternoon showers have kept our course in excellent condition. September is here and many of our fall activities will be starting. Events to keep in mind are Thursday, Sept. 7 - league meeting and luncheon; Thursday, Oct. 19 to Thursday, Nov. 16 - Presidents Cup, Thursday, Nov. 30 - holiday party at The Lodge at Candler Hills; Tuesday, Dec. 5 and Thursday, Dec. 7 - Stone Creek Challenge; and Thursday,

Jan. 18, 2018 - Mid-State Pro Lady at Candler Hills. Please check our website where all of this and current news is posted.

Anyone interested in joining our league should contact Betty Dong at bddong@gmail.com or pick up an application from our league book.

We are looking forward to an exciting season and cooler temperatures. Until next time, "hit them straight."

Revert 2 Holes to Par July 20

Flight 1: 62-Bev Ovrebo. 67-Sue Freeman. Flight 2: 60-Lynne Thesman. Tie at 66-Judy McGrath and Angie Jingco. Flight 3: Tie at 67-Deanne Green, Carol Clark. 70-May Chin.

Flight 4: 58-Kate Beaty. 63-Kathy Zunica. Tie at 65-Irmgard Anger, Ilyong Dicus.

CHA CHA July 27

Flight 1: 94-Angie Jingco, Pamela Monk, Irmgard Anger. Flight 2: 96-Sue List, Betty Dong, Kate Beaty. Flight 3: 97-Bev Ovrebo, Carol Clark, Ilyong Dicus.

Nose Aug. 3

Flight 1: Tie at 36-Connie Norris, MJ Strelec. Flight 2: 31-Judy McGrath. 35-San-

dy Chase. Flight 3: 35-Carol Clark. 36-Irmgard Anger. Flight 4: 34-Ilyong Dicus. Tie at 36-Kate Beaty, Kathy Zunica, Sandy Noe, Joan Gustafson.

Low Gross-Low Net Aug. 10

Flight 1 Gross: 80-Bev Ovrebo. Flight 1 Net: 70-Connie Norris. Flight 2 Gross: 90-Carol Oman. Flight 2 Net: 71-Angie Jingco. Tie at 72-Judy McGrath, Pamela Monk. Flight 3 Gross: 92-Gail Banavage. Flight 3 Net: 70-Irmgard Anger, Kathy Smyth.



Candler Hills Ladies 9-Hole Golf

Kathy Hall

One day at my computer I found free-online-golf-tips.com. It's a website with short golf videos and instructions that are easy to understand. You can start at the beginning with fundamentals, or find a segment that deals with a particular question you might have about your own game. Try it - you'll like it!

Ever wonder why golf courses have 18 holes? Well in 1858 at St. Andrews, a senior member pointed out that it takes exactly 18 shots to polish off a fifth of scotch. By limiting himself to only one shot of scotch per hole, the Scot figured a round of golf was finished when the scotch ran out.

On Monday, Aug. 21, Pat Gill and I attended a joint meeting of the representatives of all the leagues and the golf professionals to work out everyone's calendars for the upcoming year. I know our league has a lot of plans and events scheduled for a really active and fun season. Keep an eye out for the updated calendar on our website and/or your e-mail.

Team Stableford July 13

86-Eileen Gustavus, Cheryl Nesbit, Blind draw, Donna McCombs; 77-Pat Gill, Barb Enos, Mary Giannukos, Deb Malo.

Scramble July 20

38-Pat Gill, Claire Gabert, Julie Crudele, Deb Malo; 39-Linda Mandala, Diane Masterson, Olive Curtin, Sheila Ashe; 39-Susy Trembulak, Cheryl Engeman; Marguerite Piotrowski, Janice Sturm; 39-Kay Budd, Cheryl Nesbit, Mary Giannukos, Donna McCombs

Tee to Green July 27

Flight 1: 31-Kay Budd; 32-Eileen Gustavus.

Flight 2: 33-Claire Gabert; 36-Linda Mandala, Diane Masterson, Marcie Hock.

Flight 3: 34-Olive Curtin; 44-Julie Crudele.

Flight 4: 42-Donna McCombs; 45-Aggie Mahoney.

Fewest Putts Aug. 3

Flight 1: 17-Susy Trembulak; 19-Carla Kimball, Cheryl Nesbit.

Flight 2: 16-Mary Ann McCourt; 17-Rocket Johnson, Mary Vliek.

Flight 3: 17-Julie Crudele; 18-Mary Giannukos, Aggie Mahoney, Eve Harvey.

TOES Aug. 10

Flight 1: 25-Kay Budd; 28-Barb Enos.

Flight 2: 24-Diane Masterson; 25-Cheryl Nesbit.

Flight 3: 29-Olive Curtin; 30-Julie Crudele, Deb Malo.

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Men's Golf Association

Tom Cummings

As this summer comes to a close, it will only be a couple of months before we can quit complaining about the heat and start complaining about the cold. The summer has brought many new members to our group and about the time you're reading this the snowbirds will be flying south, so things will really be picking up as we welcome everyone back with the start of chicken day the first Wednesday in September.

Here is hoping everyone had good health and a fun filled summer.

**Individual gross
June 14**

Flight 1: 63-John Langville; Tie at 64-Charlie Dove, Jon Hill.
Flight 2: 62-Dennis McCourt; 65-Dan Szall; 69-Dale Budd
Flight 3: 65-Ray Brunell; 67-Dennis Barber; 68-Bob Mondore
Flight 4: 71-Tom South; 72-Joe Mandela; 74-Paul East.
Flight 5: 68-Bob Egger; 71-Bob Moravec; 73-Tary Bole.
Flight 6: 72-George Lineman; 73-Don Delp; 75-David Stafford.

**A@D/B@C Twosome
June 21**

A@D: 131-John Yenne, Doug Coleman; 132-Joe Wilks with a blind draw; 138-Joe Szall, Tary Bole
C@D: 131-Dennis Barber, Ron Delaney; Tie at 134-Paul East, Jerry Ashe; Ray Brunell, Francis Caprez.

**Individual Stableford
June 28**

Flight 1: 46-Jeff Downs; 45-Larry Manion; 42-Charlie Dove

Flight 2: Tie at 42-Dennis McCourt, Carl Singleton
Flight 3: 44-Paul Silliman; 42-Richard Freeman; 40-Paul East
Flight 4: Tie at 43-Danny James, Bob Egger; 42-Mike Driver
Flight 5: 45-Gary Cornell; 40-Bob Moravec.
Flight 6: 47-Mike Kish; 45-Tommy Cummings; 40-Barry Barringer.
Scramble
July 5
64-Jon Hill, Tom South, Chris Lyndrup, Tom Torrey; 65-Mike Walthen, Guy Walthen, Len Ruble, Jerry Nagel.

**Individual Gross Silver Tees
July 12**

Flight 1: Tie at 62-Charlie Dove, Terry Hoppes; 63-Larry Manion.
Flight 2: 64-Ray Brunell; 65-Mike Walthen; 67-Carl Zeiller.
Flight 3: 67-Richard Freeman; Tie at 68-Ron Delaney, Dan Szall.

Flight 4: 66-Tary Bole; 69-Jerry Ashe; 70-Dutch Schulze.
Flight 5: 70-Phil Johnson; Tie at 72-Dan Carty, Howard Hudgens.
Flight 6: 66-Charles Crenshaw; 72-Barry Barringer; 73-Ed Rossi.

**Team White/Gold/Red
July 19**

63-Charlie Dove, Jerry Ashe, Barry Barringer, Paul Stoecklin.

**Individual Quota Points
July 26**

Flight 1: 15-Terry Hoppes; 10-Charlie Dove; 5-Dale Budd.
Flight 2: 9-Joe Szall; 8-Brian Wilder; 5-Mike Walthen.
Flight 3: Tie at 7-Joe Bologna, Ed Conaway, Ralph Solvold.
Flight 4: 15-Claude Howie; 7-Jim Merrick; 6-Guy Russell.
Flight 5: 8-Danny James; 5-Rick D'Addio; 3-Larry Chase.
Flight 6: 18-John Bauer; 10-Ed Button; 7-Barry Barringer.



Softball

Bill Leon

The summer league is blistering hot along with the temperatures. The most dominant team, Tee Pee Tire, who have been in the lead throughout the beginning of the season have finally shown that they can be beat. After starting with a six win no loss record, they lost their first game to the then lowly Tax Panic team and since then Tee Pee Tire has been on a losing streak

and now within reach, but their bats may begin to blister again and begin to solidify their lead. There are still two more months to go so anything can happen.

The Last Frontier team has shown some life and although their crucial player is out for now, they have begun winning some close games and are now showing signs that there is life in those bats. Although they remain in last place, they have slowly crept up and once their crucial player returns they can be a force to deal with.

The Pavarotti's team is still struggling, but has managed to stay out of the basement; just a game ahead

of the Last Frontier team. The one team that has become the surprise and threat to the Tee Pee Tire team is Tax Panic who have suddenly seemed to have put it together and are now within one game of tying the Tee Pee Tire game. There are still surprises to be seen. There

are still plenty of games to play and barring any bad weather the standings can change quite rapidly.

Team	Won	Lost
2-Tee Pee Tire (Jeff)	9	5
1-Tax Panic (Jimmy)	8	6
3-Pavarotti's (Paul)	6	8
4-Last Frontier (Gerry)	5	9



Western Stars Bowling

Susan Knorr

Are you ready bowlers? Although the Western Stars Bowling League's new season begins today (Aug. 31) we are still looking for new members! We welcome all bowlers looking for some fun and opportunities to meet new friends. Regardless of your bowling experience, even if you haven't bowled in 30 years, anyone can join our league!

Last year's top winning team, won in the last week of regulation play. This year promises to be filled with plenty of exciting competition between old and new teams alike.

The banquet was held in April at Candler Hills Community Center and Gourmet Affair catered it. The entrees served were roast beef, crab stuffed flounder, and chicken breast in a white wine sauce with prosciutto and tomatoes. The food

was excellent. We also went over individual and team accomplishments and awards.

Pete Sanford was re-elected as president, Fred Knorr was re-elected as vice president, and Susan Knorr was re-elected as secretary/treasurer. We also voted on whether to move up our starting time to 1 p.m. (from 3 p.m.). The nays won, so we are keeping our regular time of 3 p.m.

We are still looking for members and substitutes. So if you are looking to meet new friends while enjoying a couple hours each week of bowling, then don't miss out on this exciting opportunity. You can contact Susan Knorr at (352) 304-8025 or susieknorr21@aol.com to sign up or get information. Practice begins at 2:45 p.m. and we start bowling at 3 p.m. beginning Aug. 31.

The coming year promises to bring more excitement and fun. League play takes place weekly on Thursdays. If you would like more information regarding the league or directions to AMF Galaxy West Lanes, call (352) 732-0300 or visit amf.com.

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R/C Car Club

Tom Seitz

Lately the weather has not been very favorable to our racing. We have just finished the wettest July in Ocala many of us can remember, and so far August is looking very similar.

One of the things that makes our club so much fun is that we have competitive races, pitting as many as five racers against each other. We have top notch facilities; complete with drivers stand and timing system. The competition is great fun, fierce and spirited. Our talented announcers make the wild action in these races enjoyable for participants and spectators alike.

To make the races even more competitive and fun for those of us

who are not as advanced as others we have now added an "advanced" class for those who are more expert and have more advanced cars. With this and the novice class, we now truly have a place for every class of car and everyone who wants to enjoy one of the most fun clubs. Our members are competitive but are always friendly and willing to help each other to improve.

Even with this we have managed to get in enough races to have July winners as follows:

Novice—Bruce Silverstein; Tie 2nd Buggy—Jim Ellis & Neil Sorensen; Advanced—Paul Burrey & Charlie Dove; Tie 2nd Truck—Larry Fryer & Brian Wilder; Advanced—Tom Weiss; 4wd Buggy—Gene Mangold; Advanced—Charlie Fisher.

We highly encourage beginners and offer a helping hands session Tuesdays at 9 a.m. If you are interested, this is a good time to find out more about the sport. Our races are



Photo by Tom Seitz

Racing at R/C car track.

at 9 a.m. on Thursdays and Saturdays. Even if you don't join, come on out, bring your chair and watch the races with a bunch of friendly

people. Just a hint for spectators: sit within earshot of the announcer, it adds to the fun.



Billiards Club

Phil Panzera

One of our own scored a fantastic success recently in the 2017 USA Pool League (USAPL) National Championship. The USAPL holds league competitions throughout the country, and then hosts a national championship in Las Vegas each year. Ron Cruce played in the silver division, with 164 competitors, and finished in third place.

This was a considerable accomplishment, as this intermediate player division had a handicap format. The handicaps each player received meant that each match was theoretically even money, assuming both players' ratings were correct. This led to a lot of tense and tightly contested matches, but Ronnie held in there under enormous pressure.

It was also very physically demanding, as Ronnie's first match was at 9 a.m., and he played matches all day long until almost midnight. Ronnie told me he was so tired he could barely walk, but he held in there, and did what he had to do. If you haven't already, please congratulate Ronnie for this tremendous achievement.

Tip of the Month: Ronnie's strong mental performance inspires this month's tip. Okay, you're staring at this monster-hard shot, thinking, "Oh Lordy, what am I going to do with this?" Many players just fall into the trap of thinking that they're not going to make it anyway, so they give the shot little thought, little preparation, get down and take one or two warm-up strokes, and then send the ball flying heaven knows where. Sound familiar?

Let's consider a different approach. So it's a hard shot ... so you're probably not going to make it ... so what? Life is tough, and pool is tough, but in challenge there is

opportunity. The opportunity to rise above the test, hold your head high, and walk off with a smile and congratulations from your friends. In fact, don't we all get the greatest pleasure from making an extremely difficult shot instead of a simple one?

So instead of approaching the shot with a defeatist air, which inevitably becomes a self-fulfilling prophecy, give it your very, very best shot. It's only natural that a

hard shot requires harder work on your part, so give it your all.

Concentrate as hard as you can. Take extra time in aiming. If you're not sure exactly where to hit, move the cue slightly left until it's clearly wrong, and then slightly right until it's clearly wrong, and the correct aiming line is likely right in the middle.

If it's a long shot, try lowering your head more, make sure you have a smooth stroke (no poking!),

stay down and follow through.

The message here is not just to focus more on proper physical execution, but more importantly to control the mental side of the game. Never give up; never surrender; give it your very best mental effort, and you might be surprised at how many more of these challenging shots you make.

LEASH LAW
Dogs must be on a leash at all times.



Photo by Phil Panzera

Ron Cruce, with his third place trophy from the USAPL National Championship.



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Fit Tips
Larry Roberson
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Never Too Late to Start!

"I haven't exercised in years, why should I start now?" Even if you have not been a regular exercise participant, it's never too late to start! Regular cardiovascular exercise, such as brisk walking, bicycling or swimming strengthens the heart and lungs and boosts energy and endurance. Regular exercise also helps control blood sugar, blood pressure, cholesterol levels and works as a natural mood elevator. Strength training helps preserve muscle mass and bone health. Combining cardiovascular and strength exercise is the best way maintain function and independence. Sedentary lifestyles raise the risk of developing serious health conditions such as diabetes and heart disease.

FIT TIP #1: Schedule your workouts with the same importance as your doctor's appointments. Many physicians agree that "exercise is medicine" therefore we should be putting a higher priority on sticking to regular physical activity.

FIT TIP #2: If weight loss is one of your exercise goals, weigh yourself only once a week. Weight loss isn't going to happen right away and weighing yourself everyday can lead to discouragement.

FIT TIP #3: Don't give up! If you're not seeing results from your workouts as quickly as you expected, focus on the immediate benefits of exercise such as sleeping better, higher energy levels, feeling more positive ... giving up is not an option!

On Top of the World NEWS

MISSED DELIVERY?
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Arbor Club Indoor Pool							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming		
7:00 AM	Open	Open	Open	Open	Open		
8:00 AM - 9:00 AM	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk		
9:00 AM - 10:00 AM	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*	Shallow Water Fitness Class*	Deep Water Fitness Class*		
10:00 AM - 11:00 AM	Open	Shallow Water Fitness Class*	Closed for Cleaning 10:30 AM - 11:30 AM	Shallow Water Fitness Class*	Open		
11:00 AM - 12:30 PM	Lap Swimming	Lap Swimming	Lap Swimming (opens at 11:30 AM)	Lap Swimming	Lap Swimming	Open	Open
12:30 PM - 1:30 PM	Aqua Belles**		Aqua Belles**	Open	Aqua Belles**		
1:30 PM - 3:00 PM				Water Volleyball*** 3:00 PM - 5:00 PM			
3:00 PM - 5:00 PM	Open	Open	Open	Open	Open		
5:00 PM - 7:00 PM				Open			
7:00 PM - 8:00 PM							

Monday through Friday, 6 a.m. to 8:30 p.m.; Saturday, 7 a.m. to 8:30 p.m.; Sunday, 9 a.m. to 7 p.m.
 Indoor pool closed for cleaning every Wednesday from 10:30 to 11:30 a.m. Outdoor pool closed for cleaning first Wednesday of every month
 * One hour, fee-based class. ** One hour club activity. *** Two hour club activity.

Ladies Shuffleboard		Pickleball		Women's Softball	
	Beverly Drennan		Bill Daugherty		Sandy Hoskins

The Ladies Shuffleboard Club has played all summer and we will be starting our 2017-2018 season with an open membership meeting on Wednesday, Sept. 6, at 9 a.m. This meeting is open to all women residents. Coffee and doughnuts will be served. At that time, \$10 dues will be collected and appropriate paperwork will be signed and collected.

Flyers have been posted throughout the community with information for the 2017-2018 season. If you would like further information, call President Nina Lindh at (352) 209-0003, or Captain Lois Nix at (352) 854-0558.

All women residents are welcome for a fun time. New members will be welcomed at the membership meeting at the pavilion next to the shuffleboard courts.

Beginners are welcome. It is a fun game to learn, and a good way to make new friends.

The second annual North Central Florida Pickleball Doubles Tournament will take place on our courts on Saturday, Nov. 4 (rain date Nov. 5). If you're growing weary of seeing the same old faces across the net from you, you'll love playing with and against players from other communities during this regional tournament. Your \$20 registration fee covers your court time, lunch and a goodie bag with a sports towel. This team effort between the Pickleball Club and the Rotary Club of Ocala Southwest raises funds for the Ocala Domestic Violence Center. Go to pickleballocala.com to download a registration form or to sign up online.

The club pickleball tournament, for club members only, will take place on Monday, Nov. 13. Group one for beginner/intermediate and group two for advanced players.

A picklenic will take place on Saturday, Nov. 18.

We're back ... and starting up our 2017-2018 softball season! Hopefully you all had a nice break over the summer and are ready to play ball.

On Friday, Sept. 8 there will be an organizational meeting for last year's players. We will meet at 8:30 a.m. at the pavilion by the softball field. On Thursday, Sept. 14, we will have a table at the Club Fair to recruit new players. Our first official practice will be on Friday, Sept. 15 at 8:30 a.m. at the softball field.

Just as a reminder, we have something for everyone - play ball, help umpire, help coach, cheer us on. Our attitude is "no excuses;" we all do what we can and we all have fun. This season we plan to keep the same schedule of Tuesdays and Fridays, from 8:30 to 10 a.m. For more information, call Carol Singer at (352) 509-4066 or Sandy Hoskins at (309) 696-9140.

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National Fall Prevention Awareness Day

There are many myths and misconceptions surrounding older adult falls. Let's empower ourselves to take action against falls and debunk some of these myths:

MYTH #1: "Falling happens to other people not me." The unfortunate reality is that one in three older adults falls every year in the U.S. (about 12 million).

MYTH #2: "Falling is something normal that happens as you get older." Falling is not a normal part of the aging process, it is due to a set of risk factors mostly related to inactivity which results in a loss of strength and balance. Exercise is a critical component of a fall prevention program.

MYTH #3: "If I limit my activity I won't fall." This may seem like a logical solution to warding off a fall but in truth it puts you at a greater risk because of the continued strength and flexibility decline associated with sedentary lifestyles. Keep moving to stay strong!

MYTH #4: "I will worry my family and friends if I share my fear of falling." Expressing your fear of falling with your family, friends and doctor can be very beneficial. Your doctor can check your medications (some make you feel dizzy) and talk to you about the right type of exercise. Your family and friends can support your efforts to maintain a safe environment and help you stay active.

MYTH #5: "I'm concerned about a loved one that I think is at risk of falling but I should mind my own business and not say anything, it might hurt their feelings." Let your loved one know you are concerned and then offer to help set up an action plan to reduce the fall risk. A good action plan would be: see health care provider, have vision checked, ensure the home environment is safe, wear supportive footwear and seek out an exercise class.

National Fall Prevention Awareness Day is observed every September on the first day of fall. This nationwide effort is directed at reducing the risk of falls in older adults. The Recreation Center Fitness Center is proud to observe National Fall Prevention Awareness Day on Friday, Sept. 22. All of our group fitness classes on this day will be dedicated to exercises that help to preserve strength, improve posture and balance and prevent falls. These special classes do not require sign up and are free to all residents! The schedule for Friday, Sept. 22 is as follows:

- **8 A.M. - GROOVE & GAIT:** Get your groove on with low impact choreography and better your balance with gait training patterns and drills designed to improve walking

FITNESS SCHEDULE						
September 2017						
Recreation Center Fitness Room						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7:00 AM	Oxycise	Oxycise	Oxycise	Oxycise	Oxycise	
8:00 AM	Zumba® Mix Madelyne	S.O.S. Jonathan	Wednesday Warrior Jessica	S.O.S. Jonathan	Dance Party Jessica	
9:00 AM	Tai Chi Art	KBKB Han	Intro to Yoga Jessica	KBKB Han	Strength & Stretch Ingrid	
10:00 AM	Balanced Body Madelyne	Chair Yoga Kathy	Balanced Body Jessica	Chair Yoga Kathy	Balanced Body Madelyne	
10:50 AM	S.O.S. Larry	S.O.S. Roger	S.O.S. Larry	S.O.S. Linda	S.O.S. Larry	
11:45 AM	Get Fit While You Sit Kitti	Golden Oldies Groove Madelyne	Get Fit While You Sit Kitti	Golden Oldies Groove Madelyne	Get Fit While You Sit Madelyne	
1:00 PM		Fitness Orientation**		Balance Assessment**		
5:00 PM		Intro to Yoga Kathy				
Recreation Center Fitness Center Hours: Monday-Friday 6:30 AM - 8 PM; Saturday 7 AM - 8 PM; Sunday 9 AM - 5 PM						
** Fitness center orientations and balance assessments are free. Please call (352) 854-8707 Ext. 7534 to reserve your spot.						
Recreation Center Ballroom						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
10:45 AM	Zumba® Gold Kitti		Zumba® Gold Kitti		Zumba® Gold Madelyne	
Arbor Club						
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
9:00 AM Indoor Pool	Deep Water * Larry	Shallow Water * Barb	Deep Water * Larry	Shallow Water * Barb	HIIT Deep* Larry	
10:00 AM Indoor Pool		Shallow Water * Barb		Shallow Water * Barb		
Fitness classes (with the exception of aqua) at the Arbor Club have moved to the Arbor Conference Center in suites listed below						
9:00 AM Arbor Conference Center				Qi Gong (E,F) Art		
9:15 AM Arbor Conference Center	Yoga* (G,H) Barb Anne		Hatha Yoga*(D) Barb Anne		Yoga*(G,H) Mary	
10:00 AM Arbor Conference Center				Intro to Tai Chi (E,F) Art		
11:00 AM Arbor Conference Center				Tai Chi Joint Health* (E,F) Art		
*Denotes a fee based class						
National Fall Prevention Awareness Day - Friday, Sept. 22 Special morning classes! See Cammy Dennis' column for more information.						

mechanics.

- **9 A.M. - STRONG, STABLE AND STEADY:** Develop muscles that are balanced in both strength and length to improve posture and balance.
- **10 A.M. - THE F.A.B. WORK-OUT (FUNCTION AND BALANCE):** Practice exercises in a seated position, then stand up for exercises that support everyday function and fall risk reduction.
- **10:50 A.M. - BALANCE B.O.S.S. (BASE OF SUPPORT SCHOOL):** Strength training with a twist ... all the exercises will incorporate a varied base of support to train the body for better balance.
- **11:45 A.M. - MOVE TO IMPROVE:** These seated exercises are designed to improve strength and stamina, both important elements for fall prevention.

On Top of the World NEWS
UPCOMING PUBLICATION
October Issue
Thursday, Sept. 28, 2017

Social HOUR

Join us on **Thursday, September 28th** to enjoy an evening of music played by Long White Cloud. Bring your neighbors and enjoy a cash bar and hors d'oeuvres (while they last)!

FREE EVENT FOR RESIDENTS AND THEIR GUESTS!
Recreation Center Ballroom • 4:00 pm - 6:00 pm

On Top of the World FOR MORE INFORMATION CONTACT THE RECREATION CENTER OFFICE AT 352-854-8707 EXT. 7530 OR 7533.

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Tennis

Jorge Privat
(352) 387-7539

I am glad to report that pretty much all of you have been staying hydrated during the summer months! Tennis is a demanding sport on your body; please continue your healthy regimen in order to perform well on the courts.

This month, we will decide when to return to playing three sets instead of two. In October, we will have a general meeting to discuss adding activities to the tennis program as well as any questions or suggestions you might have.

I encourage you to watch the US Open. You can learn a lot from watching match play, especially those players who have the same style of play as you do.

THE SERVE: Concentrate on your toss. Place the ball where you can easily hit it. Practice your serve

at least to where you don't give many free points away by double faulting. (This is one stroke you can practice alone.)

As you progress, you can add power, direction and spins to make the return more difficult for your opponent. Change the pace of your serve. A faster or slower ball than your normal serve can throw off your opponents. If you always miss the first one, your opponents set themselves up for the second serve, ready to take up the offensive position. By varying the speed of your serve, you make it less predictable and reduce the effectiveness of the return.

THE RETURN OF SERVE: Start by hitting your return cross-court. This is the bread and butter return in doubles. Usually, the ball crosses the net at its lower point, and when you hit diagonally, you have more court to work with. Avoid the person at the net; his job is to put easy ball away. Try the lob. This is a great way to mix up your returns. You will usually lob over the

net person's head. This gives you and your partner an opportunity to take over the net position.

Practice your volleys as much as you can, because taking the net position is paramount to playing doubles; chip and charge, low and deep, but don't charge the net if your approach shot is too easy to handle. At the higher levels, the team at the net usually wins the point, so trying to get to the net should be one of your objectives. If one of your opponents hits a weak second serve, focus on hitting a deep cross-court return and follow the ball to the net.

A more surprising move is if you poach when your partner hits a good return (a deep and low cross-court). Play back as a team. You might do this if you and your partner have great groundstrokes but your volleys are weak. Another situation is when your opponents have great groundstrokes or volleys, making you and your partner target practice.

THE PASSING SHOT: You need

steady nerves and a variety of shots to beat an opponent who has ventured to the net trying to rob you of time. It's hard not to feel rushed and flustered. Instead of focusing on the ball, you get consumed by the player in front of you. You need to prepare early, pick a target, stick with it and complete your swing. At the beginner level, force your opponent to volley. At lower levels of play, the panic factor is elevated. But, if you analyze the situation, you should not feel much pressure. In all likelihood, your opponent is not a proficient player, so there is little reason to fear his presence at the net. Concentrate on watching the ball hitting the strings and completing your stroke. If you make solid contact, your opponent is going to struggle with the volley. If you don't have a clear pass, this is when the lob comes into play. It can move your opponent back off the net into a defensive position. And keep on practicing those volleys.

See you on the courts!



Shuffleboard

Walter Lamp

Well, it's September and that means our 31st year for shuffleboard begins. My wife and I have been playing for about a year and a half and we really enjoy it. The game is fun and everyone has a good time.

I would like to take this opportunity to thank Grace Rohde, who was writer of this column for the last six years. She kept us in the loop with informative and interest-

ing columns. She is still playing the game, but wants a well-deserved rest from writing.

We have a newly elected board: Bob Stubbs - president, Gary Campbell - vice president, Annette Hodges - treasurer and Jane Boyer - secretary.

The schedule for the new season beginning on Friday, Sept. 1 is as follows:

- Monday, 9:30 a.m. with Captain Charlie Lentz.
- Tuesday, 1:30 p.m. with Captain Paul Hodges.
- Wednesday, 1 p.m. with Captain Bob Durst.
- Thursday, 9:30 a.m. with Captain Bob Stubbs is the

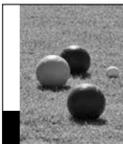
captain.
• Friday, 9:30 a.m. with Captain Roger Werner.

There are four ways to keep informed of the happenings of this club. First, visit our website at otowShuffleBoardClub.com. Second, call Bob Stubbs at (352) 509-7142 or Paul Hodges at (703) 216-0080. Third, our bulletin board, which is located in front of the shuffleboard courts. Finally, read this monthly column.

The Club Fair, on Thursday, Sept. 14, is fast approaching. Just a reminder, the Shuffleboard Club will be there with some members manning the table to give you a brief description of the game and how it

is played. We would be happy to answer any questions you might have, so why don't you stop by and get acquainted with us?

To help those who want to try shuffleboard but are not really sure of the way the game is played, we have a solution. Paul Hodges, a member of the club and team captain, will hold an introduction to shuffleboard seminar on Friday, Sept. 22, at 11 a.m. at the shuffleboard courts. This is open to all beginners. He will cover all the basic rules, how to play the game including strategy and how to keep score. We hope to see you soon ...



Bocce

Micki Malsch

This is how we roll! The new sea-

son is fast approaching! In September, open bocce will be played on Mondays, Wednesdays, Fridays and Saturdays at 9 a.m. and 1:30 p.m. These are open play days and anyone who shows up can play. Teams are determined by the luck of the draw. This is your chance to watch and learn or play! Players are show-

ing up very early to assure their spot to play. There is a sign-up sheet and the first 32 names on the sheet get to play. Please come early to sign up to assure your spot!

League play commences on Tuesday, Oct. 3, at 9 a.m.

We are always looking for members to substitute or join the league. We encourage you to stop by and see how the game is played and what fun we have. So please call and express your interest in playing! It's a lot of fun and you get to make new friends! If you have an

interest in playing on a team, please contact the Bocce Club President Joe Bartosh at (608) 553-1602. We may be able to start another league if enough people want it.

Annual dues are \$10 and both league and open bocce players must pay dues and sign a consent form. Dues will be collected by team captains the first two weeks of the new season beginning in October.

For further information, please contact Joe Bartosh, president, Bocce Club at (608) 553-1602. Until we roll again ...

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Ballet Club

Eugenie Martin

When many of us were younger, school started shortly after Labor Day. As a result, the holiday was considered the end of the summer, and the rest of September was the time for resumption of regular activities often interrupted by the summer months. Here in Ocala, the weather may continue to be summery for months, but our activities often follow our "old" school year.

During the summer, many of us host visits from family and friends, and go on vacation ourselves. These activities may interrupt our regular physical activities. Now is the time for all of us to resume our regular fitness patterns.

For anyone who likes to dance to beautiful music, our ballet classes may be perfect. With ballet, you will develop greater strength, flexibility and balance. In addition, our classes are lots of fun. While I am usually the teacher, we all encourage and help each other when we can. No one is made to feel bad in any way. We are all learning together.

If you want to join us in any class and have no ballet clothes, do not worry. You can start with exercise clothes and socks, and get ballet clothes later. We also bring a bottle of water to class, and a neck pillow or rolled towel for the Fusion Floor Barre.

All of our classes are held in the Arbor Club Exercise Studio next to the indoor pool. Our class schedule follows:

- Beginner: Tuesdays, 11 a.m. to noon; Fridays, noon to 1 p.m.
- More advanced: Tuesdays and Thursdays, 1 to 2:15 p.m.
- Fusion Floor Barre: Saturdays, 11 a.m. to noon.

Please call me before you come to class. That way, I will be able to help you decide which class is best for you to start, and be able to welcome you to our group. I look forward to hearing from you at (352) 854-8489. Happy dancing!



Running Club

Sandy Hoskins

The Running Club starts our runs from the Candler Hills Community Center parking lot on Thursdays at 7 a.m. We run three to four miles and stay together for at least the first several miles ... at the pace of the slowest person. We would love to get more people involved and even have different paced groups. Please join us some week and check out the fun. All ability levels are welcome.

Stop by and see us at the Club Fair on Thursday, Sept. 14! For more information, call Bill Tanski at (609) 876-3520 or Sandy Hoskins at (309) 696-9140.



Line Dancing

Nancy Carmack

Our summer break is over and our new line dance season begins on Monday, Sept. 11. Sign up for these classes at the Recreation Center office each week day except Mondays. The cost is \$10 for four weeks of class each month. There are four different levels of classes taught by Marilyn McNeal, which include Improver Plus, Beginner Level Two, Beginner Level One and Absolute Beginner.

If you have never danced before, sign up for the Absolute Beginner class. If you have dance experience, then just sign up for the class that you think best fits your skill level. You are allowed to change to a different class if the one you choose doesn't work for you.

It is not necessary to sign up for Nancy's Intermediate class. In line dancing, the Intermediate level is just below Advanced, so it requires more dance experience. If you think you'd like to give this class a try, just show up and join us.

In spite of our hot and rainy summer weather, many of our dancers still showed up at The Town Square on Friday and Saturday nights to enjoy this wonderful hobby. We also dance at Happy Hour on Friday nights.

We didn't have our monthly dance in August, but we will be back on schedule with this dance beginning Thursday, Sept. 14.

Come and join us, have fun, and stay in line and step when the drum goes thump.

For detailed information, contact Marilyn McNeal at (352) 824-1546 or Nancy Carmack at (352) 533-8870.



New Circle Squares

Doty Huston

We are so happy and excited to tell everyone that we are back. This is the New Circle Squares. Come as you are (casual attire), twice a month starting Tuesdays, Oct. 10 and 17, at 6:15 p.m. in the Arbor Conference Center, Suites E and F. The caller will be Ron Libby.

On Saturday, Oct. 21, we will have our first big dance in the Recreation Center Ballroom. It's "Pumpkin Fest" and everyone will dress in our nice square dance clothes. I promise the ballroom will be dressed as well, with the best pumpkins ever and some awesome finger foods, as we proudly present caller, Scotty Sharrer and cuer, Loretta Hanhurst. Early rounds begin at 7 p.m. with squares at 7:30 p.m.

On Tuesday, Nov. 7 our new home will be at The Lodge at Candler Hills.

On Tuesday, Dec. 12, we will have a Christmas and New Year's party.

Then onto Jan. 9 and 23, 2018, regular dances with Ron Libby as our caller.

On Saturday, Jan. 27, 2018, at the Recreation Center Ballroom, we are honored to present "Frosty is Back" with Nick Hartley as caller and Joanne Hilton as cuer. Last January, we had 22 squares and we are hoping to beat that in 2018!

Many more surprises to come in next month's column. Everyone is welcome to dance or just come and watch. Life is a dance. See you in a square and yellow rocks to all of you.

For any information, call Doty Huston at (352) 873-9062 or Carol Spencer at (352) 208-1506.



Sidekicks Western Dance

Carla Magri

Country western partner dancing is most often performed by couples circling the dance floor in a counter-clockwise direction. On occasion the dances are done in place with the couples in a line or spaced randomly around the dance floor. A number of dance steps are learned in a certain sequence and this sequence is repeated throughout the dance. The particular steps and the order in which they are done is what makes each dance different. Some dances, such as the two-step, triple two step or freestyle waltz are not programmed, but are lead/follow.

Country western partner dancing is known in some parts of the country by different names, such as couple dancing or partner pattern dancing. The individual steps are quite similar to line dance steps, but done with a partner. Since country western partner dancing has its roots in country music, that's the type of music used most often. However, many rhythms are danced, such as waltz, cha cha, rumba, polka, swing and merengue, even tango, so occasionally other types of music may be used as well.

Join us for our Basics for Beginners class on Tuesday, Sept. 26, at 5:45 p.m. at the Recreation Center Ballroom and visit us at the Club Fair, same place, on Thursday, Sept. 14, from 10 a.m. to 1 p.m.

You can also check us out online at patternancers.wixsite.com/sidekicks and watch our videos on YouTube.com (enter ro67ger in the search box). Happy trails!

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On Top of the World

Registration is required so they will have an accurate count of supplies to bring. You may register by calling the Recreation Center office 352- 854-8707 ext. 7380 or 7533.

#11020- 6/17



Horseshoe League

Paul Pardee

The Horseshoe League is a group of residents engaged in competitive fun for the sole purpose of “bragging rights.” It is a unisex gathering.

There are no membership dues. There is a long-standing tradition of funding the league through recycled aluminum cans. For us newer members, it is our challenge to maintain that tradition as long as we can. Bringing cans is in no way a requirement but they are appreciated.

By the time you read this, the

horseshoe players will be enjoying the refurbished pits and preparing for the new season opener on Tuesday, Sept. 5. If you have ever thought about joining, now is a great time to start! New players come in with the league average; at season end it was 38 points. Your 38 average equates to a 20 handicap (based on 90 percent from 60) giving you a very good chance.

Competitive play is by random draw. Therefore, you will be playing against someone each game above or below your average. At the 9 a.m. start each player draws one poker chip, that chip based on color and number describes: which pit, what end, and opponents for the three games of play.

At season start, everyone maintains their existing average through the first six games. Actual average

is computed for the start of game seven. Each game consists of throwing 40 horseshoes toward a one inch diameter stake that is 37 feet away or, if you are female or age 70 and above, then it is 27 feet away. The object is to land the shoe, using the U shape as a hook, over the stake which is called a “ringer” and is worth three points. Falling short of that but the shoe remaining within a shoe width of the stake is worth one point and is the reason for the often spoken phrase, “Close only counts in horseshoes.”

Your opponent tosses from the same end of the pit and whoever had the white chip throws first. There are 20 frames of each player throwing two shoes. Scores and ringers are recorded after each frame. After the first game the win-

ners of the match remain and losers go to the opposite end of the pit for game two. Opponents for the third game are obvious. At the end of the third game the scores and ringers are documented. Wins and losses will be recorded and results will be displayed a day later on the bulletin board.

There is a 13-week winter travel team season. Our teams play against other retirement communities like The Villages (six teams) and Beverly Hills. Any league member willing to travel to other locations is eligible. Travel team average is established after the first three games of competition. There are several tournaments in the area for top tier players.

So, come to the pits on Sept. 5, we'd love to have you. Snowbirds, we'll see you soon.



Cornhole Club

Jim Russell

Weather conditions have been cooperating with our weekly schedule resulting in no missed play for the past several weeks. Although it's been hot and humid, we've seen about 20 players each for the Tuesday, at 6 p.m.; Thursday at 9 a.m. and Thursday at 6 p.m. play times. That's about 60 loyal, dedicated

players having fun playing cornhole during the summer. We continue to see new faces each week and we have had some exciting, spirited games that bring hoots and hollers of joy from the participants. I think it's now official ... cornhole is a fun game that everyone can play.

We have two big events coming up during the month of September. The first is the Club Fair on Thursday, Sept. 14, at the Recreation Center Ballroom, from 10 a.m. to 1 p.m. Be sure to stop by the Cornhole Club table and bring along any new residents or friends who have

not yet signed up to play.

The second, and very important event is the Cornhole Club meeting on Monday, Sept. 25, at the Arbor Conference Center, Suites E and F, from 10 a.m. to noon. This meeting will be the official kick-off of the Cornhole Club. We will be electing our president, vice-president, secretary and treasurer as well as discussing where we will play, what dates and times we will be playing and deciding on the formats we will use in playing cornhole. Be sure to attend and contribute to the discussion.

I have heard folks say that they enjoy the “open play” format we've been using during the summer and I've heard suggestions that we could also have league play. These leagues could be mixed (men and women), men's, women's, singles (one person playing

another person), team (two person team playing another two person team) or even specialized leagues for people sharing a common interest (unmarried/unattached singles, for example). Based on the level of interest, we could have any or all of these ideas implemented. That's why it will be important for everyone who has signed up to attend.

In order to stay up-to-date on all cornhole activities, be sure you have signed up and have your e-mail address on file with Jim Russell at (352) 861-6355 or see him during the weekly scheduled open play times. As always, try to get to the horseshoe complex 15 minutes early to greet our new players and help set up the equipment. Of course, if it's raining, we aren't playing, so do your anti-rain dance a few hours before we're scheduled to play!

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This session in our LEAF Series begins on Friday, September 15th, at 10:30 at the Main Pavilion of Sholom Park.

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THE ON TOP OF THE WORLD THEATRE GROUP PRESENTS...

"Remembering
Through the
Decades"



Open Casting Calls

By Steve McDonald

On Monday, Sept. 11, at 7 p.m., in the Arbor Conference Center, Suites E and F, the Theatre Group will have our first meeting of our 2017-2018 season. Because of the enormous success of our previous "Path to Talent Showcase" presented to our community in March, we will start auditioning for our "Path to Talent Showcase II" production with our new theme entitled, "Remembering Through the Decades."

We are issuing a community-wide open casting call for anyone who would like to audition and potentially qualify to be a part of our March 2018 production, which will be a tribute to specific eras and genres of music and skits from big band, variety shows such as Ed Sullivan and Dean Martin, Laugh In, Grand Ole Opry, and rock 'n roll, just to name a few. Please check out our posters at various venues throughout our community, and invite others to participate and/or attend our program this coming spring.

We will welcome any existing and/or new card-holding residents who wish to display their talents, which may fit into our overall theme.

If you dance (specifically swing, ballroom, rock 'n roll, and American bandstand era), play an instrument, sing (solo or in a group), or wish to perform a skit related to a specific era, then we want to hear from you.

Even if you don't sing, can't

dance, or aren't comfortable on stage, you're in luck. We have a place for you, too! That's right - we need folks to serve as stagehands, backstage, props handlers, costumes, stage construction, and more. We specifically are in need of experienced sound personnel (headphones/microphones, etc.). All these jobs are easy, but necessary.

Our only specific stipulation for being a part of our program is that you must be a resident or a Gateway of Services pass holder. You will be asked to show your resident I.D. at the time of audition. Our judging committee will be looking for a variety of acts pertinent to our theme, so please bring a couple of songs or skits of different genres and eras with you. Skits are limited to five minutes and the subject matter should be pertinent to one of the variety and/or entertainment shows from the past.

Our program last spring was a great hit, and we are looking forward to wowing you again with the endless talent of your neighbors and friends.

We hope to see you starting Sept. 11, at 7 p.m., Arbor Conference Center, Suites E and F, or one of our other monthly meetings (Oct. 9, Nov. 13, or Jan. 8).

You may contact our newly elected president Harry Boyajian at (239) 336-4804, or our membership chairman, Bree McDonald at breejuju_49@yahoo.com for additional information.

'Thriller' Production

By Bob Woods
World News Writer

Last month, the World News announced the upcoming "Thriller" production at Circle Square Commons on Saturday, Oct. 21, at 7 p.m.

Before the production can take place, we need to recruit all you senior kids and setup a practice time and location. Get your costumes ready for this horrific event where witches, ghosts, goblins vampires along with zombies and ghouls will cast their spells and scare those in attendance. The first meeting will take place on Thursday, Sept. 14, at 4 p.m. at Circle Square Cultural Center.

This multi-community fundrais-

er for the Ocala Domestic Violence Shelter is presently recruiting performers, dancers, videographers, stage assistants plus others. All residents from On Top of the World and Stone Creek are welcome to participate. Last year, this production raised over \$7,500 for the Ocala Domestic Violence Shelter and this year the goal is to surpass \$20,000.

The "Thriller" production will dance to Michael Jackson's famous song and routine, "Thriller."

Need additional information? E-mail the production's creative director, Cheri Irwin, at aimfitness@aol.com.



Photo by Bob Woods

Participants in the 2016 production of "Thriller" at The Town Square.

Tips for Travel Photos

By Connie Filip

Whether you want to post on Facebook or hang prints at home, here are three tips to help tell your travel story.

- THOSE TOURIST SITES:** Of course you'll want to take the post-card shots, like the Eiffel Tower in Paris. Just try to make your photographs unique. Shoot up from a very low angle. Take pictures at sunrise or sunset so there's a different "look." Include tourists or family members having fun in the pictures instead of just the structure.
- PERSPECTIVE:** Don't pose your traveling companions in front of Philadelphia's Independence Hall and back up until you have the whole building in the picture. They'll be unrecognizable. Stand them in front of the doorway or the Liberty Bell down the street and get close to them. Take that postcard shot of the building if you must, but make sure your folks are easily identified in your pictures.
- PICTURE YOURSELF:** After you capture the expected, make sure you bring home pictures of the special places and unique events that you'll long want to recall.

ShutterBugs' field trip will take place on Tuesday, Sept. 5 to Stew Paquettes Farmall Tractor Museum in Leesburg. The entry fee is \$15 per person. Visit gcaeatc.com/paquette/ for more information. If you plan to attend, contact Ginny

at ginny7700@gmail.com.

For up-to-date field trip information, visit our club website at otowspc.com.

Consider stopping by on Facebook! Our members post their favorite shots on ShutterBugs PSH (Photo Scavenger Hunt). Anyone can log on and see them. If you're a member with a few favorites of your own, just go to the site and ask to join. John Ware or Norbert Sachs

will give any ShutterBug member permission to play with us.

ShutterBug members ... September is the last month for submissions to our annual photography contest. It's open to all members in good standing. Choose up to three photos, plus one special category - produce (this includes fruit, or vegetables); your 8x10s are due no later than Oct. 1.

Stop in and learn along with us as we watch a new photography DVD teaching series program called "Learn & Master Photography," by Vince Wallace. It's a 24-lesson package!

Our normal monthly club schedule is as follows:

- First Tuesday: Morning field trip.
- Second Tuesday: Instructional DVD.
- Third Tuesday: Photo sharing activities. -Fourth Tuesday: Guest speaker or DVD.

Want to learn more about digital? Stop in at the ShutterBugs' Tuesday meeting. We start at 3 p.m. in Suites B and C of the Arbor Conference Center. Or contact Gary Uhley, our club president, at (352) 854-8536 or guhley@cfl.rr.com.



Photo by ShutterBug Tom Murray

Nubble Lighthouse in Maine.



Photo by Kathy Petrosky

Karaoke Friends as "Soggy Bottom Boys."



Karaoke Friends

Kathy & Charlie Petrosky

We had our very own "Soggy Bottom Boys" at prop night. Mike Rice did the lead singing. Al and Linda Rhodes sang backup and danced. Melinda Rice was strumming the banjo. We really could not guess it was Patty Hainzl singing "Born to Be Wild." She looked like a biker for sure. Ann and Keith Fields wore a bridal veil and top hat and coat and sang about being "The Jacksons." Nancy Warren and Nancy Jennings-Fair sang "Strawberry Fields." Of course they brought back the hippie look. Donnie had his cap cocked on his head and looked the part for "I Like Beer." Charlie had them all

laughing with "If You've Got the Money." Those are only some of the songs that were performed.

Prop night brings out the laughter. People come and listen. Did you know the greatest compliment to an entertainer is that people listen? Our "clappers" make the singers feel like stars.

We welcomed four new singers in August. Any resident is welcome to join us. You can come to sing or listen. We love our listeners. We nicknamed them "clappers." We had over 40 people at the last prop night.

We meet on the first and third Mondays of the month, from 5:30 to 8:30 p.m. Feel free to come any time in between. We are in the Arbor Conference Center, Suites E and F.

We will meet Sept. 4 and 18 (prop night). Come and join in on the fun!



Happy Hookers

Marge Curran

Happy Labor Day from the Happy Hookers!

Where did summer go? But a more relevant question is where did I go? I have been behind on my reporting on the Happy Hookers and I am truly sorry for that. Time flies so fast that I wonder how I ever worked full time. I am so thankful for retirement! We are all very fortunate to live in a vibrant, active community that provides so many options to remain active and involved.

The Happy Hookers meet every Monday, year round, from 1:30 to 3 p.m. in the Hobby Building, Art Studio. This is the building located across from Recreation Center.

Our group is open to all resi-

dents. We don't pay dues and we have no agenda. What we do have is a large group of ladies busy with crocheting, knitting, needlepoint, card crafting, embroidery and handcrafts of all kinds. This is a very talented group that's never too busy to help someone with a difficult pattern or stitch.

We welcome newcomers with open arms and recent months have brought quite a few new faces to the table. Attendees bring whatever they happen to be working on and with the holidays creeping up on us, you'll more than likely find projects with color themes that include a lot of green and red.

Monday, Aug. 7 found the group taking a break from the craft routine to enjoy lunch at Yummy House. The group sets aside the first Monday of every other month for lunch at one of the many eateries Ocala has to offer. The next outing for the Happy Hookers will be on Monday Oct. 2. Stay tuned for the group's decision on the location of the event

Thursday, Sept. 14 is the Club Fair in the Recreation Center Ballroom. Representatives from our group will be there, so stop by and say hello. We would love to meet you and answer any questions you might have! If you can't make the event, feel free to drop in some Monday afternoon or call Naomi Berman at (352) 873-4328.

If you have yarn, pattern books, knitting needles, crochet hooks or other crafting tools that you no longer have a use for, donations are always appreciated. Please call me for pick-up of these items at (630) 336-7105.



GET ACQUAINTED

COFFEE

Thursday, September 28, 2017 from 9 - 11 am
Recreation Center Ballroom

New and existing residents are invited to attend and meet your neighbors while learning about the various clubs and groups that are available for residents. There will be coffee, doughnuts and representatives from various clubs, the fitness center and more. Each representative will speak on the services and programs they offer.

At the end of the event, a short tour will be given to familiarize residents with the facilities and amenities available at the Recreation Center.

For more information call the Recreation Center Office at 352-854-8707 ext. 7533 or 7530.



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- Arbor Club
- Arbor Conference Center
- Candler Hills Community Center
- Indigo East Community Center



HURRICANE PREPAREDNESS

Florida's hurricane season runs through November 30. It is important to plan ahead so you are safe in an emergency. Prepare now for the risks associated with stormy weather and be prepared to act on that plan when alerted by emergency officials.

HERE ARE A FEW TIPS TO HELP YOU PREPARE IN THE EVENT OF A STORM:

- A disaster supplies kit (first aid kit, water, canned food supply, etc.)
- Bring in anything that can be picked up by the wind (bicycles, lawn ornaments, patio furniture, etc.)
- Close windows, doors and hurricane shutters*
- Fill your vehicle's gas tank and any gas cans you may have
- Obey evacuation orders
- Pet owners should have plans to care for their animals

Visit www.nhc.noaa.gov/prepare/ready.php and www.ready.gov/hurricane for additional information.

*Please refer to the Association Rules as to when hurricane shutters may be closed.

NATIONAL FALL PREVENTION Awareness Day

FRIDAY, SEPTEMBER 22, 2017



SPECIAL CLASSES ALL MORNING AT THE RECREATION FITNESS CENTER!

Join the OTOW fitness team for fall prevention classes held all morning at the Recreation Center. Gain insight on how to better your balance and take action to prevent falls!

8:00 AM - GROOVE & GAIT
9:00 AM - STRONG, STABLE AND STEADY
10:00 AM - THE F.A.B. WORKOUT (FUNCTION AND BALANCE)
10:50 AM - BALANCE B.O.S.S. (BASE OF SUPPORT SCHOOL)
11:45 AM - MOVE TO IMPROVE

FOR MORE INFORMATION CALL: 352-854-8707 EXT. 7532



Concert Chorus

Patricia Woodbury

It seems a summer break for the chorus was rather short. At least, it has been for our Director Audrey Strong who has been busy preparing for our winter concert scheduled for Friday, Dec. 2 and Saturday, Dec. 3. This year she promises our performance will be based on all American composers. Director Strong also offered "How to Read Music" classes in August for members and non-members who were interested and the response was very good.

We encourage our residents to drop by our table at the Club Fair on Thursday, Sept. 14 from 10 a.m. to 1 p.m. in the Recreation Center Ballroom and ask questions and

talk with some of the members of the chorus.

Our winter concert rehearsals will begin on Tuesday, Sept. 5 at 9:30 a.m. in the Arbor Conference Center, Suite C. We look forward to welcoming back our current members and some new members. This is the time for new members to come and register with us and determine which vocal part they would sing and receive their music.

This month, I would like to highlight John Grandfield, one of our members in the tenor section. You might remember seeing John in our spring concert. He was the one singing and playing the guitar. He was also the most unique looking "hippy" with wig and all!

John comes from Pasadena, Texas, originally. His education led him to work in the Bell System at the New England Telephone Company as well as with AT&T long lines as a communications techni-

cian and contract work inspector. John moved to our community in October 2016.

His singing career included school glee clubs, church choirs and community choirs. He is a very versatile instrumentalist as he plays guitar, clarinet and tenor saxophone. He not only sings with the chorus, he is also the tenor section leader. He participates with the Dulcimer Players and the R/C Flyers. The chorus is pleased to have John and the benefit of his many talents.

As always, if you think you would like to find your voice and join the chorus, please contact Emery Bjerkman, vice president at (352) 873-9032 with any questions and let her know of your interest. Don't forget the Concert Chorus will begin rehearsals on Tuesday, Sept. 5 at 9:30 a.m. in Arbor Conference Center, Suite C.



Photo by Bill Shampine

John Grandfield.



Encore Collaborative Theatre

Lynn Miller

Fourteen cast members, The Voice of Encore, two glitzy ladies and an emcee in a pear tree ... whoops! This golden evening is yet another Encore total entertainment experience that has become so popular. Each play has a unique theme, which is "gold" for this production. That theme is carried through in

many ways from the dapper tuxedoed portico doorman to the centerpieces.

Since its inception, as a small club, Encore has been known to take on large risks and challenges yet have had sold out performances. This third production is no exception. Although it's another lofty goal for Encore Collaborative Theater Club, it's predicted to be an early sell-out!

The performances for "The Golden Girls Move to On Top of the World" are 7 p.m. on Saturday, Oct. 7 and 3 p.m. on Sunday, Oct. 8.

As always, the seating is comfortable, cabaret-style tables of eight. There will be a cash bar for both performances, which will include bottled water, and other beverages of choice.

"Thank you for being a friend," is the title of the theme song on the popular long-running "Golden Girls" television comedy, which has been in reruns for years. That message sums up the appreciation for their audiences, which Encore

proves with offering a complimentary treat ... bites of cheesecake, of course! Get your tickets today before they are sold out, while there's still time to have cheesecake with the Golden Girls!

In September, tickets (while they last) can be purchased every Saturday (except Sept. 23), from 2 to 4 p.m. at the Recreation Center Ballroom, or call Brenda at (404) 216-3009 or Judy at (954) 805-0876.



Dulcimer Group

B.J. Leckbee

After a laid-back summer, things are ramping up again for our musical group. We've been invited by Master the Possibilities to perform on Friday, Sept. 8, as a finale to their kick-off program for the fall season. We're currently putting together the program for this event, and doing what we do a lot - practicing. A typical program for us includes a variety of music, from waltzes to reels and more. So, come on over if you can, grab a chair, and listen. You might want to sing

along on one of the songs.

Also, several of our member players will be available at the Club Fair on Thursday, Sept. 14 in the Recreation Center Ballroom to answer questions about our favorite musical instrument and our activity schedule. Stop at our table to hear the sound of this made-in-America string instrument. Chances are that the person you'll meet had never played a dulcimer until moving to On Top of the World.

We're a small group and growing, and are pleased to have added talented fiddle, guitar, mandolin and banjo players to our musical family. We practice every Tuesday in the Arbor Conference Center, Suite H, starting at 1:30 p.m. Come listen sometime.

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<p>SATURDAY SEPTEMBER 30TH</p> <p>SMITH BROTHERS BAND</p>	

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2017

SEPT 16

**THE RETURN!
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PeaceOfWoodstock.com
Resident: \$16-18 | Non-Resident: \$18-20

SEPT 30

**TUSK
THE ULTIMATE
FLEETWOOD MAC TRIBUTE**

FleetwoodMacTribute.com/TUSK/
Resident: \$20-22 | Non-Resident: \$22-24

OCT 7

**ATLANTIC
CITY BOYS**

ACBoys.com
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OCT 14

**FREE
EVENT**

**15TH ANNUAL
CRAFT FAIR**

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OCT 28

**THE FAMILY
STONE**

TheFamilyStoneMusic.com
Resident: \$32-34 | Non-Resident: \$34-36

NOV 5

SHOW TIME 5:00 PM

VOICExperience

VOICExperienceFoundation.org
Free with Ticket **
(Limit two general admission tickets per household)

NOV 11

**AMERICAN DREAM SINGERS:
A TRIBUTE TO VETERANS**

Resident: \$14-16 | Non-Resident: \$16-18

NOV 25

**MOTOWN
IN MOTION**

Resident: \$18-20 | Non-Resident: \$20-22

2018

JAN 5

**DAVE & TED
DEUCES WILD!**

WildPianos.com
Resident: \$18-20 | Non-Resident: \$20-22

JAN 12

**HOLLYWOOD NIGHTS:
A BOB SEGER EXPERIENCE**

HollywoodNightsband.com
Resident: \$14-16 | Non-Resident: \$16-18

JAN 20

THE VAN-DELLS

Van-Dells.com
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JAN 27

**BILL HALEY, JR.
AND THE COMETS**

BillHaleyJrAndTheComets.com
Resident: \$20-22 | Non-Resident: \$22-24

FEB 10

**FRANKIE
AVALON**

FrankieAvalon.com
Resident: \$48-50 | Non-Resident: \$50-52

FEB 16

SOLD OUT

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TO THE BEE GEES**

StayinAliveTribute.com
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FEB 23

**BILLY MCGUIGAN'S
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50s, 60s & 70s**

BillyMcGuigan.com
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MAR 3

7 BRIDGES

THE ULTIMATE EAGLES EXPERIENCE

7BridgesBand.com
Resident: \$22-24 | Non-Resident: \$25-27

MAR 9

**KINGSTON
TRIO**

KingstonTrio.com
Resident: \$24-26 | Non-Resident: \$26-28

MAR 17

**POP, ROCK &
DOO WOPP LIVE!**

PopRockDooWopp.com
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APR 14

**BENNIE &
THE JETS**

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Resident: \$20-22 | Non-Resident: \$22-24

APR 20

THE MYSTICS

TheOriginalMystics.com
Resident: \$14-16 | Non-Resident: \$16-18

FREE EVENTS IN 2018

JAN 13

**Health &
Wellness
Expo**

On Top of the World

10 AM - 2 PM

FEB 17

**HOME
IMPROVEMENT EXPO**

9 AM - 1 PM

MAR 10

**Hands Across
The Highway**

9 AM - 1 PM

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41845-3/17

The New Pretenders
Nancy Grabowski

Let us be the first to wish everyone a happy and safe Labor Day! It's difficult to believe we are entering September, yet it provides the opportunity to re-start with clubs and activities.

The New Pretenders have spent the summer in a low-key fashion; but we are gearing up, ready to assume our normal routine. A kick-off party in late September helps to start our performing juices flowing. The road from regular practice begins in October leading us to perfection when we open our performances on Feb. 2, 2018.

Tickets for those three shows will go on sale Wednesday, Jan. 3, 2018 in the Recreation Center Ballroom, at 8 a.m. They will continue to be sold each Monday, Wednesday, and Friday from 8 to 10 a.m.; reserved tickets are \$10 each and general admission tickets are \$8. We think this is quite a bargain since the show runs about two hours.

Our audiences can look forward to seeing some fine folks. George Brush is a veteran performer, pre-

pared to handle his varied roles in the show. A smile that knows no bounds is always evident when George performs; and all of us who know him, know that a kind and warm person produces that smile. Don't be too fooled, George can be quite the jokester, too!

Bob Wroblewski is a most-versatile troupe member. He has performed as the "auctioneer," crooned love ballads, traveled far with songs of warm sands and sunny beaches, and very recently was the chief of police who helped Margaret take down Mr. McBane. Bob is a very busy man! He is also the president of Sound & Light when he's not flying his model planes or setting up fantastic holiday village scenes with his collection of illuminated houses.

Ron Fulton has boundless energy! Last year he sang and danced his way through show after show, never losing his breath. I guess that comes from the many hours of Happy Hour dancing he does. Ron is a Pennsylvania native who enjoys traveling, both far from home and around the golf courses!

Bruce Herget is a freshman with the troupe this year and brings a



Photo by Lennie Rodoff

George Brush, Bob Wroblewski, Ron Fulton, Rich Cooperman and in background, Nick Lagattuta and Lou Ann Lower.

wealth of talent to our cast. He is a native of Baltimore, working in public television for 26 years before he retired. Bruce sold broadcast equipment and retired, then formed his own company, before retiring for good, or so he says this time!

We hope to see you at the Club

Fair on Thursday, Sept. 14. It will be fun to share some of our memories with you. While there, we will be looking for those of you who might consider joining The New Pretenders. We never know when an opening will unexpectedly occur. Like the Scouts, we want to "be prepared!"

Rubber Stamp Greeting Cards
Linda Lohr

Our presenter for August was Mary Capri. She offered a thinking of you card, a birthday card, and an all occasion card. We thank Mary for her efforts and the great cards.

Anyone can be a presenter - and the cards do not have to be fancy or complicated. Our group is based on friendship, socializing and helping each other!

Our group is open to all crafters, beginners or those more experienced. One or two people do a presentation each month. The group usually meets the first or third Thursday of the month, at the discretion of the demonstrator. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, please call Kathy at (352) 237-6439. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!

Artistic Crafts & Gifts
Barbara Lingis

Our new season for the Artistic Crafts & Gifts Club will begin on Tuesday, Sept. 5.

Most of our crafters have been busy this summer making new items to have on display for the new season. As the year goes on, each month we will be interviewing our crafters and their work in this column. If you are looking for a special and unusual gift, you can find it at our craft sale.

We will meet every Tuesday from 9 a.m. to noon in the Recreation Center Ballroom. Come join us and see the many new items that will make great gifts for your family and friends that are handmade by our crafters.

If you would like to join our club, please contact Rene Beck at (352) 854-4918.

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Sewing Bees

Linda Lohr

To keep enough quilt kits for all the agencies that we sew for, we have added the third Saturday of each month as an extra sewing day. This gives us a chance to be sure we have enough quilt kits for all the children.

The Bees recently took a break from sewing and had lunch together at Chili's. The food was great and it was nice to visit with each other without the hum of the sewing machines!

We are blessed to have new members who join us in our joy of sewing for the children. Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Art Studio, 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children.

You may find our club is just what you have been looking for to round out your week. Please contact Louise Green at (352) 629-1195, or Rita Miller (352) 237-6660 for more information. As always, the children and we thank you for all your support.



Photo by Edie Howard

Sewing Bees at their recent luncheon at Chili's.



Art Group

Anne Merrick

This year has seen many new people joining us in the Art Studio on Thursday and Saturday mornings. Each person has his or her own style and we are all enjoying creating something new.

Sue Garvey has brought amazing drawing talent to the group. Her preference is pencil and her shading ability brings such life to her portraits. We all know how difficult it is to get that exact expression on a face but she makes it look easy.

Sue grew up in Havre de Grace,

Md., about 40 miles from Baltimore. She had a career in accounting for 20 years, in Aberdeen, semi-retiring in 2004. She then lived and worked part-time in property management in Jonesborough, Tenn. until 2014 when she moved to Ocala to enjoy full retirement. On Top of the World was chosen because of the community and the many wonderful amenities.

Her background in art is almost non-existent. She has not had any formal training, other than elementary school finger painting. She has, over the years, had occasion to do a few sketches, but never really had much time to devote to it. Now that there is time, hooray for retirement, she is enjoying it very much.

She also enjoys the Art Group

very much saying she has learned so much from many of the wonderful artists in our group. They are all very happy to help newcomers with their advice and expertise.

It is all encompassing to get into a detailed, precise drawing whether it is graphite, watercolor or colored pencil. It also takes considerable time to complete a project. There are so many lines, strokes and shadings to be completed to get the effect you want, but so satisfying when complete.

In our group we have people who are trying many different approaches to art, from the detailed to the loose. One of the things some of us struggle with is being loose with our compositions. Many of us

copy from photographs and it is so easy to get detail oriented when really you want to free up your style. I speak for myself, of course.

While both ways of painting or drawing are good, when you become looser you tend to make the composition more your own rather than an exact copy. To be really loose only look at your inspiration photo or picture once in a while or not at all after the initial study. For me this is taking a huge leap in confidence but gradually I hope to become more original.

Join us if you will in the Art Studio at the Hobby Building on Thursdays and Saturdays, 9 a.m. to noon.



Sunshine Quilters

Rhonda Wilder

Greetings from the Sunshine Quilters! Summer is winding down and we will be going back to holding our business meetings. We meet every Tuesday, from 9:30 a.m. to 1:30 p.m., in the Art Studio of the Hobby Building.

We welcomed several new members, and the snowbirds will be here soon. It's time to get back to our normal schedule.

Tuesday, Sept. 5, we will resume holding our monthly business meetings. The business meeting is

the first Tuesday of every month.

We've had a busy summer, many of us worked on our own projects, learned how to make a "schlep" bag as well as other projects to challenge our sewing skills. Many of the members made some beautiful comfort quilts to be donated to good causes in our community.

The Club Fair is Thursday, Sept. 14, from 10 a.m. to 1 p.m., in the Recreation Center Ballroom. If you are looking for something new to try come to the Club Fair and check us out. It's a great way to meet a few of us and get more information.

Stop by and see us, if you need additional information, please call Rhonda Wilder at (916) 764-0450.



Photo by Anne Merrick

Sue Garvey of the Art Group.



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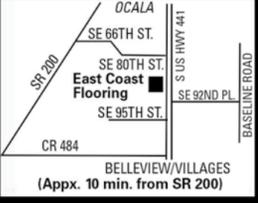
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CLASSIFIEDS

FOR SALE, WANTED AND LOST/ FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, financial service, home, legal, real estate, and timeshare ads WILL NOT be accepted. Ads may be e-mailed to otownnews@otowfl.com.

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AD DEADLINE: Noon on the 13th of the month. If the deadline falls on a weekend, then it's noon on the Friday before. For more information, call (352) 387-7466, e-mail otownnews@otowfl.com or visit ontopoftheworldnews.com/ocala

The publisher reserves the right to reject any ad which, in his judgment, would not be in the best interest of the residents of On Top of the World Communities.

For Sale

- Appliance:** Chest freezer, about 5 cubic feet, \$100. (352) 300-3531.
- Appliance:** Whirlpool stainless steel dishwasher (WDF-520PADM7), \$300 / obo. Buyer is responsible for pickup and installation. (561) 247-4718.
- Appliance:** NuWave pro infrared oven, \$50. (352) 854-0702.
- Computer Equipment:** HP Office Jet 6310 printer. Print, scan, fax and copy. New black and color ink cartridges, \$50. (570) 640-6756. Electronics: Panasonic 50" TV. HDMI ports do not work. \$125. (352) 361-8874.
- Fitness Equipment:** Marcy magnetic resistance recumbent bike (ME-709), \$50. (352) 854-0702.
- Furniture:** White 40-inch square glass top table with 4 padded swivel chairs. For indoor or outdoor use, \$150. (352) 369-9578.
- Furniture:** King memory foam mattress, 10" thick, medium firm. (352) 387-9558.
- Furniture:** White, vintage rocking chair with attached pad and scroll work on headboard, \$175. 352-390-6874.
- Golf Carts (2):** 2007 Club Car with curtains, batteries and tires. 1998 Club Car recently overhauled. (352) 459-2327.
- Golf Cart Tires (4):** Factory tires and 8-inch wheels from 2015 Club Car Precedent. Less than 400 miles, \$80. (352) 414-5840.
- Misc. Item:** Rainbird ESP Modular for irrigation sprinkler system, \$50. (352) 854-0702.
- Misc. Items:** Vinyl records, various artists. (352) 509-4265.
- Outdoor Furniture:** Aluminum frame patio set with interchangeable tiles on table and 4 swivel rockers, \$100. (352) 300-3531.
- Sports Equipment:** One men's and one women's LandRider bicycle with added derailier. More information at landriderbikes.com. \$100 each. (352) 237-9625.

Tag Sales

- Friday, Sept. 1 & Saturday, Sept. 2:** 9245 SW 90th Street (Williamsburg), 1 to 4 p.m.
- Friday, Sept. 8 & Saturday, Sept. 9:** 8634-D SW 92nd Street, 8 a.m. to noon. • 8738-A SW 90th Street (Friendship Colony), 8:30 a.m. to noon. • 8738-B SW 90th Street (Friendship Colony), 8:30 a.m. to noon.
- Saturday, Sept. 9:** 9022 SW 102nd Circle (Avalon), 8 a.m. to 2 p.m.
- Saturday, Sept. 16:** 9391 SW 91st Court Road (Renaissance), 8 a.m. to noon. • 8701 SW 88th Place (Candler Hills), 9 a.m. to 2 p.m.
- Saturday, Wednesday, Sept. 20 & Thursday, Sept. 21:** 9725-B SW 94th Terrace (Crescent Ridge I), 8:30 a.m. to noon.
- Saturday, Sept. 23:** 8676-A SW 95th Lane (Friendship Village), 9 a.m. to 1 p.m.
- Wednesday, Sept. 27 & Thursday, Sept. 28:** 9357-E SW 82nd Terrace (Friendship Colony), 8:30 a.m. to 12:30 p.m.
- Friday, Sept. 29:** 8885-D SW 95th Street (Friendship Village), 8 a.m. to 1 p.m.

Services

- Alterations by Betty:** Alterations by appointment only. 50 years experience. A Pine Run resident. Call Betty at 237-9909.
- Alterations by Ernestine:** Alterations, experienced. Call 861-0259 (resident).
- Appliance, A/C & Heat Repairs:** Electrical & plumbing. Experienced and honest. Call Tom Parker (On Top of the World resident) anytime at (352) 873-1297.
- Bathroom Remodeling:** Painting, flooring, drywall, relaminating and handyman services. Licensed & insured. Precision Painting & Remodeling (352) 322-8154.
- Bathroom Remodeling:** Specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508.
- Blinds Repaired:** In your home. Repairing shades & drapery hardware. Certified & experienced installer. Call Gary or Kathy at (352) 344-3805.
- Bob's Screening Service:** Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete re-screening service. Free estimates. (352) 586-8459, Bob.
- Caregiver:** Cleaning, cooking and housesitting. References available. Call Esther at (352) 502-9701.
- Caregiver:** HHA. Daily, personal and dinner visits. 20-plus years experience. Excellent references. Christine (352) 509-4994.
- Cat Sitting:** Provided by loving experienced Cat Nanny. Resident. (352) 854-8589.
- Ceramic Tile:** All types of installation and repair. 20+ years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.
- Certified Nursing Assistant:** Caregiver & companion, 20 years experience, flexible hours. References available. Maxine (813) 347-3535. (CNA237368).
- Cleaning by Evelyn Lee:** House cleaning, deep cleaning, move outs. Lic. #A27450 & insured. (352) 629-0855 or (352) 286-6055. sunshinecleaningocala.com.

- Computer Help:** Arthur Burditt, (352) 875-7878. House calls, \$40/hour. Tutoring, setups, installations, Windows upgrades, PC clean-ups, security software, Internet connections, email access, printers, wireless devices.
- Custom Sewing by Cicily:** Purses, totes, alterations, and general sewing. (215) 900-3533 (resident).
- D&D Painting of Ocala LLC:** Interior/exterior painting. Licensed & insured. 35 years experience. 10% discount for seniors & veterans. References available. Doug (352) 512-3852 or Donna (352) 425-3869.
- EZ Services:** All types of property maintenance. Honest & reliable! Ask for Zee at (352) 693-8442.
- Golf Carts (2):** Nice, inexpensive, need to sell. (352) 256-9068.
- Hair Care:** In your home. Licensed, experienced beautician comes to you. Full service. Call Cathy, PCA, resident, (352) 237-3347. Service homebound.
- Handyman:** Repairing sliding glass door rollers/tracks, sliding garage screen doors, window balances/parts, sliding shower doors/guides, doors & locksets. Installing handicap grab bars. One call does it all! Insured. Steve, S&T Quality Services LLC (352) 207-8682.

- Laminate & Tile Floor Installation:** Plumbing, electrical work, general carpentry and painting. Insured and satisfaction guaranteed. Resident for 12 years. Dan (352) 425-1046 or Bill (352) 816-5450.
- Manny's Appliance Repair:** Dryer vent cleaning too. Over 35 years experience. Licensed & insured. (352) 897-7723 or (352) 470-1459.
- Massage Therapist:** Experienced, professional & licensed. Deep tissue, neuromuscular, Swedish, \$45 / 60 min in the convenience and privacy of your own home. Treatments for either pain or relaxation. Call Elia Michelle Padron at (352) 464-0629 (MA45619).
- Massage Therapy:** In your home. Swedish, deep tissue, hot stone therapy and stretching. First massage \$50/hour. Stuart Feinman (MA49878) (352) 812-3853. www.healingspringsmassage.com.
- Medina Pressure Cleaning & Sealing:** Specializing in paving stone maintenance. Interlock pavers, concrete staining, installation & repair. Landscape curbing restoration. Variety of sealers. 25 years experience. References available. (352) 246-3674.
- Miles & Miles Cleaning Service** by Wendy: We will give you an old fashioned cleaning! Licensed & insured. (352) 895-0940 or www.milesandmilescleaningservices.com.
- Need A Ride?** Door-to-door service for all your needs. All airports, doctor appointments and errands. References available. Call Sandy at (352) 351-9407.
- Notary Services:** Will come to you. Call Doug (resident) at (321) 276-3085.
- Painting:** 20 years experience. Free estimates, insured, references and photo gallery available at Suespainting.com. 10% off for residents. Sue's Painting (352) 237-0892.

- Painting:** 25 years experience, 10% discount, excellent references. Pressure wash house for free with paint job. Call Danny at (352) 547-9588.
- Painting & Drywall:** Over 35 years experience with all phases of drywall & painting. Insured. Visit josephdonofriodrywallandpainting.com or call (352) 857-8367.
- Pressure Washing:** Houses, driveways, gutters, porches & yard work. Free estimates. 12 years experience. Call Steve (352) 237-5338 (resident).
- Transportation:** Airports (Tampa, Orlando, Sanford, Gainesville). Safe & reliable service. Call Phil (352) 497-7670 (resident).
- Transportation:** Doctor appointments, shopping, errands. Call Anna (resident) at (352) 615-0174 (cell) or (352) 873-4151 (home), leave message.

Wanted

- Donations:** Bicycles and helmets for children; Tom at (352) 861-1575 • Bicycles for male veterans; Ronnie at (352) 438-3354 • Musical instruments for local students; Ed at (352) 304-8206 • Personal hygiene, school/craft supplies for homeless, pet food/supplies for animal shelters, used cell phones & musical instruments for troops/veterans; Donna at (352) 237-3062 • Shoes and sneakers for the needy; drop off at Arbor Club office • Small household items, linens, dishes, cookware, etc. for women's shelter; Sharon at (352) 509-4273 • Toiletries for troops overseas; Bob at (352) 854-0702 • Yarn for lap robes for VA hospitals and newborns; (352) 843-6519.
- Guns:** Buying guns (new, old, any condition), gold and silver. Estate appraisals. (352) 867-0381 (home) or (352) 266-9781 (cell).
- Jewelry, Linens, Dinnerware,** flatware, glassware, collectibles. Top dollar paid for quality items! (Sorry, no tag sale leftovers.) Downsizing? Moving? Contact Donna & Mimi at (352) 612-2016 or GetitGoneGals@gmail.com.

- Pool Player:** Beginner or intermediate on Wednesdays or Fridays, at 3 p.m. (352) 873-3433.
- Texans:** A Texas Connection Social Club is forming for residents who have lived, worked, went to college or military service in Texas. (352) 562-2801 or (352) 300-3729.
- Trike:** 26", 3-speed, for an adult. (315) 657-8314.

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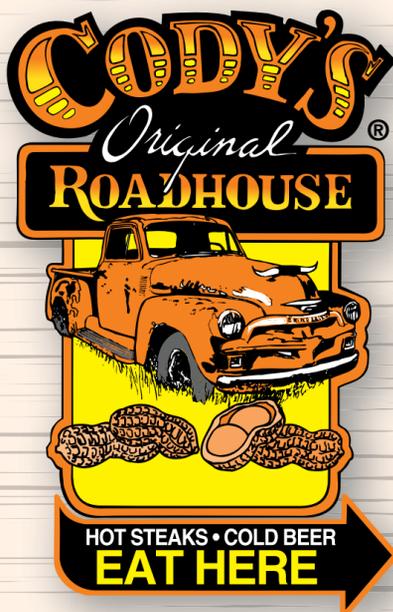
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