

#### **Community News**

Kenneth D. Colen

#### Think About Personal Safety

January is a great time for a safety check-up. The holidays are over, the family and guests are back wherever they came from, and it is just you and your home (finally!). Ask yourself a simple question, "What do I do if ...?"

Ask yourself, "Do I enjoy walking or biking in the community in the evening or early morning hours?" If the answer is yes, do you wear reflective clothing, carry a flashlight for signaling oncoming traffic, or have proper red/white lights on your bicycle? I enjoy walking in the community in the cooler weather, and I am the first to admit that sometimes I forget to take precautions. Note to self: Practice what I

Another lifesaving question is, "If I were to have a kitchen fire, do I have a fire extinguisher handy and could I use it?"

Additional questions, "If I had a water leak into my unit, would I know what to do or who to call? If I am getting out of the tub or shower, is my bathmat absorbent and nonskid? Do I have a properly installed grab rail in my tub or shower?"

What about, "Have I overloaded any extension cord with too many plug-in items?" This is much more common than you think!

Do you have a first aid kit in the home? How old is it? Do you maintain an up-to-date emergency contact list? Do you remember where it is? When was the last time you checked it? Do you keep a clearly legible list of current emergency contacts, your primary physician, and any medications you are taking in a clearly identified vial in the refrigerator? You will also want to post a reminder on the refrigerator door that vital information is stored there. This can be a life-or-death difference to you should emergency responders be needed.

#### **Annual Association and Board** Meetings

The annual Master Association meeting was held Tuesday, Dec. 7, 2021, in Live Oak Hall. The purpose of the meeting was to familiarize residents of all member associations of the purpose and operational areas of the Master Association, and to adopt an annual operating budget. Approximately 20 people were in attendance.

The first annual meeting of Weybourne Landing was also held Tuesday, Dec. 7, 2021, at Circle Square Cultural Center. There were 75 residents in attendance and this meeting also had some residents attend by webcast. The purpose of the meeting was to present a general update on the community and for the board to adopt an operating budget and proposed rule changes. The status of the recreational amenities was discussed. The pool cabana, pool, and pickleball court received temporary certificates of occupancy (TCO) that same week and are open for use. The pool must be registered with the Florida Department of Health in Marion County within 30 days of issuance of the permanent certificate of occupancy (CO), which has been applied for. No difficulty is anticipated in that happening.

The Weybourne Landing Clubhouse remains in permitting with the Marion County Building Safety Department and a building permit is anticipated in January. Bids have been let and as soon as the permit is issued, construction can begin.

Several people asked questions after the meeting, particularly what is happening with additional pickleball courts and the proposed miniature golf course. The miniature golf course is being pushed back for consideration after the completion of the Phase II neighborhoods, construction will begin in mid-2022.

It is important to time the addition of amenities to the demand for their use within any community.

Continued on Page 4 ▶

# **Health & Wellness Expo**

### By Dave DeAngelis World News Writer

My New Year's resolution is the same every year. It is to not make a New Year's resolution. Life is much simpler not having voices in my head nagging me about that slice of blueberry pie. Okay, with a scoop of vanilla ice cream. Ókay, two. Yeah, of each. I can always lose weight, become more fit and manage my overall health by engaging in an exercise and eating a healthy regi-

men. Mind over matter.

Speaking of which, the Health & Wellness Expo will take place Saturday, Jan. 15, at Circle Square Cultural Center from 10 a.m. to 2 p.m. Talk about a convenient way to get started on a health and wellness

program right after the holidays!
Sponsored by On Top of the
World and AdventHealth Ocala, the
Health & Wellness Expo invites you

to interact with healthcare providers from Marion, Citrus, and Lake Counties. As of this writing, some of this year's exhibitors include Freedom Health, B-Healthy, Visiting Angels, Culligan Water, Ocala Dental, Bitting's Pharmacy, Unit-edHealthcare, EcoWater, Trinity Elder Care, Magnolia Media Group, Bath Fitter, Vollara, The Windsor of Ocala, Dr. Jayanti Panchal, Bemer PEMF Therapy, ClearCaptions and more!

In addition to learning from what the health and wellness exhibitors are offering, you will see live fitness demonstrations from the On Top of the World fitness staff and clubs, and The Ranch Fitness Center & Spa team! Bring it on! Here's the schedule for this year's program demonstrations:

· 10 a.m. Yoga · 10:30 a.m. Ballet

11 a.m. Zumba®

11:30 a.m. BEAT Noon Balanced Body

12:30 p.m. Tap dance

1 p.m. Dancing Jewels 1:30 p.m. Broadway dance

Keep in mind that all the instructors and trainers leading these fitness demonstrations are experts in their field. No rookies here, instead very skilled, knowledgeable, and energetic people who are participating in the expo to help you manage your own individual health and wellness. Demonstrations are led by certified professionals, but you will see residents and Ranch members showing off their fitness skills as well. The On Top of the World and The Ranch Fitness Center & Spa tables are usually placed next to the stage for anyone inquiring about additional information. You can't miss this event! You will write home about it! I certainly plan on attending.

This event is free and open to the public. For more information, please contact the Recreation Center office at (352) 854-8707 ext. 7533 or 7530.



The annual Health & Wellness Expo takes place Saturday, Jan. 15, at Circle Square Cultural Center.



Joe and Trish Froehlich leading the blended yoga class.

# **Blended Yoga**

By Phil Panzera **World News Writer** 

Do you wake up in the morning and creak through your morning routine? Do you lose your balance occasionally? Decreased energy and vitality? Poor breathing? Or do you have difficulty reaching up, down and around? If so, read on.

A new specialized blended yoga (formerly known as veterans yoga) class has joined the host of other yoga classes offered in our community. The class is primarily designed to help anyone recovering from any sort of physical or mental distress they may have incurred. It serves those who want to improve their strength, balance, and flexibility.

This class is open to all residents.

Joe Froehlich, along with his wife, Trish, began the class a few months ago as an outreach of the Veterans Yoga Project. The project is a California not-for-profit company with a noble mission: to support recovery and resilience among veterans, first responders, caregivers, their families, and the community.

The class will help you breathe more easily, think clearly, move freely, rest deeply, sleep better and find a greater connection with yourself and others. If you've never been introduced to the concepts of mindful movement, guided rest, and meditation, they can provide profound benefits, even if your body can only absorb a little.

Speaking from personal experience, I would drive to class decades ago miffed with the slowpokes in front of me, anxious to get there early and warm up. It was a stress, and even a physical detriment, that I didn't appreciate. Driving home I was calmer, indifferent to the bustle of Los Angeles traffic, and simply at peace inside. You don't have to meditate like a Buddhist monk to

achieve this - mindful movement and learning how to breathe and calm your body and mind, provide a near magical benefit.

If you're envisioning all those weird postures you've seen, and think that's just inconceivable for you, well, not to worry. Joe teaches a blended class, a mix of gentle movement either on a mat or on a chair. It doesn't matter the slightest bit how much or how little you can move; you do what you can, in a judgment free zone, and every

week you'll get better.

The class is held every Monday, from 3 to 4 p.m., in the exercise room of the Recreation Center Fitness Center. Classes are free, and there's no registration. If you're interested in getting back some of what your body has lost and gaining a more serene view of life and others, give the class at least one try. Commit. Take the leap. Start being mindful right now, and consider that, "Our life is shaped by our mind, for we become what we think." - Buddha.

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A The World News January 2022











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The World News is a monthly publication of On Top of the World Communities in Marion County, Florida. This publication is written and prepared by On Top of the World residents for our neighbors and those interested in becoming a part of our community. The World News strives to publish only "good, informative news." Events and activities that take place behind the gates of On Top of the World are for residents only.

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#### **2022 PUBLICATION SCHEDULE**



| Issue       | Issue Ad/Payment/Column Deadline* |          | Home<br>Delivery |
|-------------|-----------------------------------|----------|------------------|
| January     | 12/13/21                          | 12/23/21 | 12/30/21         |
| February    | 01/12/22                          | 01/20/22 | 01/27/22         |
| March       | 02/14/22                          | 02/24/22 | 03/03/22         |
| April       | 03/14/22                          | 03/24/22 | 03/31/22         |
| May         | 04/12/22                          | 04/21/22 | 04/28/22         |
| June        | 05/12/22                          | 05/26/22 | 06/02/22         |
| July        | 06/13/22                          | 06/23/22 | 06/30/22         |
| August      | 07/12/22                          | 07/21/22 | 07/28/22         |
| September   | eptember 08/12/22                 |          | 09/01/22         |
| October     | October 09/12/22                  |          | 09/29/22         |
| November    | November 10/12/22                 |          | 10/27/22         |
| December    | December 11/11/22                 |          | 12/01/22         |
| January '23 | January '23 12/12/22              |          | 12/29/22         |

- \* Deadline at noon
- \*\* Printed inserts deadline by 3:30 p.m. at Heart of Florida



#### Is It Legal?



**SCAM ALERT #1:** After closing on a home, if you receive a letter saying you need to have a certified copy of the deed; you don't! In many of these letters, there is no mention of a certified copy of the deed – just a plain copy. In one of these letters, the charge was \$89. That's money you never need to spend because you never need a copy of your deed. Why? Because it's recorded in under public records, and you can download it for free. Of course, if you have a copy that you got from the title company that handled the closing, you can make a copy of it, also for free.

**SCAM ALERT #2:** That cute sounding Susie, who wants to talk to you about your warranty, whatever it is, is trying to scam you. She doesn't know what warranty(s) you have. That's why her phone message doesn't mention it by name. She's a scammer. Hang up, don't answer, and don't call back!

**SCAM ALERT #3:** That letter or other message, from the roofing company with the fabulous testimonials, that just happens to be in the neighborhood and wants to climb up on your roof for free and give you a free estimate, is probably a scam. Wanna bet that the "free estimate" will inform you of a gazillion things that must be fixed, and it won't cost you a bit, because you will just be told to sign an assignment of benefits from your insurance company? Just say no!

**SCAM ALERT #4:** That guy who without any notice, knocks on your door and says he just "did your neighbors windows" and will give you a free estimate. He probably never met your neighbor. If he or she makes an unsolicited knock on your door with an offer of a free whatever, he/she be a scammer. Say goodbye!

**SCAM ALERT #5:** That letter giving you a great opportunity to have some company pay your utility bills for you if you just sign this or that form. Do not sign that form. Contact your utility company directly and ask them about it. You will find out the company charges you a fee to use your money to pay your bill. Bummer. Don't respond.

**SCAM ALERT #6:** That guy with the stern voice who says, "Don't hang up! This is not a scam!" is a scammer. Hang up. If he leaves a message and says you are about to go to jail, then check to make sure

your wife hasn't already put your clothes on the curb with a note to your jailer where to find you. (Well, my wife said she did think about it.)

**Q.** I've been widowed for 20 years; I am now age 68. I've been seeing a widower, age 90, but he acts much younger. He's a joy. We want to start travelling again. We can live together but for personal reasons we want to be married. He told me "All I want from you is whatever time we have." He said he will sign whatever pre-nup agreement I want. His children love it and seem to really like me. In my presence they told him they don't care what he does as long as he's happy. My daughter feels "so-so." My sons don't wish to be involved. My granddaughter who is in law school says it's against the law for us to get married because of his age and because of our age difference.

**A.** Your granddaughter should drop out of law school, and probably get into sales. She is wrong. I strongly suggest you and your friend have a prenuptial agreement. Then, marry this fellow, who obviously thinks young, acts young, and is young. What else can you

**Q.** We love your column. We've been reluctant to ask you this but here goes ... are you going to retire from your law practice?

**A.** I have no plans to retire. Like the fellow in the question, above, I think young. So, I want to keep doing the things I love, one of which is practicing law. And anyway, my wife has informed me over and over that she married me "for better or worse, but not for lunch."

The Law Offices of Colen & Wagoner, P.A. include Jerry Colen (Jerry@colenwagoner. com); Rachel Wagoner (Rachel@colenwagoner.com); and John Beck (John@colenwagoner.com). All are members of the Florida Bar Association. Jerry Colen and Rachel Wagoner are members of the National Academy of Elder Law Attorneys, and the Academy of Florida Elder Law Attorneys. John Beck has a degree in finance, master's degrees in accounting and taxation. The law firm practices in the areas of simple and complex estate planning, wills, trusts, probate, real estate, title insurance, elder law, taxation, Medicaid planning and business and professional advice. This column is only intended to present fact situations that may be of interest to the reader. It does not, nor is it intended to provide legal advice. You should not rely on what is written in this column to be legal advice for any situation. You should always consult your own attorney for legal advice. The Law Offices of Colen and Wagoner, P.A. is located at 7243 Bryan Dairy Road, Largo, Florida 33777 and in Suite 11 at Circle Square Commons in Ocala, Florida; (727) 545-8114; www.colenwagoner.com.

# **World News Delivery**

Each household in On Top of the Center, Recreation Center, Arbor World should receive a complimentary copy of the World News along with the Ocala StarBanner every month.

If you are not receiving home delivery, please email otownews@ otowfl.com. Please include your house number and street address along with your neighborhood

A copy of the World News may be picked up at all postal centers, Resident Services, New Home Sales

Fitness Center, The Club at Candler Hills, The Lodge at Candler Hills, Candler Hills Community Center, Master the Possibilities, The Ranch Fitness Center & Spa, Indigo East Community Center and Indigo East Fitness Center.

Visit ontopoftheworldnews.com/ ocala, to view or download a PDF of the World News. Please see page 2 of the World News to view the publication/delivery schedule for 2022.





### **Community News**

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Adding amenities is always welcome by residents, but it is important to remember that the added operational costs of amenities are paid for by residents through their monthly community service fees. Ideally, the timing of additional amenities paces with the addition of new homes to keep monthly fees

The Indigo East annual meeting was Wednesday, Dec. 8, 2021, at Circle Square Cultural Center. There were approximately 100 members in attendance. Some residents also joined the meeting via webcast. An update on the community operations was presented, as well as an overview of nearby projects. The widening of SW 80th Avenue was briefly touched on and the county reports the project will not begin before sometime in 2024.

Since this was an election year for the board, ballots were received and counted. The results were that the board was reelected by the membership. The proposed operating budget for 2022 and proposed rule changes were presented to the membership. Both the budget for 2022 and the proposed rules changes were adopted by the board.

The Candler Hills annual meeting was also Wednesday, Dec. 8, 2021, at Circle Square Cultural Center. This meeting was well attended by approximately 150 members. Some residents also joined the meeting by webcast. The meeting was an opportunity to discuss community updates and to present a discussion about the additional new neighborhoods of Ashford and Balfour within the Candler Hills Neighborhood Association.

SW 80th Street and the construction of SW 92nd Avenue was also presented. The provision of additional automated entry gates into the community at both the Kestrel and Ashford neighborhoods were reviewed, as well as the fencing and landscaping being installed along the SW 92nd Court Road roadway. A question about timing for completing the final landscaping within Kestrel was asked. It was noted that once all home construction was completed, final landscaping would be installed around the entry gate

The proposed operating budget for 2022 and proposed rule changes were presented to the membership. Both the budget for 2022 and the proposed rules changes were adopted by the board.

The On Top of the World (Central) Owners Association Board meeting was held Tuesday, Dec. 14, 2021, with approximately 300 residents in attendance. The purpose of the meeting was to discuss a general community update, together with proposed rule changes (the proposed rules changes item was moved to the February meeting due to a posting error). The board discussed roof replacement costs for specific homes and addressed suspension of rights for non-payment of community monthly assessments. The board addressed numerous questions submitted by residents at least 24 hours in advance of the meeting.

One question dealt with gate operations and why bicycles and golf carts are not stopped at the entry gates. Another question related to broken sprinkler heads and whether the association would compensate residents for excess irrigation (no, inasmuch as maintenance of the irrigation system outside of the warranty period is the owner's responsibility in certain neighborhoods). Other questions dealt with the expansion of recreational amethe board presentation. Expanding amenities is always nice, but the added operational costs must be absorbed into the monthly community service fees paid by residents. So, timing matters.

The fiscal year 2021-2022 community-wide improvement work was reviewed, and the program was explained in detail. Other programmed work discussed was the addition of new pickleball courts, a substantial amount of roadway resurfacing, and community growth and development update. A look ahead was presented for the proposed Longleaf Ridge recreation amenity.

#### **Winter Weather and Shrubbery**

January can be a tricky month when it comes to the weather. We may have wonderfully warm days, cold nights, and an occasional hard frost. Do not remove seemingly damaged plants prematurely. Plants affected by the cold may surprise you with their recovery. Withhold pruning back until mid-April. There may be several more periods of cold and possible frost before mid-April. Pruning at this point will spur plant growth that is vulnerable to the cold. Rather, wait until mid-April to consider any pruning of owner added plantings. Central Florida generally experiences one cold snap with light frost between March 15 and Easter so be fore-

Lawns and shrubbery will continue to grow, albeit very slowly, when the ground temperature warms above 65 degrees. That said, watering requirements are significantly less during the cooler months.

#### **Predatory Real Estate Practices – Avoid Being Taken Advantage Of**

On Top of the World and sister communities are not exempt from those trends. It's all good until you try and buy another home or find a rental. Part and parcel with this are the fast-buck investors intent on capitalizing on this crazy trend. "Buy low and sell high while the market is hot!" Which brings me to the point of asking, who hasn't received a card or letter in the mail to the effect of "Urgent that you contact me! I'll buy your home." My first thought isn't printable. I'd like to believe this sort of scam violates Florida law. The jury is out on

There's another part of this scam. Perhaps, many of you have seen it. In this one, there's a message on your phone that so and so is in the neighborhood and is looking to buy your home and the condition of it doesn't matter.

If you answer the card, or if you return the phone call, the scammer knows you are interested. You become the "mark" and then they will

prey.
So, what is going on? If you received either of these scams, and that's what they are, you have possibly been contacted by someone

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who either wants personal information and who wants to buy your home cheaply and flip it for a large profit. They make it sound like it's quick and easy money by offering cash for a quick sale of your home

"Cool" you may think but hold on a minute. A sales price isn't mentioned. How do you know what your home is worth? The prospect of easy, fast money and probably without a commission may be enticing, but how do you know if this is a real deal or just another scam to obtain private and personal information from you – which, by the way, is what it is.

For that matter, how do you know what your home is worth on a true real estate market? How would you feel if you left \$20,000 to \$40,000 in real value on the table? This unfortunately happens often. It is common that homeowners, often seniors, find themselves enticed into selling their homes for below a fair market value. Scammers are not stupid. They know that our seniors have the money.

According to the Florida Attorney General's office, retirement communities are target for these predatory home-buying practices for many reasons. We may become frail from illness and need to move to a care facility. Maybe you've lost a spouse and can't bear to be in the home you shared together. Maybe medical debt is a burden, and you see no other way than to get living expenses before going on to Lord knows what.

Often, these "fast money buyers" employ deceptive or high-pressure tactics to cheat an owner out of their home or to obtain personal and private information. I recently read a story of a woman in a downtown Atlanta neighborhood who refused to sell, despite repeated offers. The aggregator reported her to the city for code violations. Finally, after being dunned by multiple warnings from city code enforcement, and lacking the funding to make the necessary repairs, the woman relented and sold for a below-market price. The home shortly thereafter was sold for multiples of what she was paid. Flipping is the term for this practice, and this is the goal to begin with: fast money.

It takes some patience and restraint, but your real estate may be your most valuable asset. Know its

value. Of course, the most reliable way to value your home and to sell it is to work with a reputable real estate brokerage firm and establish an estimate of market value based on recent sales of comparable properties. This is fast and most brokers will do it as a courtesy. Of course, you may be asked to sign a listing contract for the sale of your property. But that's fair if you are serious about wanting to sell.

Finally, a broker moderated sale may take a little longer (not by much in this market!), but you can be comfortable that you are not leaving value on the table.

If you get a mailer, ignore it. If someone leaves a phone message to the effect that he or she is in the neighborhood and wants to buy your home, do not respond. Scammers are everywhere. Sure, we want to trust other folks even when they call or send us a card. We want to do that; but we can't.

#### Safety Tips

For those of you who use dryer sheets, now is a good time to scrub your lint vent with a brush and hot soapy water. Some dryer sheets emit a waxy substance that adheres to the mesh lining of the lint trap screen. If you run hot water over your lint vent and the water does not pass through the mesh, then it is a good idea to clean your lint vent. Consider using wool or plastic dryer balls instead of the dryer sheets.

#### **Conservation Tip**

Depending on the type irrigation system, shaving two minutes off each irrigation run time yields 24 to 36 gallons per zone per run time which can save 103 to 155 gallons per month per zone for once-perweek watering and 206 to 310 gallons per month for twice- per-week watering. Monthly water savings for seven zones may cost in a range of \$1.20 to \$15.95 for once-per-week watering and \$1.80 to \$23.93 for twice-per-week watering depend-

ing on the rate tier.
Please remember to turn your irrigation controllers back to one day per week during Eastern Standard Time (first Sunday in November until the second Sunday in March) as required by the St. Johns and Southwest Florida Water Management District to aid in water conservation.



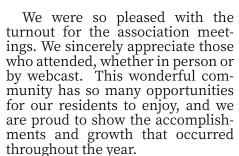


Offering Mohs Micrographic Surgery for difficult skin cancers Treating ALL skin conditions including psoriasis, acne, rosacea, eczema & mole removal Dedicated to delivering expert dermatologic care sinced 1994.

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#### All Around **Our World**

**Lynette Vermillion** (352) 236-0TOW (6869) generalmanager@otowfl.com



This month, we welcome and celebrate New Year's Day Saturday, Jan. 1, and Martin Luther King, Jr. Day Monday, Jan. 17.

#### **Holiday Lighting and Decorations**

Please ensure that all holiday decorations are removed by Saturday, Jan. 16. Live Christmas trees may be placed on the curb in front of your home for pick-up on your neighborhood's regularly scheduled yard debris pick-up day.

#### **Resident Services**

**Community Emergency** 

**Response Team** 

Andrea La Fave

interactions.

tyquiz.com.

Please note that the Resident Services office is closed for 30 min-

You may have noticed more bi-

cycles, tricycles, and recumbents on our roads these days. Our neighborhood provides a pretty safe and

lovely cycling path for that very

healthy sport. But how well do we

know Florida laws and safety techniques regarding car-bicycle in-

teractions? When my husband, a

cyclist, quizzed me recently, I dis-

covered that I didn't know many

of the Florida laws about car/cycle

Fortunately, we have a resident,

Ed Barsotti, program manager with

the Florida Bicycle Association, an

educational and advocacy organiza-

Ed and the Florida Bicycle Asso-

ciation have developed an engaging

quiz you can take on your phone

or laptop as a great way to learn the rules. The interactive resource,

modified for Florida after 170,000

uses in Illinois, includes separate

quiz lessons for motorists, adult cy-

clists, and child cyclists. Diagrams

and pictures are used very effec-

tively. The site to go to is flbikesafe-

choice question for adult cyclists:

ties, under Florida law?

Here's a sample of a multiple

**Q.** Compared to motorists, what

Cyclists have all the rights -

and are subject to all the du-

ties - applicable to motorists,

Cyclists have neither the

same rights nor rules as motorists, but they are allowed

Cyclists only have the same

road rights as motorists if no sidewalk or adjacent trail exists. On all roads, they must follow the rules applicable to

Cyclists have the same legal

rights to be on the road as

are cyclists' rights and responsibili-

with certain exceptions.

to biké on roads.

a motorist.

utes during the noon hour to sanitize the lobby. Resident Services is closed the third Wednesday of every month from noon to 1 p.m., which falls on Wednesday, Jan. 19, this month. Resident Services may be reached at (352) 236-OTOW (6869) or otowservice@otowfl.com Monday through Friday, 8 a.m. to 4p.m., or in person by visiting Suite 500, in Friendship Commons, Monday through Friday, 8 a.m. to 4 p.m.

You may wish to complete your maintenance request online versus stopping by the office. Visit OTOW-Info.com, click on "Maintenance Request" on the top ribbon and enter your request. Be sure to scroll down to enter the service you are requesting and click submit.

#### **Food Drive**

The annual food drive ran from Nov. 15, through Dec. 13, 2021, and thank you to the wonderful outpouring from our residents. We have a very generous group of people, and we appreciate your support each year as we help Interfaith Emergency Services fill their food pantry.

#### **Resident Lamp Posts**

Since it gets very dark earlier this time of year, please check your

> motorists. They are encouraged but are not required to

Here are sample multiple-choice questions for motorists:

crashes between vehicles and adult cyclists - the motorist, or the cy-

Motorists are more often at

road?

- cyclist is already in the half of the road (or driveway/entrance) the vehicle is turning
- Yes, when the bicyclist is already in - or near - the half of the road (or driveway/entrance) the vehicle is turning

we always welcome your attendance at our Community Emergency Response Team meetings, which are held the second Tuesday of most months. Our next meeting is planned for Tuesday, Jan. 11, at 9 a.m. in the Arbor Conference Center Event Room. For more information and to confirm the date, please contact Debra Snyder at (412) 443-

RESIDENT ID CARDS

Resident Services
8 a.m. to 4 p.m.

Monday through Friday
Closes at noon for 30-50 minutes for 30 minutes of sanitizing.

follow motorist laws. Cyclists should bike defensively.

**Q.** Who is more often at fault in

- Adult cyclists are more often at fault.
- **Q.** When motorists turn off a road, do they have to first yield the rightof-way to cyclists (and pedestrians) on the sidewalk or trail along the
  - Yes, but only when the bi-

  - No, legally, the bicyclist must yield the right-of-way in each situation.

Explanations in the quiz feedback are clear and thorough, giving us insight into the rules of the road. Resident bicyclists and motorists alike are encouraged to take the quiz. We'll all get where we're going more safely!

ing order. These lamp posts are an important part of the community, allowing emergency vehicles to identify homes and walkers to have visibility. We also remind you that colored bulbs are not allowed in lamp posts at any time. **Vendors** 

Periodically, complaints are received about vendors and are noted. Depending on the complaint, vendor names may be pulled from the vendor list if the complaint warrants. This could be temporary to cure the complaint, or it could be permanent. When you visit Resident Services to apply for a modification request, we verify that the vendor you have selected has provided (1) proof of insurance, and, if required, (2) a license to do business in the State of Florida. The vendor certificate of liability is kept on file until expiration.

lamp post to ensure proper work-

On Top of the World does not check backgrounds or vet other information regarding any vendor, nor do we recommend any vendor. We urge you to review any complaints from other residents about the vendor you are selecting. We recommend residents obtain at least two bids from vendors. If a deal seems too good to be true, it probably is.

#### **After Hours Non-Medical Emergencies**

On Top of the World (Central) Owners Association members,

please notify Resident Services first before contacting an outside contractor for repairs such as roots in water lines, sewer backups, sprinklers damaged by mowers, etc. If it is after normal business hours and you experience some manner of non-medical emergency, such as a backed-up commode, we ask that you please call 236-OTÓW (6869) for assistance. Even though Resident Services is closed, the number is answered 24 hours a day and you will be able to speak with an afterhours representative, who, based on the reason for the call, will provide direction or dispatch an afterhours person.

#### Rule of the Month

We are again receiving complaints on vehicles, especially RVs being parked on the street, and leaving vehicles on the street overnight. Please refer to vehicle rules 'No commercial vehicles or containers of any kind (including but not limited to commercial trucks, vans, pickup trucks, or any vehicle retrofitted with commercial bins and/or racks, roof top carriers, flashing strobe lights or lettering, trailers, drop storage containers, construction debris containers and dumpsters) and no recreational vehicles of any kind (including but not limited to RVs, campers, trailers and boats) may be parked overnight in the community without the prior consent of the association ..

Best wishes for a wonderful year.







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#### Lifelong Learning

**Michelle Shideler** (352) 387-7571 nichelle shideler@masterthe

It is hard to believe the year 2022 is already upon us, when it feels to me that we just celebrated New Year's Day for 2021. Thank you to the Master the Possibilities students for making 2021 a successful school year! Our entire team of staff, faculty, and volunteers is looking forward to our 2022 new year's resolution of furthering the mission of lifelong learning here at Master the Possibilities.

The season for resolutions and new beginnings is visiting us again. Now is the time many individuals set personal goals to eat better, exercise more, make new friends, or become reacquainted with friends from times past.

One might not realize that a resolution to receive more education may just in fact help reach some of the above popular new year's goals. Here is where Master the Possibilities can help start the new year by being the outlet for creating steps to reach those personal goals. A person may ask how that is possible.

Our team of faculty at Master the Possibilities has the skillset and knowledge to guide classroom participants on hundreds of topics, including health and wellbeing. As a matter of fact, the Health & Wellness section of our curriculum has more than 100 course topics a participant may wish to further explore, making this one of the largest areas of educational focus in our catalog of events. A bonus to attending classes in person is the chance to meet new people or become reacquainted with friends in the classroom.

New year's resolution lists could also include learning a new hobby or skillset, traveling the country or world, or even experiencing all 861-9751.



there is to see and do in this new hometown for some. The passionate and experienced faculty members at Master the Possibilities have the knowledge to help guide a person in the right direction, give the tools for learning more, and then offering additional resources to help those who wish to meet these resolutions, and possibly surpass

Where does one start? Pick up the new January through June 2022 catalog or visit our digital catalog online at masterthepossibilities. org. For those who may have questions about a course, feel free to stop by our main office for assistance. Chances are, either the volunteers or staff members have participated in the course of question and will be happy to assist. If our team does not have the answer, we can reach out to the instructor of that course and have that person reach out for further clarification.

Our main office is located at the Master the Possibilities Education Center at Circle Square Commons. Office hours are 9 a.m. to 4 p.m. Monday through Friday. Sid's Coffee Shop & Deli is in the same building, so stop by and grab a coffee or treat while visiting our center. To reach our team by phone, call (352)

#### Finding Zen

**Christina Shearer** info@sholompark.org



The busy holiday season has passed, and a new year is here. Now what? Don't worry! Sholom Park has plenty for you to do in 2022. We have a great lineup of enriching, educational, and enchanting events that will keep you entertained and engaged from winter through spring.

Activate your learning skills at our L.E.A.F. Series on the third Friday of each month and learn, explore, appreciate, and focus at Sholom Park. Our special guest speakers will bring an array of knowledge and expertise from nature to nurture the body, mind, and spirit. Beginning January, create a "New You in 2022" with fitness experts Cammy Dennis and Jessica Pinkowski. "Love is in the Air" in February with bird expert Norm Lantz. Discover the joys of "Backyard Butterflies" with Master Gardener, Patricia Burns in March. Then in April, find out how to successfully grow "Florida-Friendly Fruit Trees" with UF/IFAS Land-

scape Agent, Amanda Marek. Finally, in May we wrap up our L.E.A.F. Series with a "Mindful Music" pre-sentation with Reiki practitioner, meditation, and mindfulness facilitator Kellyann Binkowski.

Learn something new in 2022! For additional L.E.A.F. Series information and registration, visit sholompark.org/leaf-series/.

Experience an evening at Sholom Park at our Sunset Cinema movie series on the first Friday of the month featuring the upcoming films "Tesla," "Blithe Spirit," and "Going in Style." The Park After Dark world tour entertainment and concert series happens on the third Thursday of the month with live musical entertainment and virtual views as we visit Spain, Italy, and Ireland. Both after-hours series conclude in March.

The gnomes and fairies return to Sholom Park Sunday, Feb. 27, for Fun at the Park's third annual Gnome and Fairy Festival. And you don't want to miss our new Spring Strings Concert featuring The Harp Twins. It's the harp like you have never seen or heard before.

For more information, visit sholompark.org or follow us on Facebook for up-to-date event details. A special thank you to our event partners at Master the Possibilities Education Center.

#### Avalon **Social Group**

Karen Volpe &

Mark your calendar for our next event which happens to fall on Valentine's Day. Due to the timing of our event, the previously planned "Night at the Races" will be moved to spring; and a special night is in the works for Monday, Feb. 14.

We are also scheduling a plan-

There are three ways to keep in-

formed of upcoming events: email, Facebook group, or flyers at the postal center.

If you would like to be added to our email list or to verify that you are on the list so that you can be notified of future events, please email your request to avalonsocialclub@ gmail.com. For up-to-date Avalon news and upcoming events, we also encourage you to join our Facebook group (Avalon Social Club). This is a private group, and you will be asked for your address to verify that you are an Avalon resident. If you have trouble finding the group or getting in, please email to the address above and we'll send you the link to the group. Activities and events will also be posted at the postal center.

# Sharon Hall

Stayed tuned for more information.

ning session for early January, so stay tuned for further information on that as well.

**ITEMS FOR SALE?** 

Email your ad to otownews@otowfl.com by noon on the 12th of the month.

See Classifieds page for more information.

#### **GOLF CART REGISTRATION**

Bring golf cart, resident ID and insurance policy (stating amount of bodily injury).

All residents in household must be present.

Resident Services 8 a.m. to 4 p.m., Monday through Friday No inspections during inclement weather. Closes at noon for 30-50 minutes for 30 minutes of sanitizing.





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# **Know and Love Thy** Neighbor

**By Elaine Morrison World News Writer** 

Be honest. What would your immediate reaction be when upon moving into your new home and your neighbors come over to introduce themselves and look you in the eye and tell you, "We met in prison?" A bit unnerving or perhaps disconcerting? Maybe?

Of course, the explanation was that they both were officers in the New York Department of Corrections, Brenda McCray being at one time the only female correction officer at Attica (yes, that Attica) and Frank McCray Jr., a superintendent supervisor and administrator for most of the prisons in New York

Born and raised in Buffalo, New York, Brenda married and raised two daughters. Before becoming a correction officer, Brenda worked in mental hygiene counseling adolescents. She has fond memories of experiences with the youngsters and derives great pleasure in knowing that her kind and generous spirit made a positive impact on their

After taking and acing the civil service exam to become a correction officer, Brenda ran up against a wall, literally. She just could not get over the wall, a necessary requirement for final qualification. Two officers came to her assistance and, with their encouragement, she finally accomplished the feat.

As the only female correction officer, Brenda was issued the smallest male uniform available, but she put her foot down on wearing the assigned boots, claiming they were just too mannish. A happy solution was reached, and she was able to wear comfortable ladies' flat black shoes.

Miss Brenda, as the inmates liked to call her, had many unique experiences, such as the way she learned to make sweet potato pie while she had mess hall duty, and the time she bumped into the notorious "Son of Sam" inmate, David Berkowitz, on a staircase landing. She thought he was some old man, but he called out to her, "Do you know who I am?" She did not realize who he was until later.

While not a name dropper, she can say that, after meeting Willie Nelson at a social gathering, she asked, and he graciously agreed, to come to the prison and give a concert for the inmates. She also knew O.J. Simpson through a friend who played for the Buffalo Bills, and all she can say about that is "He sure did like to drink orange juice."

Her most harrowing experience came during the time of the officers' strike when she unwittingly became a scab and was unable to exit the facility for 19 days. "My mother had to bring me some clothes, and I had to endure the strikers singing parody songs about me (on the outside)," she recalled. Eventually peace returned, as did better working conditions.

Through the years Brenda received some wonderful tributes from inmates in the form of letters, poems, and artwork. Sadly, she was unable to respond to them.

Recently, while at a local pharmacy, she was approached by a man who recognized her from her prison days. As she was unable to place him in her memory, let us assume he was a coworker, not an

With her large collection of el-



Brenda and her cactus.

good luck, Miss Brenda can boast that she has the most beautiful and abundant cactus plants - in all the southwest (Ocala) that is. Planted from seedlings by her daughter many years ago, the plants produce beautiful cactus flowers in

ephants, trunks up, naturally, for season and cactus fruit the rest of the year. And while their prickly needles provide a natural barrier, Miss Brenda's years working in an iron bar barrier environment have aided her appreciation for the good and the bad in mankind.





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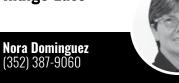
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#### **Indigo East**



Wishing you a happy, healthy, and safe new year! Welcome to all new residents.

#### **Happy Hour\***

Happy Hour with live entertainment takes place every Friday, from 5 to 8 p.m. at the Indigo East Fitness Center pool deck and veranda. This event is free for Indigo East residents and \$5 per guest. You may bring your own chair if Happy Hour is outdoors. During inclement weather, Happy Hour will move inside the Indigo East Community Center. Bring your own cocktails

and snacks.

The upcoming live entertainment is as follows:

- Jan. 7: Solid Gold
- Jan. 14: Bad Kitty Jan. 21: Shawn Åsh
- Jan. 28: Debbie Owen and Tony T.

#### Trivia Night\*

Trivia is held the second Monday of each month. Join us Monday, Jan. 10, from 5 to 7 p.m., at the Indigo East Community Center. DJ David Conrad will run the event. The cost is \$3 per resident and \$5 per guest. Teams are composed of eight players and compete for prizes and bragging rights. You are welcome to bring your own beverage.

#### Name That Tune\*

This is a new event for Indigo East residents, due to popular interest. DJ David Conrad will run Name

That Tune every fourth Monday of each month. This month, join us Monday, Jan. 24, in the Indigo East Community Center from 5 to 7 p.m. Cost and team make up is the same as trivia. Teams can either be the same as trivia or new eight member teams can be established.

#### Karaoke\*

Karaoke is held on the third Thursday of each month. This month, karaoke is scheduled from 5 to 8 p.m. Thursday, Jan. 20, at the Indigo East Community Center.

#### **Social Hour**

On Wednesday, Jan. 26, in the Indigo East Community Center from 5 to 7 p.m. leisurely meet other Indigo East residents. Entertainment for the evening will be provided by George Durham. This is a free

#### **Meet, Greet and Coffee**

On Wednesday, Feb. 16, Program Manager Theresa Fields will hold a presentation on what is going on in the community. Get in the know! This event will take place in the Indigo East Community Center at 9

#### Jumble Sale\*

It's time to clean out your closets and sell, sell! On Friday, Feb. 25, we will have a Jumble Sale from 9 a.m. to noon at the Indigo East Community Center. Tables are \$8 per table and go on sale Monday, Jan. 17.

\*To register, visit the Indigo East Fitness Center office. Payment is required at the time of registration. No refunds will be issued 14 days or fewer prior to registered event. Resident IDs must be presented at all events and when purchasing tickets.

#### Indigo East **Social Committee**

**Janice Liberton** 

The Indigo East Social Committee recently sponsored three successful events in December 2021 golf cart parade, Christmas dessert party and ladies luncheon. Thank you for your participation in these

We look forward to all the events the new Indigo East Social Committee board members will put forth in 2022. We extend a special thank you to all 2021 board members for their time and talents in providing Indigo East with many fun events.

Do you have any New Year's Eve/ Day traditions? Throughout the years, I have experienced many traditions that also included the types of food to eat and not eat on New Year's Day. I have been to many parties, but the best parties

Those memories are etched in my brain, and they evolved into my own traditions.

On New Year's Eve, Chinese food is the main course. The meal is followed with dessert and coffee. In years gone by, I used to stay awake long after midnight with friends and ushered in the new year across the U.S time zones. Now as a mature adult, the sandman pays a visit around 10 p.m. I set an alarm for 11:50 p.m. so that we could wake up from our naps and see the Times Square ball drop and toast in the new year.

During my childhood years, we celebrated all holidays with family. New Year's Day would be a huge family gathering with a holiday feast. We were not allowed to eat anything round, because our luck would roll away. We also did not eat anything that flies, so no chicken or turkey on that day because our new year luck would fly away. The feast began at noon, and ended around 8

followed by a roast, mashed potatoes, and many vegetables. The dinner was always early afternoon because the carefully planned day also included time for a course of fresh fruit and nuts, then sandwiches around 6 or 7 p.m. and finally dessert. The day ended with a homemade sheet cake, and homemade cookies in various shapes and sizes, but not round.

Today, my New Year's Day consists of brunch and then running to Dillard's for their fantastic sale while my husband sits home and watches football. Yes, I make a roast for dinner and do not eat the foods that were taboo during my childhood. The many silly traditions that I was raised with remain with me today, not because I'm superstitious, but because it brings back fond memories of happy days gone by.

I would like to take this opportunity to wish everyone a happy, healthy and prosperous new year. As usual, I'll see you around the **Williamsburg Neighbors** 

**Ginny Nardone** 



2022 has arrived, and with it brings some changes and new opportunities to explore. Williamsburg is no exception in that regard. After several years of service, I have decided to step down as neighborhood coordinator. I am very grateful for the support the community has given me during my service.

It has been a while since a small group of Williamsburg neighbors began its quest to revive the organization to its original excitement and activity. Now Williamsburg is once again a very social and busy place! A huge thank you to all who attended the socials and other activities in the community, and kudos to those who stepped up to improve our finances, the spring picnic, fall social, holiday party, and for making the many adjustments that were needed to adapt our social activities to keep us connected in 2020.

Many hands are always needed to make a community successful, and that tradition continues as Jill Carel assumes the neighborhood data-base duties and as Carmel Kessler will assume the role of Williamsburg World News columnist. We are grateful for their willingness to be a part of our neighborhood organizational structure.

The Williamsburg annual meeting will take place on Friday, Jan. 14, at 1 p.m. in the Hobby Building Event Room. This is a vitally important meeting as Williamsburg charts its course for 2022 and beyond. Please plan to attend and bring your ideas and community support to take our neighborhood to the next level.

If you are new to Williamsburg and would like to be added to the database, or have updates to your contact information, email Jill Carel at jilleroni@gmail.com with your additions or changes.

**LOST OR FOUND A PET?** Call the SPCA of Marion County hotline at (352) 362-0985.









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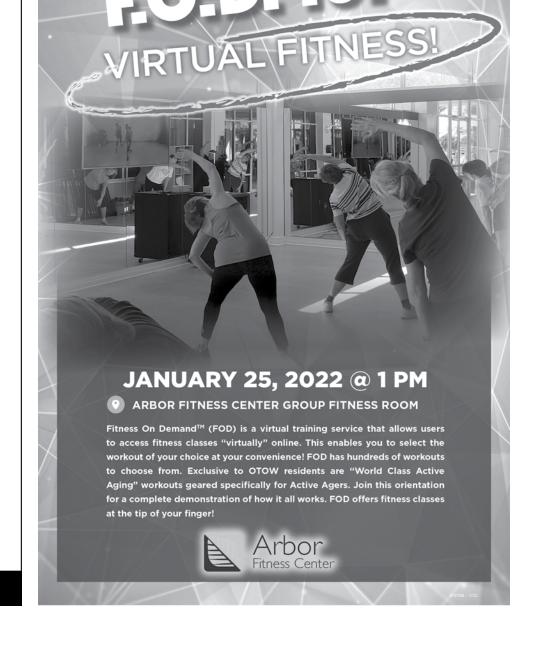




Live your best fittest life in Ocala, Florida! Visit the 2022 Health & Wellness Expo at Circle Square Cultural Center to chat with Marion, Citrus, and Lake County healthcare providers!

Enjoy live fitness demonstrations from the On Top of the World fitness staff and The Ranch Fitness Center & Spa team!

For more information, please contact the Recreation Center office at 352.854.8707 ext. 7533 or 7530.



#### The Lodge at **Candler Hills**

Cassie Cummings (352) 387-9508 thelodge@otowfl.com



Happy new year! Let's kick off 2022 with fun events for our Candler Hills residents at The Lodge at Candler Hills!

#### **Happy Hour**

Happy Hour takes place every Friday in the Ballroom from 5 to 8 p.m. Bring your favorite beverage and snack of choice. Enjoy a night of dancing, clapping, and socializing. Entertainment is as follows:

- Jan. 7: Crossfire
- Jan. 14: Rear View Mirror Jan. 21: Rock Solid

#### · Jan. 28: Automatic **Social Night**

Join us Tuesday, Jan. 11, from 5 to p.m. in the Ballroom for two hours of easy listening music by Paul De Ritter. Bring your own beverage and enjoy light hors d'oeuvres (while supplies last). This is a great opportunity to meet new neighbors.

#### **Coffee & Conversation**

Get in the know as we share information on upcoming events and social gatherings for the year in the Ballroom Wednesday, Jan. 19, from 10 to 11:30 a.m. A continental breakfast will be provided.

#### **Kocktails & Karaoke\***

ings."

On the fourth Thursday of every month, enjoy singing, dancing, and clapping with other Candler Hill residents. Bring your own cocktails

Questions regarding the ambas-sador program should be directed

to Pat Diaz-Verson at pdv@bellsouth.net. We welcome Pat back to

the board to fulfill the term of Amy

rick's Day party will be held Satur-

day, March 19, at The Lodge at Can-

dler Hills. More information will

New residents of Candler Hills

log onto candlerconnection.org

and fill out the form to receive "The

Happenings" by email. 1,506 Can-

dler Hills residents receive this e-

publication to learn about events

book group has 1,250 members. This closed Facebook group is a

good source of information for Can-

**Shop 'Til You Drop!** 

The Candler Connection Face-

The spring dinner dance/St. Pat-

Waller who recently resigned.

follow in February.

and activities.

dler Hills residents.

and join us Thursday, Jan. 27, in the Ballroom from 5 to 8 p.m. Guest fees are \$5 per guest and a resident must accompany all guests.

#### Wine Social\*

Enjoy a relaxing wine social with your neighborhood friends as you snack on a charcuterie of imported cheese and seasonal fruits. Prestine Allen will play your favorite tunes Thursday, Feb. 3, from 5 to 7 p.m. Tickets are \$12 per resident and \$15 per guest accompanied by a resi-

\*To register, visit The Lodge at Candler Hills office Monday through Thursday, 9 a.m. to 8:30 p.m.; Friday and Saturday, 9 a.m. to 9:30 p.m.; and Sunday, 9 a.m. to 7 p.m. Payment is required at time of registration. No refunds will be issued 14 days or fewer prior to the registered event. Resident IDs must be presented at all events and when purchasing tickets.



CONGRATULATIONS

Birthdays - Weddings - Anniversaries

Please email birthday, wedding or anniversary announcements to otownews@otowfl.com by the 12th of the month.



#### Candler Connection

Debra Keirn



Happy 2022 to everyone!

The holiday dinner/dance was a huge success; 184 Candler Hills residents enjoyed an evening of socializing, dancing, and celebrating the holiday season. Thank you to all who worked diligently to make this event possible.

The first potluck dinner of the year is Tuesday, Jan. 25, at 5:30 p.m. at The Lodge at Candler Hills. The theme is ethnic, so please prepare a dish for 10 to 15 people showing your ethnic background. Those residents with last names beginning with A-I bring a salad or side dish; J-Q dessert; and R-Z main dish. \$1 cost per person covers eating utensils, plates, napkins, and decaffeinated coffee. Please RSVP to Deb Keirn by phone or text at (814) 571-7908 or email to arthurkipdeb@verizon. net. Please label your dish with ingredients and the country your dish represents.

The speaker series, chaired by Doug Dahlen, will continue at 3 p.m. at The Lodge at Candler Hills as follows:

- Wednesday, Feb. 16: Doug Hart with Seniors vs. Crime Project.
- Thursday, March 17: Lacey Larramore with Marion County Waste Disposal.
- Wednesday, May 18: Brian MacNeal with Florida Crime

Prevention. A casino night charity fundraiser will take place at The Lodge at Candler Hills Wednesday, Feb. 23, from 5:30 to 8:30 p.m. Tickets go on sale from 10 a.m. to noon at the Candler Hills Community Center Tuesdays, Jan. 4, 11, and 18; and at The Lodge at Candler Hills Thursdays, Jan. 6, 13, and 20. This bring your own beverage (BYOB) event will include snacks. Watch for more information in the January "The Happen-

#### Friendship Connection

**Carron Janssen** 



Wow! It's hard to believe this is the first column for 2022! I hope everyone had a wonderful, healthy, and happy holiday season. January is bringing more changes to our Friendship Connection group. We now have a website, otowfriendshipconnection.com, and a new email address, info@friendshipconnection.com. For information on our upcoming events, or anything else related to Friendship Connection, you will now be able to check in multiple places.

Our next event is on Saturday, Feb. 12. It will have a Mardi Gras theme and the food will again be prepared by a local restaurant. We will be in the Recreation Center Ballroom from 4 to 6 p.m. Entertainment will be provided by Kathy and Charlie Petrosky. As usual, there will be door prizes and 50/50. For sale dates, times, and cost of tickets, please see our website or

Facebook page. Saturday, April 9, will be our Kentucky Derby-themed event. More information will be provided in a later column, on our website, and

on our Facebook page. Friendship Connection is open to all residents of Friendship Colony, Friendship Park, and Friendship Village only. Our events are scheduled on the second Saturday of every other month from 4 to 6 p.m.

If you are interested in volunteering to help plan, setup, cleanup, or serve please contact Carron Janssen at (847) 529-6183, visit our website at otowfriendshipconnection.com or our Facebook page (Friendship Connection-OTOW), or email us at info@friendshipconnection.com.

The Candler Connection board is expanding from nine to 11 members in January. The annual meeting will be at The Lodge at Candler Hills Thursday, Jan. 13, at 1 p.m. A total of five seats are available due to the addition of two more members and recent resignations. The following Candler Hills residents are interested in joining the Candler Connection board: Linda Agertv. Glenn Cohen, Russ Gemberling, Jeff Gordon, and Meg Kajweski.

The next Candler Connection board is Tuesday, Jan. 4, at The Lodge at Candler Hills at 4 p.m. Any Candler Hills resident is welcome

I look forward to seeing you at future events and around the neighborhood.



www.joylcocala.org

#### Sunday Worship

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Wednesday Worship 5:30 pm

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# **IOIN THE CONVERSATION**

Humanists of North Central Florida (HNCFL)

# WHO ARE WE?

- We are friends and neighbors who enjoy both gathering in homes and restaurants for good food and interesting conversation.
- We support local organizations that help people and animals.
- We attend enlightening lectures, cultural events and just hang out.
- We especially enjoy open minded people who value a respectful exchange of ideas.

# **ORGANIZATIONS** WE SUPPORT

Voices of Change Animal League • Humane Society of Marion County Marion County Children's Alliance • Community with a Heart RAMAL Educational and Social Services

Boys and Girls Clubs of Marion County • St. Pauls AME Food Pantry

# WE ARE HUMANISTS!

We welcome your participation!

www.humanistsncfl.org

#### Crescent Ridge Happenings

**Valerie Ostrom** 



Crescent Ridge neighbors got together in December 2021, at the Veterans Park for fellowship, food, and a white elephant gift exchange. It was quite amusing!

a white elephant gift exchange. It was quite amusing!
Getting to know our neighbors is a very good reason to live here. We look forward to growing our group of neighbors helping neighbors.

look forward to growing our group of neighbors helping neighbors.

If you live in any of the Crescent Ridge neighborhoods, please join us Sunday, Jan. 9, from 3 to 5 p.m. at the Veterans Park. Bring a dish (we have electricity available), your drink of choice and a spare chair (just in case).

Connect with us on Facebook (OTOW Crescent Ridge Neighbors) or send an email to Carol Lewis at crescentridgenhn@yahoo. com. This email has the sole purpose of notifying you of updates and reminders. We look forward to meeting you in January!



Happy neighbors making friends!

#### Newcastle Social Committee

**Sherry Bright** 



Before we look forward to the new year, let's look back for a moment. The Newcastle holiday party was held in December 2021, with a theme of "The Gift of Neighbors." It was indeed a gift! We had a robust attendance of 80 neighbors, a delicious dinner, and fun dancing in a beautifully decorated room.

A contest to create the best centerpiece for our holiday party resulted in 12 amazing submissions by our talented neighbors. Congratulations go out to Jimmy Gilleland, Debbie Kezelian and Debbie Anderson for the winning centerpieces - you get to enjoy bragging rights for the next year!

We also saw very generous donations in support of the Florida State



Photo by Joni Sinclai

Newcastle neighbors.

Troopers Bears and Blankets charity. Mary Beth Bell who helps organize this project sent the neighbor-

hood a nice shout-out on Facebook. We would like to send a huge

thanks to the holiday party committee – leader Jan Christ, Donna Isaac, Nancy Monaghan, and Joni Sinclair – for a lovely evening.

Our first event of the new year will be a Valentine's Day party. Look for more information coming your way in the next few days.

We are looking forward to an castle Neighbors).

active and fun year in 2022! New-castle residents, if you would like to be included in our email list or to verify that you are on the list, please email your request to Sherry Bright at (860) 287-9232 or Meg Kajewski at (540) 272-2247. For up-to-date Newcastle news and upcoming events, we encourage you to join our Facebook group (OTOW Newcastle Neighbors).

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Thank you to everyone who participated in the Holiday Golf Cart Parade on Saturday, Dec. 4, 2021. We had over 100 golf carts participate. The parade included a horse and buggy carrying the 2020 prom king and queen, R/C Car Club, and so many more carts that were beautifully decorated. The Active Singles Club was awarded the trophy for "best in show" this year. The trophy will be displayed at Resident Services. Mr. and Mrs. Santa Claus were seen riding in style on the back of a 1984 El Dorado Cadillac.

#### Ocala's Horse Country Tour\*

Join us Fridays, Jan. 7, and Jan. 21, as we tour the beautiful Florida Thoroughbred Breeders' and Owners' Association Museum with a "behind the gates" tour of two local horse farms for an interactive experience with these magnificent animals. The cost is \$33 per person and includes transportation, museum, and farm tours. This trip requires a lot of walking (rain or shine). Itinerary is subject to change. Lunch is on your own at the World Equestrian Center.

#### Mecum Auction\*

On Thursday, Jan. 13, visit the world leader of collector and classic cars, vintage and antique motorcycles, and road art sales at the Mecum Auction. They are host to the world's largest collector car auction held in Kissimmee, Florida.

If you like auctions and classic cars this is an event you won't want to miss. You will be able to sit down, enjoy a fun filled afternoon of high intensity bidding, and see what some of those dream vehicles sell for on the auction block. Ticket price is \$44 per person and includes transportation and admission into the auction.

If you wish to bid on lots, you must register as a bidder at mecum. com/collectorcars/register-to-bid for an additional fee.

#### **Partner Dance Night**

A night of partner dancing takes place Thursday, Jan. 13, in the Recreation Center Ballroom from 5 to 8 p.m. Ballroom and pattern dancers will enjoy a night of dancing among those who know the dancing etiquette for these beautiful dance moves. Grab your partner and come enjoy a night of dancing. This event is free and guest fees of \$5 will apply; guests must be accompanied by a resident. Please note that dancing etiquette is required at this event and line or single dancing will not be permitted.

#### **Health & Wellness Expo**

The annual Health & Wellness Expo will take place Saturday, Jan. 15, from 10 a.m. to 2 p.m. at Circle Square Cultural Center. This event is free and open to the public.

It's that time of year where health and wellness resolutions are in full swing. There will be over 60 local healthcare agencies, wellness screenings, and fitness demonstrations. The event is sponsored by On Top of the World Communities and AdventHealth of Ocala.

#### Victory Casino\*

An afternoon of gambling is scheduled Wednesday, Jan. 19, on the Victory Casino out of Port Canaveral, Florida. You'll enjoy bingo, entertainment, relaxation, live table games and over 600 of the latest slots. Dine in the Atlantic Café and receive free drinks while gaming. You will receive \$30 in qualified slot play that can be downloaded once you have played and received 12 points. Please note that a valid government-issued photo ID will be required to board. Cost is \$48

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per person and includes transportation, boarding of the Victory Casino, buffet, and \$30 qualified slot play. Please note face masks are required on the vessel.

#### **Social Hour**

Social Hour is now scheduled on the fourth Thursday of every month (except November). Come join us for a relaxing afternoon with friends and neighbors Thursday, Jan. 20, from 4 to 6 p.m. in the Recreation Center Ballroom. You will enjoy easy listening music as Joe Beddia performs. A cash bar and hors d'oeuvres will be provided. This is a free event.

#### **Get Acquainted Coffee**

Join us in welcoming new residents to the community at Get Acquainted Coffee Thursday, Jan. 20, in the Recreation Center Ballroom at 9 a.m. There will be coffee, doughnuts and representatives from various clubs, fitness and more. At the conclusion of this event, we will take you on a short walk to familiarize you with some of the facilities and amenities that are available to residents.

#### **Document Destruction**

Shred Express LLC will be onsite for another document-shredding event Friday, Jan. 21. Come out to the Recreation Center parking lot to dispose of your documents in a convenient and eco-friendly way. Please note you must park all vehicles and bring the items to be shredded to the truck. The cost is \$5 per one-cubic foot (or one standard storage size box).

#### **Jacksonville Zoo & Gardens**

Let's go to the Jacksonville Zoo & Gardens Tuesday, Jan. 25! The trip includes transportation, admission to the zoo, 4D theater, unlimited train and carousel rides, and limited animal feedings. À la cart purchases not permitted. The cost of the trip is \$60 person.

This is the only walking safari in Northeast Florida. The zoo has something for everyone with more than 2,000 rare and exotic animals and 1,000 varieties of plants. You will also find two full size restaurants (Trout River Grill and Palm Plaza Café). There are also snack and drink sites.

#### Club Fair

The bi-annual Club Fair takes place Thursday, Jan. 27, at the Recreation Center Ballroom, from 10 a.m. to 1 p.m. If you are looking for new activities or want to meet new people, our resident clubs are a great choice. Doughnuts and coffee will be for sale by SPCA of Marion County.

#### Pasta Night\*

A pasta night buffet is scheduled for Thursday, Jan. 27, at the Recreation Center Ballroom from 5 to 7 p.m. Fresh Plates Creative Catering will offer a wide variety of pasta dishes and cheesecake for dessert. Reese Norris will provide easy listening music as you dine and there will be a cash bar. The cost is \$16 per person.

#### Tropic Trivia Night\*

Come challenge your neighbors and friends for a fun afternoon of mind-boggling trivia the first Thursday of every month with the next one on Thursday, Feb. 3, at the Recreation Center Ballroom.

We will have tables of eight and you will select your team name.

dent.

December 1: Active Singles; 2: Motley Crew; 3: Bold &

#### Brassy & Rock 'n' Rollers. **Line Dance Classes\***

For fun and fellowship, join one of our dance classes. The following classes will be taught at the Recreation Center every Monday. The cost is \$10 per four-week class per month. Your monthly pass includes practice sessions on Wednesdays.

Choose your class (Improver Plus or Beginner Level II) according to your ability. Class descriptions can be found at OTOWInfo.com. The instructor is Darlene Miller, and she can be reached at darmiller222@ gmail.com.

Currently, the Absolute Beginner and Beginner Level I classes are no longer accepting new students. In January, there will be a free Absolute Beginner line dance class taught by volunteers at the Arbor Conference Center Dance Studios on Tuesdays, at 10 a.m. For more information, call Patty Hainzl at (352) 861-6572.

#### **Tap Dance Classes\***

Have some fun with tap instructor Penny Berton. No experience necessary. She will start with the basics, and you'll find yourself progressing quickly. Join the class, bring tap shoes (or hard-sole shoes), and awaken your love for tap.

There are currently two classes available on Tuesdays in the Recreation Center Ballroom: Intermediate (2:15 p.m.) and Advanced (1 p.m.). Classes are \$20 per person for a 4-week class (monthly).

#### **Beginner Broadway Dance Class\***

Do you love musicals? "Chica-," "A Chorus Line," and "Grease" are just a few of the fun and exhilarating musical dance routines you will learn. This is a seven-week session with no experience needed.

The cost for the two-month class is \$42 per person. Any comfortable shoes can be worn (no sandals, please). Classes are Fridays through February at 1:30 p.m. at the Arbor Conference Dance Studios I-IV.

#### **Ballroom Dance Lessons\***

Butch Phillips teaches social ballroom dancing in the Recreation Center Ballroom. Singles are also welcome as we will rotate partners among all willing students. The three-week class is held on the second, third and fourth Wednesday of each month, from 12:30 to 2 p.m. Cost is \$30 per resident per threeweek class.

Classes include step description for leader and follower, including correct characteristic of dance with an emphasis on lead and follow skills and lots of practice to music. The classes are as follows: January-West Coast Swing: February-Salsa & Hustle; March-Rumba; April-Foxtrot; May-Cha-Cha, and June-Waltz.

#### **Happy Hour**

Join us for Happy Hour every Friday in the Recreation Center Ballroom from 5 to 8 p.m. and outside on the veranda from 3 to 6 p.m. (through March). The Cruise-In Happy Hour will resume Friday, March 18. More information to come.

We will have an additional Happy Hour Sunday, Jan. 16, with Mike & The Band on the Recreation Center Veranda from 1 to 4 p.m.

Entertainment for the month is as follows:

- Jan. 7: Pure Magic (Ballroom); Alan Ross (Veranda).
- Jan. 14: Tim Hargis (Ballroom); Palomino Blonde (Veranda).
- Jan. 16: Mike & The Band (Veranda from 1 to 4 p.m.).
- Jan. 21: Indigo (Ballroom); Take 2 (Veranda).
- Jan. 28: Red Gate (Ballroom); Jo Jo (Veranda).

Individual resident IDs will be required for entry into Happy Hour; anyone not producing a resident ID will be considered a guest and guest fees are \$5 per person. Children under the age of 15 will not be permitted to Happy Hour.

Please note that no outside beverages of any kind will be allowed into Happy Hour.

#### **Recreation & Wellness Connections**

The Recreation & Wellness Connections catalog is now available and is included in all home-delivered January issues of the World News. Be sure to check out the many exciting events and fitness activities planned from January through June. Please note all events require payment at time of sign up. No refunds will be issued two weeks or less prior to the event or trip.

If you did not receive a copy of the Recreation & Wellness Connections catalog, please stop by the Recreation Center or Arbor Fitness Center to pick one up or visit OTOWInfo.com.

#### Stay in the Know

Additional event/trip details are available at OTOWInfo.com by clicking "Activity Info" then "Virtual Bulletin Board" (or scan the QR code below), the Recreation & Wellness Connections catalog, or pick up a printed flyer at the Recreation Center. Please also refer to the monthly event calendar (home delivered with every issue of the World News).

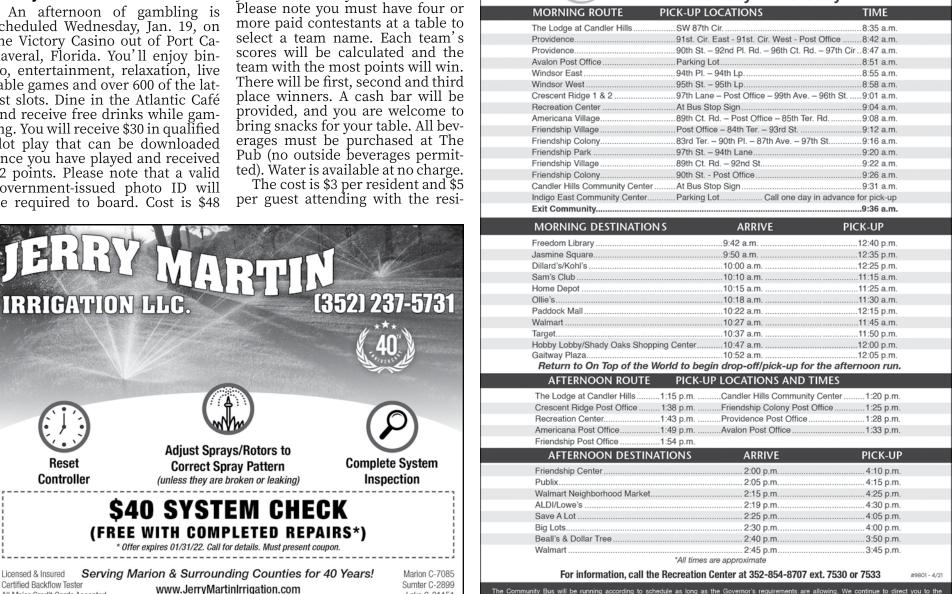
\*To register, call (352) 854-8707 x7498 or x7533. Payment is required at time of registration. No refunds will be issued 14 days or less prior to any event or trip. Events and activities that take place behind the gates of On Top of the World are for residents only. Resident IDs must be presented at all events and when purchasing tickets.



**SCAN ME** 



Monday - Thursday



Lake C-21151

# Come See Your Neighbor - Dr. Dottie - At Her New Office!

She's not just your neighbor! Dr. Dottie Cook is ready to assist with all your healthcare needs, big or small. Dr. Dottie has been a resident of On Top of the World for over 5 years, and dedicated to making and donating countless cross stitch pieces to local veterans.

Dr. Dottie has come out of retirement to make more of a positive impact in her community. Call our office today to make an appointment with her or any of our qualified medical providers!



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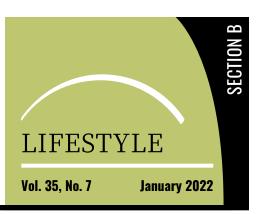
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# On Top of the World. ITEWS

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## **Food Drive Surpasses All Expectations**

By Ray Cech **World News Writer** 

"It was another year of amazing generosity demonstrated by the residents of On Top of the World Communities," said Vanessa Andujar, leader and coordinator of the annual food drive for Interfaith

Emergency Services.

The food drive which started Monday, Nov. 15 and concluded Monday, Dec. 13, 2021, broke all previous records for donations –exceeding well over 10,000 pounds!

Ms. Andujar, new home sales office manager for On Top of the World, and her fourth year coordinating the food drive, said that it was total commitment on the part of volunteers that made the drive such a smashing success. She said, "Thank you to all. I'd also like to give a special shout to Lee Collins and Whit Grice who were responsible for picking up donations and depositing them at the storage facil-

ity. Fran Martin and Gabe McConnell worked tirelessly in getting the word out and putting up posters for the drive. Jeff Downs contributed by contacting clubs and getting their donation commitments.

There were 15 drop-off locations throughout the community. Residents were then able to simply drive up and leave their donations. Collins and Grice would make their rounds once, and sometimes twice a day to gather up the donations and get them into storage. Pasta, pasta sauce, peanut butter, and cereal were again some of the most popular donated items.

This past year was especially difficult for many families in Marion County. But through the generosity of On Top of the World residents and the time donated by Vanessa Andujar and her volunteers, their burden will be lightened.



Lee Collins sorting food drive donations.

# Where in the World?

Wow! Another year – already! Guess when you're in the second half of this wonderful life, things move more swiftly - time that is -

Last month's "where in the world" entry had me fooled. Its form, looking more like a vine, concealed its identity. The red color of the new stems, the alternate leaves and the leaves oblong and narrow at the base revealed it as a flag paw-paw. By the way, pawpaw gets its name from the similarity of its fruit to the papaya.

This now miraculous beauty has been featured at least once before over these 21-plus years of Na-tive Plant Group columns. She's coming up again now because of her blooming mid-winter to early

In a week or so, if you are visiting Rainbow Springs State Park, this us know by calling (352) 861-4560. charmer will dazzle your mind as you enter. To my mind it belongs in A Florida native plant awaits if you are "spot on." every yard and entryway.

Now for some clues to entice you to "play," where in the world does this shrub grow?

This species and her cousins "prefer" soil that is more acidic ing!

than neutral. She will flourish in areas that are shaded by deciduous trees (those that lose their leaves in winter). She's not blooming now; but if you look closely at the tips of the branches, you'll see the small whitish buds looking ready to burst.

The ones that we (our family) know about are growing very close to us and near the red cedar and sand live oak that we've featured

Craig Huegel, author of "Native Florida Plants for Shady Landscapes" states, "This species has a simple elegance and highly fragrant flowers. Though they bloom for only a few weeks each spring, their impact on the landscape can be significant."

This should be sufficient to give you success in locating her in our community. When you find her, let

Join us as well as members of the Native Plant Group dedicated to maintaining our native projects. Just call the above number.

Growing native - it's exhilarat-



Where in the world does this shrub grow?

# **'Tacky Tea' Fundraiser**

**By Gail Morris** 

fellow residents. Thank you for all your food gifts and Toys for Tots donations that you provided. The holidays are over, and we are starting a new year. How did that happen?

Our Lions are looking forward to our "Tacky Tea" Sunday, Jan. 16, in the Recreation Center Ballroom. The \$20 tickets have been on sale since Dec. 1, 2021, and we will continue our sales every Monday, Wednesday, and Friday from 9 to 11 a.m. in the Recreation Center. This event is our annual fundraiser, which will help us provide for others, including the Ocala Ritz Veterans Village and Interfaith Minis-



"Alice in Wonderland" tacky hat.

Greetings to all our generous tries, just to name a few in Marion County.

> Get ready for some fun at our "Tacky Tea" – tacky being the operative word. I hope you have been thinking about a tacky hat you can create or what gorgeous hat you have that you'd like to show off or maybe you've been getting creative and making or embellishing a favorite hat to enter in our contest and you'll be the \$100 winner. We are asking our residents to participate in at least one of our hat categories for the prize of \$100 per hat category. The prize categories are the tackiest, most attractive, and most creative. Come model your prize-winning hat.

> We will have "finger" sandwiches and "biscuits" as well as both hot and iced teas. This event is going to be a fun food and entertainment event. We will have a 50/50 drawing, at least 10 baskets for silent auction and our hat competition.

> If you know of someone in our community that is need of an eye exam or glasses or any sight issues that are beyond their financial means, Lions are here to help. We have an application process and multiple ways to assist.

> Our meetings are the second and fourth Tuesday of each month in the Arbor Conference Center Event Room at 5 p.m. If you would like further information, you can contact Estelle Michelson, our membership chair, at (352) 861-7358 for more information.



# **Giving the Gift of Time**

By BJ Leckbee **World News Writer** 

Many of our clubs regularly contribute food, clothing, dollars and more to organizations whose purpose is to help those in need. Now several of our residents are forming a club to benefit our neighbors here in On Top of the World. They are offering the gift of time; that is, time spent with an individual who is temporarily in need of a friendly visitor to connect with, if only for a

Phyllis Silverman has seen this need and is acting on it. She is setting up a "friendly visitor" program to provide one-on-one connections with residents. Those who ask for this service will have a visitor enter their home for an hour of friendly visiting, conversation, crossword puzzles or a card game.

The visitors will not provide transportation, or services, but hope to offer companionship and a one-on-one connection.

Phyllis believes, "It's important for older adults to maintain their independence while feeling remembered, safe, and able to enjoy one-on-one connections. We hope that people will step forward and ask for a visitor. We are all neighbors here and it's always all right to ask a neighbor for help."

The Friendly Visitor Club does not hold regular meetings; they stay in touch with phone calls and an occasional get-together. To volunteer or to request a visit, call (352) 440-3876.

The World News January 2022



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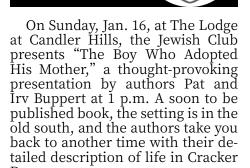
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Betty Thayer, first vice president of Women of the World, surrounded by donations for Arnette House.

#### The Jewish Club

Nancy Meininger



Days.

Setting the bar higher each month, the Jewish Club just closed a season to remember. There was a private concert with Sheba, Queen of the Blues, an Emmy award nominee; followed by a barbeque picnic for over 120 members, paid for by the club; and a Hanukkah party with doughnuts and gelt and an hour of Hanukkah favorites sung by Theatre Group vocalist, Harry Boyajian, a former member of the Stan

Kenton Jazz Orchestra; followed by results of the special board election to replace two members in the 2022 season.

Why has this club seen such dynamic growth (now approaching 250 members)? President Rick Carel and the board feel the right players are in the right positions on the team. Their talents are being fully utilized. Every team member is pulling for the club and volunteers continue to pitch in.

So, what's next? In February, speaker Gorham Black III will tell us about his travels with Martin Luther King Jr. In March, a Purim play, tongue-in-cheek fun the audience with love. In April, a taste of Passover, a teaching seder full of tradition. In May, another barbeque! Who could ask for more?

The Jewish Club is a social group rooted in Jewish values and traditions. We accept all faiths and residents.

We care. We share. We get things done. Find us on Facebook (Jewish Club of OTOW) or call Nancy Meininger at (352) 342-9757 for more information.



Members enjoyed schmoozing at the picnic at Veterans Park.

#### Women of the World

Anna McGonigal



I have only lived here for two years and can't imagine a better place to live. I am proud to say that I am a member of Women of the World. There are 170 members in this wonderful organization and over 110 attended the December meeting. Once again, the members have opened their hearts and purses and contributed to those in need in Marion County.

The Arnette House was our charity for November. Members picked names of children off our tree and purchased Christmas gifts for them. Members who did not get a name, purchased gifts for the common room and children's gifts in general. The members brought their gifts to our December meeting. One side of The Lodge at Candler Hills Ballroom looked like a toy store. We received everything from board games to bicycles. I felt like I could cry with gratitude for what these women had done for the children, but their generosity didn't end there.

Our December charity was the Ocala Domestic Violence Center. The other side of the room looked like a department store. It was filled with donations of pillows, sheets, towels, diapers, and personal toiletries. Two vans full of donations were delivered to the shelter.

Dr. Judy Wilson, director of the shelter, was our speaker at the meeting. She gave a very sobering speech about her work. Not only is she the director, but she

also oversees the Rape Crisis Center and Guiding Hearts Advocacy Center. These organizations offer attorney services, counselors, a 24-hour safety hotline and shelter for abused women and their children. Dr. Wilson expressed her extreme gratitude for all the donations the members made to the shelter.

Operation Shoebox was not forgotten, and members filled a table with donations for our soldiers overseas. Sandy Selesky shared a few notes written by soldiers expressing their gratitude for the packages Operation Shoebox sends

After the general meeting concluded, the members were entertained by Kathy and Charlie Petrosky from Karaoke Friends. Kathy led the group in singing a "senior" rendition of "The 12 Days of Christmas."

Next month, our speaker will be Peter Whirle from Helping Hands. Helping Hands is a non-profit charity serving Marion County to provide shelter and assistance for the homeless. Donations being accepted include pots, pans, cooking utensils, silverware, towels, and detergent.

Please note that the next meeting will take place the second Friday of the month, Jan. 14, at 12:30 p.m. in The Lodge at Candler Hills Ballroom. Tickets for the annual fashion show will be sold at this meeting. Members can purchase their tickets from 11:30 a.m. to 1 p.m. Please remember to bring your resident ID or Gateway of Services pass.

**BE A GOOD NEIGHBOR** Pick up after your pet.





#### **Tech Tips**

**Shane Bobson** info@mybridgenet.com



#### Mesh Wi-Fi

Mesh networks are a great way to expand the wireless connectivity and reliability of your home. Most homes have a Wi-Fi router that connects to a modem, or it could be a modem/router combo that is built into one device. Any devices that are connected to the network can connect to each other and ultimately connect to the internet.

A mesh network uses a main hub that connects to the router and then connects to other identical hubs that are spread throughout different locations in a home. This creates a network that increases range

#### HANDICAP EQUIPMENT

Handicap equipment is loaned free to residents during their convalescent term - walkers, crutches, canes or wheelchairs. For more information, call the Recreation Center at (352) 854-8707 x7534.

and speed.

Mesh Wi-Fi allows for faster speeds, better reliability, and greater wireless coverage of your home than a conventional router would. They are very scalable and quick to customize as systems. If you are having trouble with only one corner of your home, it's easy to expand a mesh Wi-Fi network and build the home networking solution that makes the most sense for your circumstances.

The key difference between mesh systems and traditional routers is that the former is centralized while the latter is not. With an oldschool router, all wireless traffic will rely on this single access point, while mesh Wi-Fi systems have multiple access points. This fundamental difference can allow some mesh-based networks to offer better real-world coverage and speeds in some - but not all - situations. If you live in a large home or one with multiple floors, you're going to notice more of a difference than you would in a small, single-story

For more information on the best ways to optimize your home's internet performance, contact Bridgenet Communications at (352) 873-4817.

#### **Computer Club**

#### **Chris Kilbride**



Every Saturday at 9 a.m. the Computer Club meets for an hour via Zoom to answer both PC and Apple related questions regarding software and hardware. Our otowpcclub.org website will give lots of great information about our group.

Getting lots of spam in your daily emails is unnerving. First thing to do is change your email password. One caution is to not unsubscribe within an email. That verifies that your email is a good one, hence you'll be getting more spam! Just hit the delete button. Don't even go into the email to check it out, since tiny graphics within the email send a signal back to the spammers that you looked at their spam email.

Where have you gone on the internet? Try ďuckďuckgo.com as your internet search engine since it doesn't track you. They also show you a list of who is tracking you at each website you visit, sometimes up to 30 or more trackers!

Within your mailbox, you can mark an email as spam, and your email provider (Google, Yahoo, etc.) will train their algorithms over time to put it in the spam folder. If an email asks for personal information, report that as phishing. Report getting lots of spam also to

now your name, email and phone are sold as data to many other com-

#### RECYCLE OFTEN. RECYCLE RIGHT. Visit OTOWInfo.com for a list of

acceptable items to recycle.

your email provider. Sometimes you sign up for a company's newsletter or perks and

fer suggestions and possible solutions to help our members. Hope to see you on Saturday! Travel

**Anne Parker** 

**Toppers** 



The officers of Travel Toppers wish you and yours a very happy new year!

panies not even remotely affiliated

with the company you know. When you sign up, ask whether your information will be sold, or just think

twice whether you really need that

tually came into your spam folder,

just let them sit there until your

email provider automatically de-

letes them in 30 days. Check the spam folder weekly to see if any

legitimate email inadvertently got

sent there, and transfer those to

your inbox before they get perma-

by who sent it, set it up to direct all

future emails from XYZ company

into the spam folder, unsubscribe

email to use when shopping or for

online accounts. Use weird letters

like tr43mn and not one that has

your name or birth year on it like

steve1945. Save your good personal

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page on otowpcclub.org or email otowpcclub@gmail.com will get

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one instruction or in-person help

sessions in the Hobby Building,

discussing their PC or Apple com-

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any computer related hardware for

We keep the meeting fun and of-

Each Thursday from 9 to 10 a.m.,

Residents are welcome to join

email for friends and family.

you in touch with us.

sale or to give away.

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Learn how to filter your email

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company's touted perks.

nently deleted.

or block them.

The Ring of Fire (Johnny Cash musical) trip to the Suncoast Broadway Dinner Theater Saturday, Jan. 22, is now wait list only. If you wish to be added to the wait list, call Linda Hein at (352) 861-9880 (Monday through Friday, 9 a.m. to 1 p.m.

Our trip to the Just for Laughs Dinner Theater Saturday, Feb. 19, to see "Natalie Needs a Nighty" is now wait list only. To join the wait list, please call Gail Ambrose at (954) 614-0898 (Monday through Friday, 9 a.m. to 1 p.m. only).

We will go to the Tampa Downs Racetrack Saturday, April 2. The price is \$58 per person which includes the bus, tip for the driver and a buffet lunch. Mark your calendar for Monday, Feb. 7 to make your reservation with Gail Ambrose at (954) 614-0898 (Monday through Friday, 9 a.m. to 1 p.m. only).

A trip to the Suncoast Broadway Dinner Theater is planned for Sunday, May 8. You will experience one of theater's most legendary musicals. Reservations will be accepted beginning Monday, March 7 by calling Linda Welty-Cohen at (714) 293-4514 (Monday through Friday, 9

a.m. to 1 p.m. only).

The Alaska adventure cruise and tour and the Columbia and Snake River cruise are fully booked and closed for reservations.

There are several possible trips in the planning stages. Please check our website for updates. These include a Mount Dora shopping trip early in 2022, a Father's Day trip on the Barbara Lee on the St. Johns

River and a trip to see "Camelot."
We no longer publish a trip brochure; the best way to get up-to-date information is to visit traveltopperstours.com. Information regarding our trips is also published in the Marion Citizen. If you have suggestions for future trips, please contact any officer. Their names and phone numbers are listed on the website under Contacts.

All trips are open only to residents. Any non-resident who participates in trips must be a guest of a resident club member.

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#### **Michigan Club**

Nancy Meininger



We are kicking off the 2022 season Sunday, Jan. 2, at 5 p.m. at the Arbor Conference Center Dance Studios I-III with President Pat Gabriel of the SR200 Coalition. She will unveil secrets only known to insiders of the Marion County Planning Commission –population growth, density, new apartments, traffic congestion, road improvements, and new highways. Pat has the scoop. Come prepared to be enlightened! Be sure to bring a notepad and questions!

For the potluck, last names beginning with A-G, please bring a salad or vegetable; O-Z a main dish; and H-N a dessert. Also bring a non-alcoholic beverage for yourself.

In December 2021, our meeting rang with the sounds of dulcimer

tones, accompanied by electric guitars and a violin, as we sang along with some holiday favorites. The concert was arranged by Carolyn Abramovich, who is active in both clubs. Members brought centerpieces to decorate their tables and shared their favorite Michigan recipes for an expansive potluck.

As a group Christmas offering for 2021, the club sent \$100 to the Madagascar Famine Relief Fund through Global Giving. This effort is to support the starving children of a country so deeply impacted by global warming, they have not had rain in more than a year. No crops have survived this crisis.

On Sunday, Feb. 6, Dee Collier, a costumed historian, will bring her theatrical skills center stage. Don't miss it! Our potluck will have a Valentine's Day theme. There will be a \$5 or less pink elephant grab bag. Head to the dollar store!

If you have any questions about the Michigan Club, please contact Nancy Meininger at (352) 342-9757.



Carolyn Abramovich and the Dulcimer Group led the Michigan Club in festive songs for the holidays.

#### **R/C LadyBirds**

<u>Linda L</u>ohr



The Ladybirds met Friday, Nov. 12, 2021, in the Hobby Building Event Room. Janet Voyles and her fellow ukulele players entertained us for over 30 minutes with wonderful songs and shanties from the olden days of sailing ships. It was a great performance, and we plan to

ask them back again.

At our Friday, Dec. 10, 2021, meeting we collected Toys for Tots

and held a cookie swap. All the toys and any leftover cookies were taken to the firefighters at Marion County Fire Rescue Friendship Station #21.

**Photo by Nancy Meininge** 

Our club is open to all wives and significant others of the R/C Flyers. We meet the second Friday of each month, September through May, at 10 a.m. in the Hobby Building Event Room. Please come, bring your choice of beverage, and join us! Our dues are \$10 per year. We are working on setting up adventures and guests for the coming year!

We hope you had a wonderful holiday season with family, friends, and that you have a happy, healthy

#### Genealogical Society

Peter Parisi



On Monday, Oct. 18, 2021, Lorraine Sandenn, Connie Bournman and Paula Loe from the Family Search Affiliate Resources gave an educational presentation on what is available at the Family History Center (FHC) in Ocala.

Lorraine gave a PowerPoint presentation on using Family Search. After signing into your account, which is free, click on Family Tree in the top menu, then click Tree in the upper left drop-down menu which will bring up a tree if you have already added information, or begin to build your tree. Next, click on Find, which will bring up the page, Find Your Deceased Ancestors. You can search by Name or by ID. Type in the information you know, such as surname, place of birth, birth year, marriage date, place of residence and death date.

place of residence and death date.

If you need help, click "?" in the upper right menu and then click on Getting Started – How to do Family History.

A person will not show up if they are living. When you find an ancestor and you want to add them to your tree, click the appropriate relationship and click add. For your siblings, add to your parents' tree, not to yours. Don't forget to add your document sources. You can also add pictures as a source. Contact people who added incorrect information to an ancestor. 99% of

people are agreeable to changing the citation they added if you have the correct documentation. If they won't, the staff at FHC can show you how to correct the information.

When at home you can access records that are in the public domain. When at the FHC, you can access information on their computers that is not accessible at home.

According to Lorraine, there are eight computers at the Family History Center to access genealogical information on Family Search. They are open Monday through Wednesday, from 10 a.m. to 1 p.m.

If you are interested in obtaining more information on how find genealogical records on Family Search and set up your family tree, consider joining the Genealogical Society by contacting Wilma Kelly at otowgens@gmail.com. Dues are \$20 per year for an individual and \$35 for a couple.

Our meetings take place at 10 a.m. on the second and third Mondays of the month. Our meetings continue to be hybrid, both in person at the Hobby Building Event Room and via Zoom. Members will be notified by email by our club president, Paul Belter, on how to access Zoom.

On Monday, Jan. 10, will be an open genealogy discussion by the membership on genealogy issues or discoveries they have learned.

On Monday, Jan. 17, Thomas MacEntee will explain what you can do now to prepare for the April 2022 release of the 1950 U.S. Federal Censue!

Visit us at otowgens.shutterfly.

## Community Patrol

**Erwin Fluss** 



The Community Patrol is the "eyes and ears" in On Top of the World and is sponsored by the Marion County Sheriff's Office (MCSO). We not only patrol the community but also strive to caution you on safety

Speed limits are posted for your

safety; please abide by them. Take special care after dark and be aware of people walking. If you walk after dark, please car-

If you walk after dark, please carry a flashlight, wear light colored or reflective clothing, and always walk facing traffic.

As an extra caution, Lt. Robbins from MCSO has informed us that at several traffic stops many are not wearing seat belts. Be warned.

For Community Patrol information and an invitation to join us, please contact Paul Altman at (860) 460-7632 or shelvesc@aol.com.

#### MAINTENANCE REQUEST WORK ORDERS

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#### Moonstruck Astronomy Club

Jim Shuman



The Moonstruck Astronomy Club held its monthly meeting Thursday, Dec. 9, 2021. Club President Jim Di Paolo showed a NASA video about the Artemis Project, anticipating an upcoming NASA webcast for club members on Dec. 16, 2021, by engineer Joel Kearns who leads this new space project. NASA's ambitious goal is to collaborate with commercial and international partners in the coming years to land the first woman and the first person of color on the Moon and to establish the world's first long-term multination presence there. Then NASA and its collaborative partners will use what they learn on and around the Moon to take the next giant leap: sending the first astronauts to

Club Vice President Larry Isenberg presented the club's financial report. He also conducted an "astronomical challenge" game in which club members were divided into teams to answer trivia questions about astronomy. Club Secretary John Bridges presented his excellent overview of the December night sky, showing positions of the moon, planets, international space station, and celestial objects of interest throughout the month. Di Paolo expressed appreciation for the officers' work in contributing to the success of the club.

The club also re-elected its three officers for 2022. Di Paolo thanked club members for their support and encouragement throughout its past three years, in which the club has grown to include 83 members. Then in celebration of the holidays, he presented an entertaining video about the club throughout those years. The rest of the meeting was a party to celebrate the holidays, in which club members enjoyed snacks, cookies, music, and conversation. Many members regularly comment that the monthly club meetings are always interesting and educational. They also say that the viewing sessions add to their interest in the heavens. Some of the members are using the club's "telescope lending library" to develop their own skills with observing and astrophotography.

Club members are reminded to



Claudia McEvers prepares for an evening observation session with the Moonstruck Astronomy Club at the R/C flying field.

watch for emails announcing more evening observation sessions in the coming weeks and months. Sessions will be announced on any day that weather conditions allow for an open sky and club members are willing to set up their telescopes to share observations. Members are welcome to arrive and stay if they wish throughout the evenings. All sessions are held adjacent to the R/C flying field.

Regular meetings of the Moonstruck Astronomy Club are on the second Thursday of every month from 1:30 to 3 p.m. in the Hobby Building Event Room. All residents can join the club, and new members are welcome! Yearly club dues are only \$15 per year, and they include a subscription to the quarterly Reflector Magazine. Indigo East residents require a Gateway Services pass to participate in the club. For information or club registration, please contact Moonstruck Astronomy Club President Jim Di Paolo at moonastroclub@gmail.com. More information is always available at moonstruckastronomyclub.org.

#### **Birders' Beat**

#### Debbie Sherer & Norm Lantz



The Birding Group will make its first ever trip to The Villages Thursday, Jan. 27. While some may think of The Villages as "our huge neighbor to the south," The Villages are home to a good number of the "seldom seen" birds of North Central Florida. The Villages has lots of open ponds, lakes, swamps, and wetlands that make it an ideal location for migrants and year-round birds. All participants on this trip must be fully vaccinated.

Norm Lantz will be one of the leaders for this trip. We will be met in The Villages by Barb Gay, former president of The Village Birders. Barb Gay will lead us to some of the many top spots in The Villages. We can expect to see many species of ducks and other water/wading birds as well as passerines common to On Top of the World. One of our target birds is the loggerhead shrike once common to On Top of the World but seldom seen in this area since 2010 as its population is in decline. Similar in appearance to the northern mockingbird the loggerhead shrike has a larger head,

black "face mask" and distinctive black, gray, and white coloring.

black, gray, and white coloring.

Another target species will be the Egyptian goose, a native African bird. The Egyptian goose is distinctive in appearance with mainly brown coloration and a very dark eye patch and white wing coverts visible in flight. Native to Africa this bird has been breeding in the wild in southern Florida, Texas, and Southern California. Since 2003 the Egyptian goose has been slowly moving north in Florida. It can now be seen locally at Tuscawilla Park in Ocala in the colder months. It is now common in The Villages.

We will meet for this trip at 7:30 a.m. in the parking lot of Friendship Center just outside the SW 99th Street gate for On Top of the World. Also, please park in spaces near Bank OZK where maps and directions will be provided to each driver. We plan to leave for The Villages by 7:45 a.m.

We will conclude our trip with lunch at one of the popular outdoor dining facilities in The Villages or dine indoors if weather does not permit outdoor dining. If you wish to go on this trip with the Birding Group, please contact Margitta Claterbos (mclaterbos@gmail.com). We suggest that you sign up as soon as possible as the 20 available spots for

this trip will fill up quickly.



Loggerhead shrike.





Shalesh Kaushal M.D., Ph.D.

#### **EDUCATION**

Undergraduate: B.S. Yale University, New Haven, CT Medical School: M.D. Johns Hopkins, Baltimore, MD

Graduate School: Ph.D. Massachusetts Institute of Technology (MIT), Cambridge, MA

Residency: Doheny Eye Institute, Los Angeles, CA

Fellowship: Barnes Retina Institute/Washington University, St. Louis, MO

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#### Scandinavian American Club

**Ginny Nardone** 



Welcome to 2022 everyone! Our holiday party was a huge success and provided a good opportunity for us to meet new members and renew old acquaintances. We feasted on a scrumptious buffet and then the merriment took over when the surprise Christmas door prize and 50/50 winners were announced. We all left with full stomachs and a feeling of holiday shoor in our boartel.

ing of holiday cheer in our hearts! Many thanks to Linda Pinney for organizing the door prizes, providing the table decorations, and making the Christmas cards. Her hard work added a lot to the day's celebration.

A new year always brings chang-

es, and this year is no exception. I have decided to step down as club leader. Such decisions are never easy, but it does provide the club with an opportunity for a change in leadership as well as a chance to try new ways of doing things. The club has made such changes in past 23 years and has always benefitted from the experience. Many thanks to all who supported me these past four years.

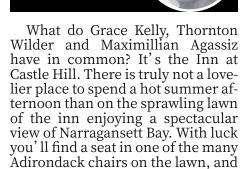
The January meeting is an extremely important one and everyone is encouraged to attend and share their ideas for 2022 and beyond. The meeting will be held Tuesday, Jan. 25, at 1 p.m. in the Arbor Conference Center Dance Studios III-IV. Please plan to attend this important business meeting and share your suggestions and opinions. My best wishes to you all for a successful club year!



Scandinavian Club members enjoying the holiday party.

#### Rhode Island Group

Judy Parisi



ocean breeze.

The Inn at Castle Hill dates to 1875 and is located on the stunning Ocean Drive. It is currently a year-round hotel with a gourmet restaurant offering both inside and outside dining

sip a beverage while enjoying the

As with many of Newport's finer buildings, it was originally a home having been commissioned by Alexander Agassiz, a marine biologist at Harvard University. With the hurricane of 1938, the peninsula on which it sits was totally cut off from the mainland. Mrs. Maximillian Agassiz, Alexander's daughter-inlaw, became so concerned that she refused to ever return.

The property was used as an impromptu Naval base during World War II, housing officers. After the war, it was converted to a summer hotel which, over the years, hosted some high profile celebrities including Grace Kelly, who called it home while filming "High Society" in the 1950s, a musical comedy set Newport. She enjoyed the solitude of the secluded shoreline. The staff and guests began referring to the rocky enclave she enjoyed so much as Grace Kelly Beach.

A frequent visitor to Castle Hill was the noted author Thornton Wilder. He described the turret suite in the inn in an autobiographical novel, Theophilus North, which was published in 1973. In the novel, Theophilus takes jobs in Newport's elegant mansions as a tutor, tennis coach, spy and more, in a tale of adventure and intrigue in the mansions as well as the dives.

If you are a visitor to the area, consider stopping by to enjoy the ambiance. A short walk along a foot path from the Inn will take you to the Castle Hill Lighthouse, an active lighthouse dating back to 1890.

While the lighthouse is not open to the public, you can view the shoreline and cliff face on which it sits. Our Rhode Island Group will

gather for lunch in January at Sammy's Italian Restaurant & Pizza. If you are from Rhode Island, having lived, worked or served there, or a spouse of someone who did, and would like to participate in our group lunches, please email judith. parisi@gmail.com and we'll add you to the email list that will provide more detail.

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#### **SWANS**



Single Women's Active Networking System (SWANS) was established for single women at On Top of the World in 2006. Our motto has always been "SWANS are never alone." We actively support each other during times of need and enjoy life through our many social events. We have a wonderful mix of women. First let me take this opportunity to thank Jan Lindell and her daughter, Kristin, for opening their home to 15 SWANS for Thanksgiving. Jan and Kristin cooked the turkey on the grill and all the guests brought

dishes! We had a wonderful variety of food, and we all enjoyed the feast! Thank you to Jan and Kristin for being exceptional hosts!

Also, Jan and Kristin designed and built our "float" for the Holiday Golf Cart Parade on Saturday, Dec. 4, 2021. Thanks so much for all your

Day trips continue to be well attended. The Barbara Lee luncheon cruise in Sanford, Florida in December 2021, was attended by 28 SWANS. The weather was beautiful, and everyone loved the service and the food aboard the ship. The St. Johns River was beautiful, and the cruise was especially relaxing!

We continue to meet on Saturday mornings to play cards. Several of our members have been playing cards a few days during the week for quite a while. Eight of us make

up the trivia team that meets once a month. The book club started by Jan continues to meet, as well as our appetizer- and dinner-in groups. Keep it up, ladies!

On Friday, Dec. 3, 2021, after the Women of the World meeting, Lois presented Dr. Judy Wilson, director of the Ocala Domestic Violence/ Sexual Assault Center, with a check for \$2,000. This was a combined fundraising effort from the Ladies Shuffleboard Club and the SWANS. The center has been a long-standing object of the SWANS' donations for many years. We are so glad we could help them out in their time of

Our Christmas party was Saturday, Dec. 11, 2021. We had 70 ladies in attendance. Barbara Martyn had some wonderful raffle prizes. The money from the raffle will go to the Ocala Domestic Violence/Sexual Assault Center. Thank you, Barbara, for all you do! The Chinese auction had some funny moments, and we all enjoyed several good laughs! Many of the gifts for the auction were very popular! Everyone in attendance brought a covered dish. What a variety we had! All the dishes were outstanding!

Thanks to Lois, Sally, Renee, Carol, and Sandi for the turkeys and hams! Always delicious! There really is nothing like sharing food and fellowship with friends old and new during the holidays! This was so enjoyable! We have so much to be thankful for this holiday season!

Our group's sole purpose is to make sure the single women in On Top of the World are never alone in this journey. Call Lois Nix for more information.

#### Active **Singles Club**

**Pat Jocelyn** 



Happy new year everyone! Many of us have splurged on gifting friends and family, attending area holiday events, enjoyed visiting with our buddies at parties and boy, have we been tempted with all kinds of delicious food and libations. Speaking of parties, our holiday party held last month was a huge success. What a great time we had celebrating with our Active Singles Club (ASC) friends. A big thank you goes out to everyone who had a hand in making this event so

With all of that celebrating it sure doesn't take long for those holiday pounds to creep up on us.

Now that we've begun to settle down into a post-holiday routine, how about considering taking advantage of the many activities that encourage physical movement? Specifically, activities that are available in our community and for our members.

We've got wallyball on Saturday afternoons, bocce on Wednesday evenings, golf scrambles, attending dances as a group, as well as day trips, bowling, and hiking outings. Residents must present their resident ID, Gateway of Services pass or pay the daily service fee to participate.

Speaking of outings, congratulations to the ASC members who helped decorate golf carts for the Holiday Golf Cart Parade held last month. You guys did a bang-up job and won the trophy and blue ribbon for best in show in the club division.

If you just want to relax with friends, try our dining out event, game night or something else. There's always something for ev-

The board would like to remind you that this month's ASC membership meeting will include a speaker from the Moonstruck Astronomy Club. The meeting will be held at the Arbor Conference Center Dance Studios II-IV.

If you haven't already done so, please remember to fill out your 2022 membership paperwork and bring it to January's meeting along with a \$20 renewal fee and your resident ID. Be aware that if you do not renew your membership by the end of this month, your name will be dropped from our listings, and you will no longer have access to

the ASC's Facebook page.
On another note, ASC's charity of choice is Interfaith Emergency Services. The holidays always tend to drain the resources that many

charities depend on to assist those who are less fortunate than us. We ask that you consider bringing nonperishable food items including canned and packaged goods, clothing and personal hygiene products to this month's meeting. As always, those goods will be transported to Interfaith by several of our mem-

For more information about our club including how to join, contact us at activesinglesotow@outlook. com, visit us at otowactivesinglesclub.com or join us on Facebook (OTOW Active Singles Club).

#### What's Cookin'?



Vegetables are our friends; we all know that. But we tend to visit them occasionally, not regularly, because they can be somewhat bor-Perhaps we can renew some friendships by changing their preparation? As we begin a new year, why not try some novel ways to rekindle old friendships?

#### Whole Grilled Vegetables

2 medium zucchinis 2 medium red bell peppers

1 medium head savoy cabbage, remove core 1 large eggplant

2 tablespoons olive oil, plus more for drizzling Salt and pepper, to taste

Vinegar, chopped parsley, cilantro, chives, and

chilis for topping Set the grill or oven to 375 or 400 degrees. Drizzle vegetables with oil, salt, and pepper. Cook for 40 minutes or until browning occurs. Flip and continue cooking, until vegetables appear to offer no resistance when a skewer is inserted. When done, remove and let rest, 15 to 20 minutes. Slice vegetables, drizzle with vinegar and more olive oil and top with the herbs

#### **Balsamic Thyme Whole Roasted Onions**

7 to 8 medium yellow onions 2 tablespoons olive oil 2 tablespoons balsamic vinegar 1 tablespoon butter 5 sprigs thyme Salt and pepper, to taste

and chilis.

Preheat oven to 400 degrees. Slice off tops of onions and make a small sliver on the bottom so they can sit flat. Leave the skin on around the outside. Place in a small 8-inch ovenproof skillet or casserole dish.

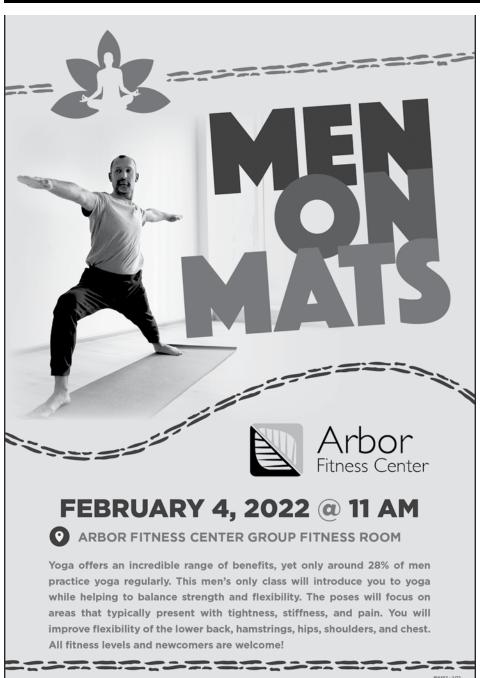
Drizzle onions with olive oil and season with salt, pepper, balsamic vinegar, and thyme. Place small pats of butter on top of each onion.

Roast for 45 minutes to one hour until golden brown and soft.



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#### Southern Club

**Melanie Vittitow** 



December is a month for getting together with friends and family. This is what we did Tuesday, Dec 7, 2021. Our president, Bob Czopek, says the Southern Club is about great Southern cooking, wonderful fellowship, and great speakers. We had a great meal highlighted by delicious HoneyBaked Ham including turkey, innovative sides, salads, and lots of desserts!

Before dinner, one of our members, Charles Parrish, reminded us that it was Pearl Harbor Day. He

researched that event and told us some of the personal stories of the people who were there at the time. It brought us a different perspective to the well-known attack. We need to make a point to remember and honor their memory.

After dinner, we were entertained by the Dancing Jewels. This group of neighbors perform original routines to jazz or marching music, and this time even a hula! They even changed costumes between sets. They started with pink jackets and scarves to dance "Greased Lightning." They quickly switched to cowboy hats and leis for "Waikiki Cowboy," and donned helmets and carried canes for "76 Trombones" (they even had a baton twirler!). After two more routines, they ended with a song to wish us

a merry Christmas. We really want to thank these talented ladies. They perform at local nursing homes and would entertain you if you ask.

Our next meeting/dinner will be Tuesday, Jan 4. We welcome all residents because you became a southerner when you moved to Florida. Our meeting takes place in the Arbor Conference Center Dance Studio I-III. The dinner starts at 5 p.m. so we ask people to come between 4:30 and 5 p.m. to check in, find a place to sit, and get your drinks. The club furnishes coffee, tea, lemonade, ice, and cups. You bring a potluck dish to share, plates, and eating utensils. Dues are \$10 per person for the year.

At this meeting, Margery Howard from College of Central Florida Senior Learners will talk about class

offerings, covering many topics of interest for adult learners. Classes are offered both in class and online. You might discover a new passion.

We will also continue the process of getting to know more about each other. Phyllis Richards, our vice president, oversees this project. She gave us a list of topics to consider and share. We'll have two or three volunteers each month. We might be surprised at the special interests and talents of our fellow club members. We look forward to learning more about the people we think we know! I am really looking forward to it.

I hope you will be able to join us for an informative and enjoyable evening. If you have any questions, feel free to call me at (352) 873-8690.

#### New York/ **New Jersey Club**

Gloria Nelson



The New York/New Jersey Club met Thursday, Nov. 18, 2021, in the Hobby Building Event Room. "Games, games, games" was the activity and members brought board and card games. We had several new members to our meeting and as always, they were introduced and warmly welcomed.

On Thursday, Dec. 16, 2021, we had our holiday party that was enjoyed by all in attendance. In addition, the Model Railroaders Club made a presentation to the group. After the presentation, all were invited to tour the Hobby Building Model Train Room and to experience firsthand, what it's like to be a member of the club. It was announced that anyone wishing to tour the train room can visit every Friday from 2:30 to 4 p.m.

A committee was formed to decide what activities we will be offering in future months. Activities such as speakers, charity walks, and wine tastings were some of the suggested events. The club is still in the planning stages and new members as well as new ideas are always welcomed. For future notices, we ask that you make sure you give your name, email, and cell number at our next meeting.

Our meetings are always the fourth Thursday of the month. However, during November and December 2021, our meeting dates changed to accommodate the holidays. Our next meeting will be held Thursday, Jan. 27, at 6 p.m. in the Hobby Building. If you have any questions regarding this club, contact Brian McDonald at cp12065@ gmail.com or (518) 253-2046. See you in 2022.

Conference Center. It will include an Italian themed potluck and guest speaker, Pat Gabriel, who will share the latest information about projects along SR 200.

Then we will meet again Wednesday, Feb. 9.

New members (and former members) are always welcome to share our Pennsylvania connections. We hope you'll join us!

#### **Texas Connection Social Club**

**Kathy Cornell** 



"Henrietta the blue-lipped antelope" was one of the more colorful clues when we played the Christmas carol opposites game at our holiday party. The object was to read the opposite song title and figure out what the real song title is. For instance, "The Final Easter" would be "The First Noel." Everyone did well except for one clue that stumped everyone - with good reason. Yours truly put down the answer instead of the question!

Going along with our musical mood, we did a sing-along of "The 12 Days of Christmas" Texas-style with lyrics including items like oil wells, briskets, and tumbleweeds. Gary Cornell revealed his singing ability with "a mockingbird in an oak tree." Lana Orend and Brenda Nash also surprised us by singing harmony on "five longhorn steers."

Art Kleinhesselink won a contest to guess the number of marshmallows in a mug. The guesses ranged from 67 to 525. Art's guess of 201 was closest to the correct number of 193. Donna Abel was bummed that she was only off by one digit from Art's guess.

We closed out the evening with a reading of "T' was the Night Be-

fore Christmas" Texas-style for our white elephant gift exchange. There were lots of laughs as folks discovered they were directionally challenged trying to pass their gifts left, right and across as directed in the story. After four years doing this game, this is the first time we had two white elephants among the

It's chili cook-off time again Sunday, Jan. 9, beginning at 6 p.m. in the Arbor Conference Center Dance Studios I-II. We will each get a sample from every competitor's pot and then vote for our most favorite. Any type of chili is accepted. It doesn't have to be "true" Texas chili (no beans or tomatoes), just yummy to the tummy. Prizes are awarded to all contestants. As usual, everyone needs to bring their preferred beverage.

Texas Connection is a club for residents who have a connection to Texas by being born and/or raised there; living there for work, college or military service; spending time there for any reason such as vacation, professional, competitions, etc.; or having family living there. Spouses or partners who haven't been to Texas are considered honorary Texans by association. We would love to tell you more about our group and get you on the email list for club news and notifications. Contact Kathy Cornell at (352) 300-3729, (352) 562-2801 or kcornell54@cfl.rr.com.

#### **Pennsylvania** Club

**Lacinda Hobbs** 



was held in December 2021. Four new members joined us for a turkey dinner with sides and desserts provided by club members. We enjoyed a secret Santa gift exchange as well as 50/50 and door prizes.

Our next meeting is Wednesday, Jan. 12, at 3:30 p.m. in the Arbor

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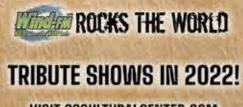












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#### World **Traveler**

**Bill Shampine** 



With an average elevation of 14,000 feet, Tibet is the highest region in the world. Among other mountains, the region is home to Mount Everest, the world's highest mountain. The Tibetan Empire emerged in the seventh century. At its most expansive, the empire extended well into what is now the western part of China.

The current borders of Tibet were established in the 18th century, although China has never recognized the border between the two countries. In 1951, the People's Republic of China finally decided to simply occupy and incorporate all of Tibet as part of China.

Tibet's political status is still in

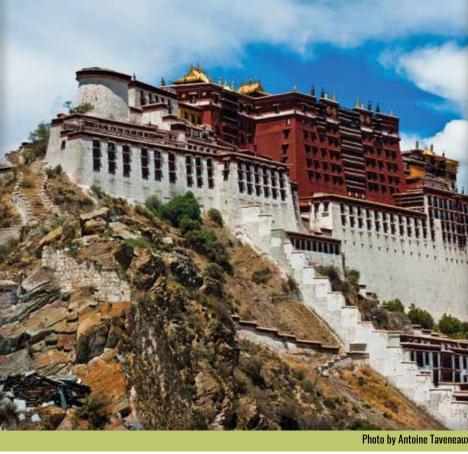
dispute, with many active dissident groups in exile. However, all dissensions are harshly dealt with by the Chinese government. For example, after some demonstrations during a visit by a Chinese dignitary in 1992, all government employees and their families, and all students, were forbidden from practicing their religion. Further, monks and nuns were no longer allowed to enter government offices.

Lhasa, the capital of Tibet, is the spiritual, political, and economic center of Tibet. It is in a large valley that is surrounded by beautiful alpine vistas. The weather typically is cool, but the area gets an average of 3,000 hours of sunlight per year. Lhasa was just a small village in 641 when the ruler at the time was converted to Buddhism and he began to build what is now known as the Potala Palace. Over the centuries, the palace was destroyed and rebuilt several times. The fifth Dalai Lama (1617-1682) unified Tibet and moved the center of his administration to Lhasa. He then began to reconstruct the Potala Palace in 1645, with two sections. The portion known as the White Palace was completed in 1648 and has been used as the winter palace by the Dalai Lama from that time to today (when he is not in exile).

The Red Palace portion was built between 1690 and 1694, and serves as the home of the governmental offices. It is a huge building complex, with 13 stories of buildings that contain over 1,000 rooms,

10,000 shrines, about 200,000 statues, and eight stupas (hemispherical structures containing relics that are used as a place of meditation). The stupa for the fifth Dalai Lama is by far the most luxurious. It is 48 feet high and is overlaid with 8,186 pounds of gold. In today's market, that is about \$212,500,000 worth of

The Potala Palace, Jokhang and Ramoche Temples, and the Sera Monastery have made Lhasa a major tourist attraction. All these places are impressive and visually stunning. Delightful people live in Lhasa and the city offers gorgeous scenery and decent weather. However, there is one drawback, it doesn't have a lot of oxygen. At 12,000 feet, the elevation of Lhasa, there is only about 68% of the oxygen you and I are used to breathing here in lovely Ocala. All the hotels cater to their guests by having oxygen tanks available for loan so, if you decide you would like to have a decent night's sleep, you can ask for the loan of a tank. When Margitta and I were there, I managed okay, but Margitta had some real issues, and finally succumbed to the draw of the oxygen tank.



Potala Palace, located in Lhasa, Tibet, has been the winter palace of the Dalai Lama since the 7th century.

#### SPCA of **Marion County**

**Kathy Kluge** 



Happy new year to all and hope you enjoyed your holidays! The SPCA of Marion County has cats available for adoption, one of whom, Patrick, is described below. Welcoming a new pet into your home would be a great way to start

Patrick is a big boy at 16 pounds. His date of birth is May 16, 2020. He is afraid of most of the cats in foster care. They know it and chase him around looking to pick a fight. He needs a home where he is the only cat so he can relax and enjoy life. He eats well and loves treats. Patrick is a polydactyl (six toes on his front paws). He promises to be good in his new fur-ever home. And once he settles in and gets to know his new family, he may even turn into a cuddle bug. Patrick would love to meet you so call (352)362-0985 for an adoption appointment.

The SPCA of Marion County has a table at the Circle Square Commons Farmers Market every Thurs-

the third Thursday of each month when we have our meetings. Our meetings are held at 1 p.m. at Friendship Baptist Church, 9510 SW 105th Street.

We have Patrick and other cats available for adoption right now. If

day from 9 a.m. to 1 p.m., except you want more information about cat adoptions, call the SPCA at (352) 362-0985. Also, if you have a pet in need, please contact us. For more information, visit us online at SP-CAofMarionCounty.weebly.com. If you have a question, call us at (352) 362-0985.



Patrick and other cats are available for adoption.

Photo by Kathy Kluge

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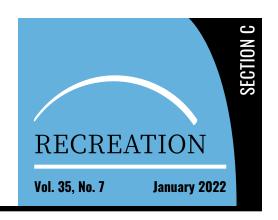
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## **Brain Fair Fun**

**By Cammy Dennis** 

for the Brain Fair Friday, Nov. 12, 2021. The On Top of the World fitness team transformed the Recreation Center Ballroom into a giant circuit of stations, each designed with a specific challenge to stimulate optimal brain aging. The Brain Fair provided a variety of challenges including memory, coordination, sensory activation, lateral thinking, and cognitive drills. Exercise is important for our bodies, but it is just as important for our brains.

Exercise programs are typically developed in response to goals that pertain to physical adaptations. However, the presence of cognitive decline has forced health and

Almost 100 residents came out fitness professionals to address ways to prevent neurodegenerative diseases, such as dementia and Alzheimer's disease. The science is clear; exercise is beneficial to brain health and cognitive functioning. There are precise exercise prescriptions that layer "moving and thinking" to best support keeping our brains sharp. We have a class at On Top of the World designed to do just third You can join our Prain Dever this! You can join our Brain Power class every Tuesday and Thursday at the Recreation Center Fitness Center for the opportunity to give your brain cells a workout. For more information, please call (352) 387-7532.



The Brain Fair took place Friday, Nov. 12, 2021.

## **Billiards League and Tournament Winners**

By Phil Panzera

Billiards Club fall men's league for comfortably winning first place. Team 2 was the only team in the league to have an undefeated record in weekly matches throughout the season. Team 2, deftly captained by Tom Liberton, included Rich Aber, Bill Daly, Jimmy Kraft,

Congratulations to Team 2 of the Rob Lull, Dave Maurer, Phil Panzera, and Tim Taury.

The second and third place teams were close through the season, but Captain Pat Murphy's Team 5 finished strongly in the latter weeks to take second place.

Third place honors went to Captain Joe Amigliore's Team 6. Aside

from the winning team, Team 6 was the only other team in the league to have a winning match record.

Of the six teams in the league,

Captain Jerry Kamenker's Team 3 came in fourth place, and was declared the winner of Division B (the teams in fourth, fifth and sixth

place in the standings).

In December 2021, the club hosted another quarterly tournament. The event had an interesting new format, a medley of eight-ball and nine-ball. This format helped speed up the tournament, and we finished before 5 p.m. (90 minutes earlier than the August tournament, despite having six more players.) We also had 33 entrants, perhaps a record number. Our club continues to grow, and we now have 157 mem-

Congratulations to the top four finishers: Rich Deschenes, Steve King, Gene Hueber and Gene Christopher. These four fought through a long competitive afternoon, and several of them had dramatic upset victories, with the handicap system making it anybody's game to win. The new handicap system in this event seemed to work well, as an unrated player won the event.

We also had two lady entrants, Diana Villars and Linda Bailey, and they won many matches against the men; with Diana shooting well to

finish in ninth place. We would normally have had our annual Christmas dinner in December, but we canceled it this year for safety concerns. Hopefully, we'll renew this tradition next year, along with summer picnics, pizza parties, and other social events available through club membership.

In less than two weeks the club will have its next quarterly meeting Monday, Jan. 10, at 4 p.m., in the Hobby Building Event Room. The first meeting of the year is especially important, as it is the annual election of officers. Your dues must be current for 2022 or you will not be able to vote.

We hope everyone had a holiday season full of love, peace, and joy. The reports I've gotten back from Santa tell me that most all of you have been very good this year, although I suspect for most seniors it was more a case of lack of opportunity.

With the new year on the horizon, we hope that you embrace it with an open heart and go forward with faith, hope and in good health.



Men's fall league champs.

# **Thrilling Warbirds**

**By Dan Gaffin** 

The members of the R/C Flyers he releases by radio control at mid-Club enjoy flying a multitude of different types of aircraft. A favorite type among many of the members is the warbird. Warbirds are replicas of military aircraft that are or were used in combat. Whether a vintage warbird or a present-day warbird, this type of aircraft brings a thrill to the pilots.

R/C clubs around the country host warbird fly-ins, also known as a rally. A lot of these warbird fly-ins involve competitions. One of the types of competitions are actual dog fights in the air. The warbirds are set-up with an attached ribbon to the rear of the aircraft for the dog fights. The warbirds then ascend into flight and attempt to cut the opponents ribbon with their propeller. Whichever pilot manages to land their aircraft with the ribbon still attached is declared the winner of the dog fight.

The warbirds from World War II are an amazing group of planes to witness in the air. Of this era, the P-51 Mustang and the British Spitfire are a favorite of mine. Both aircraft fly with grace and dignity and produce such amazing sounds in the air. They are a thrill to watch.

R/C Flyers member, Jack Kezelian, is a warbird pilot and flies a large World War II Japanese Zero. His warbird drops replica bombs from beneath the fuselage, which field when in flight. This is another plane that is a thrill to witness in the air.

Warbird pilots are quite proud of flying these aircraft and are ready to recall the history and performance

of each type that they fly. The pilots will also tell you how much pleasure they get from flying warbirds.
The club has added 10 new mem-

bers over the past month and as of the club's last monthly meeting in December 2021, there are 200 active members. Congratulations to Bill Stern who has completed solo flying and received his certificate from his flight instructor Doc Consuegra.

More information about the R/C Flyers Club can be seen at otowrcflyers.com. On the website, you will discover what the R/C Flyers are all about, how to join the club and a gallery of pictures. We also encourage anyone who might be interested in learning to fly to come out to the flying field and watch the flying in action which is the greatest way to witness what a fun hobby that R/C flying truly is.



R/C Flyers with their warbirds.



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#### **Ladies 18-Hole Golf Association**

**Susan Yenne** 

The annual Christmas and award

luncheon recognized several outstanding members:

- Most improved: Kathleen Goodwin.
- Players Cup champion: Christine McIntire.
- League champion: Sandy Snyder.
- Service excellence: Iro Lisinski, Nancy Zieleski and Debby Wilson.
- Čarla Kimball and Joanna Dellapenna for hole-in-ones during league play.

Pins and money were awarded for eagles, birdies and ringer play through the year.

A special thank you to Rosann Ross and Kathy Zunica for another wonderful banquet.

Joy Benson had a hole-in-one on #13 Friday, Dec. 3, at the Candler Hills Golf Course. She used her seven hybrid on the 106-yard, par three hole. "The pin was tucked behind the high sand bunker so we never saw it go in. We looked everywhere and finally Brian Gauthier looked in the hole. There it was," she said. She was playing with Mary Jo Lock in Beat the Pro. Brian was playing with Stephen Bussey, the other witness. It was Joy's second hole-inone. Congrats!

Now's the time to sign up for the LGA Players Cup. The pairings



Joy Benson had a hole-in-one during a Beat the Pro

party will be January 17, at 2 p.m. on the Recreation Center pool patio. Match play then begins on The Links Monday, Jan. 24. We're hoping to have 64 players.

#### **Beat the Pro** Nov. 16. 2021/The Links

72-Yuland Cho. Tie at 73-May Chin, Gail La-Grange, Jane Hall. tie at 75–Iro Lisinski, Mary Ann Livingston. Tie at 76-Liz Pruss, Sandy Snyder, Virginia Madura, Madonna Hall, Connie Feola, Lilly Gee. Tie at 77-Gloria Cullins, Debby Wilson, Joan Gerbo, Virginia Combs. Tie at 78–Connie Norris, Christine McIntire, Joann Dellapenna, Bobbie Wiener, Lynn Barber. Tie at 79-Linda Taylor, Darlene DeBerry, Vickie Foster, Ellen Brin, Jean Hsu. Tie at 80-Betty McNeeley, Joyce Jones, Linda Blewitt. Tie at 81-Christine Giza, Jill Strey, Lynne Dickson, Beverly Ovrebo. Tie at 82-Katie Schriewer, Pam Brown, Susan Yenne, Kathleen Goodwin, Lynn Colomb. Tie at 83-Peggy Borro, Lorie Anderson, Jan Christ, Carolyn Cummings, Peggy Benedict. Tie at 84-Sharon Johnson, MJ Strelec, Judy Graham, Terry Wilks. Tie at 85-Elena Sumpter, Janis Hannasch, Linda Ryan, Jacquelin Randour. Tie at 86-Peggy Elllenberger, Kathleen Mansfield, Mary Ruffner.

Turkey Trot/4 Clubs and a Putter Nov. 23, 2021/The Tortoise & The Hare Flight 1: 72-Beverly Ovrebo. 77-Mary Ann Livingston. 78–Gail LaGrange. 79–Vadonna Hall. Flight 2: 71-Lisa Free. 73-Jill Strey. 75-Joanna Dellapenna. 76-Debby Wilson.

Flight 3: 79-Nancy Zielinski. 80-Betty Mc-Neeley. Tie at 81–Linda Blewitt, Peggy Wiechmann. Christine McIntire. Jean Hsu. Flight 4: 75-Gloria Cullins. 78-Sandy Chase. Tie at 79-Vickie Foster, Elena Sumpter.

#### Luck of the Draw/ 1 Best Ball Team Net Nov. 30, 2021/The Links

A/D Flight: 59-Lisa Free, Terry Wilks. 62-Vadonna Hall, Linda Ryan. 63–Darlene DeBerry. Tie at 64-Christine Giza, Elena Sumpter; Jeanne Newman, Sandy Snyder.

B/C Flight: Tie at 65–Peggy Ellenberger, Janis Hannasch; Virginia Madura, Christine McIntire. 66–Joanna Dellapenna, Betty McNeeley. Tie at 67-Linda Blewitt, Donnie Sohl; Ellen Brin, Molly Lucieer; Pam Brown, Jill Strey.

#### Stableford/4 Best Ball Team Net **Dec. 7, 2021/The Links**

147-Peggy Ellenberger, Bobbie Wiener, Pamela Jones, Susan Yenne. 140-Darlene De-Berry, Kathleen Goodwin, Linda Blewitt. 139-Beverly Ovrebo, Marcela Nunez, Joan Gerbo. 137-Debby Wilson, Connie Norris, Betty McNeeley, Donna Brunell. 136-Linda Taylor, Connie Feola, Pam Brown, Debbie Zile. 135-Vadonna Hall, Peggy Wiechmann, Dee Howie, Carolyn Cummings. 134-Vickie Noltensmeyer, Virginia Combs, Jane Hall, Gloria Cullins.



Top Pickleball Club members at picklenik.

#### Top Pickleball Club

**Bill Bender** 



Picklenik. What in the world is a picklenik? Well, if you were at the Recreation Center on the afternoon of Nov. 20, 2021, you would know. That's when some 240 Top Pickleball Club members and guests gathered to enjoy a catered barbecue meal, receive numerous door prizes and medals for tournament successes, be entertained, and recognize our many volunteers.

A highlight of the event was to express our appreciation, firsthand, to Kenneth Colen for his support of our mission, "to provide fun, friendly and healthy recreational activities through the sport of pick-leball." An appreciation award was presented to Mr. Colen and in his remarks, he concurred that our mission statement was "spot on." He noted that the new pickleball courts are now an urgency, as they represent the finale to the larger site project.

This was a memorable social event to spend time with fellow players off the courts. President Andy Woods took the opportunity to recognize the many volunteers who donate their time and skills to make our club one of the fastest

growing in all On Top of the World. The Theatre Group came to entertain us with their special blend of music and comedy.

Our special planning committee out did themselves down to all the details including unique pickleball centerpieces, a 50/50 drawing that sent \$375 to Interfaith Emergency Services, and many door prizes.

As we say every month in this column, we always have room for more, which will be especially true with the opening of the new courts. As you read this, if your interest is sparked, you only have to make your way to the courts adjacent to the Recreation Center Monday through Saturday, from 7:30 to 10:30 a.m. to see how the game is played.

If you like what you see, come join us at one of our free introductory classes. These sessions are specifically for residents who want to learn about the fastest growing sport in the world (approaching 500 club members here). Just show up on any Monday at 10:30 a.m. or on the first Saturday of the month (also at 10:30 a.m.) with plenty of liquids (to avoid dehydration), wearing tennis or court shoes, and we will provide the rest (equipment and fun). We recommend that you not purchase paddles before taking the lesson as our instructors will guide you in choosing the proper equipment. In one hour, it will be abundantly clear if this sport is for you.

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#### **Candler Hills Ladies** 9-Hole Golf **Denise Mullen** (352) 861-9712 denise\_mullen@otowfl.com

Registration is now open for a new clinic, "Chip, Sip and Dip." The first one will be held Monday, Jan. 31, from 3:30 to 5:30 p.m. at Candler Hills Golf Club. The cost is \$40 per person with a maximum of 30 people.

We want to let our nine-hole players know that the handicap committee is now meeting regularly. The purpose of the committee is to monitor golfers and be certain that when they are playing, they are posting a score. With that said, if you signed up to play in the tee sheet, we will then go to your score posting in the GHIN system to be certain that you have posted a score for that round. It is important to protect the field and all players should maintain an accurate and up-to-date handicap index through the GHIN system. A score would not be posted if you are playing alone or playing a format like a scramble, shamble, three clubs and a putter to name a few.

Check out the 2022 game improvement clinic schedule and be certain to pre-register for a topic that may appeal to you. You can do so by stopping in the Candler Hills Golf Shop and either provide a voucher from your membership packet if you are a golf member or pay the \$15 to reserve your spot.

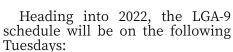
We suggest that you do so in advance because these clinics fill up quickly.

If you know someone who is new to the community and they have an established handicap, please encourage them to play in our LGA-9 Play Day on Thursdays. We would like to see more players join the

Please feel free to email or call (nick\_schwander@otowfl. com) or myself (denise\_mullen@ otowfl.com) with all concerns or questions you may have. Candler Hills Golf Shop phone number is (352) 861-9712.

#### Ladies 9-Hole Golf

Candon Ehler candón\_ehler@otowfl.com



- Jan. 4: Individual Low Gross/ Low Net on The Tortoise & The Hare. Everyone plays their normal round of golf with all ladies flighted, based on their current handicap index. Each flight will have winners from their gross and net scores. For instance, if you win your gross flight, a different winner will win the net flight or vice versa.
- Jan. 11: Team Scramble on The Links. Every lady tees off, then the team of four

picks the best drive, and each player hits their second shot from that location. The process is then repeated until the ball is holed out.

- Jan. 18: Individual Stableford on The Tortoise & The Hare. Every lady plays their normal round of golf, but we use points instead of the usual score at the end of each hole. Points are given for each player's net score on each
- Jan. 25: Team Shamble 3 Best Ball on The Links. Every lady tees off just like in a scramble format. The team of four, then selects the best drive and plays their own golf ball from there for the rest of the hole. The scoring will then be the three net best balls of the foursome.

Do you have a particular area of your golf game that you struggle

with from time to time? Here at On

Top of the World, we have monthly clinics that could help you with a certain part of your game that you might be struggling with. The new year can be a great time to start honing in or even fixing a part of your golf game.

This month, we have two clinics that we will be offering at Candler Hills Golf Club. The first one will be held Saturday Jan. 8 (focused on putting, mainly the short-range putts), and the second Saturday, Jan. 15 (focused on putting as well, but teaching more of the "lag" putt or long-range putts). Putting is never easy because it deals with a lot of different variables, like reading the green to see where it might break and how fast or slow is the putt going to be. If putting keeps your golf game from excelling, please join one or both clinics and we can help you get rolling again, no pun intended.

## by placing it in the league mailbox.

**Beth Wolinsky** 

**Candler Hills** 

**Ladies 18-Hole** 

How many times has it been said that the hole in golf needs to be bigger? It is probably said at least once a round. Since 1891, golf holes have been four and a half inches wide, and this was confirmed in the set of rules for that year. Historically, the first hole cutter was used in 1829, which had this measurement. Why four and a half inches? An exact answer is unknown, but it is probably the same diameter as a spare pipe that was lying around on this Scottish golf course at the time.

The membership meeting was held Thursday, Nov. 11, 2021, with the election of officers for 2022. The board is as follows: President Shelly Karsnitz, Vice President Maria Fournier, Secretary Kate Beaty, and Treasurer Sara Nunn. A big thank you goes out to these ladies for their hard work for the league. Don't forget, dues should be paid by Saturday, Jan. 1. This can be accomplished through the website or The holiday party was held on Thursday, Dec. 9, 2021, at The Lodge at Candler Hills. It's always fun to get together to celebrate the holiday season with friends and a good meal. Awards were presented and a grand time was had by all.

Congratulations goes to Judi Mc-Guinness for getting a hole-in-one on #8 during our Match play event on Thursday, Dec. 9, 2021. Way to go, Judi.

If you are interested in joining this ladies league, please contact our president, Shelly Karsnitz, at karsnitz1@gmail.com. It is a great way to meet new people and play a fun round of golf.

Finally, we wish everyone a happy and healthy new year and believe, achieve, and enjoy golf.

#### Team Shamble Nov. 11, 2021

123-Michele Otto, MJ Steele, Pamela Jones, Beth Wolinsky. 127-Linda Taylor, Jonell Washburn, Rosann Ross, Jan Christ. 128-Karen Curtis, Beverly Ovrebo, Toni Stevenson, Blind. Tie at 129-Lynn Colomb, Judy Graham, Anne Dahlen, Blind and Lisa Free, Virginia Combs, Vickie Foster, Joann Delmar.

Low Gross/Low Net (Individual)

#### Nov. 18, 2021 Gross

Flight 1: 77-Sandy Snyder, 82-Deborah Mar-

Flight 2: 81-Beverly Ovrebo, 88-Connie Nor-

Flight 3: 91-Ellen Brin, 98-Eileen Gustavus. Tie at 99-Janelle Gluckman, Jonell Washburn. Flight 4: 92–Angelita Jingco, Tie at 99–Pam Brown, Iro Lisinski.

Flight 5: 101-Kathy Zunica, Tie at 105-Carol Clark, Beth Wolinsky.

Flight 1: Tie at 75–Christine Giza, Linda Taylor. Flight 2: 68-Judie Anderson, 75-Donna Smith, Tie at 76–Maria Fournier, Judi McGuinness. Flight 3: Tie at 79–Virginia Combs, Chris Mc-Intire, 90–MJ Strelec.

Flight 4: 74–Kate Beaty, 77–Vickie Foster, 82-Virginia Madura.

Flight 5: Tie at 78-DeAnne Green, Cynthia Gersten 83-Joann Delmar.

#### **Candler Hills Men's Golf**

**Mike Kelly** 



Hard to believe that it is 2022! The Candler Hills Men's Golf Association (CHMGA) is ready for a big year and here is what we have planned for Tuesdays:

- Jan. 4: Four Man Scramble
- Jan. 11: Two Man Low Net Jan. 18: Individual Quota
- Points, flighted

Jan. 25: Four Man, Two Best Ball Stableford

Mark your calendar for our first pizza day Tuesday, Feb. 1 and the 2022 Match Play Qualifier which is Tuesday, Feb. 8. The CHMGA has some big plans for this year, and we hope that everyone will participate in the weekly events!

Our new website is chmga.org and our new email address is chmganews@gmail.com.

Our CHMGA league is open to new members who have an established handicap. Any questions or concerns, please feel free to contact us or see the professional staff in the Candler Hills Golf Shop.

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#### Men's Golf Association

John Yenne



Congratulations to the newly elected 2022 board of directors for the Men's Golf Association: Charles Crenshaw, Greg Dyer, Larry Manion, Jim McCormack, Joe Polizzotti, Rusty Rhodes, Roger Sparks, Brad Weirick and Brian Wilder.

On Tuesday, Jan. 4, the new board will name a president, vice president, secretary, and treasurer. New committee appointments will also be made, including tournament chairman, food and beverage chairman, and membership chairman.

Don't forget our 2022 membership drive, which is underway now. Dues are \$10 annually.

Membership is currently at 351, including our newest: Ed Vasoli, Dave Fosdick and Larry Sibley. Please welcome them.

According to Golf Genius, the top 10 money winners for 2021 were: Ricki Plesea, Russell Zile, Larry Gibson, Carl Zeiler, Joe Polizzotti, Thomas Kujawa, Joseph Mandala, Joe Wilks, Thomas Norris, and Bill Searight.

Mark these upcoming Wednesday events in your calendar:

- · Jan. 5: Chicken Day (The Links)
- Jan. 12: Team 2 Best Balls (The Tortoise & The Hare)
- (The Tortoise & The Hare)
  Jan. 19: Team Quota Points 3
  Balls (The Links)
- Jan. 26: Individual Low Net (The Tortoise & The Hare)

Chicken Day Scramble Dec. 1, 2021/The Links

Tie at 51-Larry Gibson, Bruce Venslavsky, Joseph Dunnack, Charles Regini; Jerry Englar, Howard Atherton, Paul Snyder, John Johnson. 52–Julian Hobby, Mike Madura, David Wohlleber, Steve Skonecke. Tie at 53–Gregory Dyer, Terry Hubbartt, Carl Zeiler, Bob Gorman; David Clune, Tom Fragapane, John Hartney, Rick Strynar. Tie at 54-Rusty Rhodes, David Fosdick, John Owen, Alan Theusch; Joe Polizzotti, Rusty Zarrell, Jim Kurlapski, Larry Chase; John English, Ronald Grob, Dennis Dobosh; James Gourlay, Bigelow Robinson, David Garland, Ed Vasoli. Tie at 55-Anthony Morris, Charlie Taylor, Steven Sarkozy, Loren Magsam; Dennis McCourt, Ricki Plesea, Norm Hayworth, Marvin DeBerry; John Parnau, Sam Feola, David Hannasch, Paul Silliman; Brian Wilder, Gary Hassett, Joseph Mandala, Jerry Chase; Lyle Gave, David Woitek, John Bauer, Bob Hilton; Brad Weirick, Robert Coutu, Marty Brown, Thomas Norris.

2 Man Team 1 Best Ball

**Dec. 8, 2021/ The Tortoise & The Hare** A&D Flight 1: 62–Steven Rudolph and Thomas Kujawa. 67–Garry Gerlach and Roy Harvey. Tie at 70–Mike Ball and Paul Silliman; Jim Weaver and David Garland. Tie at 71–Tim Clarkin and Mario Grosso; Dave Cuvellier and Jim Kurlapski.

A&D Flight 2: 65–Thomas Laclair and Tary Bole. Tie at 66–Robert Coughanour and Thomas Norris; Brian Wilder and Charles Regini. 67–Anthony Morris and Bill Searight. 68–Lyle Gave and Bob Gorman.

B&C Flight 1: 65–Robert Coutu and Joseph Mandala. Tie at 66–Ruben Alvarez and Mike Kurlakowsky; Larry Manion and Joseph Dunnack; Neil Seaman and Jim Nicholson. 67–Roger Sparks and Howard Atherton.

B&C Flight 2: 61–Jim Lefaver and David Hannasch. 65–Gary Hassett and James Thompson. 67–Ken Zweiback and Matt Raies. Tie at 69–Bob Hilton and Donald Wheeler; Mike Madura and Fred Strelec.

Golf



Happy new year to you and yours from the golf staff. While 2021 has been a challenging year for us all, we are looking forward to a tremen-

dous 2022.

If your resolution is an improved golf game, then we have the answer for you. Our professional staff has created a wonderful and exciting golf clinic schedule for 2022. The season kicks off Saturday, Jan. 8, with "Putting: Short Range Putts" at the Candler Hills putting green at 9 and 10 a.m. This clinic is \$15 per student. Please register in the Candler Hills Golf Shop no later than Friday, Jan. 7, at 2 p.m. Look for the complete 2022 clinic schedule in both the Candler Hills and On Top of the World Golf Shops.

A friendly reminder from the golf staff that all shop credits will expire Monday, Feb. 28. All credit winnings to your account will be posted through the January events. Any winnings during February will be held until the beginning of March to be posted.

The Florida State Golf Association will be hosting a "Rules of Golf Workshop" at Candler Hills Golf Club Wednesday, Jan. 26. Before you can register, you must create a FSGA account, this account is free to create. Visit the fsga.org for more information.

Make sure you subscribe to our YouTube.com channel (OTOW Golf). You will get the latest updates on events, golf tips, special merchandise and much more.

We also have an exciting golf event lineup:

- Friday, Jan. 21: Jekyll & Hyde on The Links and The Tortoise & The Hare.
- Saturday, Jan. 29: Snowflake Open on Candler Hills Golf Course at 9 a.m. Check Golf Shop for details.

#### **World Accolades**

**CANDLER HILLS:** Mary Cunningham, eagle #14. Don Otto, hole-inone #13. Joy Benson, hole-in-one #13. Bruce Shanfelt, hole-in-one #8.

THE TORTOISE & THE HARE: Tary Bole, hole-in-one #13. Paul Snyder, eagle #9

Congratulations to all.

#### Golf Tip of the Month

How many of you get frustrated and upset after each missed shot? Golf is a funny game that one swing can manipulate your attitude and demeanor for not only your round but the remainder of your day. Keep in mind that everyone hits bad shots, yes including touring professionals. Don't let one swing ruin your round or even your day.

Every round, take a minute to appreciate your surroundings – birds chirping, beautiful flowers and trees, and the friends you have made playing this wonderful game. Don't let the wonderful things in life pass you by and remind yourself that golf is just a game we all enjoy to play.

Everyone have a safe and exciting 2022.

#### HANDICAP EQUIPMENT

Handicap equipment is loaned free to residents during their convalescent term - walkers, crutches, canes or wheelchairs. For more information, call the Recreation Center at (352) 854-8707 x7534.

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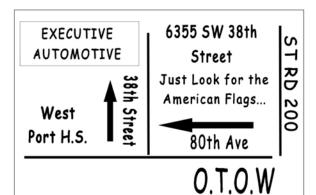
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Change oil and filter, top off all underhood fluids, 27pt visual inspection. Reset all reminder and T.P.M.S systems.

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# Front End Alignment

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# Front Brake Job

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# Tire Rotation & Balance

Rotate and Balance Tires, Inspect for Abnormal Wear. Reset all reminder and T.P.M.S systems.

\$29.99\*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light trucks.

# Tire Rotation

Rotate Tires, Inspect for Abnormal Wear, Reset

1.P.M.S systems. 9.99\*

Must present coupon at time of write up. Not valid with any other coupons or discounts see facility for details. Most cars and light

#### Softball



Softball takes a bold step into the future with the start of the league's winter season Monday, Jan. 3.

The sport, which is becoming one of our community's more popular amenities, debuts a two-division league playing four days a week to handle the burgeoning number of players stemming from increasing development and successful membership efforts.

The club's decision to split the men's league into American and National divisions creates 10 teams for winter play. The two divisions will provide skills-based competition for the club's growing rosters. The American division will play Mondays and Wednesdays and begins the winter season with four teams. The Nationals are expected to field six teams and will compete Tuesdays and Thursdays. Club leadership anticipates additional teams possible through the year.

The expanding club membership has been welcome, but also has meant challenges.

In just a few short years the league has grown from a relatively small group of largely similar players to a large group of guys with widely varying skill sets ranging from great to just beginning. The wide mix of players can dampen competition, both for highly skilled and those less skilled. That growth also meant that rather than play two or three games twice a week, the league was facing five or more games a day stretching in mid-af-

ternoon twice a week.

The club's board of directors proposed the split as a response to both issues. It provides a way to reduce the number of games played each day plus manage the diversity of skills among players. Board chair David Rearick posed several survey questions to the club membership to help hone the plan.

The goal of the Softball Club is to provide exciting, friendly, fun, and skills-based competition for men residents. "Softball is a great sport," said Rearick. "As our league continues its exponential growth, we think two divisions will provide more opportunities for a fun and competitive environment resulting in even more On Top of the World residents discovering the excitement senior softball offers."

The winter season kicks off Monday, Jan. 3, and will go through mid-April. A spring/summer season will follow.

Playing four days a week also means that volunteer umpires and scorekeepers may be needed. This is good place for those who may want to stay close to the game even if they can't play.

New players are always welcome. You might be a guy who hasn't touched a bat and ball since child-hood or maybe since coaching your kids at Little League. Or you might be one of those lucky cusses who played regularly on company or church teams. The new two-division arrangement means there's a team for you. In addition, the club provides regular clinics and practice sessions to regain or develop skills.

For more information about softball, contact Tom Sheridan at tomsheridan.FL@gmail.com.



Monday evening play time.

#### **Table Tennis**

## Athena Drewes



Welcome back snowbirds! You are returning at a fun time of year, with lots of celebrations and opportunities to enjoy the many clubs and activities. We hope you will look at our Table Tennis Club and get back into the swing of things!

Did you know that table tennis is a wonderful fitness activity? Aside from being fun, playing table tennis also offers surprisingly great health benefits. The average person can burn 275 to 400 calories an hour while playing. Like most sports, table tennis offers great mind-body stimulation, and it is a low impact aerobic exercise. It builds gross motor, eye-hand coordination, improves concentration and reflexes, helps your cardiovascular system, increases social interaction, and improves your overall fitness level! Wow! All that while having lots of fun and making friends! Come join us and find out!

Our Monday and Tuesday doubles evening slots (6 to 8 p.m.) are beginning to be the most popular times, but we also have lots of other opportunities with beginners (Tuesdays, 1 to 3 p.m.; Thursdays, 3 to 5 p.m.); ladies play (Wednesdays, 10 a.m. to noon); doubles (Thursdays, Fridays, and Saturdays, 1 to 3 p.m.); and singles (Wednesdays and Sundays, 1 to 3 p.m.) for all levels! We all play table tennis for fun and enjoyment!

Please consider stopping by and

seeing what is going on whether you are a returning member or new to the area. If you are interested in joining, annual membership is \$10, with applications available in the Arbor Conference Center Table Tennis room. Please feel free to contact our Director President Paul Statdterman at ptstadterman@yahoo.com with any questions.

Table Tennis Pointers: Take care of your table tennis rubber. Be sure to clean the paddle rubber. Dirty rubber will cause the surface to be less tacky and spinny. It will also play inconsistently due to the surface of some areas being different from the others. It is best to use a cleaner that is specifically made for table tennis rubber. Do not use a household detergent, as these often can leave unwanted residue on your rubber and cause it to deteriorate too quickly. Spray one or two sprays of the cleaner on one rubber, then wipe with a sponge or lint-free cloth. Most kitchen sponges will not do because they leave bits of sponge on your rubber and many towels are too abrasive or leave pieces of lint. Use a table tennis sponge.

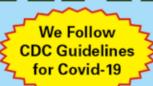
Always clean your rubber at the end of each playing session and anytime it seems dirty, or you will notice decreased or inconsistent performance. After cleaning, put it in a paddle case. Cases provide padding and protection. Never keep the paddle out in direct sunlight or in a hot car! Eventually you will need to change your rubber or get a new paddle. But if you take care of it, your rubber will last much longer!

Wishing you all a very happy and healthy new year! Come play table tennis and have some fun!



Jerry Weage catches runner Sam Mestre out at second base during a fall season game.

# WATER TREATMENT



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**Call of the Wild Sports Club** 

Roger Bonifield



The things, they are a changing. In December 2021, the club elected a new slate of club officers, including new president, Scott Bloch. Scott and the rest of the crew are already setting the course for the new year, with many positive changes and new ideas. We will be putting more emphasis on the hunting and shooting side of the club by working more closely with area hunting preserves and shooting ranges.

Continued interest in fly fishing

among our members is bringing about a special group more dedicated to pursuing those activities, from fly tying to searching out more fly-fishing possibilities around the

With the success of our first club members only deep-sea fishing trip in early December, there is much interest in that type of activity in the future. We are also working on more shore fishing outings and/or club picnics. Without getting the cart too far in front of the horse, let me just say that there is a lot going on, and now is a great time for anyone interested in helping determine the direction of the club to get involved.

So, whether you are just interested in learning more about the hunting and fishing opportunities Florida has to offer, or you would like to take a more active role in Call of the Wild Sports Club, please come and join us at our next meeting Wednesday, Jan. 5 in the Hobby Building Event Room from 1 to 3 p.m. If you would like further information or have any questions, feel free to contact Scott at (614) 806-6738.



Several members had a great time deep sea fishing on The Thunder party boat bringing home four groupers, 200 grunts and other fish.

#### **Ballet**





The Ballet Club is busy preparing to participate in the Health & Wellness Expo sponsored by On Top of the World and AdventHealth Ocala Saturday, Jan. 15, at Circle Square Cultural Center. We will be demonstrating a variety of dances, some choreographed by my co-instructor, Suzanne Scheraga, and some choreographed by me. We will do some lyrical dances, a jazz dance, a tango, one number set to a Broadway tune and another set to an operatic theme. We will be on stage at 10:30 a.m., and hope readers will drop by to watch us and give us encouragement.

Because our dancers have differing levels of experience, our classes are arranged to reflect that. We have beginner, advanced beginner

and intermediate classes. Here is

- our weekly schedule:
  Beginner: Tuesdays, 11 a.m.
  to noon with Instructor Suzanne Scheraga; Fridays, noon to 1:15 p.m. with Instructor Eugenie Martin.
  - Advanced Beginner: Tuesdays and Thursdays, 1 to 2:15 p.m. with Instructor Eugenie Martin.
  - Intermediate: Saturdays, 11 a.m. to noon with Instructor

Suzanne Scheraga.

During December, the Ballet
Club celebrated the holidays with a wonderful get-together hosted by member Claudia Baker, who has a beautiful home in Longleaf Ridge. We thank Claudia for her hospitality, and all the dancers for the wonderful food, beverages, and sweets.

We are now looking forward to starting a new year of dancing. For information about the Ballet Club, please call me at (352) 854-8589. Happy new year!

#### Shuffleboard





We had our first tournament in over two years. Joe Bartosh, our new tournament director, got us going with our first ever Ten Pin tournament. Amid some cooler weather in the morning and six courts in play, the games began. There were 24 players, each with a personal opponent in each round. The winning players would advence to the ning players would advance to the second, with the final two meeting in the championship game. There were cash prizes for first through fourth places. The winners were as

1: Vicki Lentz; 2: Henry Erikson; 3: Donna Foster; 4: Gib Mattson.

The initial 12 losing players would play among themselves like the winning players, but with no prizes to claim. There were 22-minute rounds. Bob Stubbs and Jane Boyer kept track of the scores.

Ten Pin is a fun game members play during the season. We normally don't keep these scores, as we do with the regular play. In Ten Pin,

there is a bowling pin placed at the point where the 10-score box meets the eight score boxes. If a player knocks down this pin, they lose 10 points.

#### November 2021 Men/Women

Monday a.m.: Joe Bartosh/Vicki Lentz, 32-Joe Bartosh.

Thursday a.m.: Lou Fisher/Lynn Nelson. 30-Phil Weiner and Rick Vogel.

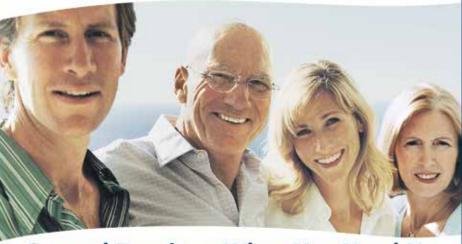
Ten Pin 30 Club: Garry Foster, Charlie Lentz, and Bob Stubbs.

We still offer introduction to shuffleboard on the second Saturday of the month at 11 a.m. The next scheduled class is Saturday, Jan. 8. If you are interested in learning the game, we invite you to the courts at Veterans Park. We will go over the rules, scoring, safety and the basics of shooting the puck. Open-toed wear is not permitted. Paul Hodges teaches the class.

Some long-awaited news. The National Senior Games are back. They will resume in Ft. Lauderdale in May (dates to be announced shortly). Our three previous gold medal winners, Paul Hodges, Darryl Ken-yon, and John Mataya, will be participating.

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#### **Tennis**



We are so appreciating the very comfortable tennis weather this fall

Regarding the tennis schedule, although it is posted in several locations, the best thing to do is always call or approach the person who heads that activity to have latest information. Please note that we are eliminating Tuesday "ladies' day" and Friday "men's day."

We are promoting the tennis clinic for beginners Tuesdays, from 10 to 11:30 a.m., and intermediate and more advanced players Fridays, from 10 to 11:30 a.m. The cost is \$15 per person and the minimum number of players will be two. We can also open an earlier time slot on either of those two days as a "pick up day" for those who wish to just show up and play regardless of who shows up. If you have any other ideas for these two days, please let me know.

By the time this paper is in your hands, we should also have a signup sheet for the "End of the Year Tournament".

#### Keep Your Feet 'Happy'

What part of your body suffers the most wear and tear while playing tennis? Clearly, it's your feet.

**EMERGENCY AFTER-HOURS PHONE NUMBER** (352) 236-OTOW (236-6869)

What happens to your tennis game when your feet are hurting thanks to blisters, calluses and/or painful toes or heels? It may become impossible to play or manage to play, but painfully, and not as well as you could have.

So, why do most tennis players often fail to protect their most important assets? I believe it's because they've never had anvone give them the right information. When it comes to your feet, an ounce of prevention is worth a pound of cure.

Socks: There are three things to look for in a sock:

1. Reduce friction or shearing by wearing athletic socks with extra padding in the heel and ball of your

2. Our feet sweat normally, but more so during physical activity. Wicking moisture away from the skin surface is key for healthy feet. Cotton absorbs moisture but does not wick it away from the skin. Acrylic has the best wicking properties and provides better padding.

3. Injured aching feet can make a real difference in anyone's ability to exercise or simply walk. As a competitive athlete, you know that the stop and go starts and the constant pounding, put a tremendous strain on the feet. If socks aren't properly padded, stress on the feet will not be reduced.

Tennis sock brands to consider: Adidas, Babolat, K-Swiss, Nike, Thorlos and Vitalsox.

The prescription for happy feet is to prevent foot problems before they arise. This will keep you moving longer and will increase your chances for both, a healthier life and better tennis game.

See you on the courts!



I am by far not a professional journalist, but am a reactionist, an optimist, a truthful and open, everevolving individual. I love people and want to do best by them.

I started Co-Ed Recreational Softball initially as a partially selfish way to find an outlet to participate in a sport I came to love later in life, and to fill a void in our ever-growing community for like-minded individuals.

Many within the men's league were amazed at the initial turnout. I was in awe of the joyful spirit of those who chose to participate, which inspired me and confirmed that more than I just wanted to have a fun, athletic outlet. Those who chose to assist in this endeavor are appreciated more than they will ever know.

Regarding the journalistic side, I haven't always displayed the discipline to submit my columns in a correct or timely manner. My personality is not that of a long-range planner, so as I sit here two weeks before Christmas, composing a col-umn for January, I find it difficult to overlook the fact that my mind and heart are in the present holiday

Like many, the end of year holiday season (which is over by time you read this) means being pulled in many different directions with the same 24 hours in a day with the same amount of energy and desire to enjoy all the festivities. How many of us say, "Why should such a joyful time of year be so stressful?"

Archery is a challenging and fun

sport, but archers may also gain

many health and wellness benefits

from practice. Improved eye-hand

coordination is the most obvious

benefit, as the body, arms, and

hands must remain in a stable po-

sition while the eyes direct them

where to aim. Holding the shoot-

ing position can improve balance, while the repetitive drawing and

holding can strengthen the muscles

of the arms, hands, shoulders, and

back. Archers get in a surprising

amount of walking, too, especially those who shoot at longer distanc-

es. An archer shooting 10 rounds at

60 yards walks 1,200 yards – about

and concentration, as archers must

tune out distractions while concen-

trating only on their form and the

target. It can benefit those who may

be a little challenged in the patience

department, as one must learn to

be patient with oneself as the devel-

opment of a new set of skills takes

time and effort. Because archery is

a sport of precision, not strength or

speed, it can be practiced by virtu-

ally anyone. People with all types of

different abilities can participate.

Adaptive archery equipment can

help anyone enjoy the fun and ben-

held at the range in December 2021, including a Las Vegas-style shoot

BE A GOOD NEIGHBOR

Pick up after your pet.

Several fun tournaments were

efits of archery.

Archery also helps improve focus

three-quarters of a mile.

**Archery Club** 

Dee Dombach

Optimistically, I have the same goals and prayers as when I initiated this activity. Realistically, things revolve around a multitude of needs and desires of many individuals, groups, and interests. On Top of the World is seeing exponential growth while supporting many amenities. Most people re-evaluate their lives, physical and emotional health, commitments, and interactions in the new year. Good intentions historically get put aside by reality.

As for Co-Ed Recreational Softball, we are attempting to figure out where this activity fits in with the interests of past, current, and potentially new participants. Do we wish to continue as is hoping to have enough consistent interest to field teams regularly in an informal manner? Do we move toward designated teams for recreation or competition? Do we become a steppingstone for potential men's league players to get extra practice? Do we attempt to recruit enough ladies to develop a competitive team? Do we continue with the current leadership? How do we get people to help enable it?

It's not polite to "air your laundry in a public forum," however, this column allows me the best opportunity to request input. I am confident the residents of our wonderful community will become a guiding force to the decision-making challenges that lie ahead.

As an ever evolving, giving individual who wishes to have a balanced retirement, I request input and assistance with this decision. Please visit and complete the questionnaire at https://docs. google.com/forms/d/e/1FAIpQL Šf5QXmcWYNWVJvNj9CkHwX tst6q0OlQFEwe4JdSocN-kI9-6g/ viewform?vc=0&c=0&w=1&flr=0.

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SATURDAY, JAN. 15 EORGE DURHAM & COMPANY



**CACTUS JACK &** THE CADILLACS

FRIDAY, JAN. 28

**BOARDWALK** 



SATURDAY, JAN. 29 MOCASSIN

SLOUGH

THE STAGERS



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# **TRUST** THE

these events. There are divisions for each style of equipment (barebow, compound) and no prior experience or level of proficiency is required. Every member is welcome to participate, and we hope to see more of you at tournaments in the new year. The Archery Club, which is pri-

marily a social club, is happy to announce that we have a new coordinator of social activities, Phyllis Shaw. We look forward to the opportunities for socializing with our fellow members that Phyllis and her volunteers will plan in 2022.

Phyllis is the focus of our member spotlight this month. A native of New Orleans, Louisiana, Phyllis is a retired high school teacher. She took up archery when she joined the Archery Club in January 2021. She started with and continues to use a barebow and loves it. She'd like to see more women participating in archery.

Phyllis finds it satisfying when she gets off a good shot at the range games. She loves the sound of the thwack when the arrow hits the target. Phyllis says, "Barebow has taught me it's not about what others do on the shooting line but competing against myself. It's just me and my arrow."

And, like Phyllis, that song is now

stuck in my head.

If you may be interested in finding more information about the club, please contact Bob Papirner at rpapirner@aol.com or Mark D'Addario at markdad06@gmail.

We wish everyone blessings in the year to come. May your aim be true, and your arrows hit their marks.



#### **Fitness Happenings**

**Cammy Dennis** (352) 854-8707 x7532 cammy\_dennis@otowfl.com



#### **New You in 2022!**

Are you contemplating a transformative resolution intended to reinvent a happier, healthier version of yourself? Well good for you, con-templation is the first step. The new year rings in with a reenergized, optimistic outlook. This is the perfect time to reflect on the past and consider the future. A healthy, emotional perspective looks forward with courage and conviction. If you think opportunities to reinvent yourself have passed you by, it is not true. Make a change or dream a new dream. Now is the perfect time to create a new you in 2022!

A personal declaration intend-

ed to boost health and happiness needs structure. Your construct for developing an action plan will need a few critical elements. Let us look at some strategies that will help you achieve success.

- 1. Mindset shift. Redirect thinking from going on a diet to eating healthy. This shift in perspective can make a huge difference. The concept of dieting will send your psyche into a tailspin; you know you will be facing depriva-tion and hunger. This will undermine your comfort and confidence. That is why diets do not work. Period. Eating healthy is much less threat-
- ening than dieting.
  Find something that makes you sweat and smile. If your exercise does not energize and inspire you, you are doing the wrong exercise. The key to exercise adherence is connection. Connect to something that you look forward to doing; it should be both recreation and exercise. This might take some trial and error but do not give up. If you are a social person, try group fitness classes. If you love the outdoors, find someone to walk with. If you love a challenge then find something to train for, there are many great "couch to 5K" programs out there.
- Solicit support. Many of my students use a smartphone app to track their nutrition. This scientific yet simple process will get you results. You can eat foods you enjoy, while staying within parameters to achieve your goal. There is tremendous reward when you visualize your success in the palm of your hand. This provides a huge jolt to your confidence and self-efficacy, both of which support adherence. These applications will also keep track of your exercise. Support groups also help develop a structure for healthy eating. Coming together with like-minded peo-

On Top of the World

### **JANUARY 2022 FITNESS**

33C

#### RECREATION FITNESS CENTER CLASSES

|                                 | MONDAY                  | TUESDAY                    | WEDNESDAY           | THURSDAY              | FRIDAY                  |
|---------------------------------|-------------------------|----------------------------|---------------------|-----------------------|-------------------------|
| 8:00 am                         | Dance Party JESSICA     | S.O.S.<br>JOHN             | Warrior<br>MAUREEN  | S.O.S.                | Dance Party<br>JESSICA  |
| 9:00 am                         | S.O.S.<br>DENISE        | Dance Aerobics<br>JACKIE   | S.O.S.<br>LARRY     | Dance Aerobics DENISE | S.O.S.                  |
| 10:00 am                        | Balance Body<br>JESSICA | Chair Yoga<br>KATHY        | Balanced Body       | Chair Yoga<br>KATHY   | Balanced Body<br>INGRID |
| 11:00 am                        | Get Fit While You Sit   | Brain Power<br>CAMMY & SUE | Move To Improve     | Brain Power           | Get Fit While You Sit   |
| 11:00 am<br>Recreation Ballroom | Dance Aerobics<br>LINDA |                            | Zumba* Gold         |                       | Dance Aerobics DENISE   |
| 1:00 pm                         |                         | Fitness Orientation*       |                     | Balance Assessment*   |                         |
| 3:00 pm                         | Blended Yoga            |                            | Chair Yoga<br>TRISH | Qigong<br>ART         |                         |
| 4:00 pm                         |                         |                            |                     | Tai Chi<br>ART        |                         |
| 5:00 pm                         |                         | Intro Hatha Yoga<br>KATHY  |                     | <b>Yoga</b><br>sandra |                         |

Recreation Fitness Center Hours: Monday-Friday 6:30 AM - 7 PM; Saturday 7 AM - 7 PM; Sunday 9 AM - 5 PM

#### ARBOR FITNESS CENTER CLASSES

|          | MONDAY                | TUESDAY                | WEDNESDAY       | THURSDAY             | FRIDAY           |
|----------|-----------------------|------------------------|-----------------|----------------------|------------------|
| 9:00 am  | <b>Yoga</b><br>sandra | Boomer Beat<br>JESSICA | Yoga<br>HALEY   | Boomer Beat<br>CAMMY | Yin Yoga<br>RENU |
| 10:00 am | STRONG<br>MAUREEN     | <b>Yoga</b><br>SANDRA  | STRONG<br>LINDA | Yoga<br>MAUREEN      | STRONG<br>JOHN   |
| 11:00 am | Yoga<br>MAUREEN       |                        | Yoga<br>TRISH   |                      |                  |
| 1:00 pm  |                       |                        |                 | Fitness Orientation* |                  |
| 2:00 pm  | Balanced Body L2      |                        |                 |                      |                  |

Arbor Fitness Center Hours: Monday-Friday 6:00 AM - 8:30 PM; Saturday 7 AM - 8:30 PM; Sunday 9 AM - 7 PM

#### ARBOR FITNESS CENTER INDOOR POOL

|                     | MONDAY                        | TUESDAY                          | WEDNESDAY                              | THURSDAY                                | FRIDAY                        |
|---------------------|-------------------------------|----------------------------------|--|---|-------------------------------|
| 6:00 am             | Lap Swimming                  | Lap Swimming                     | Lap Swimming                           | Lap Swimming                            | Lap Swimming                  |
| 7:00 am             | Open Swim                     | Open Swim                        | Open Swim                              | Open Swim                               | Open Swim                     |
| 8:00 - 9:00 am      | Water Walk                    | Water Walk                       | Water Walk                             | Water Walk                              | Water Walk                    |
| 9:00 - 10:00 am     | Deep Water<br>Fitness Class** | Shallow Water<br>Fitness Class** | Deep Water<br>Fitness Class**          | Shallow Water<br>Fitness Class**        | Deep Water<br>Fitness Class** |
| 10:00 - 11:00 am    | Open                          | Shallow Water<br>Fitness Class** | Closed for Cleaning                    | Shallow Water<br>Fitness Class**        | Open Swim                     |
| 11:00 am - 12:30 pm | Lap Swimming                  | Lap Swimming                     | 10:30 - 12:30 pm                       | Lap Swimming                            | Lap Swimming                  |
| 12:30 pm            | Aqua Aerobics Club            | Shallow Water<br>Fitness Class** | Aqua Aerobics Club                     | Shallow Water<br>Fitness Class**        | Aqua Aerobics Club            |
| 1:30 pm             | Open Swim<br>1:30 - 2:30 pm   | Water Volleyball Club            | Water Volleyball Clu<br>1:30 - 3:30 pm | Water Volleyball Club<br>1:30 - 3:30 pm | Open Swim<br>1:30 - 2:30 pm   |
| 2:30 pm             | Deep Water<br>Fitness Class** | 1:30 - 3:30 pm                   |  |   | Deep Water<br>Fitness Class** |
| 3:30 - 5:00 pm      | Open Swim                     | Open Swim                        | Open Swim                              | Open Swim                               | Open Swim                     |
| 5:00 - 6:00 pm      | Lap Swimming                  | Lap Swimming                     | Lap Swimming                           | Lap Swimming                            | Lap Swimming                  |
| 6:00 - 8:15 pm      | Open Swim                     | Open Swim                        | Open Swim                              | Open Swim                               | Open Swim                     |

Open Swim: Saturdays 7 AM - 8:30 PM; Sundays 9 AM - 7 PM • For pool inquiries, please call (352) 854-8707 Ext. 7639.

ple acknowledges that you are not alone in facing challenges. Sharing your journey allows for the exchange of helpful information and it is a lot more fun.

Putting these strategies into action is a great start; the hard part is sticking to them. The secret is to redirect your attention away from the result and focus on the process to get you there. The goal is to estab-

lish healthy habits. One reason that people find it hard to stick to a fitness routine is usually that the exercise lacks enjoyment. Regular exercise has the potential to do amazing things for you, and it can be an enjoyable experience when you make the right connections.

Pinkowski and myself for a deeper 21, "New You in 2022!" To register, discussion on this topic at Sholom visit sholompark.org/leaf-series/.

Join Fitness Supervisor Jessica Park's L.E.A.F. Series Friday, Jan.



The Wheeling Around the World Cycling Club invites and welcomes all residents interested in cycling regardless of cycling ability. Bepro? All are welcome and will find cyclists of similar interests and capabilities!

The club meets two or more times each week at the Power Park on SW 90th Street across from the dog park near the four-way stop. Schedules are published regularly on Facebook (OTOW Chat Room and Wheeling Around the World). Grab your bike or trike and helmet



FL Irrigation #SCC131151648 / FLDACS #LC105192 / FLDEP #GV606-1



#### **R/C Car Club**

**Gene Mangold** 



Trucks, buggies, truggies, stock GT, touring, pan car, legends ... what are all these classes? What happens when a club member goes over the top with his love of R/C

Truggies and trucks were kings with the old dirt track because they could navigate the rough roads with big tires and large road clearances. Trucks are big with fenders covering their tires. Truggies are also big and even wider with no fenders. Buggies are long and narrow with no fenders and big tires.

In 2020, the R/Č Car Club moved to a smooth asphalt track and became an on-road club. Those high centers of gravity and big bumpy tires could no longer make it competitively around tight turns. So, members lowered the suspensions and changed to smaller, smoother

The smooth track ushered in new cars such as stock GT, touring, and soon pan cars, all with low-slung suspensions and aerodynamically designed bodies. These cars have higher road grip, quicker acceleration, and higher speeds. The new track orange barriers are just the right shape for exposed, large tires of the trucks, truggies, and buggies to go flying. Spectators particularly enjoy this part including the dodging challenge for the athletic marshalls. The on-road cars bounce off the barriers and slide around the tight corners at full speed.

These new on-road cars were love at first sight for Tom Ramora, and so he has accumulated quite a large collection of these greyhounds. Tom is very soft-spoken, kind, generous, and unconventional. When he is not collecting more than his share of cars, he provides coffee and doughnuts for the club, picking up lost parts on the track, and doing much more than his share of putting cars back on the track during races. He is a joy to be around with his amazing inquisitive mind and trying new things including armored coating his cars with Flex

Seal. His favorite phrase is "Bless you, my brother.'

The track is an official on-road, 1/10 scale, two cells, 7.4v maximum electric facility. The racing is limited to six drivers. The advantage of joining the club is organized timed races and much help in choosing and maintaining cars. Also, educational meetings are offered from time to time. Člub members maintain the track, so please consider joining,

Officers for 2022 are President Fred Penichet, Vice President Chuck Fredrick, Treasurer Ed Sobolewski, Safety Manager Terry Altman, Member at Large Ron Kaulfersch, Race Committee Chairman Dominic Papa, and Track Manager Bob Herbst.

#### November 2021

Truggy-Neil Sorensen. Two-wheel drive buggy-Ken Berry. Two-wheel drive truck-Terry Altman. Four-wheel drive buggy-Paul Beyer. Four-wheel drive truck-Terry Altman. Stock GT-Peter Martin. Touring-Ron Kaulfersch. Novice-Jerry Maquire.

Note: The truggy class now includes rage models.

R/C car races start at 1 p.m. on Thursdays and Sundays at the R/C car track. Slot car racing on Tuesdays at 1 p.m. in the Arbor Club Conference Center Music Rooms I-II. Legend cars on Tuesdays at 10 a.m. at the R/C car track. Call President Fred Penichet at (914) 588-7293 for information.



Horseshoes league play Sunday, Dec. 12, 2021.

#### Horseshoe League

Joe Lawson



As we end our fall season, Gary Null won again. That's both the summer and fall seasons. Betty Delong returned to league play and went undefeated but joined late and was unable to get enough games in to qualify for the championship. We had a great league, with several new players who attended one of our training classes playing in the

league. These players show great improvement and will be the ones to watch out for in our new season

that starts on Tuesday, Jan. 4.

If anyone would like to join us, watch out for Ed Klodzen. Ed had one of the highest winning percentages in the league. Ed proves that you are never too old to start or play horseshoes. Come join us ev-

ery Tuesday, starting at 10 a.m.
Starting Thursday, Jan. 6, we will our trek toward winning the tri-county horseshoes league again. We will play each week for nine or 10 weeks against other retirement communities' teams. We have several teams from The Villages and Del Webb and one from The American Legion and Leesburg. We have not received our schedule as of this writing.

We have a six-person team. We play partners against partners from our opponents. One team plays a game against each set of opponents. Each set is worth one point, so we have a possible nine points available each week. Each game is handicapped with the total of both players' average added together and the team with the highest total average to be subtracted from the lower team total. The difference is then multiplied by 80% and is the total added to the lower average teams final score with highest total score being the winner. That team will receive one point. Season winner is the community with the high-

est total. The On Top of the World team won the championship in 2019, came in second in 2020 and finished third last season. Come out to cheer us on. We play every Thursday at 10 a.m. Our schedule and current record are posted on the Horseshoe Club bulletin board at the Veterans Park.

## DO YOU OR A LOVED ONE HAVE **PARKINSON'S DISEASE?**

**Photo by Gene Mangold** 

Join us for a <u>free</u> Parkinson's seminar to learn about:

- Diagnosis
- Treatment & Research
- How exercise can help symptoms!

#### Our Featured Speakers:



Tom Ramora at work.

#### Dr. Anette Nieves

Neurologist, Renstar Medical Research

Dr. Nieves is a neurologist and movement disorder specialist. She has over 20 years of experience working with Parkinson's patients in diagnosis, treatment, and in Parkinson's clinical trials.



#### **Cammy Dennis**

Fitness Director, On Top of the World

Cammy discusses how exercise can improve symptoms associated with Parkinson's disease such as strength, balance, multitasking, and vocal volume.

#### LIMITED SEATING!

**MONDAY, JANUARY 17, 2022 AT 10AM AT CIRCLE SQUARE COMMONS** 

CALL TODAY 352-629-5800 to reserve your seat!

This program will feature a Question & Answer session with Dr. Nieves and refreshments.



to the health questions of today.



HIT WOOD

#### Cornhole Club

Bill Ballweg



Happy new year!

OPEN PLAY: Play continues each Monday, Wednesday, and Friday, at 2 p.m. Please welcome Bernie and Sue Slisz who have volunteered to take over hosting duties for the Wednesday 2 p.m. time slot. They replace Ron and Barb Daughtry who we thank for their excellent leadership; but had to step back due to scheduling conflicts.

Also, please offer your best wishes and support to Vince Stevens who will be replacing Jim Russell as the Cornhole Club contact person in 2022. Vince and his volunteers have a fun year planned. Come join

**MIXED LEAGUE:** We have concluded the fall season with a new winner of the league - Old Pokes (Brenda and Bill Andrews) - who captured an early lead and ran away from the pack. Our second-place finisher was the Jokers (Vickie Foster and Vince Stevens). The season was full of exciting play and many upsets which increased the competition and fun.

**MEN'S LEAGUE:** The Undertakers (Bob Helf and Bill Ballweg) completed their ninth consecutive championship and have retired from competition. The winter league will see a new champion crowned and perhaps a new dynasty will begin.

GOLDEN BAG LADIES LEAGUE: The Golden Bag Ladies League finished the fall season with 16 players enjoying friendly competition. Strong performances were turned in by everyone, with Brenda Andrews, Karen Jensen, Cecile Kraus, and Chris Lopez leading the way.

The winter league is scheduled to start Tuesday, Jan. 25, at 3 p.m. Players of all levels are welcome and encouraged to join. Contact Vickie Foster at poo2dog@verizon. net for further information.

**ONE-ON-ONE LEAGUE:** This inaugural league is down to two weeks remaining. Bob Helf has a commanding lead in the American division and is on the threshold of securing his spot for the championship match.

In the Patriot division, it is a tight race of the top spot with Donna Hansen leading the way with a onegame edge over newcomer Mike McCauley. In the next two weeks, the Patriot division winner will be determined, and they will play in the championship match against Bob Helf.

If you are interested in playing in the cornhole leagues, we offer a variety of options. If you do not have a partner and are interested in playing in a doubles league, just let us know and we can assign another available player. Watch the Cornhole Club bulletin board located adjacent to the cornhole courts at Veterans Park for information and contact instructions about the league you are interested in.

Would you like to learn how to play cornhole? Our club offers a free one-hour beginners training class for those of you new to cornhole or in need of a refresher to get you on the road to playing this fast-growing sport. Our next class, conducted by a qualified beanbag cornologist, will be held Wednesday, Jan. 26, at the Veterans Park. To manage the number of participants, we ask that you pre-register for this class by emailing otowcornhole@yahoo.com.



Fall mixed league champions Bill and Brenda Andrews.

Fit Tips

Larry Robinson (352) 387-3571 larry\_robinson@otowfl.com

#### Mindset Shifting, the Secret to Sticking to It!

Now is the perfect time to set a health and wellness goal. However, sticking to your goal can be hard. Most of the time we think it is because we lack "will power" but many experts think it is due to a specific set of beliefs and assumptions that shape our ability to control the outcome. The good news is that you can change these things; you can change your mindset. Here are some tips for resetting your mindset to help you stick to your new year's goal of a healthier you!

Photo by Bill Ballwe

**FIT TIP #1:** Focus on the next step – most often, when we have a setback we give up. This is especially true when we are trying to establish a healthy nutrition plan or a new exercise routine. You will have setbacks, but do not let that get you down, keep moving forward.

FIT TIP #2: Empower yourself we cannot always control what obstacles life throws our way, but we do have control over our attitudes and choices. When you hit a "roadblock" between you and your goal, figure out what strategies you can take to overcome it.

FIT TIP #3: Believe in what is possible – if you do not invest yourself, and truly believe that you can accomplish something, you will likely fail. Invest in yourself by taking the time to create an action plan with specific tasks to master success.

#### Ladies Shuffleboard **Lois Nix**

Happy new year! 2022 is here! Our club is going well, and the weather has been in our favor. Some of our seasonal players have returned - welcome home.

The Colen Built Development marketing department sent us copies of some of the photos they took of us shuffling back in October 2021. We are not a bad looking bunch.

Our club in conjunction with the SWANS presented Dr. Judy Wilson, director of the Ocala Domestic Violence/Sexual Assault Center with a check for \$2,000. The center is having financial issues as are so many. We decided to collect money in place of "things." In the past years at Christmas, we bought gifts for the children; so many clubs are doing that this year. The center requested monetary donations. We answered that answered that request.

#### November 2021

10-Cindy Engler. Tie at 9-Marsha Lau, Sally Herrick. 8-Marge Adragna.

Happy shuffling and stay safe.



THE RANCH FITNESS CENTER & SPA is registered with the State of Florida as a Health Studio. Registration No. HS6841

The World News 36C January 2022

# **Get Your Free** Popcorn & Enter in a Chance to Win 2 Movie Tickets!

# NATIONAL POPCORN DAY

**IS JANUARY 19TH!** 

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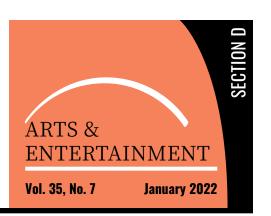


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# On Top of the World. TEVS

All the events, fun and more!



# **Holiday Golf Cart Parade & Celebration**

By Dave DeAngelis **World News Writer** 

Holy cow! If you weren't driving a golf cart entry, I hope that you were a spectator at the Holiday Golf Cart Parade and Celebration Saturday, Dec. 4, 2021! It was great! Fabuloso! Grande! Wunderbar! Carts with globes, waving dogs, active singles, veterans, singers, R/C cars buzzing around, Mr. and Mrs. Claus (and imposters) and more! A horse-drawn carriage chauffeuring the king and queen - all being led by our Community Patrol car. And that unannounced, unscheduled flyover! How those things darted around! Hmmm ... just like my ... uh, eye floaters. Never mind.

Over 100 carts participated in the event, and all of them displayed their own unique creativity, from eye-catching simplicity to structural marvels. I spoke with some of the spectators who lined the streets of the parade route, and they all said that they thoroughly were enjoy-ing the diversity of the passing golf carts. One regular parade viewer scolded me for blocking the view as I took photos. Turf protection. Love the enthusiasm. Everyone was having a great time including a dog with a face full of ice cream.

The Holiday Celebration at The Town Square was equally festive.

Under a bright blue sky, the golf carts added additional color as they entered. The food trucks were there. The band was there. The crowd was there. The event was well-attended, fun, and celebratory as the category winners were announced, and in case you want to know, here they

- MOST CREATIVE: Reindeer Pulling Santa – Rick & Carol Lewis, Jonathan, Mandy & Emma Roark, and Bill & Darlene Ellis.
- FUNNIEST: Grandma Got Run Over by a Reindeer - Robyn Wagner and Clyde Harris.
- MOST FESTIVE: Elf with Big Green Hat - Jim & Gail Lagg-
- **BEST IN SHOW:** Active Singles Club - Helen Anderson and Nancy Chatham.
- MOST ORIGINAL: On Top of the World Globe and Recreation Center – Ina & Shelley Kline.

Congratulations to the winners and everyone who participated in this colorful day, and thanks to all who attended! Next year's event will certainly be something to look forward to! Maybe a real flyover?



Most creative.







Most festive (left) and best in show (right).

# **Karaoke 'Karols'**

By Kathy Petrosky

brings a great amount of happiness. It is impossible to sing well with a long face because it affects your pitch. Keeping the positive momentum up is essential. If we smile as we sing, then people soon feel the benefit in more ways than one." That is why singing karaoke at Christmas is a great benefit.

There are so many different genres for Christmas. Our singers showed us that.

Country songs were sung by Phil with "Christmas Cookies." John sang Elvis' "Blue Christmas."

Barbara Dinsdale says, "Singing rings a great amount of happiess. It is impossible to sing well it a long face because it affects." Kathy sang Reba's "Christmas Letter." Charlie thought "Santa Looks a Lot Like Daddy" and "All I Want in the long face because it affects." The same face of the long of the lo Teeth." Carl sang funny songs like "Run Run Rudolph," "Santa Claus is Watching You," and "Leroy the Redneck Reindeer." Donnie told us about "Christmas in Dixie," and "Pretty Paper." He wondered what happens "If We Make It Through December?" Norma told us about a Tennessee Christmas."

Photos by Dave DeAngelis

Most original.

We did not forget the traditional songs. Laura's dancers danced to "Winter Wonderland." Nancy

warned that "Santa Claus is Coming to Town." She did a funny one "Merry Christmas from the Family." Lynn and Glen did "Baby It's Cold Outside." Yeong sang, "O Holy Night" and "The Christmas Song." Vicky sang, "Feliz Navidad" while some danced. Karen told us "All I Want for Christmas" and wo "All I Want for Christmas" and we had dancers for that. She was also "Rockin' Around the Christmas Tree." Laura Z. asked, "What Are You Doing New Year?" Śhe also sang about "Dominick the Donkey." We helped her with that one.

Peyton sang the happy song "Have a Holly Jolly Christmas." Fran sang, "So This is Christmas" and "Silver Bells." Russ reminded us "It's Beginning to Look a Lot Like Christmas." Bob did the male

version of "Santa Baby." Norma sang about a "Boogie Woogie Santa." Kathy told us "I Want a Hippopotamus for Christmas." Rosemary sang "Jingle Bell Rock" and "Have Yourself a Merry Little Christmas." Bill sang "Let It Snow" and "Jingle Bells." Fely sang about a "Winter Wonderland."

Photo by Dave DeAngeli

Religious songs were sung as well. Lynn sang "Jesu Bambino/O Holy Night." Vicky sang "Mary Did You Know." Lucy sang "Silent Night." Rudy sang "Mary's Boy Child"

There are so many Christmas

2022 is here. We will meet Mondays, Jan. 3, and Jan. 17, from 5:30 to 8:30 p.m. in the Arbor Conference Center Music Room.



Christmas "karoling" with Karaoke Friends.

PROVIDING PEACE OF MIND SINCE



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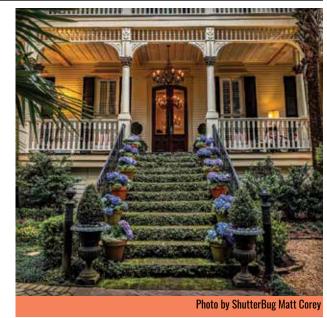


# **Serving On Top Of The World Residents**









I see you.

Through beveled glass.

lvy path.

# **ShutterBugs Photography Connie Filip**

The ShutterBugs are proud to present our intermediate class winners from 2021's photo contest.

Thanks to all the ShutterBugs who entered their photos and to our residents who voted for the people's choice award, which was awarded Matt Corey's "Ivy path." Congratulations Matt!

Matt told me how much he and his wife love the "photographer's amusement park" we call Savannah. Goes to show that your best photos are taken where you love to

If you missed seeing our photo display in the Recreation Center, you can still see all our entries at otowspc.com.

Jan Jordan takes first place in intermediate with "I see you." She says, "This eagle's look commands your attention. The eagle flies higher and sees better than any other bird. It is the official symbol of this great country and symbolizes strength and freedom." This eagle resides at the Brevard Zoo.

Pam Schmitt recently inherited over 100 pieces of Depression-era "Vaseline" glass, which contains small amounts of uranium. With a china closet outfitted with black light, she created the eerie "glow in the dark" appearance of her sec-ond place award photo "Through beveled glass." The plate and wine glass were photographed behind its

closed door and framed by door's lead strips. Because the door's glass is beveled, the Vaseline pieces appear "broken up" around the edges.

She says, "The photograph required a totally darkened room, a"

tripod on a chair, and a stepladder!"

Third place finisher (and people's choice winner), Matt Corey was vacationing in Savannah, Georgia. He says, "We were interested in photographing the fountain on this cool, crisp evening at Forsyth Park. While walking, we came across this beautiful inn with these gorgeous steps that led to its entrance. The steps were covered with ivy and colorful plants. As photographers, we couldn't just walk by without taking a few photos." It was because of the leading lines, the symmetrical view, the color and the repetition of the plants and the building being painted in soft lighting that Matt decided to enter this photo.

Last, ShutterBugs is welcoming a new president to our club, Harry Boyajian. Harry's experience includes a career in wedding and portrait photography, having been behind his camera for over 3,500 weddings and 10,000 portraits.

In taking the club position, he hopes to share his knowledge. He uses this quote as inspiration, "When we do things for ourselves it dies with us. What we do for others is immortal.'

Want to learn more about digital? Stop by the Hobby Building Event Room for ShutterBugs' Tuesday meetings. We start at 3 p.m. For more information contact Harry, our club president, at (239) 336-



Our first meeting of the new year occurs Thursday, Jan. 27. Please do not leave your brains at home because we will be playing an audiovisual game of trivia devoted to U.S. history, government, politics, and civics.

Each table will constitute a team and there will be prizes for the first and second place finishers. Our trivia games have always provided an entertaining evening of fun among friends. Come and have a great time! There will also be some petitions to sign from potential Democratic candidates. Masks are optional.

We are recruiting candidates for the election of our 2022/2023 board of directors at our March meeting. The board's officers include the president, vice president, secretary, treasurer and four directors. Use the contact information at the end of this column if you would like to

toss your hat into the ring.
Our club supports the Ocala Ritz Veterans Village, a former Ritz hotel that was converted into a facility for formerly homeless veterans. Ocala Ritz Veterans Village provides a safe environment for these brave men and women to learn to become productive members of our community and to live on their own once again. They need pillows, pillowcases, twin size sheets, towels and wash cloths, toiletries, laundry pods, paper goods and canned and dry food. Please bring your donated items to our meeting.

For more information contact Dan Lack at (352) 509-4942 or otowdemclub@gmail.com or visit our Facebook page (On Top of the World Democratic Club). You are not alone!

> **LOST OR FOUND A PET?** Call the SPCA of Marion County hotline at (352) 362-0985.



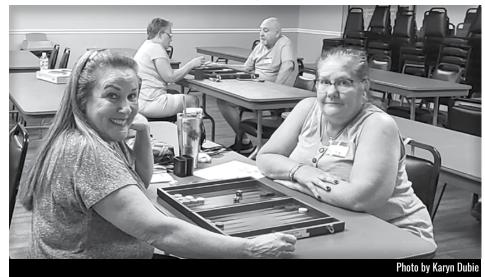






# CARDS & GAMES





Initial meeting of Backgammon Club.

# Backgammon

# **Karyn Dubie**



On Oct. 27, 2021, the inaugural meeting of the Backgammon Club took place. Through word of mouth, and notices on a variety of Facebook pages, 11 residents came to play. The most familiar phrase heard during introductions was "I played a long time ago but haven't played in ages. I hope I remember." A few admitted never playing but being very curious and ready to learn.

Since that first meeting, the weekly session takes place on Wednesdays, at 6 p.m. There are 20 members, with an average of 12 players each week. Membership includes all levels of players, and in the community spirit, the more experienced players are willing to teach and coach those who are new to the game. We are a work in progress and start most sessions with discussions about the game of backgammon or how we want to proceed as a club.

We meet in the Hobby Building Event Room on Wednesdays, from 6 to 8 p.m. There is plenty of room for more players. We offer instruction for new players, and it's a great opportunity to meet neighbors in a welcoming environment. There is no cost for weekly play, and all residents and Gateway of Services pass holders are welcome. For more information, check out our Facebook page (OTOW Backgammon), or contact Karyn Dubie at kadubie@earthlink.net.

Time *slows* 

when you light a cigar.

# Bingo



Let us, the bingo volunteers, begin by wishing everyone a very happy new year, filled with good health and all the best!

Then, we can backtrack just a little bit. 324 eager players assembled Wednesday, Nov. 17, 2021, in the Recreation Center Ballroom to play super bingo! With many volunteers on hand, the work went smoothly and quickly.

Before the games started, 32 winners were picked from the ticket drum in the 70/30 raffle. Each winner was awarded \$20 with some lucky multiple winners, too! When Ron Motchkavitz began the calling, 16 games at \$75 each and four more at \$250 were at stake. Needless to say, there were many pleased recipients, ready to begin the holidays!

We can fast forward to Wednesday, Jan. 5, when the bingo balls will be popping out again! Please plan to join us in the Recreation Center Ballroom for another fun-filled evening. Raffle tickets are sold from 4 to 5:30 p.m. with the random ticket pulls beginning at 5:45 p.m. Playing cards are sold from 4:30 to 5:45 p.m.; the games begin about 6 p.m. Residents must show their ID cards to purchase cards. Guests are welcomed to participate when signed in by a resident.

We look forward to greeting veteran players and newcomers to the community each week. There is always a need for volunteers, too; please consider joining us.

352.236.3499

OPEN 7 DAYS A WEEK

# Bridge



**Monday Afternoon** 

By Shirley Stolly & Carol Johnson

### Nov. 8, 2021

1: Margie Plauny & Mary Block; 2: Pat & Debbie Quinn; 3: Judy Mackowiak & Rick Saffol; 4: Dennis & Judi Wallace.

# Nov. 15, 2021

1: Linda & Bill Ryan; 2: Mary Block & Gail Taylor; 3: Linda Yuen & Mike Meirick; 4: Dennis & Judi Wallace.

# Nov. 22, 2021

1: Joan Lord & Craig Ford; 2: Linda Curtiss & John Ryan; 3: Judy Mackowiak & Rick Saffol; 4: Phyllis & Herb Silverman; 5: Barb Heller & Caryl Rosenberg.

### Nov. 29, 2021

1: Caryl Rosenberg & Barb Heller; 2: Margie & Lew Plauny; 3: Linda Curtiss & John Ryan; 4: Pat Quinn & Craig Ford; 5: Bill & Linda Ryan.

### Dec. 6, 2021

1: Bob Kraus & Craig Ford; 2: Linda & Bill Ryan; 3: Mike Meirick & Linda Yuen; 4: Shirley Stolly & Carol Johnson.

# **Tuesday Evening**

By Bob Kraus & Gayle Taylor

The Duplicate Bridge Group meets Tuesdays in the Arbor Activity Center Card Rooms I-II at 6 p.m. This is a pairs game so please bring a partner and arrive a few minutes early to get seated and sign in.

We collect \$0.50 per person at the start and after all the boards are scored, this is distributed the following week to the top North/ South and East/West teams. We've had several new players join us recently and look forward to more as our community grows.

If you enjoy a challenging game of bridge, come give it a try. For more information, call Bob Kraus at (352) 492-8525 or Gayle Taylor at (352) 387-9571.

# Nov. 16, 2021 **North/South**

1: Bob Kraus & Gayle Taylor; 2: Wayne Caldwell & Jack Heller; 3: Dan Lack & Ed Bodnar.

# East/West

1: Linda Ryan & Bill Ryan; 2: Barbara Heller & Caryl Rosenberger; 3: Mary Bloch & Gina Andrejak.

Nov. 23, 2021 1: Barbara Heller & Caryl Rosenberger; 2: Bob Kraus & Gayle Taylor; 3: Jean Krueger &

# Sophie Redman. Nov. 30, 2021

**North/South** 1: Sophie Redman & Jean Krueger; 2: Dan Lack & Ed Bodnar; 3: Wayne Caldwell & Caryl Osenberger.

# East/West

1: Darlene Fiel & Andrew Fiel; 2: Bob Kraus & Gayle Taylor; 3: Judity Ladd & John Ladd.

### Dec. 7, 2021 North/South

1: Sophie Redman & Jean Krueger; 2: Dan Hall

### & Jeff Bell; 3: Judy Ladd & John Ladd. East/West

1: Bob Kraus & Gayle Taylor; 2: Bill Ryan & Linda Ryan; 3: Arlene Loepp & Connie Feola.

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# **Wednesday Afternoon**

By Dianne Robinson

# Nov. 3, 2021

1: Debbie Quinn; 2: Nancy Lustenberger; 3: Craig Ford; Cons: Bruce Gillett.

### Nov. 10, 2021

1: Debbie Quinn; 2: Mike Merrick; 3: Joe O'Brien; 4: Rik Saffol; Cons: Nancy Lustenberger.

# Nov. 17, 2021

1: Pat Quinn; 2: Rik Saffol; 3: Bruce Gillett; 4: Betty Morris; Cons: Judi Wallace.

Nov. 24, 2021

1: Phyllis Silverman; 2: Dianne Robinson; 3: John Ryan; 4: Mike Merrick; Cons: Lucy Malloy.

**Thursday Afternoon** By Marlene Floeckher

# Nov. 4, 2021

1: Mar Valchin; 2: Pat Quinn; 3: Rik Saffol; 4: Dianne Robinson; 5: Bruce Gillett; Cons: Craig Ford.

Nov. 11, 2021 1: Dianne Robinson; 2: Shirley Stolley; 3: Debbie Quinn; 4: Mike Merrick; 5: Joe McKeown; Cons: Judy Mackowski.

# Nov. 18, 2021

1: Joe McKeown; 2: Marlene Floeckher; 3: Debbie Ouinn: 4: Craig Ford; Cons: Mike Merrick.

# **Thursday Night**

By Jeff & Pam Bell

Come join us at 6 p.m. on Thursdays in the Recreation Center Lounge. No need to bring a partner, we will pair up by luck of the draw and rotate partners through the evening. Bring \$0.25 and a smile. All levels are welcome. Our friendly and relaxed bridge group is growing!

# Nov. 18, 2021

1: Gayle Taylor; 2: Mike Brody; 3: Betsy Brody.

### Dec. 2, 2021

1: Mary Bloch; 2: Mike Brody; 3: Mike Kennedy.

# Dec. 9. 2021

1: Gayle Taylor; 2: Rik Saffol; 3: Bob Kraus.

# **Pinochle**



# **Tuesday Night** By Herb Katz

# Nov. 2, 2021

1: Kathie Dushary; 2: Leon Freehauf; 3: Phyllis Jarsky.

# Nov. 9, 2021

1: Charlie Budd; 2: Edith Kolb & Judy Wagnitz; 3: Leon Freehauf.

# Nov. 16, 2021

1: Bernard DiGregorio; 2: Roger Costello; 3: Andy Nuccio.

# Nov. 23, 2021

1: Andy Nuccio; 2: Judy Black; 3: Jim Recor & Charlie Budd.

# Nov. 30, 2021

1: Bernard DiGregorio; 2: Andy Nuccio; 3: Phyllis Jarsky.

# **Friday Morning**

By Mary Hannon

# Nov. 19, 2021

1: Bruce Gillett; 2: Charlie Budd; 3: Jim Magoon.

### Nov. 26, 2021 1: Terri Cavagnaro; 2: Judy Black; 3: Phyllis

Jarskey.

# Dec. 3, 2021

1: Phyllis Jarskey; 2: Jim Magoon; 3: Al Whitford.

# Dec. 10, 2021

1: Judy Wagnitz; 2: Kathy Schmidt; 3: Jim Magoon.

# **RESIDENT ID CARD** Carry it with you at all times



# **Poetry**





# **New Year's Resolutions**

I'm gonna quit smoking I'm gonna lose weight. I'm gonna arrive early, I won't be late.

I'll walk two miles I'll go to the gym. Everyday Until I'm slim.

All these intentions Are in my head. While I eat cake For lunch instead.

I need a buddy To go with me. Someone to encourage Me to strive faithfully.

All these things I can do. If I get attention From you.

So be my friend Help me along. With you as my buddy I can't go wrong.

# **Theatre** Group





The Theatre Group's "The Best of Times" will take place Saturday, April 2, at 7 p.m. and Sunday, April 3, at 3 p.m. Tickets will go on sale Wednesday, Feb. 2, and will con-tinue every Tuesday, Wednesday, and Thursday from 8:30 to 10:30 a.m. in the Recreation Center lobby through the end of March. General admission is \$10 for either performance. There are no reserved seats.

At this writing, we plan to follow the Broadway protocols, which require audience members to be masked and present proof of vaccination. These requirements might change.

Our show is a dazzling, feel good revue of popular Broadway musical numbers that emphasize humor and optimism. We have some superb voices in our cast who will astound you with their professional quality and stage presence. The Broadway Tap Dance Group will be joining us for this joyous program

# Happy Hookers

Jan Spielvogel



Happy Hookers wishes everyone a healthy, happy new year. In December 2021, 20 members of our group enjoyed a lovely holiday luncheon at the Stone Creek Grille. It was great to meet socially, and we hope to continue our luncheons in

Happy Hookers is open to all residents. If your intentions in the new year are to get involved, we hope you will consider Happy Hookers. We meet year-round on Mondays, from 1:30 to 3 p.m. in the Hobby Building Art Room. There are no dues, agenda nor penalties for missing a meeting, arriving late, or leaving early. Life can and does interfere at times, and we would hate for that to hold you back. What we do have is a group of ladies busy with cro-cheting, knitting, needlepointing, card crafting, embroidering and handcrafting of all kinds. This is a very talented group that's never too busy to help someone with a difficult pattern or stitch. We welcome newcomers with open arms. Attendees should bring whatever they

happen to be working on.

If you have any questions about our club, you may call Naomi Berman at (352) 873-4328.

you have yarn, books, knitting tern needles, crochet hooks or other crafting tools that you no longer have a use for, donations are always appreciated. Please bring them on Mondays during our meeting time or contact either Ann Gallo at (917) 597-2178 or Kathleen Frost at (925) 960-5945 to arrange for pickup.

### TRASH COMPACTOR FULL? Please take trash to another location. Do not place trash outside of trash compactor.

# The New **Pretenders**

Nancy Grabowski



Welcome 2022! The New Pretenders wish the very best to you in the coming year. Our collective wish is to perform once again for the community so we can support the local charities that do so much

In December 2021, we mentioned an announcement that we hoped would please our audiences. Unfortunately, the newspaper deadline was before the meeting date so it looks like the great reveal will happen in February instead. Hopefully, these little teasers will create some intrigue and interest in the goings-on of our group!

For newcomers to the community, The New Pretenders are an entertainment group that specializes in music and comedy. We have been in existence for more than 20 years which gives you a small idea about our talents. There is an out-standing band that backs up the singers who are decked out in fabulous costumes. The performance is enhanced by a spectacularly decorated stage. Amazingly, the costumes and decorations are created by our members, too!

Our past shows have taken our audiences to all parts of the world in cars, trucks, trains and cruise ships! We have sampled music ranging from old familiar songs, like "Michael, Row the Boat Ashore" to the operatic notes of "O Sole Mio" with many stops in-between. We've surfed, been on safari, dabbled in magic with a ventriloquist thrown in for good measure. The band has played rock 'n' roll, the big band sounds, Dixieland, and country. try. One of their biggest hits was Handel's "Messiah" performed without words!

Our troupe goes the extra mile to provide the audience with two hours of non-stop entertainment. Countless hours of practice are poured into our endeavors. All of



this is done with all the enthusiasm nervous to go on stage." We can we can muster. We have room for anyone who wishes to make this commitment.

think I have the talent" or "I'm too to our family!

prove to you that you do have the talent and help you forget about the nervousness! Think about giving us We've heard before "I don't a try, we're ready to welcome you



Dave Guildford, George Brush, Bruce Herget, and George Bausewein.

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# Fun with Golf Carts

Janis Holte-Pavlatos

Fun with Golf Carts Club had a parade Saturday, Nov. 13, 2021. The themes for the parade were Veterans Day, patriotic, or Thanksgiving. Most participants chose the patriotic theme with red, white, and blue decor displaying many flags. As always, decorating your cart is fun

but not required.

We then enjoyed a potluck at the Veterans Park pavilion that same afternoon. You can't beat the combination of fellowship and good food. Yummy!

I would like to take the time to

trators, George and Valerie Ostrom, and, moderator, Charlie Calhoun and his hardworking wife, Fran for all they do for our community, club, and charities. They selflessly give their time; kudos to the four of you.

Residents and their furbabies, thank you for supporting our charities and cheering us on as we parade by.

Our club is growing. We are at 280 members with more to come. Welcome new members.

Please find us on Facebook (OTOW Fun with Golf Carts) for further updates

In December 2021, we also joined the fun at the annual Holiday Golf Cart Parade. We also had a separate parade and potluck later in the month.

See you in 2022!



Phil Hamel with two drawings.

# **Art Group**

# Anne Merrick



The Art Group is growing by leaps and bounds as new people are relocating to this beautiful community. One of our newest is Phil Hamel who with his wife Connie came to Friendship Colony, a year ago, from Citrus County. He has worked at several different jobs, but his career was with the Special Forces branch of the military, deploying all over the world. He spent a year in Okinawa, Japan where he studied martial arts as a hobby, obtaining a second-degree black belt.

He has been drawing in pencil since he was 12 years old and has been drawing in colored pencil for many years. He has just begun to experiment in acrylics. He also has taken a watercolor class at Master the Possibilities. He fits right in with many of the group painting and drawing in different mediums, sometimes at the same time. He also loves to walk outside, eat out and spend time in the gym. Welcome to our group

come to our group.

The group's holiday party was hosted by Mannie where great food

was enjoyed as was the interesting décor in his home. Thank you, Mannie.

There are now three of us writing this column so you will see several different styles. I did it by myself for six years before Elizabeth Wales took over and now Joanie Ford, Manuel Goyanes and myself are getting creative in another way as well as art.

January is one of the months we display our art at Master the Possibilities Education Center in Circle Square Commons so take a look around the living room when you go to a class or eat and drink at Sid's Coffee Shop & Deli. I think you will be surprised at what you see.

We have very talented people in the group but don't let that put you off. We all started somewhere and for some of us it is recent. We welcome anyone who wants to dabble. There are no fees nor attendance records so just bring your work and supplies and have fun. There is so much satisfaction in creating, and it is good for your health too.

Freda Klump is our leader, you can find her phone number in the telephone directory, and we are in the Hobby Building Art Room Wednesdays, from 1 to 4 p.m. and Thursdays and Saturdays, from 9 a.m. to noon.



Patriotic-themed golf cart decorated.

# Come Meet Your Neighborhood Mortgage Team Christine Fels NMLS 1390242 352.438.4616

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# **Concert Chorus**

# **David Wesenberg**

The day the Concert Chorus was waiting for came! Our holiday concert in December 2021! It was a great success with a wonderful appreciative audience. How grateful we are for the audience and the hard work of all our volunteer singers. A special thanks to Mike Nagi, our director and Linda Gibb, our pianist, for jobs well done.

Now we are looking forward to our spring program, "Hooray for Hollywood." This program was originally to be performed in April 2000 but trops program and The April 2000 but trops performed in April 2000 but tro 2020, but was postponed. The performances will be Saturday, March 26, at 7 p.m. and Sunday, March 27, at 3 p.m. in the Recreation Center Ballroom. Our director will be Randy Schmid and rehearsals will start at 9 a.m. Tuesday, Jan. 4, in the Arbor Conference Center Music Room.



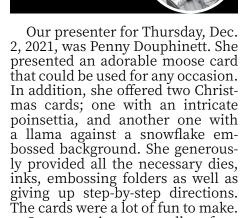
Concert Chorus holiday concert.

This is a wonderful time for singers to join the Concert Chorus to get on the ground floor of all the new songs and performance opportunities. Please consider joining us.

If you plan to join us, contact Mary Ann Majni at flmam68@aol. com for further information.

# **Rubber Stamp Greeting Cards**

### Linda Lohr



Our group is open to all crafters beginners or those more experienced. One or two people do a presentation each month. The group meets the first and third Thursdays of the month at 1 p.m. in the Hobby Building Event Room.

complicated. Our group is based on friendship, socializing, and helping

For information on any class or for general information, contact Penny at the email below. There are basic supplies that are needed, such as a trimmer, glue, scissors, and card stock. Everyone in the group shares their supplies and everyone brings new ideas to the table. You are only limited by your imagination!

If you feel this might be a class you would enjoy, or if you have any questions, please contact Penny Douphinett at pennydouph@gmail. com. We look forward to introducing new people to our fun craft.

We hope you had a wonderful holiday season with family and friends. And we wish you a happy and healthy 2022!

Until then, keep on stampin'!

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# **Republican Club**

**Lizabeth Woodard** 



On Friday, Dec 10, 2021, the Republican Club's meeting came to order with merry Christmas and happy Hanukkah greetings. An opening prayer was given by Fiona Bowling and all veterans came forward to lead in the recitation of the Pledge of Allegiance. Seven new members were welcomed.

A brief meeting was conducted prior to our party. Club President Liz shared that she recently attended Oak Run Republican Club's Christmas party where she enjoyed dinner, dancing and drawings for

She was happy to share the positive results of the Republican Club questionnaire that members were asked to complete at November's

meeting: Most members felt the length of the meeting time was just

> right. Members shared many suggestions for future speakers: city, county, state and national elected officials, including Governor DeSantis, Senators Rubio and Scott, Representative Dunn, State Senator Baxley, Ocala Mayor Guinn, Sheriff Woods, school board members, county commissioners, Larry Roberts from the World Equestrian Center, and Florida secretary of state. It was also suggested to invite non-political speakers such as ex-military personnel, medical experts, and

area business owners. Over 30 members expressed a desire to volunteer their time and talents to the continued success of our growing club, including greeter duties, assisting with refresh-

ments, writing letters to elected officials, researching policies, making signs, packing for Operation Shoebox, preparing flyers, developing databases, serving on various committees, etc.

Overall, members expressed their appreciation of the executive committee's efforts and indicated the club is well managed.

President Liz announced that the annual election for club officers

would be conducted in January. Operation Shoebox was on display at the meeting, including binders of thank you letters from our troops. It was emotionally overwhelming to read their letters and to learn how much our efforts are appreciated. Sandy and Paul Selesky, co-coordinators of Operation Shoebox, noted that currently, packing of bags has been suspended due to lack of supplies and funding. Packing/shipping will resume in January. Many of our members have volunteered to pack bags and many donated cash for shipping costs.

Gary and Brenda White displayed and sold Republican merchandise. They have a presence at all meetings offering hats, flags, and other goods. They generously donate part of the proceeds from their sales to

After the meeting was adjourned, everyone enjoyed food, cookies, music, and fellowship. A special holiday drawing was conducted which included wine baskets and gift certificates for restaurants in the immediate vicinity.

The Republican Club meets the second Friday of each month at 6:30 p.m. (doors open at 6 p.m.) in the Arbor Conference Center Dance Studios I-IV. For more information regarding the Republican Club, please leave a message at (518) 534-0201; your call will be answered as soon as possible. Come join in the political conversation with likeminded, positive, friendly people.

# Back at The Ranch

**Rus Adams** (352) 861-8180



# **Reward Yourself**

Celebrate the new year by rewarding yourself with self-care. Self-care is a very important part of living well, defined as taking deliberate measures that positively influence your wellbeing. It is critical to engage in things that support your physical and emotional health. There are many types of self-care; the key is to make the time for them. Engage in purposeful strategies that enable you to thrive. Self-care can boost physical health, emotional stability, and resilience against stressors. Shifting your mindset is helpful when es-

tablishing a self-care routine. Here are four simple things you can do to adjust your thinking:

- 1. Focus on your strengths, not your weaknesses.
- Focus on solving problems, rather than getting stuck in
- Focus on the future, instead of reflecting on hurt from the
- 4. Focus on what boosts your mood, instead of what brings vou down.

The Ranch is your "go-to" source for self-care ... we have it all. Our pros in the fitness center, salon and spa can help you nurture the many facets of wellness. When it comes to improving your health, Fitness Supervisor Jessica Pinkowski states that, "Group fitness classes are a two-for-one special! Our members are having fun socializing while they are gaining the benefit of exercise!"

Ranch member Margaret Dobbins notes, "Fitness classes provide an opportunity to meet people with shared interests. This often leads to activities both in and out of the gym. We all seek to find our "tribe," a supportive circle of friends. Fitness classes are a terrific way to achieve that." We have a team of fitness professionals ready to assist you with all your fitness needs.

Šalon expert Kacie Rogers knows how impactful a new hairstyle, or a fresh manicure can be for her clients. She explained, "Current trends are important in the beauty world. Most of my clients want to feel stylish and up-to-date with what is trending, so I keep up with what is current in beauty fashion. This provides great satisfaction to my clients; it's so rewarding to see the boost someone gets from looking and feeling good.

One of the most important aspects of self-care is the ability to

mitigate stress. One of the best places to do this is under the skilled hands of our massage therapists. The peaceful atmosphere of our spa will help transport you away from the weight of the world. Megan Kauffman explained, "The calming spa atmosphere, warm massage table and aroma scents help promote relaxation for the body and mind. The soothing touch and pressure during massage stimulates good blood flow and calms the nervous

> insomnia, anxiety, and blood pressure to name a few. OneBlood **Bloodmobile**





The Big Red Bus® was here Monday, Dec. 6, 2021. Here are the results from Supervisor of Donor Recruitment Dana Zikesh, "We are pleased to share with you that the recent blood drive resulted in 36 units of blood. Remember, each donation can save up to three lives so that means 180 patients could benefit from the lifesaving efforts of blood donors at On Top of the World Communities. We encourage you to share the drive results with the rest of your community and please pass along our gratitude for their lifesaving efforts.'

system. Massage helps with physi-

cal challenges such as arthritis,

We ended 2021 with a great drive. Let us make 2022 a year to remember. Consider making your new year's resolutions to include donating blood Monday, Feb. 7 (and all year long), in the Recreation Center parking lot from 7:30 a.m. to 3 p.m.

The Big Red Bus® comes on the first Monday of every even month. All blood types are needed especially after the holiday season. It takes about 2,500 donations each day to meet the needs of patients in our local hospitals. The need is that large and constant. If every donor gave just one more time, we could eliminate blood shortages.

See you on the bus.

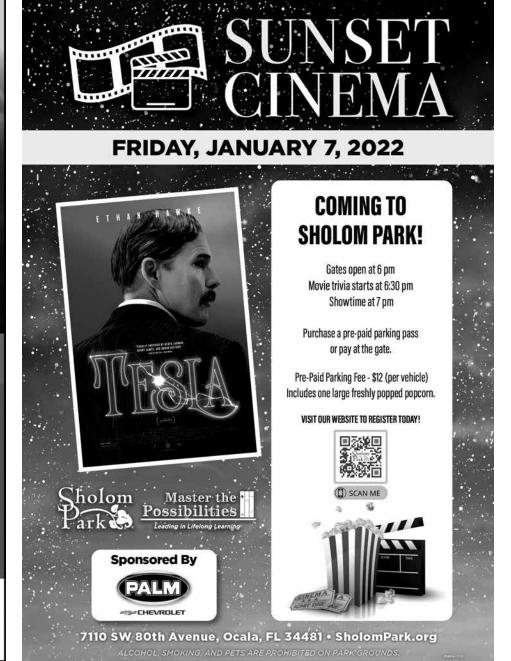
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Three-railers hard at work on the Lionel layout.

# Model Railroaders

### **Paul Lewandowski**



A write up on the holiday model train open house and display will be in the February column. As a last-minute reminder, today (Dec. 30) is the last day to attend the open house from 10 a.m. to 3 p.m. in the Hobby Building Model Train Room. If you missed it and still want to see the layout, call Jim Lynam at (352) 861-2822 to arrange a time to visit.

Since the last month's column, much has been accomplished on the Lionel three-rail layout. A mountain, complete with lake and stream, have been built in one corner of the layout, and all track has been laid and tested. Numerous buildings have been installed on the "ground" and landscaping is

continuing.

More details have been added to the HO scale yard on the righthand (east) wall, including several buildings and an ash pit (complete with "burning" embers), a lighted inspection pit, and a platform for trainees who are learning the correct and incorrect ways to load boxcars. When you visit the layout, see if you can find the Boy Scout encampments in different gauge layouts.

Lee Robertshaw has been working diligently to include Arduino solid-state computer circuit tech-

nology into our layout. Arduino circuit boards contain the necessary chips to allow a proficient individual to program the board to perform repetitive tasks of varying complexity. So far, he has programmed sounds of the sea that are played for the harbor scene and sounds of a power saw and falling timber in the forest scene at the top of the hill. If you have a chance to visit the layout, ask whomever you run across to demonstrate the sights and sounds (if they know how). Ask Lee and Jim to demonstrate the scenes they have been working hard to animate (the rest of us will learn how as time goes by).

For information on joining our club, call Jim Lynam at (352) 861-2822. Our club schedules run sessions every Friday (except holidays) from 2:30 to 4 p.m. in the Hobby Building Model Train Room. Club business meetings are held the first Wednesday of each month (except holidays) at 9 a.m. in the Hobby Building Event Room.



# **Sewing Bees**

# Linda Lohr



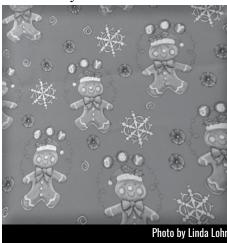
The hive is surely buzzin'! We recently gave Head Start (main facility) 50 quilts. They requested 30 more so they could give one to each of the 80 children. So we sent out a request to the Bees to make a big effort to come to our Saturday workshop, Nov. 27, 2021. Well, the Bees responded in full force, and we were able to get the 30 extra quilts ready for delivery. Way to go Bees!

As we had exhausted our supply on hand, we are now working on replenishing the quilts necessary for all our agencies and schools. It is wonderfully heartwarming to receive such thankful letters from teachers and children. We keep them on the bulletin board for all

Our mission is to provide comfort for the abused, abandoned, and neglected children of Marion County. Your donations all year long help us to do just that. Stop by our hive on any Thursday in the Hobby Building Art Room from 12:30 to 3 p.m. We would be happy to show you our creations made with love for the children. You may find our club is just what you have been looking for to round out your week.

Please contact Kathy Nardone at (352) 300-3063 or Marsha Schneer at (813) 920-3487 with any questions or concerns.

We hope you had a wonderful holiday season with family and friends. And we wish you a happy and healthy 2022!



A gingerbread man quilt is ready for donation.



# **Have Medicare questions?** I have answers.

I'm Vicki McGlamery, a licensed sales agent in Ocala Florida. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs. Take advantage of my knowledge and experience to:

- · Take the confusion out of Medicare
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- Get help comparing plans
- · Make enrolling in a plan easier

I look forward to helping you explore your Medicare options so you can enroll in a plan with confidence.

# It's time to take advantage.

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On Top of the World Communities, LLC, Ocala, Florida a 55+ community. On Top of the World Communities reserves the right to change or withdraw any offer at any time.



Staying cozy with loomed gifts made by Karan Hillberg.

# Artistic Crafts & Gifts Chris Kilbride

The Artistic Crafts & Gifts' Tuesday craft show in the Recreation Center Ballroom is from 9 a.m. to noon, and will continue weekly through May.

Our website ArtisticCrafts. org will give you a glimpse of our very talented crafters and artisans. The group started back in the early 1990s, and the show has grown from seven crafters to now over 45 on Tuesday, with over 55 online and more gearing up to go virtual. All resident crafters are welcome to sell virtually on our website and inquire about a table at our Tuesday show.

This month we feature Karan Hillberg who learned how to knit from her mother and grandmother in her teens, and learned to loom on her own.

She then began making baby items to sell for fundraisers for pregnancy clinics in Minnesota. After being a recipient of much needed items for her own unplanned baby decades ago, she gives back as much as she can to other young moms.

Throughout her career, her background represented a Jill of all trades with jobs ranging from cashier, accounting, vendor relations, airport administration assistant, receptionist, secretary, office manager, education, insurance, legal, Post Office truck driver, HOA president, including in the medical field as clerk, transcriptionist and clinic manager all rolled into one.

Among her lovely creations are preemie hats, blankets, baby scarves, and baby cocoons that wrap the newborns from birth to about three months. Whenever it is priced right, craft tools and supplies are purchased at sales, stores and online.

Having lived in Minnesota and Wisconsin, she made the move to Florida last spring.

Recently her friends have asked her to make them scarves, so she began making skærfenæktïns (scarf a neck tin) with a large button that picks up the colors that coordinate with their coat.

Currently, Karan is looming plush, lusciously soft scarves that are double the thickness of other scarves and selling these as well as the baby items at the Tuesday craft show and online. You'll just have to come to the show to feel the softness!

For those who have never visited on Tuesday, please take an hour, and go by to see the wide variety of quality items for sale. All vendors are now part of our virtual website also, so you can see everyone's crafts even if you can't get to the weekly show. Any vendor can make arrangements for you to purchase items throughout the week.

If you have your own artistic endeavor you wish to sell, please contact us through our website ArtisticCrafts.org where our coordinator Rene can answer all your questions.

# **Sunshine Quilters**

Teri Penichet

At the end of 2020, the Sunshine Quilters elected new officers to lead our group through the new year. Let's meet them.

Gail Schultz is assuming the role of president. She has lived here since 2005. Gail enjoys making quilts because it allows her to be creative. She likes making quilts for her family and enjoys the friendship of her fellow club members. Gail is also an accomplished photographer and takes pictures of the many projects sewn by our Sunshine Quilters.

Lyn Timm returns as vice president, her second year in this position. She moved to On Top of the World in 2015 from Saratoga, New York. Lyn says it was the long, cold winters there that sparked her interest in learning to make quilts. Her favorite type of quilting project is figuring out how to construct new blocks.

Nicky Mestre is taking over as secretary. She moved here from Winter Garden, Florida in 2019. Nicky was introduced to quilting by a friend and is thoroughly enjoying learning new quilting techniques. Nicky says that, as someone new to sewing, she is especially appreciative of all the help and support she has received from the other Sunshine Quilters.

Vicky Sanders is our new treasurer. She moved to On Top of the World in 2018 from Land O Lakes, Florida. Vicky says that quilting was a hobby she had always wanted to try, and finally began last year. She has used online quilting tutorials to learn more about quilting, and her favorite type of quilting project is making table runners and placemats. Vicky says she has made some wonderful friendships at Sunshine Quilters and is continuing to learn much more about the craft.

We congratulate our new officers and wish them a pleasant term of service. We would also like to thank our outgoing officers for their service during the past two years: Lisa Augustine, outgoing president; Linda Ward, outgoing secretary; and Ginny Fairhurst, outgoing treasurer.

The members of the Sunshine Quilters continue to make quilts, both individually and communally, for the two charities we support. During the past year, we donated a total of 120 quilts to Alpha House and Marion Senior Services.

The Sunshine Quilters meet each Tuesday, at 9:30 a.m. in the Hobby Building Art Room, as well as Wednesdays, at 4 p.m. in the same place. Our monthly activities include a block-of-the-month, sit-and-sew sessions, and other various projects. We welcome new members who have an interest in sewing quilts and other items. For more information, please call Gail Schultz at (352) 304-9159.



Officers Vicki Sanders, Lyn Timm, Nicki Mestre, and Gail Schultz.

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- · Hot Tubs & Spas
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Turnkey generator package includes all labor, material, propane (using an authorized dealer), and free first year maintenance!





# FIND IT IN THE ... CLASSIFIEDS!

FOR SALE, WANTED AND LOST/FOUND ADS: There is no charge to residents as long as it is not of a business nature. There is a \$500 limit on FOR SALE items. Items valued at more than \$500 (i.e. golf carts) may be listed, but price will not accompany the ad. Auto, apartment, financial service, home, legal, real estate, and timeshare ads WILL NOT be accepted. Ads may be emailed to otownews@otowfl.com.

**ESTATE/TAG SALE ADS:** There is no charge to residents, however, residents must register their estate/ tag sale with Resident Services at Friendship Commons. Visit ontopoftheworldnews.com/ocala and click on "Resident Info" to download the appropriate form for your community and submit it to Resident Services by the 10th of the month prior to publication.

service ADS: Will be accepted from residents and non-residents and may be emailed to otownews@otowfl. com. For advertising rates, visit ontopoftheworldnews.com/ocala and click on "Advertising Rates."

**AD DEADLINE:** Noon on the 12th of the month. If the deadline falls on a weekend, then it's noon on the Friday before. For more information, call (352) 387-7466, email otownews@otowfl. com or visit ontopoftheworldnews. com/ocala

The publisher reserves the right to reject any ad which, in his judgment, would not be in the best interest of the residents of On Top of the World Communities.

# **For Sale**

**Appliance:** Hisense dehumidifier, \$30. (352) 509-7147.

**Electronics:** Realistic/Radio Shack turntable (LAB 34). (352) 489-9368.

Furniture: Hooker dining room table (6' long with two 18" leaves, making it 9' long) with 6 chairs (2 with arms) and a buffet (36" h x 57" w x 19" d). Two-tone maple all wood medium brown with hand painted motifs, \$450 for all. Call/text (631) 208-7730.

**Furniture:** Light gray leather sofa, \$450. Matching chair, \$300. Leather den sectional (3 pieces), \$400. Dining room table with 24" lazy Susan and 8 high back chairs, \$300. Blonde bedroom set (5 pieces), make offer. (614) 649-7714.

**Furniture:** Queen air bed, extra high includes electric air pump, instructions and carry bag, \$45. (352) 208-2775.

**Furniture:** Twin size popup trundle daybed, \$140. Includes bedspreads (2) and shams (2). (313) 418-7550.

Golf Cart: 2014 E-Z-GO. (859) 912-3800.

Golf Cart: 2014 Club Car Precedent, electric, burled mahogany dashboard with three locking doors, hinged windshield, large grocery bag for rear carrier, two horns, deluxe light package, battery indicator, 10" aluminum wheel covers, speed upgrade, turn signals, headlights, taillights, indicator mirrors, 6 new 8-volt batteries and all service records available. (352) 208-2775.

**Home Décor:** 4' oblong dressing mirror on tilting stand, dark cherry wood stain, \$20. (201) 317-7488.

Home Décor: Large and small pieces of fine art (Young, Scoppertone, Scott and oth-

ers), starting at \$50. Framed cross-stitch, starting at \$25. (407) 403-0861.

Misc. Item: DeVilbiss 5kW portable generator, Briggs & Stratton 10 hp motor, 6-gallon fuel capacity, run time 5 to 8 hours, \$200. (407) 403-0861.

Misc. Item: Werner 8' step ladder, 12' maximum reach, fiberglass non-conductive rails, holster on top step with lock in system, tool & paint can holder, slip resistant foot pads, \$50. (352) 895-0039.

Misc. Items: Singer Touch and Sew zigzag sewing machine (#758), cabinet model, all metal parts, \$10. Violin sheet music, from 1895. Piano sheet music, from 1910s. Stamp collections, U.S. stamps and stamping supplies, \$5. (352) 489-9368.

**Sports Equipment:** 2020 ladies Townie bicycle, many features. (352) 414-5434.

**Sports Equipment:** Men's GT Streamline Slipstream/QST bicycle, 28", 21 speed, \$150. (352) 243-5490.

# **Tag Sales**

Friday, Jan. 7 & Saturday, Jan. 8: 10007 SW 98th Lane (Crescent Ridge), 9 a.m. to 2 p.m. · 8642 SW 83rd Circle (Candler Hills), 9 a.m. to 4:30 p.m.

Wednesday, Jan. 12 & Thursday, Jan. 13: 9020 SW 91st Terrace (Williamsburg), 8:30 a.m. to noon.

Friday, Jan. 14: 9295 SW 92nd Place (Williamsburg), 9 a.m. to 3 p.m.

**Friday, Jan. 14 & Saturday, Jan. 15:** 8714 SW 83rd Loop (Candler Hills), 8 a.m. to 4 p.m.

**Saturday, Jan. 15:** 8470 SW 90th Avenue (Balmoral), 8 a.m. to 2 p.m.

**Saturday, Jan. 29:** 8969-D SW 95th Street (Friendship Park), 8:30 a.m. to 2 p.m.

# **Services**

**3T's Lawn Care:** Lawn mowing schedules, hedges, mulch, fall & spring clean-ups, crape myrtle trimming. (352) 361-1555.

Andy Dahms Interior Painting: Your local professional painting contractor. Turn your place into a showpiece. Quality Sherwin-Williams products. References available. Free estimates. Call or email at (941) 730-1381 or andygoodeats1@gmail.com.

Appliance, A/C & Heat Repairs: Electrical & plumbing. Experienced and honest. Call Tom Parker (resident) anytime at (352) 873-1297.

Bathroom Remodeling: Specializing in complete renovations. Clean, neat, and professional. Call Cove Construction Inc. for a free estimate. (352) 572-0508. #CBC057088.

Cat Sitting: Provided by loving experienced Cat Nanny. Resident. (352) 854-8589.

Ceramic Tile: All types of installation and repair. 30+years experience. Lic. & ins. References available. Call Bob Adkins (352) 274-8678.

Clock Doc: Clock repairs, experienced, inexpensive, house calls. (352) 246-2438 (resident).

**SHOP 'TIL YOU DROP**Buy On Top of the World branded merchandise at OTOWMarketplace.com.

Computer Help: Arthur Burditt, (352) 875-7878. House calls, \$40/hour. Tutoring, setups, installations, Windows upgrades, PC cleanups, security software, internet connections, email access, printers, wireless devices.

Elew House Cleaning Service: Residential, move-in/out and more. One time, bi-weekly, monthly, etc. (352) 619-7649.

Geller Lawn: Mowing, irrigation, bushes, mulch & much more! Starting at \$50 per month (no contracts). Insured. (352) 390-7454.

Handyman: Plumbing, electrical, general maintenance repairs, handicap grab bars, screens, etc. No job too small. Service you can count on. Steve Scott (resident), Steve the Handyman LLC, (517) 262-7971 (October through April).

Handyman: Repairing sliding glass door rollers/tracks, sliding garage screen doors, window balances, sliding shower doors/guides, doors & locksets, door seals. Installing handicap grab bars. One call does it all! Steve, S&T Quality Services (352) 207-8682.

Home Cleaning: Residential service and free estimates. Fully vaccinated. "Let It Shine" Home Cleaning Service, LLC (352) 857-6080.

**Kitchen Solutions:** Reface or replace. Custom cabinet shop. 40 years' experience. (352) 794-3747.

Laminate & Tile Floor Installation: Plumbing, electrical work, general carpentry, and painting. Insured and satisfaction guaranteed. Resident for 12 years. Dan (352) 425-1046 or Bill (352) 816-5450.

Mobile Dog Grooming: Bubbles N Biscuits offers professional dog grooming services right to your door. Contact us at (352) 547-0064.

Painting & Drywall: Interior painting & drywall repair. Experienced, affordable & professional. Insured. Free estimates. References available. Visit josephdonofriodrywallandpainting.com or call (352) 857-8367.

PAWZ Professional Pet Grooming: Canine and feline grooming. \$10 nail trims. Vet recommended, all positive reviews,

small quiet shop, 25+ years' experience. (352) 512-4662.

47D

Rikki's Cleaning Service: For all your domestic needs cleaning and organizing to errands. Call today for a free estimate (352) 509-4488.

Robert Morin Pressure Washing LLC: Contact me for all your pressure washing needs. Call for pricing. (321) 372-8800 (resident).

Serenity Pet Sitters: 20 years experience, ex-vet tech dog & cat CPR certified in home care. Free consultation! Insured. (352) 615- 7577 or serenitypetsitters.com.

**SunSetter Awnings:** Enjoy your lanai, birdcage, patio, pool, & outdoors with a retractable awning. Sun protection. Free estimates. (352) 351-3642.

**Transportation:** Appointments, errands, doctor's appointments, shopping, hair, surgery center, hospital, etc. Diane (352) 854-9999 (resident). Leave message if necessary.

# **Wanted**

**Donations:** Dog or cat food [SPCA of Marion County (352) 362-0985] · Electric golf carts in full working condition for use by volunteers for local [Barbara btsprigg@ park. gmail.com] · Non-perishable food for food bank, empty ink/laser cartridges and cards for veterans [Anne (843) 504-0032] · Personal hygiene, school/craft supplies & small appliances for homeless; pet food/supplies for animal shelters; used cell phones, computers & musical instruments for troops/ veterans; theatrical costumes & props; socks, underwear & men's clothing [Donna (352) 237-3062] · Yarn for VA hospitals, children and newborns [(352) 843-6519].

HAM Radio Operators: Support the Community Emergency Response Team in the event of a disaster. Please email brucetwiss@yahoo.com.

Pet Foster Parents: Temporarily open your home to a pet in need. Call SPCA of Marion County at (352) 362-0985.

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