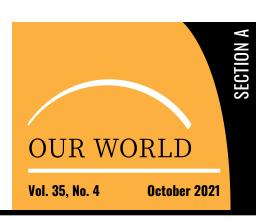


On Top of the World. ILE WS

Where the news is always good!



Community News

Kenneth D. Colen

Why You Need Homeowner's Insurance

As I'm writing this column, we have 75 more days of hurricane season ahead of us. I'm looking forward to winding down a nail-bit-ing storm season and ease into the cooler months.

Now is a good time to take stock of financial matters and risk factors in general. The easiest way to mitigate a large area of risk is through insurance, in this instance I'm referring to adequate homeowner's insurance. For On Top of the World (Central) Owners, adequate insurance includes personal property and on the portion of the home not insured by the association's master policy. Generally, property coverage policies are written on the interior components of the home and on your personal property.

Your association's coverage ends at the interior finish on your walls. In other words, everything from the paint in is yours. The tile, car-pet, cabinetry, appliances, plumb-ing above the finished floor, air conditioning, solar panels, other components, and any owner add-ed structural additions are also all the responsibility of the individual owner to insure. It is the owner's obligation to maintain or replace these components, and their liability when they don't. Proper insurance coverage will help save you many out-of-pocket dollars if or when the unexpected happens.

While On Top of the World (Central) Owners Association takes the lead in the recovery and reconstruction process, a failure of any owner to carry insurance on their contents will inevitably leave a significant gap in the final completion and ability to reoccupy the home. Besides the complete loss or destruction of personal items, like clothing, furniture, and personal affects, the owner would also be responsible for replacement of all flooring, cabinetry, appliances, air conditioning components, plumbing fixtures, and any owner added structural additions. Needless to say, this can become very expensive, very quickly. In the case of negligence by an owner, the association will also attempt to recover the insurance deductible cost. Being pennywise and pound foolish by "saving" the nominal cost of insurance, is really no savings at all!

Within the On Top of the World (Central) Owners Association, the HO6 rider covers the insured owner for a portion of the deductible the Association maintains on its policies. Currently, your association maintains a deductible of \$10,000 per occurrence for property damage from any peril such as fire, lightning, vandalism, etc., and other than wind and named storms. Wind and named storms have a separate and much higher deductible. Speak with your insurance agent to make sure you have coverage in place and that it is adequate.

For Weybourne Landing, Candler Hills and Indigo East, it is each individual owner's responsibility to purchase insurance for the structure, contents, and liability. These associations do not carry coverage on the individual homes. Mitigation of financial risk is each owner's obligation under each of the associations respective declarations.

Construction Activity

Cody's Original Roadhouse broke ground in September. This restaurant will be conveniently located outside of On Top of the

World on SR200 near Dunkin'. In On Top of the World community news, the new pavilion and seating area along with pool bathrooms are winding up construction by the Recreation Center pool. We are optimistic that residents will find this new pavilion by the pool to be very enjoyable for small gather-

The Recreation Center cabana

Continued on Page 4 →



Annual Craft Fair

By Dave DeAngelis **World News Writer**

It's almost here! It's open to the public! It's free! The Raft Fair! I've been waiting so long for ... er, uh... wait a sec... can't read my own notes ... the Craft Fair is upon us! Yes, the Craft Fair is a free event, open to the public that is taking place Saturday, Oct. 16 from 10 a.m. to 3 p.m. at Circle Square Cultural Center. Over 100 crafters will display their creative works inside the Cultural Center, with additional crafters showing at The Town

Did you ever plan to one stop shop, specifically, for stained glass, gourd bird homes, dog blankets and U.S. history books? Nah, me neither, but if I did, the Craft Fair would be the place to shop. Greeting cards, notepads, hand woven blankets, custom teddy bears, wine accessories, original sculptures and pottery, organic soaps well, you get it. Just seeing the creations of such talented crafters is worth the visit.

Buying ahead for the holiday season? This might be the place to find unique gifts, and perhaps that perfect one, without getting your blood pressure revved up on SR200. Live entertainment will be provided at The Town Square by the popular Fred Campbell. Our favorite, Mr. B's Big Scoop Ice Cream Shop, will be open to serve you. Don't forget -Oct. 16, 10 a.m. to 3 p.m.

Hmmm ... I wonder if I'll find raft accessories there?

For more information or to register, contact the Recreation Center office at (352) 854-8707 ext. 7533 or



FEATURED PRODUCTS









Photo courtesy of Colen Built Development

OTOWMarketplace.com is live!

OTOW Marketplace Launches

By Jordan Litherland

On Top of the World Communities is excited to announce the rolling out of OTOW Marketplace, the official On Top of the World branded merchandise online store at OTOWMarketplace.com. With our active adult residents in mind, the store will feature everything On Top of the World branded from stainless steel tumblers, yoga mats, towels, apparel including fitness wear, homeware, and much more!

Check out our "Where the Cool

Kids Retire," line of merchandise, to show your community pride when you are out and about. This collection features apparel items, iPhone cases, pint glasses, and even a baby onesie for our littlest fans.

The OTOW Marketplace provides a seamless process for customers to purchase items from beginning to end. With a clean website design that makes it easy to navigate and a smooth and secure transaction process that is PayPal friendly, it has never been simpler to represent your favorite active-adult commu-

To access the OTOW Marketplace, please visit OTOWMarketplace.com.

To kick off the launch of this new online store, share your pictures with us wearing your new On Top of the World branded items on the On Top of the World Facebook page for a chance to win a stainless steel On Top of the World tumbler. Tag @ontopoftheworldflorida on Facebook and use the hashtag #WhereThe-CoolKidsRetire. We will be sharing our favorite pictures and announcing a winner (by random drawing) by the end of the month. Happy shopping!

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Is It Legal?



SCAM ALERT #1: Crypto currencies! The truth is that I am just not smart enough to understand cryptocurrencies like bitcoins and such. However, I am smart enough to look out for scammers posing as legitimate investment advisors in crypto-whatever. I have now learned that websites have been created to look as if there's a great investment opportunity just waiting for your investment money. Some of these sites use fake testimonials and have all kinds of neat crypto jargon. So, you need to be extremely cautious if you want to take a shot at this kind of investment. Apparently, there are some 500 crypto currency exchanges so the most important thing I can say about them is that if you are a newcomer to investing you probably ought to stay away from crypto currencies. Please do not be in denial about your crypto currency investment skills. If you haven't done it before, you are not skilled in it. You need to take time a lot of time - to learn before your first investment.

SCAM ALERT #2: Internet romance scams. This one is going to be difficult for me to discuss. I feel I must. These types of scams are vicious and the criminals behind them do not care who they hurt or what life they will destroy. They don't care one whit about their victim. I am well-aware that widows and widowers are targets for romance scams. Some victims are found in chat rooms or on other social media sites. These scammers talk about their lives and their loneliness and often the sadness they suffer miraculously looks just like the victim's. Then at some point, they need money. If you have money, they want it. Sell your stocks and bonds and give them the cash. Take out a mortgage on your home and give them the money. They always promise to pay it back. They are liars. They are criminals. Do not respond to their emails. Force yourself to break free.

Q. What's wrong with annuities? **A.** I think that's the wrong question. I think the questions (there are several questions to ask yourself when you are thinking about annuities) are - do you need an annuity? If so, why? What are the costs to purchase one? What is the surrender charge cost? Are there beneficiaries be? Are there income tax consequences involved? Estate tax consequences? Where do you go to get honest information about whether to buy an annuity? I think

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you should start with these ques-

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tions. Where do you start? Well, there are a lot of very reputable financial advisors who will meet with you and speak truthfully. And, of course, there are major companies, too numerous to mention that have a lot of information on their websites –all for free. Look before you spend.

- **Q.** A few years ago, I heard someone on the radio say that a trust is just a fancy will. What do you say?
- **A.** I say that a trust is not just a fancy will. If properly drawn to meet your needs, a trust is a much more complex document. I'm a guy who honestly believes that many folks do not need a trust. I think they've frequently been over-marketed to folks who don't need them and never did. Often enough, a will, durable power of attorney and advance directive, if properly drawn are less expensive and just as effective. However, having said that, many folks have complicated estate planning needs and thus, a trust would be more beneficial to them. How can you tell? (Hint: I'm gonna say just what you think a lawyer like I would say). You need to sit down with your attorney and give him or her all the facts or the estate issues you have, or you think you have.
- **Q.** We live in (not On Top of the World). My 44-year-old married daughter was in my home when my husband and I were on vacation (he is not her father, it's a second marriage for both of us). My daughter has the key. While she was here, she got herself pregnant and the father is not the man she's married to. Now, she told me the law requires me to pay child support because I let her use my house. I need help.
- **A.** I have no words for this one. In the 50 plus years I've practiced law, I've never heard a question like it Wow! Two thoughts:
 - 1. Maybe the guy who got her pregnant owes child support? Hmmm?
 - 2. I have no words, or did I already say that?

(Note, I spoke to the person asking the question and this is a true

The Law Offices of Colen & Wagoner, P.A. include Jerry Colen (Jerry@colenwagoner. com); Rachel Wagoner (Rachel@colenwagoner.com); and John Beck (John@colenwagoner.com). All are members of the Florida Bar Association. Jerry Colen and Rachel Wagoner are members of the National Academy of Elder Law Attorneys, and the Academy of Florida Elder Law Attorneys. John Beck has a degree in finance, master's degrees in accounting and taxation. The law firm practices in the areas better and less expensive ways to of simple and complex estate planning, wills, invest your money. Who will the trusts, probate, real estate, title insurance, elder law, taxation, Medicaid planning and business and professional advice. This column is only intended to present fact situations that may be of interest to the reader. It does not, nor is it intended to provide legal advice. You should not rely on what is written in this column to be legal advice for any situation. You should always consult your own attorney for legal advice. The Law Offices of Colen and Wagoner, P.A. is located at 7243 Bryan Dairy Road, Largo, Florida 33777 and in Suite 11 at Circle Square Commons in Ocala, Florida; (727) 545-8114; www.colenwagoner.com.

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The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news." Events and activities that take place behind the gates of On Top of the World are for residents only.

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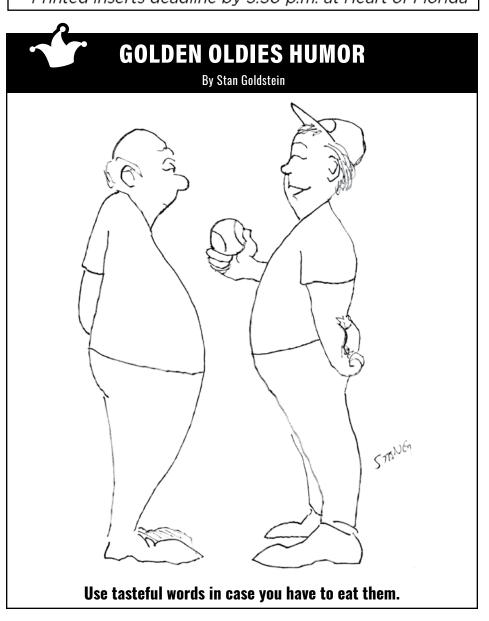
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2021 PUBLICATION SCHEDULE

On Top of the World NEWS

Issue	Ad/Payment/Column Deadline*	Insert Deadline**	Home Delivery
January	12/11/20	12/24/20	12/31/20
February	01/12/21	01/21/21	01/28/21
March	02/12/21	02/25/21	03/04/21
April	03/12/21	03/25/21	04/01/21
May	04/12/21	04/22/21	04/29/21
June	05/12/21	05/20/21	05/27/21
July	06/14/21	06/24/21	07/01/21
August	07/12/21	07/22/21	07/29/21
September	08/12/21	08/26/21	09/02/21
October	09/13/21	09/23/21	09/30/21
November	10/12/21	10/21/21	10/28/21
December	11/12/21	11/24/21	12/02/21
January '22	12/13/21	12/23/21	12/30/21

- * Deadline at noon
- ** Printed inserts deadline by 3:30 p.m. at Heart of Florida



Friendship Connection

Carron Janssen



Hard to believe there only a few short months left to 2021! I hope many of you had a chance to stop by our table at the Club Fair and say hello, especially new residents of the Friendship neighborhoods. We welcome you and hope you will join us at our upcoming events. For those of you who were unable to pick up our new brochure, we now have a new email address. In addition to our Facebook page, you can now contact us at Friendshipconnectionotow@gmail.com.

Our next event, the "Poltergeist" potluck, will be Saturday, Oct. 9, in the Recreation Center Ballroom from 4 to 6 p.m. Tickets will again be \$2 to cover the cost of paper products, flatware, and drinks. Hopefully everyone has already purchased their tickets. If not, please contact Marge Reed at (215) 917-3578. Please remember to bring your resident ID when purchasing your tickets.

We are asking everyone to bring enough food to serve 10 to 12 people. Since we changed who is bringing what kind of food from the last time, please remember what you should bring. Last names beginning with A-K, please bring a main dish; L-O please bring dessert; and P-Z please bring a side dish or sal-ad. Once again please label your dish and write the ingredients on the card we provide. If you need an extension cord, please contact Nancy Carp at (410) 935-2625. There will be prizes for the best overall individual costume and best overall group costume, so be sure to think of a great costume! As always, we will have a 50/50 drawing.

To round off 2021, our final event will be Saturday, Dec. 18. Look for details in this column and on our Facebook page soon.

all residents of Friendship Colony, Friendship Park, and Friendship Village only. Our events are scheduled on the second Saturday of every other month from 4 to 6 p.m.

If you are interested in volunteering to help plan, setup, cleanup, or serve please contact Carron Janssen at (847) 529-6183 or friendshipconnectionotow@gmail.com visit our Facebook page (Friendship Connection-OTOW).

Avalon **Social Group**

Karen Volpe & **Sharon Hall**



We had a delicious potluck dinner in August with several in attendance. We enjoyed some social interaction after the dinner with an opportunity to get to know some of our neighbors.

Over the last several months, we have been discussing some changes and options for future events to boost attendance and asking for input. Since Jan has decided to step down as the coordinator of the club, the Avalon Social Club has therefore been restructured. We hope to encourage all residents of Avalon to join together periodically for the opportunity to meet and socialize with our Avalon neighbors through a variety of activities and events.

Thanks to Jan Lindell for her efforts with the club this last year and for her help in transitioning to the new committee. You are greatly appreciated, Jan!

The new leadership of the Avalon Social Club is looking for your input and participation. If you are interested in helping, please contact Karen Volpe at (631) 766-1907) or Sharon Hall at (270) 855-1354 or avalonsocialclub@gmail.com and Liz, our email coordinator, will forward to us.

If you would like to be added to our email list or to verify that you are on the list so that you can be notified of future events, please email your request to avalonsocialclub@ gmail.com.

For up-to-date Avalon news and upcoming events, we also encourage you to join our Facebook group (OTOW Avalon Social Club). This is a private group, and you will be asked for your address to verify that you are an Avalon resident. Activities and events will also be posted at the postal center.

Mark your calendar for upcom-Friendship Connection is open to ing events and come and meet your neighbors, new and existing! Events are held at the Arbor Conference Center Dance Studios starting at 5:30 p.m. as follows:

- Monday, Oct. 11: Ice cream social with bunco and corn-
- Monday, Dec. 13: Holiday celebration.
- Monday, Feb. 14, 2022: "Night at the Races" with food.

REATING ALTHY A Marriage of Art & Technology I go to Dr. DeLucia! Where do you go?

3A

World News Delivery

World should receive a complimentary copy of the World News along with the Ocala StarBanner every month.

If you are not receiving home delivery, please email otownews@ otowfl.com. Please include your house number and street address along with your neighborhood name.

A copy of the World News may be picked up at all postal centers, Resident Services, New Home Sales

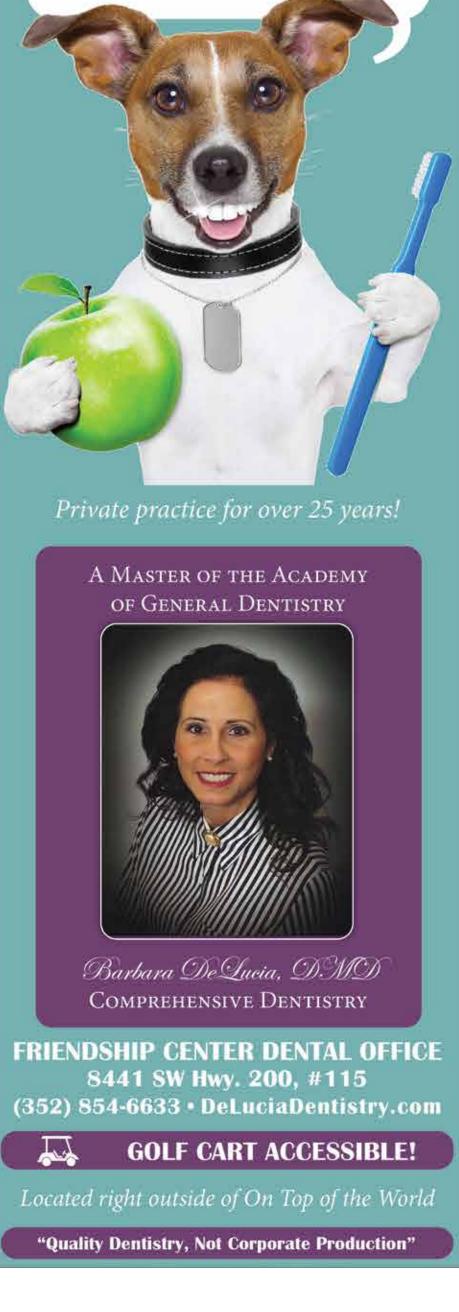
Each household in On Top of the Center, Recreation Center, Arbor Fitness Center, The Club at Candler Hills, The Lodge at Candler Hills, Candler Hills Community Center, Master the Possibilities, The Ranch Fitness Center & Spa, Indigo East Community Center and Indigo East Fitness Center.

Visit ontopoftheworldnews.com/ ocala, to view or download a PDF of the World News. Please see page 2 of the World News to view the publication/delivery schedule for 2021.

CURBSIDE LANDSCAPE DEBRIS PICK-UP SCHEDULE

Visit OTOWInfo.com, click "Community Info" tab and select "Garbage and Recycling Locations."





Keeping It Green

Phillip Hisey (352) 236-OTOW (6869) phillip_hisey@colenbuilt.net

October is here and you can smell fall in the air. If you are following the home maintenance calendar at OTOWInfo.com you probably have applied your fertilizer and have applied or are soon to apply your fungicides. Grass should be slowing down in growth and water needs should be reducing ever so slightly with daytime temperatures decreasing. Don't forget to check your irrigation for leaks, make sure coverage is correct and ensure irri-

gation times are properly set.

No one likes change, but change is the only constant. The pandemic has been a strain on employees across the country, production supply has been strained from lumber to plant material and available labor is an issue no matter where you go. The management company serves in the capacity to provide a reasonable acceptable standard of service for the best price.

What does a reasonable acceptable standard look like? Weekly mowing during the growing season and biweekly or as needed outside of the growing season. Routine trimming to ensure plant material is kept to a reasonable look and appearance. Hedges and mass plantings are trimmed where like material is grouped, accent plants are trimmed as individual plants. Fertilization and pest control are also addressed.

Late September, the management company made an application of a slow-release blend. Fungicides will be applied as needed in some areas in early October.

Back in April we went to contractor-based labor for On Top of the World (Central) neighborhoods. Initially, this was a shock to some residents who were used to seeing familiar faces from Parkway Maintenance & Management Marion. In the end, I think this change was good and we continue to hone this aspect of the maintenance pro-

So, when I began this column, I mentioned change and the management companies' mission to provide a reasonable acceptable standard of service at the most efficient price point ... well there are more changes coming.

Monday, Nov. 1, we will begin two new contracts, one with Yardnique and the second with Cepra Landscaping. Cepra has been working in the community since late 2019 and continues to provide consistent service. They will be working in Williamsburg, Providence, and Avalon. Yardnique will be working in Renaissance, Avalon, Longleaf Ridge, Crescent Ridge, Windsor, and Providence. Yardnique comes to us with a great deal of HOA experience working primarily with HOAs across the Southeast. We are excited about what these companies can do in this community.

Parkway Maintenance & Management Marion will continue to operate and manage these vendors to ensure the work provided is consistent and meets the standards of



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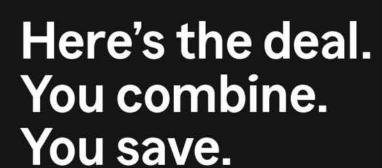
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the community. Parkway will operate in the Friendship, Americana, and Crescent Ridge/Green neighborhoods, as usual.

Resident Services will continue to be the point of contact for any service-related items for our residents. As I stated earlier, the pandemic has been rough on the work-force. Please be kind to the staff at Resident Services, they have been resilient in their commitment to show up every day and provide our residents with service regardless of employee shortages and hardships.

Às hurricane season winds down and fall season begins, I wish everyone safe and happy days ahead.

Finding Zen

Christina Shearer info@sholompark.org



Learn, explore, appreciate, and focus at Sholom Park this fall. The L.E.A.F. Series is back the third Friday of each month with a great lineup of educational and inspirational guest speakers.

October is Bat Appreciation Month, which seems like the appropriate time to recognize these flying creatures of the night. They are often misrepresented in Halloween decorations creating fearful myths and misconceptions. The Florida Bat Conservancy will be sharing their extensive knowledge of bats and the ecological benefits and roles they play in our environment. Attendees will have the opportunity to see real live bats up close to help alleviate their personal fears and dispel the bat's creepy reputation.

The holiday season is just around the corner. November is National Gratitude Month and includes the Thanksgiving holiday, which makes it the perfect time to embrace the power of gratitude. It's easier to practice gratitude when you have a whole month and a holiday dedicated to being grateful. But how do you practice daily gratitude? Colleen Pallamary, author, speaker, and freelance writer, will share the positive benefits of a gratitude journal and teach simple writing techniques to make journaling an easy and powerful practice so you can express your gratitude year-round.

'Tis the season to be busy. The busyness of the December holiday season can create unnecessary stress and anxiety. Holiday lists, stressful shopping, too much traffic, and too many social gatherings can leave you feeling more frustrated than festive. Don't miss the precious moments and memories of holidays because you're too busy or distracted. Tracy Ryzan Ross, personal development coach, an speaker will share simple mind-fulness exercises that you can do anytime and anywhere to will help you stay present in the moment this holiday season.

For more information about Sholom Park's L.E.A.F. Series or to register, please visit the events page of our website at www.sholompark.

Community News

Continued from Page 1

is waiting on sitework and pavers. The pool fence work is anticipating completion in late September.

The Recreation Center pickleball courts are anticipated to be completed by early 2022.

The new maintenance facility at the end of SW 94th Street is opera-tional. Additional structures are under construction. This area houses part of the golf and parkway crews to create better efficiencies and utilization of time due to proximity to

Longleaf Ridge III and IV continue to progress in land development with the extension of SW 105th Street, which connects those neighborhoods. Crescent Ridge IV will be paved by the time this column is published.

Weybourne Landing's cabana and pool were finished the week of Sept. 13. The cabana is complete just waiting on as-builts to be completed. Florida Department of Health inspection is scheduled for late September.

The pickleball courts in Weybourne Landing are nearing completion. Target is to open in Octo-

The Weybourne Landing clubhouse plans have been submitted for permitting. There is a tentative start date for late November.

OTOWInfo.com

All Around Our World

Lynette Vermillion (352) 236-OTOW (6869) generalmanager@otowfl.com



the year is here - college football season. The weather starts to cool down and we are right around the corner from the holidays. We want to welcome back our returning snowbirds. We are happy to have you back in the community.

Event Calendar

There are lots of great events planned for the fall, so please be sure to check out the event calendar insert in every issue of the World News or at OŤOWInfo.com. Once you click on "Activity Info," a drop-down menu will appear and you then will be able to click on the "Calendar" option and peruse month by month some of the wonderful and exciting things happening in our community. Be sure to check it out so you don't miss out on any of the fall festivities, craft fairs and many other activities for you to enjoy.

We have added a marquee board at the Recreation Center so you will also be able to see current and upcoming events scheduled there as well.

Golf Cart Permitting

If you have not already received your 2022-2023 golf cart decal, permitting begins this month. During October, permitting will be organized by the first letter of the resident's last name. Please see the private golf cart permitting ad (page 5A) in this issue of the World News or at OTOWInfo.com. All carts must be permitted with the 2022-2023 decal by year-end.

For golf carts to pass inspection and receive the decal for 2022-2023, specific requirements must be met. All residents in the home must be present at the time of permitting. Residents must bring their golf cart and insurance policy (not just the ID card) showing a minimum of \$100,000/\$300,000 bodily injury liability coverage.

The permitting schedule runs Oct. 1 through Oct. 29, from 8 a.m. to 4 p.m., Monday through Friday. Permitting will continue in November and December for those who are unable to participate on their designated day in October.

Modification Requests

Please be aware that modification requests have a 30-day time frame for processing. When the modifi-cation request is processed, a copy of the approved/disapproved modification is mailed or emailed back to the resident and the vendor who will be performing the work. Some modifications take longer than others to review due to the complexity of the request. We appreciate your patience.

Resident Services

Please note that the Resident Services office is closed the third Wednesday of every month from noon to 1 p.m., which falls on Oct. 20 this month. Resident Services may be reached by phone: (352) 236-OTOW (6869); email: otowservice@ otowfl.com; or in person by visiting Suite 500, in Friendship Commons.

Resident Records Update

As many of our seasonal residents come back to Florida, we ask that you please notify Resident Services in Friendship Commons if any of your contact information has changed or if we need to update any of your records. We also ask that everyone keep their emergency contact list up to date. Over the years, we have had situations that required the emergency contact number(s) for a resident. Often, we run into the problem of having incorrect or outdated information, or no information at all. You may also find the form online at OTOW-Info.com (click on "Community Info" and scroll down to "Forms"). Just print it, fill in the information and drop it by Resident Services, or scan it and email to otowservice@ otowfl.com. You may also mail it to the address listed on the form.

Yard Debris

Fall is such a beautiful time of year, the weather is cooler, and the grass growth begins to slow down; however, now we begin dealing with falling leaves. We ask that you place your yard debris at the curb the morning of your community's assigned day by 7 a.m. or not earlier than the night before pick-up, and please place away from storm drains. Please do not add household garbage or animal feces in with the yard debris. Please follow the time schedule for placing the yard debris on the curb so that the community is much neater, and debris is not blown throughout the neighborhood. Please do not place any debris in the common area. This practice causes additional delays in routine service as time is needed to clean the debris up.

Inspecting Your Gutters

And, speaking of falling leaves, if you have gutters, please check them on a regular basis and keep them clean of debris. If you don't clean them out regularly, the gutters could become weighted down with leaves, acorns, branches, etc. and clog the downspouts. If we have a heavy rain, this could result in the gutter pulling from the roof and

all of this. If someone's ANS is in more of a "fight or flight" mode, the variation between heartbeats is low (low HRV). If someone is in a more relaxed state, the variation between the heartbeats is high (high HRV). Therefore, a healthier person has a higher HRV enabling their nervous system to efficiently "switch gears." This demonstrates the body's flexibility and resilience.

HŘV may also provide personal feedback about your lifestyle and help motivate those who are considering taking steps toward a healthier life. It is fascinating to see how HRV changes as you incorporate more mindfulness, meditation, sleep, and especially physical activity into your life. For those who love data and numbers, this is a great way to track how your nervous system is reacting to exercise, sleep and stressors.

possibly taking the soffit and fascia with it. Clogged gutters can also be a source of a serious roof leak, as the water backs up and penetrates behind shingles. Please take a few minutes periodically to visually inspect them. If you need assistance, please contact Resident Services for a list of vendors who have provided proof of insurance.

Rule of the Month

FLAGS: Now that it is football season, we know how passionate some fans can be, so here is a friendly reminder regarding the display of sports flags. As stated in the Community Standards, with ARB approval, one sports flag may be displayed on game day only in a tasteful manner. The flag must be displayed either on a flagpole that meets the requirements set forth in the Community Standards or is otherwise acceptable to the ARB, or on a mounting bracket and flag staff or mast affixed to the dwelling which have been approved by the ARB as to specifications and location.

MULTI-MODAL PATHS: Smart/electric cars are not allowed on any multi-modal or golf cart path.



Mary & Ted Balchunas 50th Anniversary

Please email birthday, wedding or anniversary announcements to otownews@otowfl.com by the 12th of the month.

OTOWInfo.com





Get a head start on **Private Golf Cart Permitting**

October 1st - 31st, 2021 8 am - 4 pm **Resident Services in Friendship Commons**

The permitting and ID process is organized by the first letter of the resident's last name. Refer to the calendar below to determine which day to attend. Permitting will continue in November and December for those who are unable to attend on their designated day in October. All carts must be permitted with a 2022-2023 decal by year end.

Cart rules will be provided to each cart owner when the cart is permitted and a decal is applied to the cart.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	A 4	B 5	C 6	D 7	E 8	9
10	F 11	G 12	H-I 13	J-K	15 L	16
17	M 18	N-O ¹⁹	P 20	Q-R ²¹	S 22	23
24	T 25	U-V ²⁶	W 27	X 28	Y-Z ²⁹	30
31						

PLEASE BRING THE FOLLOWING:

- Insurance policy showing coverage of \$100,000/\$300,000 Bodily Injury Liability coverage (Policy ID card will not be accepted as it does not state coverage amounts)
- Golf Cart
- Resident ID
- All residents in the household must be present at the time of permitting in order to receive the decal to operate the cart within the community.
- Residents requiring a handicap sticker for the cart, please refer to Section 320.848, Florida Statutes for requirements or visit http://www.hsmv.state.fl.us/forms/handiform.html for information.

For more information on golf cart permitting, please visit: Resident Services in Friendship Commons (9850 SW 84th Court | Suite 500) or call 352-236-OTOW (6869).

The Ranch

Back at

Rus Adams (352) 861-8180 rus_adams@otowfl.com

Heart Rate Variability

Pedometers and heart rate monitors have been very popular in the fitness arena for many years. These fall into a category called "wear-able technology." The variety and complexity of fitness trackers has exploded in recent years and the newest form of this technology can be found in HRV (heart rate variability) monitors.

Fitness trackers such as Fitbit and smartwatches are used to track the number of steps taken daily, heart rate response and even sleep measurements. Each of these have a specific influence on the outcomes we seek from exercise. HRV is the newest tracking trend. There is a variety of HRV monitors on the market - Polar, Garmin and Whoop.

What is HRV and why is it important? HRV is a measure of the variance between each heartbeat. For example, if your resting heart rate is 60 (60 beats per minute) your heart does not beat exactly one time every second. Some heartbeats will be closer together and some will be further apart. This variation is controlled by the most primitive part of our nervous system, the autonomic nervous system (ANS). The ANS regulates many things including heart rate, blood pressure, breathing and digestion. The brain is constantly monitoring psychological information from the body, and then sends signals to either stimulate or relax certain functions.

For example, a difficult situation at work may stimulate the "fight or flight" response and increase stressors. Whereas a good night's sleep may relax you and counteract the stress that life throws our way. Measuring HRV is a window into how your nervous system is handling



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Williamsburg **Neighbors**

Ginny Nardone

Our neighborhood fall socials are approaching very quickly! Make sure you have Saturday, Oct. 16, at 3 p.m. on your calendar. We will gather at the Arbor Conference Center Dance Studios I-II for a fun time getting acquainted with new neighbors, and in some cases, re-

seen in a while. Jill Carel has put together a few, fun getting-to- know you activities. Please bring a finger food snack for six people, your beverage of choice and a spirit of fun. As always, we will have a 50/50 raffle and the December holiday party tickets will be on sale.

acquainted with those we haven't

Speaking of our annual holiday party, this year's bash is Thursday, Dec. 16, at 5 p.m. in the Recreation Center Ballroom. Royal Oaks Caterers will provide à two-entrée buffet featuring roasted sirloin of Romano, salad, sides, dessert, and coffee. Tickets are \$20 per person. Linda Jones is once again our party chair, so you know we'll be in for lots of fun and a few surprises! Trivia anyone? Consider join-

beef with cabernet sauce, chicken

ing the Williamsburg trivia team. If you are interested in becoming a team member, email Jean Monroe at sf8uxh@cfl.rr.com.

The Williamsburg Facebook page is up and running and is a good addition to our other means of communication. Any Williamsburg resident can join; simply use the Facebook search function and type in "welcome to Williamsburg OTOW." If you have questions about the Facebook page, contact Sandy Matlock at ryan.sandy2019@ gmail.com.

If you are new to Williamsburg and have not had your information added to the email contact list, or if your previous information needs to be updated, please call Ginny Nardone at (352) 304-8619 or Cathy Higginbotham at (352) 509-4266.

Crescent Ridge Happenings

Lynne Salzer



Crescent Ridge is a community of so many interesting people! Another enjoyable gathering was held in September. If you live in any of the Crescent Ridge neighborhoods, please join us. It's a great way to meet your neighbors and make new friends. Knowing one another makes it easier to learn about our community and the surrounding area. We recently had a neighbor knock on our door just to check on us since they hadn't seen us in a couple days. Knowing one another also adds another layer of security

in our community.
Sunday, Oct. 10, from 5 to 7 p.m. is our Tailgate Party at the Veterans Park pavilion. Bring your own beverages and chairs in case the tables are full. Bring a dish to share that you would find at a tailgate party for about six to eight people. Wear your team's colors, hats, jerseys, or just your plain clothes. Let's have some

Sunday, Nov. 14, from 4 to 6 p.m. let's give thanks by bringing non-perishable food items that will donated to a family in need. As always, bring your chairs, beverages,

Connect with us via Facebook (OTOW Crescent Ridge Neighbors) or send an email to Carol Lewis at crescentridgenhn@yahoo.

com. This email address will be used exclusively for activities and reminders. You can also check the postal center bulletin board for in-

We look forward to seeing you in October!





The Lodge at Candler Hills

Cassie Cummings (352) 387-9508 thelodge@otowfl.com



October is finally here with cooler weather to enjoy. There are so many fun and exciting things to do around this time of year, from fall festivals to farmers markets. But let's talk about all the fun activities we have planned for Candler Hills residents!

Happy Hour

Join us every Friday in the ball-room with live entertainment from 5 to 8 p.m. Candler Hills resident ID will be required for entry. Guests will be permitted with a Candler Hills resident and guest fees of \$5 per person will apply. Bring your own beverage (BYOB) and snacks. Entertainers are as follows:

- Oct. 1: Kathleen Kane
- · Oct. 8: Debbie Owen & Tony
- · Oct. 15: Rear View Mirror Band
- · Oct. 22: Shawn Ash
- Oct. 29: Halloween theme with Tim Hargis

Friday, Oct. 29, is a Halloween themed Happy Hour; time to get spooky! Dress up and compete to win prizes for best costume; judging will be at 6 p.m.

Trivia*

Gather your friends and neighbors, come up with a fun team name, and bring your "thinking caps" when you join us in the ballroom Monday, Oct. 4, from 5 to 7 p.m. Our host Dave Conrad will challenge your knowledge with his fun game of Beach Bum Trivia. The cost is \$3 per Candler Hills resident and \$5 per guest attending with the resident. There are cash prizes!

September

1: Model Row. 2: Sanctuary + 1. 3: Flying Moles.

Name That Tune*

For all our music lovers, we are going to put your music knowledge to the test with "Name That Tune." Join us Monday, Oct. 18, in the ballroom from 5 to 7 p.m. bring your own beverage and snack to enjoy. The cost is \$3 per Candler Hills resident and \$5 per guest attending with the resident. Prizes will be awarded to winners.

Girls Night Out*

Ladies mark your calendar for a fun filled night of dancing and catching up with your friends and neighbors while enjoying light appetizers in the ballroom Thursday, Oct. 21, from 5 to 8 p.m. Entertainment will be provided by Tim Hargis. Tickets are \$12 per resident or \$15 per guest accompanied by the resident. Bring your own beverage of choice and dance the night away!

Kocktails & Karaoke

Sing your heart out the fourth Thursday of every month with the next event Thursday, Oct. 28, with Charlie and Kathy in the ballroom from 5 to 8 p.m. Bring your own cocktails and enjoy singing, dancing, and clapping with other Candler Hills residents. Guest fees are \$5 per guest and a resident must accompany all guests.

New Year's Eve*

It's that time of year again! We are excited to announce that we are preparing for our annual New Year's Eve party in The Lodge at Candler Hills ballroom Friday, Dec. 31, from 8 p.m. to 12:30 a.m.

Enjoy live entertainment by Automatic and a variety of delicious dinner items. The menu is as follows: plated mixed green salad, assorted artisanal breads and sweet cream butter, chef-carved prime rib of beef with au jus, chicken breast with white wine caper sauce, butter whipped mashed potatoes, and chef's selection of seasonal vegetables. Dessert selections include chocolate mousse and brownie shooters. There will be two cash

Tickets are \$75 per resident and \$85 per guest attending with a resi-

dent. Tickets go on sale Monday, Oct. 4, in the office at The Lodge at Candler Hills (resident ID required). Guest tickets will be a two-ticket maximum per household. Please note that this will not be a BYOB event.

Community Information

A monthly Candler Hills event calendar is available listing all events and club activities happening at The Lodge at Candler Hills and Candler Hills Community Center. Pick up a copy at The Lodge at Candler Hills office or at the Candler Hills Community Center.

Cornhole is back and available at The Lodge at Candler Hills pavilion for everyone to play.

Candler Hills residents who are interested in reserving The Lodge at Candler Hills pavilion for an event, stop by the office to fill out the proper paperwork. We have a gas grill and fireplace available for use as well. This is a great way to enjoy a day by the pool with friends and family. Please remember no glass is permitted in pavilion area.

*To register, visit The Lodge at Candler Hills office Monday through Thursday, 9 a.m. to 8:30 p.m.; Friday and Saturday, 9 a.m. to 9:30 p.m.; and Sunday, 9 a.m. to 7 p.m. Payment is required at time of registration. No refunds will be issued 14 days or fewer prior to registered

Indigo East





October is here and should bring much needed relief from the hot, humid days of summer.

Starting in October, Happy Hour will move to the Indigo East Fitness Center veranda and pool deck area. When weather conditions are not conducive for Happy Hour outdoors it will move inside the Indigo East Community Center.

Happy Hour

Happy Hour is held every Friday from 5 to 8 p.m. This is free for Indigo East residents and \$5 per guest (must be accompanied by an Indigo East resident). Everyone is invited to bring your own refreshments and snacks.

The upcoming live entertainment is as follows:

ent is as follows:

Oct. 1: Solid Gold

- · Oct. 8: Dave and Kenny
- · Oct. 15: Rock Solid
- · Oct. 29: Halloween theme with Sal Gioe

Friday, Oct. 29, will have a Halloween theme with a costume contest for scariest, most original, and funniest costume. Contest will start at 6 p.m.

Sassy Ladies Night Out*

Ladies enjoy a night out Wednesday, Oct. 6, from 5 to 8 p.m. at the Indigo East Community Center. Light appetizers and music by Cliff Richie will be provided. Tickets are \$10 per resident and \$12 per guest attending with resident.

Trivia Night*

Trivia is held the second Monday of each month with the next one scheduled for Monday, Oct. 11, at the Indigo East Community Center from 5 to 7 p.m. The cost is \$3 per resident and \$5 per guest attending with resident.

Assemble your own eight-person team and have a fun night with neighbors and friends. Monetary prizes are awarded for game win-

ners.

Karaoke*

Monthly karaoke will take place at the Indigo East Community Center Thursday, Oct. 21, from 5 to 8 p.m. Karaoke is open to anyone who wants to sing solo or in a group or just wants to listen and socialize with friends and neighbors. Karaoke has become a very popular event. This event is free for Indigo East residents and \$5 per guest attending with resident.

Craft Fair

The annual Craft Fair takes place Saturday, Oct. 16, inside Circle Square Cultural Center and outside on The Town Square. This event is free and open to the public.

Community Information

Dumpsters at the Indigo East Community Center and Indigo East Fitness Center are not for residential use. These dumpsters are intended for garbage disposal when residents have an event in the facilities. For the safety of our residents, please note that when employees are setting up for an event in the Indigo East Community Center the room must be vacated. Employees are not allowed to set up equipment when residents are in the room.

If you are not familiar with the equipment at the Indigo East Fitness Center, Indigo East personal trainer, Maureen McCabe, offers free orientations the last Wednesday of each month. She will show you how the fitness center and Power Park equipment and Fitness On Demand (FOD) work.

If you like to play cornhole, there are now two sets in the Power Park. The sandbags are in the Indigo East Fitness Center office. Feel free to play and have a good time with your neighbors and friends.

Upcoming holiday hours are as follows:

- · Wednesday, Nov. 24: 8 a.m. to 2 p.m.
- Thursday, Nov. 25: Closed.

*To register, visit the Indigo East Fitness Center office. Payment is required at time of registration. No refunds will be issued 14 days or fewer prior to registered event.

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Candler Connection

Debra Keirn

Fall is finally here, and we all look forward to cooler temperatures.

A special thank you to all members of the social committee who made the golf cart scavenger hunt a huge success. 184 participants enjoyed a dinner catered by Brick City Barbecue and danced to music by DJ Tim Harris. What a great event!

Tuesday, Oct. 26, at 5:30 p.m., will be the potluck dinner (German theme) at The Lodge at Candler Hills. Prepare your dish for 10 to 15 people and label them for people with dietary issues. The Petroskys will DJ this dinner to help us celebrate Oktoberfest. Residents with last names beginning with A-I should bring desserts; J-R main dishes; and S-Z sides or salads. \$1 cost per person covers eating utensils, plates, napkins, decaf coffee, and snack items. You must RSVP to Deb Keirn by phone or text (814) 571-7908 or by e-mail to arthurkipdeb@verizon.net. Attendee limit is 190. Entry will be by reservation

only. The eighth annual fall barbecue picnic will be Sunday, Oct. 24, from 3 to 5:30 p.m. at the Recreation Center pavilion. The cost is \$7 per person which includes your selection of two sandwiches (hot dog, hamburger, or chicken), baked beans, potato salad, sandwich fixings, and picnic desserts. Tickets will be sold at the Candler Hills Community Center Tuesday, Oct. 5, and at The

to 4:30 p.m. only. The holiday party/dinner dance is 5:30 to 8:30 p.m. Saturday, Dec. 11, at The Lodge at Candler Hills. Tickets will go on sale in November. Watch for future information in the World News and in "The Happen-

Lodge at Candler Hills Thursday,

Oct. 7. Food will be served from 3

The speaker series chaired by Doug Dahlen will continue at 3 p.m. at The Lodge at Candler Hills with the following presentations:

Wednesday, Oct. 20: Pat Gabriel of the SR 200 Coalition. Wednesday, Nov. 17: Glenda Thomas on senior services in

the area. Questions regarding the ambassador program should be directed to Amy Waller at abwarnp97@aol.

Casino night is being considered for January or February 2022. More information will follow towards the

end of this year.

New residents of Candler Hills log onto candlerconnection.org and fill out the form to receive "The Happenings" by email. 1,478 Candler Hills residents receive this publication to learn about events and activities.

The Candler Connection Facebook group has 1,250 members. This closed Facebook group is a good source of information for Candler Hills residents.

The Candler Connection board is expanding from nine to 11 members as of January 2022. Residents interested in serving on the threemember nominating committee to seek out candidates should contact Chairman Bob Scherff at rhmischerff@gmail.com before Sunday, Oct. 10.

The next Candler Connection board meeting is Tuesday, Oct. 5, at The Lodge at Čandler Hills at 4 p.m. Any resident of Candler Hills is welcome to attend.

See you around the neighborhood and at future Candler Hills events.



Social Committee Janice Liberton

Melinda Huser has announced she is stepping down at the end of this year as chairperson of the Indigo East Social Committee. Indigo East residents have benefited since 2018 when Melinda was asked to take over the social club. Due to Melinda's expertise, ability to get things done, and more energy than anyone I know, residents of Indigo East have enjoyed many fun events that she was instrumental in planning. Under Melinda's guidance, neighborhood residents grew closer to each other. Melinda has done so much to make Indigo East a special place to live and for that we thank her for all she has done.

Sometime soon, Indigo East residents will have the opportunity to vote for new social committee board members. Some of you may be considering running for a position on the board but may be wondering what your responsibilities will be and how you can serve. The following is a very brief run-down of the responsibility involved with

each position. These positions will include, but are not limited to the following:

-Each board member is required to support, attend, and participate at the tasks at hand for an event.

-Board members pay for an event ticket, even though they are working at the event.

Each board member is required to attend quarterly meetings.

Chairperson: Schedule and run quarterly meetings; be available to assist any resident with neighborhood concerns; plan neighborhood events; and responsible for facility reservations for an event by completing and signing the reservation form.

Co-Chair: Supports the chairperson; and steps up as chairperson when or if needed.

Treasurer: Deposits all incoming monies in a timely manner; reimburses residents if an authorized receipt is submitted; keeps accurate financial records; submits quarterly statements; and is present at most ticket sales events.

Secretary: Keeps all minutes in a tidy fashion; update the Indigo East bulletin board with current events; tallies and keeps accurate records if/when a vote is taken; and takes minutes at quarterly meetings.

Supply Coordinator: Maintains locked cabinet supplies; purchases needed supplies; and cleans and organizes locked cabinets as needed.

Hosts: Resident volunteers who will plan, organize, purchase needed supplies and work at an Indigo East Social Committee sponsored event (e.g., ice cream social, golf cart parade). Hosts are responsible for posting event information and ticket sale dates on Facebook and Indigo East email. This is strictly a volunteer position and not a board member position.

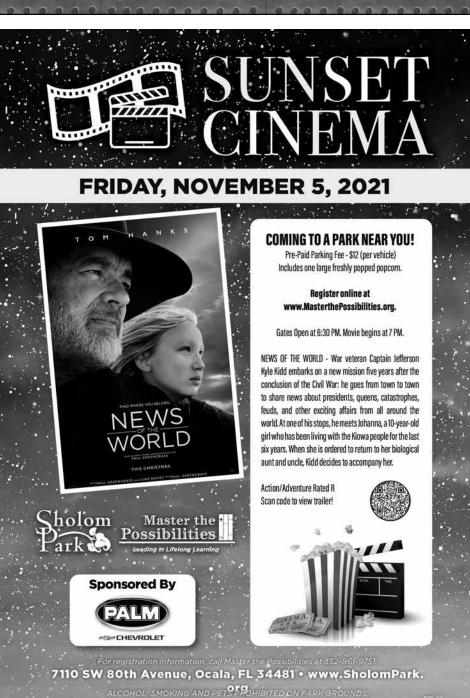
Communications Director: Publishes on Facebook and Indigo East email event information and ticket sale dates for Indigo East Social Committee sponsored events; issues reminders for events, (e.g., bingo); and keeps residents up to date of On Top of the World information posts. This position is a non-voting board position.

Upcoming events in October and November are a Halloween party, craft show, and catered barbecue. Please follow the Indigo East Facebook page and email for information on these events.

Happy October! Happy fall! Happy Halloween! As usual, I'll see you around the neighborhood.









Theresa Fields (352) 854-8707 ext. 7530 t_fields@otowfl.com

Autumn has officially started and many of us are looking for those cooler temperatures to arrive. Cooler temperatures mean we will begin to see a lot of familiar faces returning to On Top of the World. Just in time, as we are off to a busy month.

Line Dance Classes*

For fun and fellowship, join one of our dance classes. It is medically proven that the best activity combining physical and mental effort at the same time is dancing.

The following classes will be taught at the Recreation Center every Monday. The cost is \$10 per four-week class per month. Your monthly pass includes practice sessions on Wednesdays. Line dance tickets are on sale at the Recreation Center office from 8 a.m. to 4 p.m. Monday through Friday. Please note that the Absolute Beginners and Beginner Level I classes are full.

Choose your class according to your ability. The instructor is Darlene Miller, and she can be reached at darmiller222@gmail.com.

- · Improver Plus (1:15 to 2:15 p.m.): Dance experience is required for this class. More intricate step combinations and rhythms are used in dances at this level. Current popular dances are included at this level. Improver is slightly easier than intermediate.
- Beginner Level II (2:30 to 3:30 p.m.): Dancers will build on their basic line dance knowledge through easier dances with different rhythms. New step combinations and dance patterns will be taught as needed. Some prior dance experience is required.

Ballroom Dance Lessons*

Instructor Butch Phillips encourages anyone interested in partnership dancing to participate. Singles are also welcome as we will rotate partners among all willing students.

Butch welcomes suggestions from residents regarding what dances should be taught. The three-week class is held on the second, third and fourth Wednesdays of each month in the Recreation Center Ballroom, from 12:30 to 2 p.m., and the cost is \$30 per resident per three-week class.

Classes will include step descriptions for leader and follower, including correct characteristic of dance with an emphasis on lead and follow skills and lots of practice to music.

On the last day of class each month, video recording equipment is encouraged to record what was taught that month.

The classes are as follows: October – Waltz; November – Swing; and December – Two Step.

Beginner Broadway Dance Class*

Do you love musicals? "Chicago," "A Chorus Line," and "Grease" are just a few of the fun and exhilarating musical routines you will learn. All choreography will be inspired and styled after those foot-stomping favorites. This is a seven-week session that started in September with no experience needed!

Classes are Fridays through October at 1:30 p.m. in the Arbor Conference Dance Studios I-IV. The cost for the two-month class is \$42 per person. Any comfortable shoes can be worn; no sandals, please.

Rags to Riches

Come one, come all to the annual Rags to Riches sale Friday, Oct. 8, at the Arbor Conference Center from 9 a.m. to noon. You never know what treasures you may find or that hard-to-find item you looked for everywhere and have never found. Residents have emptied their garages and are ready to find new homes for their items.

Shred Express Document Destruction*

Shred Express LLC will return Friday, Oct. 22, in the Recreation Center parking lot, from 9 to 11 a.m. This company will be onsite to shred all your important documents. The cost is \$5 per one-cubic foot (normal storage size box or computer paper box).

Get Acquainted Coffee

Have you met your neighbors yet, or would you like to be better acquainted with them? Would you like to receive more information on fitness and recreational activities within our community but aren't sure where to go? Join us Thursday, Oct. 21, in the Recreation Center Ballroom from 9 to 11 a.m. for Get Acquainted Coffee. We will provide light refreshments and have several representatives talking from different departments providing information along with an informative presentation/question and answer session. After the presentation, you will have the chance to go on a short walking tour to familiarize yourself with some of the amenities.

Annual Craft Fair

Join us this year for our annual Craft Fair Saturday, Oct. 16, inside Circle Square Cultural Center and outside on The Town Square from 10 a.m. to 3 p.m. There will be over 100 crafters offering pottery, unique gifts, woodwork, jewelry, holiday and more. The Town Square will have live entertainment by Fred Campbell and great treats to cool down with at Mr. B's Scoop Ice Cream Shop. This event is free and open to the public.

Tropic Trivia Night*

This event is sold out for the rest of the year.

September

1: Gym Rats. 2: Bold & Brassy. 3: Gray Matters. Congratulations to all the teams!

New Year's Eve*

Celebrate the end of another year and the beginning of 2022 with friends at the Recreation Center Ballroom Friday, Dec. 31, from 8 p.m. to 12:30 a.m. Doors will open at 7:45 p.m.

We will have appetizers, a full dinner buffet, party favors, champagne toast in a souvenir flute and live entertainment by Rhythm Express.

The buffet menu includes plated mixed green salad, assorted artisanal breads and sweet cream butter, chef carved prime rib of beef with au jus, chicken breast with white wine caper sauce, butter whipped mashed potatoes, and chef's selection of seasonal vegetables. Dessert selections include chocolate mousse and brownie shooters. Two cash bars will be provided.

Tickets are \$75 per resident and \$85 per guest attending with a resident. Tickets go on sale Monday, Oct. 4, at the Recreation Center office (resident ID required). Guest tickets will be a two-ticket maximum per household.

Proper dress is required. No outside alcohol is allowed and seating is limited.

Social Hour

Come join us for a relaxing evening with friends and neighbors

Thursday, Oct. 28, from 4 to 6 p.m. in the Recreation Center Ballroom. You will enjoy light entertainment with Prestine Allen. A cash bar and hors d'oeuvres (while they last) will also be provided. Resident IDs are required for entry and guest fees apply. This event is free.

Happy Hour

Join us every Friday night in the Recreation Center Ballroom from 5 to 8 n m

Beginning in November, the outside veranda entertainment time will change to 3 to 6 p.m.

The Cruise-in Happy Hour will be held the third Friday on the front lawn of the Recreation Center (March through October). So join us outdoors, bring your lawn chairs, and come enjoy live entertainment as well as viewing the showcase of cars that will be on display by many of our residents. Fresh Plates Creative Catering will be selling beer, wine, bratwursts, hot dogs, and hamburgers. During inclement weather, the Cruise-in Happy Hour will move inside the Recreation Center Ballroom and the car show will be cancelled.

On Friday, Oct. 29, we will be celebrating with a Halloween-themed Happy Hour. Come dressed in your most creative costume as we will have three prize categories – most creative, funniest and scariest. The judging will start at 6 p.m.

The entertainment lineup is as follows:

- · Oct. 1: Automatic (Ballroom); Tim Hargis (Veranda).
- · Oct. 8: Rear View Mirror Band (Ballroom); Take 2 (Veranda)
- Oct. 15: Crossfire (Front Lawn); Ben Simmons (Veranda).
- Oct. 22: 3 for the Road Plus 1 (Ballroom); Robert France (Veranda).
- Oct. 29: Halloween theme with One Flite Up (Ballroom); Rock Solid (Veranda).

Individual resident IDs will be re-

quired for entry into Happy Hour; anyone not producing a resident ID will be considered a guest and guest fees are \$5 per person. Children under the age of 15 will not be permitted to Happy Hour. Please note that no outside beverages of any kind will be permitted.

Community News

We are excited to announce that new fencing has been installed with electronic scanners at the Recreation Center pool. Resident IDs will be required for entry into the pool and guests must be accompanied by a resident for entry.

Room reservations needing setup are required two weeks prior to the event. Our maintenance crew will be setting up facilities for events and, as a safety precaution, residents and guests will need to vacate the facility until the setup is complete, failure to vacate the room could result in set up not being completed.

Please be advised that streaming or rebroadcasting of any copyrighted video content is not permitted at any On Top of the World facility without prior authorization from On Top of the World management. It is unlawful for any movies, videos and/or training videos that contain copyrighted content to be viewed without the appropriate licensing rights. On Top of the World does not hold valid licensing rights for streaming or rebroadcasting at our community facilities which could result in severe penalties should the unlawful viewing of copyrighted video content be discovered. If you would like to view a YouTube. com link or have questions related to streaming or rebroadcasting at community facilities, please email t_fields@otowfl.com.

*To register, call (352) 854-8707 x7533 or x7498. Payment is required at time of registration. No refunds will be issued 14 days or fewer prior to any event or trip. Events and activities that take place behind the gates of On Top of the World are for residents only.









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Bird Lovers Invited

By Debbie Sherer

Group will visit the Ocala Wetland The Recharge Park was developed

On Thursday, Oct. 28, the Birding Recharge Park and Tuscawilla Park.

in 2018 to improve Ocala's water resource usage and water quality, to create a wetland ecosystem for wildlife and to boost regional groundwater supplies. Tuscawilla Park is Ocala's oldest park. It is a lovely, shaded park with ponds,

large oak trees and benches conveniently located around the ponds. Both parks provide birders the opportunity to observe a large diver-

sity of bird species.

The Recharge Park is owned by the City of Ocala. It has 2.5 miles of wide asphalt trails and 1,500 feet of scenic boardwalks that cross over open water ponds and provide visual access to many birds found in wetland vegetation. Birders who visited the Recharge Park in 2020 and 2021 identified 149 species of

Birders participating in the 2017 Great Backyard Bird Count (GBBC) at Tuscawilla Park identified woodpeckers, American kestrels, blue jays, Carolina chickadees, tufted titmice, Carolina wrens, eastern bluebirds, northern mockingbirds, palm warblers, and northern cardi-

Together these two parks provide opportunities to see a wide divide opportunities to see a wide diversity and large number of birds. Please contact Margitta Claterbos (mclaterbos@gmail.com) if you want to explore these parks with us on Thursday, Oct. 28. We will meet at 7:30 a.m. in the Friendship Center parking row parallel to SR 200 in front of Roses department store, west of SW 99th Street Road and Bank OZK. At this meeting point, we will divide into car pools and you will be provided with directions to the Recharge Park and Tuscawilla Park and the chosen lunch spot.

The Birding Group supports the Centers for Disease Control and Prevention (CDC) guidelines for wearing masks. We encourage you to wear masks in cars and when

to wear masks in cars and when entering restaurants. We are striving to keep the participants in our bird walks safe, and we would appreciate your cooperation with our request.



Painted bunting.

Helping Fight Childhood Hunger

Bv Gail Morris

As our Lions Club is helping our present the International Presilocal community, here we are donating food to the Interfaith Emergency Services. Fighting childhood Estelle Michelson for her years ty, they provide weekend backpacks for over 1,800 at-risk children in 39 schools. This program was suspended last year so we were glad to help provide some of the needed food for this local project as it re-starts. The donated Walmart gift cards helped our club to purchase the food items donated to the Food-4-Kids program at Interfaith Emergency Services.

Lion Gail Morris was pleased to for our efforts.

hunger right here in Marion Coun- of service in the Lions Club. The award was given last spring at our delayed convention, but Lion Estelle was unable to attend so I had the privilege of presenting her with

the award at our meeting in August. Lion Membership Chair Estelle has been doing such a good job of promoting our club and increasing membership that our club exceeded the other clubs in our district and we were awarded a \$200 check

We are continuing to collect socks, stuffed animals (no button eyes) and books for the children who are seen in the emergency room at AdventHealth Ocala. Estelle, our current chapter president, is the point of contact for this ongoing project and can be reached at (352) 861-7358. If you would like to donate items, drop them off at our meetings on the second and fourth Tuesdays, in the Arbor Conference Center Event Room.

the holidays as they will be here before we know it. We are organizing to provide food baskets to some area families in need as we work with Dunnellon Elementary.

Our club is also planning to host a "Tacky Tea" in January 2022, and we will be asking for your participation in the "parade" of hats. Resident participation is what will make

this fundraiser a fun, good time. We will be sharing more about the hat categories and prizes as we move through the fall months.

John "Moses" continues his gatharing of symplesses having side

ering of eyeglasses, hearing aids, ink cartridges and cell phones for recycling from our drop off locations, one of which is at Resident

If you know of someone in our community who is need of an eye exam, eyeglasses or any sight is-Our club is beginning to plan for sues that are beyond their financial means, the Lions are here to help. We have an application process and multiple ways to assist.

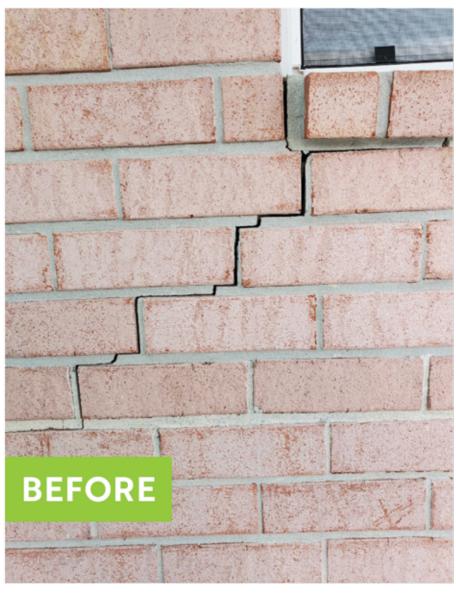
Our meetings are the second and fourth Tuesday of each month in the Arbor Conference Center Event Room at 5 p.m. You can also contact Estelle Michelson, membership chair, at (352) 861-7358 for more information.



Food-4-Kids donation with Daphne, staff member, Lions Tracey, Gail and Moses and Delores Bulgin, staff member,

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Russell Martin with his telescope at a recent observing session.

Moonstruck Astronomy Club

Jim Shuman

The Moonstruck Astronomy Club held its monthly meeting Thursday, Sept. 9, in the Hobby Building Event Room. Club Secretary/Treasurer John Bridges announced that Club President Jim Di Paolo was unable to attend the meeting. He reminded club members about the next NASA webcast – a presentation that evening by NASA Project Manager Phil Dabney regarding the launch of LandSat-9 Thursday, Sept. 16. Bridges also discussed the club's participation in the Club Fair.

Vice President Larry Isenberg discussed club business and news.

He also provided one of his interesting talks about astronomy gear, this time discussing eyepiece projection techniques to use when imaging the sun or other bright objects.

John Bridges provided his customary overview of the September night sky, featuring the locations of the moon, the planets, the international space station, and several celestial objects of note throughout the month. Club members have come to rely on Bridges' information-packed monthly updates, which inspire them to spend time watching for astronomical objects on their own.

In addition, Jim Shuman presented a PowerPoint show about the history of radio astronomy, explaining how the science had grown from its birth less than a century ago to become an important component of research in the 21st century. For example, by integrating data collaboratively from radio telescopes around the world, radio astronomers were able to assemble the first image in history of a Black Hole in 2019.

Bridges stated that club members can hope for better night skies for observing when the weather becomes cooler as autumn begins. He reminded club members to watch for emails announcing evening observation sessions on any day that weather conditions allow for an open sky. Members are welcome to arrive and stay as they wish throughout the evenings. All sessions are held adjacent to the R/C flying field. On some occasions they can last longer into the night-time depending on the appearance of interesting deep sky objects to

observe. The club will continue to take precautions regarding the pandemic during observing events. Updated instructions will be provided in emails announcing each session.

in emails announcing each session.

Regular meetings of the Moonstruck Astronomy Club are on the second Thursday of every month, from 1:30 to 3 p.m. in the Hobby Building Event Room. All residents can join the Moonstruck Astronomy Club, and new members are welcome! Yearly club dues are only \$15 per year, and they include a subscription to the quarterly Reflector Magazine. Indigo East residents require a Gateway Services pass to participate in the club. For information or club registration, please contact Moonstruck Astronomy Club President Jim Di Paolo at moonastroclub@gmail.com. More information is always available at moonstruckastronomyclub.org.

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The Jewish Club

Nancy Meininger



In a personal interview with the Grammy star, Rick Carel learned Sheba is a genuine American success story. Her parents were share-croppers in the small town of Sunflower, Mississippi, right on the river. She cut and picked cotton as a young girl. Later she came to Florida as a migrant worker. She not only sings the blues, she lived the blues. As others recognized the talent born within this woman, she

rose to fame.

As a club, we are embarking on our most exciting quarter yet, raising the bar with every meeting. The

membership spoke and we listened.
As the High Holidays, Rosh Hashanah and Yom Kippur closed at sundown Thursday, Sept. 16, we gathered to break fast at The Lodge at Candler Hills, sharing this ritual with our club family of friends. Di-

ane Turkin was the coordinator. Member involvement can really be credited for these new and meaningful events.

Then Sunday, Sept. 19, we hosted our welcome back bagels and lox luncheon for members only and learned about new development coming to our area from Pat Gabriel from the SR200 Coalition. Linda Kartzinel and Gail Levine oversaw this meeting. A food drive for nonperishable dried and canned goods was taken for Interfaith Emergency Services, under the guidance of Charlie Calhoun.

In November, the club will once again have its popular barbeque at Veterans Park. The picnic, under the guidance of Mal and Connie Press, will feature burgers, veggie burgers and hot dogs, grilled to perfection by the club's own grill masters

No December would be complete without a Hanukkah celebration, and of course, we will have ours at The Lodge at Candler Hills this year Details will soon follow

year. Details will soon follow.

Membership in the Jewish Club is \$18 annually. For daily information on club activities, please check our Facebook page (The New Jewish Club of On Top of the World). If you have questions, please call Nancy Meininger at (352) 554-0757.



Labor Day tree at the Recreation Center.



Grammy nominee, Sheba Beck, will perform to Jewish Club members in October.

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Genealogical Society

Peter Parisi



MacEntee, a professional genealogist, gave an educational presentation on "Facebook: A Tool for Genealogical Research" via Zoom.

According to Thomas, one of the most neglected features of Facebook is the search function. By using strategic searches based on place names, surnames, etc., you can find new information for your research on your ancestors by using Facebook like a database.

Facebook's search field is in the upper left corner. Enter your search

criteria and click the magnifying glass icon to see the search results. Click on the magnifying glass icon at the top or bottom of the search results list and a new page will appear with results grouped by section in the sidebar on the left. Use "See All Options" and explore all "Result Types," which will bring up pages, groups, photos and more. Prior searches can be retrieved by clicking "Activity Log," "More" and "Search History.'

The main difference between Facebook pages and groups is the interaction of page visitors versus group members. A group usually requires a user to request membership, whereas a page only requires a "like" from a user. A group allows you, as the user, to post a query, whereas most pages only allow the administrator to post content.

Groups tend to be more useful to genealogists for queries.

Once you have joined a Facebook group, scroll the recent posts to see if your question has already been answered. Post only relevant information. If a resolution has been found, return to your original post, click edit and type "resolved." If you belong to an active group, click notifications and when you want to be notified of updates.

You can use hashtags in Facebook posts, and it becomes a search tool. Enter #genealogy at the beginning and end of the post. Click on the hashtag to find similar posts within the group.

If you are interested in obtaining more information on using Facebook for genealogy research, consider joining the Genealogical Society by contacting Wilma Kelly

at otowgens@gmail.com. Dues are \$20 per year per person or \$35 per

All the following meetings take place at 10 a.m. Members will be notified by email by our club president, Paul Belter, whether meetings are in person in the Hobby Building Event Room or via Zoom.

On Monday, Oct. 11, we will hold the annual business meeting for the purpose of electing officers, approving the budget, and setting the annual dues for the new year. These officers will be installed at the end of the meeting and will serve until Oct. 10, 2022.

On Monday, Oct. 18, Philip Davis will give an educational presentation "Safeguard and Preserve Your Important Information.'

Visit us at otowgens.shutterfly.

Computer Club

Chris Kilbride

Every Saturday at 9 a.m. the Computer Club meets for an hour through Zoom meetings to answer both PC and Apple related questions regarding software and hardware. Our otowpcclub.org website will give lots of great information

about our group. Pulling up to the gas pump got me thinking about credit card fraud, and safer ways to pay. Using technology to our benefit, we can now "tap" our credit card at the pump, the card never leaves your hand and doesn't get dirty. Just look for the symbol of a circle with four curved lines and little hand, then get your credit card chip close to that symbol and tap, you're done!

Paying by the "insert your card into the card reader" format might leave you at the hands of the credit

card scammers. You might not notice a "skimmer," a small device that thieves place on or above the card reader at gas pumps (also ATMs) to copy and steal your card information, or sometimes rigged from the inside. Oops, now they have your credit card information making more havoc in your life and all you wanted today was to fill

the tank. So let's get back to another safe pay method for gas. Both Google Pay and Apple Pay offer a "digital wallet" app to securely make payments using your own credit, debit, gas, or store cards, and get cash back rewards too! It is safer than swiping your card because there is built-in authentication, transaction encryption and fraud protection. Take some time to research and download either app. Apple Pay is built into all Apple devices, whereas Google Pay has an app for Android and iOS. Type one credit card's information into the app and try it the next time you are at the pump, or anywhere they have the credit card

contactless "tap" symbols.

Apple Pay and Google Pay features let you also pay anything online from your computer, smartphone, or tablet.

Try paying the gas pump with your phone before you get out of the car! Start by getting any major gas company's "pay at the pump" app. Drive up to the pump, open the app on your phone, type the pump number, dollar amount of gas and pay. You'll get an instant receipt. Then get out and pump the gas okay, the app can't do that!

Residents are welcome to join our club, with \$10 individual yearly

dues or \$15 per couple. The Contact page on otowpcclub.org or email otowpcclub@gmail.com will get you in touch with us.

Each Thursday from 9 to 10 a.m., members enjoy free online one-onone instruction or in-person help sessions in the Hobby Building, discussing their PC or Apple computer, smartphone or tablet issues. Members may list on our website any computer related hardware for sale or to give away.

We keep the meeting fun and offer suggestions and possible solutions to help our members. Hope to see you on Saturday!

Women of the World

Anna McGonigal



The Women of the World organization launched a successful inaugural meeting of the 2021-2022 season at The Lodge at Candler Hills Friday, Sept. 3. Over 125 women attended the meeting, which began with an ice cream sundae social served by the refreshment commit-

Amy Waller, president, kicked off the meeting by leading the group with the Pledge of Allegiance. Board members were introduced to the group. This year's board is very excited to serve the organization and all its charitable endeavors.

Board members are President Amy Waller; First Vice President Betty Thayer; Second Vice President Jan Lindell; Treasurer Peggy Janisch; and Secretary Anna McGonigal. Advisors to the board are Lois Nix and Janet Fragapane.

Amy Waller continued the meeting with an in-depth explanation of the organization's vision and mission statement. Amy further explained that speakers are presented at the monthly meetings from various organizations and a charity in Marion County is supported monthly. Charities supported include Arnette House, Helping Hands and the Domestic Violence/ Abuse Center.

Women of the World supports one charity consistently, which is Operation Shoebox. At each monthly meeting, members can donate items to this charity along with the other charity being supported that month. No donations were taken this month, but attendees can bring items for Operation Shoebox to the

October meeting.
Operation Shoebox is a nonprofit organization supporting our troops around the world. Care packages are assembled by a group of volunteers and shipped to the soldiers. Items collected include personal hygiene products, games, correspondence materials and various individually wrapped non-perishable food items.

Speakers at the meeting were Sandra Selesky and Mary Harper representing Operation Shoebox. Sandra is our local liaison and Mary is the founder of Operation Shoebox. They described heartfelt letters they received from soldiers upon receiving a care package.

Following the presentation, a question-and-answer session occurred to help further explain the organization's mission to help guests decide if they wanted to become a member.

The meeting concluded with a 50/50 drawing sending several attendees happily home with a few extra dollars.

The next meeting will be held Friday, Oct. 1, at 12:30 p.m. in The Lodge at Candler Hills ballroom. Anyone can join at any time, membership dues are \$15 payable at the door. All attendees are asked to bring their resident ID and wear a mask (optional). We look forward to seeing new faces along with our current members. For information about Women of the World, please call Amy Waller at (954) 907-7468.





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Native Plant Group

Ron Broman



"Pickin' up _____ s, put 'em in your pocket.

Pickin' up _____ s, put 'em in your pocket."

A song I remember from way

back. Don't know where it came from. Don't know where I heard it; but Betty knows it too, from summer camp.

This Florida native and her sev-

This Florida native and her several "cousins" in the custard apple family have that very interesting common name. It reminds me of what some children call their grandpa. But I surely wouldn't want you to pick up grandpa and put him in your pocket

At least 10 of these small tree or shrub species can be found growing somewhere in Florida. If you are planning a trip to just about any place from the panhandle to south Dade County and know where to look, you'll find one of these plants. (None, as far as we know,

have found their way to the Florida Keys, but stay tuned.)

Besides their interesting fruit, often greenish yellow when ripe (and edible with some species), their flowers range from creamy white to partially purple.

When not flowering, they are some of the most difficult to identify of Florida's native shrubs. All species of this genus can be divided into two groups based on the color and aroma of their flowers. Those with maroon or purple flowers exhibit an odor much like rotting meat. Yuck! Those with white blooms emit a much more pleasant

fragrance.

The reason for this association between the color and the aroma of the flowers is not well understood. It may have to do with the varying preferences of the beetle species that do the pollinating. Again, stay tuned.

Last month's candidate for "Where in the World" was the Florida anise, Illicium floridanum. Remember those wonderful anise cookies your aunt baked you for the holidays? Yum!

And now it's your turn. Call

(352) 861-4560 when you "pick up" on where you can find one of these plants. You might have some fun "putting 'em" in their common or botanical name pocket.

Call us at the same number when you wish to join us in the Native Plant Group as we maintain our projects. Growing native. Wow! It's great!



Where in On Top of the World might I be?

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Active Singles Club

Pat Jocelyn



The name October originated from the Roman word, octo which translates to "eight." That made sense then because back in the day, the old Roman calendar began in March. Later when January and February were added, the name octo remained even as it took its new 10th position on the calendar.

Our farming communities consider October as a period of harvesting crops and reaping the rewards of months of hard work. It's considered a time of renewal and new beginnings. It's also a time to look at the world around us with a new perspective and to venture into new areas of interest.

The Active Singles Club provides us with that opportunity. Here's an example. Have you always wanted to try your hand at golf but put it off because you felt you just didn't have the skill and would probably embarrass yourself anyway? Well ... we can't promise you'll end up with a great golf score but we can promise you a whole lot of fun. Members of our Active Singles golfing community will welcome you with open arms and even give you a

couple of tips if you want them. The same goes with dancing. Several members have mentioned they just don't dance well enough to dance at The Town Square. Although the event is not sponsored by the Active Singles Club, many of our members do attend and most sit together. Don't have a partner to dance with? No problem. Club members usually all dance in a circle – no partners needed.

Helen Anderson knows a thing or two about folks not feeling comfortable with trying something new. She sponsored a recent evening of bowling. Twenty-four people participated; many had not played for decades. Also in attendance were three friends who did not bowl but cheered on the ones who did. Helen said every skill level was represent-

ed that evening. More importantly, people were laughing and joking and let's not forget that healthy dash of good-natured teasing. Everyone had a good time, and many expressed an interest to participate in the next bowling outing.

17B

On a different note, our Active Singles Club board member elections were held at our September meeting. We will list the new board next month.

For more information about our club including how to join, contact us at activesinglesotow@outlook. com, visit us at otowactivesinglesclub.com or join us on Facebook (OTOW Active Singles Club). Remember, "We may be single, but we' re not alone."

SWANS



Single Women's Active Networking System (SWANS) was established for single women at On Top of the World in 2006. Our motto has always been "SWANS are never alone." We actively support each other during times of need and enjoy life through our many social events.

I have often mentioned how long the SWANS have been active here and would like to share a SWANS' sentiment about her gratitude towards Lois Nix. "This morning while journaling it struck me how SWANS was responsible for the origination of our little group of gals (it has got to be close to 10 years). Although the gatherings are

so much fun, our friendships reach much deeper. We provide support and aid to one another when needed. Our love for one another is exhibited frequently in between monthly gatherings. I, like so many, are reaping the benefits of the SWANS. Your efforts put toward SWANS touches so many lives in so many ways. Thank you!" We know that being single is sometimes not easy but having support from other single women certainly does help.

Speaking of gratitude, we held a surprise party for Lois Nix in August. This was held in conjunction with the women of the Ladies Shuffleboard League as Lois is responsible for establishing this group also. We presented Lois with a plaque that reads "In appreciation for all of the work you do for the women of On Top of the World." Included with that was a gift card. Many ladies attended that Lois has helped helm of both organizations. Everyone got a chance to thank her and entertain the gathering with stories of her exploits on their behalf. It really is amazing to see the number of women she has impacted.

A big "thank you" to everyone who kept the secret and helped pull this off. It was no small feat! Thanks also to all the women who helped make this a special day for her -Barbara, Kay, Jean, Laurie, Kathy, Maureen, Mary Ellen, and Sandy. I hope I didn't forget anyone. Without your help, this event would not have happened!

And a big "thank you" to Lois Nix for all her work here at On Top of the World. Your effect on our lives goes above and beyond and we are lucky to have you in our corner! We truly are never alone because of you and your efforts!

Our last meeting was held Saturday, Sept. 18. We signed up for

which should start in October. We also signed up for our monthly dinner out experiences. We really had a wonderful group of women who signed up for all of our events. We are looking forward to getting to know these women better in the coming months. Remember, you may become a SWANS member at any time. If you are interested in joining us, please contact Lois Nix for more information.



(\$50 value)

What's Cookin'?





It seems like autumn sees an increase in home parties. It also increases the need to find something different to serve to your guests. Here are two simple recipes that may help solve the dilemma! It should be noted that either recipe may be prepared and kept warm in a crockpot to help the host/hostess,

Hot Reuben Dip

1 package (8 ounces) cream cheese, softened 1-1/2 cups shredded Swiss cheese (6 ounces) 1/2 cup Thousand Island dressing 4 ounces deli sliced corned beef, chopped 1/2 cup well-drained sauerkraut Chopped fresh chives, if desired Sliced radishes, if desired

Heat oven to 4UU°F. Mix cream cheese, one cup of the Swiss cheese, the dressing and corned beef. Spread in pie plate $(9" \times 1-1/4")$ or quiche dish $(9" \times 1-1/4")$ 1-1/2"). Top with sauerkraut and remaining 1/2 cup Swiss cheese. (Cover and refrigerate up to 24 hours, if desired.)

Bake about 15 minutes or until bubbly around edge. Serve hot with pretzel crackers or cocktail bread. Garnish with chives and radishes, if desired.

Hot Crab Dip

8 ounces reduced-fat cream cheese (Neufcha-

tel), room temperature 1/4 cup reduced-fat sour cream

1/4 teaspoon hot sauce

1/4 teaspoon crab boil spices (Old Bay) 1 garlic clove, minced

Kosher salt and freshly ground pepper 12 ounces fresh crab meat, picked over for bits

of shell and patted dry

2 scallions, thinly sliced 2 tablespoons chopped fresh parsley

2 to 3 teaspoons fresh lemon juice Whole-wheat crackers for serving, optional

Stir together the cream cheese, sour cream, hot sauce, crab boil spice, and garlic in a medium

saucepan until smooth; season, to taste, with salt and pepper. Heat the cream cheese mixture over medium-low heat until warm, stirring constantly, two to three minutes. Fold in the crab, scallions, parsley, and lemon juice and warm until heated through, about one minute more. Serve immediately.

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Michigan Club

Nancy Meininger

Houghton Lake, Michigan, the state's largest inland lake at over 20,000 acres, is situated in the center, north of Midland. It is also one of the largest inland lakes in the entire country. Houghton Lake was

Friday night, after work, we'd head up I-75 along with hundreds of others in the three-hour trek from Northville. The stress of the week would fall away as we pulled into the driveway of our little knotty pine cottage overlooking the lake. If it was chilly, we'd light a fire and snuggle up to it. If the weather was warm, we'd kick back on the deck and gaze at the blanket of stars overhead, many we had never seen before, in the city. There

The lake, at a mere seven and a half feet deep was a perfect adult gathering place where we spent hours playing frisbee, floating on air mattresses and tubes, relaxing and enjoying every sunlit hour we could. If we took out one of the boats, we'd pack for the day, as the lake is five miles wide and 15 miles

> the other! Winters on Houghton Lake meant snowmobiling everywhere on the lake or along seasonal trails through the woods. At night, we would watch the vehicles fly across the lake, up over ice sheets and go airborne. It was exciting and frightening at the same time.

> long. Big enough to never be boring, but often surprising us by rain-

ing on one end with sunshine on

Snowmobiling is so popular, the town holds a winter carnival every year, and has since 1950. It is called "Tip Up Town." This year it is scheduled for Jan. 22, 23 and 29, 2022. It will include side by side racing, polar bear dip swim contest, snowmobile drag racing, ice fishing and more.

As we left Houghton Lake this year, we felt very satisfied to see our little knotty pine cottage still standing just as we had left it, some 20 years ago. The leaves were just starting to change colors and would soon be on full display - something

were meteor showers, shooting stars and northern lights, too. All of them defining why so many people head "up north" so often.

Michigan Club will meet Sunday, Oct. 3, at 5 p.m. in the Arbor Conference Center Dance Studios I-III. It is a potluck of Michigan favorite foods. Please bring a dish to share for at least eight. Last names starting A-G bring a main dish; H-N bring a vegetable or salad; and O-Z bring a descert bring a dessert.

we always loved to witness. That

was the icing on the cake of our per-

We look forward to hearing about your summer adventures and would love to see pictures! We will have a Michigan trivia game, too, pitting tables against tables. \$1 per person to enter. Winning table takes all!

If you have any questions, please call Nancy Meininger at (352) 554-

Texas Connection Social Club

Kathy Cornell



"Friendship" was the theme of our September get together. Our intent was to spend some time getting to know each other better, and develop or strengthen our friendships within the club.

Folks with Texas ties have no problem with friendly chit-chat, but we gave the getting-more-familiar-with-you quest a twist by drawing questions out of a bag for each person and then opening the floor to anyone else who wanted to contribute. Some questions had a Texas theme such as "What is your forwarity thing about the Toyon floo?" favorite thing about the Texas flag?" and "What's the strangest thing you've ever seen in Texas?"

A couple of questions made us stop and think like "What color is your toothbrush?" and "What is the oldest thing in your refrigerator?"

oldest thing in your refrigerator?"
We had lots of participation with
"Have you ever traveled outside
the U.S.?," "If you are a grandparent what do your grands call you?" and "Have you ever met a celebrity?" Our question, "Which way does your toilet paper hang on the wall – over or under?" probably got the most chuckles and a lot of com-

Our next meeting will be a salute to the largest state fair in the United States, which of course is the State Fair of Texas! We will gather Sunday, Oct. 10, in the Arbor Conference Center Dance Suites I-II. Meeting will begin at 6 p.m. You can start

moseying in after 5:30 p.m.

The club is providing fair type food including corn dogs, corn on the cob and other goodies. We will need a head count, so please RSVP to Kathy Cornell by Sunday, Oct. 3. If you can help with food prep, it would be appreciated. Everyone needs to bring their own beverage. Our activity for the night is still in the planning stages but will go along with the State Fair theme.

We'll still be collecting dues of \$10 per person for returning members and new folks who want to join. There will be a little membership form to complete. Bring your reading glasses if you use them or you'll have to get someone to take dictation! dictation!

Our 50/50 drawing is always popular, and tickets are only \$1 each. The money from dues and the 50/50 is used for expenses such as paper products, game supplies, prizes, compensation for outside entertainers and club provided food for

special occasions.

If you have a connection to Texas and are looking for some Texas style fun, please contact us. We would be thrilled to share more information about our group and get you on the email list for club news and notifications. Contact Kathy Cornell at (352) 300-3729, (352) 562-2801 or kcornell54@cfl.rr.com.



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World **Traveler**

Bill Shampine



There are people in this world who think you should not drink tea (or coffee) because of the caffeine in it. I am not one of those people. I love my tea, and, typically, drink several cups of hot tea per day. Further, even though I am a Southern boy, I drink my tea without sugar. But what is tea and where in the world does it come from?

Tea is an aromatic beverage prepared by pouring hot or boiling water over processed or fresh leaves of Camellia sinensis, an evergreen shrub native to China and East Asia. After water, it is the most widely consumed drink in the world. Tea generally is divided into at least six different categories depending

upon how the leaves are processed - white, yellow, green, red, black, and oolong. These teas offer many different flavors including sweet, nutty, floral, grassy, bitter, and astringent.

There also is a category known as herbal tea. Herbal tea refers to drinks not made from the leaves of Camellia sinensis, but from infusions of various fruits, leaves, or other plant parts, such as steeps of rosehip, chamomile, or rooibos (a South African plant).

The tea plant originated in the region encompassing today's southwest China, Tibet, northern Myanmar, and northeast India. In the early days it was used primarily as a medicinal drink. Chinese legends suggest that tea was invented in 2737 BC, although the earliest documented record is dated 59 B.C. Regardless of when the beverage was invented, Portuguese priests and merchants introduced it to Europe during the 16th century. At that

time, China had a complete monopoly on the tea trade, and they fiercely protected the tea plants and the processing procedures. In the 17th century smugglers were able to get enough tea out of China that its cost became cheap enough that drinking tea became fashionable among the English. In 1836, during the British colonial period, the British finally managed to smuggle some tea plants out of China. They were governing India at that time, so they took their smuggled tea plants there to break the Chinese monopoly by developing their own source of supply. Their sneaky plans were successful, and tea production began to spread to many other places around the globe.

Today, tea is grown commercially in 62 countries, mostly in Asia, África, South América, and around the Black and Caspian Seas. In 2019, the global production of tea was 7.1 million tons, 75% of the world's production, led by China, India, Sri

Lanka, and Kenya.

You can begin harvesting a tea plant when it is about four years old, and it can be harvested for about 100 years. The tea pickers only pick new and tender "flush" (two leaves and a bud). These newgrowth flushes appear every one to two weeks depending on the local climate. Much of the tea is handpicked because it must be picked carefully to select only the best leaves and avoid damaging them. Machine harvesting certainly is faster, but damages the leaves, thus providing a much lower quality tea. Handpicking typically is done by women, who may receive only \$1 a day for their efforts. Good pickers pick around 160 pounds a day, from which you get around 40 pounds of finished tea.

So, the next time you enjoy a nice cup of tea, just think about all of the work that took place to get that tea into your hands.



Tea plants as far as the eye can see in the Cameron Highlands, Malayasia



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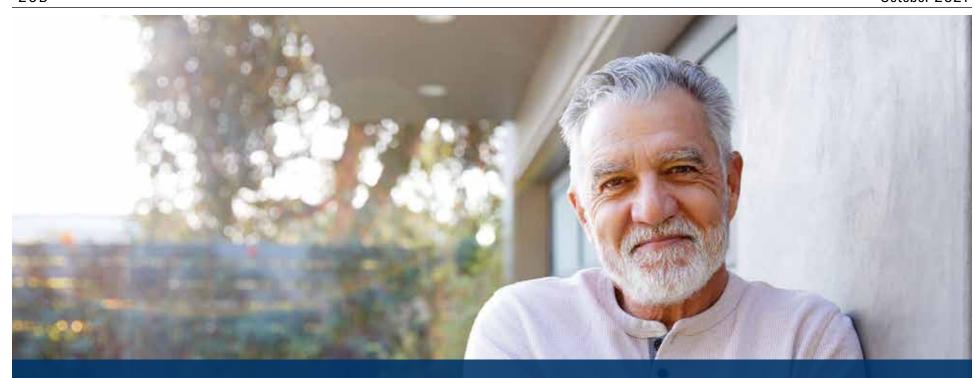
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Surf and Turf Fitness

By Cammy Dennis

Surf and turf refers to programming that combines both water and land exercises. Many experts agree that engaging in both aquatic and land exercises allow you to capitalize on the best of what each modality offers. The major difference between aquatic and land-based exercises is the buoyancy effect that water provides.

Buoyancy is the opposite of gravity; it lifts you up. Water's buoyancy is extremely beneficial for older adults who need to minimize joint stress and decrease impact. Injury and pain risk are minimized when exercising in the water. This is why so many older adults seek out aquatic exercise programs.

The downside is that if you only workout in the water you are likely missing some of the benefits derived from exercising on land. With the proper guidance, older adults can exercise safely and successfully on land. Land exercises are described as weight bearing due to gravity's pull. This helps build both strength and bone density. Therefore, a surf and turf approach to exercise brings you the best of both

Lisa Augustine, a seven-year resident, is the perfect surf and turf role model. On a regular basis, I see Lisa swimming laps, participating in strength training classes and walking in the community. I knew

exactly who to go to for insight into combining land and water exercises! Lisa shares her thoughts on surf and turf exercise and her quest to age optimally.

Q. Were you active in your preretirement years?

A. Yes! I worked at a desk job and put in a lot of hours; however, I always exercised. For many years, I got up early and went to the gym at 5 a.m. I also had a treadmill in the basement and would record my favorite shows to watch while I exercised. On the weekends, I would meet friends to walk the trails in the local state park.

Q. You have a surf and turf style of exercise routine. You swim, take strength-training classes, and walk quite a bit. Why do you combine aqua and land exercises?

A. I know that I gain specific benefits from each type of exercise. I enjoy swimming, I feel great in the water, and it helps me stay flexible. And I take strength classes to build my muscles and bones. I also play POP tennis twice a week, which I love, and I walk a six-mile loop twice a week. One of the biggest motivators for me is the people I exercise with. They make it social and fun. However, the people I know who do not exercise also motivate me. I see them struggling as they age. I exercise now so I will be able to do more as I get older. I want to be healthy and enjoy my wonderful life here as long as I can!

Q. Do you have any words of encouragement or advice for those people you mentioned that you see 'struggling as they age?'

A. There are so many benefits that come from exercising! Whether on land or in the pool or both. You will sleep much better on days that you exercise and won't feel guilty if you have dessert! However, the most

important thing is that you will feel stronger. I notice a difference in myself with little things like getting the lid off a jar and getting up the steps in the pool without using the railing. I also see a difference in bigger ways like having more endurance for line dancing and POP tennis. Find something that you love to do. Try walking, swimming, or dancing, they are lots of fun and you will probably even make new



Lisa Augustine is an avid surf and turf exerciser.

Vintage Fl'air'

By Dan Gaffin

In the early years of R/C flying, the airplanes were built vastly different. The planes were lighter in weight; constructed of different types of wood and wire and covered in fabric. The controls were rudimentary and crude though effective. Landing gear was fixed, and the planes did not have the flaps to slow them down when landing or

to lift them off the ground faster. These early planes used a rotary gasoline motor. They also had a tail rudder and an elevator and used ailerons to help control the altitude and direction of the plane.

The R/C Flyers Club has a number of pilots who love to fly these planes of yesteryear; the vintage planes. These pilots fly biplanes

and triplanes with some of the pilots owning several of each type. They are impressive to see on the ground and are as stunning to watch fly in the sky. These planes come in a range of size to very small scale to quite large scale. The pilots that fly these multi-winged aircraft express sincere joy and excitement when they take their plane up into the sky. When you see the sky come alive with these planes it is amazing! It gives you a sense of history and awe of the pioneers of early flight.

The members of the R/C Flyers are a group of friendly people who are more than willing to help the less experienced pilots learn about aircraft or learn new skills to control their aircraft in the sky. Imagine yourself behind the controls of a radio-controlled aircraft of any type - electric plane, jet, helicopter, vintage plane. This club is open to all and you could be having the time of your life behind the controls of one of these aircraft.

The club would like to welcome two new club members: Terry Butler and Dennis Dobosh. Currently the club membership is 182 active members. Congratulations to Ray Ihlenburg who has completed solo flying and received his certificate from his flight instructor Alex Fe-

We want to remind everyone about the upcoming R/C Flyers Fly-In Saturday, Oct. 30. Entry and parking are free. Refreshments are available for purchase and a 50/50 raffle will be available. Everyone is invited to come out and watch the event. If you are a R/C pilot and have an active AMA card, you are welcome to bring your aircraft and join us in flying at no cost to you. This is a great opportunity for anyone interested in becoming a pilot to come out to this event and see pilots in action, meet club members and ask questions about the R/C Flyers Club. More information about this event can be seen at otowrcflyers.com.



Vintage planes of R/C Flyers Club.

Florida's Great **Outdoors**

By Roger Bonifield

I want to thank everyone for coming out to see Call of the Wild at the Club Fair. It was very enjoyable meeting and speaking with so many folks who share a common interest in Florida's great outdoors. In addition to many old members who stopped by, (wait a minute, lets ixnay that word old), many current members, we had several new residents express an interest in what we are doing, and fill out an application.

Well, this fall is a sportsman's prime season. After a long, hot summer, fishing is finally beginning to turn back on with several great catches reported, and deer, turkey and other fall hunting seasons are well underway. Much of this is described on our club website, and in the volumes of literature we have compiled from and for our membership. After all, Call

of the Wild's primary purpose is to help our membership, many of whom are northern transplants like me, learn more about and enjoy Florida's great outdoors.

There is a lot going on right now, and much more coming up over the next few weeks. Our club picnic (sorry, we are at capacity) will be in just a few days, and our holiday dinner is rapidly approaching in December.

We normally meet the first Wednesday of every month from 1 to 3 p.m. in the Hobby Building Event Room. However, our October meeting will take place at our club picnic off site. If you would like more information on what we do, or how to get involved, please don't hesitate to give me a call at (325) 300-3601, or stop in to our November or December meeting.



Member, club IT and membership chairperson, Terri Poznanski gives a presentation on how to better use our club

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Candler Hills Men's Golf

Terry Hoppes



We welcomed new members Mike Mackowiak, Rex Heitz, Don Hamlin, Doug Neely, Ray Christ, Mike Lane and Bill Lewis.

Scramble On Top of the World Invitation **Aug. 17**

Tie at -18-Steve Thesman, Joe Wilks, Jerry Englar, Dave Miller and Sam Fox, Brian Wilder, Brian Gauthier, John Bauer. -17- Billy Scholp, Rex Heitz, Ruben Alvarez, John Sullivan. Tie at -16-Dutch Schulze, Julian Hobby, Thomas Kujawa, Lee Nigh and Donald Otto, Mike Kurlakowsky, Bob Barbee, David Nelson. -15-Bill McElroy, Joe Moenter, Russell Zile, David Garland. Tie at -14 Ken Zweiback, Bill Truby, Larry Bole, James Mc-Cormack and Rusty Zarrell, Barry Barringer, Tony Morris, Donald Wheeler and Tom Joy, Mike Kelly, Nick James, Loren Magsam and Don Edmond, John English, Robert Coutu, Brad Weirick and Dale Budd, Randy Rosewicz, Lance Davsko, Joe Jingco. Tie at -13-Dennis McCourt, Bob Gee, Robert Dellapenna and Robert Springmann, Norm Hayworth, Charles Crenshaw, Bill Dobbins and Bob Flynn, James Tolson, Jim Napierski, Don Hamlin and Joe Pruss, Mario Grosso, Stephen Bussey, Paul Silliman and James Dewey, Roger Sparks, Jim Nicholson, John Leeman.

One Best Ball Gross/Net Aug. 24

Ladies

Lois Nix

days.

Shuffleboard

-17-Dave Falcone, Terry Spurlock, James Dewey,

Our 2021-2022 season started

Wednesday, Sept. 1, at 9 a.m. with

pouring rain; the 11 a.m. ladies

could not shuffle either. The follow-

ing Wednesday was really the first

day of shuffling for the season. We have 45 women who will be shuf-

fling, either Mondays or Wednes-

residents or Gateway of Services passholders; you need not know how to play. Basic information will

be shared on your first day. Our weekly scores will be recorded. You

can decide to play Wednesdays at 9

Shuffling is open to all women

Bill Searight. -13-Charlie Taylor, Brian Gauthier, Rex Heitz, Sam Fox. -11-Mike Kelley, Randy Kajewski, Dennis McCourt, Joe Wong. -10-Donald Otto, Bill Wallenstein, Gilbert Green, Tom Joy. Tie at -8–Don Edmond, Billy Scholp, Bill McElroy. Robert Dellapenna and David Butler, Ken-

neth Franks, Joe Jingco, David Nelson. **Stableford (Individual) Aug. 31**

Flight 1: 39-David Butler. Tie at 38- Kenneth Franks, Steven Bussey. 37-Paul Sepulveda. Tie at 36-David Fritz, Tom Presnick

Flight 2: 42-Rusty Zarrell. 40-Charlie Taylor. 38-Robert Springmann. Tie at 35-Terry Spurlock, Ken Zweiback, Mike Kelly

Flight 3: 40-Donald Wheeler. 37-Joe Wong. 36-Dennis McCourt. Tie at 35-Joe Jingco, Richard Ross. 34–James Dewey

Flight 4: 39-Dutch Schulze. 38-Paul Randles. 33-Bill Searight. 32-George Brombacher. Tie at 29-Omer Fannin, David Nelson

Shamble Best 3 of 4 Sept. 7

-28-Charlie Taylor, Billy Scholp, Jim Napierski, Edwin Viloria. -27-Terry Hoppes, Paul Rubly, Joe Jingco, Joe Wong. -26-Brian Gauthier, Lyle Gave, Gilbert Green, David Nelson. -25-Dennis McCourt, Ray Christ, Virgel Jajalla, David Butler. Tie at -24-Dave Falcone, Rusty Zarrell, Robert Springmann and Robert Jahnke, David Clune, Mori Fierce, Bill Searight and Paul Sepulveda, Mike Mackowiak, Terry Spurlock, Tim Williams. The Candler Hills MGA league

also donated \$500 to the Folds of Honor charity this month.

For those of you who are looking for more information regarding our league, please visit CHMGA.org.

recorded. Mondays can be used as practice for many and learning 10 Pin is another option.

Our sponsor is once again going to purchase shirts for us with our logo that reads "OTOW Ladies Shuffleboard Club." We are hoping that the supplier will be able to stay with the same color of the previous

We are also hoping that we will be able to have our tournament in March 2022; our sponsor will present the trophies to the winners. Lunch will be served.

All members are invited to our next board meeting Wednesday, Oct. 20, at noon in the Hobby Building Event Room. Any suggestions will always be considered.

Welcome back new and previous players. Happy shuffling.

TRASH COMPACTOR FULL? Please take trash to another location. Do



Treasurer Ken Zweiback presenting the Candler Hills Men's Golf Association league's \$500 donation to Nick Schwander for the Folds of Honor charity.





Candler Hills Ladies 9-Hole Golf

Denise Mullen (352) 861-9712 denise_mullen@otowfl.com

This month we are going to discuss rules that every golfer is faced with at one time or another.

Rule 1 The Game, Player Conduct and the Rules

Rule 1 introduces the following central principles of the game:

- Play the course as you find it and play your ball as it lies.
- Play by the rules and in the spirit of the game.
- You are responsible for applying your own penalties if you breach a rule, so that you cannot gain any potential advantage over your opponent in match play or other play-

ers in stroke play. **Rule 1.2 Standards of Player** Conduct

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and being honest in all aspects of play).

Showing consideration to others by playing at a prompt pace (Ready Golf), looking out for the safety of others, and not distracting the play of another player.

Taking good care of the course by filling your divots with sand, smoothing bunkers using a rake, repairing ball marks on the green, not causing unnecessary damage to the course.

Rule 3.3c Failure to Hole Out

You must hole out at each hole in a round. If you fail to do so, you must correct the mistake before making a stroke to begin another hole or, for the final hole of the round, before returning your score-

If you do not correct the mistake in that time, you are disqualified from the competition.

Rule 6.3c Wrong Ball A wrong ball would be any ball

other than the player's: Ball in play (original or substituted)

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are broken or leaking)

Second Ball in Stroke Play

In stroke play, the player must correct the mistake by continuing play with the original ball by playing it as it lies or taking relief under the rules. If you do not correct the mistake before making a stroke to begin another hole, or, for the final hole of the round, before returning your scorecard, you are disqualified from the competition.

Keep in mind that it is your responsibility to know the rules of golf to enable you to play in a more enjoyable environment. Lack of knowledge of the rules can be cause for a very controversial game when playing in your LGA-9 play day events. As a staff, we are here to answer and assist you with any questions you may have pertaining

to the proper procedures when you are golfing.

Upcoming LGA-9 play day events are as follows:

- Oct. 7: Lucky Fours (back
- Oct. 14: Let's Waltz 1-2 (back
- nine) Oct. 21: Shamble – Two Best
- Balls (front nine) Oct. 28: Michelle-O-Gram is an 18-hole event that will require advance registration.

Please feel free to email or call (nick_schwander@otowfl. Nick com) or myself (denise_mullen@ otowfl.com) with any and all concerns or questions you may have. Candler Hills Golf Shop phone number is (352) 861-9712.

Ladies 9-Hole Golf

Candon Ehler (352) 854-8430 candon_ehler@otowfl.com



the following Tuesdays: Oct. 5: Individual Odd Holes (The Tortoise & The Hare) is where everyone plays their normal round of golf, but we only use the scores on the odd numbered holes towards the game.

Oct. 12: Team Four Best Ball with stableford scoring from the black tees (The Links) is a team game where at the end of each hole, each player's score must be used towards the team score. The stableford scoring system works along these parameters: hole-in-one is six points, double eagle is five points, eagle is four points, birdie is three points, par is two points, bo-

OTOWInfo.com

bogey or worse is zero points. Oct. 19: Individual Low Net (The Tortoise & The Hare) is where everyone plays their normal round of golf with all ladies flighted, based on your handicap. Oct. 26: Team Scramble (The

gey is one point, and double

Links) is where everyone tees off, you then select the best drive, and everyone plays from there. This process is repeated until the ball is holed.

Golf is a fun sport/hobby to play, but it can be a bit unfair at times too. For instance, let's say we're out playing golf and I hit a shot that ends up going exactly where I want it to. The only problem is my golf ball hit a power line en route to its intended destination. This topic of discussion has come up multiple times throughout the course of the year during league play and casual play. The current rule in the USGA handbook under rule 14.6 a & b "Making Next Stroke from Where Previous Stroke Made" states: "(14.6 a) If a stroke is made from the teeing area, the original ball or another ball must be played from anywhere inside the teeing area (and may be teed), with no penalty. (14.6 b) If the stroke is made from a general area, penalty area or bunker, this original ball or another ball must be dropped in this relief area, no nearer the hole. The shot should be replayed within one club-length of where the previous stroke was made (which if not known must be estimated), also with no penalty."

This is a rule we also follow here at On Top of the World, especially for leagues. This is where the game of golf can be unfair sometimes!



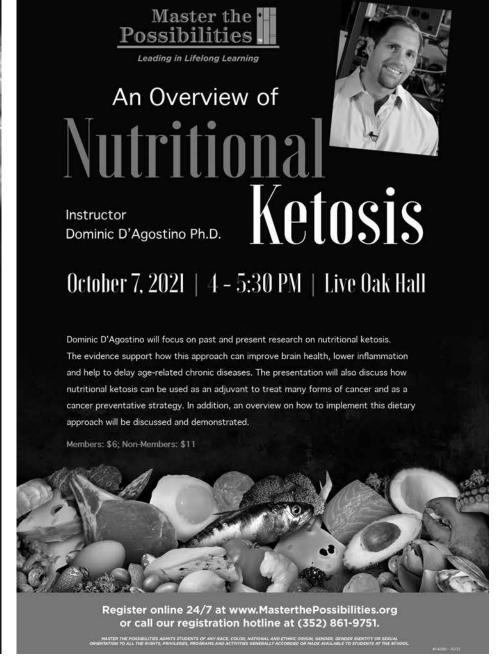






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Golf



With fall officially upon us, we would like to welcome back all the snowbirds. This is the time of year when the community is booming with excitement. Golf has an exciting event schedule for the remainder of the year so please be on the

We invite all Candler Hills Golf Club members to play in this year's Club Championship. This year's event will be held Wednesday, Oct. 6 and Friday, Oct. 8. Good luck to our defending champions Eileen Gustavus, Deborah Martin and Roger Karsnitz. Contact the Candler Hills Golf Shop for more details.

The annual Candler Hills Member Appreciation event will be held Monday, Oct. 18. This Candler Hills Golf Club member-only event will begin at 9 a.m. with lunch being served on the course. Please register in the Candler Hills Golf Shop.

The annual On Top of the World Member Appreciation event will be held Monday, Oct. 25, at 9 a.m. with lunch being served on the course. Please register in the On Top of the World Golf Shop.

We will be conducting our annual membership meetings Thursday, Oct. 21, at Circle Square Cultural Center. The On Top of the World member meeting will be held at 10 a.m. The Candler Hills member meeting will be held at 2 p.m. These presentations will be for members only.

A big thank you goes out to all those who donated to the Folds of Honor Foundation over Labor Day weekend and a special thank you to the Candler Hills Men's Golf Association for donating \$500. Folds of Honor Foundation provides post-secondary educational scholar-ships for children and spouses of military service men and women. We were able to raise \$1,835 for this great organization.

I would like all golfers to familiarize yourselves with the World Handicap System. It is important to understand all the proper policies and procedures of maintaining a proper handicap through the World Handicap System. On Top of the World currently has a handicap committee, which consists of 15 community golfers. The purpose of

- the handicap committee is to:

 1. Establish a handicap committee
- 2. Ensure the club meets the definition of a golf club.
- 3. Know the rules of handicap-
- ping.
 4. Educate and communicate the rules of handicapping to
- members.

 5. Ensure course details are accounts (Type 1 club)
- curate (Type 1 club).
 6. Make the process of converting a Handicap Index to a Course Handicap™ as easy as possible.
- 7. Facilitate the timely submission of scores.
- 8. Maintain accurate player scoring records.
- 9. Apply applicable penalty scores and adjust the Handicap Index of any member whose Handicap Index does not reflect their demonstrated ability.
- 10. Perform annual handicap reviews.

Please ensure you are posting all scores and from the correct course and tee you played. This is extremely important to keep your handicap as accurate as possible. If not, you could be the next golfer audited by the On Top of the World handicap committee.

Upcoming Events

- Wednesday, Oct. 6 and Friday, Oct. 8: Candler Hills
- Club Championship.
 Saturday, Oct. 16: Army Golf (The Links).
- · Monday, Oct. 18: Member Appreciation (Candler Hills Golf Club).
- Monday, Oct. 25: Member Appreciation (On Top of the World Golf Club).
- Thursday, Oct. 28: Michelle-O-Gram (Candler Hills Golf Club).



Orientations Tuesdays, at 1 p.m.

Balance Assessments Thursdays, at 1 p.m.

(352) 854-8707 ext. 7534 Space is limited. Call for an appointment **Archery Club**

Dee Dombach



If you've been to Ayuttaya Thai Cuisine in Ocala, you may have noticed the statue of a man standing on one leg, holding a bow. As a member of the Archery Club, I wanted to know the identity and significance of this person.

The archer is Rama, an important figure in Hinduism. The Ramayana, an ancient Sanskrit text from the 7th century BCE, chronicles his exploits and extols his high moral character. His story and influence is still well known in the countries of southeast Asia. Rama was known for his skill with a bow and arrow, and even won the hand of his wife in marriage from her father, who challenged potential suitors to string his mighty bow. Rama not only strung the bow, but shockingly snapped it in half. With his bow and arrows, imbued with the power of his virtues, he defended righteous people and defeated evil demons. Rama and his bow stand for reason, right conduct, duty, loyalty, strength, valor, and compassion. Good qualities to strive for!

Our Archery Club members may not be defeating evildoers, but we are striving to improve our skills and conquer our own archery demons. On any day you can find archers at the range fine tuning their bows, practicing their aim, and sharpening their focus. All this work pays



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Wednesday Worship 5:30 pm

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dividends in accuracy - and high scores. At a three division September tournament at the range, Jerry Hoppe, Paul McGuckin, and Mark D'addario placed first, second, and third in compound bows at 40/50/60 yards, Dick Purnell took first in compounds at 20/25/30 yards, and barebow archers Sam Scarborough and Tom Roach took first and second at the same distance. Some of our members also compete at state and national levels. Patty Hoppe competed in the National Field Archery Association National Roundup held in Yankton, South Dakota in July. She set two national records in the Silver Senior Freestyle Limited Division at the Nationals. Congratulations, everyone!

One of our members, Elena Sumpter, the subject of our member spotlight, is practicing qualifying for the Senior Games in Georgia this month. Elena was born in Costa Rica, one of 13 children. She has five children and retired from the Post Office before she and her

husband, John, moved to the U.S. in 2013, and to On Top of the World in 2020. When they joined the archery club this January, she had never shot a bow.

25C

Elena started with a recurve bow, but wasn't comfortable with it, so John suggested she try a compound bow. She really enjoys shooting with it, has greatly improved in a short amount of time, and is shooting at distances up to 60 yards. Learning to hold her bow still has been a challenge, but she enjoys seeing the progress she's made. She appreciates the members who have helped her learn about processes, techniques, and equipment, and enjoys the friendly people and acquaintances she's met. Best wishes, Elena!

For more information about the club, please contact rpapirner@aol. com or markdad06@gmail.com.

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Ladies 18-Hole Golf Association

Susan Yenne

The annual league championship is coming up Tuesday, Oct. 19 on The Links and Tuesday, Oct. 26 on The Tortoise & The Hare. When you sign up to play either of those Tuesdays, you are playing in the championship. The winner gets an assigned parking spot with her name near the Golf Shop side entrance.

At the November membership meeting after the Veterans Day lunch Tuesday, Nov. 9, we will be voting an amendment change. The current maximum handicap is 40; the proposed change would make it 36, consistent with USGA recommendations and the Candler Hills league. All women, regard-

less of handicap, are welcome in our league. However, when scoring in league events, the maximum strokes that can be taken for a net score would be 36.

Also at that meeting, we will be voting on board positions - president, vice president, treasurer, and secretary. If you are interested in serving, contact Deborah Martin, nominating chairwoman.

The Christmas and award luncheon will be from noon to 1 p.m. Wednesday, Dec. 8, at The Lodge at Candler Hills. Sign-up will begin in November.

Low Gross, Low Net Aug. 24/The Tortoise & The Hare Gross

Flight 1: 79–Sandy Snyder. 84–Christine Giza. 87-Linda Taylor.

Flight 2: 91-Lilly Gee. Tie at 96-Iro Lisinski, Donna Isaac.

Flight 3: 99-Kathleen Mansfield. 101-Peggy Benedict. 103-Virginia Madura.

Flight 4: 96-Sandra Dechambeau. 105-Pam Brown. 111-Gloria Cullins.

Flight 1: 69–Beverly Ovrebo. 73–Connie Norris. 79-Diane Boston.

Flight 2: 76-Virginia Combs. 78-Linda Blewitt. 80-Marcela Nunez.

Flight 3: 76-Liz Pruss. 80-Jane Hall. 82-May Chin.

Flight 4: 79-Debbie Zile. 80-Carolyn Cummings. 83-Elena Sumpter.

Random Ribbon, 2 Best Ball (Team) Aug. 31/The Links

137-Jill Strey, Joyce Jones, Deborah Martin, Liz Pruss. 138-MJ Strelec, Katie Schriewer, Kathleen Goodwin, Rosann Ross. 140-Vadonna Hall, Vickie Noltensmeyer, Peggy Wiechmann, Gloria Cullins. 144-Christine McIntire, Jary Jeannotte, Sharon Johnson, Dee Howie. 145-Linda Taylor, Peggy Borro, Susan Yenne, Pam Brown. 146-Christine Giza, Lilly Gee, Iro Lisinski. 147-Lynn Colomb, Linda Blewitt, Kathleen Mansfield, Elena Sumpter.

Low Gross/Net Sept. 7/The Links Gross

Flight 1: Tie at 79-Sandy Snyder, Linda Taylor. 81-Christine Giza.

Flight 2: 85-Lilly Gee. 87-Virginia Combs. 88-

Vickie Noltensmeyer. Flight 3: 86-Peggy Wiechmann. 93-Linda Ble-

witt. 95-Mary Ruffner. Flight 4: 92-Liz Pruss. 94-Susan Yenne. 96-Pamela Jones.

Flight 5: 98-Gloria Cullins. 102-Terry Wilkes. 103–Debbie Zile.

Net

Flight 1: 70-Gail LaGrange. 73-Maria Fournier. 74-Diane Boston.

Flight 2: 71-Kathleen Goodwin. 72-Joyce Jones. 76-Katie Schriewer.

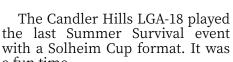
Flight 3: 71-Iro Lisinski, 77-Nancy Zielinski, 80-Christine McIntire.

Flight 4: 72-Jane Hall. 73-Pam Brown. 78-Virginia Madura.

Flight 5: 75–Donna Brunell. 76–Elena Sumpter. 83-Sandra Dechambeau.

Candler Hills **Ladies 18-Hole**

Beth Wolinsky



a fun time. Michelle-O-Gram is happening once again at Candler Hills. This non-league charity tournament will occur Thursday, Oct. 28. All

proceeds go to helping women in the community with breast cancer screenings and any other assistance that is needed to fight breast cancer locally. It is a wonderful charity and, hopefully, it will be a great turnout.

Historically, women did not have a role in the sport of golf. However, in 1893, the golf handicap system was invented by Issette Miller. This early version of handicapping leveled the playing field and opened the sport to less experienced players. That was quite an original idea at the time.

The weather has been very hot and it's difficult at times to be on the course. Being cognizant of the pace of play can help to speed up a round and lessen any struggles one might be experiencing.

The league is open to any woman resident. If you wish to join, please contact our president, Shelly Karsnitz, at karsnitz1@gmail.com.

Finally, be careful out there and

July 22

believe, achieve, and enjoy golf. **Even Holes (Individual)**

Flight 1: 42-Christine Giza. Tie at 44-Linda

Men's Golf

Association

John Yenne



Rain and heat drop off significantly in October, but snowbirds rise dramatically. So, the Men's Golf Association expects a busy month of competition as our golfing friends return from the North.

Chicken Day, which suffered three straight months of rainouts this summer, should be back on schedule. Check your email for updates. The MGA has a total of 344 members. Please welcome our newest

> RESIDENT ID CARD Carry it with you at all times.

members - Bob Hilton, Joe Dunnack, Don Hamlin, Dave Falcone, Dale Cason, and Arthur Snyder. Mark these upcoming Wednesday events in your calendar:

- Oct. 6: Chicken Day (The Links)
- Oct. 13: Individual Stableford (The Tortoise & The Hare)
- Oct. 20: Beat the Pro (The Links)
- Oct. 27: Shamble (The Tortoise & The Hare)

Shamble 2 Best Ball Aug. 25/The Links

Tie at 101-Jim Lefaver, Mark Durso, Vince Dellapenta, Bill Searight: Anthony Morris, Donald Wheeler, Joseph Dunnack, Garry Gerlach. Tie at 103-Roger Sparks, Ricki Plesea, Dennis Dobosh, James Tolson; Rusty Zarrell, Ruben Alvarez, John Sutherland, Nick James. 104-Julian Hobby, Dwight Weirich, Robert Coutu, Thomas Kujawa. 106-Brad Weirick, Raymond Hendrix,

John English, Roy Harvey. Tie at 107-Charlie Taylor, Mike Madura, Paul Snyder, Mario Grosso; Norm Hayworth, Bob Hilton, Terry Hubbartt, Thomas Norris; Joe Wilks, Mike Kurlakowsky, Bob Marks, Tary Bole: James Thompson, James Gourlay, Joseph Mandala, Jim Nicholson.

1, 2, 3 Best Ball Sept. 8/The Tortoise & The Hare

Tie at 122-Julian Hobby, Raymond Hendrix, Tary Bole, Carl Zeiler; Anthony Morris, Mike Wathen, Robert Coutu, Joe Baumgartner. Tie at 123-Russell Zile, Arthur Snyder, Joseph Dunnack, Loren Magsam; Rusty Zarrell, Bigelow Robinson, Jim Kurlapski, John Bauer. 124–Brian Wilder, David Johnson, Dennis Dobosh, Alan Theusch. Tie at 126-James Thompson, Dale Clarke, Mark Durso, Thomas Norris; Paul Snyder, John Snyder, Bob Hilton, Norman Schulze: James McCormack, Garry Gerlach, Carl Zeiler, Ronald Grob. 127-Jim Lefaver, Dennis McCourt, Ralph Solvold, Bob Gee.

Taylor, Sandy Snyder.

Flight 2: 37-Virginia Combs. 38-Lisa Free. Tie at 40-Iro Lisinski, MJ Strelec.

Flight 3: 40-Angelita Jingco. 42-Kate Beaty. 43–Pam Brown.

Flight 4: 39-Janette Sheil. 40-Jan Christ. 43-Gail Banavige.

TOES (Individual) July 29

Flight 1: 48-Christine Giza. Tie at 51-Maria Fournier, Beverly Ovrebo.

Flight 2: Tie at 53-Kate Beaty, Iro Lisinski. Tie at 54-Pamela Jones, Virginia Combs.

Flight 3: 48-Beth Wolinsky. 49-Vickie Foster. 52-Gloria Cullins. Tie at 56-Pam Brown, Kar-Curtis.

Flight 4: 53-Janette Sheil. Tie at 55-Peggy Shanfelt, Sue Fierce. 56-Kathy Zunica Summer Survival–Alternate Shot (Team)

Aug. 5 Flight 1: 69-Iro Lisinski, Beverly Ovrebo. 71-Vickie Foster, Virginia Combs. Tie at 72-Shelly Karsnitz, Michele Otto: Paula Lilly, Connie Nor-

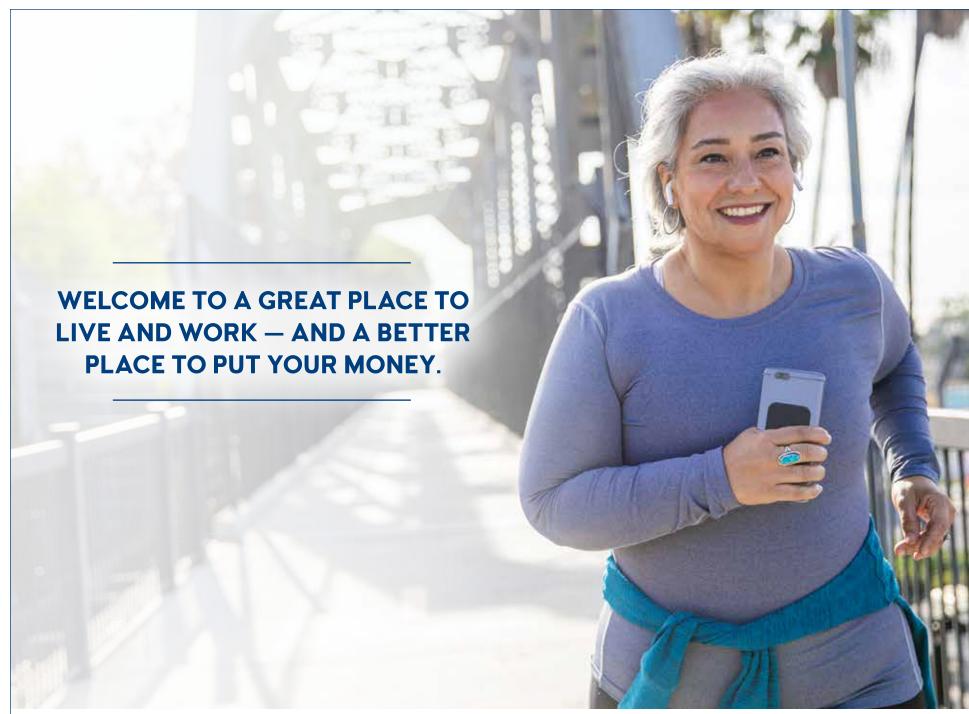
Flight 2: 73-Beth Wolinsky, Peggy Shanfelt. 75-Virginia Madura, Janette Sheil. 77-Sue Fierce, Kate Beaty.

Tee to Green (Individual) Aug.19

Flight 1: Tie at 36-Linda Taylor, Michele Otto. 41–Shelly Karsnitz.

Flight 2: 41-Paula Lilly. Tie at 42-Maria Fournier, Connie Norris. Flight 3: Tie at 43-Rosann Ross, Pam Brown.

44-Virginia Madura. Flight 4: 31-Janette Sheil. 38-Kathy Zunica. Tie at 42–Jan Christ, Gloria Cullins.



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Eight ball tournament winners (left to right, first to fourth places): Fausto Coste, Jerry Kamenker, Rich Deschenes



Art Kack Phil Panzara Cantain Ion Amigliora Rob Kunhlar

Men's summer league winners (left to right) Mike Retter, Art Keck, Phil Panzera, Captain Joe Amigliore, Bob Kuebler, Gary Schroeder and Paul Snyder.

Billiards Club

and Phil Panzera.

Phil Panzera



The men's summer league finished early this month. Team 3, captained by Joe Amigliore, took top honors. Team 2, captained by Dean Fesette, was the only other team to finish with better than a 50% match win rate. Other members of Dean's team include Dan Newby, Tom Liberton, Fausto Coste, Paul Stoecklin, Bob Schmitt, George Deignan and Bob Stubbs.

The club also held an eight-ball tournament last month. The event was very well attended, and everyone had a fun day of competition and snacks. A new handicap system was tried, which received favorable feedback from many. It leveled the playing field, and of the four top finishers, two were rated and two were unrated.

Based on a request, and then a lot of interest from members, I have started an instructional class. It is held on Wednesdays at 6:30 p.m., running about an hour. My intent is to make it more of a hands-on workshop if possible, and not just a lecture (one can hear the words, but the body must learn them on the table).

The focus for the beginning several weeks will be on fundamentals and mechanics. Without these, it is very difficult to improve. By the time you read this, we will have progressed into more of the fun part of the game, discussing little known secrets, and techniques to help you make more balls.

My goal is simple. I have always felt that the better one plays, the more fun one has, and I just want everyone to have more fun!

Our quarterly meeting of the Billiard Club is coming up soon. Look for a flyer in the room, or an email announcement. If you're not receiving emails from the club (about social events, leagues, tournaments, picnics, pizza parties, meetings and our Christmas dinner) just send a note to me at rocketceo@gmail.com.

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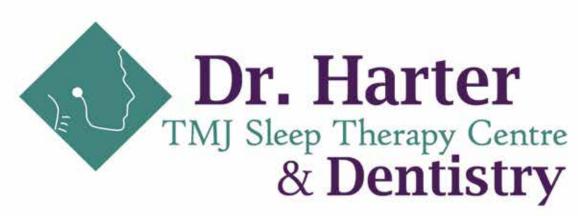
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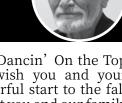
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New Dancin' On the Top

Arlo Janssen



All the New Dancin' On the Top Club officers wish you and your family a wonderful start to the fall season. We want you and our family of dancers to be safe, healthy, and enjoy dancing in our great commu-

Our September dance was well received by the club members and their guests. The music was provided by Tony G. and Debbie Owens and the decorations styled with "A Night at the Movies" theme.

Our next dance will be Saturday, Nov. 13, in the Recreation Center Ballroom from 6 to 10 p.m. The music will be provided by Automatic. Ticket sales will take place Monday, Oct. 18, from 8 to 10 a.m. for club members in the Recreation Center Ballroom. Ticket sales for other residents will be held from 8:30 to 10 a.m. Wednesday, Oct. 20. The cost of tickets is \$5 for club members, \$8 for residents, and \$12 for guests. Doors open at 6 p.m. pizza and cookies will be served at 6:30 p.m. Decorations will follow an

"Autumn Fest" theme. The dress is casual (no shorts, T-shirts, jeans, tank tops, or costumes).

Keep checking for dance flyers posted on the bulletin board for any of our future dance events with ticket sale dates. Resident IDs will be required at the time of ticket purchase and for entry into the Recreation Center Ballroom on our dance nights. Also, please note that coolers are not allowed at the Recreation Center Ballroom on our dance nights.

A great big "thank you" to all those club members who have volunteered to help with our past and future dances. Our club provides

dancing for everyone at all levels – ballroom, waltz, merengue, line, freestyle, slow, pattern dancing,

For club membership, ticket information, or if you want to help with our dances, please contact Jack or Jean Hester (919) 291-8542, (919) 669-6919 or hestermulch@ aol.com; or Donna Cottrell at (410) 591-7899. We are looking for volunteers to backup Jack and Jean as president and Donna as secretary/ communication. Please call Jean or Donna if interested. The New Dancin' On the Top Club is open to all residents. Keep on dancing.

Ballet

Eugenie Martin



Last month, the Ballet Club participated in the bi-annual Club Fair in the Recreation Center Ballroom. Visitors were able to meet some of our members; see photos of our performances, classes, and outings; read through some of our World News columns; and look through some of our ballet materials. We always look forward to the Club Fair whenever they are held and try to participate in them. It also gives us a chance to visit the other clubs that are participating and get acquaint-

ed with them.

New members keep coming to our ballet classes. Some stay, and some do not. Ballet is not for everyone; we understand that. However, for someone who wants to exercise and dance to beautiful music, it is wonderful. Our ballet classes stretch and tone the body, improve its strength and fitness, and make it more balanced and graceful. The dancers are very friendly, and the classes are fun. In addition, the classes are virtually free. We ask for a one-time \$5 registration fee, and there may be some expenses for ballet clothes. Otherwise, the classes are free.

All our classes are held in the Arbor Conference Center Ballet Room. Here is our class schedule

below:

Tuesdays and Thursdays: 1 to

2:15 p.m.

Fridays: noon to 1:15 p.m. Saturdays: 11 a.m. to 12:15

Newcomers are always welcome,

and ballet clothes are not necessary to start. All you need are some stretchy exercise clothes, socks, and a bottle of water. For any information about the classes, please call me at (352) 854-8589. Happy

Line Dancing

Nancy Carmack



Each year the number of line dancers in our community continues to grow. Our classes for our new season are in full swing now. We are all enjoying dancing with our new teacher, Darlene Miller. It has been amazing to see the number of beginners! There were 100 Absolute Beginners signed up and more on a waiting list. Between all four classes that Darlene teaches, we now have approximately 275 dancers!

Freddie Sharp's Intermediate class on Mondays, and Sheryl Bradley's classes on Thursdays are also

back to their regular schedules. It is wonderful that we have so many choices for dancing. The

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dancing! Town Square is now open Tuesday through Saturday. Most of our dancers go to The Town Square on Wednesday and Thursday evenings; however, with live entertainment on the weekends, there is an endless opportunity to dance to different music. This helps develop a dancer's skills in recognizing dif-

played. The monthly dance for October will be for the Beginner II, Improver, and Intermediate groups. We will have a Halloween/autumn

ferent rhythms and deciding what

dance to do to each song being

theme for that evening. With all this exercise, we should all be in great shape, both physically and mentally!

For detailed information, please contact Darlene Miller at (352) 259-3695, Freddie Sharp for the Intermediate class at (352) 387-7775, or Sheryl Bradley at sbradley057@yahoo.com.

Horseshoe League

Joe Lawson



We have just started a new horseshoe league. All are welcome, if you play regularly or haven't played in 40 or 50 years. We handicap all players to keep everyone equal.

We play a little different from the usual game to 21. We play by throwing 40 shoes and all shoes count. Three points for ringers and one for a shoe within six inches of the stake. A player under the age of 70 throws from 40 feet. A player 70 years old or older and ladies throw from 30 feet. Your score is kept and after your first three games you ob tain an average and a handicap. On your fourth game, your handicap is added to your score at the start of each game.

You may start playing at any time, because our standing is calculated on a percentage of wins and losses. The league winner who has the highest percentage of wins with a minimum two-thirds amount of all completed games, is declared the winner, and receives an "attaboy/girl" and your picture in the World News.

We also play in the tri-county travel league. The league plays other retirement communities in the tri-county area.

We won the league three years ago, then two years ago finished second and then last year third. We seem to be going down slowly. Last year's champion was the Beverly Hills community with two ladies who live here on their team.

So, you think you are too old? We will introduce you to Ed, who still plays regularly. Watch out if you play him; he is really good!

OTOWInfo.com







Fit Tips



Conquer Your Fear of Falls!

The fear of falling is a serious matter. This fear is likely to undermine your confidence and cause you to limit your activity. This is a bad thing. Limiting your activities results in muscle loss, which will increase your risk of falling. It is estimated that about one-third to one-half of older adults are concerned about falls, and because of this restrict activity and exercise. This restriction in activity removes the opportunity for health benefits associated with regular physical activity. Fall free fit tips:

FIT TIP #1: Identify why you think you might fall and take action to reduce your risk. If you are struggling with balance talk to your health care provider. There may be an underlying health issue causing this problem. The Recreation Center Fitness Center has classes specifically designed to lower fall risk. The Balanced Body classes train your strength, functional capacity, and sensory systems. Improving these will help you better your balance.

FIT TIP #2: Talk to someone about your falling fears and anxiety. Sharing this concern can help generate a support network. Friends, family, and medical professionals can all offer important information and support to help you address your concerns and improve your strength, confidence, and balance.

FIT TIP #3: Pick up a copy of our new safety brochure from either the Recreation Center Fitness Center or Arbor Fitness Center, which contains a falls risk checklist for self-assessment.

Sidekicks Western Dance





Our new dance season is in full swing, and we are dancing every Tuesday, at the Recreation Center; beginners at 3:45 p.m. and everyone at 5 p.m. It is not too late to join our newest beginner class. Just come to the Recreation Center Ballroom on Tuesday at 3:45 p.m. and join in the fun.

We started our season with a review of some of the club's favorite dances, including Rumba Stroll, Rimrock Dreams, El Paso Cha Cha, Drinkin' Partners, Barn Dance, Diggy Liggy and Texas Waltz. The new beginners are starting with Rimrock Dreams and Texas Waltz, two all-time favorites for Sidekicks.

If you have ever wondered about partner/pattern dancing, now is the time to pop in on Tuesdays and watch the fun. We also dance at The Town Square on Wednesdays and Thursdays. We have a sister group in Stone Creek, and they often join us at The Town Square.

At least once a year we plan a party together complete with food, fun, and dancing. You might wonder how we make that work. Well, the Sidekicks and Stone Creek instructors get together once or twice a year to review what dances to teach at each level of dancing and we try out new dances together to see which would be best suited to both of our clubs. We make sure both clubs are learning and dancing pretty much the same dances

On Top of the World

OCTOBER 2021 FITNESS

RECREATION FITNESS CENTER CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 am	Dance Party DENISE	S.O.S. INGRID	Warrior MAUREEN	S.O.S. INGRID	Dance Party JESSICA
9:00 am	S.O.S. DENISE	Warrior JOHN	S.O.S. LARRY	Warrior JOHN	S.O.S.
10:00 am	Balance Body JESSICA	Chair Yoga KATHY	Balanced Body	Chair Yoga KATHY	Balanced Body INGRID
11:00 am	Get Fit While You Sit	Brain Power	Move To Improve JESSICA	Brain Power JESSICA	Get Fit While You Sit
11:00 am Recreation Ballroom	Dance Aerobics		Zumba* Gold		Dance Aerobics DENISE
1:00 pm		Fitness Orientation*		Balance Assessment*	
4:00 pm				Guided Meditation SANDRA	
5:00 pm		Intro Hatha Yoga KATHY		Yoga sandra	

Recreation Fitness Center Hours: Monday-Friday 6:30 AM - 7 PM; Saturday 7 AM - 7 PM; Sunday 9 AM - 5 PM

ARBOR FITNESS CENTER CLASSES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am	Yoga sandra	Boomer Beat JESSICA	Yoga HALEY	Boomer Beat CAMMY	Yoga RENU
10:00 am	STRONG MAUREEN	Yoga sandra	STRONG JOHN	Yoga MAUREEN	STRONG JOHN
11:00 am	Yoga MAUREEN		Yoga TRISH		
1:00 pm		Posture Assessments*		Fitness Orientation*	

Arbor Fitness Center Hours: Monday-Friday 6:00 AM - 8:30 PM; Saturday 7 AM - 8:30 PM; Sunday 9 AM - 7 PM

ARBOR FITNESS CENTER INDOOR POOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 am	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
7:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
8:00 - 9:00 am	Water Walk	Water Walk	Water Walk	Water Walk	Water Walk
9:00 - 10:00 am	Deep Water Fitness Class**	Shallow Water Fitness Class**	Deep Water Fitness Class**	Shallow Water Fitness Class**	Deep Water Fitness Class**
10:00 - 11:00 am	Open	Shallow Water Fitness Class**	Closed for Cleaning	Shallow Water Fitness Class**	Open Swim
11:00 am - 12:30 pm	Lap Swimming	Lap Swimming	10:30 - 12:30 pm	Lap Swimming	Lap Swimming
12:30 pm	Aqua Aerobics Club	Shallow Water Fitness Class**	Aqua Aerobics Club	Shallow Water Fitness Class**	Aqua Aerobics Club
1:30 pm	Open Swim 1:30 - 2:30 pm	Water Volleyball	Water Volleyball	Water Volleyball	Open Swim 1:30 - 2:30 pm
2:30 pm	Deep Water Fitness Class**	1:30 - 3:30 pm	1:30 - 3:30 pm	1:30 - 3:30 pm	Deep Water Fitness Class**
3:30 - 5:00 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
5:00 - 6:00 pm	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming
6:00 - 8:15 pm	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim

Open Swim: Saturdays 7 AM - 8:30 PM; Sundays 9 AM - 7 PM • For pool inquiries, please call (352) 854-8707 Ext. 7639.

and we share music between the clubs.

During the dance season the Sidekicks coordinators and our most senior dancers will meet several times to dust off the cobwebs on some dances that are not routinely on the floor on Tuesdays. It is a request only night where the members choose the dances and sometimes even the music and we just dance, dance to decide what we need to work on a little more and what we need to bring back to the floor for the entire club.

If you could not tell, we love to dance and we love having fun while we are dancing. Although we dance a specific pattern around the outside ring of the dance floor, very often someone will either deliberately or accidentally change a step. There is no such thing as a mistake in partner dancing. There are only variations and sometimes these variations lead us to totally change the original choreography of a dance to match the mistake, oops I mean variation that someone saw on the floor.

Come and check us out in the Recreation Center Ballroom on Tuesdays and look for us, weather permitting, on the outside ring at The Town Square as we dance around our line dance friends. If the dance looks familiar or if you just think it looks like fun (which it is), hop in the circle or next to one of the leaders and dance with us.

The Sidekicks circle is never complete without each and every one of you and there is always room for more.





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Cornhole Club

Jim Russell & Bill Ballweg

OPEN PLAY: Whew! We've got the heat of summer behind us, and cooler temperatures are on the way. I am completely blown away by the outstanding turnouts we've had for open play despite the very hot weather and frequent rain we've experienced. We really do have a very dedicated group of cornhole players! Even on rainy days, we always seem to get at least a handful of optimistic bag tossers eager for a game and they have been known to set up the boards under the shelters when conditions are just too wet to play on the courts. With a few adjustments to their delivery techniques, some very spirited and competitive matches have been conducted this way. Of course, we always do everything possible to get the games played in the normal way, but we are capable of thinking outside the box when necessary.

October means we continue with our regular Monday, Tuesday and Thursday play schedule with the start time of 7 p.m. As always, we start play as soon as the first

20 players sign up, so we are usually playing by 6:30 p.m. (or sooner) on many occasions. After the time change takes place next month, we will be switching to our winter schedule, and I'll have the exact days and times posted in our November column. We want to try to have days and times that meet the needs of the membership, so we'll be looking for input as to what works best for most players.

If you have suggestions (or have any questions about our club) contact me at jimrussell44@outlook. com and I'll be happy to note your preferences.

Also, I need to catch up on a welldeserved accolade I missed in last month's column: Ronnie (Diggy) Didonato has joined our hall of fame by tossing five three-pointers in a row during a recent match. Great job Diggy! Many of our regular players have done four in a row and it's only a matter of time before more names are added to this special group of players. To be a part of this fun activity, contact Jim Russell at jimrussell44@outlook.com

LEAGUE PLAY: The fall men's, women's and mixed leagues have all just recently resumed. Details on all the action will be forthcoming in the November column. For details on league play, contact Bill Ballweg



Bill Ballweg doing needed maintenance on cornhole equipment prior to the start of our fall league season.

at waballweg@yahoo.com

CORNHOLE CLASS: Our club offers a free one-hour basic training class to get you on the road playing this fast-growing activity played by folks of all ages. Our next class, conduct-

ed by Bill Ballweg and Jim Russell, will be meeting on Friday, Oct. 15, at 1 p.m. at the Veterans Park. Contact Bill Ballweg (otowcornhole@ yahoo.com) to secure your spot in

Softball

Tom Sheridan

On Top of the World softball players opened the league's fall season in mid-September following a brief break closing out summer play.

Action at the On Top of the World softball diamond this fall will consist of 30 games before ending Dec. 22 for the holidays. The league provides competition between eight teams with four games each Monday and Wednesday morning and early afternoon. The league, run by the Softball Club, offers year-round play with fall, winter and spring/ summer seasons.

Spectators are always welcome.

The club is currently enjoying record expansion due to a recent membership drive and community growth. The club's board of directors anticipates having a 10-team winter season beginning in January, especially with the return of snowbirds.

The new season means new teams and new managers. Fall teams and managers are the Alco-BALLics, managed by Dave Arnott; the Gray Wolves, Barry Cuoco; the Legends, Jeff Thomas; the Veterans, Ron Hamel; the Bulldogs, Buddy Scott; the Old Guys, Bill McElroy; the T-Birds, Lonnie Arterburn; and the Goodfellas, Steve Gregg.

New players can join at any time. Prospective players are expected to attend at least two Thursday morning practices so their skills can be assessed before being placed on a team. The league works to balance the teams' skill levels to achieve competitive parity. Clinics and other training opportunities are scheduled regularly.

The league is always seeking volunteer umpires. Experience is helpful but training is available.

In other news, the club held a September vote on a slate of nine candidates to elect members to the five-member board of directors. Four current board members were reelected: Pete Feliciano, Dave Rearick, Larry Burke and Tom

Sheridan. Joining the board is new member Jed Blair. Outgoing board member Joe Buckner did not seek reelection.

For information about becoming softball player or umpire, contact tomsheridan.fl@gmail.com.



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Catcher Bill Hull snags a pop foul in a recent league game

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Top Pickleball Club

Bill Bender



You have no doubt read articles of the need for all of us to pay particular attention in keeping our-selves hydrated. This is especially important for seniors as we have less water in our systems and often do not feel thirsty when we are becoming dehydrated.

Therefore, we stress the need to drink water or some form of sports drink when playing pickleball. It is easy to be so pre-occupied with the fun of the game that we lose perspective of our need to hydrate. This is especially the case with temperatures at 90 degrees or more.

The Mayo Clinic's overview explains: "Dehydration occurs when you use or lose more fluid than you take in and your body doesn't have enough water and other fluids to carry out its normal functions. If you don't replace lost fluids, you will get dehydrated.

Anyone may become dehydrated, but the condition is especially dangerous for young children and older adults.

The most common cause of dehydration in young children is severe diarrhea and vomiting. Older adults naturally have a lower volume of water in their bodies and may have conditions or take medications that



Pickleballers with their water.

increase the risk of dehydration. needs immediate medical treat-This means that even minor illnesses, such as infections affecting the lungs or bladder, can result in dehydration in older adults.

Dehydration also can occur in any age group if you don't drink enough water during hot weather especially if you are exercising vigorously.

You can usually reverse mild to moderate dehydration by drinking more fluids, but severe dehydration ment."

The symptoms of dehydration are feeling very thirsty; dry mouth; urinating and sweating less than usual; dark-colored urine; dry skin; feeling tired; or dizziness.

Dehydration is one of several important safety items that we explain in our pickleball orientation class conducted on the courts. These sessions are specifically for residents who want to learn about the fastest

growing sport in the world (currently, we have over 400 club members). Just show up on any Monday or the first Saturday of the month at 10:30 a.m. with plenty of liquids (as explained above), wearing your tennis or court shoes and we will provide the rest. We recommend that you not purchase paddles before taking the lesson as our instructors will guide you in purchasing the proper equipment. In one hour, it will be clear if this sport is for you.

Bocce Club





This is how we roll! Open bocce continues to be one of the hottest games in town. As of late, all six courts are being utilized and are at full capacity. Open bocce is played Mondays, Wednesdays, Fridays and Saturdays at 9 a.m. and 1:30 p.m. Please arrive a few minutes early so that a count can be taken and numbers of players per court can be decided upon. Teams are decided by the luck of the draw. Masks or face coverings are optional, but not required at this time. Social distancing guidelines may affect the number of players per court.

Open bocce is a good opportunity to practice or learn the game. Any-

f TheRanchFitnessSpa

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one who shows up can play. This is your chance to watch and learn or play, however as a new player, once you have played with the league on three occasions you will be expected to join the league, pay dues, and sign a "Release and Hold Harmless" consent form.

The new season for league play begins on Tuesday, Oct. 5. League play will remain on Tuesdays, at 9 and 11 a.m. As of this writing, masks or face coverings are optional for league players. The following are the league representatives:

- Tuesday, at 9 a.m.: Lou Crudele;
- Tuesday, at 11 a.m.: Lois Osis; Thursday, at 10 a.m.: Bill

If you are interested in playing league bocce you may contact one of the league representatives.

The Longleaf Ridge neighborhood has joined our league but will keep their league play exclusive to Longleaf Ridge residents. They will play on Mondays, at 6:30 p.m. and utilize three courts. They have chosen not to participate in the best of bocce in the coming year. Ray Meyers is the league representative and can be reached at (352) 421-1082 regarding this league.

The neighborhoods of Larkhill and Kestrel have also formed a league exclusive to those who live in those neighborhoods. They will play from May through October on Thursdays at 6:30 p.m., and November through April on Sundays at 3 p.m. Amy Kuzo is the league representative and can be reached at (407) 973-7360 for information per-

taining to this league.

The dues for the 2021/2022 season will be \$12. Please have exact amount when turning in your dues to your league captain and are expected to be paid by the second

week of league play. Dues cover the cost of liability insurance and the annual banquet. All members are expected to pay dues and sign a release form, whether you play in the league, or play open bocce. If joining after the season begins, dues will be prorated.

The schedule for league play has been posted on the bulletin board. There will be no bocce the week of Nov. 21, for the Thanksgiving holiday, nor the week of Dec. 28, for the Christmas holiday. League play will resume on Jan. 4, 2022.

A directory is in the storage unit which contains an alphabetical list of all members. Please make sure you have entered your name and contact information.

For further information, please contact President Terry Connolly at (352) 362-7284. All are welcome! Until we roll again ...



Enjoy a Movie Under the Stars

By Jordan Litherland

Lights, camera, action! Sholom Park and Master the Possibilities present Sunset Cinema, an outdoor movie experience at beautiful Sholom Park. Enjoy a night under the stars Friday, Nov. 5, to view "News of the World" on the outdoor 25' screen. Gates open at 6:30 p.m., and the movie begins at 7 p.m.

Tom Hanks stars in "News of the World" as Captain Jefferson Kyle Kidd. The movie takes place five years after the Civil War, where Captain Jefferson finds himself crossing paths with a 10-year-old girl taken by the Kiowa people. Kidd embarks on a journey across the harsh plains of Texas to return the young girl home. The trip turns into a fight for survival as danger is at every turn – including human and natural.

Sunset Cinema was created with adults in mind showcasing popular

comedy, action, and rom-com movies. Make it a date or friends' night out.

Bring your lawn chairs or blankets, sit back, relax, and enjoy the movie. A snack station will be available with fresh hot popcorn, your favorite movie candy, and beverages. You can also stop by a participating food truck.

Sunset Cinema is open to the public. A \$12 parking fee will apply for up to eight passengers. Advance online registration is required through Master the Possibilities or Sholom Park.

To stay up to date with feature Sunset Cinema movie presentations, including "The War with Grandpa" Friday, Dec. 3, at 6 p.m., please visit sholompark.org/sunsetcinema/ or follow Sholom Park on social media.



The annual Holiday Fest will take place Wednesday, Dec. 8.

Holiday Fest

By Linda Meyer

start! The annual Holiday Fest will be held in the Recreation Center Ballroom Wednesday, Dec. 8. We start at 6 p.m. with homemade cookies provided by our generous residents. This goes along with hot chocolate and coffee. This is a free event for residents! It's going to be a fun filled evening! So, come and enjoy an evening of entertainment with your friends while munching homemade cookies, and drinking hot chocolate and coffee.

Our entertainment will include,

Get your holidays off to a great the Dulcimer Group, a Hanukkah story, and The Dancing Jewels just to mention a few. There will also be the annual favorite sing along of the "12 Days of Christmas" - southern style!

If you would like to contribute cookies, please deliver them to the Ballroom between 3 and 5 p.m. Wednesday, Dec. 8.

For more information about the Holiday Fest, contact Linda Meyer at (973) 809-3338 or linda_a_meyer@yahoo.com.

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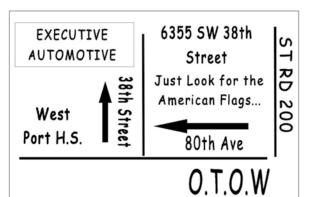
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Rotate Tires, Inspect for Abnormal Wear, Reset

T.P.M.S systems.

coupons or discounts see facility for details. Most cars and light

Table Tennis

Athena Drewes



Our motto is having fun! We en-

joy playing table tennis and being among kindred spirits who enjoy among kindred spirits who enjoy the game just as much as we do! Our membership has grown by almost 50% and we are up to 66 members and growing. Each person comes with their own skill level and experiences in playing, from as long ago as childhood to just a few months and As a result we have a variety ago! As a result, we have a variety of play times from beginner, open play (all skill levels) and advanced, in both single and double table tennis. With over 30 hours available of play time, we know you will find a

slot that meets your ability and level of fun! So come join us and play!

It was wonderful having our meet and greet club event in August with more than half of the members joining in the fun, food, and play. With support from the Recreation Center, we were able to utilize four rooms, set up seven tables for play, as well as space to meet and greet new members and socialize. greet new members and socialize. We thank all the members who contributed to making this event so successful from setting up and taking down table tennis tables, serving food, bringing desserts, coordinating which tables players go to, and cleaning up. We could not have done it without your help. Special thanks to Sammy Hsu, Mary Jeannette, Karen Lowe, Michael Lowe, Alex Nagy, Dale Rubin, Janos Sikos, Dennis Tenorio, Arlene Watts, and Penny Wilson. Penny Wilson.

We uploaded lots of photos and videos to our Facebook page (OTOW Table Tennis Club). Check out the fun we had!

By the time you read this, the Club Fair has been held and we Club Fair has been held and we were able to sign up new members and get a chance to meet many of you! We thank the members who assisted the directors in meeting prospective players and giving out information: Lynne Dickson, Arlene Watts, Thomas Roach, and Shizuka Campagna. If you have any questions about our club or hours of play, please contact Paul Stadterof play, please contact Paul Stadterman, director president, at ptstadterman@yahoo.com.

Did you know that table tennis goes by other names, the more common ping-pong but also as whiff-whaff?

Table tennis is governed by the worldwide organization International Table Tennis Federation (ITTF) that was founded in 1926. It currently includes 226 member associations and official rules are specified in the ITTF handbook. Table tennis has been an Olympic sport since 1988.

Table tennis originated in Victorian England, where it was played among the upper-class as an after-

LOST OR FOUND A PET?Call the SPCA of Marion County hotline at (352) 362-0985.

dinner parlor game. They named it whiff-whaff. It is believed that

by British military officers in India around the 1860s or 1870s. A row makeshift versions of the game of books in the center of the table were developed and brought back served as a net, and two more books

served as rackets and were used to continuously hit a golf-ball!

Come play table tennis and have some fun!



Meet and greet event.



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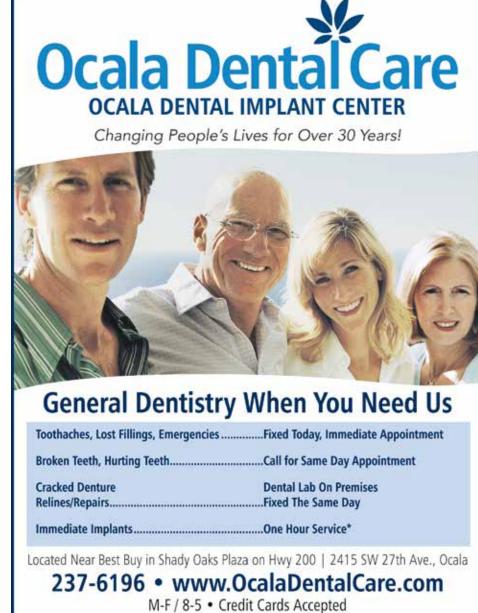
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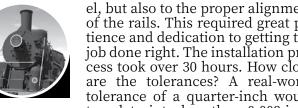




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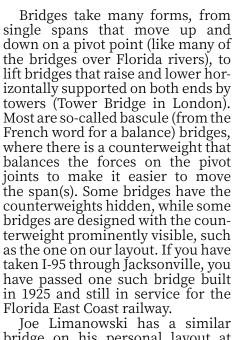
Paul Lewandowski



el, but also to the proper alignment of the rails. This required great patience and dedication to getting the job done right. The installation process took over 30 hours. How close are the tolerances? A real-world tolerance of a quarter-inch would translate into less than 0.003-inch

(three-thousandths of an inch) on an HO-scale model. The modelers were able to keep the rails so close that one cannot hear any wheel noise going over the joints.

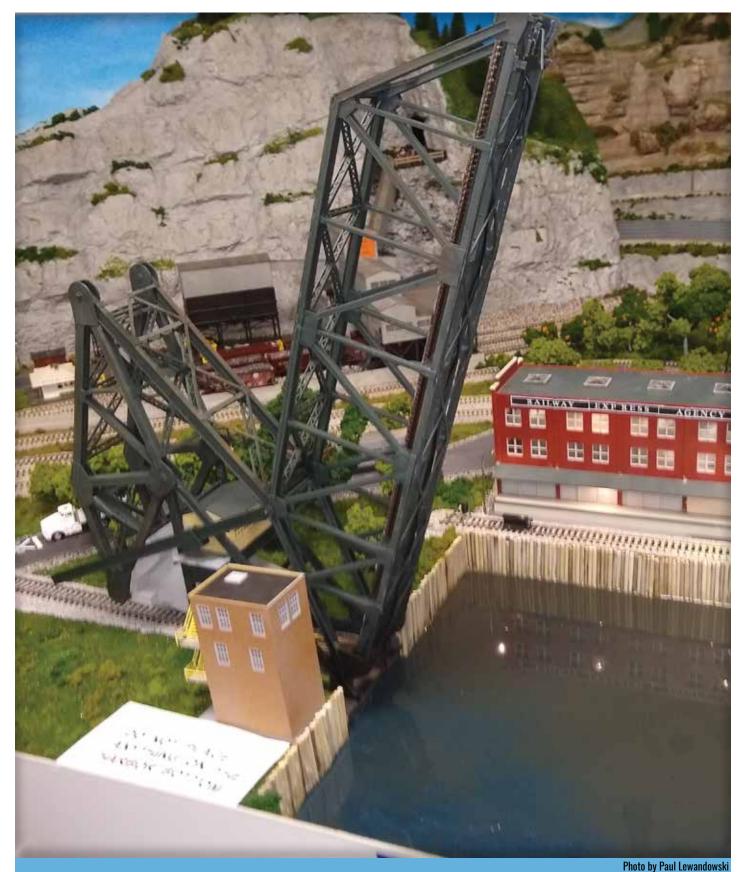
For information on joining our club, call Jim Lynam at (352) 861-2822. Our club schedules run sessions every Tuesday and Friday (except holidays) from 2:30 to 4 p.m. in the Hobby Building Model Train Room. Club business meetings are held the first Wednesday of each month (except holidays) at 9 a.m. in the Hobby Building Event Room.



bridge on his personal layout at home that several people suggested should be included in the club's layout. Joe purchased the kit and began construction.

After unboxing the kit, he found that the wiring diagram was drawn backward, and the diodes were wired incorrectly. He had to take the time to not only understand the steps needed to construct the bridge, but also to make the bridge properly raise and lower when needed. There were many small parts, including all the gears necessary for the bridge to raise and lower. Not only were they delicate, but they also had to be pushed onto metal shafts with precise alignment for the mechanism to function properly. Some solutions to the project had to be garnered from videos on YouTube.com. Joe spent over 180 hours in the bridge construction phase.

After the bridge was completed, it had to be placed on the layout. This precision task was undertaken by Larry Luke and Bernie Bossert. They had to not only line up the bridge for the tracks on the land side, but also had to precisely insert the bridge structure into the "ground" with extremely tight tolerances to prevent the train wheels from derailing when traversing the gaps. At the other (moveable) end, the tracks needed to be capable of not only returning to the proper lev-



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Shalesh Kaushal M.D., Ph.D.

EDUCATION

B.S. Yale University, New Haven, CT **Undergraduate:** M.D. Johns Hopkins, Baltimore, MD **Medical School:**

Ph.D. Massachusetts Institute of Technology (MIT), Cambridge, MA **Graduate School:**

Doheny Eye Institute, Los Angeles, CA Residency:

Barnes Retina Institute/Washington University, St. Louis, MO Fellowship:

Moorsfields Eye Hospital, London, England

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There is much to see and experience at Master the Possibilities this month. We have faculty members facilitating everything from landscapes to crocodiles, and from history to safety. Not to mention special presentations and events for veterans' services and healthy lifestyles.

The University of Florida Institute of Food and Agricultural Sciences in Marion County is offering a special four-part series "Florida-Friendly Landscapes." On Mondays and Wednesdays, Oct. 4 through 13, from 10 a.m. to noon, this course will cover nine principles of Florida-friendly landscaping, making this a great event for those who are new to Florida, or just really want to learn how to have a low-maintenance yet attractive yard. Not only will Amanda Marek show participants how to conserve water, but she will also touch on how to attract certain wildlife, as well. Cost to attend is \$18 for members and \$23 for non-members.

What better way to celebrate the month of October than by attending "Croc-tober Celebration" Tuesday, Oct. 5, at 10:30 a.m. with Aimee Pritchard. This event will cover all four groups that make up a crocodilian's family tree. From the smallest to the largest, they will all be on PowerPoint display, including a few personal images of Pritchard working with these reptiles first-hand. Think you know the different species? Find out if you are correct by registering for this class. Cost to attend is \$11 for members and \$16 for non-members.

Recently added to our course lineup is "Fred Hooper – The Extraordinary Life of a Thoroughbred Legend: Author Talk and Book Signing." Those who attend this

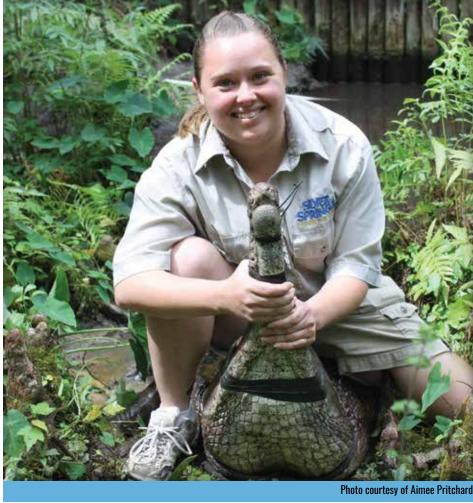
Monday, Oct. 11, presentation will hear about the life of a Florida thoroughbred pioneer who lived to be over 100 years of age and had multiple accomplishments. Presenter Tammy Gantt will speak about Hooper's life and how he won the Kentucky Derby on his first try, not to mention accomplishments on being the first successful person to ship horses cross-country by plane, and his innovations right here in Ocala. Come learn about this amazing founder, inventor, visionary, and loyal man to all who knew him. Cost to attend is \$6 for members and \$11 for non-members.

Enjoy a peaceful morning at Sholom Park Thursday, Oct. 14, while taking "Barefoot Yoga in the Park." Tracy Ryzan Ross will be leading the class, and all levels of experience are welcome to attend. Cost to participate is \$16 for members and \$21 for non-members.

Dr. Mery Lossada with Hospice of Marion County will be hosting a course on stress during the current pandemic. "Dealing with Stress During COVID" will cover a discussion on the different types of stress and alternatives and tips on how to cope. There is no cost to attend this Thursday, Oct. 21 event. However, registration is required.

Join Colen Built Development's Safety Officer Danny Childress, and Sidney Colen & Associate's Golf Maintenance Superintendent Andy Jorgensen as they educate golf cart users how they can prevent injury to pedestrians, utility cart operators and their passengers. This course will also relate requirements for safety devices, operating procedures, laws, operator accountability and enforcement. Cost to attend this Tuesday, Oct. 26, event at 1 p.m. is \$3 for members and \$8 for non-members.

For a complete list of upcoming courses, visit masterthepossibilities.org 24 hours a day, or call our main office 9 a.m. to 4 p.m. Monday through Friday, at (352) 861-9751 for more information



Sign up for Aimee Pritchard's "Croc-tober Celebration" Tuesday, Oct. 5, at 10:30 a.m.





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The Town Square Rocks

By Ray Cech World News Writer

Friday, Sept. 3, was the beginning of something new and terrific on The Town Square at Circle Square becue food truck pulled into The

Commons.

As promised, the Big Lee's bar-

Town Square at about 4 p.m., and within the hour the line was "around-the-block." Right up until the wee small hours of the evening, Big Lee's served his delicious barbecue and Pizza de Lusso delivered their now-famous pizza to The Town Square Kiosk. The Kiosk was also open selling beer, wine, soda, and bottled water. 'Cause what's barbecue and pizza without a beer? Good food and good drinks -

what's left? Good music. As the group, Ampli-FIRES began tuning up, some of the crowd of more than 250 were already shuffling to their own beat. But the Ampli-FIRES cranked up quickly and the partygoers wasted no time getting out on the dance floor. They swayed and sang along to some lively beats and smooth rhythms, and when the moon shook its way through puffy clouds, it added further romance to an already perfect evening.

an already perfect evening.

As the closing hours rolled around, old and new friends clapped for the band and said they are looking forward to more evenings on The Town Square.

The next Food Truck Friday will take place Friday, Oct. 1, with two food trucks – Big Lee's and Chickfil-A. Food truck sales begin at 5 p.m. until food is gone. Or order a pizza from Pizza de Lusso from 5 to 8 p.m. (this service is offered every 8 p.m. (this service is offered every Friday and Saturday) with delivery to the Kiosk.

Live entertainment is provided every Friday and Saturday, from 7 to 10 p.m. (weather permitting). For the entertainment lineup, like and follow Circle Square Commons on Facebook (@csctownsquare).

Pre-recorded OTOW Favorites music is provided Tuesday through Thursday, 7 to 10 p.m. This is a great time to practice some dance moves, or maybe just kick back and sing along to some of your favorites.



Friday, Sept. 3 kicked off Food Truck Friday with food, music and dancing.

A Parade Full of **Donations**

By Janis Holte-Pavlatos

Saturday, Sept. 4, was a sunny day that was perfect for our golf cart parade to raise funds and donations for the charities that this club supports. This couldn't happen without the support of our residents! Kudos to all residents who donate needed items, money and time for people in need.

The easy-to-recognize white van in the Recreation Center parking lot was "manned" by Charlie and Fran Calhoun. They accept the donations that haven't been previously dropped off and pile it all in the van for sorting and distribution.

zipper bags for the Marion County Sheriff's Office were included to last month's charity drive. Mary Beth Bell pairs bears and blankets, puts them in large zipper bags and gives them to the Marion County Sheriff's Office. The officers give them to children who are in crises. Over 40 blankets and over 40 bears were collected! She will continue to receive them until early December. needed) and a dish to share. If your

To donate, please call her at (585)

The September parade consisted of 24 decorated golf carts, head-ed by George and Valerie Ostrom, on the 12-mile route. Fun sounds of golf cart horns honking, especially the "a-ooo-ga" from one cart had residents smiling and waving.

Later that same day, many of us

met at the Veterans Park for a pot-luck get-together. There was con-tinued good weather, great friends, and tasty food.

Our next golf cart parade will be Saturday, Oct. 30, gathering at Bears, blankets, and large plastic 9:45 a.m. and departing the Recreation Center parking lot at 10 a.m. Our theme will be Halloween, of course. It will be followed by a potluck at the Veterans Park from 3:30 to 5:30 p.m. that same day. The food system will be similar with a few changes; check below and continue checking the club's Facebook page (OTOW Fun with Golf Carts).

Please bring a beverage, ice (if



Mary Beth Bell collecting bears and blankets for the Marion County Sheriff's Office.

last name begins with A-D, please bring fruit; E-I meat; J-M vegetable; N-Q pasta; R-U dessert; and V-Z po-

With the holidays around the corner, please consider donating

Ballroom for our spring production of "Musical Comedy Tonight - The

Best of Times." There are important roles on and off stage - there is non-perishable food items for Interfaith Emergency Services and other charities at the October parade. Check the club's Facebook page (OTOW Fun with Golf Carts) for suggestions and donation needs.

Open Auditions for On/Off Stage

By Richard Rosen



Cicily Kaye, Nancy Carp, Claudia Baker, Dinah Schiegner, Dave Wesenberg, Russ Kaye, and Ken Russell of the Theatre Group.

something for everyone.
Some of the solos and small The Theatre Group will be holding open auditions Monday, Oct. 11, at 7 p.m. in the Recreation Center

group numbers available include "Cockeyed Optimist," "A Wonderful Guy," and "Honey Bun" from South Pacific, "Matchmaker" from Fiddler On the Roof, "Suddenly Seymour" from Little Shop of Horrors, "Heart" from Damn Yankees, "Just Say No" from The Fantasticks, "Kids" from Bye Bye Birdie, "Everything's Coming Up Roses" from Gypsy, and many more. Please contact Richard at upstage111@yahoo.com for the current complete list of numbers in the show.

Many of the songs will follow dialogue scenes, so acting ability is a plus. If you have an upbeat musical theatre number not listed, you may audition with any song of your choice. If your song is good, we may put it in the show! We will have a piano and tech equipment to accompany you. If you are more comfortable in the back row of the chorus, just show up on the 11th and you are in without having to go

on stage to audition. We will have our first brief group meeting of the season and collect the \$10 annual dues. You can, of course, check things out before without paying dues, but all cast members must be paid members of the Theatre Group. We continue to meet and plan in an informal setting Wednesdays, from 7 to 8:30 p.m. in the Arbor Conference Center Ballet Room. Please join us if you'd like. No theatrical experience required. For all other questions, contact Richard at upstage111@yahoo.com.

38D The World News October 2021



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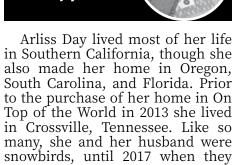
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Sunshine Quilters

Donna Boyajian



Arliss became interested in art at an early age and holds an Associates of Art degree. Her interests were in clothing design, drawing, painting and stained glass.

called Florida their permanent

Her career path took many twists and turns. Her favorite job was office manager for the Chamber of Commerce in Lancaster, California. Later, a large part of her adult life would be in the aircraft/space industry. She worked in accounting for McDonnell Douglas, was a contract administrator for Spaceport Florida Authority, and she worked in international human resources for Lockheed. While working at NASA Dryden in California she met several astronauts and even had lunch with Chuck Yeager! Her favorite plane is the SR71, and on her last day the pilots gave her a goodbye flyover and then hit the afterburners just past where she stood watching. How thrilling! She and her husband even got married in a plane. He was the pilot, and the minister was in the rear seat! When she worked at Kennedy Space Center, Arliss had an opportunity to view many space shuttle launches, landings and meeting several more astronauts.

Arliss's interest in quilting was sparked in 2009 when she saw a television program with Alex Anderson making a ribbon quilt. She was hooked. Her love for bright colors and intricate patterns makes for stunning pieces. One can't help but be inspired as you look around her home and work area. Her projects just speak of joy and happiness. So many have been gifted with her quilts over the years.

Arliss loves to learn new things, but she has found that a staple in quilting, a half square triangle, is a versatile block design and she uses them often. An entire quilt can be made of them with variations in color and tone or they can be incorporated with other blocks where they add a lot of interest and texture.

She is the proud owner of several machines, all of which help her to create her works of art. Though an avid quilter she is also an embroidery hound! She even owned an embroidery business for five years. Missouri Star Quilt Company and Jordan Fabrics are two of her favorite online sites for tips, help and ideas. Arliss is an important asset to Sunshine Quilters where she has many friends. She is a treasure trove of information, and we just love her!

We welcome new members, Linda M. and Dorothy C. Our October activities, which are subject to change, include a monthly meeting, sit and sew and block of the month. For details, please call Lisa at (610) 304-1273.



Color, tone, interest and texture.



Linda Lohr



The hive is really buzzing! We are now making dresses for little girls! We will soon add clothes for little boys also. These additions were requested by our agencies as another

way to help the young children.
Although our snowbirds have returned north, new members are still joining us for our sewing projects. Most of our agencies are now open. They have requested our quilt kits once again and we sent

out quite a few already.

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Hobby Building Art Room from 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. You may find our club is just what you have been looking for to round out your week.

Please contact Kathy Nardone at (352) 300-3063 or Marsha Schneer at (813) 920-3487 with any questions or concerns.

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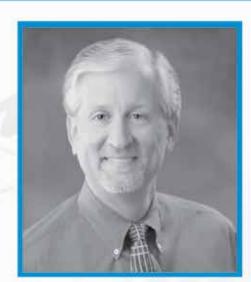


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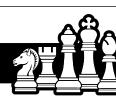
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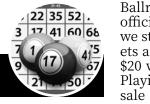
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Bingo

Nancy Grabowski



The calendar is moving so swiftly, it hardly seems possible that we're staring down October! Our bingo faithful continue to support our weekly games each Wednesday in the Recreation Center Ballroom. Prizes for each of 18 games is steady while the jackpot for game 10 is always \$75 and the sliding jackpot for game 20 grows weekly by \$10.

There are, however, a few misconceptions to clear up. First and foremost, you may save your own and only one other seat; volunteers place a sign at their spot while they help with the set-up. Chairs cannot be tipped forward to save seats as this presents a tripping hazard to others.

Times for bingo have not changed. While the doors to the

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Ballroom are always open, we don't officially begin until 4 p.m. when we start the raffle ticket sales. Tickets are three for \$1 or 10 for \$3; the \$20 winners are called at 5:45 p.m. Playing cards are \$1 each and the sale for those commences at 4:30 p.m. and is stopped at 5:40 p.m. Resident ID cards must be presented at the time of purchase and can be used to sign in a guest.

We continue to remind you about safety, which is our greatest concern. When you exit the Ballroom, please use the sidewalks rather than the driveway; be aware of vehicles as they leave, particularly in the parking lot. Be cautious when opening your car doors to avoid any impacts.

Òn Wednesday, Nov. 17, we will play super bingo! The times will not change but card prizes differ slightly. They must be purchased in increments of three; each threesome is \$5. No guests are permitted to play. Detailed information will be in next month's column.

Bunco Babes Social Group

Michelle Malsch



The Bunco Babes Social Group is back! The group plays bunco in the Arbor Conference Center Dance Studio IV on the fourth Tuesday of the month. The next scheduled game is Tuesday, Oct. 26. Registration is at 6:45 p.m.; games begin at 7 p.m. You do not have to call to register. You need only show up, and you may bring a guest or two.

If you have never played before, come see what fun we have rolling the dice in this game of luck (no skill required)! The game is easy and only requires rolling three dice and moving to the next table at the end of game play. New players are always welcome.

The cost is \$3 per person and all monies collected are returned at the end of the game to the category winners. There are also two drawings for door prizes for those who did not win any of the cash prizes. Please bring your own beverage and snack if you wish.

Come join in the fun and make new friends! For more information, please call Micki Malsch at (352) 615-2790. Stay safe and be healthy until we meet again!

Bridge



Monday Afternoon

By Shirley Stolly & Carol Johnson

Aug. 9

1: Rick Saffol & Carol Johnson; 2: Barb Heller & Caryl Rosenberger; 3: Joan Lord & Craig Ford; 4: Linda & Curtiss & John Ryan; 5: Sharon Davis & Max Valchin.

Aug. 16

1: Joan Lord & Craig Ford; 2: Pat & Debbie Quinn; 3: Shirley Stolly & Carol Johnson; 4: Marlene Floeckher & Joe McKeown; 5: Barb Heller & Caryl Rosenberger.

Aug. 23

1: Pat & Debbie Quinn; 2: Joan Lord & Craig Ford; 3: Barb Heller & Caryl Rosenberger; 4: Gina Andrejak & Linda Ryan; 5: Linda & Bill

Aug. 30

1: Barb Heller & Caryl Rosenberger; 2: Shirley Stolly & Carol Johnson; 3: Bernie Kelly & Rad D.; 4: Linda & Bill Ryan.

Sept. 6

1: May Block & Gayle Taylor; 2: Joan Lord & Craig Ford; 3: Barb Heller & Caryl Rosenberger; 4: Linda & Bill Ryan.

Wednesday Afternoon

By Debbie Quinn

Aug. 11

1: Craig Ford; 2: Debbie Quinn; 3: Al Kremer; Cons: Pat Quinn.

Aug. 18

1: Pat Quinn; 2: Mary Bloch; 3: Ric Saffol; 4: Craig Ford; Cons: Joe McKeown.

Aug. 25

1: Craig Ford; 2: Bob Kraus; 3: Dianne Robinson; Cons: Marian Hotz.

Thursday Afternoon

By Marlene Floeckher

Aug. 5

1: John Ryan; 2: Rad D; 3: Joan Lord; Cons: Al Kremer.

Aug. 12

1: Joe McKeown; 2: Debbie Quinn; 3: Ric Saffol; 4: Judy Mackowiak; Cons: John Ryan. **Aug. 19**

1: Dianne Robinson: 2: Phyllis Silverman: 3: Joe McKeown; Cons: John Ryan.

Aug. 26

1: Pat Quinn; 2: Dianne Robinson; 3: Craig Ford; Cons: Debbie Ouinn.

Thursday Night

By Jeff and Pam Bell

Our group is known for friendly and relaxed play. If you have taken the "Beginning Bridge" class through Master the Possibilities, or are returning to bridge after many years, or you are a great player and just want a relaxing evening of bridge with some nice people, this is the group for you.

We meet every Thursday in the Recreation Center Event Room at 6 p.m. The cost to play is \$0.25 per person per evening. Top three winners bring home all proceeds.

You do not need to bring a partner; we partner up and play by drawing cards.

Aug. 12

1: Jean Krueger; 2: Gayle Taylor; 3: Gina Andrejak.

Aug. 19 1: Jean Krueger; 2: Patsy Claremont; 3: Marlyn

Aug. 261: Lianne Anthony; 2: Pam Bell; 3: Jeff Bell.

Sept. 2 1: Al Whitford; 2: Patsy Claremont; 3: Marlyn

Sept. 9 1: Jeff Bell; 2: Lucy Molloy; 3: Sara Anderson.

Pinochle



Tuesday Night

By Herb Katz

Aug. 3 1: Jim Recor; 2: Charlie Bud; 3: Kathie Dushary.

Aug. 10 1: Bruce Gillett; 2: Rick Carroll; 3: Edith Kolb.

Aug. 17 1: Rick Carroll; 2: Bruce Gillet; 3: Judy Wagnitz.

Aug. 24 1: Judy Wagnitz; 2: Jim Recor; 3: Charlie Budd.

Aug. 31 1: Rick Carroll; 2: Bob Hoerr; 3: Debbie Martello.

Friday Morning

By Mary Hannon

Aug. 131: Jim Recor: 2: Bruce Gillett; 3: Rick Carroll.

1: Phyllis Jarskey; 2: Bruce Gillett; 3: Laurie Snook.

Aug. 271: Judy Wagnitz: 2: Rick Carroll: 3: Charlie Budd. Sept. 3

1: Jim Magoon: 2: Rick Carroll: 3: Larry Black. Sept. 10

1: Terri Nash; Tie at 2: Rick Carroll & Charlie Budd; Tie at 3: Jim Magoon & Cheryl Adams.

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View from the Library

B.J. Leckbee



In 1889, France created a fair that they called Exposition Universelle and invited countries from around the world to show off their industrial and engineering talent and possibilities. The United States' product exhibits at that fair were considered inferior to most, and the country's leadership feared that international trade would suffer.

This would not do; so, congress decided that to celebrate the 400th anniversary of Columbus' arrival in the New World, this country would create a similar but grander exposition; and Chicago was the chosen city.

In his book "The Devil in the White City" Erik Larson combines the drama of building this exposition with a more sinister thing that happened in Chicago's White City during those days. Undetected at the time, a murderer was using a hotel he built in that area to lure unsuspecting visitors to their demise.

The book moves easily between both stories. The exposition became known as the 1893 World's Columbian Exposition; and the murderer moved on when it closed.

From the start, of course, there were problems building the exposi-

The country had already begun sliding into a financial recession; banks were closing, and companies were failing, while employees had begun forming unions and wanted higher wages.

The land on which the exposition was to be built was considered by some to be totally unacceptable. There was no bedrock, just soil, sand, and water. In the winter it froze; in the summer it became mud. Yet soon buildings began to appear. The plaster of Paris that covered their exterior was painted white, and the city-within-a-city be-

came known as the White City.

Despite all the challenges, the exposition became an international success. America had shown the world how much it had developed as a country.

And this country's first known mass murderer was eventually caught and executed in Philadelphia.

Our non-fiction books are filed by category and the author's last name; this one is 364-LAR.

ternal defibrillator (AED) machine. We have placed military items in museums both locally and nationally. The charities we support include Operation Shoebox, Interfaith Emergency Services, Humane Society of Marion County, SPCA of Marion County, Dunnellon Elementary, Project Hope, Ocala Ritz Veterans Village, VFW Veterans Village, Marion County Sheriff's Office, and

day, Oct. 21, at 3 p.m. in the Arbor Conference Center Dance Studios

like your service time photo or current photo included in our Veterans Day program, please send it to the above-mentioned address.

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Poetry





John Kinser Hall

Poetry

Physical Therapy

Physical therapy What a chore. When you accomplish one thing They ask for more.

They're bright, they're bubbly Always with a smile. While they encourage you To go one more mile.

Progress is measured In baby steps. Practice, more progress Will get you set.

They see the forest You see the tree. To get you healed To be the best you can be.

To get you better You must do. The homework they give you It's tried and true.

So physical therapy Give it all you can give. How hard you work now Is how easy you'll live.

> RECYCLE OFTEN. RECYCLE RIGHT. Visit OTOWInfo.com for a list of

acceptable items to recycle.

I Ain't Got a Letter From Me

I ain't got much learnin' and find words hard to

And when it comes to figures, I can't do them so well.

My schoolin' was so short and teachers passed me through.

So please excuse the spellin' of these words I write to you.

My dear these words are difficult, to tell you to

your face. When I tried to read to you, I simply lost my

So now I'm writing short and sweet, I love you most of all.

If you feel the same way too, you'll even write or call.



Veterans Club

Charles Calhoun



Honor, duty, and service to our nation and to our community; this is what veterans have done and continue to do. In September, we honored our 9/11 heroes and our 13 soldiers and sailors.

In November, we will honor our veterans in the Recreation Center Ballroom Thursday, Nov. 11, at 11 a.m. I encourage all to join us.

We proudly served during our days in service to our country. We now serve our community in so many ways.

This year, the Veterans Club collected and distributed thousands of dollars and donated truckload after truckload of food, clothing, toiletries, wheelchairs, walkers, and household items. Through the generosity of residents, we were able to provide Dunnellon Elementary school with a public address (PA) system and an automated exDomestic Violence/Sexual Assault Center.

Our next meeting will be Thurs-

Donations for charities are always accepted at our meeting or at 9735 SW 92nd Court, Unit B, Ocala,

If you are a veteran and would

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The New Pretenders

Nancy Grabowski



Once upon a time, not so very long ago, a highly motivated assembly of residents met and formed an entertainment group. They named it "The Pretenders." This crew, after hours of practice, came onto the stage in a straight line and faced the audience. One by one, a performer stepped out of line and worked some musical magic before stepping back into line.

Later in their history, a small band was added, and the line stayed behind the curtains at which time a brave performer or two would stand center-stage and again work some musical magic. The years wore on and folks wore out, ultimately leading to the demise of "The Pretendors"

1991 rolled around and some fresh, highly motivated residents assembled and reorganized the troupe. They are renamed "The New Pretenders." Remarkably, the group remains together to this day, performing and entertaining the community.

In 1997, Bill Farquaharson, penned this poem in tribute to his fellow Pretenders. He wrote:

"The Pretenders, alas, are a sham On OTOWers they're workin' a scam.

Professionals they've got to be

Pretenders ... uh uh. no sireee.

They entertain with pizazz and flair They do their thing with savoir faire.

In concert they make one great team Watching them you can do naught but beam.

Skit after skit brings a smile to your face If you don't enjoy, your zip code's in outerspace.

They sync, they dance, they clown around Their talent is limitless, it simply abounds.

I think they call this jazz lip sync I ask you now, do you really think

We're not wise to the game they're playin' All that hoopla, that swingin' and swayin'?

One after the other, they just keep a-comin' A movin' 'n' groovin', a-singin' 'n funnin'.

I tell you true if you've not had the pleasure Make sure you see 'em, their show's a treasure.

If you want to go on a laugh-a-minute bender Get in line now for The New Pretenders!"

Jeanne Wise, one of our treasured members, found this poem and passed it along because she thinks it remains so fitting. Jeanne is a spry and active member who serves as head usher and adds her talents to the costume and stage committees.

The line for show tickets will begin forming on Wednesday, Jan. 5, 2022, in the Recreation Center Ballroom. The floodgates will open

at 8:15 a.m., closing at 10 a.m. If you miss the first round of sales, they will continue every Monday, Wednesday, and Friday in the same place, at the same time. Reserved tickets are \$10 and general admission tickets are \$8. After our ex-

penses are met, proceeds are donated to local charities.

The shows will take place on the stage in the Recreation Center Ballroom Friday, Feb. 4, and Saturday, Feb. 5, 2022, at 7 p.m.; and Sunday, Feb. 6, 2022, at 2 p.m.



George Brush and Jeanne Wise.







We are so happy to be back together again! Our presenter for September was Dawn Winblad. She offered a card with a "twist" as well as cards for guys, which are sometimes the hardest to create. We thank Dawn for providing all that was needed to complete the clever cards

Our group is open to all crafters – beginners or those more experienced. One or two people do a presentation each month. The group meets the first and third Thursdays of the month at 1 p.m. in the Hobby

Building Event Room.

Anyone can be a presenter and the cards do not have to be fancy or complicated. Our group is based on friendship, socializing, and helping each other.

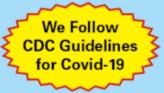
For information on any class or for general information, contact Penny at the email below. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, or if you have any questions, please contact Penny Douphinett at pennydouph@gmail. com. We look forward to introducing new people to our fun craft. Until then, keep on stampin'!



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Artistic Crafts & Gifts

Chris Kilbride



The Artistic Crafts & Gifts group's Tuesday craft show at the Recreation Center Ballroom is from 9 a.m. to noon and will continue weekly through May.

ArtisticCrafts. Our website org will give you a glimpse of our very talented crafters and artisans. The group started back in the early 1990s, and the show has grown from seven crafters to now over 45 on Tuesday, with close to 50 online and more gearing up to go virtual. All resident crafters are welcome to sell virtually on our website and inquire about a table at our Tuesday show.

This month we feature Chris Witt whose husband bought her a small jewelry kit to help occupy her time after their son went away to college many years ago. Little did he know that she would soon become obsessed with making jewelry. Chris started out just making bracelets with various gemstones and elastic for friends and relatives, but her quest for different was not satisfied. She kept seeing that most women were wearing similar designs, and she wanted different, something that said, "just mine" - hence her business name. Each of these designs are one of a kind.

After researching and attending many bead shows, too many to count, she found a style called the Viking knit. It was such an intriguing style, that she immediately ordered a kit. Turns out the kit was a spool of wire and a wooden stick, so she thought, how in the world does this work?

Being self-taught in the art of weaving wire using fine silver or gold-filled wire, Chris designed













Photos by Chris Witt

Explore the unique style of viking knit jewelry by Chris Witt.

bracelets and necklaces using the Viking knit technique. Even while working full time in the emergency room as a safety/project specialist, she and her husband participated in over 25 art shows in the past 10 years throughout the country. In addition to the Viking knit, which is her passion, she designs men's and women's leather bracelets and five wrap style bracelets called Just Luu. Her Just Mine website justminecreations.square.site shows a wide variety of styles and many unique

Chris retired from her job at the hospital, and recently relocated to On Top of the World where two of her sisters also live. Starting to become interested in sharing her designs again, she is applying to national art shows and can also be seen on our website.

For those who have never visited on Tuesday, please take an hour and go by and see the wide variety of quality items for sale. All vendors are now part of our virtual website also, so you can see everyone's crafts even if you can't get to the weekly show. Any vendor can make arrangements with you to purchase

items throughout the week.

If you have your own artistic endeavor you wish to sell, please contact us through our website ArtisticCrafts.org where our coordinator Rene can answer all your questions.

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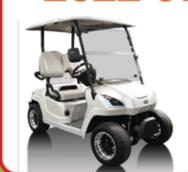
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and prices judget to Change without notice. Reduced hicks prices for residents of On Toy of the World Communities and Stone Creek apply to Circle Square Cultural Center produced shows only. Resident Description of the World Communities and Stone Creek apply to Circle Square Cultural Center produced shows only. Residence, we remaining a mask indoors; recommended to the Communities of the Com

Concert Chorus





We finally had our first Concert Chorus rehearsal under our director Michael Nagy. There were many new voices to enhance the holiday concert scheduled for 7 p.m. Saturday, Dec. 4, and 3 p.m. Sunday, Dec.

Music was distributed and the whole chorus had a first crack at mostly all new music. Our new schedule calls for tenor, baritone, and base sectionals from 9 to 9:45 a.m.; full chorus rehearsal from 9:45 to 11 a.m.; and soprano and alto sectionals from 11 to 11:30 a.m.

Now is a great time to join the Concert Chorus since we are just starting rehearsals for the holiday concert.

So far enthusiasm is high. Everybody is excited. What a great time we will have singing for joy and enjoying companions who love to sing along. Contact Mary Ann Majni at (954) 557-8176 or flmam68@aol. com to join this happy throng.

If you want to lead the Concert Chorus, we are still searching for a director for our spring concert, "Hooray for Hollywood." If you feel you are ready for this challenge, contact Mary Ann.

For those of you who appreciate holiday music, be ready for a treat in December!

Original Karaoke





Nobody's perfect. The correct days and time for karaoke are the same as they always were - the second Monday at 6:30 p.m. in the Arbor Activity Center Event Room and the fourth Monday at 6:30 p.m. in the Candler Hills Community Center. All residents and Gateway of Services passholders are welcome in both places, so come join the fun. For more information, call Sindy at (352) 362-4810.

TRASH COMPACTOR FULL?

Please take trash to another location. Do not place trash outside of trash compactor.

Karaoke Friends

Kathy & Charlie



Since the restart of karaoke, one thing we are enjoying is meeting new singers. Each singer brings his/her own style. This also adds to the variety of songs sung.

Yeong Lee is one of our new singers. I asked him to share his love for singing and this is what he had to say: "Currently I am a member of Karaoke Friends. I moved from upstate New York to On Top of the World in February 2020 after I retired from my medical practice. I enjoy my daily life without feeling stress and heavy responsibilities. When I was in New York, I was a member of a singing group in my hometown that loved singing. We had 30 to 40 members who were professionals, retirees and housewives. We chose songs from Broadway musicals such as "Cats,"
"Fiddler on the Roof," "Les Miserables," "Phantom of the Opera,"
"Show Boat," and "The King and
I." Our conductor was a retired

radiologist, and our piano accompanist was a Julliard graduate who

happened to be the wife of one of the doctors. We practiced monthly at a member's house and visited five or six nursing homes annually. We entertained as a chorus and soloist. We also did a sing along with the residents. This was a wonderful time together. Nursing home residents welcomed us year after year. I cannot forget their happy faces and hugs. We shared with one another the special feelings that music can bring. I am glad I can continue singing and meeting wonderful people who love music. I am thankful to Charlie and Kathy who set the program up and run it with humor and wit.

We are very happy to have Yeong with us. He adds to our group in his

We welcome all residents to spend time with us as a singer or clapper. You know we love our clappers. Come and see for yourself.

We meet on the first and third Mondays of the month in the Arbor Activity Center Music Room from 5:30 to 8:30 p.m.

EMERGENCY AFTER-HOURS PHONE NUMBER (352) 236-0TOW (236-6869)



Yeong Lee.

HANDICAP EQUIPMENT

Handicap equipment is loaned free to residents during their convalescent term walkers, crutches, canes or wheelchairs. For more information, call the Recreation Center at (352) 854-8707 x7534.

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Operation Shoebox volunteers Ellie Richards, Lizabeth Woodard, Paul Selesky, Charles Batchelder and Marshall

Republican Club

Lizabeth Woodard



On Friday, Aug. 13 and Sept. 10, the Republican Club's president called the meetings to order at 7 p.m. An opening prayer was given by Fiona Bowling and all veterans were asked to come forward to lead the group in the Pledge of Al-legiance. Over 100-plus members were in attendance with a total of 54 new members added during both meetings.

Featured speaker Sheriff Billy Woods was enthusiastically welcomed by an adoring audience. He shared his insights regarding immigration garnered during his recent trip to the Southern Border with Florida Congresswoman Kat Commack, as well as current criminal stats in Marion County. On behalf of the entire membership, Presi-

dent Liz Woodard conveyed to Sheriff Woods their gratitude for his leadership and the service of the law enforcement officers in Marion

Sandy Selesky, co-coordinator of Operation Shoebox, shared a few thank you notes she received from recipients of the most recent shipment of ditty bags. Sandy thanked everyone for their continued sup-port of this important endeavor and encouraged members to volunteer their time to fill the bags. President Liz shared her first-time experience packing ditty bags. She and four other volunteers filled 305 ditty bags in the span of two hours. This is a small way in which to show gratitude directly to our troops for their service to this country.

The club meets the second Friday of each month at 6:30 p.m. (new start time) in the Arbor Conference Center Dance Studios I-III. For more information regarding the Republican Club, please leave a message at (518) 534-0201; your call will be answered as soon as possible.





Former art student, Kyle's drawing, age seven.







Lots of folks will skip right over this column, thinking they have no artistic interests nor skills. Not true. As a child, almost everyone can draw without direction or practice. As a former schoolteacher, 1 observed hundreds of drawings by children of school age, and they were all wonderful and fun to look at. One northern child, having visited Florida, drew what might have been green fingers jutting from a popsicle stick on a blue wavy line. No. It was clearly how he saw palm trees near the Atlantic Ocean! At seven, the boy was an adorable budding artist.

As we grow older, certainly we become more self-conscious of our creations, and might not be willing to allow others to see our works, afraid of criticism. Sometimes we simply lose that ability to draw objects, but those who continue to develop it become what we call "artists." I encourage those who might now have time on their hands, to step up and try again. See things with your young eyes again and use the power of the mind to sort out colors, shapes, and objects you can put down on paper.

We encourage any newcomers to our community to join the Art Group during our regular meeting days and times – Wednesdays. from 1 to 4 p.m. and Thursdays and Saturdays, from 9 a.m. to noon. We practice our various forms of drawings in the Hobby Building Art Room. Bring your supplies and be prepared to enjoy some great camaraderie.



We are enrolling volunteers for the **Autonomy Study.**

If you have early Alzheimer's disease (AD) and/or are experiencing problems with memory or trouble thinking clearly, you may qualify to take part in this clinical research study of an investigational medicine.

You may be eligible if you:

- are 55–80 years of age
- are experiencing a gradual decline in your memory and ability to think clearly over at least the past 6 months or have been diagnosed with early AD (also known as prodromal AD)
- have a reliable close friend, relative, or spouse who can be your study partner. This should be someone who spends at least 10 hours every week with you.

Qualified participants will receive study-related medical care and the investigational medicine or placebo at no cost.

To learn more,

Please visit:

www.autonomystudy.com or Contact the site at:

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Community Emergency Response Team Andrea La Fave

Are you aware of the Community Emergency Response Team? The Community Emergency Response Team program educates ordinary people from all walks of life about disaster preparedness and trains them in basic disaster response skills such as fire safety, light search and rescue, and disaster medical operation. Members can then as-

sist others in their neighborhoods.

members in how to protect themselves, their family members, and their pets before, during and after an event.

Remember to always include your pets in your emergency plans. If we are not safe during an emergency, neither are they.

If you evacuate the area and leave your pets behind, you may not be able or allowed to go back for them. They may easily be lost or injured.

Most hurricane shelters do not

accept pets. The only pet friendly shelter in Marion County is Vanguard High School and it will fill up quickly. You cannot leave your pets at the

Always build a separate emergency kit for your pets. Be sure to include a picture as well as your name, address and phone number, pet identification tag, record of immunizations, food, medications, and a toy.

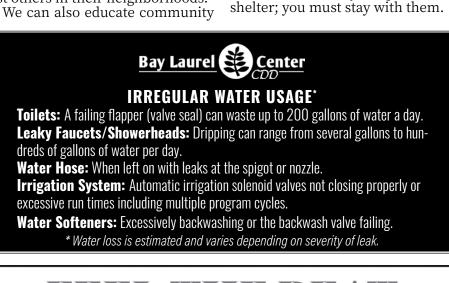
It's a good idea to create a list of places in a safe location that will accept pets during an emergency, like an animal clinic or kennel.

Our community is growing at a much faster pace than our membership. Please consider joining our team and learning how to help your neighbors in the event of a disaster. You will receive free training from professionals of the Marion County Sheriff's Office, Marion County

Fire Rescue and Emergency Operation Center. We want to be able to help all our community members. We need your help!

If you would like to become a member of our team, please contact Beverly Case in the Marion County Sheriff's Office at (352) 369-8103 to receive an application. The next class will begin soon.

We always welcome your attendance at our meetings, which are held the second Tuesday of each month. Our next meeting is planned for Tuesday, Oct. 12, at 9 a.m. in the Hobby Building Event Room. For more information and to confirm the date, you can contact Debra Snyder at (412) 443-2930.





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Patrol

Sara Sommer

OneBlood

Bloodmobile



The Big Red Bus® will be here Monday, Oct. 4 in the Recreation Center parking lot from 7:30 a.m. to 3 p.m. Be sure to eat a good breakfast and drink lots of water before and after donating. Please bring a picture ID and a face mask. With the snowbirds returning, as well as all the new residents, let's make this one of the best drives ever.

You can schedule an appointment by logging on to OneBlood. org. Follow the directions seen there. The drive should be listed about two weeks before the drive date. Walk ins are welcome, but appointments are usually taken first.

I hope you were able to stop by our OneBlood table at the latest Club Fair. If you didn't get all your questions answered, you can always call the local branch office at (352) 732-0175.

OneBlood is the sole supplier of blood for all Marion County hospitals. If you live here, give here, and the blood stays here.

See you on the bus.

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Community





The purpose of the Community Patrol and this column is to remind everyone of our aim to be the "eyes and ears" of our community. We are supported by the Marion County Sheriff's Office (MCSO) and On Top of the World in that endeavor.

It is again time to mention the dangers of speeding and ignoring stop signs. MCSO is onsite occasionally to issue summons. Many times, we witness golf cart drivers disobeying these rules, or allowing youngsters below the age of 15 to drive, please refrain from this.

We still see garage doors left open (some overnight); more than likely cars are also left unlocked as well.

On Top of the World is probably one of the safest communities around, but don't have a false sense of security, there is bound to be some around to take advantage.

The Community Patrol urgently needs additional members especially since the community has expanded so much. We ask for only four hours a month to participate.

Please contact Paul Altman at (860) 460-7632 or shelvesc@aol.com for more information.

Democratic Club

Dan Lack



Emmett Coyne will speak at our next meeting on the U.S. asylum process. He personally knows someone who is going through the asylum process and who may also appear at our meeting. Emmett has a Master of Arts in African American studies and he is on the Master the Possibilities faculty where he teaches several courses including, "The Historical Struggle to Keep America White.'

Our meetings are open to Democrats and independent voters but only Democrats can be voting members of the club. We look forward to seeing you on Thursday, Oct. 28, at 6 p.m. in the Arbor Conference Center Dance Studios II-IV. Masks are recommended for all attendees.

Our club supports the Ocala Ritz Veterans Village, a former Ritz hotel that was converted into a facility for formerly homeless veterans. The Ritz provides a safe environment for these brave men and women to learn to become productive members of our community and to live on their own once again. The Ritz needs pillows, pillowcases, sheets, towels, and washcloths as well as paper towels, toilet paper, feminine hygiene products, dish detergent, laundry detergent, toiletries, shower curtains and canned and dry food such as Spam, ravioli, tuna, chicken, Vienna sausages, spaghetti/meatballs, beef-a-roni, ramen/ canned soup, saltine crackers, peanut butter, jelly and cereals. Please bring your donated items to our meeting.

For more information contact Dan Lack at (352) 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). not alone!



WELCOME TO...

ShutterBugs Photography

Connie Filip



The die is cast ... all bets are in ... their fate is sealed.

Yes, entry to ShutterBugs annual photo contest has closed and our photos are now before the judges to determine the best in each skill division and category.

But wait, there's more. All entries will be on display in the Recreation Center starting Tuesday, Nov. 2, and anyone in our community will be able to vote for their favorite photograph for the people's choice award.

This month, stop by the Master the Possibilities' lobby to enjoy Dave DeAngelis' favorite photos, in a display called "Outdoor Obsession.'

One of his favorites, shown here, was taken just outside a small Pennsylvania town. The steer had walked decisively up to the fence and engaged Dave in a stare-down. I guess that steer wasn't a fan of the paparazzi. But it was worth it, because Dave really caught the mood of the scene with the steer's attitude, the fencing, and the stark black-and-white contrast.

Dave moved to our area from Pennsylvania in 2014. He loves all forms of horsepower, both Indy car and horses, and for most of his life.

He grew up working at race car dirt tracks, and is thrilled to tell you he knew the young Mario Andretti as they both lived in the same small town in Pennsylvania.

While in college, he was introduced to hunter/jumper shows. Working in the stables and setting up jumps helped to pay his tuition and he found that he enjoyed the work as well. After all, it was outside.

While in college he also became interested in photography and purchased a friend's used Topcon camera. While not a current manufacturer, this brand of single lens reflex camera was widely respected at the time and Dave enjoyed capturing many outdoor events with it.

Dave will tell you that he just uses a few basic camera settings and relies on natural lighting. Being outside, he feels you need to be ready to "grab and shoot," otherwise you might miss a priceless moment as they can be fleeting.

So, if you too, are a lover of horsepower, or of all things outdoors, come see what Dave's got.

ShutterBugs has resumed our Tuesday meetings and first Tuesday field trips. Look for up-to-date schedule information at www.otow-

Want to learn more about digital? Stop by the Hobby Building Event Room for ShutterBugs' Tuesday meetings (second to fourth weeks). We start at 3 p.m. For more information contact Gary Uhley, our club president, at (352) 854-8536 or gsuhley@gmail.com.



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residents must register their estate/tag sale with Resident Services at Friendship Commons. Visit ontopoftheworldnews.com/ocala and click on "Resident Info" to download the appropriate form for your community and submit it to Resident Services by the 10th of the month prior to publication.

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AD DEADLINE: Noon on the 12th of the month. If the deadline falls on a weekend, then it's noon on the Friday before. For more information, call (352) 387-7466, email otownews@otowfl. com or visit ontopoftheworldnews. com/ocala

The publisher reserves the right to reject any ad which, in his judgment, would not be in the best interest of the residents of On Top of the World Communities.

For Sale

Electronics: Lorex wireless camera security system with 4 wireless HD cameras, digital DVR, HD monitor/TV, 6 rechargeable battery packs, and connection cables, \$150. (352) 237-2151.

Electronics: Antique Belmont shortwave and am band radio (695), wood casing, circa 1934-1937, \$295. (631) 767-1207.

Furniture: Adult size twin pop-up trundle bed set, solid dark wood head/foot board. Two beds in one, \$500. Allen & Roth Safford oval dining table, 39.75" wide x 71.75" long, center hole for umbrella, metal frame, stone tiles, smoky glass center, \$75/obo. (352) 342-9915.

Furniture: Computer desk and chair; slide-out keyboard shelf; top has cabinets and shelf, \$100. Wall unit, 6' high x 5' wide, foldout desk, fits 30" TV, \$100. (352) 854-9185.

Furniture: Craftmaster swivel brown chair, \$275. Drexel Heritage cream sofa with pillows, \$450. Roll away coffee table with foot pad, \$125. Table lamp with shade, \$60. Antique round book table, \$65. Call/text (910) 740-7377.

Golf Cart: 2004 E-Z-GO with sunbrella valance, curtain, folding mirrors, 36-volt with charger and 4 seats. Call/text (480) 266-1400.

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Misc. Item: Little Giant ladder system includes work platform, leg leveler attachment and aluminum scaffolding plank, \$85. (570) 748-2433.

Misc. Item: Northstar 3300 psi pressure washer, Honda engine, Cat pump, 2 wands, 50-foot-high pressure hose,

\$500/obo. (352) 237-2151.

Misc. Item: Sears medium duty 16' aluminum extension ladder, \$60. (352) 854-9185.

Misc. Items: Kitchen cabinet drawer/door pulls (66), brushed oil-rubbed bronze finish, solid rod handle, 5" distance between screw holes, 6-1/2" long, 1/2" round, screws included, \$2 each. (352) 861-0510.

Misc. Items: Vintage Rayo hot blast lantern #75 with glass globe markings (Dietz and Fitzall, New York USA H28), \$175. Firearm tactical red dot laser, adjustable windage and elevation includes batteries and adjustable tools, \$29.95. (631) 767-1207.

Musical Instruments: Fender American standard jazz bass guitar with deluxe case. Ibanez 100-watt 15" speaker bass amplifier. (352) 237-2151.

Office Supplies: GBC Shred-Master (1036) commercial shredder with stand and paper catch box, \$175. Panasonic compact fax/copier (KX-FHD331) with answering machine function, manual and fax paper, \$79. (631) 767-1207.

Sports Equipment: DaBrim bike helmet sun visor, fluorescent yellow, \$20. (352) 861-0510.

Sports Equipment: Giant Talon-3 bicycle set up for either on or off road, black/red, \$400. (352) 291-1001.

Sports Equipment: Sun Seeker recumbent bicycles (2), \$200/ obo. (352) 615-2718.

Tag Sales

Thursday, Sept. 30 & Friday, Oct. 1: 8885-D SW 93rd Place (Friendship Colony), 8 a.m. to 4:30 p.m.

Friday, Oct. 1: 9151 SW 94th Court (Providence), 8 a.m. to 1 p.m.

Friday, Oct. 1 & Saturday, Oct. 2: 9206 SW 93rd Circle (Providence), 8 a.m. to noon · 8650-D SW 94th Lane (Friendship Village), 8 a.m. to 4:30 p.m. · 9638-C, 9639-C, 9669-B, 9698-C SW 94th Avenue (Crescent Ridge), 9 a.m. to 1 p.m.

Wednesday, Oct. 6 & Thursday, Oct. 7: 8470 SW 82nd Circle (Candler Hills), 8:30 a.m. to noon.

Thursday, Oct. 7: 8437-B SW 90th Street (Friendship Colony), 9 a.m. to 1 p.m.

Friday, Oct. 8: 9049 SW 91st Circle (Williamsburg), 8 a.m. to noon.

Saturday, Oct. 9: 9566 SW 93rd Loop (Providence), 8 a.m. to 3 p.m. · 9828 SW 99th Loop (Crescent Ridge), 10 a.m. to 4 p.m.

Saturday, Oct. 16: 9709 SW 97th Street, 9 a.m. to 1 p.m.

Sunday, Oct. 17: 9709 SW 97th Street, noon to 4 p.m.

Thursday, Oct. 21 & Friday, Oct. 22: 8533-C SW 93rd Place (Friendship Colony), 8 a.m. to 2 p.m.

Friday, Oct. 22 & Saturday, Oct. 23: 8351-D SW 93rd Lane (Friendship Colony), 9 a.m. to 1 p.m.

Saturday, Oct. 23: 8594 SW 83rd Loop (Candler Hills), 10 a.m. to 4:30 p.m.

Sunday, Oct. 24: 8594 SW 83rd Loop (Candler Hills), noon to 4 p.m.

Saturday, Oct. 30: 8635-C SW 95th Street (Friendship Village), 8 a.m. to 2 p.m.

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Andy Dahms Interior Painting: Your local professional painting contractor. Turn your place into a showpiece. Quality Sherwin-Williams products. References available. Free estimates. Call or email at (941) 730-1381 or andygoodeats1@gmail.com.

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (resident) anytime at (352) 873-1297.

Automotive Ceramic Wax Coating: Coupon \$50 (Reg. \$60)! Includes interior detail & 2-hour professional package. Mark Anthony (352) 239-5702.

Bathroom Remodeling: Specializing in complete renovations. Clean, neat and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508. #CBC057088.

Bob's Screening Service: Garage door screens, window screens, porch enclosure screens. We re-vinyl windows. Complete rescreening service. Free estimates. (352) 586-8459, Bob.

Cat Sitting: Provided by loving experienced Cat Nanny. Resident. (352) 854-8589.

Ceramic Tile: All types of installation and repair. 30+years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.

Cleaning by Evelyn Lee: House & deep cleaning, move-outs. Licensed, bonded & insured. Sunshine Cleaning Service of Ocala, LLC (352) 421-9768 or (352) 286-6055.

Clock Doc: Clock repairs, experienced, inexpensive, house calls. (352) 246-2438 (resident).

Computer Help: Arthur Burditt, (352) 875-7878. House calls, \$40/hour. Tutoring, setups, installations, Windows upgrades, PC cleanups, security software, internet connections, email access, printers, wireless devices.

Geller Lawn: Mowing, irrigation, bushes, mulch & much more! Starting at \$50 per month (no contracts). Insured. (352) 390-7454.

Handyman: Plumbing, electrical, general maintenance repairs, handicap grab bars, screens, etc. No job too small. Service you can count on. Steve Scott (resident), Steve the Handyman LLC, (517) 262-7971 (October through April).

Handyman: Repairing sliding glass door rollers/tracks, sliding garage screen doors, window balances, sliding shower doors/guides, doors & locksets, door seals. Installing handicap grab bars. One call does it all! Steve, S&T Quality Services (352) 207-8682.

Home Cleaning: Residential service and free estimates. Fully vaccinated. "Let It Shine" Home Cleaning Service, LLC (352) 857-6080.

Kitchen Solutions: Reface or replace. Custom cabinet shop. 40 years' experience. (352) 794-3747.

EMERGENCY AFTER-HOURS
PHONE NUMBER
(352) 236-0TOW (236-6869)

Laminate & Tile Floor Installation: Plumbing, electrical work, general carpentry and painting. Insured and satisfaction guaranteed. Resident for 12 years. Dan (352) 425-

1046 or Bill (352) 816-5450.

Medina Pressure Cleaning & Sealing: We specialize in paver sealing, driveways, concrete staining & garage floors. 25 years' experience. (352) 246-3674.

Organizer Pro: Will help pack, unpack, stage, and organize your home. Fully vaccinated, licensed, bonded & insured. Laurie (352) 321-0219.

Painting & Drywall: Interior painting & drywall repair. Experienced, affordable & professional. Insured. Free estimates. References available. Visit josephdonofriodrywallandpainting.com or call (352) 857-8367.

Rikki's Cleaning Service: For all your domestic needs cleaning and organizing to errands. Call today for a free estimate (352) 509-4488.

Robert Morin Pressure Washing LLC: Contact me for all your pressure washing needs. Call for pricing. (321) 372-8800 (resident).

Serenity Pet Sitters: 20 years experience, ex-vet tech dog & cat CPR certified in home care. Free consultation! Insured. (352) 615- 7577 or serenitypetsitters.com.

SunSetter Awnings: Enjoy your lanai, birdcage, patio, pool, & outdoors with a retractable awning. Sun protection. Free estimates. (352) 351-3642.

Transportation: Appointments, errands, doctor's appointments, shopping, hair, surgery center, hospital, etc. Diane (352) 854-9999 (resident). Leave message if necessary.

Transportation: Need car and driver? Travel to any airport/cruise port, as well as any city or resort within 600 miles of Ocala. Safe, sanitized, secure and insured. Call Terry (615) 513-8240 (resident).

Wanted

Donations: Dog or cat food [SPCA of Marion County (352) 362-0985] · Non-perishable food for food bank, empty ink/laser cartridges and cards for veterans [Anne (843) 504-0032] · Personal hygiene, school/craft supplies & small appliances for homeless; pet food/supplies for animal shelters; used cell phones, computers & musical instruments for troops/veterans; theatrical costumes & props; socks, underwear & men's clothing [Donna (352) 237-3062] Yarn for VA hospitals, children and newborns (352) 843-6519].

HAM Radio Operators: Support the Community Emergency Response Team in the event of a disaster. Please email brucetwiss@yahoo.com.

Pet Foster Parents: Temporarily open your home to a pet in need. Call SPCA of Marion County at (352) 362-0985.

Rudyard Kipling Stories/Poems: If possible, a large or complete set. Kit (352) 816-3024.



Services passholders.

